

Postgraduate Diploma

Social and Personality Psychology



Postgraduate Diploma Social and Personality Psychology

- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/nursing/postgraduate-diploma/postgraduate-diploma-social-personality-psychology

Index

01

Introduction

p. 4

02

Objectives

p. 8

03

Course Management

p. 12

04

Structure and Content

p. 18

05

Methodology

p. 24

06

Certificate

p. 32

01

Introduction

Healthcare professionals must possess knowledge that allows them to manage patients appropriately, and taking account of their psychocognitive abilities and mental stability. This is a very complex and delicate area in which specialists must take special care, basing their practice on the most cutting-edge and targeted recommendations, as well as on individual requirements. TECH has developed this exclusive program as an update, based on the latest developments in clinical and general psychology. This is a multidisciplinary and cutting-edge qualification allowing nurses to update their approach to Social and Personality Psychology, in a 100% online way.





“

A program at the forefront of Nursing in which you will find all the latest developments related to patient care from the perspective of Social and Personality Psychology"

Psychology in healthcare encompasses a very large area of activity, and allows healthcare professionals to manage a range of clinical cases in a more effective and beneficial way which aids physical and mental stability. Thanks to the design of specific therapeutic approach plans from a psychological perspective, nursing specialists are able to interpret patients' behaviors, establishing specific clinical management guidelines for each patient based on recommendations for effective psychosocial development, contributing to a significant improvement in psychological health in the shortest possible time or, failing that, allows them to enjoy quality of life in line with optimal health standards.

TECH has designed the perfect program to update nursing professionals on the latest developments on the Social and Personality Psychology approach in today's clinical setting. This is a multidisciplinary, intensive and 100% online Postgraduate Diploma that meticulously gathers the latest and most relevant information on the subject, developed by a team who are well versed in clinical psychology and mental health nursing. Based on this, students will be able to delve into the different theories on personality, updating their knowledge of different views of actions that must be carried out to effectively assist each case. In addition, they will delve into interindividual and intra-group differences, addressing the different problems posed by this branch of psychology with an innovative perspective.

All this in a 400-hour program containing the best theoretical, practical and supplementary content, the latter presented in different formats: detailed videos, research articles, complementary readings, news, frequently asked questions, self-assessment exercises and much more. This way, nurses will have access to a complete, exhaustive and reliable refresher course, which will allow them to plan their own study schedule in order to get the most out of this 6-month academic experience.

This **Postgraduate Diploma in Social and Personality Psychology** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ Practical cases presented by experts in Nursing and Psychology
- ♦ The graphic, schematic, and practical content with which they are created, provides scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning.
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



You will work intensively on the different theories that make up social psychology and that are applied to the health field, updating your concepts on each of them"

“

Thanks to this Postgraduate Diploma you will gain a greater understanding of the psychological differences of patients, as well as the most innovative mental health nursing strategies to clinically address them"

The program's teaching staff includes professionals from the field who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the students will be assisted by an innovative interactive video system created by renowned and experienced experts.

You will have access to 400 hours of the best theoretical, practical and supplementary content, condensed into a convenient and flexible 100% online format.

The perfect program to master new developments in social cognition models and attribution processes to understand patients' attitudes and be able to help them effectively.



02

Objectives

The importance of mental health and the work of healthcare professionals in its promotion and prevention of disorders is fundamental, especially in those cases in which patients have some type of mental impairment. For this reason, the objective of this program is none other than to provide students with the most cutting-edge and exhaustive information on clinical psychology, allowing them to update their practice in line with the latest advances in this area.



“

The Postgraduate Diploma will give a detailed understanding of the latest developments related to social cognition and attribution processes in the modern clinical setting"



General Objectives

- ♦ Describe identity from a cognitive and social perspective
- ♦ Explain the different psychological styles, cognitive styles and their relationship to anxiety
- ♦ Define the concept of emotional intelligence based on the latest scientific findings on the subject



TECH has designed the syllabus so that students can achieve even their most ambitious and challenging goals over the course of the program"





Specific Objectives

Module 1. Personality Psychology

- ◆ Define the implications of psychoanalytic theory for psychopathology
- ◆ Master Rogers phenomenological theory
- ◆ Comprehend Kelly's theory of personal constructs
- ◆ Explain Allport's Personality Theory
- ◆ Delve into the Cattell's Theory
- ◆ Understand Eysenck's Personality Theory
- ◆ Describe social learning theories
- ◆ Define the concept of emotional intelligence
- ◆ Detect identity from a cognitive and social perspective

Module 2. Psychological Differences between Individuals

- ◆ Describe the characteristics of differential psychology
- ◆ Define interindividual differences: intelligence, creativity and personality
- ◆ Establish intra-group differences: age, gender, race and social class
- ◆ Explain the different psychological styles, cognitive styles and their relationship to anxiety
- ◆ Expand knowledge of intellectual disability in childhood

Module 3. Social and Organizational Psychology Approach

- ◆ Define intervention techniques based on activation control
- ◆ Identify the perspectives of social psychology
- ◆ Explain social cognition and attribution processes
- ◆ Define the structural characteristics and functions of attitudes
- ◆ Explain factors influencing the perception of people

03

Course Management

Among the priorities that define and differentiate TECH from other academic centers, especially online ones, is the selection of best faculty for each of its programs, made up of professionals who are experts in the subject matter. For this reason, for this Postgraduate Diploma, TECH has selected a team who are well-versed in nursing and psychology. Its members have years of experience in the clinical management of mental health patients with a diverse range of issues. In this way, graduates will be able to keep abreast of the latest developments in this field with the support of the best professionals, which will enable them to incorporate the successful strategies that have elevated their careers to the top of the sector.



“

The support you will receive from the teaching team will be reflected in hours of high-quality resources, as well as the opportunity to resolve any questions you may have with them through the Virtual Campus”

Management



Ms. Peña Granger, Mercedes

- Head of Adult Psychiatry Nursing Unit at General University Gregorio Marañón Hospital, Madrid
- EIR Mental Health Tutor in Multidisciplinary Teaching Unit at Gregorio Marañón General University Hospital, Madrid
- Associate Professor at the University of Comillas and the University of Rey Juan Carlos
- Graduate in Nursing from the Complutense University of Madrid
- Diploma in Nursing Psychosomatics from the Complutense University of Madrid
- Degree in Social and Cultural Anthropology from the Complutense University of Madrid
- Degree in Nursing from Rey Juan Carlos University
- Mental Health Specialist. Ministry of Health
- Master's Degree in the Humanization of Health Institutions from the European University of Madrid



Mr. Lozano Alonso, Raúl

- ♦ Head of Nursing of the Drug Addiction Disorders Unit at Hestia Esquerdo Hospital
- ♦ President of the Madrid Association of Mental Health Nurses
- ♦ Professor at the University School of Nursing of the Red Cross from the Autonomous University of Madrid
- ♦ Personalized Trainer in MIR exams at CEMIR-Team POE
- ♦ Faculty member of Nus Agency
- ♦ Nursing Services in Quirónsalud
- ♦ Community Care Nurse in the Madrid Health Service (SERMAS)
- ♦ University Professor at Rey Juan Carlos University
- ♦ Assistant University Professor at the Autonomous University of Madrid
- ♦ Diploma in Nursing
- ♦ Specialist Nurse in Mental Health via EIR entrance exams
- ♦ Master's Degree in Nursing Sciences
- ♦ Master's Degree in Health Services Management and Telemedicine

Professors

Ms. Cunillera Llorente, Alicia Hatshepsut

- ◆ Specialist Nurse in Mental Health
- ◆ Nurse of the Short Psychiatric Hospitalization Unit at the Gregorio Marañón General University Hospital, Madrid
- ◆ Nurse of the Food Disorders Unit at the Gregorio Marañón General University Hospital, Madrid
- ◆ Nurse from the Personality Disorders Unit at the PhD Rodríguez Lafora Hospital
- ◆ Speaker at congresses and conferences specialized in Mental Health
- ◆ Degree in Nursing from the Pontificia de Comillas University

Ms. Borrego Espárrago, María Victoria

- ◆ Nursing Supervisor of in Hospitalization at the Riber Juan Bravo Hospital Complex
- ◆ Nurse Mental Health Specialist at Sisters Hospitals of the Sacred Heart of Jesus
- ◆ Nursing Supervisor of the Psychosocial Rehabilitation Area at the San Miguel Clinic
- ◆ Author of numerous Specialized publications
- ◆ Diploma in Nursing from the Autonomous University of Madrid
- ◆ Diploma in Nursing by EUE Red Cross
- ◆ Postgraduate Diploma Degree in Health Services Management through the University CEU Cardenal Herrera
- ◆ Member of: Board of Directors of the Spanish Association of Nursing of Mental Health and Advisory Commission of Care of the Regional Office of the Community of Madrid



Ms. González Palomar, María Esther

- ◆ Specialist Nurse in Mental Health
- ◆ Head of the Nursing Unit of Adolescent Psychiatry at the Gregorio Marañón University General Hospital
- ◆ Postgraduate Certificate in Nursing from the Complutense University
- ◆ Postgraduate Certificate in Social Work at Complutense University
- ◆ Specialist in Mental Health Nursing
- ◆ University Diploma in Surgical Nursing
- ◆ University Diploma in Coronary Unit Nursing
- ◆ University Diploma in Psychiatric Nursing

“

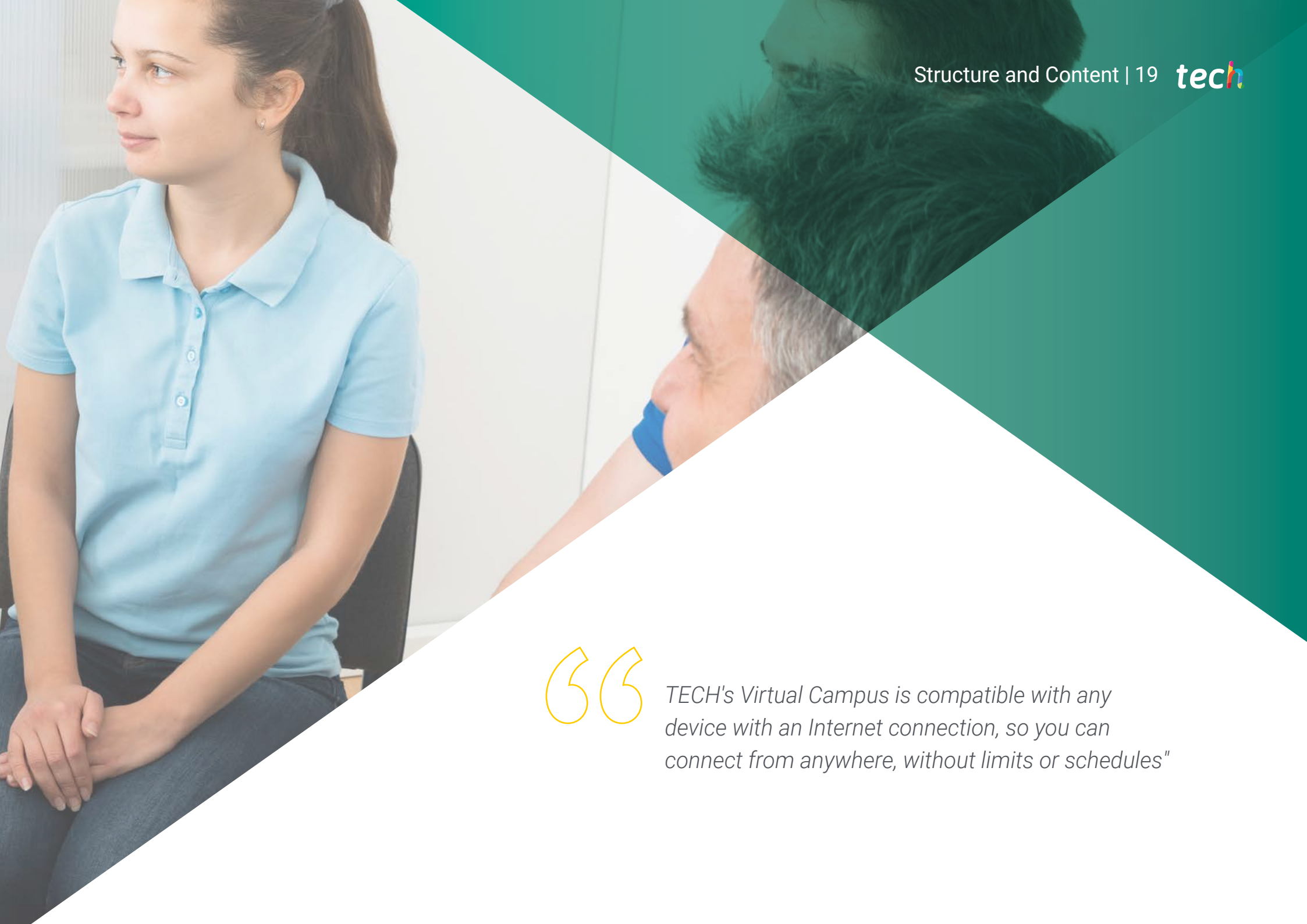
Take the step to get up to date on the latest developments in Social and Personality Psychology”

04

Structure and Content

The syllabus for this program has been designed by the teaching team in accordance with the quality standards that define TECH, as well as making use of the most cutting-edge and comprehensive information extracted from leading sources. It also includes dozens of hours of diverse supplementary material, so that students can not only contextualize the content, but also delve deeper into each section of the syllabus in a personalized way suited to their interests and requirements. Thus, the university offers academic experiences that are tailored to each student, promoting the advancement of science through excellent and up-to-date practice.





“

TECH's Virtual Campus is compatible with any device with an Internet connection, so you can connect from anywhere, without limits or schedules"

Module 1. Personality Psychology

- 1.1. Introduction to the Psychology of Personality
 - 1.1.1. The Definition of Personality
 - 1.1.2. Objectives of Personality Psychology
 - 1.1.3. Explain the Theoretical Models of Personality Psychology
 - 1.1.4. Research Traditions in Personality Psychology
- 1.2. Biological Theories of Personality
 - 1.2.1. Introduction
 - 1.2.2. Constitutionalist Typological Orientations
 - 1.2.3. Hormonal Typologies
 - 1.2.4. Pavlov's Typology
 - 1.2.5. Phrenology Theories
- 1.3. Psychoanalytic Theories of Personality
 - 1.3.1. Introduction
 - 1.3.2. Basic Propositions of Psychoanalytic Theory
 - 1.3.3. Primary and Secondary Processes
 - 1.3.4. The Structure of Personality
 - 1.3.5. The Dynamics of Personality
 - 1.3.6. Personality Development
 - 1.3.7. Implications of Psychoanalytic Theory for Psychopathology
 - 1.3.8. Harry Sullivan's Interpersonal Theory
- 1.4. Rogers' Phenomenological Theory
 - 1.4.1. Introduction
 - 1.4.2. Basic Assumptions
 - 1.4.3. The Structure of Personality
 - 1.4.4. The Dynamics of Personality
 - 1.4.5. Implications in Psychopathology





- 1.5. Kelly's Theory of Personal Constructs
 - 1.5.1. Introduction
 - 1.5.2. The Definition of Constructivism
 - 1.5.3. Fundamental Postulate and Corollaries
 - 1.5.4. The Structure of Personality
 - 1.5.5. The Dynamics of Personality
 - 1.5.6. Evolutionary Development
 - 1.5.7. Implications of the Theory for Psychopathology
- 1.6. Allport's Personality Theory
 - 1.6.1. Assumptions and Methodology
 - 1.6.2. The Structure of Personality
 - 1.6.3. Behavioral Determinants
- 1.7. Cattell's Personality Theory
 - 1.7.1. Introduction
 - 1.7.2. Cattell's Personality Structure
 - 1.7.3. Status and Role
 - 1.7.4. Evolutionary Change in Personality
- 1.8. Eysenck's Personality Theory
 - 1.8.1. Introduction
 - 1.8.2. Psychoticism
 - 1.8.3. Neuroticism and Extraversion
 - 1.8.4. Behavior and Personality Dimensions
 - 1.8.5. Personality Dimensions and Well-Being
- 1.9. The Big 5 and Other Factorial Models
 - 1.9.1. Five-Factor Models
 - 1.9.2. Historical Development
 - 1.9.3. Other Factor-Type Models
- 1.10. Social Learning Theories
 - 1.10.1. Introduction
 - 1.10.2. Rotter's Social Learning Theory
 - 1.10.3. Bandura's Model of Reciprocal Determinism

- 1.11. Interactionist Models
 - 1.11.1. Introduction
 - 1.11.2. The Person- Situation Controversy
 - 1.11.3. The Interactionist Perspective
- 1.12. Personality Psychology Constructs
 - 1.12.1. Introduction
 - 1.12.2. The Concept of Self-Control
 - 1.12.3. The Concept of Perceived Self-Efficacy Expectancy
 - 1.12.4. Attribution Processes
 - 1.12.5. Consequences of Loss of Behavioral Control
 - 1.12.6. Resilient Personality, Sense of Coherence and Resilience
 - 1.12.7. Emotional Intelligence
- 1.13. Contributions to Identity from a Cognitive and Social Perspective
 - 1.13.1. Contributions to Identity from a Cognitive and Social Perspective
 - 1.13.2. The Problem of the Self
 - 1.13.3. Personal Identity as Narrative Identity
 - 1.13.4. Stability and Change
 - 1.13.5. The Multiplicity of the Self
 - 1.13.6. Social Self. Self-Observation Theory
- 1.14. Royce and Powell's Theory of Individuality
 - 1.14.1. Introduction
 - 1.14.2. The Structure of Personality
 - 1.14.3. The Dynamics of Personality
 - 1.14.4. Personality Throughout the Life Cycle

Module 2. Psychological Differences between Individuals

- 2.1. Introduction to Differential Psychology
 - 2.1.1. Introduction
 - 2.1.2. Differential Psychology
 - 2.1.3. The Features of Differential Psychology
 - 2.1.4. Problems Raised by Differential Psychology
 - 2.1.5. Ultimate Determinants of Behavioral Differences
 - 2.1.6. Research Strategies

- 2.2. Define interindividual differences: intelligence, creativity and personality
 - 2.2.1. Intelligence
 - 2.2.2. Creativity
 - 2.2.3. Personality
- 2.3. Interindividual Differences: Psychological Styles, Cognitive Styles, and Anxiety
 - 2.3.1. Introduction
 - 2.3.2. Psychological Styles
 - 2.3.3. Cognitive Styles
 - 2.3.4. Cognitive Control
 - 2.3.5. Anxiety
- 2.4. Intragroup Differences: Age, Gender, Race, and Social Class
 - 2.4.1. Introduction
 - 2.4.2. Differences according to Age
 - 2.4.3. Differences according to Sex/Gender
 - 2.4.4. Differences according to Race
 - 2.4.5. Differences according to Social Characteristics
 - 2.4.6. Bilingualism

Module 3. Social and Organizational Psychology Approach

- 3.1. Theoretical Models
 - 3.1.1. Historical Background
 - 3.1.2. Social Psychology Perspectives
 - 3.1.3. Psychoanalytical Orientation
 - 3.1.4. Gestalt School
 - 3.1.5. Cognitive Orientation
 - 3.1.6. Behaviorism
 - 3.1.7. Symbolic Interactionism
- 3.2. Social Cognition and Attribution Processes
 - 3.2.1. Social Cognition
 - 3.2.2. Attribution Processes



- 3.3. Attitudes
 - 3.3.1. Introduction
 - 3.3.2. Definition and Conceptual Distinctions
 - 3.3.3. Structural Characteristics of Attitudes
 - 3.3.4. Functions of Attitudes
 - 3.3.5. Effects of Attitudes on Behavior
 - 3.3.6. Attitude Change Strategies
 - 3.3.7. Social Media Influence
- 3.4. Social Interaction Processes
 - 3.4.1. Influencing Factors in People Perception
 - 3.4.2. Interpersonal Attraction
 - 3.4.3. Social Power
 - 3.4.4. Aggressive Behavior
 - 3.4.5. Behavioral Help
 - 3.4.6. Nonverbal Communication
 - 3.4.7. The Conflict

“*You are just one step away from accessing an academic experience that will allow you to approach your patients from an updated practice in favor of mental health. Are you going to let this opportunity pass you by?*”

05 Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



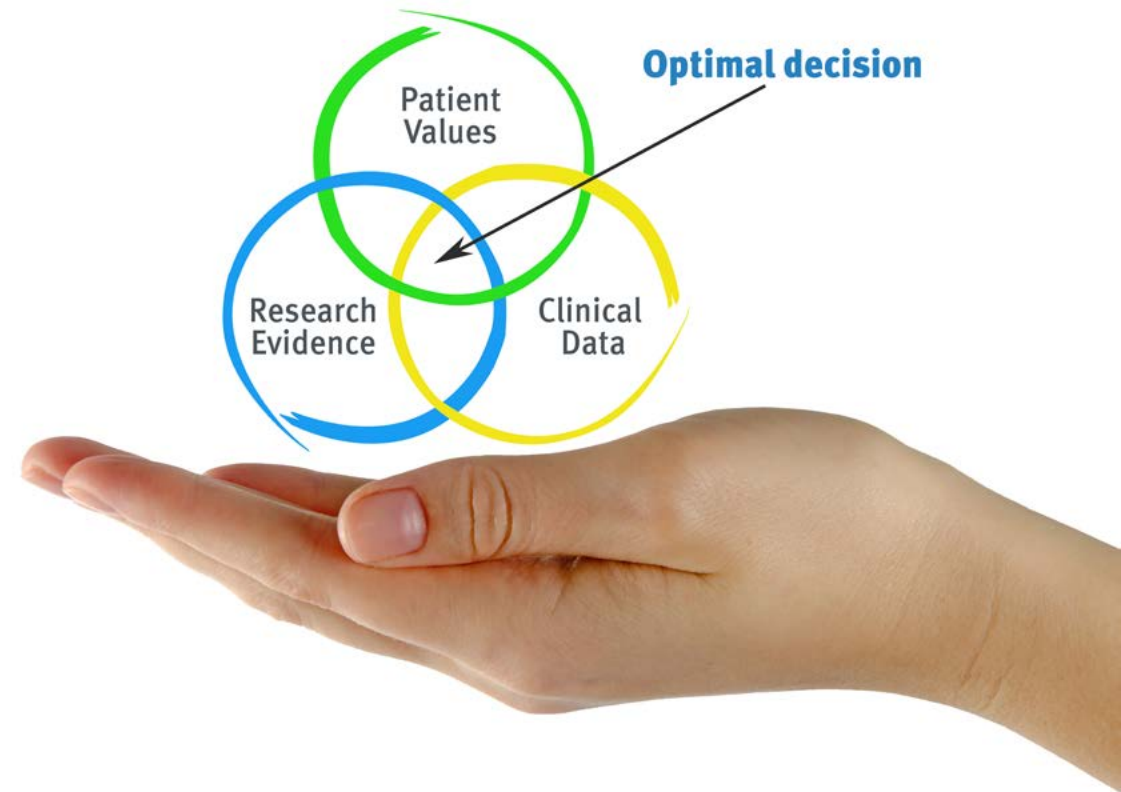
“

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

“

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

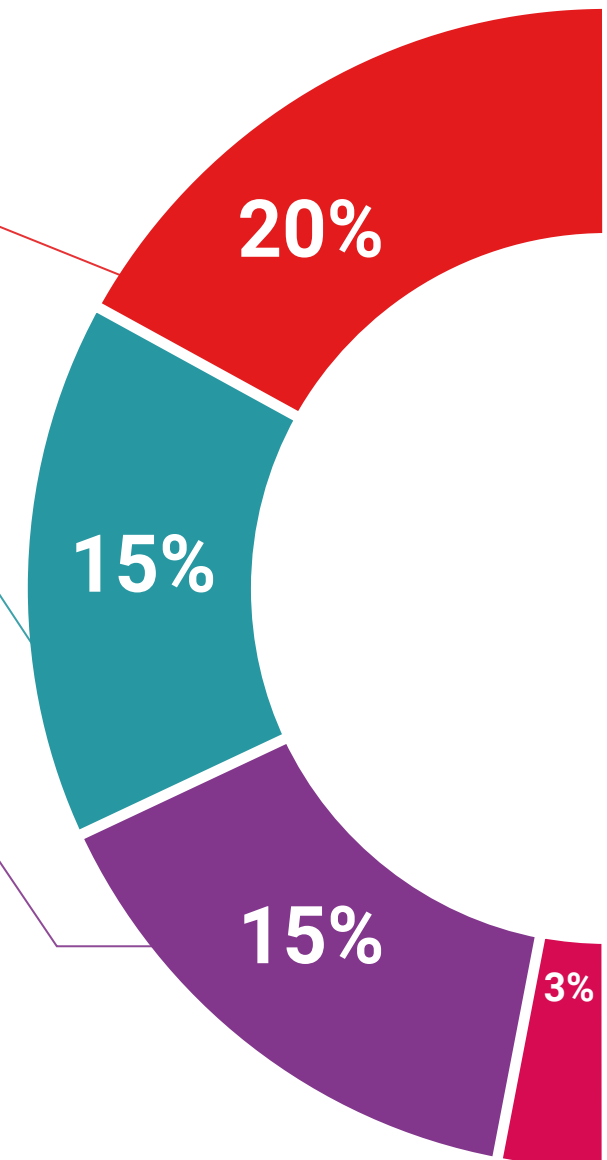
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06 Certificate

The Postgraduate Diploma in Social and Personality Psychology guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Diploma issued by TECH Technological University.





“

Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This **Postgraduate Diploma in Social and Personality Psychology** contains the most complete and up-to-date scientific on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Diploma** issued by **TECH Technological University** via tracked delivery*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Diploma, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Diploma in Social and Personality Psychology**

Official N° of Hours: **400 h.**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
development languages
virtual classroom



Postgraduate Diploma
Social and Personality
Psychology

- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Postgraduate Diploma

Social and Personality Psychology