

# Postgraduate Diploma

Neuromuscular Diseases, Dementias  
and Headaches for Nursing





## Postgraduate Diploma Neuromuscular Diseases, Dementias and Headaches for Nursing

- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/in/nursing/postgraduate-diploma/postgraduate-diploma-neuromuscular-diseases-dementias-headaches-nursing](http://www.techtute.com/in/nursing/postgraduate-diploma/postgraduate-diploma-neuromuscular-diseases-dementias-headaches-nursing)

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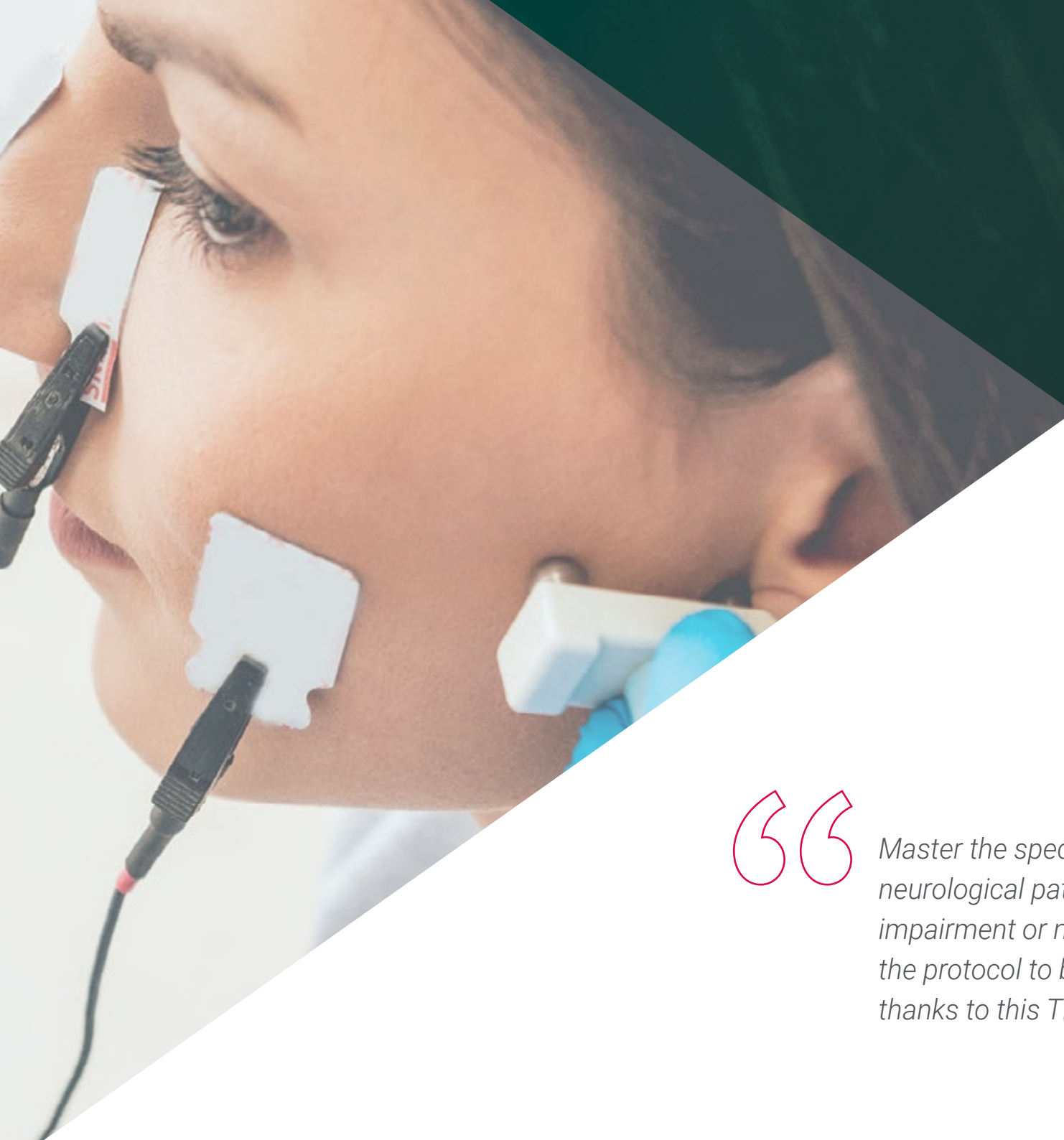
# 01

# Introduction

Nursing care of neurological patients with neuromuscular diseases, dementia and headaches is one of the most common care program encountered by nurses in their daily practice, so a program like this one is essential for professionals in this area.

Thus, this curriculum proposes theoretical and practical knowledge on pathophysiology, medical-surgical care and training on nursing methodology for neurological patients, specific care that favors the quality of the nursing professional's work and improves satisfaction in people who require specialized care due to cognitive impairment, which results in greater dependence. Therefore, this program is designed to provide the latest advances and innovations in treatment and nursing care for the different pathologies presented.





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*Master the specific care required by neurological patients with cognitive impairment or muscular atrophy and diagnose the protocol to be followed with confidence thanks to this TECH qualification"*



The program in Neuromuscular Diseases, Dementias and Headaches for Nursing presents in depth, on the one hand, dementias and cognitive impairment, clinical syndromes that lead to a progressive loss of autonomy that has a very negative influence on the performance of basic activities of daily living. As life expectancy increases, cases of dementia increase exponentially. Statistics confirm that dementia is the main cause of disability and dependence in the elderly. For this reason, the program addresses in particular Alzheimer's disease, which is the most frequent cause of dementia (between 60% and 80%). Thus, it addresses the etiopathogenesis of the main dementias, their classification and the importance of the nursing role in the diagnosis and treatment of neuropsychiatric symptoms.

It also includes an exhaustive study of headaches and migraines. Headaches are one of the most common ailments that exist. In fact, 90% of the population has suffered headaches in the last year, so it is necessary to delve into the differences between headaches and migraines, as the latter usually have an influence on the performance of basic activities of daily life of the person, affecting a high percentage of young people (12-13%).

This program also updates knowledge on the latest treatments, both pharmacological and surgical, and will emphasize the importance of having highly trained nurses specialized in the management of headaches. It should be noted that in recent years new treatments have been developed to help alleviate the acute pain they produce in patients who suffer from them. The etiopathogenesis of neuromuscular diseases, which are those that cause problems in the nerves that control the muscular system, is also considered. They usually cause atrophy, contractions and muscle pain. Therefore, the most common disorders, such as amyotrophic lateral sclerosis, myasthenia gravis and muscular dystrophy, will be described. At the same time, this University Expert will provide knowledge on the most advanced and current treatments in this area; although it is true that these diseases usually have no cure, the treatments improve the symptomatology, and increase both mobility and life expectancy, with nursing playing a crucial role in the management of these diseases.

This **Postgraduate Diploma in Neuromuscular Diseases, Dementias and Headaches for Nursing** contains the most complete and up-to-date scientific program on the market. The most important features of the program include:

- ♦ Development of more than 100 case studies presented by experts in neurological nursing. Its graphic, schematic and eminently practical contents, which are designed to provide essential scientific and assistance information for professional practice
- ♦ Latest developments in neurological nursing
- ♦ Contains practical exercises
- ♦ Theoretical lessons, questions to the expert and clinical cases for individual reflection
- ♦ Content that is accessible from any fixed or portable device with an Internet connection
- ♦ Multimedia content developed with the latest educational technology, which will allow the professional a situated and contextual learning, i.e. a simulated environment that will provide an immersive learning programmed to train in real situations



*You will delve into the most up-to-date treatments and specific nursing care that differentiate headache from migraine with great success"*

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*You will perform as a specialist standardized care plans after having acquired the knowledge on how to perform nursing assessments according to functional patterns, using NANDA-NIC-NOC nursing taxonomy for care planning and evaluation"*

The program's teaching staff includes professionals from the sector who contribute their work experience to this training program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive training programmed to train in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the professional will be assisted by an innovative interactive video system created by renowned and experienced experts.

*Acquiring knowledge and fundamentals of the pathophysiology of neuromuscular diseases and integrating them into nursing practice is possible thanks to this TECH Postgraduate Diploma.*

*With this Postgraduate Diploma you will acquire the necessary knowledge in physiopathology of neurological diseases, something highly demanded by experts in the sector.*



# 02 Objectives

The Postgraduate Diploma in Neuromuscular Diseases, Dementias and Headaches for Nurses is aimed at facilitating the performance of nurses dedicated to the treatment and care of patients with these pathologies, from Alzheimer's disease to the etiopathogenesis of neuromuscular diseases, which are those that cause problems in the nerves that control the muscular system. This requires a high level of competence and training to avoid possible complications and improve the level of self-care. With this Postgraduate Diploma, the nurse will be trained in the treatment required by patients in this area, with rigor and professionalism, in order to achieve the following proposed objectives, distributed in general and specific by module, for greater satisfaction of the future graduate on the way to his or her professional goal.







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*You will update your knowledge of Alzheimer's and other degenerative dementias, as well as deepen your knowledge of screening tests and neuropsychological evaluation with the best experts"*



## General Objectives

- ◆ Learn and integrate general nursing care in the main neurological pathologies
- ◆ Perform standardized care plans, acquiring knowledge on how to perform nursing assessments according to functional patterns and use NANDA-NIC-NOC nursing taxonomy for care planning and evaluation
- ◆ Acquire knowledge and fundamentals of the pathophysiology of cerebrovascular diseases, epilepsy, movement disorders, multiple sclerosis, dementia, headache, neuromuscular diseases, neurological oncology and CNS infectious diseases and integrate them into nursing practice
- ◆ Understand the necessary knowledge in Physiopathology of Neurological Diseases
- ◆ Have an in-depth knowledge of the most up-to-date Basic Medical-Surgical Treatments
- ◆ In-depth knowledge of diagnostic taxonomy to formulate nursing diagnoses, outcome criteria and nursing interventions



*You will learn and expand your knowledge of myopathies and dystrophies, which will guide you towards the specific nursing care to be applied to patients suffering from them"*





## Specific Objectives

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### Module 1. Dementias and Cognitive impairment

- ◆ Know and expand knowledge in etiopathogenesis of dementias
- ◆ Update knowledge on Alzheimer's disease and other degenerative dementias
- ◆ Study knowledge of neuropsychological screening and assessment tests
- ◆ Know in depth the specific nursing care in dementia
- ◆ Integrate nursing care into daily practice by following standardized care plans according to nursing taxonomies

### Module 2. Headaches

- ◆ Know and expand knowledge in etiopathogenesis of primary headaches
- ◆ Update knowledge in migraine and secondary headaches
- ◆ Study knowledge of trigemino-autonomic headaches and painful cranial neuropathies
- ◆ In-depth knowledge of specific nursing care for headaches and migraines
- ◆ Integrate nursing care into daily practice by following standardized care plans according to nursing taxonomies

### Module 3. Neuromuscular Diseases

- ◆ Know and expand knowledge in etiopathogenesis of neuromuscular diseases
- ◆ Update knowledge in myopathies and dystrophies
- ◆ Study knowledge about myasthenia and motor neuron diseases
- ◆ In-depth knowledge of specific nursing care in neuromuscular-oncological diseases
- ◆ Integrate nursing care into daily practice by following standardized care plans according to nursing taxonomies



# 03

## Course Management

In its maxim of offering an elite education for all, TECH Technological University has renowned professionals for the student to acquire a solid knowledge in the specialty of neuromuscular diseases, dementias and headaches focused on nursing. For this reason, this programme has a highly qualified team with extensive experience in the sector, which will offer the best tools for students to develop their skills during the certificate. In this way, the student has the guarantees required to specialize in an environment that requires precision, patience and determine, oriented to the well-being and improvement of the patient.





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*The best faculty provides you with the tools you need to succeed in this area of nursing”*



## Management



### D. Cano Manchón, Antonio Rafael

- ♦ Nursing Supervisor of the Neurology-Neurosurgery- Stroke Unit of the University Hospital La Princesa.
- ♦ Associate Professor of the Faculty of Nursing at the Autonomous University of Madrid, belonging to the Faculty of Medicine
- ♦ Degree in Nursing

## Professors

### Ms. Belascoaín Gómez, María Rocío

- ♦ Nurse Assistant in the Neurology-Neurosurgery- Stroke Unit of the University Hospital La Princesa
- ♦ Advanced Practice Nurse in Headache and Dementia Nursing Specialty Practice
- ♦ Degree in Nursing

### Ms. Sanz de la Plaza, Carmen

- ♦ Nurse Assistant in the Neurology-Neurosurgery- Stroke Unit of the University Hospital La Princesa
- ♦ Nurse Expert in Neuroncology Nursing Care
- ♦ Degree in Nursing



# 04

## Structure and Content

The structure of the contents of this Postgraduate Diploma has been designed by a team of nursing professionals from a leading hospital in neurological care at all levels, aware of the relevance of current specialization in diseases such as Alzheimer's or cognitive impairment disorders, as well as the importance of the management of headaches. Thus, they warn of the need to have nurses qualified in the treatment of these pathologies, which is why they have designed this program. Committed to quality teaching through new educational technologies, they have established a curriculum whose modules offer a broad perspective of the performance of nursing functions in this area of health, with which you will expand your knowledge and acquire full competence for your day-to-day work, knowing that you also have the support of a team of experts and the quality assurance of prestigious universities.







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*This program emphasizes the importance of having a highly trained and specialized nurse in the management of headaches and for this reason we want to count on you"*

## Module 1. Dementias and Cognitive impairment

- 1.1. Dementias and Cognitive Impairment
  - 1.1.1. Risk factors
- 1.2. Classification of Degenerative Dementias
  - 1.2.1. Primary Dementias
  - 1.2.2. Cortical Dementias
  - 1.2.3. Subcortical Dementias
- 1.3. Current Diagnostic Criteria for Cognitive Impairment and Major Degenerative Dementias
- 1.4. Non-Degenerative Dementias
  - 1.4.1. Vascular Dementia
  - 1.4.2. Infectious Dementia
  - 1.4.3. Dementia Hydrocephalus
- 1.5. Neuropsychological Screening and Evaluation Test
  - 1.5.1. Screening Test
  - 1.5.2. Appropriate Choice of Test Evaluation
- 1.6. Treatments for Cognitive Impairment and Neuropsychiatric Symptoms
  - 1.6.1. Pharmacological Treatments and Side Effects
  - 1.6.2. Non-Pharmacological Treatment
- 1.7. Nursing Care in Dementia
  - 1.7.1. Specific Care in Degenerative Dementias
  - 1.7.2. Specific Care in Non-Degenerative Dementias
- 1.8. Standardized NANDA-NIC-NOC Care Plans
  - 1.8.1. Nursing Assessment by Gordon Functional Patterns
  - 1.8.2. Nursing Diagnoses NANDA Taxonomy
  - 1.8.3. Care Planning According to NIC-NOC Taxonomy





**Module 2. Headaches.**

- 2.1. Primary Headaches
  - 2.1.1. Classification
  - 2.1.2. Epidemiology
  - 2.1.3. Medical History
  - 2.1.4. Exploration
- 2.2. Migraine
- 2.3. Chronic Migraine
- 2.4. Trigemino-Autonomic Headaches
- 2.5. Other Primary Headaches
- 2.6. Secondary Headaches
- 2.7. Painful Cranial Neuropathies and Atypical Facial Pains
- 2.8. Headache in the Emergency Department. Headache in Special Situations
  - 2.8.1. Initial Triage. Diagnosis and Treatment
  - 2.8.2. Evaluation. Diagnosis and Treatment
- 2.9. Headache and Migraine Treatments
  - 2.9.1. Pharmacological Treatment. Side Effects. Preventive Treatment
  - 2.9.2. Anesthetic Blocks
  - 2.9.3. Botulinum toxin
  - 2.9.4. ECP
  - 2.9.5. Trigeminal Neuralgia Surgery
- 2.10. Nursing Care in Headaches
  - 2.10.1. Specific Headache Care
  - 2.10.2. Specific Care in Trigeminal Neuralgia and DBS Surgeries
- 2.11. Standardized NANDA-NIC-NOC Care Plans
  - 2.11.1. Nursing Assessment by Gordon Functional Patterns
  - 2.11.2. Nursing Diagnoses NANDA Taxonomy
  - 2.11.3. Care Planning According to NIC-NOC Taxonomy

**Module 3. Neuromuscular Diseases**

- 3.1. Clinical History and Neuromuscular Examination
  - 3.1.1. Assessment and Anamnesis
  - 3.1.2. Evaluation of Motor Function Deficits
- 3.2. Complementary Tests in the Study of Neuromuscular Diseases
  - 3.2.1. Immunological Tests
  - 3.2.2. Electromyogram
  - 3.2.3. Neuroimaging
- 3.3. Acquired and Genetic Myopathies
- 3.4. Muscular Dystrophies
- 3.5. Myasthenia and Myastheniform Syndromes
- 3.6. Acquired Polyneuropathies
- 3.7. Hereditary Neuropathies
- 3.8. Motor Neuron Diseases
- 3.9. Treatments for Neuromuscular Diseases
  - 3.9.1. Pharmacological Treatments and Side Effects
  - 3.9.2. Non-Pharmacological Treatment
- 3.10. Nursing Care in Neuromuscular Diseases
  - 3.10.1. Specific Care in Myopathies
  - 3.10.2. Specific Care in Dystrophies
  - 3.10.3. Specific Care in Myasthenia
  - 3.10.4. Specific Care in Polyneuropathies
  - 3.10.5. Specific Care in Hereditary Neuropathies
  - 3.10.6. Specific Care in Motor Neuron Diseases
- 3.11. Standardized NANDA-NIC-NOC Care Plans
  - 3.11.1. Nursing Assessment by Gordon Functional Patterns
  - 3.11.2. Nursing Diagnoses NANDA Taxonomy
  - 3.11.3. Care Planning According to NIC-NOC Taxonomy

05

# Methodology

This training program offers a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

*With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.



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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.





## Relearning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

*The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175.000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a high socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:

### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.

### Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.

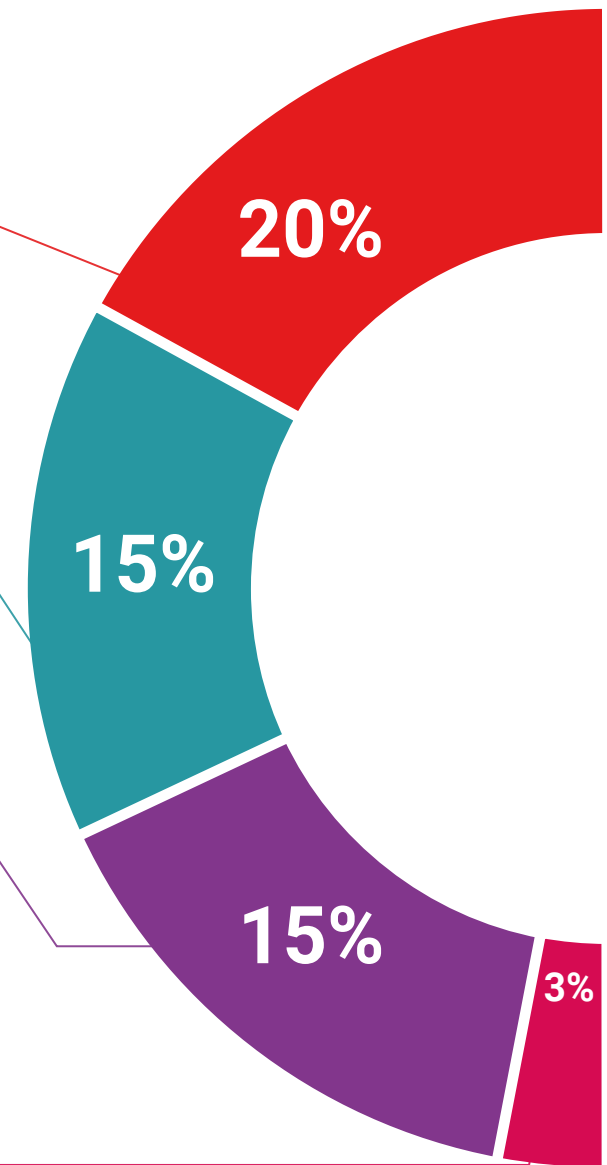
### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story".

### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

The student's knowledge is periodically assessed and re-assessed throughout the program, through evaluative and self-evaluative activities and exercises: in this way, students can check how they are doing in terms of achieving their goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.





# 06 Certificate

The Postgraduate Diploma in Neuromuscular Diseases, Dementias and Headaches for Nursing guarantees, in addition to the most rigorous and update training, access to a Postgraduate Diploma issued by TECH Technological University.







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*Successfully complete this training and receive your university degree without travel or laborious paperwork”*

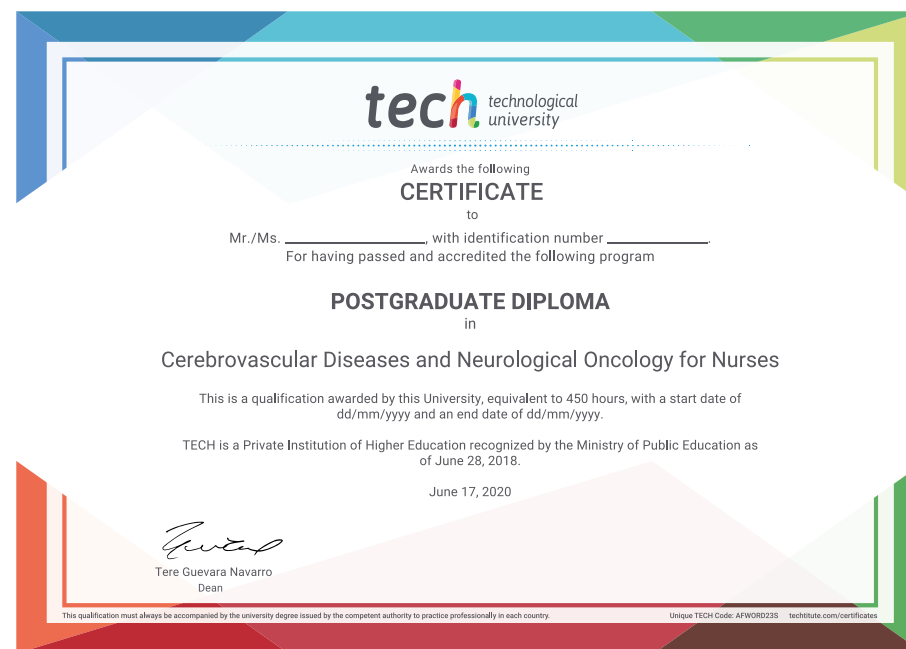
This **Postgraduate Diploma in Neuromuscular Diseases, Dementias and Headaches for Nursing** contains the scientific most complete and update program on the market.

After you have passed the evaluations, you will receive your corresponding **Postgraduate Diploma** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Diploma, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional from career evaluation committees.

Title: **Postgraduate Diploma in Cerebrovascular Diseases and Neurological Oncology for Nurses**

Official N° of hours: **450 h.**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.



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- » Dedication: **16h/week**
- » Schedule: **at your own pace**
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# Postgraduate Diploma

Neuromuscular Diseases, Dementias  
and Headaches for Nursing

