

Postgraduate Diploma

Gender Violence and Sexuality for Nursing



Postgraduate Diploma Gender Violence and Sexuality for Nursing

- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitute.com/us/nursing/postgraduate-diploma/postgraduate-diploma-gender-violence-sexuality-nursing

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01

Introduction

The health area is key for the detection of sexual abuse of minors and its approach, a field that also brings together all those clinical cases of patients who suffer bullying, intra-gender violence or violence from their partners. A reality that leads nursing professionals to be aware of the protocols of action, as well as the physical and mental consequences for the person. For this reason this 100% online program was born, which provides students with the most current information on Sexuality, Gender-based Violence and is also distinguished by dealing with the new masculinities through an advanced syllabus prepared by a team of specialists in Psychology and Sexology with extensive experience in the health sector.



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Get up to date with the most current and rigorous information on Gender-Based Violence and Sexuality for Nursing”

In the new social context, the reduction of existing gaps between genders is advocated and includes a look towards equality from a gender perspective. This implies the adoption of educational strategies on sexuality and has led to the emergence of new masculinities that break with the more traditional concept.

A space that is not free of violent acts that lead to consultation of patients who suffer serious damage as a result of sexual abuse, violence suffered by their partners or harassment because of their sexual condition. A reality faced daily by the healthcare professional who must be aware of the intervention guidelines, as well as the approach to this type of situations and patients. With this in mind, TECH has created this 6-month Postgraduate Diploma in Gender Violence and Sexuality for Nursing.

An intensive program of 450 hours that will lead the graduate to delve, when and where they want, into the most rigorous information on the intervention and patient management in the various types of violence, the preceding cultural context, the over-medicalization of women and the most efficient health resources in terms of gender perspective.

For this, students have access to teaching resources based on video summaries of each topic, detailed videos, specialized readings and simulations of case studies that can be accessed at any time of the day from a computer or tablet with an Internet connection. In addition, thanks to the Relearning method, the professional will not have to dedicate long hours to study and memorization, since they will easily consolidate the concepts covered.

This is an ideal opportunity to keep up to date with the latest knowledge through a unique and flexible academic option. And the fact is that, with no classroom attendance or classes with fixed schedules, students will have the possibility of reconciling their daily activities with a high-level program.

This **Postgraduate Diploma in Gender Violence and Sexuality for Nursing** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of case studies presented by experts in Psychology and Sexology
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



Delve into the comprehensive intervention from the socio-health field of LGBTIQAP+ affirmative psychology”

“

You are before a program that will allow you to balance your daily professional activities with a quality university qualification”

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise throughout the program. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.

You will be up to date with the most recent guidelines for health personnel in terms of gender perspective.

You will learn more about child sexual abuse, its prevention and consequences for the child.



02

Objectives

TECH provides students with pedagogical tools in which the latest technology applied to the university environment has been used. With this wide range of resources, the professional will get a complete up-to-date on Gender Violence and Sexuality focused on providing the most useful theoretical and practical information for their daily care work. In addition, thanks to the proximity of the teaching staff, they will be able to resolve any doubts they may have about the content of this program.





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The diverse teaching material of this academic option will lead you to a much more extensive updating process on masculinities”



General Objectives

- ♦ Acquire knowledge about Sexuality, expanding the vision of sexuality from a biopsychosocial perspective
- ♦ Obtain tools to be able to accompany cases related to sexual difficulties
- ♦ Identify the variables involved in the origin and maintenance of different sexual dysfunctions (organic, psychological, relational and cultural components)
- ♦ Acquire skills to be able to share information about sexuality in a clear way
- ♦ Understand the aspects involved in the beginning and development of couple relationships (life cycle of the couple: establishment and evolution)
- ♦ Describe the dynamics of couple relationships and the factors that generate alterations in them
- ♦ Investigate complex issues such as gender violence and child sexual abuse
- ♦ Achieve skills to face the multiple incidences and decisions that may arise in the exercise of their profession
- ♦ Gain in-depth knowledge of deontology in sexuality and couple matters, as well as learn to carry out an exercise of introspection on those personal and professional aspects that could collide with La profession and that would undermine the therapeutic work
- ♦ Carry out research programs in sexuality





Specific Objectives

Module 1. Equality and Gender Perspective

- ♦ Differentiate concepts and know the relationship between them
- ♦ Learn about resources to disseminate and educate from a gender perspective
- ♦ Delve into the different types of gender violence and how to intervene

Module 2. Sexuality-Related Violence

- ♦ Contextualize and conceptualize how and why child sexual abuse occurs
- ♦ Manage resources to prevent child sexual abuse
- ♦ Understand how to intervene in the event that a case of child sexual abuse is received at the clinic
- ♦ Know the different realities within the LGBTIQAP+ group

Module 3. Masculinity and Sexuality

- ♦ Contextualize masculinity Its mandates, beliefs and the influence this has on the individual, society and the relational sphere
- ♦ Distinguish masculinity as an innate value and reflect on the importance of inhabiting less rigid and more diverse identities
- ♦ Create imaginaries of male eroticism away from normativity, with the intention of building new paradigms that aim to explore the peculiarities of each sexed subject, minimizing the impact of the identity experience from the socio/cultural expectations

03

Course Management

In order to maintain the philosophy of offering students a quality university qualification, TECH develops a rigorous selection process for each and every one of the teachers that make up its programs. Therefore, the graduate of this Postgraduate Diploma will have at their disposal a syllabus developed by a team specialized in Psychology and Sexology, with a current vision on the concept of masculinities and gender diversity.



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TECH has brought together in this program an excellent team of specialists in sexology, new masculinities and sexual diversity”

Management



Ms. Ramos Escamilla, María

- ◆ Psychologist, Sexologist, Couples Therapist and Director of Destino Kink
- ◆ Sexologist and Couple Therapist
- ◆ Director of Destino Kink
- ◆ Degree in Psychology from the Complutense University Madrid
- ◆ Master's Degree in Sexology, Sex Education and Sexological Counseling by Camilo José Cela University



Professors

Mr. Coronilla Delgado, Eduardo

- ◆ Professional in Health, Youth, Education and Training programs at the LGBTIQAP+ Association JereLesGay of Jerez de la Frontera and at FELGTBI+
- ◆ Degree in Psychology from the University of Sevilla
- ◆ Specialist in Sexology from the Camilo José Cela University
- ◆ Member of: Fast Track Committee of Jerez (committee that fights against the HIV+ pandemic and stigma)

Mr. Lajud Alastrué, Iñaki

- ◆ Psychologist and Sexologist
- ◆ Co-founder of the Association Masculinities Beta
- ◆ Psychologist at the Me Digo Sí Center
- ◆ Professor of the Master's Degree in Gender Violence of the Official College of Psychologists of Madrid

Ms. López Trenado, Esther

- ◆ Health Psychologist at DANA Centro de Psicología
- ◆ Mental Health Specialist in the Third Sector
- ◆ Equality Promoter
- ◆ Master's Degree in General Health Psychology from the Autonomous University of Madrid
- ◆ Degree in Psychology from the Autonomous University of Madrid

04

Structure and Content

The healthcare professional who takes this university qualification will have before them a program designed to provide the most comprehensive information on Gender Violence and Sexuality for Nursing. A program that unravels the existing social gaps, current educational models and the role of nursing professionals in the care of patients who have suffered sexual abuse, bullying or violence related to their sexuality. All this, in addition, with didactic resources available 24 hours a day from any digital device with Internet connection.



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A syllabus with 450 teaching hours containing the latest information on gender equality and gender perspective”

Module 1. Equality and Gender Perspective

- 1.1. Gender Perspectives
 - 1.1.1. Brief Review: Differences Sex vs. Gender
 - 1.1.2. Patriarchy
- 1.2. Why it is Necessary?
 - 1.2.1. Social Differences Boys/Girls
 - 1.2.2. The Social Context
 - 1.2.3. Wage Gap
 - 1.2.4. Orgasmic Gap
- 1.3. When it Arises
 - 1.3.1. Historical Context
 - 1.3.2. Background
 - 1.3.3. UN Declaration
- 1.4. Differences in Concepts and Relationship Between Them
 - 1.4.1. Equality
 - 1.4.2. Gender Perspectives
 - 1.4.3. Feminism
- 1.5. The Sex-Gender System as a Socio-Cultural Construction
 - 1.5.1. Traditional Male/Female Roles
 - 1.5.2. Different Views from Feminism
 - 1.5.3. Analysis of the Sex-Gender System in Different Social Models
- 1.6. Current Educational Models: Coeducation
 - 1.6.1. Conceptualization
 - 1.6.2. Mental Workload and its Consequences
 - 1.6.3. Resources to Promote Coeducation
- 1.7. Dissemination and Gender Perspective
 - 1.7.1. Resources for Use in the Media
 - 1.7.2. Resources for Use in the Classroom
- 1.8. How to Work with the Gender Perspective
 - 1.8.1. Childhood
 - 1.8.2. Adolescence
 - 1.8.3. Adulthood
 - 1.8.4. Old Age

- 1.9. Gender-Based Violence
 - 1.9.1. Types of Violence
 - 1.9.2. Intervention and Approach to the Different Types of Violence
 - 1.9.3. Background Cultural Context
- 1.10. Gender Perspective in the Healthcare Field
 - 1.10.1. Over-medicalization of Women
 - 1.10.2. More Efficient Health Resources
 - 1.10.3. Guidelines for Healthcare Personnel

Module 2. Sexuality-Related Violence

- 2.1. Approach to Child Sexual Abuse
 - 2.1.1. Relationship Between Love, Power and Violence
 - 2.1.2. Maltreatment and Well Treatment in Childhood
 - 2.1.3. Child Protection Systems
- 2.2. Conceptualization of Child Sexual Abuse
 - 2.2.1. Criteria
 - 2.2.2. Types of Child Sexual Abuse
- 2.3. Prevention of Child Sexual Abuse
 - 2.3.1. Key Messages
 - 2.3.2. Types of Prevention
 - 2.3.3. Risk and Protective Factors
 - 2.3.4. Proposed Programs
- 2.4. Intervention in Child Sexual Abuse
 - 2.4.1. Phases of the Intervention Process
 - 2.4.2. Basic Principles
 - 2.4.3. Professional Competencies
 - 2.4.4. Consequences of Child Sexual Abuse
- 2.5. Characteristics of Child Sexual Abuse Intervention
 - 2.5.1. Procedure and Criteria
 - 2.5.2. Agents Involved in the Intervention
 - 2.5.3. General Aspects to be Addressed

- 2.6. LGBTQAP+ in the World
 - 2.6.1. Homosexual Marriage and Homo-parental Adoption
 - 2.6.2. Types of LGBTQAP+ Human Rights Abuses
 - 2.6.3. LGBTQAP+ Friendly Places and Safe Spaces
 - 2.6.4. Forms of LGBTQAP+ Phobia
 - 2.6.4.1. Forms of LGBTQAP+ Phobia
 - 2.6.4.2. Help Resources
- 2.7. Intragender Violence
 - 2.7.1. Background Cultural Context
 - 2.7.2. Legislation
 - 2.7.3. Intervention and Approach
- 2.8. Bullying for Sexual Diversity Reasons
 - 2.8.1. What Is It?
 - 2.8.2. Profile of the Aggressor and the Victim
 - 2.8.3. Frequency and Type of School Bullying
 - 2.8.4. Consequences
- 2.9. LGBTQAP+ Affirmative Psychology
 - 2.9.1. Intervention with Families
 - 2.9.2. Integral Intervention from the Socio-sanitary and Psychosocial Sphere
 - 2.9.3. Intervention with LGBTQAP+ Elderly People
- 2.10. Education in Sexual Diversity in the Classroom
 - 2.10.1. Referents and Absences
 - 2.10.2. Educational Activities and Resources
- 3.4. Non-normative Dissident Masculinities
 - 3.4.1. De-essentializing Masculinity
 - 3.4.2. Importance of Plural Identities
- 3.5. Masculinity in Affective and Sexual Attachments
 - 3.5.1. Homo-sociability
 - 3.5.2. Affective Relationship Skills
 - 3.5.3. Roles of Men in the Couple
- 3.6. Male Erotica (I)
 - 3.6.1. Influence of Pornography in the Male Ideology
 - 3.6.2. Fantasies and Auto-erotica
- 3.7. Male Erotica (II)
 - 3.7.1. Desire, Pleasure and Genitality in Normative Relational Erotics
 - 3.7.2. Non-normative Erotic and Relational Imaginaries
- 3.8. Male Erotica (III)
 - 3.8.1. Intimacy, Vulnerability and Care
- 3.9. New Masculinities
 - 3.9.1. What are they?
 - 3.9.2. Collectivizing the Identity Review Process
- 3.10. Reflecting on Masculinity
 - 3.10.1. Strategies for Self-knowledge
 - 3.10.2. Who am I?

Module 3. Masculinity and Sexuality

- 3.1. Contextualization of Male Socialization
 - 3.1.1. Hegemonic Masculinity and Complicit Masculinities
 - 3.1.2. Masculinity and Patriarchy
- 3.2. Masculinity Box
 - 3.2.1. What Is It? Associated Values, Mandates and Beliefs
- 3.3. Risk of Masculinity
 - 3.3.1. Risks to Men Themselves
 - 3.3.2. Risks to Society. Violence



Do you want to be up to date on male erotics and identity revision? A unique opportunity that only TECH can offer you"

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.
Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

Certificate

The Postgraduate Diploma in Gender Violence and Sexuality for Nursing guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Diploma issued by TECH Technological University.





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*Successfully complete this program
and receive your university qualification
without having to travel or fill out
laborious paperwork”*

This **Postgraduate Diploma in Gender Violence and Sexuality for Nursing** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Diploma** issued by **TECH Technological University** via tracked delivery*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Diploma, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Diploma in Gender Violence and Sexuality for Nursing**

Official N° of Hours: **450 h.**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

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virtual classroom

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