

# Postgraduate Certificate

## Sexuality and Quality of Life of the Ostomy Patient for Nurses



## Postgraduate Certificate Sexuality and Quality of Life of the Ostomy Patient for Nurses

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/nursing/postgraduate-certificate/sexuality-quality-life-ostomy-patient-nurses](http://www.techtute.com/us/nursing/postgraduate-certificate/sexuality-quality-life-ostomy-patient-nurses)

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# 01

# Introduction

The quality of life of the ostomized patient involves addressing the care of many different areas of importance. In the aspect of sexuality and its correct development in health care, the figure of the nursing professional is fundamental. This course is a complete tour through the most updated advances and ways of working in this area, with a high-level training program that will boost you in your profession, with the endorsement and prestige of the largest online university in the world.





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*Become one of the most updated professionals in Ostomy in the nursing area, with this complete course. A complete journey through the latest advances and techniques in this area, from the international scientific field"*

This course will help nurses in their day-to-day work, providing the latest knowledge and learning about areas that have not been developed so far, such as disabilities, sexuality, research, rehabilitation, expert patients and social networks.

With the development and learning of the course you will be able to be the most updated in terms of the knowledge necessary for the care of the ostomized patient and will develop the skills and knowledge necessary to approach the ostomized patient in a holistic way, going beyond just treating the ostomy, but will cover the psychosocial area, the quality of life and recovery.

You will also learn how to build knowledge within your profession, learning how to share your knowledge, clinical cases and activities with other professionals.

This Postgraduate Certificate in Sexuality and Quality of Life of the Ostomy Patient for Nurses contains the most complete and up to date scientific program on the market. The most important features of the program include:

- ◆ Clinical cases presented by experts. The graphic, schematic, and eminently practical contents with which they are created, provide scientific and healthcare training on those medical disciplines that are essential to professional practice
- ◆ Diagnostic and therapeutic novelties on the care of patients with digestive pathologies.
- ◆ Presentation of hands-on workshops on diagnostic and therapeutic techniques
- ◆ An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course.
- ◆ Includes theoretical lectures, questions to the expert, discussion forums on controversial issues and individual reflection papers.
- ◆ Content that is accessible from any fixed or portable device with an Internet connection



*An exceptional opportunity to give your resume a boost with intensive and efficient training, while being fully compatible with your professional and personal life"*

“

*This course is the best investment you can make in training to update your ostomy knowledge”*

It includes in its teaching staff a team of ostomy professionals, who bring to this training the experience of their work, in addition to recognized specialists belonging to scientific societies of reference.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive training experience designed to train for real-life situations.

This program is designed around Problem Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, he will be assisted by an innovative interactive video system created by renowned experts in the field of ostomies, with extensive teaching experience.

*During the course you will acquire practical experience through simulated learning environments based on real situations and cases*

*You will learn in a hands-on way, through case studies and practical situations, which will allow you to deepen your knowledge contextually.*



02

# Objectives

The objective of this course is to offer you the most complete training course through all aspects of nursing intervention in ostomy care. A comprehensive training that will allow you to expand your knowledge and give you the confidence and expertise of top-level professionals.







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*Learn everything you need to intervene safely and effectively in the care of the ostomy patient and give a quality boost to your profession"*



## General Objective

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- ◆ Identify the knowledge necessary to help patients improve their sexual life and quality of life.





## Specific Objectives

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- ◆ Become familiar with the role of sexuality in the life of the ostomized patient, how to help and advise him/her in his/her new situation.
- ◆ Recognize what aspects are necessary to improve the quality of life of the ostomized patient, as well as tools to measure it.
- ◆ Deepen the importance of communication between the nurse-patient-family, to achieve quality health care.

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*Our goal is to achieve academic excellence and to help you achieve it too”*

03

# Course Management

A teaching staff made up of leading professionals who bring to this training the experience of their work. In addition, other specialists of recognized prestige have participated in the creation of the contents, completing the program in an interdisciplinary manner.



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*The best professionals in the industry, at your fingertips in a high quality training, created to propel you towards excellence”*



## Management



### Dr. Rodríguez Perea, Ana María

- ♦ Diploma in Nursing
- ♦ Master's Degree in Health Management and Direction Health Planning for Health Executives
- ♦ Associate Professor Rey Juan Carlos University
- ♦ Nursing Supervisor of General and Digestive Surgery Hospitalization at the Rey Juan Carlos University Hospital

## Professors

### Professor. Guillén Plaza, Sara

- ♦ Nurse in general and digestive surgery hospitalization University Hospital Rey Juan Carlos.



# 04

# Structure and Content

The contents of this course have been created to provide the most efficient route through the essential knowledge of this area of work. A complete, intensive, clear and useful syllabus that will allow you to use the new skills and knowledge you acquire almost immediately.





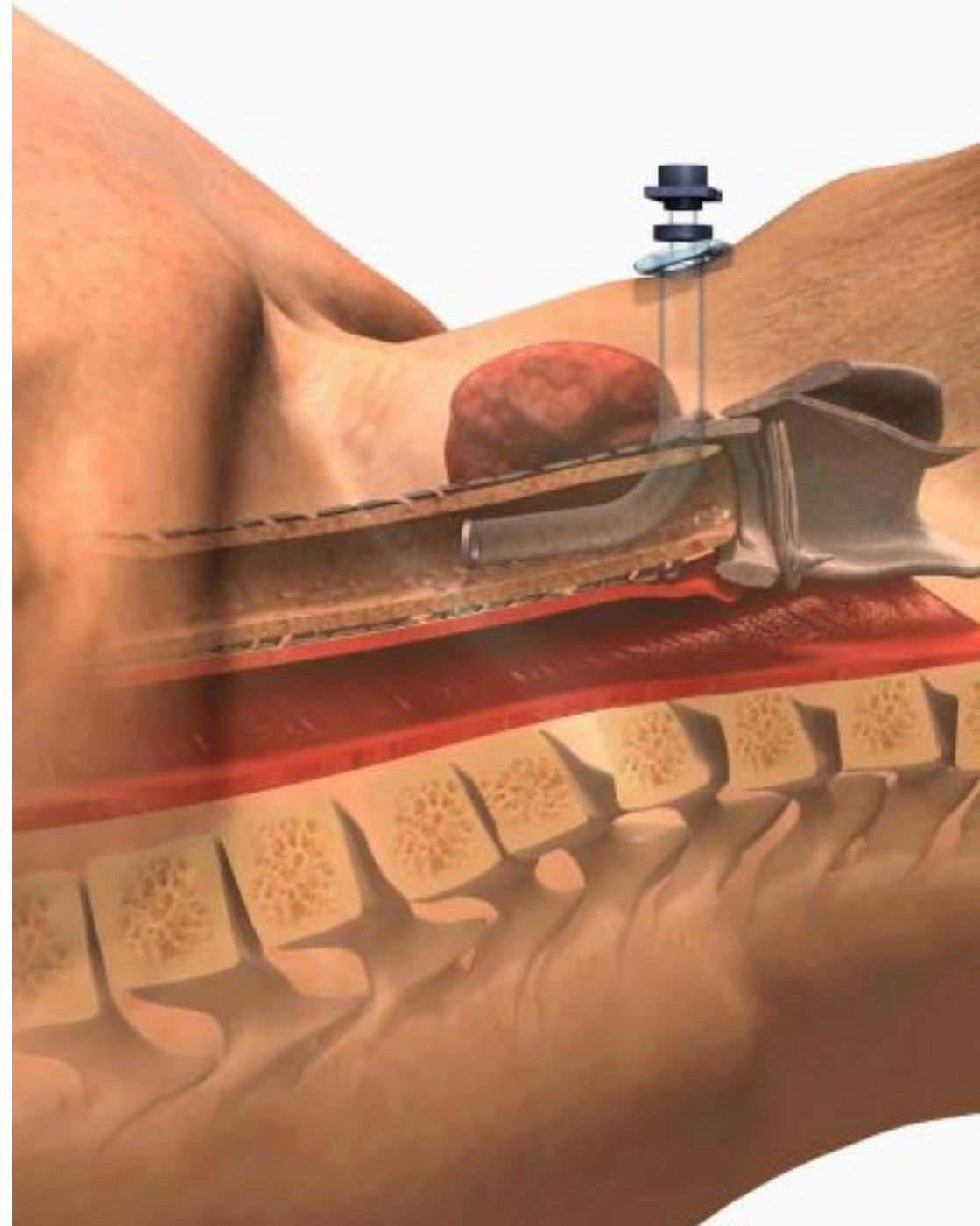
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*A complete training program created by experts in the field that will take you through the most comprehensive and effective compendium of knowledge in the online teaching market"*



## Module 1. Sexuality and Quality of Life of the Ostomy Patient

- 1.1. Physical or Psychological Problems
- 1.2. Psychophysiological Cycle of the Human Sexual Response
- 1.3. Physical Changes from Surgery
- 1.4. Common Sexual Problems
- 1.5. Effects of Medication on Sex and Assessment of Sexual Function
- 1.6. Sexual Counseling
- 1.7. Sterility and Contraception
- 1.8. Quality of life
- 1.9. Quality of Life Assessment
- 1.10. The Importance of Nurse-Patient-Family Communication







“*The ability of a highly specialized professional to approach a subject matter of the highest quality”*

05

# Methodology

This training provides you with a different way of learning. Our methodology uses a cyclical learning approach: ***Re-learning***.

This teaching system is used in the most prestigious medical schools in the world, and major publications such as the ***New England Journal of Medicine*** have considered it to be one of the most effective.





“

*Discover Re-learning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH Nursing School we use the Case Method

In a given clinical situation, what would you do? Throughout the program, you will be presented with multiple simulated clinical cases based on real patients, where you will have to investigate, establish hypotheses and, finally, resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

*With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.



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*Did you know that this method was developed in 1912 at Harvard for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the university program.

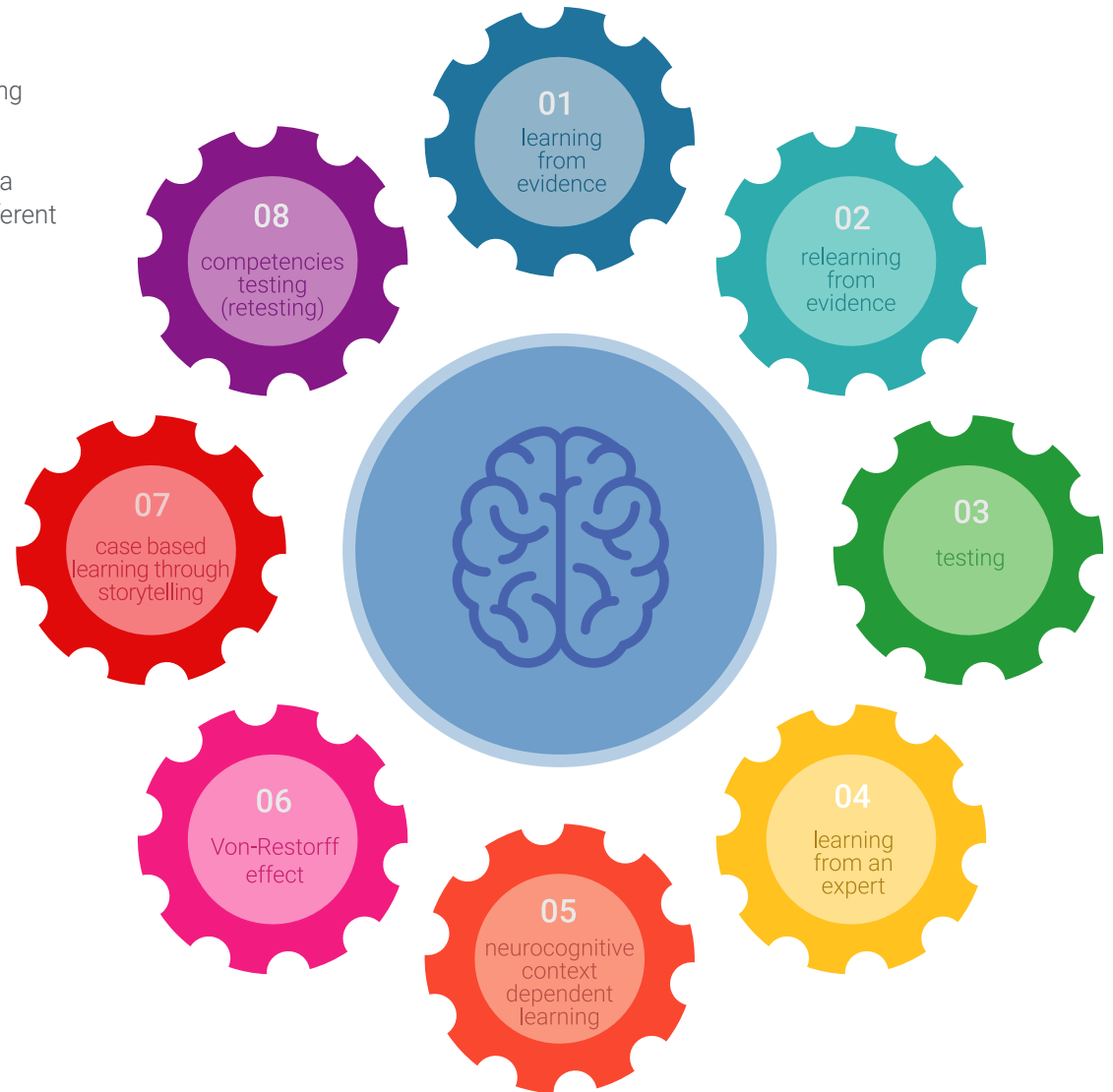




## Re-learning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our University is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.



The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning

At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success, in all specialties regardless of from the workload. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

*Re-learning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success*

In our program, learning is not a linear process, but rather a spiral (we learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



In this program you will have access to the best educational material, prepared with you in mind:



### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



### Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current nursing procedures and techniques. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



### Interactive Summaries

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".



### Additional Reading

Recent articles, consensus documents, international guides. in our virtual library you will have access to everything you need to complete your training.





### Expert-led case studies and case analysis

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through the development of attention and the resolution of different situations: a clear and direct way to achieve the highest degree of understanding.



### Testing & Retesting

We periodically evaluate and re-evaluate your knowledge throughout the program, through assessment and self-assessment activities and exercises: so that you can see how you are achieving your goals.



### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.  
Learning from an expert strengthens knowledge and memory, and generates confidence in our future difficult decisions.



### Quick Action Guides

We offer you the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help you progress in your learning.





# 06

# Certificate

Through a different and stimulating learning experience, you will be able to acquire the necessary skills to take a big step in your training. An opportunity to progress, with the support and monitoring of a modern and specialized university, which will propel you to another professional level.



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*Add to your CV a degree in Sexuality and Quality of Life of the Ostomy Patient for Nurses. and become a highly competitive professional"*



This **Postgraduate Certificate in Sexuality and Quality of Life of the Ostomy Patient for Nurses** contains the most complete and up to date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH - Technological University** via tracked delivery.

The diploma issued by **TECH - Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Sexuality and Quality of Life of the Ostomy Patient for Nurses**

ECTS: **6**

Official Number of Hours: **150**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
online training  
development languages  
classroom



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