

Postgraduate Certificate Sexual and Reproductive Health for Nursing



Postgraduate Certificate Sexual and Reproductive Health for Nursing

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/nursing/postgraduate-certificate/sexual-reproductive-health-nursing

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01

Introduction

Sexual health is fundamental to the physical, emotional and social well-being of individuals. As a nurse, it is important to recognize one's responsibility to promote sexual health, prevent and treat sexual diseases and disorders, and provide comprehensive and respectful care for the sexual and reproductive health needs of patients. This program offers a great opportunity to delve into sexual and reproductive health, addressing topics such as anatomy and physiology of the reproductive system, contraceptive methods, sexually transmitted infections, sexual and gender diversity, gender violence, assisted reproduction, among others.



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This Postgraduate Certificate will provide you with a critical and up-to-date vision of the technical and sociological advances in sexual health. This will improve your nursing care”

Sexual health is a crucial component of patients' physical, emotional and social well-being. As a nurse, it is important to recognize the responsibility acquired in the promotion of sexual health, prevention and treatment of sexual diseases and disorders, as well as in providing comprehensive and respectful care to the sexual and reproductive health needs of patients.

This program is an excellent opportunity for nursing specialists to delve into the new postulates of sexual and reproductive health, aimed at men and women at different stages of life. The syllabus addresses a variety of topics, such as anatomy and physiology of the reproductive system, contraceptive methods, sexually transmitted infections, sexual and gender diversity, gender violence, assisted reproduction, among others.

The program is offered in a 100% online format, which means that the nurse will be able to learn at their own pace and from anywhere. In addition, you will have access to the best available faculty who will guide your learning process. By acquiring new knowledge about sexual and reproductive health, nurses will be able to improve their clinical practice and provide more complete and rigorous care to their patients.

This **Postgraduate Certificate in Sexual and Reproductive Health for Nursing** contains the most complete and up-to-date scientific program on the market.

The most important features include:

- ♦ The development of practical cases presented by experts in Sexual and Reproductive Health
- ♦ The graphic, schematic and eminently practical contents with which it is conceived provide specialized and practical information on those disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



A rigorous program with a scientific approach that will allow you to delve into the myths and truths of reproductive health"

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A 100% online university program that delves into the most effective sexual health care for people with disabilities and vulnerable populations”

This is the most complete and effective course on the university scene. Do not miss this opportunity and enroll today.

You will enroll in a university program that delves into the new fertility treatments and the most adapted associated care.

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.



02

Objectives

This Postgraduate Certificate aims to provide nurses with the most up-to-date information on sexology, using innovative multimedia resources so that they can be up to date in this field from a biopsychosocial perspective. In this way, they will be able to delve into topics such as child sexual abuse, fertility problems and the most recent scientific research in this area. With this program, nurses will be able to acquire up-to-date skills and knowledge in sexology to improve their ability to provide care and treatment to patients in this area.



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Learn the latest techniques in sexual and reproductive health for nurses and provide quality care to your patients, becoming a cutting-edge professional”



General Objectives

- ♦ Acquire knowledge about sexuality, expanding the vision of sexuality from a biopsychosocial perspective
- ♦ Obtain tools to be able to accompany cases related to difficulties related to sexuality
- ♦ Identify the variables involved in the origin and maintenance of different sexual dysfunctions (organic, psychological, relational and cultural components)
- ♦ Acquire skills to be able to share information about sexuality in a clear way
- ♦ Understand the aspects involved in the initiation and development of relationships (life cycle of the couple: establishment and evolution)
- ♦ Describe the dynamics of couple relationships and factors that generate alterations in them
- ♦ Investigate complex issues such as gender violence and child sexual abuse
- ♦ Achieve skills to face the multiple incidences and decisions that may arise in the exercise of their profession
- ♦ Know in depth the deontology in matters of sexuality and couple, as well as learn to carry out an exercise of introspection on those personal and professional aspects that could collide with their profession and that would produce an impairment of the therapeutic work
- ♦ Carry out research programs in sexuality





Specific Objectives

- ♦ Gain an in-depth knowledge of the important aspects of Sexual Health
- ♦ Delve into the legal and ethical framework of voluntary termination of pregnancy
- ♦ Delve into the different methods of assisted reproduction
- ♦ Understand the different treatment options and approaches to infertility



Become a competent and up-to-date professional in sexual and reproductive health care and place yourself at the forefront of this field of nursing with TECH”

03

Course Management

The Postgraduate Certificate in Sexual and Reproductive Health offers the opportunity to learn from a team of highly qualified teachers in this field. These professionals have extensive experience in clinical practice and research, ensuring quality and up-to-date education. In addition, the professors are available to offer support and guidance to student nurses at all times. This proximity and personalized guidance enable students to have more meaningful and applicable learning in their clinical practice, therefore improving their ability to provide quality care to their patients in the field of sexual and reproductive health.



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Learn how to efficiently and responsibly manage situations related to sexual and reproductive health with this Postgraduate Certificate in Sexual and Reproductive Health for Nursing from TECH”

Management



Ms. Ramos Escamilla, María

- Sexologist and Couple Therapist
- Director of Destination Kink
- Degree in Psychology from the Complutense University of Madrid
- Master's Degree in Sexology, Sex Education and Sexological Counseling from Camilo José Cela University

Professors

Ms. Gutiérrez Ramos, Pamela

- Midwife and Sexologist
- Sexologist volunteer in NGO
- Sexologist in the youth center of sexuality attention
- Postgraduate Certificate in conscious and integral accompaniment of the maternal and perinatal period with a gender perspective and a biopsychosocial approach



04

Structure and Content

The syllabus of the Postgraduate Certificate in Sexual and Reproductive Health for Nursing includes a wide variety of relevant and current topics. Among them are pregnancy terminations, family planning and contraceptive methods, care for sexually transmitted infections, and dispelling myths about reproductive health.



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A high-quality syllabus that covers, in just 150 hours, the latest scientific postulates in Sexual and Reproductive Health”

Module 1. Sexual and Reproductive Health

- 1.1 Contextualization
 - 1.1.1. Definition
 - 1.1.2. Technical and Sociological Developments
 - 1.1.3. Assisted Reproductive Treatment and its Legal Context in Different Countries
- 1.2. HIV
 - 1.2.1. Historical Context
 - 1.2.2. Associated Stigma
 - 1.2.3. Current Treatments
 - 1.2.4. Positive Resources
- 1.3. Voluntary Termination of Pregnancy
 - 1.3.1. Definition
 - 1.3.2. Procedure
 - 1.3.3. Media Coverage
 - 1.3.4. Physical, Emotional, Economic Consequences
- 1.4. Fertility: Ovaries and Uterus
 - 1.4.1. Gamete Formation
 - 1.4.2. Menstrual Cycle
 - 1.4.3. Classical Methods of Fertility Management
 - 1.4.3.1. Symptothermal Method
 - 1.4.3.2. Cervical Mucus Record
 - 1.4.3.3. Cervical Height Record
 - 1.4.4. Testing of People with Ovaries and/or Uterus
 - 1.4.5. Fertility in the Reaffirmation of Sexual Identity
- 1.5. Fertility: Testicles
 - 1.5.1. Gamete Formation
 - 1.5.2. Cycle of Sperm Formation/Regeneration
 - 1.5.3. Habits that Can Affect Fertile Potential
 - 1.5.4. Tests for People with Testicles
 - 1.5.5. Fertility in the Reaffirmation of Sexual Identity





- 1.6. Treatments in Assisted Reproduction I
 - 1.6.1. Directed Sexual Intercourse (DSR)
 - 1.6.2. Artificial Insemination with the Partner's Sperm
 - 1.6.3. Artificial Insemination with Donor Sperm
- 1.7. Treatments in Assisted Reproduction II
 - 1.7.1. In Vitro Fertilization (IVF)
 - 1.7.2. Intracytoplasmic Sperm Injection (ICSI)
 - 1.7.3. Blastocyst Culture
 - 1.7.4. Preimplantational Genetic Diagnosis (PGD)
- 1.8. Sexological Support during the Search for Pregnancy
 - 1.8.1. Impact of the Assisted Reproduction Process on the Erotic Desire
 - 1.8.2. Sexual Satisfaction with a Diagnosis of Infertility
- 1.9. Fertility Myths
 - 1.9.1. Probability of Pregnancy
 - 1.9.2. Positions that Favor Pregnancy
 - 1.9.3. Orgasm and Fertility
 - 1.9.4. Effectiveness of Fertility Techniques
 - 1.9.5. Ejaculatory Abstinence and Fertility
- 1.10. Sexual Health Promotion
 - 1.10.1. Difference between Prevention and Promotion
 - 1.10.2. Sexual Health Promotion Tools

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If you are looking to become an expert nurse in sexual health promotion then don't hesitate, this Postgraduate Certificate is for you!”

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

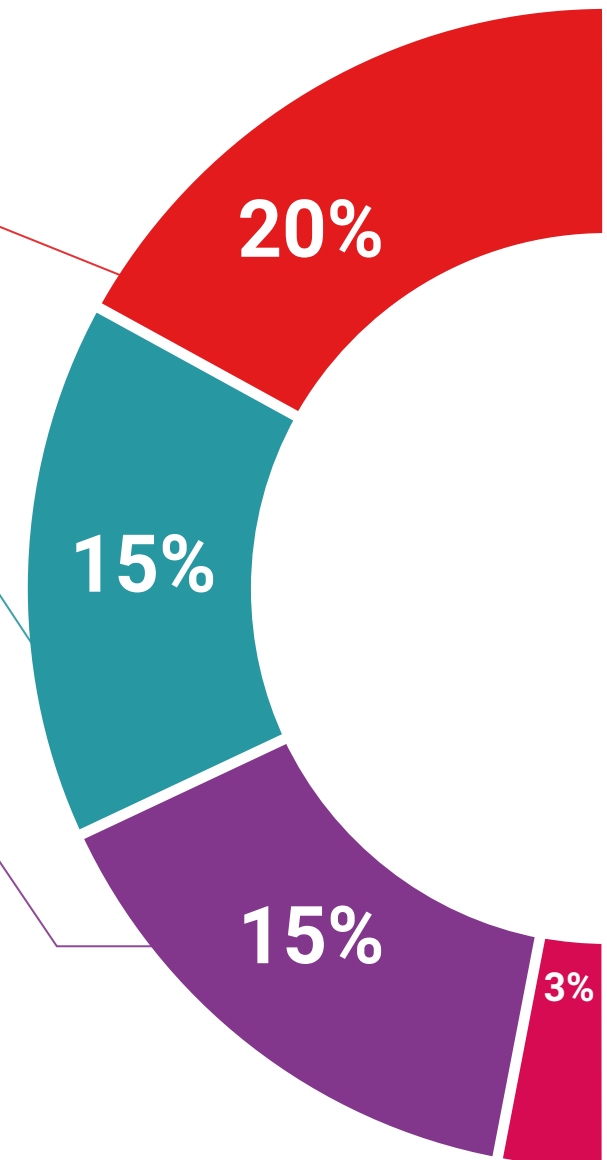
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

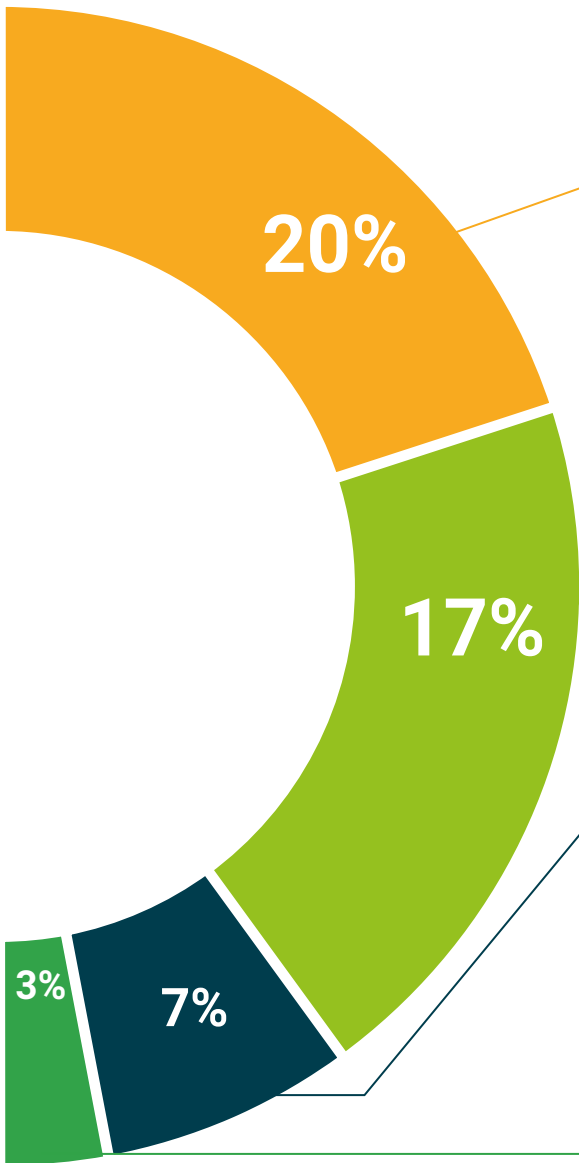
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

Certificate

The Postgraduate Certificate in Sexual and Reproductive Health for Nursing guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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*Successfully complete this program
and receive your university qualification
without having to travel or fill out
laborious paperwork”*

This **Postgraduate Certificate in Sexual and Reproductive Health for Nursing** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Sexual and Reproductive Health for Nursing**

Official N° of Hours: **150 h.**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
development language
virtual classroom



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