

Postgraduate Certificate

Psychological Differences of People for Nurses



Postgraduate Certificate Psychological Differences of People for Nurses

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 4 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/nursing/postgraduate-certificate/psychological-differences-people-nurses

Index

01

Introduction

p. 4

02

Objectives

p. 8

03

Course Management

p. 12

04

Structure and Content

p. 18

05

Methodology

p. 22

06

Certificate

p. 30

01

Introduction

Intelligence or Personality are the two characteristics that make the biggest difference in a person's behavioral and attitude patterns. Recognizing these distinctions and knowing how to manage them appropriately is an indispensable aspect to guarantee quality care and promote the well-being of those individuals with Mental Health problems by nurses. In this context, TECH has created this program, which will enable this professional to increase their knowledge in relation to the differences in the way of being and acting or in the Creativity between people. In a 100% online way and combining it with their work and personal tasks, they will completely improve their health competences.





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Expand your knowledge, with this program, on the differences of Personality and Intelligence between different types of people”

Individuals possess a number of characteristics that make them unique and completely distinguished from others. Therefore, the way of being or acting in different circumstances or Creativity are significant differences that allow people to respond in different ways to the same stimuli or problems that arise. Because of this, it is essential for nurses to know these peculiarities and know how to apply them properly in their working environment to offer individualized care and adapted to the needs of each patient

For this reason, TECH has designed this Postgraduate Certificate, through which the student will acquire the best skills in relation to the psychological differences that occur between people or different groups of them. Throughout this academic journey, you will master the main distinctions of Intelligence or delve into those that make up the Personality. Likewise, you will identify current cognitive styles or detect the forms that the anxiety has to manifest and address in each individual according to their own psychological characteristics.

Since this program is developed using a completely online methodology, the student will get the possibility to manage their own time at will to obtain an effective learning. Likewise, the teaching materials you will access are available in cutting-edge formats such as the explanatory video, interactive summary or self-assessment tests. With this, TECH's goal is to provide its students with a teaching based fully on their academic requirements.

This **Postgraduate Certificate in Psychological Differences of People for Nurses** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of practical case studies presented by experts in Mental Health for Nursing
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions for experts, discussion forums on controversial issues and individual reflection work
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



Improve your skills in addressing anxiety based on the psychological characteristics of each person thanks to this qualification"

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Adapt your teaching to your study preferences through the different multimedia and textual media in which the didactic contents of this program are presented”

The program's teaching staff includes professionals in the field who contribute their work experience to this degree as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the students will be assisted by an innovative interactive video system created by renowned and experienced experts.

With this course, you will learn 100% online and without having to travel daily to study centers.

Understand perfectly the differences between different social groups to adapt the treatment to your patients based on their particular characteristics.



02

Objectives

The design of this Postgraduate Certificate has been made with the idea of providing the nursing professional with the most relevant and up-to-date knowledge on the psychological differences between different types of people. During this program, you will be able to identify these particularities according to the age or sex of each individual, acquiring cutting-edge skills through the monitoring of these general and specific objectives.



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Increase your knowledge regarding the main intragroup psychological differences depending on the age or sex of the individuals”



General Objectives

- Explain the diagnosis, etiology, pathophysiology, and prevention of mental illness
- Identify risk factors for mental illness
- Identify signs and symptoms that indicate mental illness
- Develop techniques to explain and apply patient self-care to prevent mental health disorders





Specific Objectives

- ◆ Describe the characteristics of differential psychology
- ◆ Define Interindividual Differences: Intelligence, Creativity, and Personality
- ◆ Explain the different psychological styles, cognitive styles and their relationship to anxiety
- ◆ Establish intragroup differences: Age, Sex, Race, and Social Class
- ◆ Expand knowledge of intellectual disability in childhood



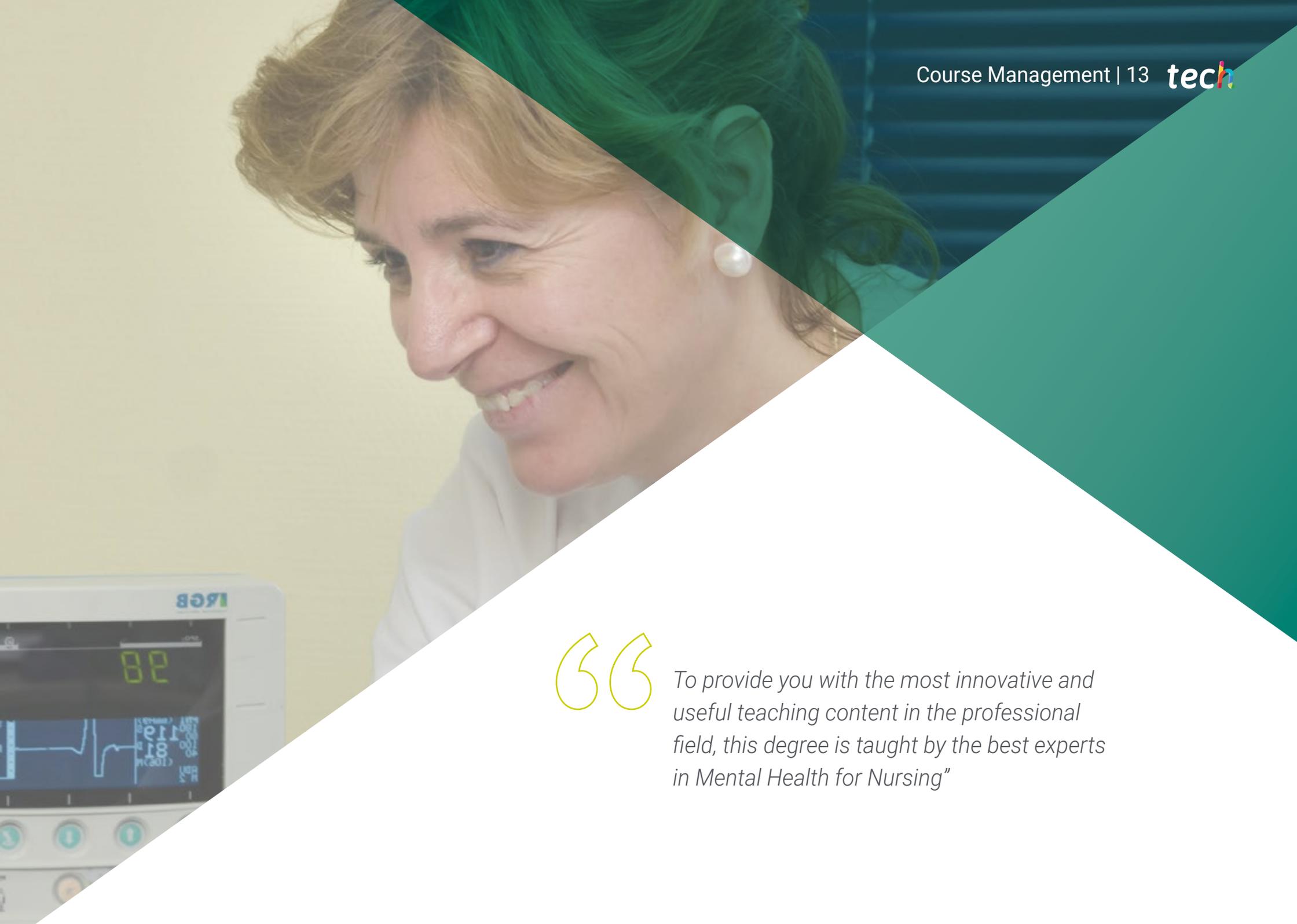
Improve your care of your patients from the point of view of psychology through this TECH Postgraduate Certificate"

03

Course Management

In order for TECH to grant its students a first level teaching, this qualification is directed and taught by professionals who have extensive experience in the area of Mental Health for Nursing, the result of their years of work in various reference hospitals. These experts are in charge of developing the teaching resources that the student will have throughout their academic experience. Given this reason, all the content you will receive will be applicable in your day-to-day work.





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To provide you with the most innovative and useful teaching content in the professional field, this degree is taught by the best experts in Mental Health for Nursing”

Management



Ms. Peña Granger, Mercedes

- Head of Adult Psychiatry Nursing Unit at HGUGM
- Mental Health EIR tutor in the Multidisciplinary Teaching Unit at HGUGM
- Associate Professor at the University of Comillas and the University of Rey Juan Carlos
- Diploma in Nursing from the University Complutense de Madrid
- Diploma in Psychosomatic Nursing from the University Complutense de Madrid
- Degree in Social and Cultural Anthropology, from the University Complutense de Madrid
- Degree in Nursing from the University of Rey Juan Carlos
- Specialist in Mental Health. Ministry of Health
- Master's Degree in the Humanization of Health Institutions from the European University of Madrid



Mr. Lozano Alonso, Raúl

- ♦ Head of Nursing of the Drug Addiction Disorders Unit at Hestia Esquerdo Hospital
- ♦ President of the Madrid Association of Mental Health Nurses
- ♦ Professor at the University School of Nursing of the Red Cross from the Autonomous University of Madrid
- ♦ Personalized Trainer in MIR exams at CEMIR-Team POE
- ♦ Faculty member of Nus Agency
- ♦ Nursing Services in Quirónsalud
- ♦ Community Care Nurse in the Madrid Health Service (SERMAS)
- ♦ University Professor at Rey Juan Carlos University
- ♦ Assistant University Professor at the Autonomous University of Madrid
- ♦ Diploma in Nursing
- ♦ Specialist Nurse in Mental Health via EIR entrance exams
- ♦ Master's Degree in Nursing Sciences
- ♦ Master's Degree in Health Services Management and Telemedicine

Professors

Ms. Cunillera Llorente, Alicia Hatshepsut

- ◆ Specialist Nurse in Mental Health
- ◆ Nurse of the Short Psychiatric Hospitalization Unit at the Gregorio Marañón General University Hospital, Madrid
- ◆ Nurse of the Food Disorders Unit at the Gregorio Marañón General University Hospital, Madrid
- ◆ Nurse from the Personality Disorders Unit at the PhD Rodríguez Lafora Hospital
- ◆ Speaker at congresses and conferences specialized in Mental Health
- ◆ Degree in Nursing from the Pontificia de Comillas University

Ms. Borrego Espárrago, María Victoria

- ◆ Nursing Supervisor of in Hospitalization at the Riber Juan Bravo Hospital Complex
- ◆ Nurse Mental Health Specialist at Sisters Hospitals of the Sacred Heart of Jesus
- ◆ Nursing Supervisor of the Psychosocial Rehabilitation Area at the San Miguel Clinic
- ◆ Author of numerous Specialized publications
- ◆ Diploma in Nursing from the Autonomous University of Madrid
- ◆ Diploma in Nursing by EUE Red Cross
- ◆ Postgraduate Diploma Degree in Health Services Management through the University CEU Cardenal Herrera
- ◆ Member of: Board of Directors of the Spanish Association of Nursing of Mental Health and Advisory Commission of Care of the Regional Office of the Community of Madrid





Ms. González Palomar, María Esther

- ◆ Specialist Nurse in Mental Health
- ◆ Head of the Nursing Unit of Adolescent Psychiatry at the Gregorio Marañón University General Hospital
- ◆ Postgraduate Certificate in Nursing from the Complutense University
- ◆ Postgraduate Certificate in Social Work at Complutense University
- ◆ Specialist in Mental Health Nursing
- ◆ University Diploma in Surgical Nursing
- ◆ University Diploma in Coronary Unit Nursing
- ◆ University Diploma in Psychiatric Nursing

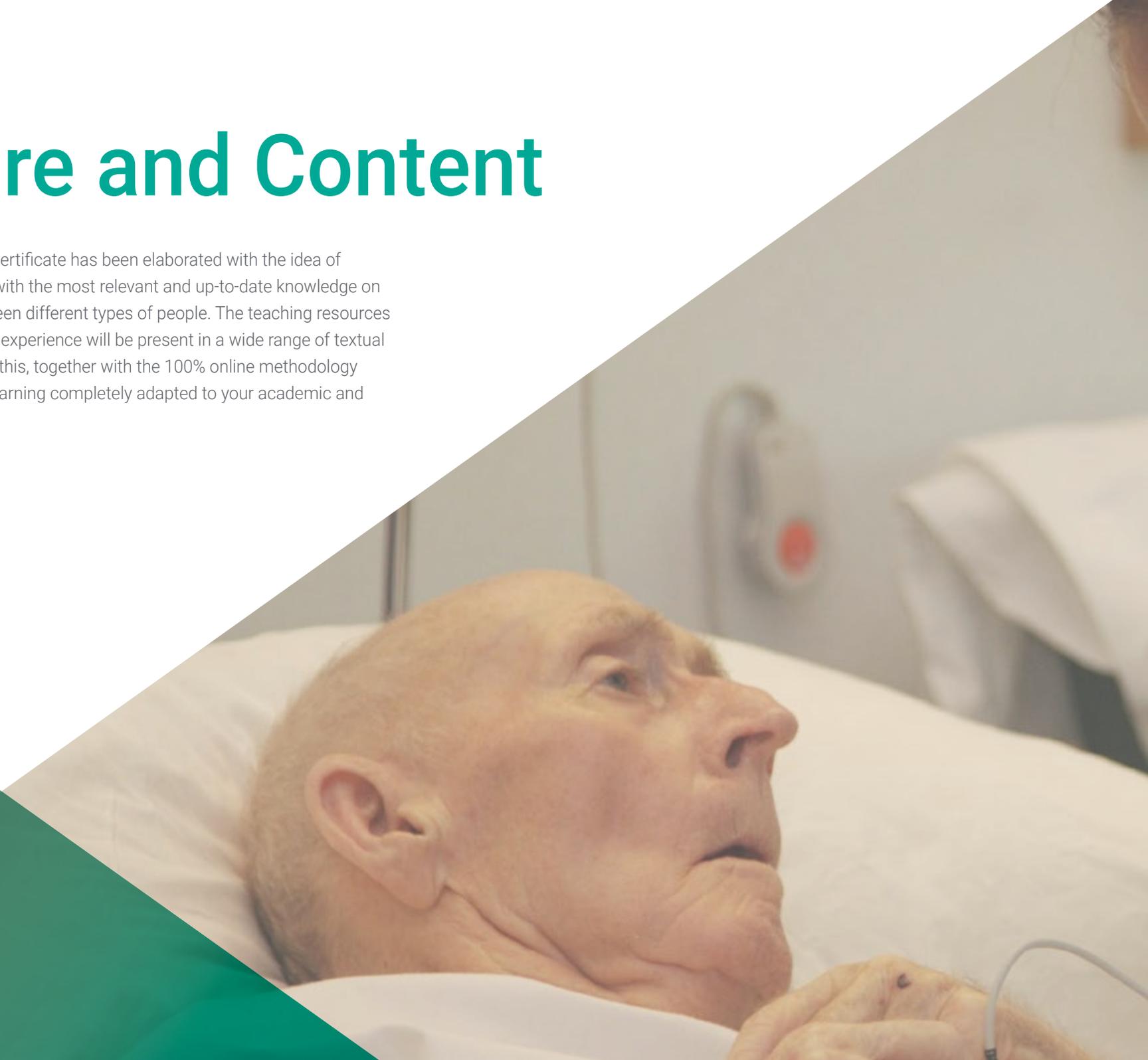
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A unique, key, and decisive educational experience to boost your professional development”

04

Structure and Content

The syllabus of this Postgraduate Certificate has been elaborated with the idea of providing the nursing professional with the most relevant and up-to-date knowledge on the psychological differences between different types of people. The teaching resources available throughout this academic experience will be present in a wide range of textual and multimedia media. Because of this, together with the 100% online methodology of this qualification, you will get a learning completely adapted to your academic and personal requirements.



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Through this curriculum, designed by experts in Mental Health for Nursing, you will learn about psychological differences with applicability in your professional life"

Module 1. Psychological Differences between Individuals

- 1.1. Introduction to Differential Psychology
 - 1.1.1. Introduction
 - 1.1.2. Differential Psychology
 - 1.1.3. The Features of Differential Psychology
 - 1.1.4. Problems Raised by Differential Psychology
 - 1.1.5. Ultimate Determinants of Behavioral Differences
 - 1.1.6. Research Strategies
- 1.2. Interindividual Differences: Intelligence, Creativity, and Personality
 - 1.2.1. Intelligence
 - 1.2.2. Creativity
 - 1.2.3. Personality
- 1.3. Interindividual Differences: Psychological Styles, Cognitive Styles, and Anxiety
 - 1.3.1. Introduction
 - 1.3.2. Psychological Styles
 - 1.3.3. Cognitive Styles
 - 1.3.4. Cognitive Control
 - 1.3.5. Anxiety
- 1.4. Intragroup Differences: Age, Sex, Race, and Social Class
 - 1.4.1. Introduction
 - 1.4.2. Differences according to Age
 - 1.4.3. Differences according to Sex/Gender
 - 1.4.4. Differences according to Race
 - 1.4.5. Differences according to Social Characteristics
 - 1.4.6. Bilingualism





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Enjoy the most up-to-date didactic contents of the pedagogical market in Psychological Differences of People for Nursing when enrolling in this degree”

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

Certificate

The Postgraduate Certificate in Psychological Differences of People for Nurses guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.





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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This program will allow you to obtain your **Postgraduate Certificate in Psychological Differences of People for Nurses** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Psychological Differences of People for Nurses**

Modality: **online**

Duration: **6 weeks**

Accreditation: **4 ECTS**



future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
development language
virtual classroom



Postgraduate Certificate

Psychological Differences of People for Nurses

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