

Postgraduate Certificate Aesthetic Nursing Skin





Postgraduate Certificate Aesthetic Nursing Skin

- » Modality: online
- » Duration: 8 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitute.com/pk/nursing/postgraduate-certificate/aesthetic-nursing-skin

Index

01

Introduction

p. 4

02

Objectives

p. 8

03

Structure and Content

p. 16

04

Methodology

p. 20

05

Certificate

p. 28

01

Introduction

The skin is a very large and complex organ. It is also the fundamental element that determines people's appearance and is exposed to enormous daily wear and tear, so it needs special care. Aesthetic nursing is one of the disciplines that can contribute the most in this sense, and that is why its professionals have within their reach the ability to contribute to the health of their patients by applying innovative treatments. This degree offers students all the necessary knowledge to become experts in skin care, so that they can master all the techniques of aesthetic care applied to this organ.



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The skin determines people's appearance: know it in depth and apply the best existing treatments in aesthetic nursing"

Of the organs that make up the human body, the skin is one of the most important. Aesthetically, it is the most visible part of people, so it influences both socially and emotionally, so it should be treated with the importance it deserves.

But, although it may seem simple, it is an extremely complex organ that should be known in depth to be able to apply the appropriate treatments according to the existing pathology. And in the case of aesthetics, mastering this knowledge can make the techniques used solve the problems found in patients, making them feel better about themselves thanks to the improvement experienced.

Thus, this Postgraduate Certificate in Aesthetic Nursing: La Piel offers its students the possibility of specializing in this field, obtaining the necessary skills and competencies to be able to apply innovative skin treatments to their patients, who will know that they are in the best hands thanks to the quality of the treatment they will receive.

This Postgraduate **Certificate in Aesthetic Nursing: Skin** contains the most complete and up-to-date educational program on the market. The most important features include:

- ♦ Developing practical cases presented by experts in Esthetic Nursing
- ♦ The graphic, schematic, and eminently practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice.
- ♦ Practical exercises where self-assessment can be used to improve learning.
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



Get to know the skin in depth and offer your patients the most appropriate solutions to their problems"

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The skin is one of the most important organs of the body and with this Postgraduate Certificate you will know everything about how it works"

The program's teaching staff includes professionals from the sector who contribute their work experience to this training program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will allow the professional a situated and contextual learning, that is, a simulated environment that will provide an immersive training programmed to train in real situations.

This program is designed around Problem Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

Your patients will not want to be cared for by another nurse.

This qualification is what you need to progress. Enroll now and check it out.



02 Objectives

The main objective of this Postgraduate Certificate in Aesthetic Nursing: La Piel is to provide its students with the necessary knowledge to become experts in this organ and thus be able to apply the best treatments and techniques to their patients. In this way, nursing professionals pursuing this degree will be able to offer new and innovative services that will make them stand out from the rest. There is, therefore, no better qualification than this one to get to know the skin in depth.



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*You will achieve all your goals thanks
to this Postgraduate Certificate"*



General Objectives

- Update and reinforce the knowledge in dermatology necessary for the correct care of esthetic nursing patients
- Know the general characteristics of the skin and its anatomy
- Know how to differentiate and deal with the most common topical pathologies today
- Know the basic characteristics of dermo-esthetic treatments for the face
- Know the basic characteristics of dermo-esthetic treatments for the Bodies
- In-depth study of the most effective hair care treatments currently available



*By specializing you will be a nurse
with numerous career opportunities
that will advance you"*





Specific Objectives

- ◆ Know the anatomical structures of the skin
- ◆ Know the different approaches for facial and body flaccidity and volume loss
- ◆ Analyze the different functions of the skin
- ◆ Know which are the different skin cares according to the patient's stage of life
- ◆ In-depth knowledge of the effects of solar radiation on the skin and the different means of photoprotection
- ◆ Learn the different types of Skin
- ◆ Understanding the basics of facial hygiene
- ◆ Know the different moisturizing techniques for the skin

03

Structure and Content

The contents of this Postgraduate Certificate in Aesthetic Nursing: Skin Designed by great specialists in this organ and its aesthetic treatments. Thus, throughout the module that makes up this degree, students will learn everything about hair, nails, sebaceous and sweat glands, metabolism, temperature regulation and different cares of this organ in the different stages of life, among many other elements.





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*You won't find a better program
with which to specialize in aesthetic
skin nursing"*

Module 1. Skin

- 4.1. Skin Anatomy and Structure of the Skin
- 4.2. Skin Appendages
 - 4.2.1. Hair
 - 4.2.2. Nails
 - 4.2.3. Sebaceous Glands
 - 4.2.4. Sweat Glands
- 4.3. Skin Functions and Elementary Lesions
 - 4.3.1. Protection
 - 4.3.2. Metabolism
 - 4.3.3. Temperature Regulation
 - 4.3.4. Sensory
 - 4.3.5. Excretory
 - 4.3.6. Energy Reserve
- 4.4. Care of the Skin in the Different Stages of Life: Neonatal, Pediatrics, Adolescent, Adult, Geriatric, Pregnancy
 - 4.4.1. Neonatal
 - 4.4.2. Paediatric
 - 4.4.3. Adolescent
 - 4.4.4. Adult
 - 4.4.5. Geriatric
 - 4.4.6. Pregnancy
- 4.5. Embryology of the Skin and Skin Appendages
 - 4.5.1. Skin Development
 - 4.5.2. Hair Development
 - 4.5.3. Nail Development
 - 4.5.4. Skin Gland Development
- 4.6. Skin Types
 - 4.6.1. Density
 - 4.6.2. Skin Emulsion
 - 4.6.3. Skin Phototype
 - 4.6.4. Status
- 4.7. Skin Hygiene
- 4.8. Types of Face and Body Hygiene Treatment
- 4.9. Skin Cleansing
 - 4.9.1. Superficial Cleansing of the Face and Body
 - 4.9.2. Deep Skin Cleansing
 - 4.9.3. Specific Techniques for Deep Skin Cleansing
 - 4.9.4. Facial Cleansing Treatment Steps
 - 4.9.5. Body Cleansing Treatment Steps
 - 4.9.6. Tools and Materials Used in Hygiene Treatments
- 4.10. Skin Hydration
 - 4.10.1. Manual Techniques
 - 4.10.2. Materials and Technical Methods
 - 4.10.3. Specific Cosmetics
 - 4.10.4. Equipment



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You will be a highly valued nursing professional in your environment thanks to this Postgraduate Certificate"

04 Methodology

This training provides you with a different way of learning. Our methodology uses a cyclical learning approach: ***Re-learning***.

This teaching system is used in the most prestigious medical schools in the world, and major publications such as the ***New England Journal of Medicine*** have considered it to be one of the most effective.



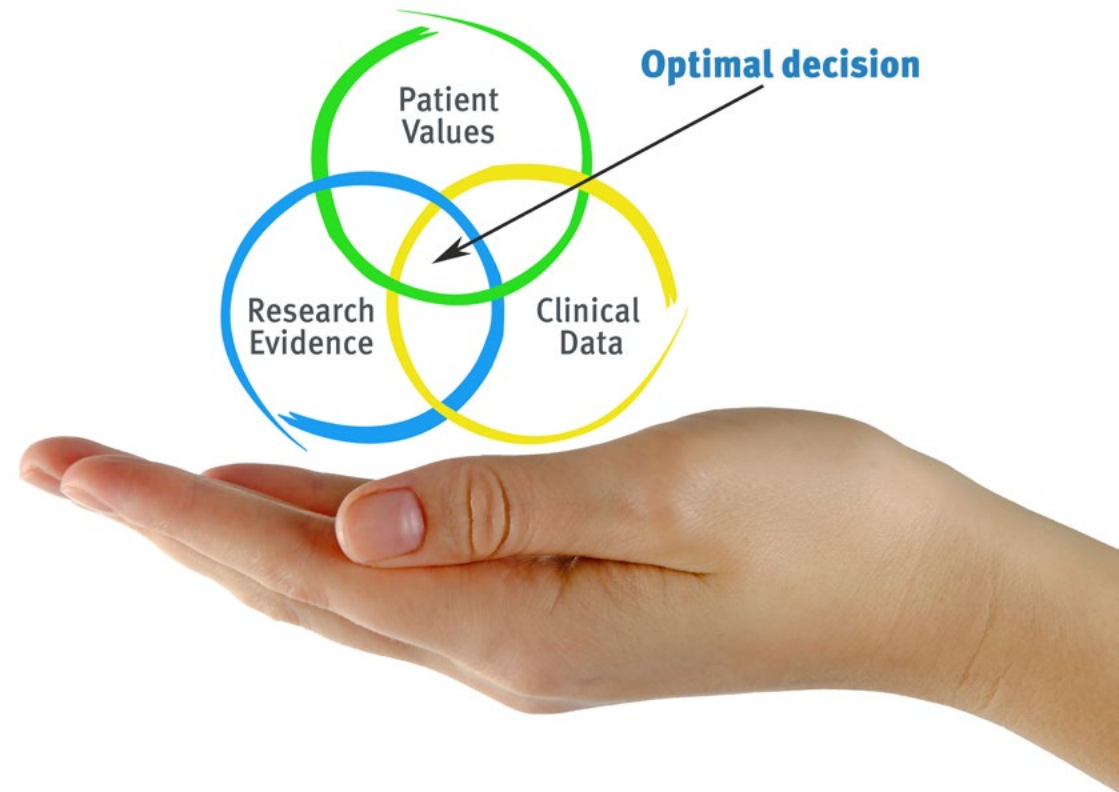
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Discover Re-learning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization".

At TECH Nursing School we use the Case Method

In a given clinical situation, what would you do? Throughout the program, you will be presented with multiple simulated clinical cases based on real patients, where you will have to investigate, establish hypotheses and, finally, resolve the situation. There is abundant scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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Did you know that this method was developed in 1912 at Harvard for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method.

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the university program.



Re-Learning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our University is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.

The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success, in all specialties regardless of from the workload. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

Re-learning will allow you to learn with less effort
and better performance, involving you more in
your specialization, developing a critical mindset,
defending arguments, and contrasting opinions:
a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (we learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



In this program you will have access to the best educational material, prepared with you in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current nursing procedures and techniques. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

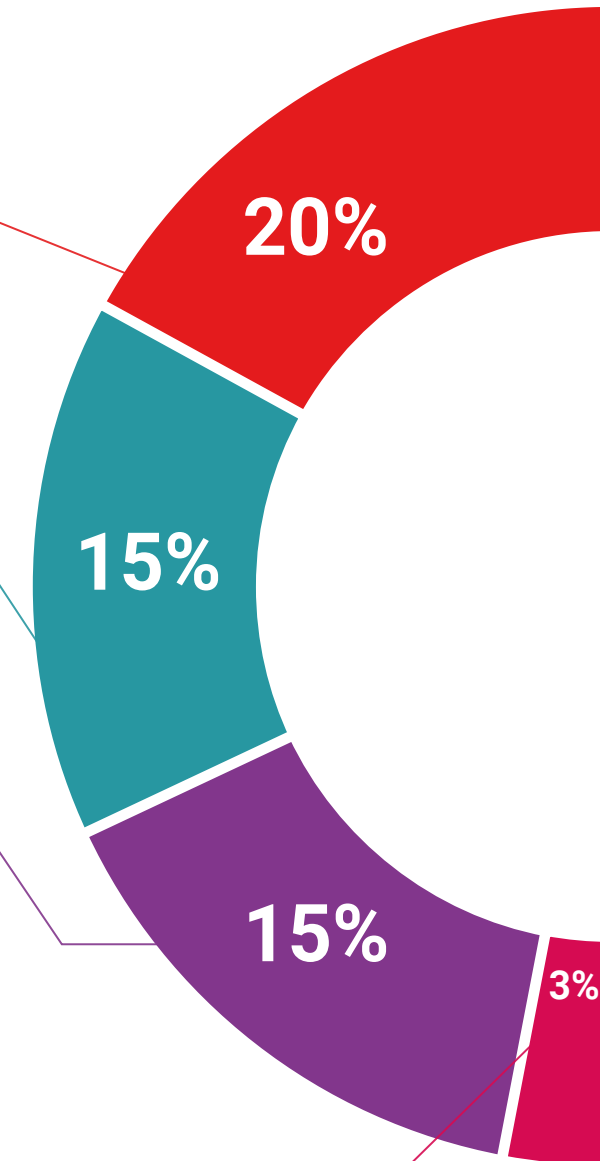
We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

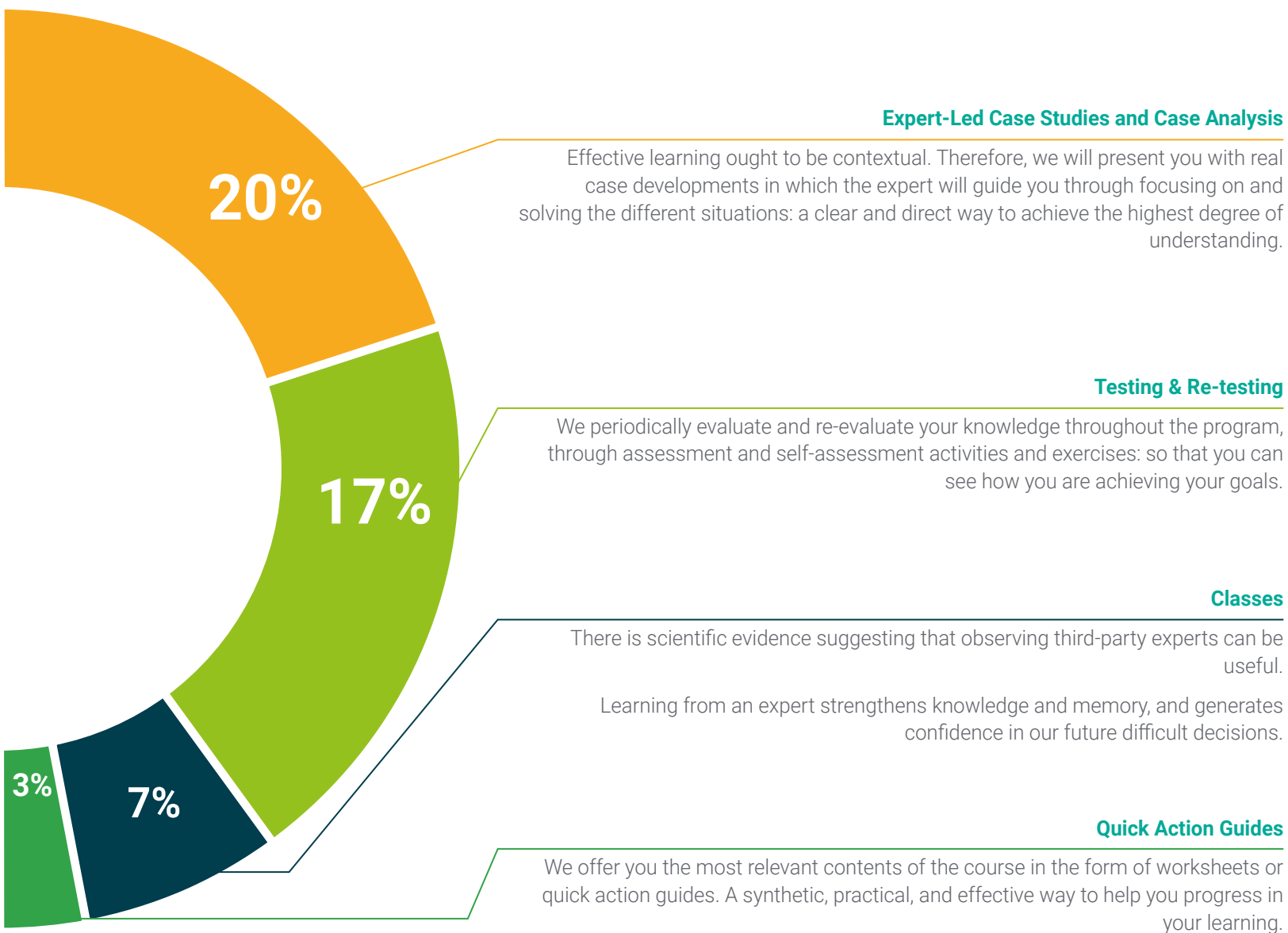
This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents, international guides. in our virtual library you will have access to everything you need to complete your training.





05 Certificate

This Postgraduate Certificate in Aesthetic Nursing: Skin Guarantees, in addition to the most rigorous and updated training, access to a University Course Degree issued by TECH - Technological University.



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*Successfully complete this training and
receive your diploma without the hassle of
travel or paperwork”*

This **Postgraduate Certificate in Aesthetic Nursing: Skin** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Aesthetic Nursing: Skin**

Official N° of Hours: **150 hours**.



future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
online training
development
virtual classroom



**Postgraduate
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