

Postgraduate Certificate

Phytotherapy and Herbal Medicines





Postgraduate Certificate

Phytotherapy and Herbal Medicines

Course Modality: Online

Duration: 6 weeks

Certificate: TECH Technological University

Teaching Hours: 100 h.

Website: www.techtute.com/nursing/postgraduate-certificate/phytotherapy-herbal-medicines

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01

Introduction

Physiotherapy as approached by Nursing offers professionals an interesting and active way of working. This program will provide students with the most comprehensive training in Phytotherapy intervention using herbal drugs and other applications, enabling them to act as specialists in the field.





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Include the benefits of Phytotherapy in your nursing practice and take a leap in quality”

At present there is a scientific basis that supports the efficacy of many phytotherapeutic products for certain conditions. Phytotherapy should be used in therapeutics to deal with the situations it has proven to be useful and safe.

For phytotherapeutics to be effective, the proper preparations must be made, both in terms of indications and form of administration.

This program offers a current vision of Phytotherapy and its application in the health field, including the latest contributions and advances. The contents are guaranteed by the teaching staff on the program, since they have all worked in the field of Phytotherapy, or in a related one, in some way, shape or form. Thus, students will learn based on our professors' experience and on evidence-based medicine, which results in training them to be more effective and accurate. Given, on the one hand, that different train university programs generally lack a deep and continuously updated training program on Phytotherapy; and, on the other hand, that current health trends lean toward safe and effective natural remedies, students must be offered the possibility of expanding their knowledge and therapeutic skills with greater training in the use of medical plants, both from a professional and academic perspective so as to prepare themselves for the future in the field.



The latest advances in Phytotherapy compiled based on the latest scientific evidence for the most advanced Nursing professional"

This **Postgraduate Certificate in Phytotherapy and Herbal Medicines** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The latest technology in online teaching software
- ♦ A highly visual teaching system, supported by graphic and schematic contents that are easy to assimilate and understand
- ♦ Practical cases presented by practicing experts
- ♦ State-of-the-art interactive video systems
- ♦ Teaching supported by telepractice
- ♦ Continuous updating and recycling systems
- ♦ Autonomous learning: full compatibility with other occupations
- ♦ Practical exercises for self-evaluation and learning verification
- ♦ Support groups and educational synergies: questions to the expert, debate and knowledge forums
- ♦ Communication with the teacher and individual reflection work
- ♦ Content that is accessible from any fixed or portable device with an Internet connection
- ♦ Supplementary documentation databases are permanently available, even after the course

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A program that will allow you to balance your training with other occupations and gain access from anywhere with total flexibility”

Our teaching staff is made up of working specialists. In this way, we ensure that we provide you with the training update we are aiming for. A multidisciplinary team of physicians trained and experienced in different environments who will cover the theoretical knowledge in an efficient way, but, above all, who will put the practical knowledge derived from their own experience at the service of the program: one of its differential qualities.

This mastery of the subject is complemented by the effectiveness of the methodology used in the design of this course. Developed by a multidisciplinary team of *e-learning* experts, it integrates the latest advances in educational technology. This way, you will be able to study with a range of comfortable and versatile multimedia tools that will give you the operability you need in your training.

The design of this program is based on Problem-Based Learning: an approach that conceives learning as a highly practical process. To achieve this remotely, TECH uses telepractice learning: with the help of an innovative, interactive video system and *Learning from an Expert*, you will be able to acquire the knowledge as if you were actually dealing with the scenario you are learning about. A concept that will allow you to integrate and fix learning in a more realistic and permanent way.

This program offers training in simulated environments, which provides an immersive learning experience designed to train for real-life situations.

Our innovative telepractice concept will give you the opportunity to learn through an immersive experience, which will provide you with a faster integration and a much more realistic view of the contents: “Learning from an Expert.”



02 Objectives

This training will allow students to define the limits of the use of Phytotherapy in order to use it safely on patients, so they can make the right decisions in prevention and treatment.





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The objective of this training is to offer nurses a compendium of knowledge focused on the practice that will allow them to support the well-being of patients using Phytotherapy”



General Objectives

- ♦ Define the therapeutic limits of Phytotherapy and identify the cases in which it can be used safely
- ♦ Describe the use of Phytotherapy oriented to the satisfaction of the needs derived from the patient's health problems and the prevention of complications, guaranteeing a safe and quality practice
- ♦ Solve cases related to the field of phytotherapy
- ♦ Explain the use and indication of medical devices, food supplements and/or drugs, assessing the expected benefits and associated risks
- ♦ Apply theoretical knowledge in daily practice





Specific Objectives

- ◆ Define what a drug is and distinguish it from an active ingredient
- ◆ Explain the protocols for drug recognition
- ◆ Define the main chemical groups of active ingredients, which are responsible for the activity of drugs and by extension of plants
- ◆ Explain techniques for the cultivation, collection, processing and conservation of medicinal plants
- ◆ Identify botanical nomenclature and species citation
- ◆ Classify plant groups according to current regulations
- ◆ Define the medicinal utility of mushrooms

“

Include among your capabilities the use of Phytotherapy with the intervention capacity that this high-quality course will deliver”

03

Course Management

For our course to be of the highest quality, we are proud to work with a teaching staff of the highest level, chosen for their proven track record. Professionals from different areas and fields of expertise that make up a complete, multidisciplinary team. A unique opportunity to learn from the best.



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With the expertise of industry professionals who will teach you based on the reality of the sector in a contextual and realistic learning experience”

Professors

Dr. Acero de Mesa, Nuria

- ♦ Doctor of Pharmacy
- ♦ Titular Professor Department of Pharmaceutical and Health Sciences
- ♦ Faculty of Pharmacy CEU San Pablo University

Dr. Allué Creus, Josep

- ♦ Doctor of Pharmacy
- ♦ Titular Professor Department of Animal Biology, Plant Biology and Ecology
- ♦ Autonomous University of Barcelona

Ms. Alonso Osorio, María José

- ♦ Specialist in Galenic and Industrial Pharmacy
- ♦ Postgraduate Diploma Degree in Advances in Phytotherapy Applied from the University of Montpellier
- ♦ Member of Medicinal Plants and Homeopathy, College of Pharmacists of Barcelona

Mr. Bachiller Rodríguez, Luis Ignacio

- ♦ Degree in Medicine and Surgery
- ♦ University Postgraduate Diploma Degree in Advances in Phytotherapy Applied and Medicinal Plants from the University of Montpellier
- ♦ President of the Asturian Society of Advances in Phytotherapy Applied

Dr. Balaguer Fernández, Cristina

- ♦ Doctor of Pharmacy
- ♦ Assistant Professor, Department of Pharmacy
- ♦ Faculty of Health Sciences CEU Cardenal Herrera University

Dr. Bejarano, María

- ♦ Doctor of Pharmacy
- ♦ Pharmacist in pharmacy office

Dr. Beltrán Montalbán, Estanislao

- ♦ Doctor of Medicine
- ♦ Specialist in obstetrics and gynecology

Dr. Beltrán Sanz, Vicente

- ♦ Doctor of Pharmacy
- ♦ Pharmacy office holder

Dr. Blanquer Hernández, Antonio

- ♦ PhD in Biology
- ♦ Titular Professor Department of Pharmacy
- ♦ Faculty of Health Sciences CEU Cardenal Herrera University

Ms. Buendía Sánchez, Esmeralda

- ♦ Technical Pharmaceutical Director
- ♦ Arkopharma Laboratories

Dr. Calatayud Pascual, Araceli

- ♦ Doctor of Pharmacy
- ♦ University Professor, Department of Pharmacy
- ♦ Faculty of Health Sciences CEU Cardenal Herrera University
- ♦ CEU Cardenal Herrera University

Dr. Carretero Accame, María Emilia

- ♦ Doctor of Pharmacy
- ♦ Professor, Department of Pharmacology
- ♦ Faculty of Pharmacy Complutense University of Madrid

Dr. Catalá, Pedro

- ♦ PhD in Pharmacy, cosmetologist
- ♦ Founder of Twelve Beauty

Dr. D'Ivernois Rodríguez, Araceli

- ♦ Degree in Pharmacy
- ♦ Technical Director, Drug Information Center
- ♦ Illustrious Official College of Pharmacists of Castellón

Dr. Dea Ayuela, María Auxiliadora

- ♦ Doctor of Pharmacy
- ♦ Full Professor, Department of Biomedical Sciences
- ♦ Faculty of Health Sciences, CEU Cardenal Herrera University

Mr. Folgado Bisbal, Ricardo V

- ♦ Degree in Pharmacy
- ♦ Member of the Very Illustrious Official College of Pharmacists of Valencia

Dr. García-Fontestad, Gema Alejandra

- ♦ Doctor of Pharmacy
- ♦ Pharmacist in pharmacy office

Dr. García Giménez, María Dolores

- ♦ Doctor of Pharmacy
- ♦ Professor of Pharmacy Department of Pharmacology
- ♦ Faculty of Pharmacy University of Seville

Dr. González Rosende, Eugenia

- ♦ Doctor of Pharmacy
- ♦ Full Professor, Department of Pharmacy
- ♦ Faculty of Health Sciences CEU Cardenal Herrera University

Dr. Güemes Heras, Jaime

- ♦ PhD in Biology
- ♦ Curator of the Botanical Garden, Cavanilles Institute of Biodiversity and Evolutionary Biology
- ♦ University of Valencia

Dr. Guerrero Masiá, María Dolores

- ♦ Doctor of Pharmacy
- ♦ University Professor, Department of Pharmacy
- ♦ Faculty of Health Sciences CEU Cardenal Herrera University

Ms. Ibars Almonacil, Ana

- ♦ Botany Teaching Unit
- ♦ University of Valencia

Ms. Izquierdo Palomares, Rosa

- ♦ Graduate in Pharmacy Community

Dr. León Bello, Gemma

- ♦ PhD in Public Health
- ♦ Degree in Pharmacy
- ♦ Associate Professor of Pharmacology at the CEU Cardenal Herrera University

Dr. Les Parellada, Francisco

- ♦ Doctor of Pharmacy
- ♦ Research teaching staff of the San Jorge University
- ♦ Member of the research group Plant Bioactive Principles

Mr. López Briz, Eduardo

- ♦ Specialist Pharmacist in Hospital Pharmacy Specialist in Industrial and Galenic Pharmacy
- ♦ Head of Pharmacy Section at Consellería de Sanidad
- ♦ Valencian Community

Dr. López Castellano, Alicia

- ♦ Doctor of Pharmacy
- ♦ Professor at Private University, Department of Pharmacy
- ♦ Faculty of Health Sciences CEU Cardenal Herrera University

Dr. López Ramos, Víctor

- ♦ Doctor of Pharmacy
- ♦ Associate Professor, Department of Pharmacy
- ♦ Faculty of Health Sciences San Jorge University of Zaragoza

Dr. Máñez Aliño, Salvador

- ♦ Doctor of Pharmacy
- ♦ Professor of Pharmacology, Department of Pharmacology
- ♦ Faculty of Pharmacy University of Valencia

Dr. Marín Vázquez, Marta

- ♦ Doctor of Pharmacy
- ♦ University Professor, Department of Pharmacy
- ♦ Faculty of Health Sciences CEU Cardenal Herrera University

Mr. Martín Almendros, Miguel

- ♦ Degree in Medicine and Surgery
- ♦ Secretary of the Working Group on Advances in Phytotherapy Applied SEMERGEN

Dr. Martín López, Teresa

- ♦ Doctor of Pharmacy
- ♦ Full Professor, Department of Pharmacology
- ♦ Faculty of Pharmacy University of Alcalá

Ms. Moreno Royo, Lucrecia

- ♦ Professor at Private University, Department of Pharmacy
- ♦ Faculty of Health Sciences CEU Cardenal Herrera University

Dr. Muñoz-Mingarro, Dolores

- ♦ PhD. in Biological Sciences
- ♦ Titular Professor Department of Chemistry and Biochemistry
- ♦ Faculty of Pharmacy CEU San Pablo University

Dr. Navarro Moll, Concepción

- ♦ Doctor of Pharmacy
- ♦ Professor of Pharmacology Department of Pharmacology
- ♦ Faculty of Pharmacy University of Granada

Dr. Noguera Romero, María Antonia

- ♦ Doctor of Pharmacy
- ♦ Full Professor, Department of Pharmacology
- ♦ Faculty of Pharmacy University of Valencia

Dr. Ortega Hernández-Agero, María Teresa

- ♦ Doctor of Pharmacy
- ♦ Full Professor, Department of Pharmacology
- ♦ Faculty of Pharmacy Complutense University of Madrid

Dr. Palomino Ruiz-Poveda, Olga

- ♦ Doctor of Pharmacy
- ♦ Associate Professor. Department of Pharmacology
- ♦ Faculty of Pharmacy Complutense University Madrid

Dr. Puchol Enguïdanos, Santiago Vicente

- ♦ Doctor of Pharmacy
- ♦ Pharmacist in pharmacy office

Ms. Reigada Ocaña, Inés

- ♦ Degree in Pharmacy
- ♦ Researcher at the University of Helsinki

Dr. Merino Llorens, Jose Luis

- ♦ Doctor of Pharmacy
- ♦ Professor of Pharmacology, Department of Pharmacology
- ♦ Faculty of Pharmacy University of Valencia

Dr. Rodilla Alama, Vicente

- ♦ PhD in Biology
- ♦ Full Professor, Department of Pharmacy
- ♦ Faculty of Health Sciences CEU Cardenal Herrera University

Dr. Sanahuja Santafé, Maria Amparo

- ♦ Doctor of Pharmacy
- ♦ Titular Professor Department of Pharmacy
- ♦ Faculty of Health Sciences CEU Cardenal Herrera University

Dr. Sánchez Thevenet, Paula

- ♦ PhD in Biochemistry
- ♦ Titular Professor Department of Biomedical Sciences
- ♦ Faculty of Health Sciences, CEU Cardenal Herrera University

Dr. Soriano Guarinos, Pilar

- ♦ Doctor of Pharmacy
- ♦ Full Professor, Department of Botany
- ♦ Faculty of Pharmacy University of Valencia

Ms. Tejerina, Eva

- ♦ Senior Consultant
- ♦ Apdena Consult S.L

Dr. Villagrasa, Victoria

- ♦ Doctor of Pharmacy
- ♦ Full Professor, Department of Pharmacy. Faculty of Health Sciences CEU Cardenal Herrera University



An impressive teaching staff, made up of professionals from different areas of expertise, will be your professors during your training: A unique opportunity not to be missed”

04

Structure and Content

The contents of this Postgraduate Certificate have been developed by the different experts on the course, with a clear purpose: to ensure that our students acquire each and every one of the necessary skills to become true experts in this field.



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All the applications of Phytotherapy in a Postgraduate Certificate that includes a complete and up-to-date compendium for nurses”

Module 1. Phytotherapy and Herbal Medicines

- 1.1. Phytotherapy: Definition and Scope of Use
- 1.2. Botanical Nomenclature and the Citation of Species in Phytotherapy
- 1.3. Current Classification of Plant Groups
- 1.4. Legislation and Registration of Herbal Medicines in Spain
- 1.5. Regulation of the European Market for Medicinal Herbal Preparations: Legal Regulations and Scope of Application
- 1.6. Cultivation, Collection, Processing and Preservation of Medicinal Plants
- 1.7. Plant-Based Drugs: Impact of Drug Recognition on the Quality of Phytotherapeutic Products
- 1.8. Mushrooms for Medicinal Use





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The knowledge necessary for you to acquire the practical skills of a specialist in Phytotherapy”

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





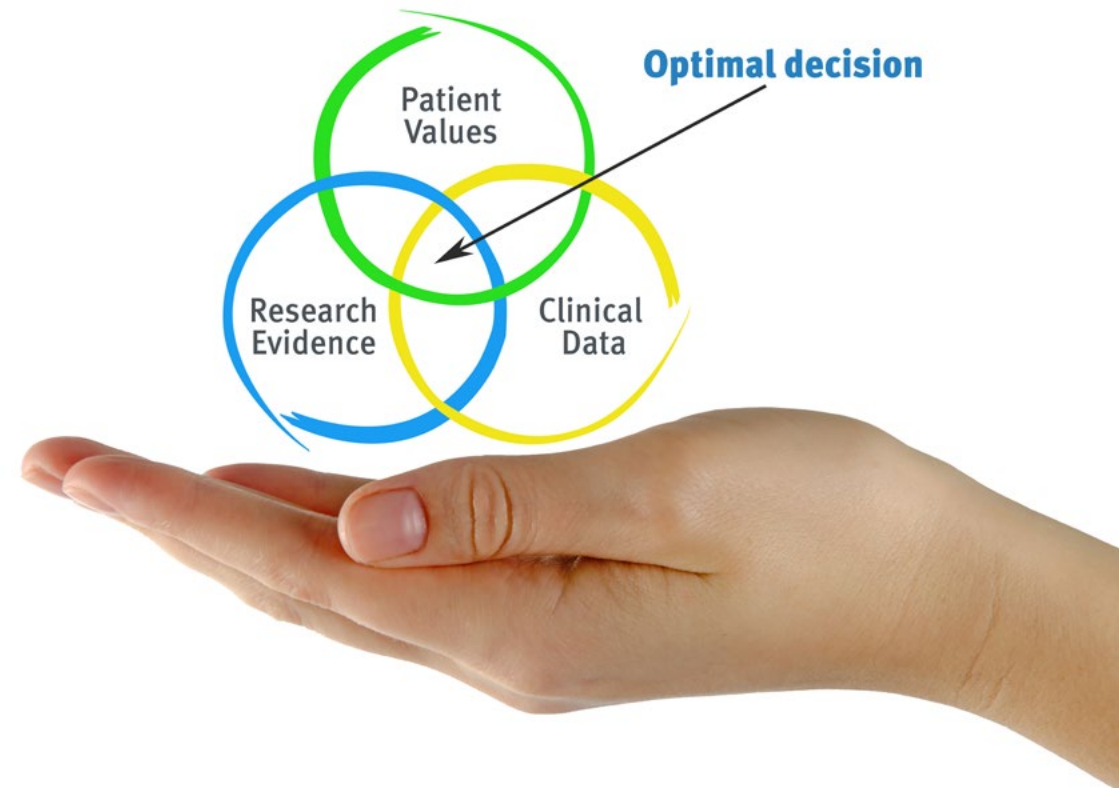
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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

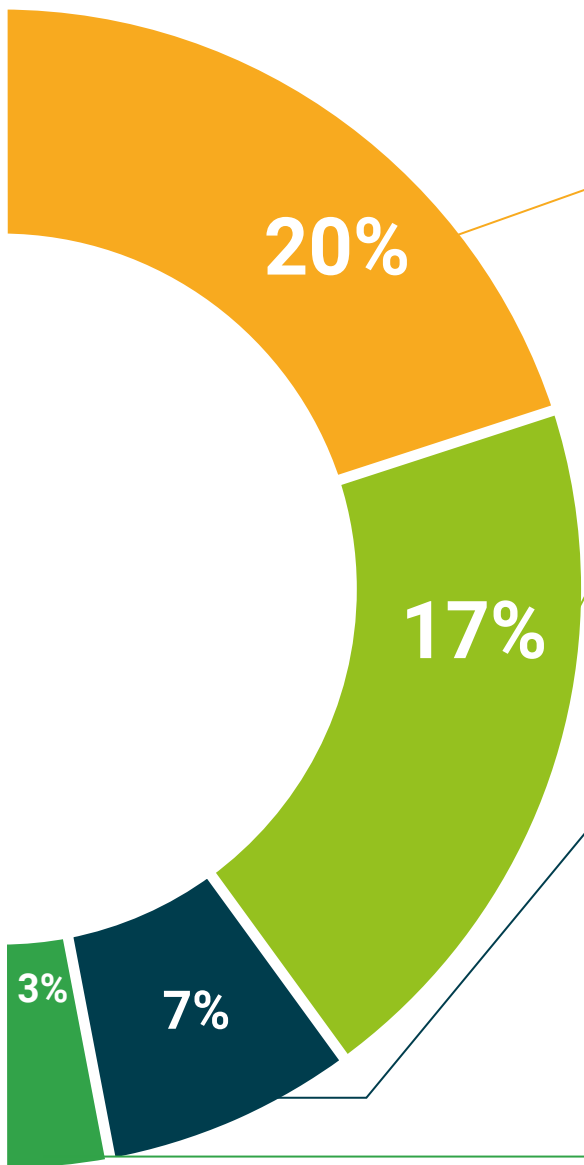
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.
Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06 Certificate

The Postgraduate Certificate in Phytotherapy and Herbal Medicines guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"

This **Postgraduate Certificate in Phytotherapy and Herbal Medicines** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations and professional from career evaluation committees.

Diploma: **Postgraduate Certificate in Phytotherapy and Herbal Medicines**

Official N° of Hours: **100 h.**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present quality
development languages
classroom



Postgraduate Certificate
Phytotherapy and Herbal
Medicines

Course Modality: **Online**

Duration: **6 weeks**

Certificate: **TECH Technological University**

Official N° of Hours: **100 h.**

Postgraduate Certificate Phytotherapy and Herbal Medicines

