

Postgraduate Certificate Parenting for Nursing





Postgraduate Certificate Parenting for Nursing

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/nursing/postgraduate-certificate/parenting-nursing

Index

01

Introduction

p. 4

02

Objectives

p. 8

03

Course Management

p. 12

04

Structure and Content

p. 18

05

Methodology

p. 22

06

Certificate

p. 30

01

Introduction

Nursing professionals, as essential witnesses in the family education, and thanks to the particular bond of trust that is created in their practice, have the capacity to evaluate the resources and adaptation to the new family roles, as well as the effectiveness of their conflict resolution strategies, from the prenatal period.

With this high-level program, students will learn the latest developments in the field from professionals with extensive experience in the sector. You will have access to the most innovative educational resources and knowledge in a program that stands out for the quality of its contents and its excellent teaching staff.



“

Combine your studies with your professional work while increasing your knowledge in the field of postpartum care thanks to this 100% online program”

This program will study the different family models that exist today, as well as the models of parental education. Concepts and strategies for conflict resolution will be discussed and session models for the promotion of positive parenting will be provided as an aid to their implementation in daily practice, as well as in health education session design.

In addition, situations that deviate from the healthy bond will be studied in depth, working with questionnaires that will help to evaluate and diagnose these deviations.

Child abuse is an extreme consequence of bond disruption, whereas psychological abuse is the most frequent type and also the most complex to detect. Therefore, it has been given special attention in this program.

It is necessary to educate children without resorting to physical punishment, which will help them to grow up to be healthy and become responsible citizens. This makes positive parenting the right of the child and the parents, who must respect minor rights.

The Council of Europe Recommendation (Recommendation Rec, 2006) endorses the importance of growing up in a positive family environment and urges the state's responsibility to create good conditions for this by providing parents with sufficient and adequate support. Spain has adopted the preventive approach in family intervention to strengthen parental capacities and empower communities, as well as adopting codes of good professional practice to safeguard children's rights and promote their development.

This **Postgraduate Certificate in Parenting for Nursing** contains the most complete and up-to-date scientific program on the market. The most important features include:

- The development of case studies presented by experts in Parenting for Nursing
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- The latest advancements in Parenting for Nursing
- Practical exercises where the self-assessment process can be carried out to improve learning
- Special emphasis on innovative methodologies in Parenting for Nursing
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



Don't miss this opportunity to study in the biggest private online university"

“

This Postgraduate Certificate is the best investment you can make when selecting a refresher program, for two reasons: in addition to updating your knowledge in Parenting for Nursing, you will obtain a qualification from TECH Technological University”

The teaching staff includes professionals from the field of Postpartum Nursing, who contribute their work experience to this program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby professionals must try to solve the different professional practice situations that arise throughout the program. For this purpose, professionals will be assisted by an innovative interactive video system developed by renowned and experienced experts in Parenting for Nursing.

It is essential that parents raise their children without resorting to violence.

Ongoing professional development will enable professionals to offer more personalized attention to families, advising them on positive parenting.



02

Objectives

This program in Parenting for Nursing is oriented to prepare nursing professionals for their daily work in the field of postpartum care.



“

If you want to specialize in the postpartum period, this is your best option to learn about the latest advances in the field”



General Objectives

- ♦ Update and expand the midwife's knowledge in the field of postpartum care in the hospital, health center and at home
- ♦ Obtain an integrated vision of the care required by women and their children during the postpartum period
- ♦ Understand the postpartum phase from a global and biopsychosocial point of view
- ♦ Facilitate the performance of midwives dedicated to women's and newborn care in the postpartum phase
- ♦ Help provide quality postpartum care based on scientific evidence
- ♦ Contribute to midwives' decision-making process in difficult situations
- ♦ Have the tools to achieve a multidisciplinary management in postpartum nursing
- ♦ Acquire the professional competencies necessary to offer a quality and up-to-date healthcare practice
- ♦ Apply the knowledge obtained when solving problems that may arise in practical situations in healthcare



Update your knowledge through this Parenting for Nursing program"





Specific Objectives

- ◆ Know the concept of "Positive Parenting" and its legal and institutional framework
- ◆ Know the criteria necessary for positive parenting
- ◆ Identify different types of family
- ◆ Learn how to use the tools to identify family needs
- ◆ Identify the different parental educational styles
- ◆ Understand the strategies necessary for coeducation
- ◆ Go into detail for the design of workshops to promote coeducation
- ◆ Improve knowledge about the tools necessary for the correct resolution of intra-family conflicts
- ◆ Identify and promote the necessary elements for the correct establishment of emotional attachment
- ◆ Identify types of attachment
- ◆ Broaden knowledge of assessment and diagnostic tools for bonding disorders
- ◆ Explore, in-depth, the different types of psychological abuse and their risk factors

03

Course Management

The program includes in its teaching staff reference experts in childbirth, who pour their work experience into this program. Additionally, other recognized specialists participate in its design and preparation, which means that the program is developed in an interdisciplinary manner.





“

We have an excellent team of professionals that will help you acquire the necessary skills to improve the care of your patients in the field of postpartum parenting”

Management



Ms. Grolimund Sánchez, Verónica

- Midwife in H.G.U. Gregorio Marañón General University Hospital, Madrid. Specialized in high-risk pregnancy and childbirth
- Diploma in Nursing from the Autonomous University of Madrid.
- Red Cross Nursing School
- Nursing Specialist in Obstetrics and Gynecology
- Professor in the Nursing Teaching Unit specializing in Obstetrics and Gynecology at H. G. U. Gregorio Marañón
- Teaching collaborator at H. G. U. Gregorio Marañón, tutoring and supervising EIR rotations in Family and Community Care
- Lecturer in the practical course on obstetric emergencies Obstetric Hemorrhage
- Nurse in special services such as emergency, URPA, ICU and neonatal ICU



Ms. Pallarés Jiménez, Noelia

- Midwife. Gregorio Marañón University Hospital
- University Diploma in Nursing at the University of Zaragoza
- Specialty in Obstetric-Gynecological Nursing (Midwife) at the Midwifery Teaching Unit of Catalonia, University of Barcelona.
- Postgraduate degree in sexual health Educational and community intervention University of Lérida Foundation
- Collaborating professor of the Midwifery Resident Teaching Unit of the University Hospital Gregorio Marañón as an expert in the area of maternal and newborn nursing
- Midwife in Primary Care in Barcelona. Catalan Institute of Health
- Midwife at the Hospital Universitario Clínic de Barcelona
- Obstetrical-Gynecological Specialty at the Germans Trias i Pujol Hospital in Badalona as a Midwife Resident.
- Nurse in the postpartum ward at the Miguel Servet University Hospital in Zaragoza

Professors

Mr. Burgueño Antón, Adrián

- ♦ Specialist in Gynecology and Obstetrics
- ♦ Supervisor in Maternal-Child Surgical Block at the University Hospital La Paz
- ♦ University Diploma in Nursing.
- ♦ Master's Degree in Health Management
- ♦ Surgical Nurse: Obstetrics and gynaecology. La Paz University Hospital
- ♦ Nurse Specialist: Midwife La Paz University Hospital
- ♦ UAM Collaborating Professor
- ♦ Midwifery Resident Internship Tutor

Ms. García Rodríguez, Laura

- ♦ Midwife in Fundación Jiménez Díaz Hospital
- ♦ Midwife at the Goya Health Center
- ♦ University Diploma in Nursing from E.U.E La Paz. Autonomous University of Madrid
- ♦ Expert in Emergency Nursing at FUDEN. Madrid
- ♦ Nurse specialist in Obstetrics and Gynecology at Hospital la Paz in Madrid. UD. Teacher in Madrid

Ms. Gutiérrez Munuera, Marta

- ♦ Midwife. Infanta Leonor Hospital
- ♦ Diploma in Nursing from the Autonomous University of Madrid. Puerta De Hierro EUE Hospital
- ♦ Specialist in obstetrics and gynecology, Complejo Hospitalario Universitario of Albacete
- ♦ Midwife. Gregorio Marañón University Hospital
- ♦ Nurse at the Argüelles Specialty Center.
- ♦ Nurse in hospitalization of traumatology and pneumology. Puerta De Hierro Hospital

Ms. Hernando Orejudo, Isabel

- ♦ Midwife at the University Hospital San Carlos in Obstetric Emergency Units, Delivery Room, High Obstetric Risk, fetal physiopathology and breastfeeding.
- ♦ IRN in Obstetric-Gynecological Nursing Midwifery Teaching Unit of Madrid, Hospital of San Carlos
- ♦ Outpatient Nurse at the University Hospital La Paz
- ♦ University Diploma in Nursing (DUE) University School of Nursing Puerta de Hierro. Autonomous University of Madrid
- ♦ Breastfeeding Consultant at the San Carlos Clinical Hospital
- ♦ Contributor in the implementation of the Obstetric Pain Guide at Hospital San Carlos
- ♦ Author of 'Protocolo de Atención al parto normal' en Hospital San Carlos

Ms. López Collado, Irene

- ♦ Obstetric Gynecological Nurse

Ms. Matesanz Jete, Consuelo

- ♦ Midwife. General Hospital of Segovia
- ♦ Midwife at Gregorio Marañón General University Hospital
- ♦ University Diploma in Nursing from the University of Alcalá, Spain
- ♦ Nurse specialized in Obstetrics and Gynecology
- ♦ Professional Master's Degree in Gender and Health, Rey Juan Carlos University.
- ♦ Certified Naces Method Professional
- ♦ Teaching collaborator in the Ceuta Midwifery Teaching Unit. Gregorio Marañón

Ms. Martín Jiménez, Beatriz

- ♦ Midwife in the delivery room and emergency obstetrics services at H.U. de Getafe.
- ♦ University Diploma in Nursing Universidad de Alcalá de Henares
- ♦ Specialist in Obstetric-Gynecological Nursing, Midwifery Teaching Unit UAM (HGU Gregorio Marañón)
- ♦ Nurse in the Neonatology and Flying Satellite Units in H.U. Infanta Leonor
- ♦ Midwife in the services of Delivery Room, Emergency OG and Obstetric High Risk Hospitalization in H.G.U. Gregorio Marañón
- ♦ Teacher in postgraduate training Obstetrics and Gynecology Nurse Practitioners and Pediatrics Nurse Practitioners

Ms. Ramírez Sánchez-Carnerero, Rosa María

- ♦ Midwife at the Hospital Virgen de Altagracia de Manzanares
- ♦ University Diploma in Nursing (D.U.E. University School of Nursing of Ciudad Real. University of Castilla-La Mancha. (UCLM)
- ♦ Obstetric - Gynecological Nurses: Midwife. Catalonia Midwifery Teaching Unit
- ♦ Graduate in Social and Cultural Anthropology
- ♦ Master's Degree in Social and Health Research
- ♦ Resident midwife at the Midwifery Teaching Unit of Catalonia, Hospital Virgen de la Cinta, Tortosa
- ♦ Collaborating teacher at the midwifery teaching unit in Alcázar de San Juan (Ciudad Real)



**Ms. Sánchez Boza, Pilar**

- ♦ Midwife at Gregorio Marañón University Hospital
- ♦ Diploma in Nursing from the Pontificia de Comillas University of Madrid
- ♦ Professional Master's Degree in Humanitarian Health Aid from the University of Alcalá de Alcalá de Henares
- ♦ Postgraduate Diploma in Emergencies and Emergencies accredited by the School of Health Sciences University Center attached to the Complutense University of Madrid
- ♦ Attending professor at Universidad Europea as a professor of the subject "Women's Care" and assistant professor in adult care II, child and adolescent care in the Nursing Degree
- ♦ Midwife in Mauritania with Rotary Club in humanitarian aid project
- ♦ Sex Coach at Fundación Sexpol (sex education talks), university centers (Universidad de Alcalá de Henares and Universidad Europea de Madrid) and health centers (Espronceda, Villablanca)
- ♦ Speaker at annual conferences against gender violence for SUMMA

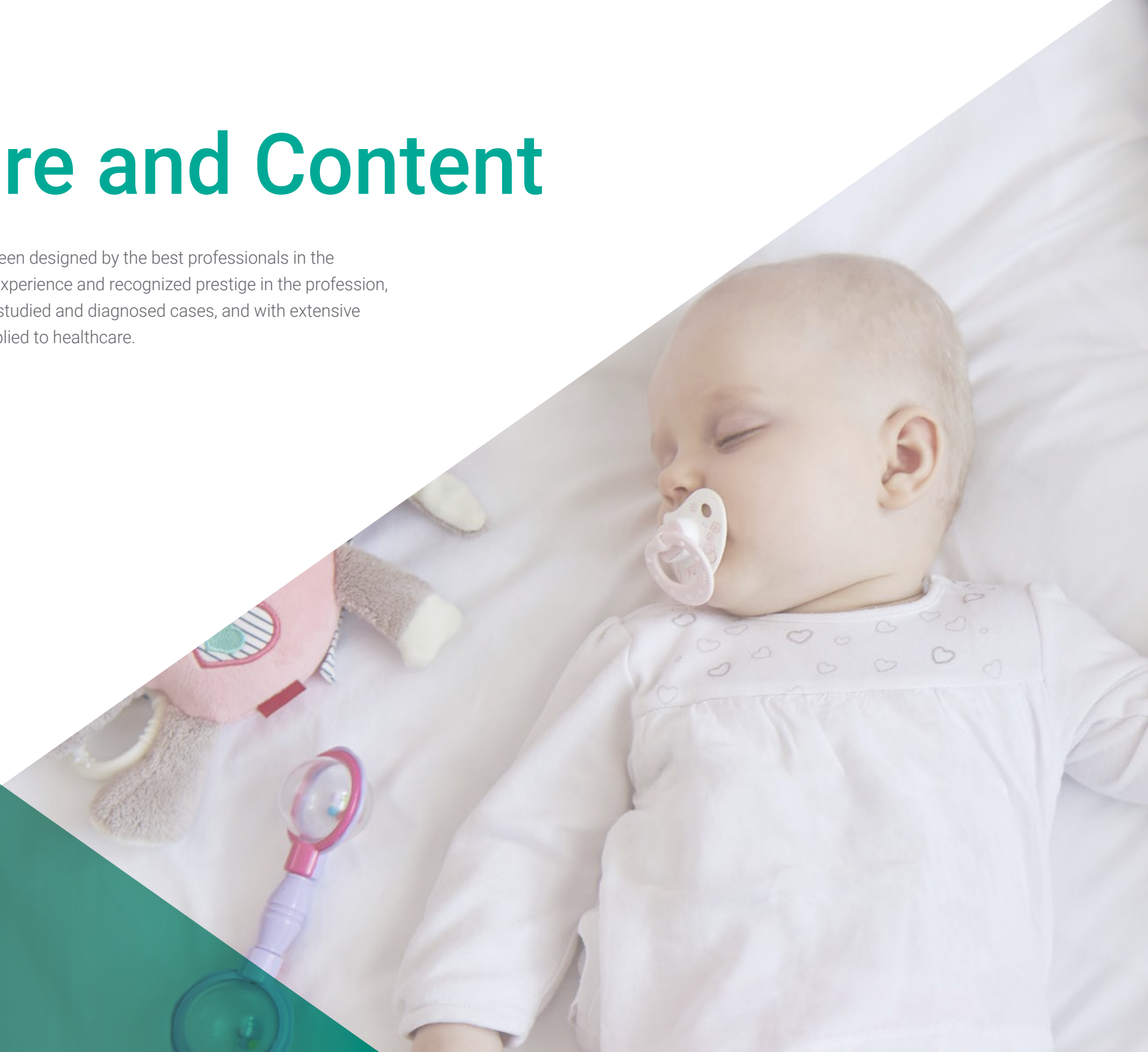
Ms. Triviño de la Cal, Cristina

- ♦ Specialist in Obstetrics and Gynecology at Gregorio Marañón Hospital
- ♦ University Diploma in Nursing at Universidad Autónoma de Madrid, Madrid
- ♦ Lecturer at the I Conference for Midwives: approach and care in bereavement and loss in the life cycle of women, organized by FUDEN
- ♦ Teacher in the physiological childbirth workshop given to the Obstetrics team of the Hospital Universitario de Getafe
- ♦ Teacher in workshop accredited for professionals by the Laín Entralgo Agency in "Perinatal Bereavement Support" in hospitals in Madrid, Ávila, Salamanca, Segovia, Valladolid and Palma de Mallorca
- ♦ Teacher at the Gregorio Marañón and Salamanca Units

04

Structure and Content

The structure of the contents has been designed by the best professionals in the postpartum sector, with extensive experience and recognized prestige in the profession, backed by the volume of reviewed, studied and diagnosed cases, and with extensive knowledge of new technologies applied to healthcare.





“

This Postgraduate Certificate in Parenting for Nursing contains the most complete and up-to-date scientific program on the market”

Module 1. Parenthood

- 1.1. Childhood and Positive Parenting in the European Framework
 - 1.1.1. The European Council and Children's Rights
 - 1.1.2. Positive Parenting: Definition and Basic Principles
 - 1.1.3. Public Policies in Support of Positive Parenting
- 1.2. The Family as a Health Agent
 - 1.2.1. Definition of Family
 - 1.2.2. The Family as a Health Agent
 - 1.2.3. Protective Factors and Constraints
 - 1.2.4. Development of Parental Skills and Responsibility
- 1.3. The Family: Structure and Life Cycle
 - 1.3.1. Family Models
 - 1.3.1.1. Inclusion
 - 1.3.1.2. Fusion
 - 1.3.1.3. Interdependence
 - 1.3.2. Types of Family
 - 1.3.2.1. Stable
 - 1.3.2.2. Unstable
 - 1.3.2.3. Single-Parent
 - 1.3.2.4. Reconstituted
 - 1.3.3. Single-Parent Families
 - 1.3.4. Assessment of the Family's Needs
 - 1.3.4.1. Family Evolutionary Cycle
 - 1.3.4.2. The Family APGAR Index
 - 1.3.4.3. The Mos Questionnaire
- 1.4. Parental Educational Styles
 - 1.4.1. Essential Concepts
 - 1.4.2. Classification of Styles
 - 1.4.2.1. Authoritarian Parents
 - 1.4.2.2. Permissive Parents (Indulgent and Negligent)
 - 1.4.2.3. Democratic Parents
 - 1.4.3. Family Styles
 - 1.4.3.1. Contractualist
 - 1.4.3.2. Statutory
 - 1.4.3.3. Maternalism
 - 1.4.3.4. Overprotective
- 1.5. Co-Education
 - 1.5.1. Introduction and Principles
 - 1.5.2. Co-Education Strategies
 - 1.5.3. Workshops to Work on Co-education in Families (Sessions)
- 1.6. Positive Conflict Resolution: Intrafamily Communication
 - 1.6.1. Introduction
 - 1.6.2. Intelligent Traffic Light Technology
 - 1.6.3. Effective Communication, Active Listening and Assertiveness
 - 1.6.4. Self-Esteem and Self-Awareness, Self-Esteem in the Different Stages of a Child's Life
 - 1.6.5. Promoting Autonomy
 - 1.6.6. Self-Control and Tolerance Towards Frustration
- 1.7. Attachment
 - 1.7.1. Introduction: Function. Window of Opportunity
 - 1.7.2. The Development of Attachment by Age
 - 1.7.3. Attachment Types: Secure, Anxious and Ambivalent, Avoidant, Disorganized, Disorganized
 - 1.7.4. Paternal Bond

- 1.8. Midwifery Care Geared Towards the Establishment and Promotion of Attachment
 - 1.8.1. Babysitting Method
 - 1.8.2. Promotion of Breastfeeding
 - 1.8.3. Transport
 - 1.8.4. Infant Massage
 - 1.8.5. Model Sessions to Promote Attachment
- 1.9. Damage to Mother-Infant Bonding
 - 1.9.1. Introduction
 - 1.9.2. Diagnostic Criteria
 - 1.9.3. Psychomedical Questionnaires
 - 1.9.4. Other Assessment Scales
 - 1.9.5. Semi-Structured Interview
- 1.10. Emotional or Psychological Abuse
 - 1.10.1. Introduction to Child Abuse
 - 1.10.2. Definition of Psychological Abuse
 - 1.10.3. Classification: Liabilities and Assets
 - 1.10.4. Risk Factors
 - 1.10.5. Symptoms and Disorders
 - 1.10.6. Forms of Psychological Abuse



This specialization will allow you to comfortably advance in your career"



05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





“

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

“

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06 Certificate

This Postgraduate Certificate in Parenting for Nursing guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.





“

Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This **Postgraduate Certificate in Parenting for Nursing** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations and professional career evaluation committees.

Title: **Postgraduate Certificate in Parenting for Nursing**

Official N° of Hours: **150 h.**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
development language
classroom



Postgraduate Certificate Parenting for Nursing

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Postgraduate Certificate Parenting for Nursing

