

# Postgraduate Certificate Nursing Care for Palliative and Terminal Patients





## Postgraduate Certificate Nursing Care for Palliative and Terminal Patients

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/nursing/postgraduate-certificate/nursing-care-palliative-terminal-patient](http://www.techtute.com/us/nursing/postgraduate-certificate/nursing-care-palliative-terminal-patient)

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Certificate

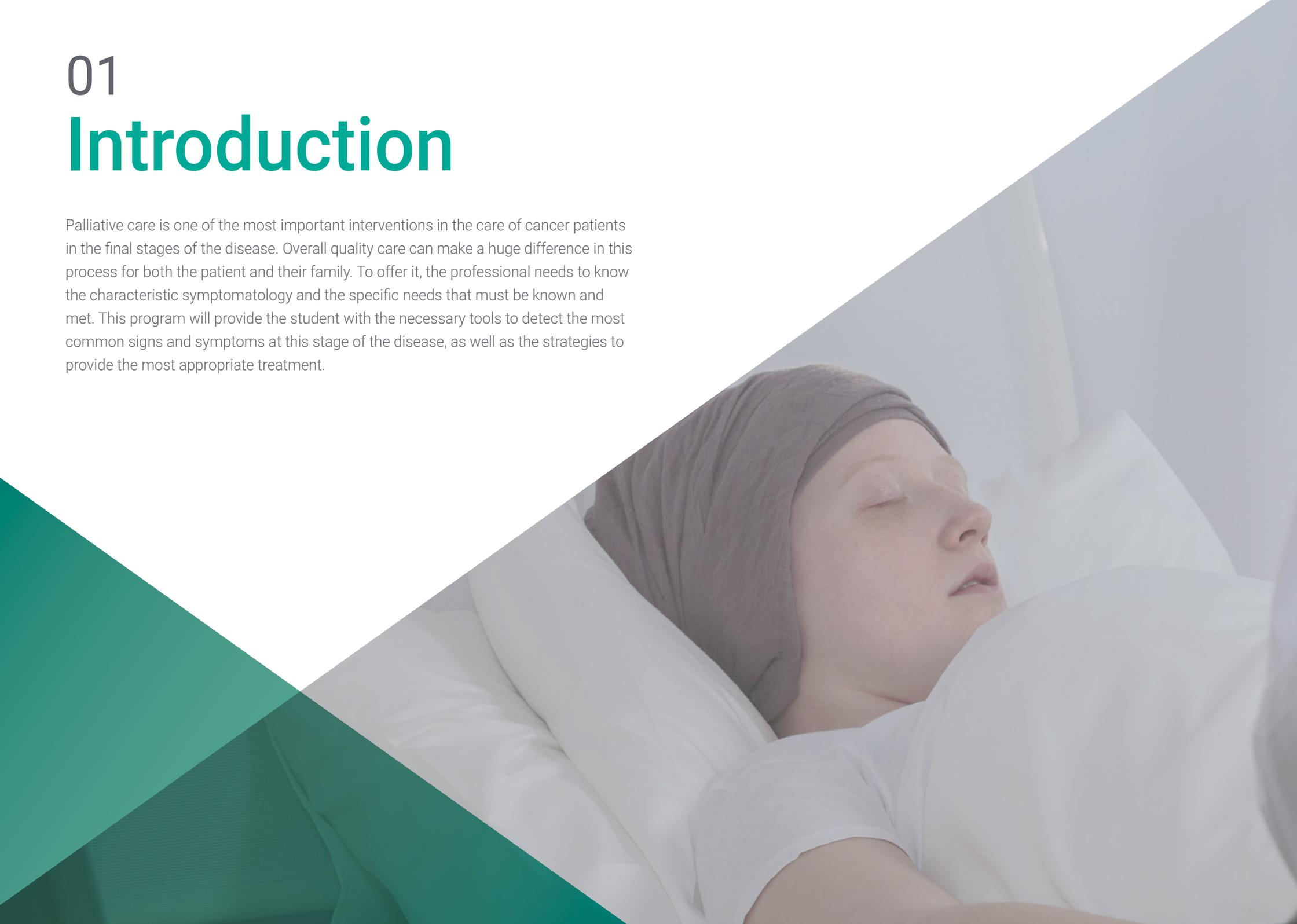
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# 01

# Introduction

Palliative care is one of the most important interventions in the care of cancer patients in the final stages of the disease. Overall quality care can make a huge difference in this process for both the patient and their family. To offer it, the professional needs to know the characteristic symptomatology and the specific needs that must be known and met. This program will provide the student with the necessary tools to detect the most common signs and symptoms at this stage of the disease, as well as the strategies to provide the most appropriate treatment.



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*In this program, we give you the necessary tools to develop your skills in palliative and terminal patient care, offering a better care to your patients in such complicated moments”*

Relieving the suffering of oncology patients is a fundamental task of nursing professionals, who must be able to provide support in moments of agony, which are a great emotional burden for both the patient and their family.

In addition, the professional must acquire the necessary skills to provide specialized home care for those patients and family members who decide to spend their last days at home. Therefore, the patient will be provided with knowledge about the sedation process, differentiating the types and their characteristics and reaching a consensus with the family on the different therapeutic and relief options, prioritizing at all times the patient's well-being.

Bereavement will also be approached from a biopsychosocial perspective, learning to distinguish normal from pathological bereavement and differentiating its different phases. The nursing professional will learn about the recognition of the warning signs and manifestations of each phase and will be able to carry out effective nursing interventions focused on providing support to family members who have suffered a recent loss.

The up-to-date contents of this Postgraduate Certificate and its integrative approach will provide a complete vision of all aspects related to Oncology Nursing. The contents will provide a journey through the diverse needs of cancer patients, whose particularities require personalized attention.

Both the design of the program and the didactic material used will facilitate the understanding of concepts, and the realization of practical cases will help to adapt what has been learned to clinical practice. In this way, this Postgraduate Certificate will provide immersive learning in order to prepare professionals for real situations in their daily professional practice.

This **Postgraduate Certificate in Nursing Care for Palliative and Terminal Patients** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of case studies presented by experts in Oncology Nursing
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ The latest developments in Nursing Care for Palliative and Terminal Patients
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Special emphasis on innovative methodologies in Nursing Care for Palliative and Terminal Patients
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Don't miss this opportunity to study in the largest private online university"*

“

*This Postgraduate Certificate is the best investment you can make when choosing a refresher program to expand your existing knowledge in Oncology Nursing”*

The teaching staff includes professionals from Nursing Oncology, who bring their experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise throughout the program. For this purpose, the professional will be assisted by an innovative interactive video system created by renowned and experienced experts in Oncology Nursing with extensive experience.

*This program comes with the best educational material, providing you with a contextual approach that will facilitate your learning.*

*This 100% online Postgraduate Certificate will allow you to combine your studies with your professional work while increasing your knowledge in this field.*



02

# Objectives

The Postgraduate Certificate in Nursing Care for Palliative and terminal Patients is oriented to specialize health professionals in their daily work during the care of cancer patients, following the highest-quality standards in the performance of their work.



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*Our goal is to help you succeed  
in your career”*



## General objectives

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- ♦ Expand the professional's knowledge, facilitating the acquisition of advanced competencies that will enable them to provide specialized care to complex oncology patients
- ♦ Incorporate theoretical and pathophysiological fundamentals in nursing practice, assuming the particularities of pediatric, adult and elderly patients
- ♦ Define the specific skills of the nursing professional in the oncology field in order to increase effectiveness and efficiency in the organization and to acquire coordination and management skills of the nursing team
- ♦ Design patient and family care plans integrating knowledge, attitudes and skills acquired during the program
- ♦ Apply the theoretical knowledge acquired with relation to the oncologic patient and the management and administration of treatment, guaranteeing patient safety at all times
- ♦ Deepen in the development of interpersonal relationships between the professional and the patient-family, as well as with the rest of the members of the multidisciplinary team
- ♦ Integrate emotional management strategies in the different stages of the disease process, incorporating the psychosocial and spiritual approach in the care and assuming death as a natural process in the terminal patient
- ♦ Acquire the necessary specialization to act with autonomy and provide the best care based on scientific evidence
- ♦ Implement research into routine nursing practice as a basis for professional development and effective and efficient management of complex cases





## Specific objectives

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- ◆ Recognize the importance of palliative care and know its historical background
- ◆ Frame the palliative patient and his care within the state regulations, knowing his rights
- ◆ Identify the signs and symptoms that appear in the oncology patient at the end of life and know how to treat them to provide the greatest comfort and well-being
- ◆ Detect the patient's needs in the last days of life in order to provide comprehensive and quality care
- ◆ Develop skills to provide emotional and psychological support to the patient's family environment in times of agony
- ◆ Become familiar with the end-of-life process at home, as well as its historical background
- ◆ Distinguish the types of grief and its phases
- ◆ Design nursing care plans for family members going through the stages of bereavement
- ◆ Understand the different areas covered by bioethics in palliative care
- ◆ Develop care plans through the nursing care process including diagnoses (NANDA), objectives (NOC) and interventions (NIC)



*A unique, key, and decisive educational experience to boost your professional development”*

03

# Course Management

The program's teaching staff includes leading experts in Oncology Nursing who contribute their vast work experience to this program. In addition, other specialists of renowned prestige participate in its design and development, completing the program in an interdisciplinary manner.





“

*We have an excellent team of professionals who have come together to teach you the latest advances in Oncology Nursing”*

## Management



### Ms. Morán López, Marina

- Nurse in the Medical Oncology, General Surgery, Digestive and Traumatology
- Departments of the University Hospital Infanta Elena
- Nurse at the Valdemoro Medical Center and La Paz University Hospital

## Professors

### Ms. García Parra, Natalia

- Volunteer coordinator at the Spanish Association Against Cancer and Infanta Elena Hospital
- Psycho-oncologist at the Spanish Association Against Cancer
- Psychologist at the Spanish Association of Chronic Myeloid Leukemia Patients (AELEMIC)
- Psychologist in the Child, Adolescent and Adult Psychology Service of the DRM Clinic



04

# Structure and Content

The structure of the contents has been designed by the best professionals in the field of Oncology Nursing, with extensive experience and recognized prestige in the profession, backed by the volume of cases reviewed and studied, and with extensive knowledge of new technologies applied to healthcare.



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*We have the most complete and up-to-date academic program in the market. We strive for excellence and for you to achieve it too”*

## Module 1. Nursing Care for Palliative and Terminal Patients

- 1.1. Principles and Organization of Palliative Care
  - 1.1.1. Palliative Care Definition
    - 1.1.1.1. Palliative Care Objectives
    - 1.1.1.2. Principles of Palliative Care
  - 1.1.2. History of Palliative Care
  - 1.1.3. Quality of Life
- 1.2. Legislation and Ethical Aspects Related to Palliative Care
  - 1.2.1. State Legislation
  - 1.2.2. Rights and Responsibilities of the Patients
  - 1.2.3. Quaternary Prevention
  - 1.2.4. Informed Consent
- 1.3. Main Signs and Symptoms in the Terminal Patient
  - 1.3.1. Digestive Manifestations
    - 1.3.1.1. Anorexia
    - 1.3.1.2. Constipation
    - 1.3.1.3. Nausea and Vomiting
    - 1.3.1.4. Cachexia
    - 1.3.1.5. Dryness and Mouth Lesions
  - 1.3.2. Respiratory Manifestations
    - 1.3.2.1. Dyspnoea
    - 1.3.2.2. Cough
    - 1.3.2.3. Hiccup
    - 1.3.2.4. Antemortem Rales
  - 1.3.3. Neuropsychological Manifestations
    - 1.3.3.1. Tiredness and Fatigue
    - 1.3.3.2. Insomnia
    - 1.3.3.3. Depression
    - 1.3.3.4. Delirium
  - 1.3.4. Genitourinary Manifestations
    - 1.3.4.1. Urinary Retention
  - 1.3.5. Pain
  - 1.3.6. Fever and Dysthermia



- 1.3.7. Emergencies in the Terminally Ill Patient
  - 1.3.7.1. Massive Hemorrhage
  - 1.3.7.2. Seizures
  - 1.3.7.3. Acute Respiratory Depression
- 1.4. Nursing Care
  - 1.4.1. Virginia Henderson Needs Model
    - 1.4.1.1. Need 1: Breathing
    - 1.4.1.2. Need 2: Food/Hydration
    - 1.4.1.3. Need 3: Elimination
    - 1.4.1.4. Need 4: Mobilization
    - 1.4.1.5. Need 5: Rest/Sleep
    - 1.4.1.6. Need 6: Getting Dressed
    - 1.4.1.7. Need 7: Temperature
    - 1.4.1.8. Need 8: Hygiene/Skin
    - 1.4.1.9. Need 9: Safety
    - 1.4.1.10. Need 10: Communication
    - 1.4.1.11. Need 11: Religion/Beliefs
    - 1.4.1.12. Need 12: Development
    - 1.4.1.13. Need 13: Recreational/Leisure Activities
    - 1.4.1.14. Need 14: Learn/Discover
- 1.5. End of Life
  - 1.5.1. Last Days
  - 1.5.2. Agony
    - 1.5.2.1. Agony Situation Characteristics
    - 1.5.2.2. Care of the Dying
  - 1.5.3. Spiritual Care
  - 1.5.4. Sedation
    - 1.5.4.1. Refractory Symptoms
    - 1.5.4.2. Sedation Types
    - 1.5.4.3. Drugs Used
    - 1.5.4.4. Ethical Considerations
- 1.6. Palliative Care and Comprehensive Care of Oncology Patient
  - 1.6.1. Multidisciplinary Team Role
  - 1.6.2. Care Models
  - 1.6.3. Family Care
    - 1.6.3.1. Family Symptoms in the Care of the Terminally Ill Patient
    - 1.6.3.2. Psychosocial Care
- 1.7. Palliative Home Care
  - 1.7.1. Background
  - 1.7.2. Home Care Process
  - 1.7.3. Dying at Home
- 1.8. Grief
  - 1.8.1. Definition
  - 1.8.2. Stages of Grief
  - 1.8.3. Manifestations of Grief
  - 1.8.4. Types of Grief
    - 1.8.4.1. Uncomplicated Grief
    - 1.8.4.2. Pathological Grief
    - 1.8.4.3. Anticipatory Grief
    - 1.8.4.4. Non-Complicated or Prolonged Grief
  - 1.8.5. End of Grief
  - 1.8.6. Nursing Interventions in Grief
  - 1.8.7. Grief Management
- 1.9. Palliative Care Bioethics
  - 1.9.1. Bioethics
  - 1.9.2. Human Dignity
  - 1.9.3. Quality of Life
  - 1.9.4. Ethical and Bioethical Issues at the End of Life
- 1.10. Nursing Care Process (NCP) at the End of Life
  - 1.10.1. Comprehensive Nursing Assessment
  - 1.10.2. Need for NCP in Palliative Patients
  - 1.10.3. Nursing Diagnosis (NANDA)
  - 1.10.4. Nursing Outcomes (NOC)
  - 1.10.5. Nursing Interventions (NIC)

# 05 Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





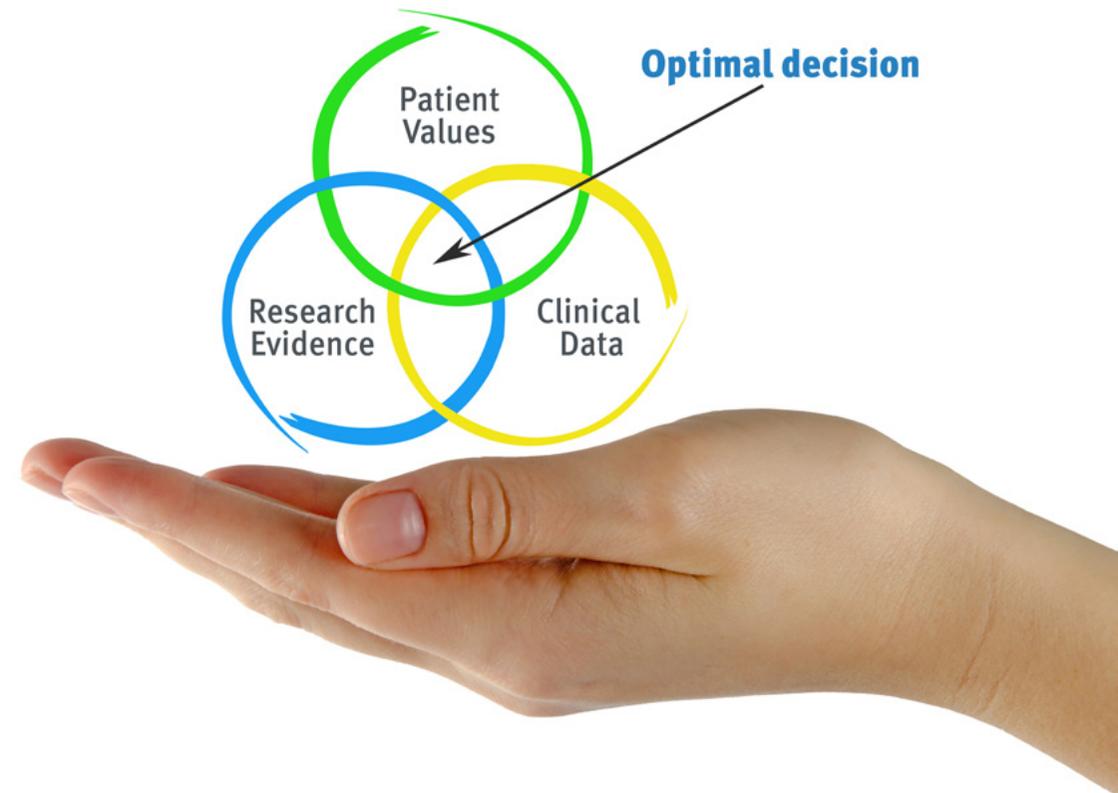
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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization”*

## At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

*With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



*The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and relearn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then adapted in audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high-quality pieces in each and every one of the materials that are made available to the student.



### Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

# Certificate

The Postgraduate Certificate in Nursing Care for Palliative and Terminal Patients guarantees you, in addition to the most rigorous and updated training, access to a Postgraduate Certificate issued by TECH Global University.





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*Successfully complete this program  
and receive your university degree  
without travel or laborious paperwork”*

This private qualification will allow you to obtain a **Postgraduate Certificate in Nursing Care for Palliative and Terminal Patients** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Nursing Care for Palliative and Terminal Patients**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

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development languages  
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## Postgraduate Certificate Nursing Care for Palliative and Terminal Patients

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