

Postgraduate Certificate

Mental Disorders in Childhood for Nurses





Postgraduate Certificate Mental Disorders in Childhood for Nurses

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitute.com/us/nursing/postgraduate-certificate/mental-disorders-childhood-nurses

Index

01

Introduction

p. 4

02

Objectives

p. 8

03

Course Management

p. 12

04

Structure and Content

p. 18

05

Methodology

p. 22

06

Certificate

p. 30

01

Introduction

Younger patients often experience mental pathologies that affect the development of language or the proper management of their emotions. These young people require the best care from nurses to overcome their disorders and enjoy a full quality of life, which requires these professionals to have extensive skills in this field. For this reason, TECH has created this program, which will enable the student to master the techniques to address anxiety or communication disorders and provide first-level care to children. This will be achieved, moreover, through a 100% online methodology that will optimize their learning without leaving their home.





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With this qualification, you will master the most up-to-date techniques for caring for younger patients suffering from anxiety or stress disorders"

Phobias and fears of various kinds, aggressive behavioral problems or inability to communicate are some of the countless examples of mental disorders affecting children. The negative impact of these disorders on the development of the youngest children leads their parents to come to the health offices in search of changing their attitude or overcoming their illness. In this line, the nurse plays a crucial role, carrying out the assessment of these youngsters and offering them valuable help that has a positive impact on their recovery from a given disorder. For this reason, these professionals must have a high level of competence in the management of mental pathologies to ensure the well-being of their patients.

For this reason, this academic institution has developed this Postgraduate Certificate, with which the nurse will adopt the most avant-garde strategies to undertake the care and attention to children suffering from various mental disorders. Throughout this academic period, they will assimilate the methods for evaluating the extent of pathologies that limit the learning or motor skills of children. In the same way, you will learn the most efficient mechanisms to help those who suffer from obsessive and stress disorders or negative behaviors derived from childhood maltreatment.

Since this Postgraduate Certificate is taught through a 100% online methodology, the student will get an excellent learning without the need to make uncomfortable trips to study centers. It will also have accessible didactic content in a variety of textual and interactive media, which will allow an enjoyable and completely individualized teaching, adapted to the academic tastes of each student.

This **Postgraduate Certificate in Mental Disorders in Childhood for Nurses** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of practical case studies presented by experts in Mental Health for Nursing
- ♦ The graphic, schematic, and practical content with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



The Postgraduate Certificate in Mental Disorders in Childhood for Nurses will increase your competencies in health care with children suffering from learning or communication disorders"

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In just 100 hours, you will hone your skills in dealing with young people who suffer from aggressive behaviors resulting from parental neglect in their childhood"

The program's teaching staff includes professionals from the field who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the students will be assisted by an innovative interactive video system created by renowned and experienced experts.

Only with a Smartphone with internet connection, you can take this program that TECH puts at your disposal.

Access at any time and place to the didactic contents and complete this degree at your own pace.



02 Objectives

The Postgraduate Certificate in Mental Disorders in Childhood for Nurses has been designed to provide this professional with the most advanced knowledge in this field. In this way, they will identify the management of emotional alterations or in the habits of younger patients in order to improve their health care performance. Such learning will be preserved by achieving the following general and specific objectives.





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Incorporate into your daily practice as a nurse the latest knowledge for the care of children with mental disorders”



General Objectives

- ◆ Explain the diagnosis, etiology, pathophysiology, and prevention of mental illness
- ◆ Identify risk factors for mental illness
- ◆ Identify signs and symptoms that indicate mental illness
- ◆ Develop techniques to explain and apply patient self-care to prevent mental health disorders





Specific Objectives

- ◆ Define the different childhood communication disorders
- ◆ Explain the different childhood learning disorders
- ◆ Define the different motor-skills disorders in childhood
- ◆ Detect the main emotional disorders in children
- ◆ Explain the impact of abuse and neglect in infancy and childhood

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In just 6 weeks, you will acquire a set of competencies that will place you at the forefront of Mental Health for Nursing”

03

Course Management

With TECH's objective of having the highest academic quality in its programs, this qualification is taught by reference professionals in the field of Mental Health for Nursing, who have been developing their tasks with solvency in different hospitals for decades. Given that these experts are the ones in charge of expressly elaborating all the didactic resources that the student will have, the contents that they will provide will be completely applicable in the work environment.





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To provide you with the most up-to-date content on Mental Disorders in Childhood for Nursing, this course is taught by practicing nurses specializing in Mental Health"

Guest Director



Ms. Peña Granger, Mercedes

- Head of Adult Psychiatry Nursing Unit at General University Gregorio Marañón Hospital, Madrid
- EIR Mental Health Tutor in Multidisciplinary Teaching Unit at Gregorio Marañón General University Hospital, Madrid
- Associate Professor at the University of Comillas and the University of Rey Juan Carlos
- Graduate in Nursing from the Complutense University of Madrid
- Diploma in Nursing Psychosomatics from the Complutense University of Madrid
- Degree in Social and Cultural Anthropology from the Complutense University of Madrid
- Degree in Nursing from Rey Juan Carlos University
- Mental Health Specialist. Ministry of Health
- Master's Degree in the Humanization of Health Institutions from the European University of Madrid

Codirector



Mr. Lozano Alonso, Raúl

- Head of Nursing of the Drug Addiction Disorders Unit at Hestia Esquerdo Hospital
- President of the Madrid Association of Mental Health Nurses
- Professor at the University School of Nursing of the Red Cross from the Autonomous University of Madrid
- Personalized Trainer in MIR exams at CEMIR-Team POE
- Faculty member of Nus Agency
- Nursing Services in Quirónsalud
- Community Care Nurse in the Madrid Health Service (SERMAS)
- University Professor at Rey Juan Carlos University
- Assistant University Professor at the Autonomous University of Madrid
- Diploma in Nursing
- Specialist Nurse in Mental Health via EIR entrance exams
- Master's Degree in Nursing Sciences
- Master's Degree in Health Services Management and Telemedicine

Professors

Ms. Cunillera Llorente, Alicia Hatshepsut

- ◆ Specialist Nurse in Mental Health
- ◆ Nurse of the Short Psychiatric Hospitalization Unit at the Gregorio Marañón General University Hospital, Madrid
- ◆ Nurse of the Food Disorders Unit at the Gregorio Marañón General University Hospital, Madrid
- ◆ Nurse from the Personality Disorders Unit at the PhD Rodríguez Lafora Hospital
- ◆ Speaker at congresses and conferences specialized in Mental Health
- ◆ Degree in Nursing from the Pontificia de Comillas University

Ms. Borrego Espárrago, María Victoria

- ◆ Nursing Supervisor of in Hospitalization at the Ruber Juan Bravo Hospital Complex
- ◆ Nurse Mental Health Specialist at Sisters Hospitals of the Sacred Heart of Jesus
- ◆ Nursing Supervisor of the Psychosocial Rehabilitation Area at the San Miguel Clinic
- ◆ Author of numerous Specialized publications
- ◆ Diploma in Nursing from the Autonomous University of Madrid.
- ◆ Diploma in Nursing by EUE Red Cross
- ◆ Postgraduate Diploma Degree in Health Services Management through the University CEU Cardenal Herrera
- ◆ Member of: Board of Directors of the Spanish Association of Nursing of Mental Health and Advisory Commission of Care of the Regional Office of the Community of Madrid



Ms. González Palomar, María Esther

- ◆ Specialist Nurse in Mental Health
- ◆ Head of the Nursing Unit of Adolescent Psychiatry at the Gregorio Marañón University General Hospital
- ◆ Postgraduate Certificate in Nursing from the Complutense University.
- ◆ Postgraduate Certificate in Social Work at Complutense University
- ◆ Specialist in Mental Health Nursing
- ◆ University Diploma in Surgical Nursing
- ◆ University Diploma in Coronary Unit Nursing
- ◆ University Diploma in Psychiatric Nursing

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A unique, key, and decisive educational experience to boost your professional development”

04

Structure and Content

The syllabus of this course is composed of 1 module through which the student will adopt the most advanced and relevant knowledge in the approach to mental disorders in childhood from a nursing perspective. The didactic materials that students will have access to throughout their academic experience are available in a wide variety of formats, such as readings, video or interactive summary. As a result, 100% online teaching will be tailored to the requirements and academic preferences of each individual.





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By means of a teaching adapted to different textual and multimedia formats, you will obtain an agile and efficient learning”

Module 1. Childhood Mental Disorders

- 1.1. Introduction and General Disorders
 - 1.1.1 Clinical Child and Adolescent Psychology
 - 1.1.2 Intellectual Disability
 - 1.1.3 Pervasive Developmental Disorders
- 1.2. Ability Disorders
 - 1.2.1 Communication Disorders
 - 1.2.2 Learning Disorders
 - 1.2.3 Motor Skills Disorders
- 1.3. Habit Disorders
 - 1.3.1 Attention and Hyperactivity Disorders
 - 1.3.2 Behavioral Disorders
 - 1.3.3 Eating Disorders in Childhood and Adolescence
 - 1.3.4 Elimination Disorders
 - 1.3.5 Sleep Disorders
 - 1.3.6 Motor Habit Disorders
- 1.4. Emotional Disorders
 - 1.4.1 General Anxiety
 - 1.4.2 Fears and Phobias
 - 1.4.3 Obsessive and Stress Disorders
 - 1.4.4 Mood Disorders
- 1.5. Other Childhood and Adolescent Disorders
 - 1.5.1 Other Childhood and Adolescent Disorders
 - 1.5.2 Child and adolescent health psychology
 - 1.5.3 Abuse and Neglect in Infancy and Childhood
 - 1.5.4 Addiction in Child and Adolescent Populations





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Take this course to learn at your own pace and without time constraints thanks to the Relearning system that TECH puts at your disposal"

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

Certificate

The Postgraduate Certificate in Mental Disorders in Childhood for Nurses guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"

This **Postgraduate Certificate in Mental Disorders in Childhood for Nurses** contains the most complete and up-to-date scientific on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Mental Disorders in Childhood for Nurses**

Official N° of Hours: **100 h.**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
development language
virtual classroom



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