

# Postgraduate Certificate

## Massage in Aesthetic Nursing





## Postgraduate Certificate Massage in Aesthetics Nursing

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/in/nursery/postgraduate-certificate/massage-nursing-aesthetics](http://www.techtute.com/in/nursery/postgraduate-certificate/massage-nursing-aesthetics)

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# 01

# Introduction

Of the various techniques available in aesthetic nursing, massage is one of the most useful and least invasive. For this reason, they are highly valued by patients, who also appreciate their speed and immediate effects. In contrast to other techniques, aesthetic massages offer a lot of comfort, making it very attractive to master this technique. Thus, they represent a great opportunity for all those nurses who want to gain the trust of their patients and become highly valued professionals in their environment. This degree is, therefore, a great option for students to advance professionally and achieve their life goals.





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*Specialize in aesthetic massage and become the trusted nurse of many patients”*

There are numerous aesthetic techniques for skin application. Many of them involve some uncomfortable and invasive procedure that makes patients feel uncomfortable, leading to a loss of trust with the professional who is treating them. However, in recent years there has been a large increase in the demand for skin treatments and this has led to the emergence of new methods.

One such method is aesthetic massage. This type of massage is very effective, pleasant and minimally invasive, which is why patients value it positively. However, there are not many professionals specialized in this field, and this is a great opportunity for all those nurses who want to turn their careers around.

Thus, this Postgraduate Certificate in Massage in Aesthetic Nursing is the answer to this demand, since it offers its students specialized knowledge in this matter, turning them into authentic experts in this type of treatment, so that they can increase their prestige among patients and the rest of professionals in their environment.

This **Postgraduate Certificate in Massage in Aesthetic Nursing** contains the most complete and up-to-date educational program on the market. The most important features include:

- ♦ The development of case studies presented by experts in aesthetic nursing massage.
- ♦ The graphic, schematic, and eminently practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice.
- ♦ Practical exercises where self-assessment can be used to improve learning.
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Patients are demanding new techniques and aesthetic massage is one of the most important and effective: specialize now"*

“

*You were looking for a way to distinguish yourself from other nursing professionals and now you've found it: don't wait any longer and take this degree"*

*Enroll and watch your career take off.*

*Aesthetic nursing is booming, do not miss the opportunity to achieve success.*

The program's teaching staff includes professionals from the sector who contribute their work experience to this training program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will allow the professional a situated and contextual learning, that is, a simulated environment that will provide an immersive training programmed to train in real situations.

This program is designed around Problem Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.



# 02 Objectives

The main objective of this Postgraduate Certificate in Massage in Aesthetic Nursing is to offer students new aesthetic treatments to satisfy their patients, who demand innovative and minimally invasive techniques. Thus, this degree focused specifically on aesthetic massage can make a big difference for the nursing professionals who perform it, since it will make them experts in a technique that is currently in high demand.







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*Achieve all your objectives thanks to this Postgraduate Certificate. Matriculate, you won't regret it"*



## General Objectives

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- ♦ Comprehensively manage the esthetic patient, being able to make an accurate diagnosis and apply the most appropriate treatment
- ♦ Update and reinforce the knowledge in dermatology necessary for the correct care of esthetic nursing patients
- ♦ Provide nurses with the necessary tools and guidelines to deal efficiently with the different dermatological pathologies
- ♦ Reinforce the role of the nurse in the treatment of these pathologies





## Specific Objectives

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- ◆ Know how to apply esthetic massages for immediate effects
- ◆ Understanding the classification of massages
- ◆ Know the maneuvers applied to esthetic body massage
- ◆ In-depth knowledge of the different types of existing massages, their effects and application mechanisms

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*Your patients will come back to you again and again: they won't find a better nurse"*

03

# Structure and Content

This Postgraduate Certificate has been designed by leading specialists in massage in aesthetic nursing, so the contents are completely focused on professional practice. The syllabus is composed of the most important massage techniques, as well as their typology, their effects, indications and precautions to be taken into account, and the immediate and subsequent results of this technique. In this way, students will enjoy a comprehensive education that will teach them everything they need to know about this treatment.





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*Here are the best contents about  
aesthetic massages that you will find.  
Enroll and check it out"*

## Module 1. Esthetic Massage in Dermo-esthetic Nursing

- 1.1. The Application of Esthetic Massage and the Immediate, Delayed, Local and General Effects of Massage on the Various Organs and Systems
- 1.2. Classification of Massages According to Their Action and the Different Applicable Techniques
- 1.3. Effects, Indications, Precautions and Contraindications of Esthetic Massage Procedures
- 1.4. Application Parameters of Massage Procedures and Selection Criteria for Esthetic Massage Procedures
- 1.5. Techniques for Performing Body Esthetic Massage Procedures
- 1.6. Zone Massage: Specific Procedures and Time of Execution
- 1.7. Esthetic Massage With Mechanical Effect Equipment
- 1.8. Esthetic Massage With Mechanical Effect
- 1.9. Application Techniques of the Different Equipment
- 1.10. Indications for Mechanical Esthetic Massage
- 1.11. Immediate and Subsequent Results of Mechanical Massage on Different Organs, Devices and Systems





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*Your patients will thank you  
for your new skills”*

04

# Methodology

This training provides you with a different way of learning. Our methodology uses a cyclical learning approach: ***Re-learning***.

This teaching system is used in the most prestigious medical schools in the world, and major publications such as the ***New England Journal of Medicine*** have considered it to be one of the most effective.





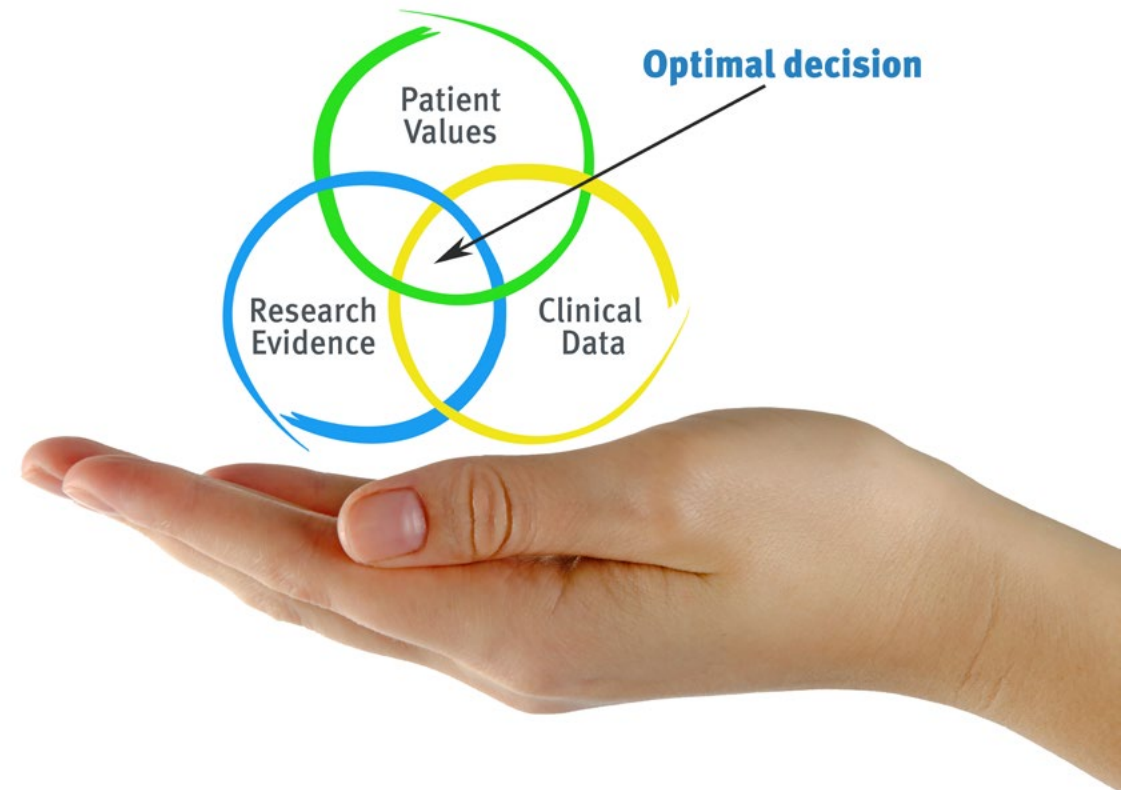
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*Discover Re-learning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization".*

## At TECH Nursing School we use the Case Method

In a given clinical situation, what would you do? Throughout the program, you will be presented with multiple simulated clinical cases based on real patients, where you will have to investigate, establish hypotheses and, finally, resolve the situation. There is abundant scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

*With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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*Did you know that this method was developed in 1912 at Harvard for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method.*

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the university program.



## Re-Learning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our University is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.



*The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*

At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success, in all specialties regardless of from the workload. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

*Re-learning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (we learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



In this program you will have access to the best educational material, prepared with you in mind:



### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



### Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current nursing procedures and techniques. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



### Interactive Summaries

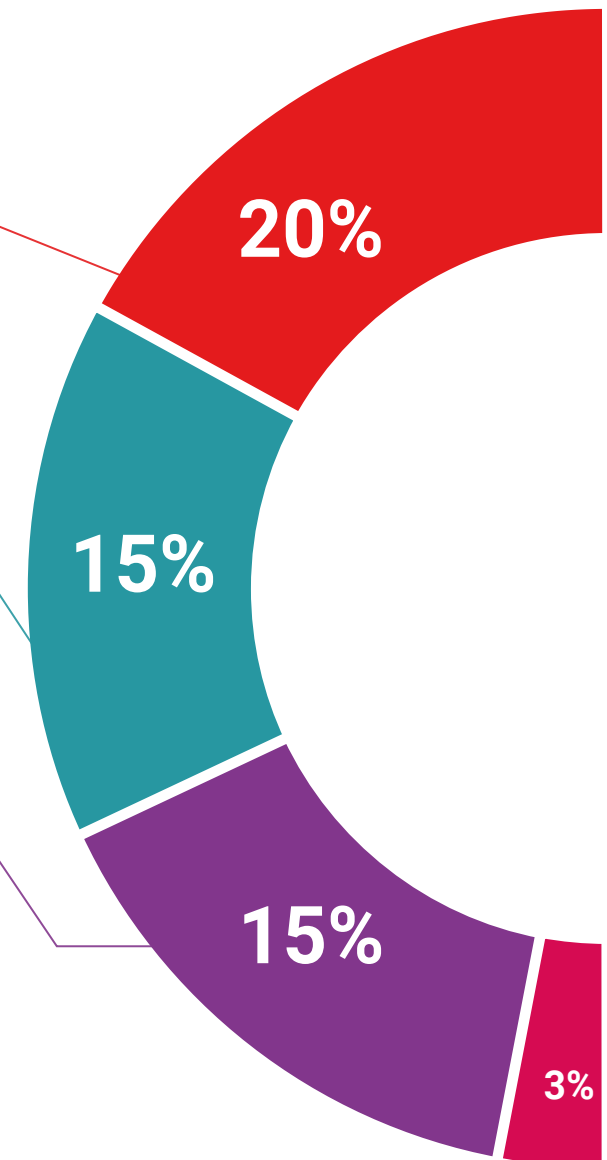
We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

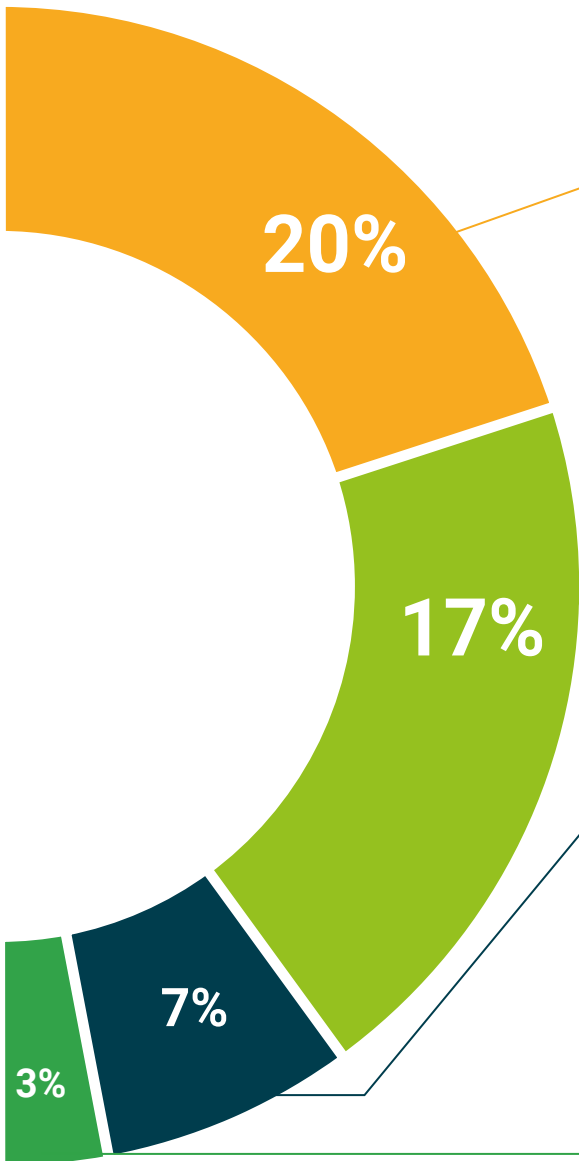
This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".



### Additional Reading

Recent articles, consensus documents, international guides. in our virtual library you will have access to everything you need to complete your training.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Re-testing

We periodically evaluate and re-evaluate your knowledge throughout the program, through assessment and self-assessment activities and exercises: so that you can see how you are achieving your goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an expert strengthens knowledge and memory, and generates confidence in our future difficult decisions.



#### Quick Action Guides

We offer you the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help you progress in your learning.



# 05 Certificate

This Postgraduate Certificate in Massage in Aesthetic Nursing guarantees, in addition to the most rigorous and up-to-date training, access to a Postgraduate Certificate issued by TECH - Technological University.







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*Successfully complete this training and receive your university degree without travel or laborious paperwork”.*

This **Postgraduate Certificate in Massage in Aesthetic Nursing** contains the most complete and up-to-date scientific program on the market.

After the student has passed the evaluations, they will receive their corresponding Postgraduate Certificate issued by **TECH Technological University** via tracked delivery.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Massage in Aesthetic Nursing**

Official Number of Hours: **150**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future

health

confidence people

education information tutors

guarantee accreditation teaching

institutions technology learning

community commitment

**tech** technological  
university

personalized service innovation

knowledge present

online training

development language

virtual classroom

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