

Postgraduate Certificate

Massage in Aesthetic Nursing



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Massage in Aesthetic Nursing

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/nursing/postgraduate-certificate/massage-aesthetic-nursing

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01

Introduction

Of the various techniques available in aesthetic nursing, massage is one of the most useful and least invasive. For this reason they are highly valued by patients, who also appreciate their speed and immediate effects. In contrast to other techniques, aesthetic massages offer a lot of comfort, making it very attractive to master this technique. Thus, they represent a great opportunity for all those nurses who want to gain the trust of their patients and become highly valued professionals in their environment. This degree is, therefore, a great option for students to advance professionally and achieve their life goals.





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*Specialize in aesthetic massage
and become the trusted nurse of
many patients”*

There are numerous aesthetic techniques for skin application. Many of them involve some uncomfortable and invasive procedure that makes patients feel uncomfortable, leading to a loss of trust with the professional who is treating them. However, in recent years there has been a large increase in the demand for skin treatments and this has led to the emergence of new methods.

One such method is aesthetic massage. This type of massage is very effective, pleasant and minimally invasive, which is why patients value it positively. However, there are not many professionals specialized in this field, and this is a great opportunity for all those nurses who want to turn their careers around.

In this way, this Postgraduate Certificate in Massage in Aesthetic Nursing is the answer to this demand, since it offers students specialist knowledge in this field, turning them into authentic experts on this type of treatment, so that they can increase their standing among patients and other professionals.

This **Postgraduate Certificate in Massage in Aesthetic Nursing** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of case studies presented by experts in Massage in Aesthetic Nursing
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



Patients are demanding new techniques and aesthetic massage is one of the most important and effective: specialize now"

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You were looking for a way to distinguish yourself from other nursing professionals and now you've found it: don't wait any longer and take this program"

Enroll and watch your career take off.

Aesthetic nursing is booming, do not miss the opportunity to achieve success.

The program includes, in its teaching staff, professionals from the sector who bring to this program their work experience, in addition to recognized specialists from prestigious reference societies and universities.

Its multimedia content, developed with the latest educational technology, will allow professionals to learn in professionals a situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to prepare in real situations.

The design of this program focuses on Problem-Based Learning, by means of which professionals must try to solve the different professional practice situations that are presented to them throughout the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.



02 Objectives

The main objective of this Postgraduate Certificate in Massage in Aesthetic Nursing is to offer students new aesthetic treatments to satisfy their patients, who demand innovative and minimally invasive techniques. As a result, this program focused specifically on aesthetic massage can make a big difference for the nursing professionals who perform it, since it will make them experts in a technique that is currently in high demand.



A close-up photograph of a person's face, focusing on their mouth and chin. A hand is holding a white card or piece of paper near their mouth, as if they are about to speak or are in the middle of a presentation. The background is blurred, showing what appears to be a stage or a professional setting.

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*Achieve all your goals thanks to
this Postgraduate Certificate.
Enroll now, you won't regret it"*



General Objectives

- ♦ Comprehensively manage the aesthetic patient, being capacity to make an accurate diagnosis and apply the most appropriate treatment
- ♦ Get up to date and reinforce the knowledge in dermatology necessary for the correct care of aesthetic nursing patients
- ♦ Provide nurses with the necessary tools and guidelines to deal efficiently with the different dermatological pathologies
- ♦ Reinforce the role of the nurse in the treatment of these pathologies





Specific Objectives

- ◆ Know how to apply aesthetic massages for immediate effects
- ◆ Understand the classification of massages
- ◆ Know the maneuvers applied to aesthetic body massage
- ◆ Gain in-depth knowledge of the different types of existing massages, their effects and application mechanisms



Your patients will come back to you again and again: they won't find a better nurse"

03

Structure and Content

This Postgraduate Certificate has been designed by leading specialists in Massage in Aesthetic Nursing, so the contents are completely focused on professional practice. The syllabus is composed of the most important massage techniques, as well as their typology, their effects, indications and precautions to be taken into account, and the immediate and subsequent results of this technique. In this way, students will enjoy a comprehensive education that will teach them everything they need to know about this treatment.





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*Here are the best contents about
aesthetic massages that you will
find. Enroll and check it out"*

Module 1. Aesthetic Massage in Aesthetic Nursing

- 1.1. The Application of Aesthetic Massage and the Immediate, Delayed, Local and General Effects of Massage on the Various Organs and Systems
- 1.2. Classification of Massages According to Their Action and the Different Applicable Techniques
- 1.3. Effects, Indications, Precautions and Contraindications of Aesthetic Massage Procedures
- 1.4. Application Parameters of Massage Procedures and Selection Criteria for Aesthetic Massage Procedures
- 1.5. Techniques for Performing Body Aesthetic Massage Procedures
- 1.6. Zone Massage: Specific Procedures and Time of Execution
- 1.7. Aesthetic Massage With Mechanical Effect Equipment
- 1.8. Aesthetic Massage With Mechanical Effect
- 1.9. Application Techniques of the Different Equipment
- 1.10. Indications for Mechanical Aesthetic Massage





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*Your patients will thank
you for your new skills"*

04 Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



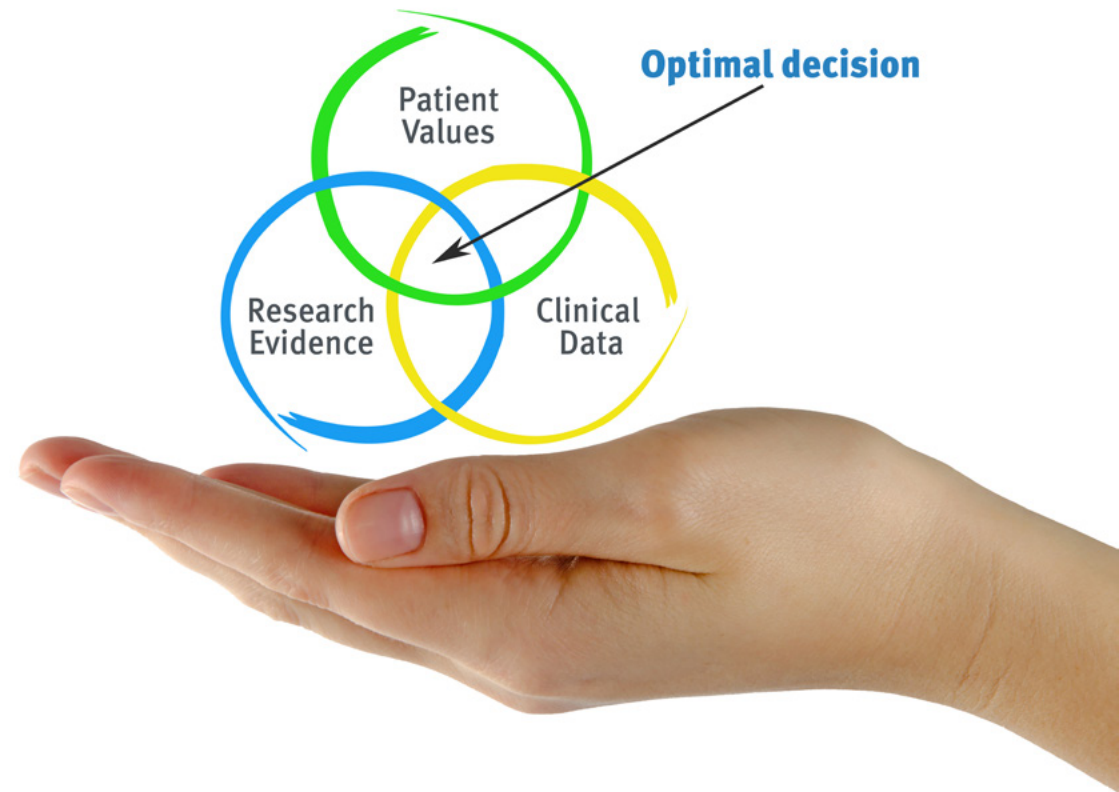
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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

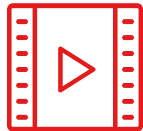
Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

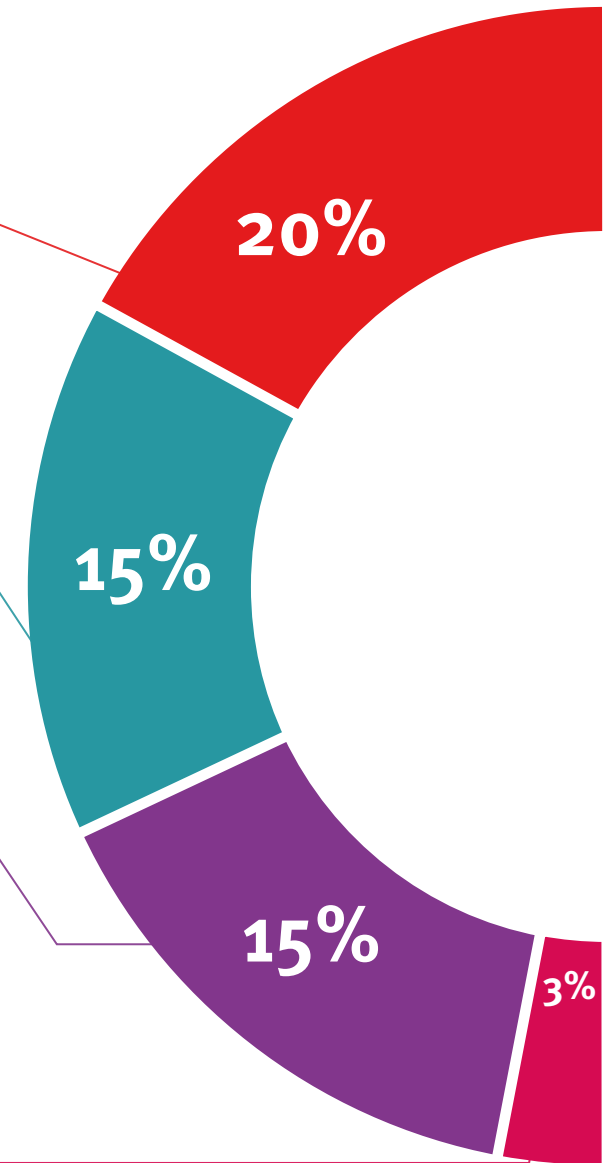
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

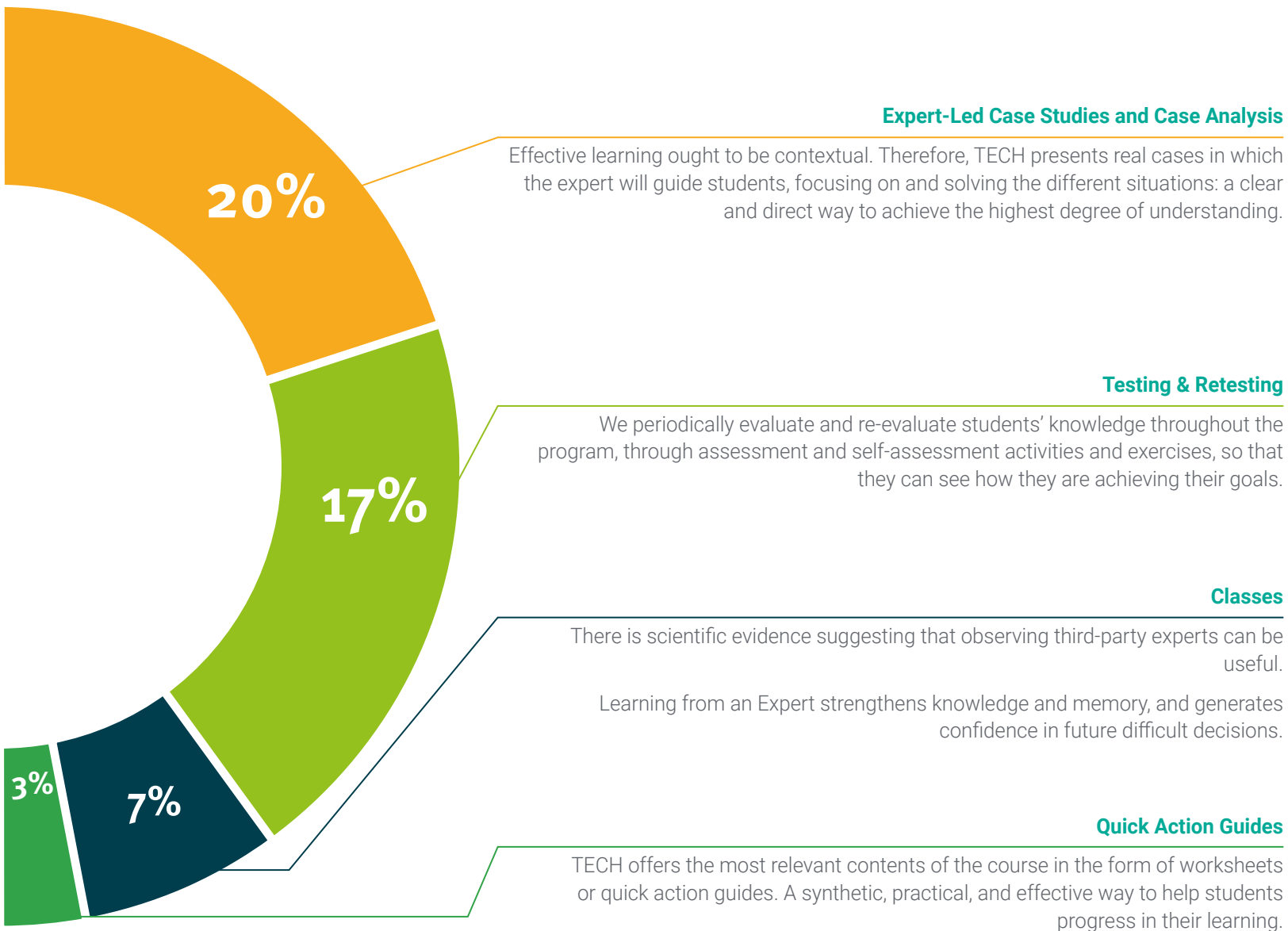
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





05 Certificate

The Postgraduate Certificate in Massage in Aesthetic Nursing guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"

This program will allow you to obtain your **Postgraduate Certificate in Massage in Aesthetic Nursing** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

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Accreditation: **6 ECTS**





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