

Postgraduate Certificate Intervention Techniques in the Psychotherapeutic Treatment of Children and Adolescents for Nursing





Postgraduate Certificate

Intervention Techniques in the Psychotherapeutic Treatment of Children and Adolescents for Nursing

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Accreditation: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/nursing/postgraduate-certificate/intervention-techniques-psychotherapeutic-treatment-children-adolescents-nursingenfermeria

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01

Introduction

This Postgraduate Certificate addresses and integrates everything that science currently knows about pathology in childhood and adolescence. The connection between Mental Health and childhood has been underexplored within the specialization, often being treated as a mere translation of adult psychopathology.

Discover the latest advances in intervention techniques in the Psychotherapeutic Treatment of Children and Adolescents for Nursing.



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This Postgraduate Certificate in Intervention Techniques in the Psychotherapeutic Treatment of Children and Adolescents for Nursing will provide you with a sense of confidence in your professional practice, helping you grow both personally and professionally”

From our experience, we know that the personal abilities of the therapist are crucial. This program will help you discover various strategies and skills to build effective connections during both the evaluation and diagnosis, as well as in the intervention with these patients.

Clinical Psychology at this historical moment must provide students not only with a theoretical-scientific framework but also with the ability to influence mental illness effectively. This will allow you to be effective not only as evaluators but also as catalysts for change in the patient—addressing both behavioral components and traumatic memories that keep them trapped in emotional suffering and inertia.



*Update your knowledge through the
Postgraduate Certificate in Intervention
Techniques in the Psychotherapeutic
Treatment of Children and Adolescents
for Nursing*

This **Postgraduate Certificate in Intervention Techniques in the Psychotherapeutic Treatment of Children and Adolescents for Nursing** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of clinical cases presented by experts in intervention techniques in the Psychotherapeutic Treatment of Children and Adolescents
- ♦ The graphic, schematic, and practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Latest advances in Intervention Techniques in the Psychotherapeutic Treatment of Children and Adolescents
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Special emphasis on innovative methodologies in Intervention Techniques in the Psychotherapeutic Treatment of Children and Adolescents
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection

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This Postgraduate Certificate could be the best investment you make in selecting a professional development program for two key reasons: not only will you update your knowledge in Intervention Techniques in the Psychotherapeutic Treatment of Children and Adolescents for Nursing, but you will also earn a diploma for the Postgraduate Certificate awarded by TECH Global University”

The teaching faculty includes professionals from the field of child and adolescent psychiatry, who bring their practical experience to this program, along with renowned specialists from leading scientific societies.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive learning experience designed to prepare for real-life situations.

The design of this program focuses on Problem-Based Learning, by means of which nurses must try to solve the different professional practice situations that arise throughout the program. For this, professionals will have access to an innovative interactive video system created by renowned experts in child and adolescent psychiatry, all of whom have extensive experience in the field.

Increase your decision-making confidence by updating your knowledge through this program.

Make the most of this opportunity to discover the latest advances in Intervention Techniques in the Psychotherapeutic Treatment of Children and Adolescents and improve the care you provide to your patients.



02 Objectives

The main objective of the program is to develop theoretical-practical learning, ensuring that the nurse gains practical and rigorous mastery of intervention techniques in the psychotherapeutic treatment of children and adolescents.



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This Postgraduate Certificate will enable you to update your knowledge in Intervention Techniques in the Psychotherapeutic Treatment of Children and Adolescents, utilizing the latest educational technology to contribute to high-quality and safe decision-making and follow-up care for these patients”



General Objectives

- ♦ Master the technique for interviewing a child or adolescent
- ♦ Master the personality evaluation of these age groups
- ♦ Identify the role of the family in child and adolescent diagnosis
- ♦ Describe the intervention of clinical psychology in these age groups
- ♦ Develop sufficient skills to manage a child and adolescent clinic

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Make the most of this opportunity and take the step to stay up to date with the latest developments in Intervention Techniques in the Psychotherapeutic Treatment of Children and Adolescents for Nursing”





Specific Objectives

- ◆ Develop knowledge of different mental disorders and behavioural or emotional abnormalities
- ◆ Make a realistic prognosis of the child's or adolescent's situation as part of the differential diagnosis
- ◆ Manage current clinical practices in their biopsychosocial variables
- ◆ Develop protocols and tools that allow for intervention with safeguards
- ◆ Understand the different masks used and atypical ways the illness can present itself in children and adolescents
- ◆ Master decision trees based on DSM-5 and ICD-10
- ◆ Provide knowledge and capacity to avoid iatrogenic involvement with the patient's problem
- ◆ Equip with enough tools to establish the therapist as an authority figure in the eyes of the patient
- ◆ Apply the tools provided in this program to create patient-centered intervention protocols
- ◆ Master interventions, adapting them to the patient's profile

03

Structure and Content

The structure of the content has been designed by a team of professionals from leading hospitals and universities across the country, fully aware of the importance of up-to-date, innovative education and committed to providing high-quality teaching through the use of new educational technologies.





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This Postgraduate Certificate in Intervention Techniques in the Psychotherapeutic Treatment of Children and Adolescents for Nursing contains the most complete and up-to-date scientific program on the market”

Module 1. Clinical Psychology Intervention in Childhood and Adolescent Disorders

- 1.1. Behavior Modification Techniques
 - 1.1.1. Use of Praise
 - 1.1.2. Ignoring Behaviors
 - 1.1.3. "Broken Record" Technique
- 1.2. Giving Rewards
- 1.3. Token Economy
- 1.4. Functional Analysis
- 1.5. Systemic Therapy
 - 1.5.1. Managing Resistance
 - 1.5.2. Clarifying and Recapping
 - 1.5.3. Circular Questions
- 1.6. Family Sculpting
- 1.7. Metaphorical Storytelling
- 1.8. Prescriptions: Healing Rituals
- 1.9. Original Recipes
- 1.10. Strategic Therapy
 - 1.10.1. "I Don't Have to Do This"
 - 1.10.2. Worst-Case Scenarios
 - 1.10.3. Losing Opportunities
- 1.11. Restructuring
- 1.12. Use of Resistance
- 1.13. Paradox
- 1.14. Time-Limited Psychotherapy
 - 1.14.1. Encounter and Marking Phase





- 1.15. Bases of Interaction
- 1.16. Admiration
- 1.17. Silence
- 1.18. Contemplation
- 1.19. Being Present
 - 1.19.1. Displacement and Unframing Phase
- 1.20. Accompaniment
- 1.21. Pacing
- 1.22. Listening
- 1.23. Focusing
- 1.24. Understanding
- 1.25. Acceptance
- 1.26. Recognition
 - 1.26.1. Restructuring and Resolution Phase

“ *A unique, essential and decisive learning experience to boost your professional development”*

04 Study Methodology

TECH is the world's first university to combine the **case study** methodology with **Relearning**, a 100% online learning system based on guided repetition.

This disruptive pedagogical strategy has been conceived to offer professionals the opportunity to update their knowledge and develop their skills in an intensive and rigorous way. A learning model that places students at the center of the educational process giving them the leading role, adapting to their needs and leaving aside more conventional methodologies.



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TECH will prepare you to face new challenges in uncertain environments and achieve success in your career”

The student: the priority of all TECH programs

In TECH's study methodology, the student is the main protagonist.

The teaching tools of each program have been selected taking into account the demands of time, availability and academic rigor that, today, not only students demand but also the most competitive positions in the market.

With TECH's asynchronous educational model, it is students who choose the time they dedicate to study, how they decide to establish their routines, and all this from the comfort of the electronic device of their choice. The student will not have to participate in live classes, which in many cases they will not be able to attend. The learning activities will be done when it is convenient for them. They can always decide when and from where they want to study.

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*At TECH you will NOT have live classes
(which you might not be able to attend)”*



The most comprehensive study plans at the international level

TECH is distinguished by offering the most complete academic itineraries on the university scene. This comprehensiveness is achieved through the creation of syllabi that not only cover the essential knowledge, but also the most recent innovations in each area.

By being constantly up to date, these programs allow students to keep up with market changes and acquire the skills most valued by employers. In this way, those who complete their studies at TECH receive a comprehensive education that provides them with a notable competitive advantage to further their careers.

And what's more, they will be able to do so from any device, pc, tablet or smartphone.

“*TECH's model is asynchronous, so it allows you to study with your pc, tablet or your smartphone wherever you want, whenever you want and for as long as you want*”

Case Studies and Case Method

The case method has been the learning system most used by the world's best business schools. Developed in 1912 so that law students would not only learn the law based on theoretical content, its function was also to present them with real complex situations. In this way, they could make informed decisions and value judgments about how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

With this teaching model, it is students themselves who build their professional competence through strategies such as Learning by Doing or Design Thinking, used by other renowned institutions such as Yale or Stanford.

This action-oriented method will be applied throughout the entire academic itinerary that the student undertakes with TECH. Students will be confronted with multiple real-life situations and will have to integrate knowledge, research, discuss and defend their ideas and decisions. All this with the premise of answering the question of how they would act when facing specific events of complexity in their daily work.



Relearning Methodology

At TECH, case studies are enhanced with the best 100% online teaching method: Relearning.

This method breaks with traditional teaching techniques to put the student at the center of the equation, providing the best content in different formats. In this way, it manages to review and reiterate the key concepts of each subject and learn to apply them in a real context.

In the same line, and according to multiple scientific researches, reiteration is the best way to learn. For this reason, TECH offers between 8 and 16 repetitions of each key concept within the same lesson, presented in a different way, with the objective of ensuring that the knowledge is completely consolidated during the study process.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.



A 100% online Virtual Campus with the best teaching resources

In order to apply its methodology effectively, TECH focuses on providing graduates with teaching materials in different formats: texts, interactive videos, illustrations and knowledge maps, among others. All of them are designed by qualified teachers who focus their work on combining real cases with the resolution of complex situations through simulation, the study of contexts applied to each professional career and learning based on repetition, through audios, presentations, animations, images, etc.

The latest scientific evidence in the field of Neuroscience points to the importance of taking into account the place and context where the content is accessed before starting a new learning process. Being able to adjust these variables in a personalized way helps people to remember and store knowledge in the hippocampus to retain it in the long term. This is a model called Neurocognitive context-dependent e-learning that is consciously applied in this university qualification.

In order to facilitate tutor-student contact as much as possible, you will have a wide range of communication possibilities, both in real time and delayed (internal messaging, telephone answering service, email contact with the technical secretary, chat and videoconferences).

Likewise, this very complete Virtual Campus will allow TECH students to organize their study schedules according to their personal availability or work obligations. In this way, they will have global control of the academic content and teaching tools, based on their fast-paced professional update.



The online study mode of this program will allow you to organize your time and learning pace, adapting it to your schedule”

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that assess real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

The university methodology top-rated by its students

The results of this innovative teaching model can be seen in the overall satisfaction levels of TECH graduates.

The students' assessment of the teaching quality, the quality of the materials, the structure of the program and its objectives is excellent. Not surprisingly, the institution became the top-rated university by its students according to the global score index, obtaining a 4.9 out of 5.

Access the study contents from any device with an Internet connection (computer, tablet, smartphone) thanks to the fact that TECH is at the forefront of technology and teaching.

You will be able to learn with the advantages that come with having access to simulated learning environments and the learning by observation approach, that is, Learning from an expert.



As such, the best educational materials, thoroughly prepared, will be available in this program:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



Practicing Skills and Abilities

You will carry out activities to develop specific competencies and skills in each thematic field. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop within the framework of the globalization we live in.



Interactive Summaries

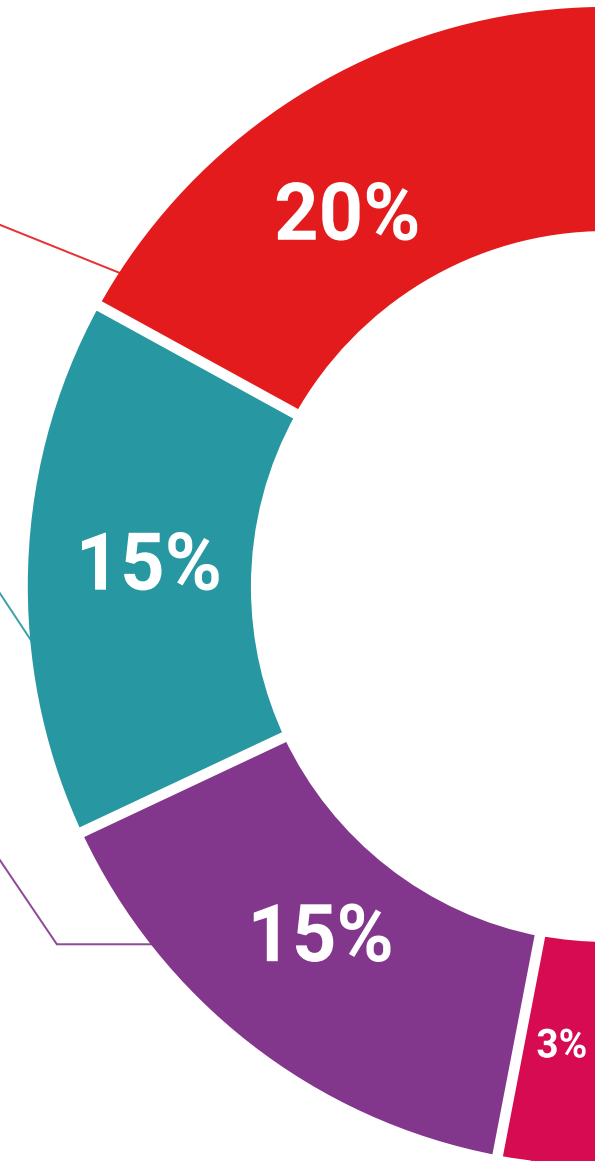
We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

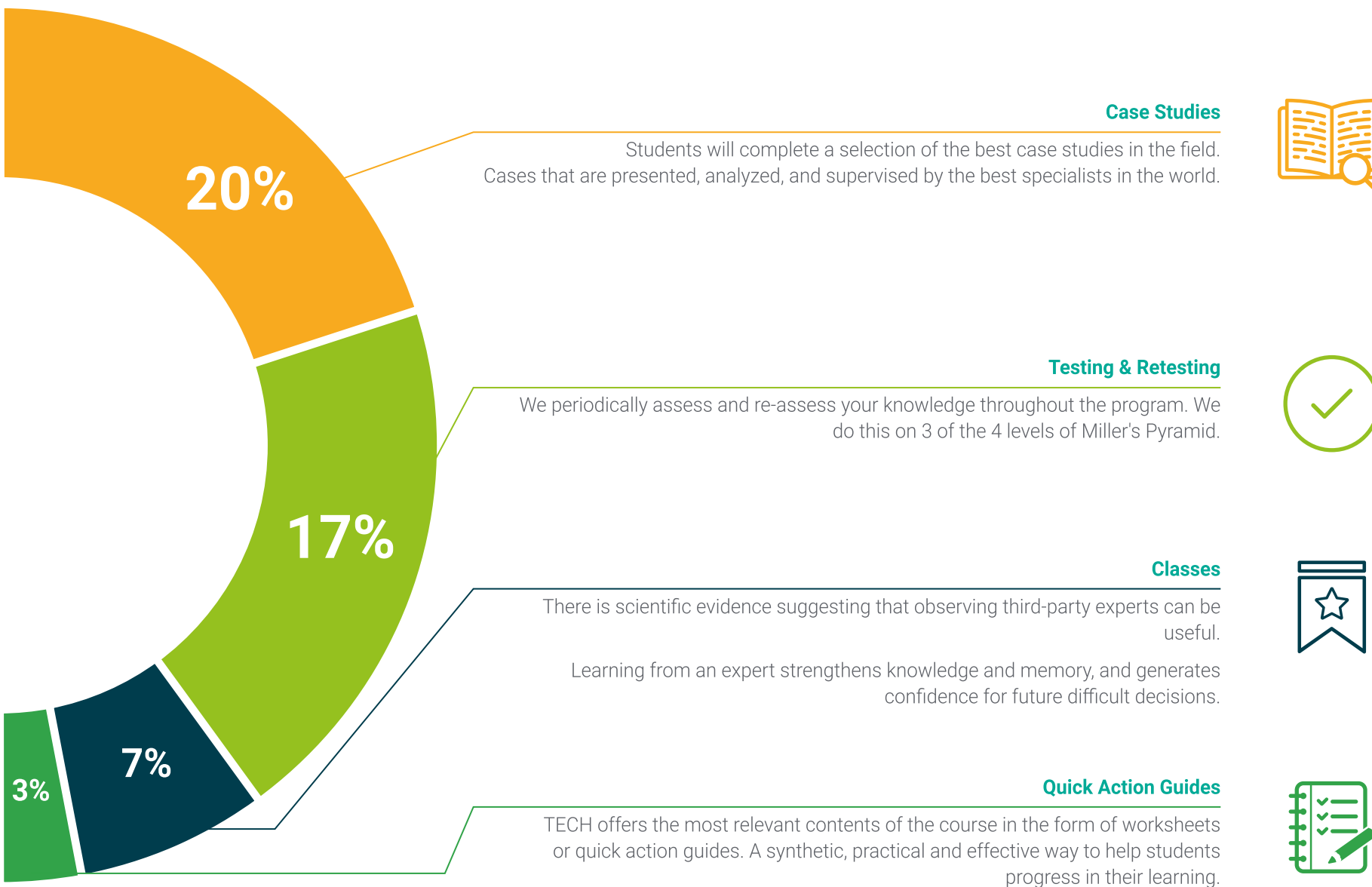
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents, international guides... In our virtual library you will have access to everything you need to complete your education.





05 Certificate

The Postgraduate Certificate in Intervention Techniques in the Psychotherapeutic Treatment of Children and Adolescents for Nursing guarantees students, in addition to the most rigorous and up-to-date education, access to a diploma for the Postgraduate Certificate issued by TECH Global University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This private qualification will allow you to obtain a diploma for the **Postgraduate Certificate in Intervention Techniques in the Psychotherapeutic Treatment of Children and Adolescents for Nursing** endorsed by TECH Global University, the world's largest online university.

TECH Global University, is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification, is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

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