

# Postgraduate Certificate

## The Importance of Psychosocial Support in Emergencies and Catastrophes





## Postgraduate Certificate

### The Importance of Psychosocial Support in Emergencies and Catastrophes

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/nursing/postgraduate-certificate/importance-psychosocial-support-emergencies-catastrophes](http://www.techtute.com/us/nursing/postgraduate-certificate/importance-psychosocial-support-emergencies-catastrophes)

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# 01

# Introduction

The recovery process is often slow for patients who have experienced traumatic situations. At times, re-victimization can lead to relapses, a consequence observed in those affected, wherein they return to the moment of the accident, causing symptoms of stress or anxiety to resurface. In emergency settings, specialized nurses in the clinical setting should be aware of these sequelae to effectively manage and intervene during primary therapeutic measures. TECH has developed a comprehensive and rigorous program focused on providing psychosocial support to patients, enabling these professionals to adeptly master new techniques and update their knowledge. The program is designed in a 100% online format, allowing nursing graduates to optimize emergency care through comprehensive learning, regardless of their location.





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*In a span of just 6 weeks, this course will equip you with the essential knowledge to detect common errors in emergency psychological intervention effectively”*

After experiencing a traumatic situation, it is common for patients to encounter both short-term and long-term sequelae. The human body is not naturally equipped to cope with critical stress situations. This constant feeling of anxiety is what can lead to relapse in those who are affected. The clinical teams responsible for their care also bear the responsibility of helping them master their cognitive-behavioral response after discharge. TECH has developed a comprehensive degree program based on the phases of emergencies and psychological intervention protocols, aimed at equipping professionals with personalized and individualized healthcare techniques and strategies.

The demand for this service is steadily increasing among emergency services, encompassing both security and health sectors. Due to this reason, the current program dedicates a specific section to cater to these intervention groups. By following this approach, the graduate will have the opportunity to explore the emergency plans of civil protection in Spain and address the objectives of crisis intervention effectively. Consequently, the clinician will have a valuable reference point, observing the actions of those already employing advanced arbitration strategies in the labor market.

This degree offers a comprehensive 150-hour program, covering theoretical, practical, and additional materials, delving into the intricacies of the clinical sector, all delivered through a fully online academic experience. Thanks to this program, nursing specialists will gain in-depth knowledge of action protocols and the psychological consequences of incorrect interventions on those involved. TECH's highest priority is to ensure that its graduates maximize the benefits of their degrees, which is why it customizes the programs to cater to their personal needs and those of their professional environment.

The **Postgraduate Certificate in The Importance of Psychosocial Support in Emergencies and Catastrophes** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The program includes the development of case studies presented by experts in psychology and emergency services
- ♦ The program incorporates graphic, schematic, and practical contents that offer both scientific and practical information on the disciplines crucial for professional practice
- ♦ The program includes practical exercises that encourage the use of self-assessment processes to enhance learning outcomes
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, opportunities to ask questions to experts, discussion forums for addressing controversial topics, and individual reflection papers
- ♦ Content that is accessible from any fixed or portable device with an internet connection



*This program delves into the development of emergency psychology, providing an in-depth understanding of its evolution within the healthcare profession"*

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*The 100% online program is designed to be flexible and tailored to your personal and professional circumstances, allowing you to balance your studies with other responsibilities without the need to abandon them”*

The teaching staff of this program consists of a team of professionals from the sector who bring their valuable work experience to the training, along with recognized specialists from prestigious reference societies and universities.

The program's multimedia content, developed using the latest educational technology, offers professionals a situated and contextual learning experience. It creates a simulated environment that provides immersive training, specifically designed to prepare them for real-life situations.

The design of this program is centered around Problem-Based Learning, where professionals are required to address and solve various practice situations that arise throughout the academic year in their field of expertise. To support this approach, the program incorporates an innovative interactive video system developed by renowned experts.

*With this Postgraduate Certificate, you will be empowered to act based on specific protocols for emergencies and catastrophes, ensuring a proficient response to such critical situations.*

*Through this Postgraduate Certificate, you will gain a comprehensive understanding of the different phases of emergencies and the essential therapeutic techniques necessary for providing psychological care in a clinical setting.*



# 02 Objectives

The primary objective of this Postgraduate Certificate is to expand and update the knowledge of nursing graduates, enabling them to implement applicable strategies within their field of practice. Indeed, this program delves deeply into the various types of emergencies, emergencies, and catastrophes, providing comprehensive insights into the different phases and the various agents involved in emergency situations. This dynamic program aims to propel the professional career of nurses towards modern and personalized interventions, catering specifically to the needs of individual patients. It equips them with the knowledge and skills required to excel in their field of practice.







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*This qualification will enable you to enhance your technical skills when handling emergencies and catastrophes effectively”*



## General Objectives

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- This program prioritizes addressing psychosocial support in emergencies and catastrophes
- Understand the different phases and agents involved in emergency processes, as well as the most effective coordination strategies

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*Upon completion of this program, your skills in the clinical setting will be significantly enhanced, as you will have gained valuable experience through the simulation of real cases”*





## Specific Objectives

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- ◆ Learn about the origins of Emergency Psychology
- ◆ Study the differences between emergencies, disasters and urgent care situations. Additionally, you will gain knowledge about the most common types of emergencies
- ◆ Be aware of the importance of the psychologist in emergencies, and distinguish the different roles involved when an emergency event occurs

03

# Structure and Content

The content of this Postgraduate Certificate has been meticulously crafted by experts in the emergency field to address the condition of patients after enduring catastrophes. TECH has utilized specialists to impart their theoretical knowledge and practical experience in the clinical setting to the students. Furthermore, this team has developed additional materials in various formats, making the degree an enriching experience for all enrolled in the program. As a result, Nursing graduates will have the opportunity to delve into the aspects they find most relevant for their professional performance, tailored to their individual preferences and needs.





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*Discover the most comprehensive online syllabus and unlock the knowledge shared by experienced teachers that collaborate in this program”*

## Module 1. The Importance of Psychosocial Support in Emergencies and Catastrophes

- 1.1. Introduction and History of Emergency Psychology
  - 1.1.1. Introduction to the Concept of Emergency Psychology
  - 1.1.2. How did Emergency Psychology Arise?
  - 1.1.3. Emergency Psychology Today
- 1.2. Emergencies, Urgencies and Catastrophes
  - 1.2.1. Differences between the Concepts of Emergencies, Urgent Care and Disasters
  - 1.2.2. Main types of Emergencies, Urgent Care and Disasters
- 1.3. Different Phases and Roles Involved in Emergencies
  - 1.3.1. Emergency Phases
  - 1.3.2. Roles Involved in Emergencies
- 1.4. The Importance of Psychological Support in Emergencies
  - 1.4.1. Introduction to Psychological Support
  - 1.4.2. Psychological Support in Emergency Psychology
  - 1.4.3. The Importance of Psychological Support in Emergencies
- 1.5. Instances of Psychosocial Intervention
  - 1.5.1. Introduction to the Concept of Psychosocial Intervention
  - 1.5.2. Psychosocial Intervention in Psychology
  - 1.5.3. Instances or Stages of Psychosocial Intervention in Emergency Psychology
- 1.6. Objectives and Purposes of Crisis Intervention
  - 1.6.1. Introduction to the Concept of Crisis
  - 1.6.2. Objectives and Purposes of Crisis Intervention
- 1.7. Common Mistakes in Intervention
  - 1.7.1. Main Errors in Emergency Intervention
  - 1.7.2. Psychological Consequences of Erroneous Intervention for those Involved





“ This Postgraduate Certificate will equip you with effective strategies to intervene with patients who have experienced various crises and are in need of psychosocial support”

# 04

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.







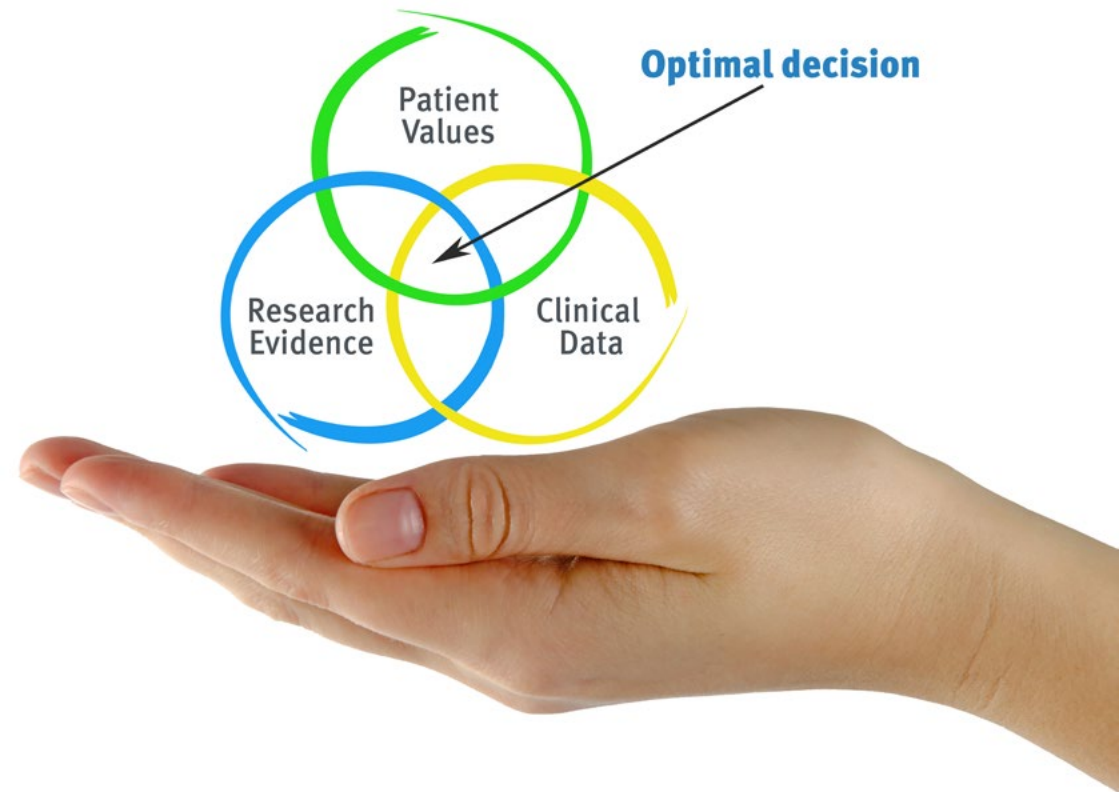
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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

*With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



*The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



# 05 Certificate

The Postgraduate Certificate in the Importance of Psychosocial Support in Emergencies and Catastrophes guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.





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*Upon successfully completing this program, students will receive their university qualification without the need to travel or go through cumbersome paperwork”*

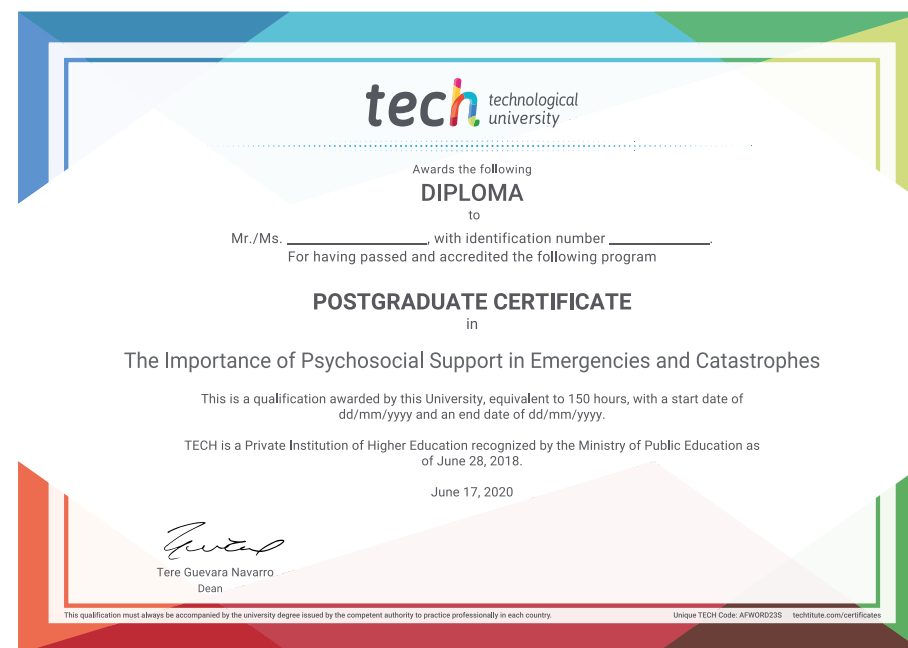
This **Postgraduate Certificate in The Importance of Psychosocial Support in Emergencies and Catastrophes** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in The Importance of Psychosocial Support in Emergencies and Catastrophes**

Official N° of hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.



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