

Postgraduate Certificate

Emotional Approach in Integrative Medicine



Postgraduate Certificate Emotional Approach in Integrative Medicine

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Accreditation: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitude.com/us/nursing/postgraduate-certificate/emotional-approach-integrative-medicine

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01

Introduction

This program is designed to provide in-depth knowledge of the emotional approach in Integrative Medicine as a tool to maintain, recover, and improve health through sounds and music tailored to different emotional situations. Explore and update your knowledge on the possibilities of integrative medicine through the latest educational technology, 100% online, and tailored to the professional's needs.





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The field of natural therapies is an emerging area within the health sciences, gradually and complementarily integrating into traditional healthcare structures. However, in order to address this emerging need, appropriate specialization is essential”

According to the 2011 Situation Analysis of Natural Therapies prepared by the Ministry of Health, Social Policy, and Equality, there is a growing trend in the use of natural therapies in Spain, similar to what is happening in most countries, as well as increased dissemination and promotion of these therapies. In fact, this emerging trend has been accompanied by an increase in the application of scientific research methods to studies on the effects of these techniques in specific clinical situations. According to the conclusions of the aforementioned report, since natural therapies are often used as a second or third treatment option, or merely as complementary, the current levels of evidence can be considered sufficient to justify their use in certain clinical situations.

The multitude of terms used to refer to natural therapies leads to different definitions, such as that of the WHO, which considers traditional medicine to encompass a variety of health practices, approaches, knowledge, and beliefs applied individually or in combination to maintain well-being, as well as to treat, diagnose, or prevent diseases. This includes therapies with medication and therapies without medication, such as acupuncture, manual therapies, and spiritual therapies.

This Postgraduate Certificate in Emotional Approach in Integrative Medicine constitutes a training program, updated based on the latest scientific evidence and the experience of recognized professionals in the field of Natural Therapies. The Postgraduate Certificate proposes the application of various techniques for the emotional approach to patients, as it is a therapy aimed at achieving relaxation, well-being, and improving mental and physical functions, which could be useful in certain clinical situations.

The program's content is based on the latest scientific evidence and the experience of renowned professionals in the field of integrative medicine, giving it a practical nature that is easy to integrate into regular clinical practice.

This **Postgraduate Certificate in Emotional Approach in Integrative Medicine** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ It includes the latest techniques presented by experienced experts
- ♦ Procedures developed in real environments and in an eminently practical and useful way to enhance the desired therapeutic action
- ♦ Includes questionnaires and self-assessment exercises on the contents presented to improve understanding of the concepts and enhance learning
- ♦ Video lessons about the different techniques and their approach
- ♦ Theoretical lessons questions to the expert, discussion forums on controversial issues, and individual reflection work
- ♦ This Postgraduate Certificate allows access to the content from any fixed or portable device with an internet connection



Update your knowledge through the Postgraduate Certificate in Emotional Approach in Integrative Medicine in a practical way, tailored to your needs"

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This Postgraduate Certificate is the best investment you can make when selecting an update program for two reasons: in addition to refreshing your knowledge in Emotional Approach in Integrative Medicine, you will receive a diploma for the Postgraduate Certificate awarded by TECH Global University”

The Postgraduate Certificate allows you to complete all training from home, with a personalized learning path tailored to your pace.

Take advantage of the opportunity to update your knowledge in Mind-Body Therapies to improve patient care and complement therapeutic recommendations.

The program's teaching staff includes professionals from the sector who contribute their work experience to this specializing program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the course. For this purpose, students will be assisted by an innovative interactive video system created by renowned experts.



02 Objectives

The primary objective of the program is the development of theoretical and practical learning, ensuring that the physician gains practical and rigorous mastery of the procedures for Emotional Approach in Integrative Medicine.



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*This continuing education program
will instill a sense of confidence in the
practice of medical care, helping you to
grow both personally and professionally”*

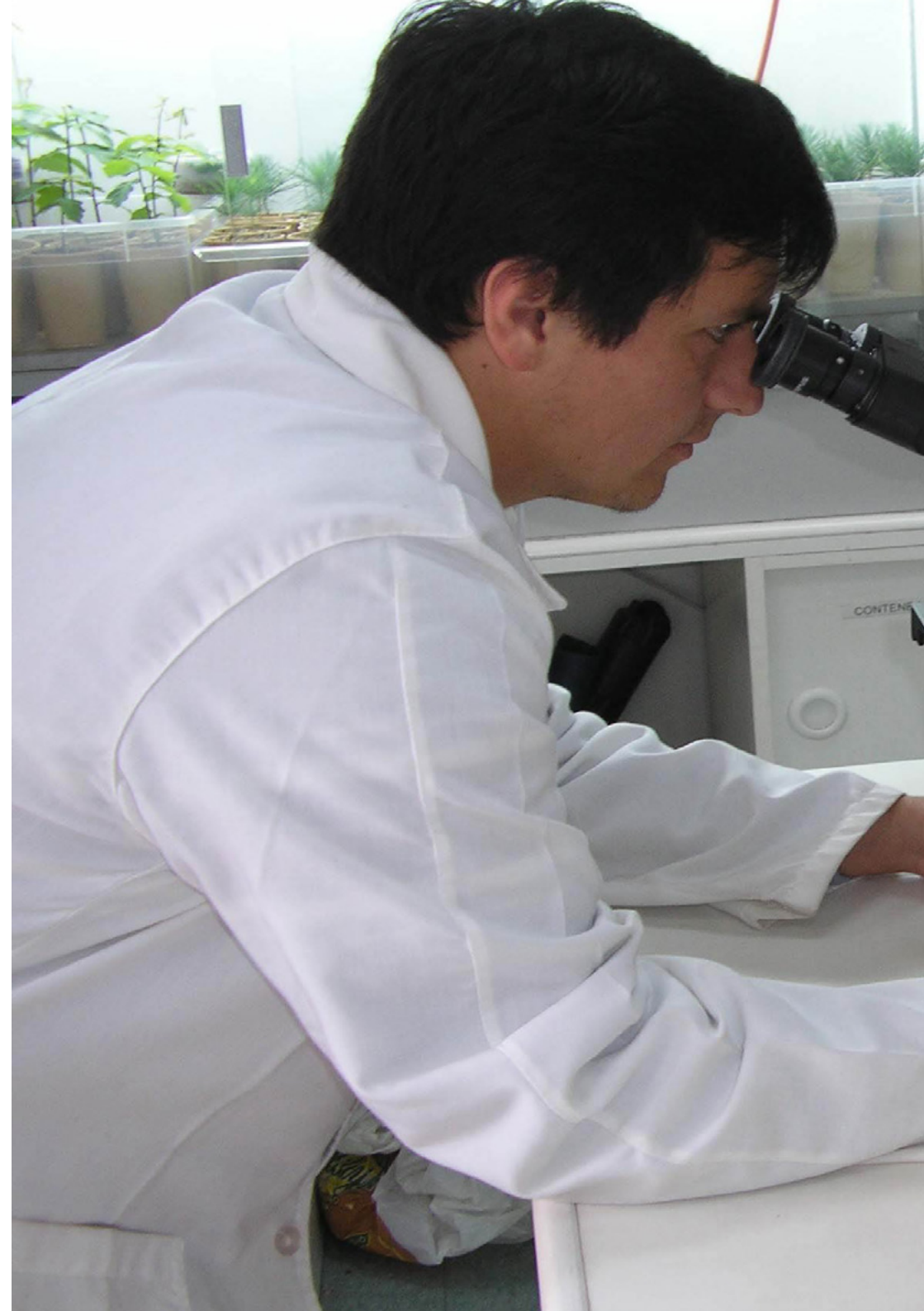


General Objective

- ♦ Provide the necessary knowledge and skills for the correct development and application of integrative medicine in the clinical setting, specifically for the emotional approach to patients in the hospital environment

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Make the most of the opportunity and take the step to get up to date with the latest advancements in Emotional Approach in Integrative Medicine”





Specific Objectives

- ♦ Describe the most important components in the basic systems of regulation, symbiosis, and homeostasis
- ♦ Define the anatomical, biochemical, and nutritional functioning of the human body, identifying different biorhythms and their pathognomonic components
- ♦ Explain the chemical foundations
- ♦ Define psychology in Integrative Medicine
- ♦ Update the principles of social life, behavior, and conduct
- ♦ Describe the psychological repercussions of illness
- ♦ Define educational techniques
- ♦ Establish the differences between communication barriers
- ♦ Describe the principles of networking
- ♦ Address patient management using communication techniques
- ♦ Describe the importance of multidisciplinary work
- ♦ Define the concept of Counselling
- ♦ Explain Coaching tools
- ♦ Define the types of coping mechanisms in the face of illness

03

Course Management

This program includes in its teaching staff health professionals of recognized prestige, and who pour into this refresher program the experience of their work. Additionally, other professionals participate in its design and development, giving it a multidisciplinary character.



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*Learn from leading professionals about
the latest advancements in Emotional
Approach in Integrative Medicine”*

Faculty

Ms. Catalán García, Irene

- ♦ Physiotherapist at Specialized Physiotherapy Center ATM Marta Zorrilla
- ♦ Physiotherapist at MUHC Specialities and Health Clinic
- ♦ Physiotherapist at Cabinet de Kinésithérapie Rieuepeyroux, Aveyron, France
- ♦ Master's Degree in Osteopathic Techniques from the Madrid School of Osteopathy
- ♦ Expert in Global Postural Readjustment by the ST Mont Institute of France
- ♦ Postgraduate Diploma in Myofascial Induction by the Tupimek School
- ♦ Diploma in Physiotherapy from Miguel Hernandez University

Ms. Zorrilla, Marta

- ♦ Graduated in Physiotherapy by EUEF Blanquerna, Ramón Llull University of Barcelona
- ♦ Bachelor's Degree in Pedagogy
- ♦ Postgraduate in muscle chains according to the GDS method
- ♦ Muscular Chain Specialist according to the GDS Method, trained at the APGDS training center in Spain and Belgium (member of the Spanish APGD Society)
- ♦ Trained in Mezieres method, RPG, electrotherapy, myofascial PG treatment
- ♦ Expert in Tempomandibular Disorders; Craniomandibular Dysfunction and Orofacial Pain by the Faculty of Medicine and Physiotherapy San Pablo CEU of Madrid



Mr. Castell, Miguel

- ♦ Professor and Health Facilitator
- ♦ Professor at EVES
- ♦ Professor at the Official College of Nursing
- ♦ Facilitator at Medintegra Clinic
- ♦ Research Sufficiency in Anthropology by the University of Alicante
- ♦ Bachelor's Degree in Social and Cultural Anthropology from the University Miguel
- ♦ Hernández de Elche
- ♦ Diploma in Nursing

Mr. Yáñez Barja, Pedro

- ♦ Director of Fisiomedicina Clinic
- ♦ Professor of Master's Degree at San Pablo CEU University
- ♦ Associate Professor at Miguel Hernandez University of Alicante, Faculty of Pharmacology
- ♦ Diploma in Physiotherapy
- ♦ Diploma in Osteopathy D.O.
- ♦ Postgraduate in Osteopathy Introduction to Posturology
- ♦ Expert in Kinesiotaping and Psychoneuroimmunology, applied to Sports Posturology and Movement
- ♦ Expert in Sports Physiotherapy University of Alcalá de Henares of Madrid

Dr. Serra, Mireia

- ♦ PhD in the Faculty of Psychology, Education, and Sports Sciences, Blanquerna.
- ♦ Music Therapist in the hospital setting at Fundación San José and the La Paz University Hospital in Madrid, in the Oncology Department
- ♦ Professor of the Master's in Music Therapy at the Catholic University of Valencia
- ♦ Associate Professor at the Catholic University of Valencia

Mr. Maestre Martí, Jorge

- ♦ Hatha and Kundalini Yoga Teacher
- ♦ Author of the books *YYoga for Children and Reading Comprehension: Didactic Guide of Melecu*
- ♦ Bachelor's Degree in Pedagogy



A unique, essential and decisive learning experience to boost your professional development"

04

Structure and Content

The structure of the content has been designed by a team of professionals familiar with the implications of training in medical practice, aware of the relevance of up-to-date education in order to act effectively with patients, and committed to delivering quality teaching through new educational technologies.



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This Postgraduate Certificate in Emotional Approach in Integrative Medicine contains the most complete and up-to-date program on the market”

Module 1. Introduction to Integrative Medicine

- 1.1. Anatomy and Global Anatomical Structure of the Human Body
- 1.2. Chemical Fundamentals
- 1.3. Biology of Life
- 1.4. Microbiology
- 1.5. Psychology
- 1.6. Beliefs
- 1.7. Medical History
- 1.8. Social Life, Behavior, and Conduct
- 1.9. Basic Aspects of Integrative Medicine

Module 2. Psychological and Emotional Approach

- 2.1. The Patient Facing Illness
- 2.2. Psychological Impact of Illness
- 2.3. Coping with Illness
- 2.4. The Ability to Listen
- 2.5. Counseling
- 2.6. Educational Technology
- 2.7. Communication Techniques
- 2.8. Powerful Questions
- 2.9. Communication Barriers
- 2.10. Coaching Tools
- 2.11. Networking. The Importance of Multidisciplinary Work
- 2.12. Webtherapy. When Your Patient is 2,000km Away from Your Office





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*A unique, essential and decisive
learning experience to boost your
professional development”*

05 Study Methodology

TECH is the world's first university to combine the **case study** methodology with **Relearning**, a 100% online learning system based on guided repetition.

This disruptive pedagogical strategy has been conceived to offer professionals the opportunity to update their knowledge and develop their skills in an intensive and rigorous way. A learning model that places students at the center of the educational process giving them the leading role, adapting to their needs and leaving aside more conventional methodologies.



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TECH will prepare you to face new challenges in uncertain environments and achieve success in your career”

The student: the priority of all TECH programs

In TECH's study methodology, the student is the main protagonist.

The teaching tools of each program have been selected taking into account the demands of time, availability and academic rigor that, today, not only students demand but also the most competitive positions in the market.

With TECH's asynchronous educational model, it is students who choose the time they dedicate to study, how they decide to establish their routines, and all this from the comfort of the electronic device of their choice. The student will not have to participate in live classes, which in many cases they will not be able to attend. The learning activities will be done when it is convenient for them. They can always decide when and from where they want to study.

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*At TECH you will NOT have live classes
(which you might not be able to attend)”*



The most comprehensive study plans at the international level

TECH is distinguished by offering the most complete academic itineraries on the university scene. This comprehensiveness is achieved through the creation of syllabi that not only cover the essential knowledge, but also the most recent innovations in each area.

By being constantly up to date, these programs allow students to keep up with market changes and acquire the skills most valued by employers. In this way, those who complete their studies at TECH receive a comprehensive education that provides them with a notable competitive advantage to further their careers.

And what's more, they will be able to do so from any device, pc, tablet or smartphone.

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TECH's model is asynchronous, so it allows you to study with your pc, tablet or your smartphone wherever you want, whenever you want and for as long as you want”

Case Studies and Case Method

The case method has been the learning system most used by the world's best business schools. Developed in 1912 so that law students would not only learn the law based on theoretical content, its function was also to present them with real complex situations. In this way, they could make informed decisions and value judgments about how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

With this teaching model, it is students themselves who build their professional competence through strategies such as Learning by Doing or Design Thinking, used by other renowned institutions such as Yale or Stanford.

This action-oriented method will be applied throughout the entire academic itinerary that the student undertakes with TECH. Students will be confronted with multiple real-life situations and will have to integrate knowledge, research, discuss and defend their ideas and decisions. All this with the premise of answering the question of how they would act when facing specific events of complexity in their daily work.



Relearning Methodology

At TECH, case studies are enhanced with the best 100% online teaching method: Relearning.

This method breaks with traditional teaching techniques to put the student at the center of the equation, providing the best content in different formats. In this way, it manages to review and reiterate the key concepts of each subject and learn to apply them in a real context.

In the same line, and according to multiple scientific researches, reiteration is the best way to learn. For this reason, TECH offers between 8 and 16 repetitions of each key concept within the same lesson, presented in a different way, with the objective of ensuring that the knowledge is completely consolidated during the study process.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.



A 100% online Virtual Campus with the best teaching resources

In order to apply its methodology effectively, TECH focuses on providing graduates with teaching materials in different formats: texts, interactive videos, illustrations and knowledge maps, among others. All of them are designed by qualified teachers who focus their work on combining real cases with the resolution of complex situations through simulation, the study of contexts applied to each professional career and learning based on repetition, through audios, presentations, animations, images, etc.

The latest scientific evidence in the field of Neuroscience points to the importance of taking into account the place and context where the content is accessed before starting a new learning process. Being able to adjust these variables in a personalized way helps people to remember and store knowledge in the hippocampus to retain it in the long term. This is a model called Neurocognitive context-dependent e-learning that is consciously applied in this university qualification.

In order to facilitate tutor-student contact as much as possible, you will have a wide range of communication possibilities, both in real time and delayed (internal messaging, telephone answering service, email contact with the technical secretary, chat and videoconferences).

Likewise, this very complete Virtual Campus will allow TECH students to organize their study schedules according to their personal availability or work obligations. In this way, they will have global control of the academic content and teaching tools, based on their fast-paced professional update.



The online study mode of this program will allow you to organize your time and learning pace, adapting it to your schedule”

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that assess real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

The university methodology top-rated by its students

The results of this innovative teaching model can be seen in the overall satisfaction levels of TECH graduates.

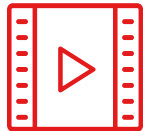
The students' assessment of the teaching quality, the quality of the materials, the structure of the program and its objectives is excellent. Not surprisingly, the institution became the top-rated university by its students according to the global score index, obtaining a 4.9 out of 5.

Access the study contents from any device with an Internet connection (computer, tablet, smartphone) thanks to the fact that TECH is at the forefront of technology and teaching.

You will be able to learn with the advantages that come with having access to simulated learning environments and the learning by observation approach, that is, Learning from an expert.



As such, the best educational materials, thoroughly prepared, will be available in this program:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



Practicing Skills and Abilities

You will carry out activities to develop specific competencies and skills in each thematic field. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop within the framework of the globalization we live in.



Interactive Summaries

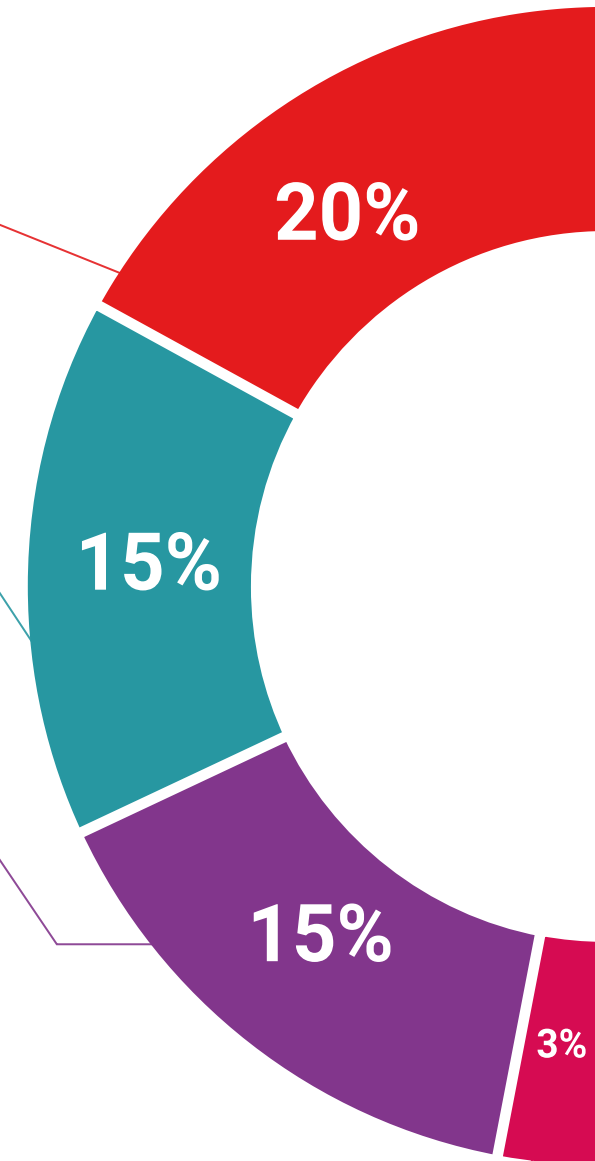
We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

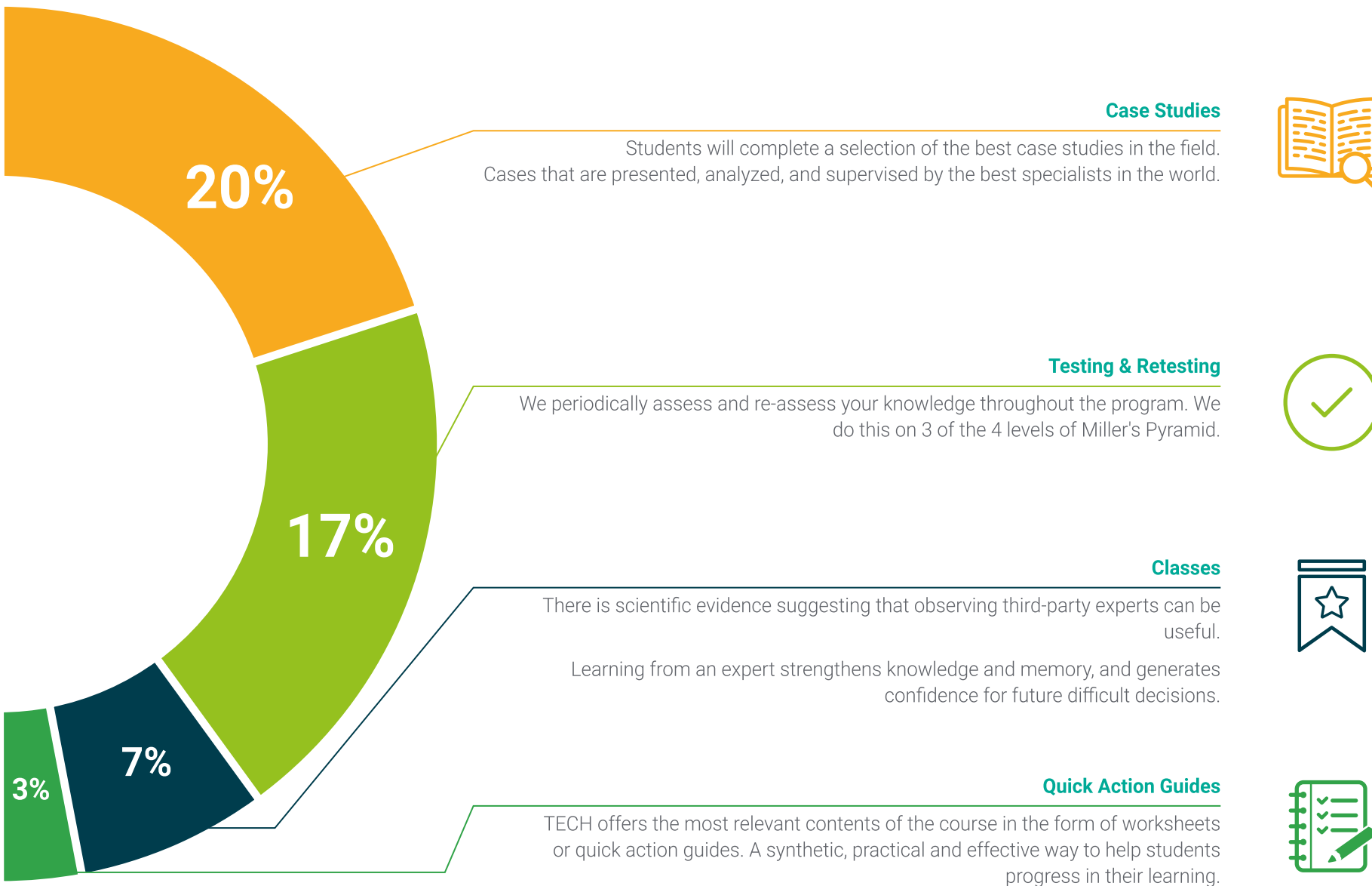
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents, international guides... In our virtual library you will have access to everything you need to complete your education.





06 Certificate

The Postgraduate Certificate in Emotional Approach in Integrative Medicine guarantees students, in addition to the most rigorous and up-to-date education, access to a diploma for the Postgraduate Certificate issued by TECH Global University.



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*Successfully complete this program and receive
your university qualification without having to
travel or fill out laborious paperwork”*

This private qualification will allow you to obtain a diploma for the **Postgraduate Certificate in Emotional Approach in Integrative Medicine** endorsed by TECH Global University, the world's largest online university.

TECH Global University, is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification, is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Emotional Approach in Integrative Medicine**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**



future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
online training
development languages
virtual classroom



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