

# Postgraduate Certificate

Communication and Psychosocial  
Approach to the Oncology Patient  
in Nursing



## Postgraduate Certificate Communication and Psychosocial Approach to the Oncology Patient in Nursing

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/nursing/postgraduate-certificate/communication-psychosocial-approach-oncology-patient-nursing](http://www.techtute.com/us/nursing/postgraduate-certificate/communication-psychosocial-approach-oncology-patient-nursing)

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# 01

# Introduction

During the course of the oncological disease, patients and their families have complex physical and psychological needs. The diagnosis of cancer triggers psychosocial problems for the patients, their families and the health care team itself. In this context, this program proposes a nursing approach focused on communication, with an integral vision and based on the principles of bioethics.





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*Learn how to communicate bad news to oncology patients and their environment with the most useful tools and protocols in this high-intensity Postgraduate Certificate”*

Communication is a powerful therapeutic tool that nursing professionals must learn to manage skillfully. Forgotten in many university programs, it is one of the pillars of nursing care. Throughout this program, the student will learn to use Counselling as one of the most effective forms of helping relationships in situations of high emotional involvement, so frequent in oncology patients.

Denial and hostile reactions will be treated holistically, analyzing their causes and factors involved and establishing the objectives and strategies that will guide the professional in their management. Likewise, the student will acquire skills to guide patients and their families in decision making and planning of advance directives.

The family approach is also very present in this program. Students are prepared in strategies for the prevention of complicated grief and family withdrawal, as well as in the communication of bad news and the management of complex situations, such as the conspiracy of silence.

At the end of the educational program, the nursing professional will be able to effectively manage the psychosocial problems of oncology patients and their families, identifying the causes involved and developing appropriate strategies for their resolution.

The up-to-date contents of this Postgraduate Certificate and its integrative approach will provide a complete vision of all aspects related to oncology nursing. The contents will provide a journey through the diverse needs of cancer patients, whose particularities require personalized attention.

Both the design of the program and the educational material used will facilitate the understanding of concepts, and the realization of practical cases will help to adapt what has been learned to clinical practice. In this way, the completion of the program} will provide immersive learning to achieve the professionals' education in real situations of their daily professional practice.

This **Postgraduate Certificate in Communication and Psychosocial Approach to the Oncology Patient in Nursing** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of case studies presented by experts in Oncology Nursing
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Latest information on communication and psychosocial approach to the oncology patient in nursing
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies in communication and psychosocial approach to the oncology patient in nursing
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Don't miss this opportunity to study in the biggest private online university"*

“

*This Postgraduate Certificate is the best investment you can make in selecting a refresher program to update your knowledge in Oncology Nursing”*

Its teaching staff includes professionals from the field of nursing Dermatology, who bring their experience to this educational program, as well as renowned specialists from leading communities and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the specialist must try to solve the different professional practice situations that arise throughout the program. For this purpose, the professional will be assisted by an innovative interactive video system created by renowned and experienced experts in Oncology Nursing with extensive experience.

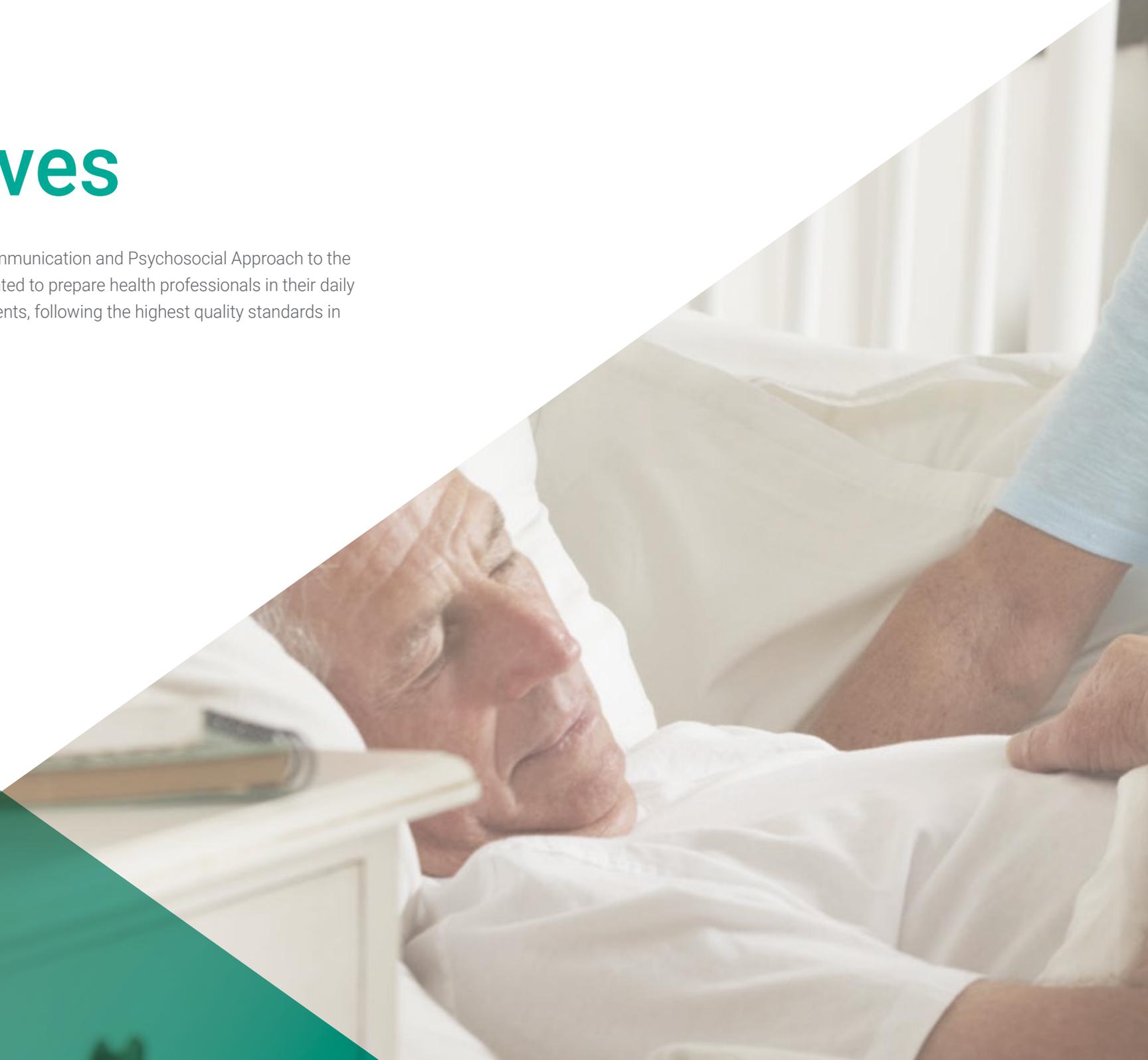
*This program comes with the best educational material, providing you with a contextual approach that will facilitate your learning.*

*This 100% online Postgraduate Certificate will allow you to balance your studies with your professional work while increasing your knowledge in this field.*



# 02 Objectives

The Postgraduate Certificate in Communication and Psychosocial Approach to the Oncology Patient in Nursing is oriented to prepare health professionals in their daily work during the care of cancer patients, following the highest quality standards in the performance of their work.



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*Our goal is to help you succeed  
in your career”*



## General objectives

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- ♦ Expand the professional's knowledge, facilitating the acquisition of advanced competencies that will enable them to provide specialized care to complex oncology patients
- ♦ Incorporate theoretical and pathophysiological fundamentals in nursing practice, assuming the particularities of pediatric, adult and elderly patients
- ♦ Define the specific competencies of the nursing professional in the field of oncology to increase effectiveness and efficiency in the organization and acquire coordination and management skills of the nursing team
- ♦ Design patient and family care plans integrating knowledge, attitudes and skills acquired during the program
- ♦ Apply the theoretical knowledge acquired in relation to the oncology patient and the management and administration of treatment, guaranteeing patient safety at all times
- ♦ Delve into the development of interpersonal relationships between the professional and the patient-family, as well as with the rest of the members of the multidisciplinary team
- ♦ Integrate emotional management strategies in the different stages of the disease process, incorporating the psychosocial and spiritual approach in the care and assuming death as a natural process in the terminal patient
- ♦ Acquire the necessary education to act with autonomy and provide the best care based on scientific evidence
- ♦ Implement research into routine nursing practice as a basis for professional development and effective and efficient management of complex cases





## Specific objectives

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- ◆ Communicate in an understandable way, appropriate to the patient's needs and providing true information that helps decision
- ◆ Develop assertive communication and self-regulation skills, as well as problem analysis and resolution techniques
- ◆ Facilitate the adaptation process and motivate patients with maladaptive denial to change
- ◆ Implement the phases of the deliberative process as a strategy to guide the patient in making decisions about their own health
- ◆ Manage the appearance of the conspiracy of silence through emotional validation, empathy, anticipation or agreement
- ◆ Assess the patient's decision-making capacity and identify the non-competent patient
- ◆ Recognize the external, internal and learning factors involved in the appearance of aggressiveness in the oncology patient
- ◆ Support and evaluate the emotional reactions derived from the possibility of limiting the therapeutic effort
- ◆ Anticipate and prevent family breakdown by identifying related factors and developing family intervention strategies
- ◆ Identify manifestations and risk indicators of complicated grief and implement family support techniques
- ◆ Guide the patient and family in advance planning for health care decisions

03

# Course Management

The program's teaching staff includes leading experts in Oncology Nursing who contribute their vast work experience to this educational program. Additionally, other recognized specialists participate in its design and preparation, which means that the program is developed in an interdisciplinary manner.



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*We have an excellent team of professionals who have come together to teach you the latest advances in Oncology Nursing”*

## Management



### Ms. Morán López, Marina

- Nurse in the Medical Oncology, General Surgery, Digestive and Traumatology
- Departments of the University Hospital Infanta Elena
- Nurse at the Valdemoro Medical Center and La Paz University Hospital

## Professors

### Ms. García Parra, Natalia

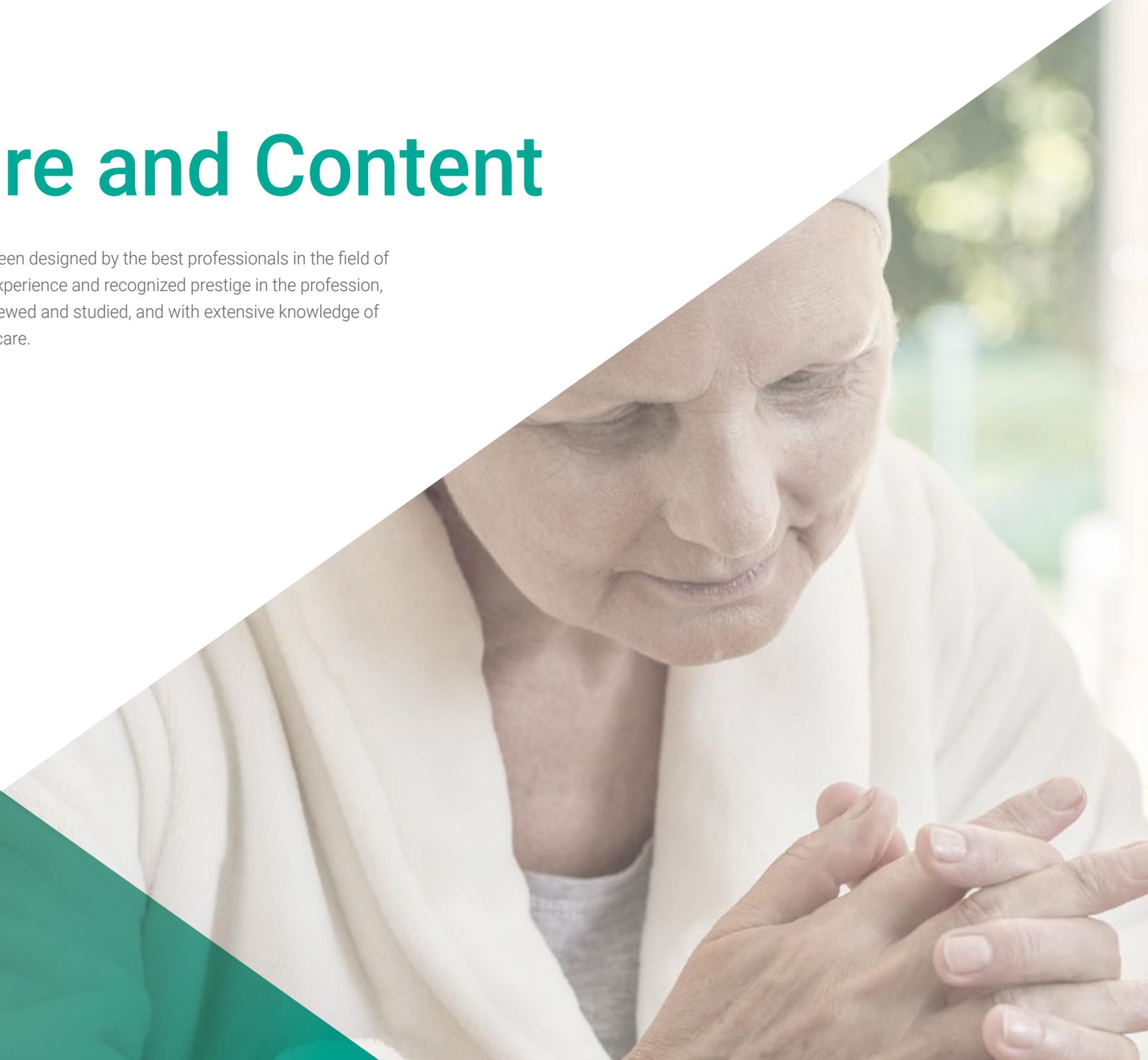
- Volunteer coordinator at the Spanish Association Against Cancer and Infanta Elena Hospital
- Psycho-oncologist at the Spanish Association Against Cancer
- Psychologist at the Spanish Association of Chronic Myeloid Leukemia Patients AELEMIC)
- Psychologist in the Child, Adolescent and Adult Psychology Service of the DRM Clinic



04

# Structure and Content

The structure of the contents has been designed by the best professionals in the field of Oncology Nursing, with extensive experience and recognized prestige in the profession, backed by the volume of cases reviewed and studied, and with extensive knowledge of new technologies applied to healthcare.



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*We have the most complete and up-to-date academic program in the market. We strive for excellence and for you to achieve it too”*

## Module 1. Communication and Psychosocial Approach to the Oncology Patient in Nursing

- 1.1. Communication in Oncology
  - 1.1.1. The Role of Communication in Oncology
  - 1.1.2. Somatic-Psychological Interaction
  - 1.1.3. Bioethical Support
  - 1.1.4. Counseling
    - 1.1.4.1. Knowledge
    - 1.1.4.2. Attitudes
    - 1.1.4.3. Relational Strategies
- 1.2. Denial Management Adaptive and Maladaptive Denial
  - 1.2.1. Causes of Denial
  - 1.2.2. Nursing Professional Objectives
  - 1.2.3. Denial Management
    - 1.2.3.1. Factors Involved
    - 1.2.3.2. Nursing Interventions
- 1.3. Communicating Bad News
  - 1.3.1. How to Transmit Bad News
  - 1.3.2. Nursing Professional Objectives
  - 1.3.3. Factors Involved
  - 1.3.4. Bad News Delivery Strategies
- 1.4. Decision Making
  - 1.4.1. From Communication to Deliberation
  - 1.4.2. Difficulty in Decision-Making
  - 1.4.3. Nursing Professional Objectives
  - 1.4.4. Factors Involved
  - 1.4.5. Deliberative Process
  - 1.4.6. Criteria for Assessing Decision-Making Capacity
  - 1.4.7. Problems in Decision-Making Capacity Nursing Approach



- 1.5. Conspiracy of Silence
  - 1.5.1. The Conspiracy of Silence
  - 1.5.2. Causes of The Conspiracy of Silence
  - 1.5.3. Factors Involved
  - 1.5.4. Nursing Approach
- 1.6. Aggressiveness Management
  - 1.6.1. Oncologic Patient Aggressiveness
  - 1.6.2. Causes of Hostile Reactions
  - 1.6.3. Nursing Professional Objectives
  - 1.6.4. Factors Involved
  - 1.6.5. Aggressive Patient Management
- 1.7. Therapeutic Effort Limitation
  - 1.7.1. The Therapeutic Effort Limitation
  - 1.7.2. Need to Limit Therapeutic Effort
  - 1.7.3. Nursing Professional Objectives
  - 1.7.4. Factors Involved
  - 1.7.5. Approach and Intervention
- 1.8. Family Claudication
  - 1.8.1. Familiar Claudication Prevention
  - 1.8.2. Claudication Causes
  - 1.8.3. Nursing Professional Objectives
  - 1.8.4. Factors Involved
  - 1.8.5. Approach and Intervention Regarding Family Claudication
- 1.9. Prevention of Complicated Family Grief
  - 1.9.1. Complicated Family Grief
  - 1.9.2. Causes of Problems in the Grieving Process
    - 1.9.2.1. Personal Factors
    - 1.9.2.2. Situational Factors
    - 1.9.2.3. Interpersonal Factors
  - 1.9.3. Nursing Professional Objectives
  - 1.9.4. Factors Involved
  - 1.9.5. Approach
    - 1.9.5.1. During Illness
    - 1.9.5.2. At the Time of Death
- 1.10. Anticipated Wishes
  - 1.10.1. Advance Planning of Health Care Decisions
  - 1.10.2. Need for Advance Directives
  - 1.10.3. Nursing Professional Objectives
  - 1.10.4. Factors Involved
  - 1.10.5. Approach
  - 1.10.6. Specific Considerations



*This program will allow you to advance in your career comfortably”*

05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization”*

## At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

*With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



*The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and relearn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then adapted in audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high-quality pieces in each and every one of the materials that are made available to the student.



### Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

# Certificate

The Postgraduate Certificate in Communication and Psychosocial Approach to the Oncology Patient in Nursing guarantees you, in addition to the most rigorous and updated training, access to a Postgraduate Certificate issued by TECH Technological University.





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*Successfully complete this program  
and receive your university degree  
without travel or laborious paperwork”*

This **Postgraduate Certificate in Communication and Psychosocial Approach to the Oncology Patient in Nursing** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Communication and Psychosocial Approach to the Oncology Patient in Nursing**

Official N° of hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

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community commitment  
personalized service innovation  
knowledge present  
development languages  
virtual classroom



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