

# Postgraduate Certificate

## Action Protocols in Advanced Specific Situations





## Postgraduate Certificate Action Protocols in Advanced Specific Situations

- » Modality: online
- » Duration: 12 months
- » Certificate: TECH Technological University
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/nursing/postgraduate-certificate/action-protocols-advanced-specific-situations](http://www.techtute.com/us/nursing/postgraduate-certificate/action-protocols-advanced-specific-situations)

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# 01

# Introduction

Health professionals who first go to the accident scene or who receive victims in the emergency room of a clinical center must apply specific action protocols. These will be delimited by the specific case, patient's age, the degree of involvement in the event and the type of accident experienced, among other issues. Therefore, it is essential that nurses have knowledge of psychological support, such as mastery of acute stress or panic model. TECH has developed a complete and rigorous program that addresses specificities in the emergency environment so that specialists can take a Certificate 100% online, while developing their work. This way, deepening your emergency intervention and optimizing your health service will not imply abandoning other areas of your life.



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*A 100% online Certificate with which you will be able to investigate the different specific situations that can occur in a crisis context, through a program designed for the most demanding nurses”*

Health care in emergencies is a heterogeneous procedure, depending on the specific case faced by the specialist. In this sense, quick action is required, which entails making immediate decisions in complex situations. Therefore, action protocols should focus on efficiency, in order to offer an adequate health service. This way, by applying psychological support, nurses will be able to reduce impact and neurological pathologies of patients in shock in short and long term and increase the well-being of their families in same way.

In order for professionals to have a perfect technical knowledge and protocols to act in different specific situations that may arise in a crisis or emergency context, TECH has developed a Certificate that goes into all these aspects in depth. Knowing how to react to a case of gender violence or a death through individual and group intervention is one of the objectives of this program. Thanks to it, the nurse will deepen in care of aggressive patients or victims who are minors.

TECH offers a completely flexible option so that those who are working in the sector can follow the study 100% online. The 300 hours of intensive education will introduce them to new protocols and techniques for dealing with cases of gender-based violence, disappearances or self-harm. This is a unique opportunity that, in addition, has collaboration of a teaching team versed in the area that will transmit all theoretical and practical knowledge to the enrolled professionals. An alternative that involves audiovisual materials and simulation of real cases, so that nurses can be educated in specific advanced situations with all guarantees.

This **Postgraduate Certificate in Action Protocols in Advanced Specific Situations** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of case studies presented by experts in Psychology and Emergency Services
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Enjoy an accessible learning, thanks to a 100% online modality and the simulation of real cases that will prepare you for healthcare practice"*

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*A unique opportunity to increase your knowledge in intervention principles with patients who are victims of gender violence and to optimize your health service”*

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will allow the professional a situated and contextual learning, that is, a simulated environment that will provide an immersive education programmed to prepare for real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.

*You will deepen in communicative models for communication of bad news to your patients and their family environment, based on psychological techniques.*

*This Postgraduate Certificate will allow you to analyze benefits of emotional support for you to manage patient's condition at risk of autolysis.*



# 02 Objectives

The main objective of this Postgraduate Certificate in Action Protocols for Advanced Specific Situations is to increase and update nursing graduates' knowledge and other professionals interested in psychotherapeutic approach to traumatic situations. In this sense, psychology offers great benefits to patients, so TECH focuses on personalized attention to each patient, based on psychological techniques. This way, students will deepen in intervention with the victim of gender violence, with people intoxicated by alcohol and drugs, with cases of intellectual disability and psychological support to technicians, among other issues.





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*Don't wait any longer. Meet your objectives now with a program that, in just 6 weeks, will give you keys to deal with cases of sexual aggression in different ages”*



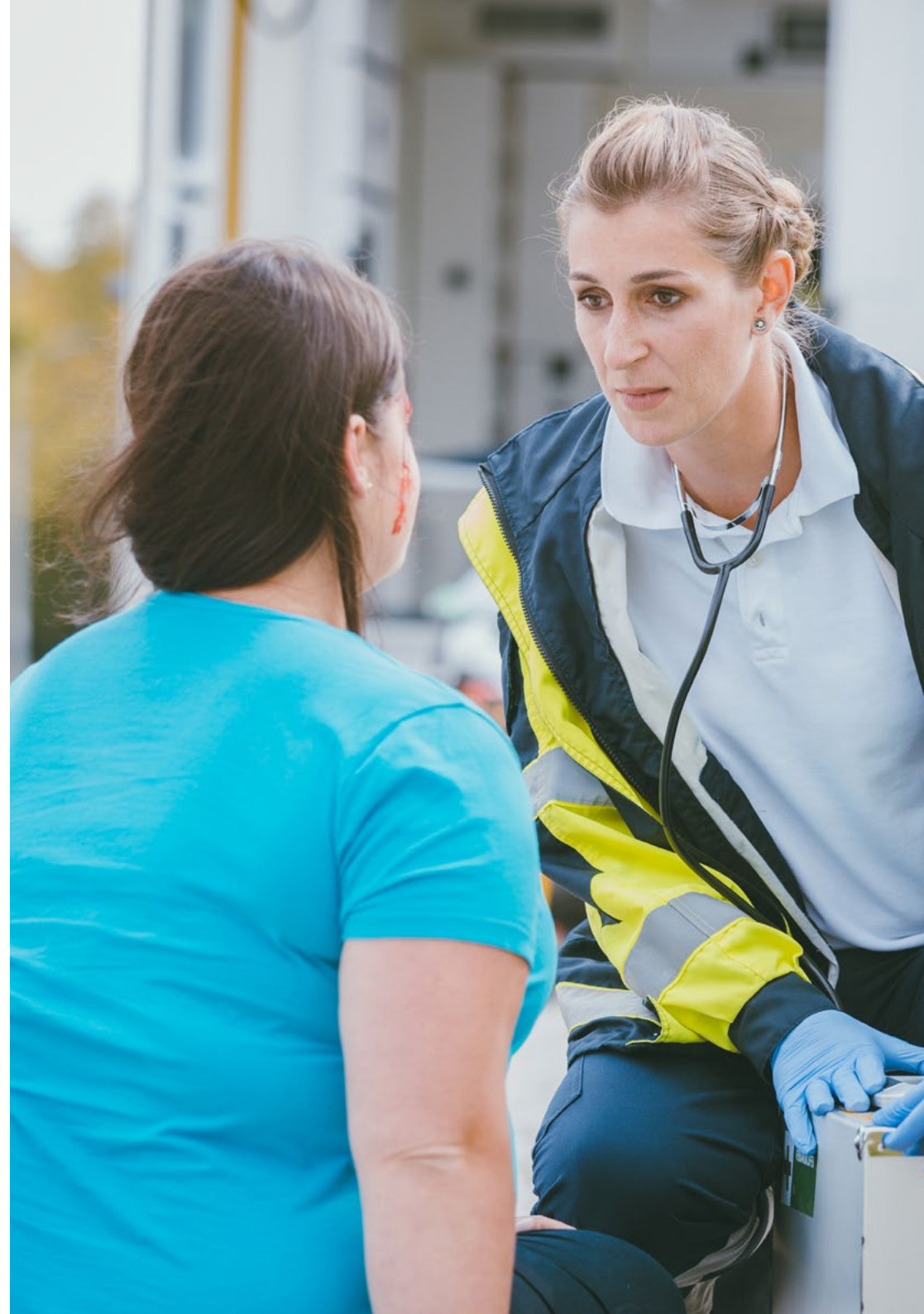
## General Objectives

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- Work on the exhaustive knowledge of the main protocols of action for the different situations that can occur in the context of crisis and emergencies
- Know in detail the new developments related to the delivery of bad news, as well as psychotherapeutic strategies for emotional support when coping with loss



*An ideal academic plan that will allow you to increase your professional quality as a healthcare professional specialized in the therapeutic intervention of different crisis situations"*





## Specific Objectives

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- ◆ Know the action protocols for specific crisis situations
- ◆ Study the grief process in depth, types of grief and how to intervene for cases of normal and pathological grief
- ◆ Know the intervention processes for specific crisis and emergency situations
- ◆ Know the key considerations to intervene with patients in high-risk situations
- ◆ Study the intervention process for patients in specific crisis situations
- ◆ Study the importance of therapeutic support for patients with problematic life situations

03

# Structure and Content

For the efficient transmission of the contents of this Certificate, TECH has integrated innovative academic technology. Its 100% online mode and the prestigious Relearning pedagogical methodology, make the Postgraduate Certificate, a unique and enriching experience for students. Graduates in Nursing and other health disciplines will be able to enjoy a comprehensive Certificate that focuses on protocols for action in specific situations. In addition, nurses will be provided with downloadable audiovisual content and additional support material that, together with the tutoring of the teachers, guarantee optimal teaching that can be adapted to their needs.





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*With this Postgraduate Certificate you will thoroughly investigate aspects to be considered when dealing with an aggressive patient and the management of suicidal out-of-hospital patient”*

## Module 1. Action Protocols for Specific Situations I

- 1.1. Intervention in Acute Stress, Anxiety and Panic
  - 1.1.1. Introduction to the Concept of Acute Stress, Anxiety and Panic
  - 1.1.2. Acute stress Intervention Process
  - 1.1.3. Anxiety Intervention Process
  - 1.1.4. Panic Intervention Process
- 1.2. Grief
  - 1.2.1. Concept of Grief
  - 1.2.2. Theories on Grief
  - 1.2.3. Manifestations of Normal Grief
- 1.3. Introduction and Types of Grief
  - 1.3.1. Stages of Grief
  - 1.3.2. Types of Grief
  - 1.3.3. Functions of Grief
- 1.4. Grief Crisis Intervention
  - 1.4.1. Importance of Intervention in Grief
  - 1.4.2. Grief Crisis Intervention Process
- 1.5. Delivering Bad News I
  - 1.5.1. Announcing Bad News
  - 1.5.2. Procedure for Communicating Bad News
  - 1.5.3. Stages of a Person Receiving Bad News
- 1.6. Delivering Bad News II
  - 1.6.1. Professional Skills in the Delivery of Bad News
  - 1.6.2. Factors that Affect the Delivery of Bad News
  - 1.6.3. Specific Considerations for Communicating Bad News to Children and Other Groups
- 1.7. Emotional Support in the Event of Loss
  - 1.7.1. Emotional Support
  - 1.7.2. Loss
  - 1.7.3. Emotional Support as a Influencing Factor in Crisis Situations



- 1.8. Intervention with Aggressive Patients
  - 1.8.1. Aggressive Patient Characteristics
  - 1.8.2. Keys Points for Intervention for Patients with Aggressive Behaviors
  - 1.8.3. Therapist Skills for Dominating the Therapeutic Scenario for Patients with Aggressive Behaviors
  - 1.8.4. Intervention Techniques with Aggressive Patients
- 1.9. Intervention and Management of the Suicidal Outpatient
  - 1.9.1. Suicide
  - 1.9.2. Therapeutic skills for the Management of the Suicidal Outpatient
  - 1.9.3. Intervention with Patients at Risk of Suicide
- 1.10. Intervention with Family Members of Missing Persons
  - 1.10.1. Factors to Take into Account in the Management of Missing Persons Family Members
  - 1.10.2. Techniques for Coping with Traumatic Events
  - 1.10.3. Intervention Process

## Module 2. Action Protocols for Specific Situations II

- 2.1. Intervention with Victims of Gender Violence
  - 2.1.1. Introduction to Domestic Violence
  - 2.1.2. Principles of Intervention with Patients Victims of Gender Violence
  - 2.1.3. Skills and Knowledge for Targeted Intervention
  - 2.1.4. Intervention Procedure
- 2.2. Intervention with Victims of Sexual Assault
  - 2.2.1. Introduction to the Concept of Sexual Assault
  - 2.2.2. Trauma in the Victims of Sexual Assault
  - 2.2.3. Skills and Knowledge for Targeted Intervention
  - 2.2.4. Procedures for Intervention with Victims of Sexual Assault
- 2.3. Intervention with People Intoxicated by Alcohol and Drugs
  - 2.3.1. Drug Use
  - 2.3.2. Drug Classification
  - 2.3.3. Intervention with Consumers
- 2.4. Crisis Intervention with Children
  - 2.4.1. The Therapeutic Process with Children
  - 2.4.2. Key Considerations and Principles in Therapeutic Intervention with Infants
  - 2.4.3. Effective tools for Intervention with Children

- 2.5. Crisis Intervention with the Psychiatric Patient
  - 2.5.1. Introduction to the Concept of the Psychiatric Patient
  - 2.5.2. The Role of the Psychologist in Crisis Intervention with a Psychiatric Patient
  - 2.5.3. Keys Considerations and Principles of Effective Intervention
- 2.6. Crisis Intervention with the Elderly
  - 2.6.1. Elderly People in the Psychologist's Office
  - 2.6.2. Key Considerations and Principles for Crisis Intervention with Infants
- 2.7. Crisis Intervention with People with Intellectual Disabilities
  - 2.7.1. Introduction to Intellectual Disability
  - 2.7.2. Key Considerations and Principles for Crisis Intervention with Patients with ID
  - 2.7.3. Tools for Interventions with People with ID
- 2.8. Crisis Intervention with Immigrants
  - 2.8.1. Trauma and Stress for Immigrants
  - 2.8.2. Key Considerations and Principles for Crisis Intervention with Immigrants
- 2.9. Accompaniment in the Identification of Corpses
  - 2.9.1. Therapeutic Support
  - 2.9.2. Accompaniment in the Identification of Corpses
  - 2.9.3. Funeral and Burial Ceremony
- 2.10. Psychological Support for Technicians
  - 2.10.1. Upon Completion of the Intervention
  - 2.10.2. Preventing Fatigue
  - 2.10.3. Shifts and Breaks
  - 2.10.4. Coping Strategies



*Enjoy a Certificate without limits, thanks to the flexibility and unlimited access to the Virtual Campus that TECH allows you, while you take the Certificate"*

# 04

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

*With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

*The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



05

# Certificate

The Postgraduate Certificate in Action Protocols in Advanced Specific Situations guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.





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*Successfully complete this program and receive your university certificate without having to travel or fill out laborious paperwork”*

This **Postgraduate Certificate in Action Protocols in Advanced Specific Situations** contains the most complete and up-to-date scientific on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Action Protocols in Advanced Specific Situations**

Official N° of Hours: **300 h.**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.



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