

Master's Degree

Nursing in Integrative Medicine



Master's Degree Nursing in Integrative Medicine

- » Modality: online
- » Duration: 12 months
- » Certificate: TECH Global University
- » Accreditation: 60 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitute.com/us/nursing/master-degree/master-nursing-integrative-medicine



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01

Introduction to the Program

Integrative Medicine has gained significant importance in the search for less invasive treatments. More and more people are practicing mindfulness, using homeopathy, or turning to acupuncture as complementary therapies to traditional medicine. In this context, nursing professionals must stay updated on new approaches and diagnostic strategies. TECH offers this 100% online program, which covers Environmental Medicine, pathophysiology, and health promotion. With no strict schedules and expert guidance, this academic track allows specialists to access the latest knowledge and apply it to optimize patient care and treatment.



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With this fully online Master's Degree, you will optimize patient care from a holistic approach and ensure a significant improvement in their overall well-being in the long term”

Integrative Medicine has experienced significant growth in recent years, driven by the acceptance of healthy alternatives that reduce invasiveness and side effects of certain treatments. This approach has promoted healthy habits and disease prevention through diet, physical activity, and various diagnostic techniques. In this context, nursing professionals must stay updated to provide high-quality care based on the latest scientific advancements.

This Master's Degree from TECH Global University offers the most recent knowledge in this field, enabling specialists to expand their understanding of new therapeutic strategies and their integration into clinical practice. To achieve this, the program has been designed with a theoretical-practical approach, developed by a team of experts who have gathered the most up-to-date information on the management of chronic diseases such as Fibromyalgia, Chronic Fatigue, allergies, and Cancer. Additionally, it includes knowledge about the relationship between the microbiota and depression, as well as the latest diagnostic techniques. The case studies provided by specialized instructors will allow students to apply this knowledge in their professional practice.

The case studies provided by specialized instructors will allow students to apply this knowledge in their professional practice. No scheduling restrictions and accessible from any device with an internet connection.

Furthermore, graduates can enhance their competencies through 10 exclusive Masterclasses led by a renowned International Guest Director.

This **Master's Degree in Nursing in Health Medicine** contains the most complete and up-to-date program on the market. Its most notable features are:

- ♦ The development of practical cases presented by experts in Nursing in Integrative Medicine
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Special emphasis on innovative methodologies in Nursing in Integrative Medicine
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



You will have access to 10 intensive Masterclasses taught by a prestigious International Guest Director highly specialized in Integrative Medicine"

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This is the ideal academic option for nursing professionals who wish to balance a high-quality knowledge update with their work responsibilities”

The program includes a teaching staff composed of professionals from the field of Integrative Medicine Nursing, who contribute their work experience to this program, as well as recognized specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive learning experience designed to prepare for real-life situations.

This program is designed around Problem-Based Learning, whereby the student must try to solve the different professional practice situations that arise throughout the program. For this purpose, the professional will be assisted by an innovative interactive video system created by renowned and experienced experts.

You will master advanced strategies for health prevention and promotion, helping patients reduce the risks of chronic diseases.

Thanks to this university program, you will immerse yourself in the latest developments in Integrative Medicine and its application in patients with Cancer.



02

Why Study at TECH?

TECH is the world's largest online university. With an impressive catalog of more than 14,000 university programs, available in 11 languages, it is positioned as a leader in employability, with a 99% job placement rate. In addition, it has a huge faculty of more than 6,000 professors of the highest international prestige.



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Study at the largest online university in the world and ensure your professional success. The future begins at TECH”

The world's best online university, according to FORBES

The prestigious Forbes magazine, specialized in business and finance, has highlighted TECH as "the best online university in the world" This is what they have recently stated in an article in their digital edition in which they echo the success story of this institution, "thanks to the academic offer it provides, the selection of its teaching staff, and an innovative learning method oriented to form the professionals of the future".

Forbes

The best online university in the world

The most complete
syllabus

The most complete syllabuses on the university scene

TECH offers the most complete syllabuses on the university scene, with programs that cover fundamental concepts and, at the same time, the main scientific advances in their specific scientific areas. In addition, these programs are continuously updated to guarantee students the academic vanguard and the most demanded professional skills. and the most in-demand professional competencies. In this way, the university's qualifications provide its graduates with a significant advantage to propel their careers to success.

The best top international faculty

TECH's faculty is made up of more than 6,000 professors of the highest international prestige. Professors, researchers and top executives of multinational companies, including Isaiah Covington, performance coach of the Boston Celtics; Magda Romanska, principal investigator at Harvard MetaLAB; Ignacio Wistumba, chairman of the department of translational molecular pathology at MD Anderson Cancer Center; and D.W. Pine, creative director of TIME magazine, among others.

TOP
international faculty



The most effective methodology

A unique learning method

TECH is the first university to use Relearning in all its programs. This is the best online learning methodology, accredited with international teaching quality certifications, provided by prestigious educational agencies. In addition, this innovative academic model is complemented by the "Case Method", thereby configuring a unique online teaching strategy. Innovative teaching resources are also implemented, including detailed videos, infographics and interactive summaries.

The world's largest online university

TECH is the world's largest online university. We are the largest educational institution, with the best and widest digital educational catalog, one hundred percent online and covering most areas of knowledge. We offer the largest selection of our own degrees and accredited online undergraduate and postgraduate degrees. In total, more than 14,000 university programs, in ten different languages, making us the largest educational institution in the world.

World's No.1

The World's largest online university

The official online university of the NBA

TECH is the official online university of the NBA. Thanks to our agreement with the biggest league in basketball, we offer our students exclusive university programs, as well as a wide variety of educational resources focused on the business of the league and other areas of the sports industry. Each program is made up of a uniquely designed syllabus and features exceptional guest hosts: professionals with a distinguished sports background who will offer their expertise on the most relevant topics.

Leaders in employability

TECH has become the leading university in employability. Ninety-nine percent of its students obtain jobs in the academic field they have studied within one year of completing any of the university's programs. A similar number achieve immediate career enhancement. All this thanks to a study methodology that bases its effectiveness on the acquisition of practical skills, which are absolutely necessary for professional development.



Google Premier Partner

The American technology giant has awarded TECH the Google Premier Partner badge. This award, which is only available to 3% of the world's companies, highlights the efficient, flexible and tailored experience that this university provides to students. The recognition not only accredits the maximum rigor, performance and investment in TECH's digital infrastructures, but also places this university as one of the world's leading technology companies.



The top-rated university by its students

Students have positioned TECH as the world's top-rated university on the main review websites, with a highest rating of 4.9 out of 5, obtained from more than 1,000 reviews. These results consolidate TECH as the benchmark university institution at an international level, reflecting the excellence and positive impact of its educational model.



03 Syllabus

The syllabus of this program will allow graduates to delve into the latest developments in Integrative Medicine across 9 modules. The syllabus will explore the approach to oncological patients, musculoskeletal system pathologies, the microbiota, and the gut-brain axis. Additionally, it includes evaluation methods in Integrative Medicine, complementary tests such as genetic testing and microbiota analysis. All content will be available 24/7 for several months, accessible from any computer or tablet.



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You will apply cutting-edge, innovative techniques in Environmental Medicine to identify and mitigate the effects of toxic factors on health”

Module 1. Introduction to Integrative Medicine

- 1.1. History of Integrative Medicine
 - 1.1.1. History of Integrative Medicine
- 1.2. Foundations and Indications
 - 1.2.1. Foundations of Integrative Medicine
 - 1.2.2. Indications
- 1.3. How to Develop a Health Plan for the Patient?
 - 1.3.1. The Health Plan: How to Formulate It?
- 1.4. The Sociology of Health
 - 1.4.1. Aspects of the Social Macrosystem that Affect Human Health
 - 1.4.2. Social Aspects that Impact Access to the System
 - 1.4.3. Limitations to Practicing Integrative Medicine
- 1.5. Medical History and Comprehensive Evaluation of the Person
 - 1.5.1. Medical History from the IM's Perspective
 - 1.5.2. Comprehensive Assessment: Objectives and Results
- 1.6. Integrative Approach from a Social Work Perspective
 - 1.6.1. Social Work and IM
 - 1.6.2. Integrative Approach from the Basis of Social Work
- 1.7. Biological and Psychological Stages of the Human Being. Developmental Aspects Related to Age
 - 1.7.1. Biological and Psychological Stages in Humans
 - 1.7.2. Age-Related Developmental Aspects.

Module 2. Integrative Medicine and Health Prevention

- 2.1. Prevention, Health Education and Lifestyles
 - 2.1.1. Preventive Nutrition
- 2.2. Physical Activity and Sports
- 2.3. The Patient as a Proactive Individual
 - 2.3.1. The Role of Nursing in Health and Integrative Medicine
- 2.4. Community Networks as a Pillar of Health Prevention and Promotion
 - 2.4.1. Community Pharmacies
 - 2.4.2. Health Centers
 - 2.4.3. The Family Network
 - 2.4.4. Group of Mutual Aid





Module 3. Approaches and Strategies for Management

- 3.1. Biological Model
 - 3.1.1. The Interrelation of Physiological Systems
 - 3.1.2. Mitochondrial Physiology and Dysfunction
 - 3.1.3. Chronic Inflammation and Mucosal Permeability Syndromes
 - 3.1.4. Implication of Immune System Disorders in Chronic Pathologies
 - 3.1.4.1. Autoimmunity
 - 3.1.5. The Role of Oxidative Stress
 - 3.1.6. Microbiota
 - 3.1.7. The Physiology of Detoxification
- 3.2. Systemic Approach
 - 3.2.1. Gestalt
 - 3.2.2. Transgenerational
- 3.3. Psychoanalytical Approach
- 3.4. Cosmogony of Oriental Medicine
 - 3.4.1. Anthropological and Philosophical Aspects
 - 3.4.1.1. Cineanthropometry and Relationship with Kinetic Chains
 - 3.4.2. Acupoints from Human Embryology
 - 3.4.3. Scientific Foundations of Contemporary Acupuncture
 - 3.4.4. Microsystems
 - 3.4.4.1. Foot Reflexology
 - 3.4.4.2. Auricular Zone Reflex Technique
 - 3.4.4.3. Other Disciplines (Yamamoto Cranial Acupuncture YNSA)
- 3.5. Constitutional Imago, Archetype and Diathesis

Module 4. Pathophysiology

- 4.1. Metabolic Networks
 - 4.1.1. Main Metabolic Pathways and their Clinical Implication
 - 4.1.1.1. Carbohydrate Metabolism
 - 4.1.1.2. Fat Metabolism
 - 4.1.1.3. Protein Metabolism

- 4.2. Inflammation
 - 4.2.1. Main Inflammatory Mediators and their Pathways
 - 4.2.2. Microbiota and Inflammation
 - 4.2.3. Inflammation in Chronic Pathologies
- 4.3. Immunity
- 4.4. Neuropsychiatry and Biological Decoding
 - 4.4.1. Main Neurotransmitters and Their Functions
 - 4.4.2. Gut-Brain Axis
 - 4.4.3. Brain/Immune System Interactions
 - 4.4.4. Microbiota and Depression

Module 5. Diagnosis, Clinical and Complementary Analysis

- 5.1. Clinical Examination and Initial Contact
 - 5.1.1. Medical History and Anamnesis
 - 5.1.2. Semiological Aspects of Integrative Medicine (IM)
 - 5.1.2.1. Pulsology
 - 5.1.2.2. Neurofocal Dentistry, Oral Health, and Temporomandibular Joint (TMJ)
 - 5.1.2.3. Posturology and Kinetic Chains
 - 5.1.2.4. Chronobiology
 - 5.1.2.5. Chronobiology from a Biochemical Perspective
- 5.2. Erythrocyte Fatty Acids
- 5.3. Bone Metabolism
- 5.4. Heavy Metal Testing
- 5.5. Study of the Microbiota and Intestinal Permeability
- 5.6. Genetic Testing
- 5.7. Food Intolerance
- 5.8. GSE Allergies, Celiac Disease
- 5.9. Health Technology
 - 5.9.1. Bioresonance
 - 5.9.2. Thermography
- 5.10. Other Diagnostic Techniques
 - 5.10.1. Other Diagnostic Techniques. Part I
 - 5.10.2. Other Diagnostic Techniques. Part II

Module 6. Environmental Medicine

- 6.1. Basic Concepts of Toxicology
- 6.2. Diseases Caused by Environmental Factors
 - 6.2.1. Respiratory Allergies
 - 6.2.2. Cardiovascular Disease and Heavy Metals
 - 6.2.3. Cancer and Autoimmune Diseases as an Environmental Disease
 - 6.2.4. Chronic Fatigue Syndrome
 - 6.2.5. Central Sensitivity Syndrome
 - 6.2.6. Fibromyalgia
- 6.3. Electromagnetism
- 6.4. Chemical and Food Sensitivities
- 6.5. Endocrine Disruptors
- 6.6. Creation of Optimal Environments for Health Restoration

Module 7. Approach to Common Chronic Diseases in Integrative Medicine I

- 7.1. Environmental Diseases
 - 7.1.1. Fibromyalgia
 - 7.1.2. Chronic Fatigue
 - 7.1.3. Electrosensitivity
 - 7.1.4. Multiple Chemical Sensitivity
- 7.2. Dermatology
- 7.3. Digestive System
 - 7.3.1. Gastritis
 - 7.3.2. Liver Diseases
 - 7.3.3. Adult Celiac Disease
- 7.4. Respiratory System
 - 7.4.1. Asthma
 - 7.4.2. Allergy
 - 7.4.3. COPD (Chronic Obstructive Pulmonary Disease)
- 7.5. Neurology
 - 7.5.1. Migraines
 - 7.5.2. Epilepsy
 - 7.5.3. Cerebrovascular Accident (CVA)
 - 7.5.4. Peripheral Neuropathies

Module 8. Approach to Common Chronic Diseases in Integrative Medicine II

- 8.1. Oncology
 - 8.1.1. Molecular Mechanisms
- 8.2. Diet Therapy in Cancer
- 8.3. Approach Techniques in Oncology
 - 8.3.1. Oncothermia and Hyperthermia
 - 8.3.2. Metabolic Treatment
 - 8.3.3. Intravenous Techniques
 - 8.3.4. Supplementation and Interactions
 - 8.3.5. Aromatherapy
 - 8.3.6. Mind-Body Techniques
- 8.4. Palliative Care
- 8.5. Endocrine
 - 8.5.1. Obesity
 - 8.5.2. Thyroid Pathology
 - 8.5.2.1. Hypothyroidism
 - 8.5.2.2. Hyperthyroidism
 - 8.5.2.3. Thyroid Physiology and Multinodular Goiter. Solitary Thyroid Nodule
 - 8.5.3. Adrenal Gland Disorders
 - 8.5.4. Insulin Resistance and Diabetes
- 8.6. Locomotor System
 - 8.6.1. Osteoarticular Pathology
 - 8.6.2. Rachis Pathology
 - 8.6.2.1. Movement Sciences Approach
 - 8.6.2.2. Visceral Osteopathy Approach
 - 8.6.2.3. Analgesic Techniques
 - 8.6.3. Arthritis
 - 8.6.3.1. Other Injuries. Arthralgia and Myalgia

- 8.7. Nephrology
 - 8.7.1. Kidney Stones
 - 8.7.2. Glomerulonephritis
 - 8.7.3. Chronic Renal Insufficiency
- 8.8. Infectious Diseases
 - 8.8.1. Lyme Disease
 - 8.8.2. Pathologies Related to Slow Viruses
 - 8.8.2.1. EBV, CMV, HSV, VZV
- 8.9. Cardiovascular

Module 9. Legal Aspects

- 9.1. Cooperation in the Practice of ICTM (Bioethics)
- 9.2. Ethics in Clinical Decision Making



Identify environmental diseases such as Fibromyalgia, Chronic Fatigue Syndrome, and Multiple Chemical Sensitivity in your clinical practice"

04

Teaching Objectives

The syllabus of this university degree has been designed to provide the nursing professional with the most up-to-date knowledge on Integrative Medicine. Graduates will be able to deepen their understanding of the access to complementary therapies in hospital settings. Additionally, this program addresses the most common ethical issues in clinical practice, offering tools for their proper management. All of this in a 100% online, flexible environment, accessible from any device, allowing the specialist to update their knowledge without time restrictions or unnecessary travel.



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Master the comprehensive approach to respiratory pathologies such as Asthma, COPD, and Allergies from an integrative approach”



General Objectives

- ♦ Acquire the knowledge and skills necessary to assess the suitability of each discipline in the clinical setting, ensuring the provision of quality care based on scientific evidence
- ♦ Update the knowledge of health science professionals in the various fields of Integrative Medicine
- ♦ Promote work strategies based on integrative approaches and multimodal rehabilitation as a model of reference for achieving excellence in healthcare
- ♦ Foster the acquisition of technical skills and abilities through an effective multimedia system



Use advanced diagnostic tools to assess the relationship between microbiota and chronic diseases”





Specific Objectives

Module 1. Introduction to Integrative Medicine

- ♦ Identify cultural, socioeconomic, and historical factors that shape population health disparities.
- ♦ Reflect the reduction in economic expenditure and improvement in quality of life related to the introduction of IM

Module 2. Integrative Medicine and Health Prevention

- ♦ Study how the political, economic, and social macrosystem shapes the healthcare system, determines access to resources, and influences the roles of health professionals and patients
- ♦ Examine the ways in which integrative practitioners can participate in community-based health programs, identify barriers to access, and develop health resources for underserved populations.

Module 3. Approaches and Strategies for Management

- ♦ Define the clinical practice model, contextualized to the individual's health situation and appropriate goal setting
- ♦ Understand the different philosophical systems of Integrative Medicine from an anthropological perspective

Module 4. Pathophysiology

- ♦ Recognize the pathophysiological processes common to all chronic diseases
- ♦ Analyze the connection between microbiota and depressive episodes

Module 5. Diagnosis, Clinical and Complementary Tests

- ♦ Know the diagnostic tools useful in these processes
- ♦ Explain basic aspects related to the module
- ♦ Analyze the effectiveness of Genomic Medicine in clinical practice, pattern recognition, and metabolic network evaluation
- ♦ Describe the importance of isolating meaningful patterns within complex signals and the complexity of analyzing large datasets

Module 6. Environmental Medicine

- ♦ Review access to complementary medicine therapies in hospital settings
- ♦ Analyze the role of Integrative Medicine in preventing environmental diseases.

Module 7. Approach to Common Chronic Diseases in Integrative Medicine I

- ♦ Identify community resources and referral network for patients requiring specialized care
- ♦ Safely eliminate toxic load and prevent its reaccumulation





Module 8. Approach to Common Chronic Diseases in Integrative Medicine II

- ♦ Develop personalized, clinically meaningful solutions based on omics, focusing on lifestyle and wellness-centered solutions
- ♦ Analyze the potential of integrative therapies for individuals with Endocrine Disorders
- ♦ Explore the use of Integrative Medicine to prevent Cardiovascular Diseases

Module 9. Legal Aspects

- ♦ Discuss the patient's right to free access to Integrative Medicine
- ♦ Review the legal context of applying Integrative Medicine, how to assess risk, and mitigate cases of professional negligence
- ♦ Understand common ethical issues that arise in current clinical practice
- ♦ Reflect on the need for academic and professional organization according to the regulatory framework of some European countries

05

Career Opportunities

This ground-breaking university program from TECH represents a unique opportunity for nursing professionals who seek to update their skills and specialize in Integrative Medicine. Through a multidisciplinary approach, graduates will acquire the most innovative tools to implement complementary therapeutic strategies, promoting patient health and well-being based on the latest available scientific evidence.



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You will integrate the most advanced developments in Integrative Medicine to optimize patient care and develop a nursing practice based on a holistic and personalized approach”

Graduate Profile

The graduate of this Master's Degree from TECH will be a highly qualified professional capable of applying Integrative Medicine in clinical practice. They will master complementary therapies, health promotion, and comprehensive management of chronic diseases. They will be able to formulate individualized plans, perform anamnesis with a holistic approach, and design strategies for prevention, diagnosis, and intervention. Additionally, they will integrate interdisciplinary models of care, coordinate therapeutic networks, and lead integrative health projects. They will evaluate the impact of environmental factors, microbiota, and nutrition on health, applying evidence-based protocols to optimize their patients' quality of life.

Understand the impact of electromagnetism and endocrine disruptors in the development of systemic diseases.

- ♦ **Application of Integrative Medicine in Clinical Settings:** Ability to formulate holistic and personalized care strategies
- ♦ **Mastery of advanced diagnostic techniques:** Use of complementary tests such as microbiota studies, bone metabolism, genetic analysis, and neurotransmitter evaluations.
- ♦ **Approach to chronic and autoimmune diseases:** Development of therapeutic plans for conditions such as fibromyalgia, chronic fatigue, and multiple chemical sensitivity.
- ♦ **Management of environmental health and nutrition:** Assessment of environmental factors and their impact on patient health.





After completing this university program, you will be able to apply your knowledge and skills in the following positions:

- 1. Specialist Nurse in Integrative Medicine:** Application of complementary therapies in clinical care.
- 2. Coordinator of Holistic Health Programs:** Design and management of care plans based on Integrative Medicine in hospital settings.
- 3. Consultant in Complementary Therapies:** Advising on the implementation of integrative health strategies in clinics and hospitals.
- 4. Specialist in Health Promotion and Disease Prevention:** Development of programs based on nutrition, physical activity, and environmental control.
- 5. Palliative Care Nurse with an Integrative Focus:** Application of complementary therapies to enhance patient quality of life.
- 6. Educator and Trainer in Integrative Medicine:** Training healthcare professionals in the use of integrative therapies.
- 7. Researcher in Integrative Medicine:** Development of studies on the effectiveness of complementary treatments and their clinical impact.



You will optimize palliative care by applying principles of Integrative Medicine to improve the patient's quality of life"

06

Study Methodology

TECH is the world's first university to combine the **case study** methodology with **Relearning**, a 100% online learning system based on guided repetition.

This disruptive pedagogical strategy has been conceived to offer professionals the opportunity to update their knowledge and develop their skills in an intensive and rigorous way. A learning model that places students at the center of the educational process giving them the leading role, adapting to their needs and leaving aside more conventional methodologies.



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TECH will prepare you to face new challenges in uncertain environments and achieve success in your career”

The student: the priority of all TECH programs

In TECH's study methodology, the student is the main protagonist.

The teaching tools of each program have been selected taking into account the demands of time, availability and academic rigor that, today, not only students demand but also the most competitive positions in the market.

With TECH's asynchronous educational model, it is students who choose the time they dedicate to study, how they decide to establish their routines, and all this from the comfort of the electronic device of their choice. The student will not have to participate in live classes, which in many cases they will not be able to attend. The learning activities will be done when it is convenient for them. They can always decide when and from where they want to study.

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*At TECH you will NOT have live classes
(which you might not be able to attend)”*



The most comprehensive study plans at the international level

TECH is distinguished by offering the most complete academic itineraries on the university scene. This comprehensiveness is achieved through the creation of syllabi that not only cover the essential knowledge, but also the most recent innovations in each area.

By being constantly up to date, these programs allow students to keep up with market changes and acquire the skills most valued by employers. In this way, those who complete their studies at TECH receive a comprehensive education that provides them with a notable competitive advantage to further their careers.

And what's more, they will be able to do so from any device, pc, tablet or smartphone.

“*TECH's model is asynchronous, so it allows you to study with your pc, tablet or your smartphone wherever you want, whenever you want and for as long as you want*”

Case Studies and Case Method

The case method has been the learning system most used by the world's best business schools. Developed in 1912 so that law students would not only learn the law based on theoretical content, its function was also to present them with real complex situations. In this way, they could make informed decisions and value judgments about how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

With this teaching model, it is students themselves who build their professional competence through strategies such as Learning by Doing or Design Thinking, used by other renowned institutions such as Yale or Stanford.

This action-oriented method will be applied throughout the entire academic itinerary that the student undertakes with TECH. Students will be confronted with multiple real-life situations and will have to integrate knowledge, research, discuss and defend their ideas and decisions. All this with the premise of answering the question of how they would act when facing specific events of complexity in their daily work.



Relearning Methodology

At TECH, case studies are enhanced with the best 100% online teaching method: Relearning.

This method breaks with traditional teaching techniques to put the student at the center of the equation, providing the best content in different formats. In this way, it manages to review and reiterate the key concepts of each subject and learn to apply them in a real context.

In the same line, and according to multiple scientific researches, reiteration is the best way to learn. For this reason, TECH offers between 8 and 16 repetitions of each key concept within the same lesson, presented in a different way, with the objective of ensuring that the knowledge is completely consolidated during the study process.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.



A 100% online Virtual Campus with the best teaching resources

In order to apply its methodology effectively, TECH focuses on providing graduates with teaching materials in different formats: texts, interactive videos, illustrations and knowledge maps, among others. All of them are designed by qualified teachers who focus their work on combining real cases with the resolution of complex situations through simulation, the study of contexts applied to each professional career and learning based on repetition, through audios, presentations, animations, images, etc.

The latest scientific evidence in the field of Neuroscience points to the importance of taking into account the place and context where the content is accessed before starting a new learning process. Being able to adjust these variables in a personalized way helps people to remember and store knowledge in the hippocampus to retain it in the long term. This is a model called Neurocognitive context-dependent e-learning that is consciously applied in this university qualification.

In order to facilitate tutor-student contact as much as possible, you will have a wide range of communication possibilities, both in real time and delayed (internal messaging, telephone answering service, email contact with the technical secretary, chat and videoconferences).

Likewise, this very complete Virtual Campus will allow TECH students to organize their study schedules according to their personal availability or work obligations. In this way, they will have global control of the academic content and teaching tools, based on their fast-paced professional update.



The online study mode of this program will allow you to organize your time and learning pace, adapting it to your schedule"

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that assess real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

The university methodology top-rated by its students

The results of this innovative teaching model can be seen in the overall satisfaction levels of TECH graduates.

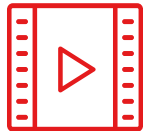
The students' assessment of the teaching quality, the quality of the materials, the structure of the program and its objectives is excellent. Not surprisingly, the institution became the top-rated university by its students according to the global score index, obtaining a 4.9 out of 5.

Access the study contents from any device with an Internet connection (computer, tablet, smartphone) thanks to the fact that TECH is at the forefront of technology and teaching.

You will be able to learn with the advantages that come with having access to simulated learning environments and the learning by observation approach, that is, Learning from an expert.



As such, the best educational materials, thoroughly prepared, will be available in this program:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



Practicing Skills and Abilities

You will carry out activities to develop specific competencies and skills in each thematic field. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop within the framework of the globalization we live in.



Interactive Summaries

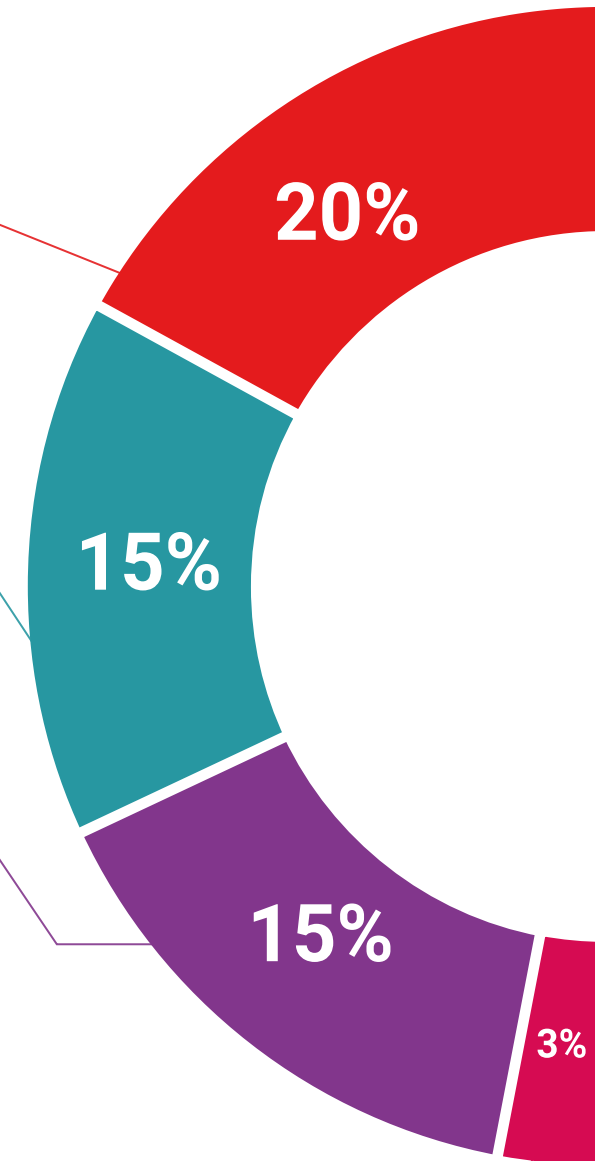
We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

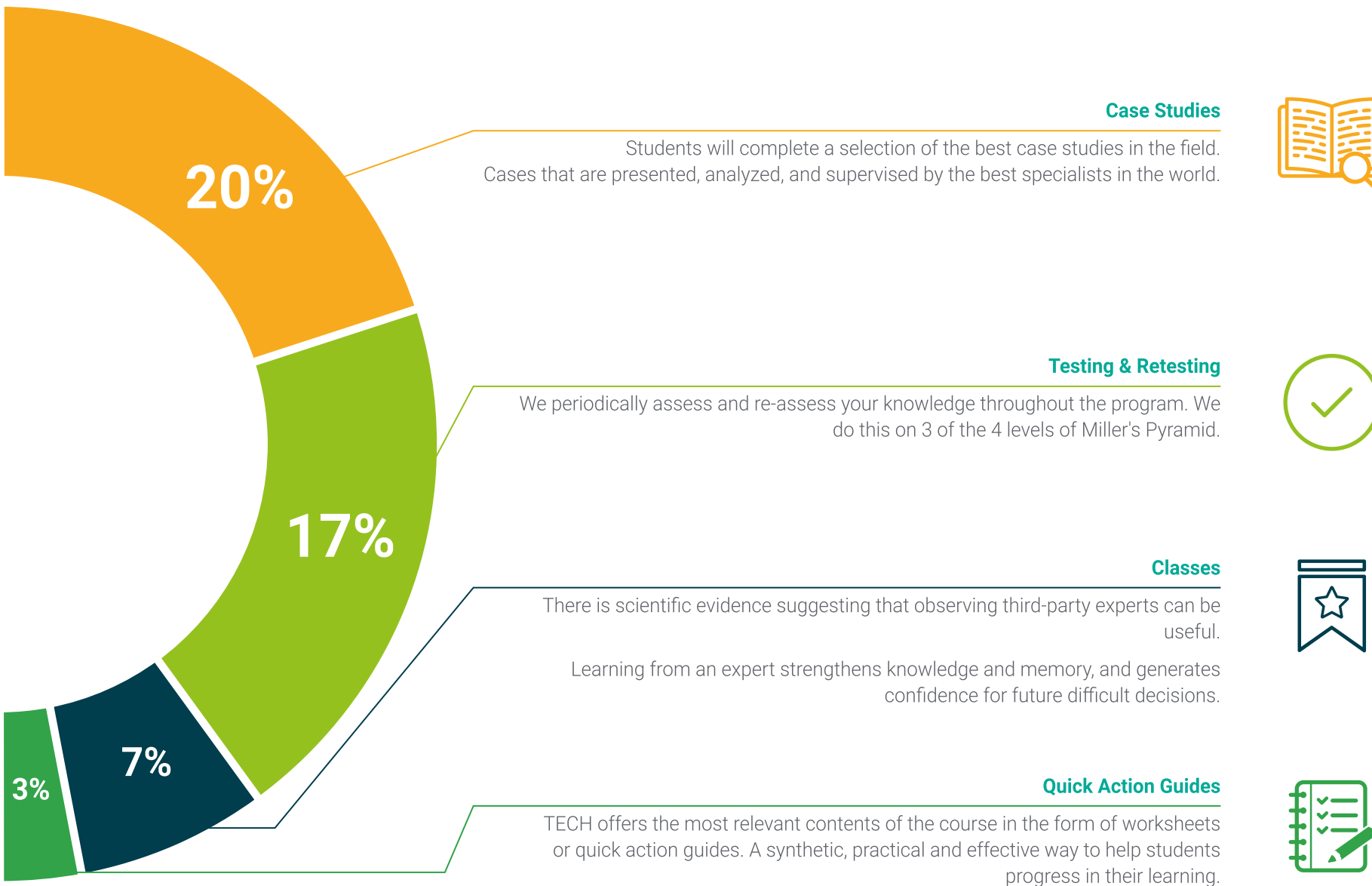
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents, international guides... In our virtual library you will have access to everything you need to complete your education.





07

Teaching Staff

This Master's Degree in Nursing in Integrative Medicine is led by a team of experts with extensive professional experience in the fields of Medicine, Mental Health, Nutrition, and Integrative Medicine. A multidisciplinary team that enriches the curriculum with their up-to-date knowledge, which is available to students 24 hours a day as they engage in this program. What is more, students will benefit from a devoted teaching staff that will answer any questions that may arise about the content on the program.



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*A specialized, multidisciplinary team
will be responsible for providing you
with the most current knowledge in
Integrative Medicine”*

International Guest Director

Dr. Chiti Parikh is a leading medical figure with an impressive career in **Integrative Medicine**. She began her clinical career at New York Presbyterian Hospital, where she soon rose to the position of **executive director** of the **Integrative Health and Wellness program**. In this role, Dr. Parikh oversees a team of more than 30 clinical and non-clinical staff members, providing a comprehensive set of services including nutrition, acupuncture, massage, health coaching, psychotherapy, pilates, meditation and yoga. She developed and launched a clinical fellowship in **Integrative Medicine** for physicians trained in family medicine and internal medicine, and incorporated integrative medicine education into the curriculum at Weill Cornell Medicine, in addition to establishing important collaborations with the **Department of Oncology**, pain management and palliative care to provide a holistic and humane treatment.

Dr. Parikh has also played a leading role in promoting awareness of integrative medicine, collaborating with professional societies and making regular contributions to media outlets such as the Dr. Oz Show, NBC News and VICE News. She has demonstrated a **strong commitment** to **teaching and mentoring**, providing learning and mentorship opportunities for medical students, residents, fellows and physicians interested in learning more about integrative medicine.

Also, it is important to highlight the **international contribution** of the Dr. Parikh the areas of **Human Rights**. As a volunteer medical evaluator for Physicians for Human Rights, she has conducted forensic medical evaluations for torture victims seeking asylum around the world. In addition, she has been a volunteer and consultant at the Weill Cornell Center for Human Rights, where she has guided students in conducting medical evaluations and educated them about human rights violations. These important contributions have raised the relevance of its work in the international arena and reinforce its commitment to **justice** and **human welfare**.



Dr. Parikh, Chiti

- Executive Director of Integrative Health & Wellness at Presbyterian Hospital of New York, United States
- Director of Hospital Medicine at New York Presbyterian Lower Manhattan
- Executive Director at Weill Cornell Medicine
- Doctor of Medicine from Rutgers Robert Wood Johnson Medical School

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Management



Dr. Menassa, Alejandra

- Head of Internal Medicine and Mental Health Unit at the Integrative Medicine Clinic
- Head of Ozone Therapy at the Integrative Medicine Clinic
- Attending Physician in the Internal Medicine service Emergencies in the Service at the 12 de Octubre University Hospital
- Member of the Psychoanalytic Medical Team of the Film Production Company Grupo Cero
- Master's Degree in Evaluation of Bodily and Psychosocial Damage, European Institute Ministry of Health and Social Welfare
- Expert in Psychological Judicial Expertise at the Instituto Superior de Psicología Alborán
- Expert in Ozone Therapy in Internal Medicine, University of Havana
- Vicepresident of the Spanish Society of Integrative Health and Medicine (SESMI)
- Member of: Spanish Society of Internal Medicine (SEMI).



Dr. Rodríguez Picazo, Pedro

- Associate Director of the UME Clinic
- Founding Director of Medintegra
- Health Coordinator at Colisée
- Doctorate in Health Sciences from the University of Alicante
- Diploma in Nursing, Community Health from the University of Alicante
- University Specialist in Osteopathy, Kinesiology and Acupuncture from the University of Murcia
- Master's Degree in Advanced Integrative Health and Medicine from TECH Technological University
- ARPN, Healthcare Services by the Universidad Europea Miguel de Cervantes
- Member of: Editorial Board of the Revista Medicina Integrativa RS&MI, Board of Directors of the Spanish Society of Integrative Health and Medicine, Fellow of the European Society of Integrative Medicine and Fellow of the Society of Integrative Oncology.

Teachers

Dr. Vargas Sánchez, María José

- ♦ Specialist in Anesthesiology and Resuscitation Anaesthesiology
- ♦ Specialist in Anesthesiology at Blue Healthcare
- ♦ Health Coach Specialized in Emotional Management and Wellness at the Willow Foundation.
- ♦ Heart Coherence Coach at the Heartmath Institute
- ♦ Master's Degree in Research and Specialized Treatment of Pain, University of Valencia
- ♦ Master's Degree in Cosmetic Medicine in Emergency at the San Carlos Clinical Hospital
- ♦ Vice-president of the Spanish Federation of Reiki
- ♦ Member of: Spanish Society for Integrative Health and Medicine (SESMI)

Ms. Trujillo, Helena

- ♦ Psychologist Specializing in Psychoanalysis Techniques
- ♦ Psychoanalyst in private practice
- ♦ Television director and presenter of scientific and cultural programs for Grupo Cero TV.
- ♦ Integrative of from Attention Clinical Department at Grupo Cero
- ♦ Degree in Psychology from the University of Malaga
- ♦ Expert in Criminology by the Andalusian Inter-University Institute of Criminology. Malaga

Ms. Alonso, Marta

- ♦ Nutritionist in an Integrative Medicine Clinic
- ♦ Nutritionist in a private professional practice A Happy Body
- ♦ Master's Degree in Food Safety Complutense University of Madrid
- ♦ Degree in Food Science and Technology Autonomous University of Madrid
- ♦ Diploma in Human Nutrition and Dietetics at the University of Almeria and the Active Cell Nutrition Institute.
- ♦ Member of Spanish Association of Dietitians and Nutritionists

Dr. García Pérez Juan, Daniel

- ♦ Physical Therapist and Nurse
- ♦ Physiotherapist in private practice Daniel García Pérez-Juana
- ♦ Assistance Director at Clínica IMEDE
- ♦ Head of the Physiotherapy and Dietary Department, Clínica Medicina Health
- ♦ Doctor in the Health Sciences and Proprioception by the Rey Juan Carlos University
- ♦ Master's Degree in motor and Physiotherapy from Rey Juan Carlos University
- ♦ President and Founder at the Spanish Association of Yin

Ms. Faulin, Ayla

- ♦ Head the Department of Nursing in Integrative Medicine Clinic
- ♦ Master's Degree in Evidence-Based Integrative Nutritional Supplementation by the School of Integrative Health
- ♦ Graduate in Natural Therapies with a Specialization in Naturopathy from the Royal University Center Escorial-María Cristina
- ♦ Expert in Nutrition Applied to the Clinic by the School of Integrative Health.

Dr. Yanguas Pol, José

- ♦ Homeopath and Orthopedic Materials Entrepreneur
- ♦ Superior Technician in Orthoprosthesis in the private center of primary and secondary education CEBAT. Muchamiel, Alicante
- ♦ Diploma of Homeopathy CEDH at the Illustrious Official College of Physicians
- ♦ Degree in Pharmacy from the University of Granada

Dr. Hortal, Luis

- ♦ Family Physician
- ♦ Professor of Health Information Systems and Ultrasound in SERMAS
- ♦ Advanced Diploma in Homeopathy
- ♦ Internship teacher for 5th and 6th year students at the University of Alcalá.
- ♦ Family and Community Medicine Resident Tutor DAEste SERMAS

Dr. Salgado, Carmen

- ♦ Naturopath, Director and Founder of the Herbarum Natura therapeutic center.
- ♦ Member of the Department of Naturopathy of the Philippus Thuban Center for Higher Studies.
- ♦ Graduate in Pharmacy from the Complutense University of Madrid
- ♦ Degree in Biochemistry and Molecular Biology
- ♦ Expert in Naturopathy from the Royal University Center Escorial-María Cristina
- ♦ Expert's Degree in and Orthomolecular Medicine Nutrition by the French Association of Orthomolecular Medicine

Dr. Naranjo, Tomás Álvaro

- ♦ Director of the Center for Integrative Medicine Arjuna Tortosa
- ♦ Collaborating researcher in the, Tortosa Verge de la Cinta Hospital.
- ♦ Independent researcher in Bioenergetic, Vibrational and Syntergetic Medicine.
- ♦ Medical specialist, Anatomic Pathology Service, HTC Care Center
- ♦ Doctor in Pathological Anatomy
- ♦ Degree in Clinical Psychology
- ♦ Member of: International Association of Syntergetics

Dr. Rigau, Josepa

- ♦ Immunologist and Specialist in Virtual Clinic MASalud
- ♦ Microimmunotherapist at Virtual Clinic MASalud
- ♦ Medical Specialist in Biological and Genetic Medicine in different institutions.
- ♦ Doctor of Medicine and Surgery, Rovira i Virgili University
- ♦ Master's Degree in Biological Medicine and Aging from the University of Alcalá, Spain.
- ♦ Master's Degree in Pharmacogenetics, Pharmacogenomics and Personalized Medicine from the University of Barcelona
- ♦ Master's degree in Environmental Medicine from the American Academy of Environmental Medicine.
- ♦ President and Founder at the Spanish Association of Microimmunotherapy(AEMI)
- ♦ Member of: European Laser Association, Spanish Society of Surgical Medical Laser (SELMQ), Spanish Society of Anti-Aging and Longevity Medicine (SEMAL), Spanish Society of Integrative Health and Medicine (SESMI).

Dr. González Martín, María del Carmen

- ♦ Medical Director, Centers clinic
- ♦ Specialist in Orthomolecular Medicine and Director of the Centers Clinic
- ♦ PhD in Infectious Diseases and Microbiology from the University of Granada.
- ♦ Master's Degree in Active Cell Nutrition by the French Association of Orthomolecular Medicine
- ♦ Vice-President of the Cosmetic Medicine Association of Granada
- ♦ Member of: Spanish Society of Nutrition and Orthomolecular Medicine, International Committee of Experts in Ozone Therapy

Dr. De la Puerta, Lola

- ♦ Director and Physician of a private practice of Integrative and Antiaging Medicine.
- ♦ Cobas Laboratory Medical Consultant
- ♦ Medical Committee Specialist at the Institute of Microecology
- ♦ Master's Degree in Biological Medicine and Aging from the University of Alcalá, Spain.
- ♦ Member Scientific of the Spanish Society of Probiotics and Prebiotics.
- ♦ Member of: Spanish Society of Anti-Aging and Longevity Medicine, Spanish Society of Integrative Medicine, Spanish Society of Biological and Anti-Aging Medicine, Spanish Society of Cosmetic Medicine and Surgery, Association of Microbiological Therapy

Mr. Bogeat, Julio

- ♦ Clinical Psychologist specializing in Ericksonian Hypnosis
- ♦ Psychotherapist in private practice
- ♦ Consultant for different public and private entities, especially in the health sector.
- ♦ Expert collaborator of the National Federation of Associations for the Fight against Kidney Diseases
- ♦ Collaborator on the Foundation for the Development of Consciousness
- ♦ Diploma's Degree in Clinical Psychology from CEU San Pablo University.

Mr. Díaz, Arístides

- ♦ Complementary therapist expert in Family Constellations
- ♦ Specialist in Integrative and Alternative Medicine
- ♦ Expert in Transpersonal Approach

Ms. Daza, Beatriz

- ♦ Bachelor Nurse specialized Traditional Chinese Medicine.
- ♦ Acupuncturist in Traditional Chinese Medicine at Medizen Clinic
- ♦ Freelance Home Nurse
- ♦ Nurse Practitioner at Sanitas Sociedad Anónima de Hospitales
- ♦ Nurse in an Integrative from Medicine La Clinic
- ♦ Master's Degree in Palliative Care from Camilo José Cela University.
- ♦ Advanced Technician in Traditional Chinese Medicine by the European Foundation of Traditional Chinese Medicine.
- ♦ Organizational Secretary of the-President of the Spanish Society of Integrative Health and Medicine
- ♦ Member of: Association of Health Acupuncturists.

Mr. Moltó, Juan Pablo

- ♦ Managing Director of the International Institute of Scientific Acupuncture and Psychoneuroacupuncture
- ♦ Principal Investigator of the International Institute of Scientific Acupuncture and Health Sciences
- ♦ Founding Member of the General Council of the College of Naturopathic Physicians of Spain.
- ♦ Diploma in Traditional Chinese Medicine
- ♦ Diploma in Naturopathy
- ♦ Degree in Homeopathy by the Escorial-Maria Cristina Royal University Center

Dr. Lajo Morales, Teresa

- ♦ Endocrinologist in Synergia MedicalCare
- ♦ Endocrinologist at Clinica Nuosalud
- ♦ Head of the Endocrinology Service at HLA Universitario Moncloa Hospital.
- ♦ Physician specializing in Endocrinology and Nutrition at La Paz University Hospital
- ♦ University Expert in Bioregulatory Medicine from the University of Alcalá

Dr. Esmel, Neus

- ♦ Director of Esmel Terapias Center
- ♦ Nurse in the Vall d'Hebron Barcelona Hospital Campus
- ♦ Nurse at the of Bellvitge University Hospital
- ♦ Oncology Nurse at Duran i Reynals Hospital
- ♦ Nurse at the Germans Trias i Pujol University Hospital
- ♦ Nurse at Henares Hospital
- ♦ Doctor of Nursing Sciences, Rovira i Virgili University
- ♦ Member of: Spanish Society of Internal Medicine

Mr. Serrano Gandía, Juan

- ♦ Executive Technical Project Manager in the company Dietéticos Intersa
- ♦ Biologist Analyst at the Valencian Institute of Oncology Foundation.
- ♦ Degree in Biological Sciences, Specialized in Biochemistry and Molecular Biology from the University of Valencia
- ♦ Member of: Vice President of the Spanish Society of Integrative Health and Medicine, Spanish Society of Phytotherapy.

Dr. Díaz Díez, Camino

- ♦ Director of Private Practice Dr. Camino Diaz
- ♦ Medical coordinator for Blue Healthcare
- ♦ Reebok Sports Club Health Department Physician
- ♦ Head of the Department of Homeopathy in Integrative Medicine La Clinica
- ♦ Head of the Oncology Unit at La Moraleja University Hospital
- ♦ Specialist Physician at the Homeopathic Institute and Hospital Universitario de San José
- ♦ Member of: Spanish Society of General Medicine, Spanish Society of Integrative Health and Medicine
- ♦ Master in Supplementation and Nutrition by CEU Cardenal Herrera University.

Dr. García, Isabel

- ♦ Endocrinologist and Integrative Nutritionist
- ♦ Integrative and Conscious Health Institute Specialist
- ♦ Integrative Physician at Osteo9
- ♦ Nutritional Coaching at Clínica Omega Zeta
- ♦ Assistant Doctor of Endocrinology at the Centre Mèdic Castelldefels
- ♦ Assistant Doctor of Endocrinology at the Catalan Institute of Endocrinology
- ♦ Master in Naturopathy and ISMET

Dr. Verdaguer, Xevi

- ♦ Director of the Institute of Psychoneuroimmunology Xevi Verdaguer
- ♦ Specialist in Psychoneuroimmunology, Acupuncture and Hypnosis by several training centers.
- ♦ Graduate in Physiotherapy from the Catholic University San Antonio de Murcia (UCAM)
- ♦ Degree from Human Nutrition and Dietetics in the University Isabel I
- ♦ Diploma in Physiotherapy at Gimbernat University School.

Dr. Gelfo, Judith

- ♦ Dentist and Kinesiologist
- ♦ Director of the Holistic Dentistry Center
- ♦ Homeopath at Virtual Clinic MASalud
- ♦ Degree in Current Pediatric from the National University of Córdoba. Argentina
- ♦ Graduated in Occlusion and Posture Improvement in Kinesiological Key by the University of Palermo. Italy
- ♦ Vice-president and founder of the Spanish Society of Dental Medical Kinesiology.
- ♦ Member of: Dentoshopia-GEODA Foundation

Mr. Maudos Martín, Carlos

- ♦ Expert Therapist in Chinese Medicine
- ♦ Acupuncture Therapist Carlos Maudos Martín
- ♦ Diploma in MORA Bioresonance
- ♦ Kinesiology Course





Dr. Giralt, Isabel

- ◆ President-President of the Spanish Society of Integrative Health and Medicine
- ◆ Director of the Acupuncture Unit, Clínica Universitaria Dexeus
- ◆ Founder of ENERGIMED SL. Acupuncture and Natural Medicine Clinic
- ◆ Editor of the International Acupuncture Journal
- ◆ Master's Degree in Acupuncture, University of Lleida
- ◆ President of the Section of Acupuncture Physicians of the Official College of Physicians of Barcelona.
- ◆ Member of: International Council of Medical Acupuncture, European Society of Integrative Medicine

Ms. Barrena Uriarte, María José

- ◆ Biochemistry Specialized in the Health Care Field
- ◆ Founder and director of *Intermedical Solutions*
- ◆ Quality Manager at Policlínica Guipúzcoa
- ◆ Hospital Quality Management Consultant at GF Consulting
- ◆ Clinical Immunologist in Policlínica Guipúzcoa
- ◆ Responsible for and collaborator in research projects
- ◆ Degree in Biology from the Complutense University of Madrid.

Dr. Mestres Sales, Josep Maria

- ♦ Angiologist and Vascular Surgeon at Sagrada Familia Clinic
- ♦ Attending Physician at the Santa Creu i Sant Pau Hospital.
- ♦ Consultant II of the Angiology and Vascular Surgery Service at the Hospital de la Santa Creu i Sant Pau.
- ♦ Founder and Secretary of the Catalan Foundation for the Study of Vascular Disorders.
- ♦ Member of: Catalan Society of Angiology and Vascular Surgery, Spanish Society of Angiology and Vascular Surgery, Spanish Society of Radiology, International Society for Endovascular Surgery, European Venous Forum.

Ms. García Sabaté, Carolina

- ♦ Biochemistry Expert in Microbiome
- ♦ Head of the Advanced Molecular Biology Techniques Laboratory at the Teletest Laboratory.
- ♦ Speaker at the International Congress of the Spanish Society of Nutrition and Orthomolecular Medicine
- ♦ Degree in Biochemistry from the University of Barcelona
- ♦ Master's Experimental in pharmacological science given by the University of Barcelona
- ♦ Expert in Dietetics and Nutrition from the Catholic University San Antonio of Murcia

Mr. Domínguez Iglesias, Jesús

- ♦ Expert Physiotherapist in Osteopathy and Naturopathy
- ♦ Director of Gheos Proyecto Natural SL
- ♦ Author of the *Mi ayuno* book
- ♦ Speaker at various medical congresses
- ♦ Master's Degree in Human Physiology, University of Barcelona
- ♦ Postgraduate Diploma in Microbiological Analysis of Foodstuffs

Dr. Sabater Tobella, Juan

- ♦ Research Specialist in Genomic Medicine and Metabolopathies
- ♦ President of honor of the Royal Academy of Pharmacies of Catalonia
- ♦ President of Eugenomic
- ♦ Director of the first center in Spain that focuses on researching and diagnosing metabolic diseases: Institute of Clinical Biochemistry
- ♦ Implementation of the first provincial program for the early detection of Phenylketonuria and other metabolopathies
- ♦ Biochemistry Professor at the Faculty of Medicine of the Autonomous University of Barcelona
- ♦ PhD in Pharmacy from the University of Barcelona
- ♦ Degree in Pharmacy from the University of Barcelona
- ♦ Member of: Royal Academy of Medicine of Catalonia, Royal National Academy of Medicine, of the Institute of Spain, Royal Academy of Pharmacy of Catalonia.

Ms. García Alonso, Marisa

- ♦ Pharmacist Expert in Clinical Analysis and Natural Treatments
- ♦ Director of the Clinical Analysis Laboratory at the Santa Elena Clinic
- ♦ General Manager, Estudios Analíticos Aplicados a la Clínica SL
- ♦ Manager of Laboratorios Reunidos SL
- ♦ Pharmacist in Estación de Atocha Pharmacy
- ♦ Graduate in Pharmacy from the Complutense University of Madrid
- ♦ Master's Degree in Drug Addiction
- ♦ Specialist in Clinical Analysis from the Complutense University of Madrid

Mr. Guirado Aguirre, Fernando

- ♦ Biometrist and Hematographic Researcher
- ♦ Hematographic Investigator
- ♦ therapeutic in private practice
- ♦ President of the Holistic Hematographic Institute
- ♦ ATS in Nursing
- ♦ Master in *Quantum Scio*
- ♦ Diploma in Naturopathy

Dr. Navarro, Carmen

- ♦ Medical Director, GAIA clinic
- ♦ Consultation specialized in Environmental Medicine: SQM, SFC, Fibromyalgia and chronic bacterial and viral infectious diseases
- ♦ Degree in Medicine and Surgery from the University of Granada
- ♦ Expert in Micronutrition and Diet Therapy from the University of Almeria
- ♦ Master's Degree in Integrative and Humanist Medicine

Dr. Muñoz Calero, Pilar

- ♦ President and Director of the Alborada Foundation for Environmental Medicine.
- ♦ Collaborator of the Breakspear Medical Group. United Kingdom
- ♦ Co-director of the Extraordinary Chair of Pathology and Environment of the Complutense University of Madrid.
- ♦ Numerary member of the Illustrious Ramón y Cajal Academy of Health Sciences.
- ♦ Member of: American Academy of Environmental Medicine, Spanish Society for Precision Health, International Society against Lyme Disease and other associated pathologies.

Dr. Mejía Viana, Sergio

- ♦ Cardiologist Specializing in Integrative Therapies
- ♦ Coordinator of the COVID-19 Plants at Viamed Virgen de la Paloma Hospital
- ♦ Interventional Cardiologist in Cardio Care at High Care Hospital in Marbella and CHIP Hospital in Malaga.
- ♦ Cardiology Consultant at Saint Bernard's Hospital
- ♦ Director of the Hemodynamics Laboratory at the Heart Institute of the Vithas Xanit International Hospital.
- ♦ Member of: European Society of Cardiology, Spanish Society of Cardiology, Spanish Society of Integrative Health and Medicine, Spanish Federation of Integrative Medicine, Spanish Association, Ozone Therapy Professionals

Mr. Fernández, Tomás

- ♦ Nurse Practitioner
- ♦ Nurse in public hospitals and primary care centers.
- ♦ Director of the Department of Naturopathic Nursing at the Official College of Nursing. Zaragoza, Spain
- ♦ President of the Association Association of Naturopathic Nursing of Zaragoza ASENZAR-
- ♦ Teacher in university studies of Nursing
- ♦ Diploma in Nursing from the University of Zaragoza
- ♦ Postgraduate degree in Naturopathic Medicine and Surgery from the University of Zaragoza

Dr. González, Belén

- ♦ Specialist in Family and Community Medicine and Intensive Care
- ♦ Medical Expert in Nutrition and Integrative Medicine at the San Fernando Medical Center.
- ♦ Medical Expert in Nutrition and Integrative Medicine at the San Fernando Medical Center.
- ♦ Clinical Manager in Psychoneuroimmunology Private Practice
- ♦ Lecturer in postgraduate studies of Integrative In Medicine
- ♦ Master's Degree in Clinical Psychoneuroimmunology from the Pontificia Salamanca University

Dr. Sánchez Suárez, Sergio Luis

- ♦ President of the Spanish Federation of Health Professionals for Integrative Medicine (FESMEDI).
- ♦ Specialist Physician in Integrative Medicine and Health Señora of Biomedical
- ♦ PhD in Medicine from the University of Gran Canaria
- ♦ Degree in Medicine from the University of La Laguna
- ♦ Master's Degree in Nutrition, University of Las Palmas of Gran Canaria
- ♦ Master's Degree in Neurosciences and Behavioral Biology, Pablo de Olavide University.
- ♦ Diploma in homeopathic medicine from the Tomás Pablo Paschero" Argentinian School of Homeopathic Medicine.
- ♦ Diploma in Global Postural Re-Education (GPR), University of Manual Therapies of Saint - Mont. France
- ♦ Trained in Microimmunotherapy, 3IDI Institute
- ♦ Diploma in Manual Lymphatic Drainage Vodder from the Association for the Promotion of Manual Lymph Drainage Vodder.. Spain

Dr. Mendes Moreira, Ana Cristina

- ♦ General and Clinical Director of the Center for Integrative Medicine Dr. Ana Moreira
- ♦ President of the Spanish Society of Integrative Medicine
- ♦ Vice of the Portuguese Society of Ozone Therapy
- ♦ Master's Degree in Biological Medicine and Aging from the University of Alcalá, Spain.
- ♦ Member of: Member of the Executive Committee of the European Society of Integrative Medicine.

Ms. González Iñiguez, Mónica

- ♦ Nurse Expert in Natural Therapies
- ♦ Emergency Nurse at the General University Hospital of Elche.
- ♦ Acupuncturist at Vita Nova Clinic
- ♦ President of the Association of Natural and Energetic Therapies.
- ♦ University Diploma in Nursing from the University of Alicante

Dr. Cruz Tabuena, Héctor

- ♦ Medical Specialised in Neurology
- ♦ Neurologist in the Terrassa Health Consortium
- ♦ Neurological at the Clinical symptoms University Hospital of Zaragoza
- ♦ Neurologist in the Vic transfer Consortium
- ♦ Homeopath at Family Health Center
- ♦ Author of several scientific articles
- ♦ Speaker at congresses related to Homeopathy.
- ♦ Master's Degree by the Medical and Homeopathic Academy of Barcelona(AMHB)

Dr. Santos, Martín

- ♦ Specialist in Oncology and Family Medicine
- ♦ PhD at the University of Tübingen (Germany)
- ♦ Degree in Medicine and Surgery from the Faculty de València
- ♦ Specialization studies in oncology in Switzerland and Germany
- ♦ Master's Degree in Homeopathy, Environmental Medicine, Natural Medicine and Ozone Therapy
- ♦ Professor in university master's degrees at the faculties of Valencia, Barcelona, Granada and Madrid. and Madrid
- ♦ Speaker at national, European and world congresses
- ♦ Member of the European Hyperthermia Society and the German Oncological Society.

Dr. Romero, Carolina

- ♦ Director of the Mind-Body Therapy Center of the Canary Islands
- ♦ In charge of the Mind-Body Department in the Integrative Health program at university San Roque Hospitals
- ♦ Joint author of a book on integrative oncology
- ♦ Art therapist, teacher of Samatha and Vipassana, and therapeutic Yoga
- ♦ Trained in Tibetan Yoga, Dream Yoga and the Bardo
- ♦ PhD in Clinical Psychology
- ♦ Postgraduate degree in Neuropsychology and Education
- ♦ Postgraduate degree in Family Intervention and Mediation
- ♦ Member of: Spanish Society of Integrative Health and Medicine (SESMI)

Dr. Ibáñez Ruiz, Esther

- ♦ Specialist in General and Digestive Surgery experts in oncology).
- ♦ Doctor in an Integrative from Medicine La Clinic Dr. Esther Ibáñez
- ♦ Family Physician and Pediatrician in several hospital centers
- ♦ President-President of the Spanish Society of Integrative Medical
- ♦ Lecturer in postgraduate studies of Integrative Oncology.
- ♦ Master's Degree in Chinese Medicine and Acupuncture

Ms. Masllorens, Laia

- ♦ Integrative Health Nurse Practitioner
- ♦ Co-founder and Deputy Director in the the Institute Institute for Integrative and Conscious Health.
- ♦ Integrative at La Clínica Omega Zeta
- ♦ Integrative Nurse at Osteo9
- ♦ Degree in Nurses from the University of Barcelona
- ♦ Master's Degree in Naturopathic Medicine and Nursing from the University of Barcelona
- ♦ Postgraduate Diploma in Surgical Nursing from the Autonomous University of Barcelona.

Dr. Portales, Sergio

- ♦ Integrative Physician in Private Practice
- ♦ Former president of the Matritense Hahnemannian Society
- ♦ Degree in Medicine and Surgery from the National University of Mexico and the University of Alcalá
- ♦ Specialist in Intensive Care Medicine.
- ♦ Diploma in Acupuncture
- ♦ Former Professor in Medical Physiology.
- ♦ Diploma in Gestalt Psychotherapy

Dr. Benito de la Torre, Susana

- ♦ Doctors specialized in Rehabilitation and Physical Medicine
- ♦ Rehabilitation Physician at the Locomotor System Clinic of the Infanta Leonor Hospital
- ♦ Rehabilitation Physician at Hospital Carlos III
- ♦ Instructor of online coaching courses

Dr. Morales Martín, Carlos

- ♦ Private Practice Physician associated with the Institute of Active Cellular Nutrition
- ♦ Medical Director of Ser Integral Integrative Health
- ♦ Attending Physician at FREMAP, Mutua UMIVALE and Cruz Blanca EPS
- ♦ Director of the Local Unit of Garagoa and Boyacá for the National Institute of Legal Medicine and Forensic Sciences. Colombia
- ♦ Master's Degree in Cell Nutrition from San Pablo University CEU
- ♦ Specialist Degree in Nutrigenomics and Medicine

Ms. Alonso Moreno, Mar

- ♦ Therapeutic expert in Naturopathic Biological Methods
- ♦ Integrative Health Therapist Satva
- ♦ Consultant and coordinator of *Synergia Medical Care*
- ♦ speaker at Integrative Medicine Congresses.
- ♦ Teacher in three- Integrative Health programs
- ♦ Specialist in Quantum Biophysics
- ♦ Training in Environmental Leadership. Medicine from the Autonomous University of Barcelona (AAMA)

Dr. Aldana Martínez, Natalia Sofia

- ♦ Medical Specialist in Alternative Medicine and Integrative Medicine
- ♦ Consultant at the Ministry of Health and Social Protection of Colombia.
- ♦ Coordinator of the Academy of Integrative Health & Medicine
- ♦ Medical Specialist in Alternative, Complementary and Integrative Medicine in Kailash Medicine
- ♦ Medical Specialist in Alternative Medicine at the Medicina de Oriente Hospital.
- ♦ Alternative Medicine Specialist at Tunjuelito Hospital
- ♦ Medical Specialist at Hospital ESE Hospital Nazareth
- ♦ General Editor of the Virtual Health Library on Traditional, Complementary and Integrative Medicine of the Americas.
- ♦ Degree in Medicine and Surgery University Industrial of Santander
- ♦ Specialist in Alternative Therapies (Acupuncture and Oriental Medicine) from Manuela Beltrán University.
- ♦ Professional Master's Degree in Homeopathy Medicine from the National University of Colombia.
- ♦ Member of: the MTCl Americas network

Dr. Hernández Niño, Leonardo

- ♦ Medical Surgeon Expert in Alternative Therapies
- ♦ Physician in the San Luis Medical-Surgical Unit
- ♦ Physician at Heraz Holistic Medicine
- ♦ Physician in private practice
- ♦ Director of the Research Department of Magnofarma Lab..
- ♦ Lecturer in university programs related to Alternative Medicine.
- ♦ Diploma in Homotoxicology and Biological Medicine from El Bosque University
- ♦ Diploma in Acupuncture and Optometry from the University the Forest

Dr. Díaz Sáez, Gualberto

- ♦ Specialist in Family and Community Medicine
- ♦ Homeopathic Physician and Integrative Oncologist at Centro Médico Conde Orgaz y Pinar.
- ♦ Researcher at Servier Laboratories and at the Medical Department of Boiron Laboratories.
- ♦ Lecturer in courses and seminars related to Homeopathy.
- ♦ Regular speaker at Homeopathy and Integrative Medicine Congresses.
- ♦ Editorial advisor and technical advisor at Amazing Books, a scientific publishing house.
- ♦ Member of the Board of Directors of Spanish Society of Homeopathic Medical
- ♦ Doctor of Biotechnology, Medicine and Biosanitary Sciences from the Francisco de Vitoria University

Mr. Almodovar, Francisco

- ♦ Lawyer Specialised in Health Law
- ♦ Co-founder of the law firm Almodóvar & Jara
- ♦ Coordinator of the Almodóvar & Jara Law Firm's Legal Teams
- ♦ Head of Management and Development of RAM Law Firm
- ♦ Author of the book *"El dato personal terapeutico"* (Therapeutic Personal Data)
- ♦ Co-author of several monographs and articles on legal issues related to health rights
- ♦ Regular speaker at conferences, courses and congresses related to Pharmaceutical and Health Law.
- ♦ Collaborator of *European Pharmaceutical Law Group*
- ♦ Bachelor's Degree in Law from the Complutense University of Madrid
- ♦ Master's Degree in Law of New Technologies

Ms. Blázquez, Elisa

- ♦ Clinical nutritionist and educator
- ♦ Head of the Nutritional and Dietary Department, Clínica Medicina Advanced
- ♦ Regular contributor to newspapers and magazines
- ♦ Nutritional communicator via YouTube
- ♦ Author of the book *Integrative Diet, the diet your health needs*.
- ♦ Graduate in Human Nutrition and Dietetics from the Complutense University of Madrid.
- ♦ Specialized in Immunonutrition

Dr. Matute, Ruth

- ♦ Biochemist and Molecular Biologist Expert in Nutrigenomics
- ♦ Biochemistry at ADNLife
- ♦ Speaker in several courses related to Nutritional Genomics.
- ♦ PhD in Biochemistry and Molecular Biology
- ♦ Diploma in Biochemistry and Molecular Biology
- ♦ Expert in Genomics and Precision Medicine from the University of California.
- ♦ Expert in Epigenetics and Control of Gene Expression from the University of Melbourne.
- ♦ Expert in Clinical Nutrition, University of California.

Dr. Fernandez Barriers, Valle

- ♦ Doctor Expert in Integrative Medicine
- ♦ Integrative Physician at Consulta Valle Fernandez
- ♦ Family Physician (Emergencies and Health Center).
- ♦ Director of the Esthetic Medical Center Dra.
- ♦ Master's Degree in Integrative and Humanistic Medicine by the Lineo Institute ASEPROIM
- ♦ Expert in Immunonutrition, Catholic University of Valencia

Dr. García Gutiérrez, Rosario

- ◆ Specialist in Family and Community Medicine and Intensive Care
- ◆ Director of the Vitaelia Clinic
- ◆ Medical Manager of the Ozone Therapy and Biological Serotherapy Unit at SHA Wellness Clinic
- ◆ Private Practice Physician
- ◆ Master's Degree in Biological Medicine and Anti-aging from CEU Cardenal Herrera University
- ◆ Master's Degree in Aesthetic Medicine Techniques from CEU Cardenal Herrera University.

Dr. Vinyes, David

- ◆ Medical Specialist in Neurology
- ◆ Medical director of the Institute of Neural Therapy and Regulatory Medicine. Barcelona
- ◆ Training teacher of Neural Therapy courses in Europe and America.
- ◆ Master's Degree in Neurosciences from the Autonomous University of Barcelona.
- ◆ Master's Degree in Anthropology of Medicine at the University of Tarragona
- ◆ Degree in Medicine and Surgery from the Autonomous University of Barcelona
- ◆ Training in Neural Therapy at CIMA in Colombia.
- ◆ Speaker at several national and international congresses on Neural Therapy, Craniofacial and Oral Pain, and Gynecology.
- ◆ Member of the Ethical and Scientific Commission of the International Federation of Neural Therapy Medical Associations.
- ◆ Honorary Member of the Medical Societies of Neural Therapy of Austria, Italy, Portugal, Colombia and Ecuador.





Dr. Pellicer, Cristina

- ◆ Specialist in Health Medicine
- ◆ Teacher in different Integrative Medicine trainings.
- ◆ Medical trainer in thoracic surgery
- ◆ Degree in Medicine and Surgery, Autonomous University of Barcelona
- ◆ Master's Degree in Clinical Oncology from the University of the Basque Country/Euskal Herriko Unibertsitatea (UPV/EHU)
- ◆ Master's Degree in Clinical Psychoneuroimmunology from the Salamanca University
- ◆ Trained in multiple health and complementary disciplines

Dr. Crespo de la Rosa, Juan Carlos

- ◆ And Research Medicine and Physician in Integrative Medicine and Health
- ◆ General: Physician in Private Practice
- ◆ Author of 4 books and 150 scientific articles published in national and international journals.
- ◆ Professor in postgraduate university studies
- ◆ President of the Spanish Society English Integrative Medicine
- ◆ Director of the Institute of Integrative Medical Revitalization
- ◆ Regular speaker at Medicine and Integrative Health Congresses.
- ◆ Doctor in Medicine and Surgery from the University of Seville

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