

Internship Program

Postpartum for Midwives



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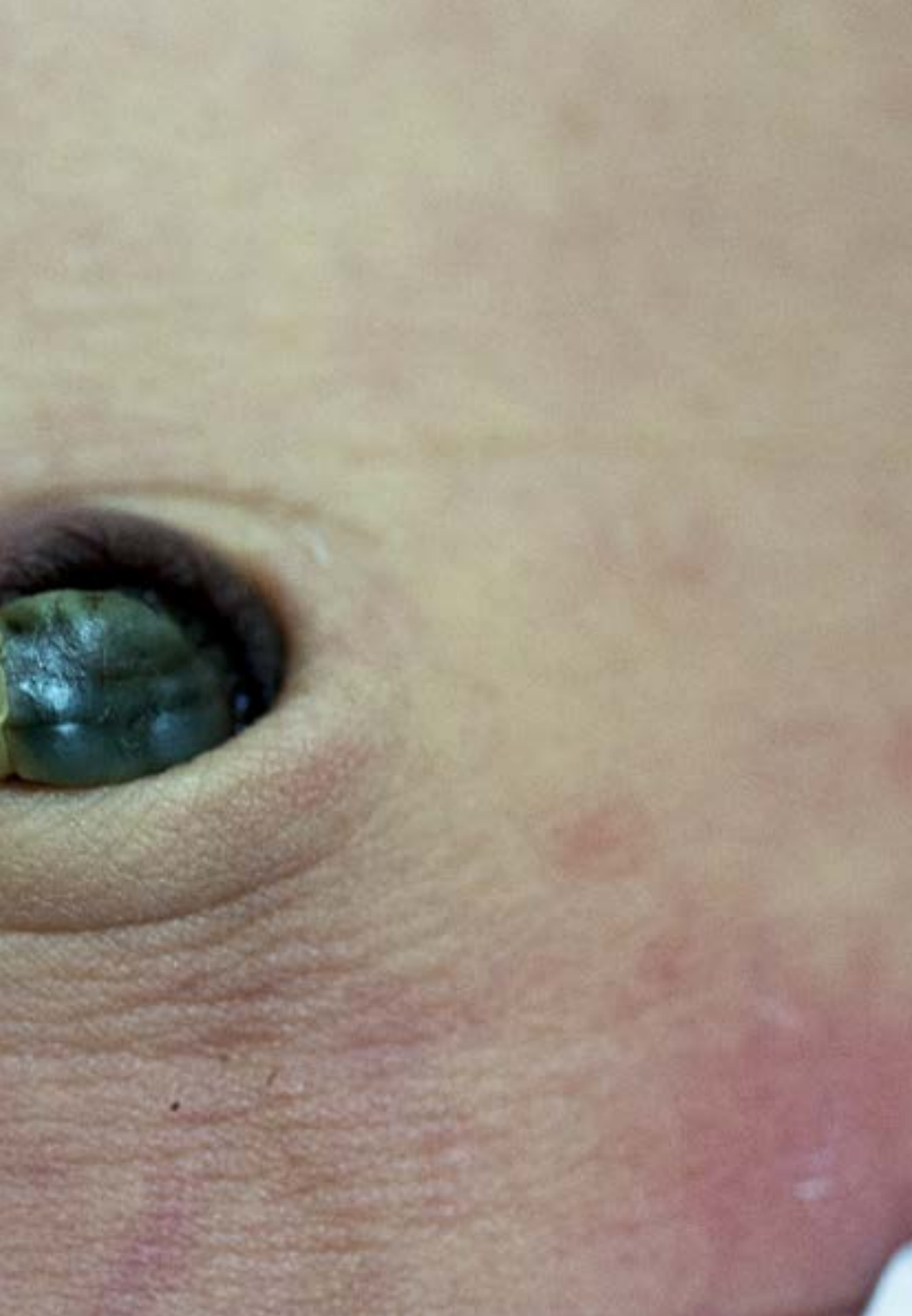
01 Introduction

In order to provide comprehensive quality care based on innovative techniques, it is essential that professionals who care for expectant mothers and babies keep their skills up to date. In this sense, TECH has created a program that focuses on the use of breastfeeding tools and recommendations for intravenous therapies during labor, as well as continuous fetal monitoring and early detection tests for hearing problems. All this integrated in a practical stay, physical and intensive, of 3 weeks. The learning process will take place in a first-level hospital where students will be supervised by a prestigious assistant tutor and will be able to apply their new skills to real patients.



Incorporate strategies to reduce problems during lactation into your daily practice with the study of this TECH qualification"





The postpartum period is critical for both mother and baby. Therefore, it is essential to have professionals up-to-date on the latest technological advances and care protocols to provide both with quality care. Healthcare personnel, in charge of assisting medical teams, must be able to integrate fetal heart rate monitoring with the help of sophisticated tools and detect complications, such as postpartum hemorrhage, in advance. In this context, the demand for academic programs that address the practical applications of these techniques is continuous. Unfortunately, it is common for more weight to be given to conventional learning than to the development of new skills. This leads to a greater demand for programs focused on the acquisition of competencies.

For this reason, TECH has designed this Internship Program, a pioneer of its kind, which allocates 3 weeks to the updating and development of new skills related to Postpartum. For this purpose, the students will be linked to a renowned hospital center where they will have access to the best technological resources and will analyze, in situ, the most advanced procedures of this discipline. This academic process, consisting of 120 didactic hours, will allow them to assist real patients with specific requirements such as palliative care, infection control, pediatric supervision, among others.

During this intensive face-to-face stay, the graduates will discuss intervention strategies, assessment and therapeutic practice with experts of great prestige. They will help them update on the latest scientific evidence, taking their own experiences as a starting point. In turn, an assistant tutor will insert dynamic tasks throughout the program and will be in charge of clarifying doubts and concepts that may arise throughout this professional practice.

02

Why Study an Internship Program?

Although theoretical education is useful when it comes to updating knowledge, its excessive burden can discourage students. Often, students who want to broaden their knowledge in a field in which they already work are looking for educational programs with a more practical approach. For this reason, TECH has developed this program that integrates, in a face-to-face and intensive way, the most modern protocols, tools and applications required for the care of the postpartum period. For this update, the graduates will spend 3 weeks of learning, in connection with a hospital center of maximum recognition in health care.



Don't miss this opportunity and get up to date on the most advanced methods of physiological and emotional recovery to help pregnant women during the postpartum period".

1. Updating from the latest technology available

Participants will have access to the most sophisticated technologies for monitoring pregnant women, breastfeeding mothers and babies. This is especially relevant since the clinical performance of the unit itself depends to a great extent on this equipment and means, and it is therefore essential to know the most advanced tools available.

2. Gaining In-Depth Knowledge from the Experience of Top Specialists

A team of leading experts will accompany the student through this 3-week practical stay. They will supervise the students to make the most of their experiences and apply the most recent therapeutic techniques in their field to the care of mothers and their babies after childbirth.

3. Entering First-Class Clinical Environments

All the centers chosen by TECH for their practical programs meet the highest standards of clinical and care quality. In this way, the students not only learn about the latest developments in the monitoring of the postpartum period, but also delve into the keys to the day-to-day work of a comprehensive and advanced team, leading in their own field.



4. Putting the acquired knowledge into daily practice from the very first moment

The practical approach of this program allows participants to be involved to the maximum in the care of patients, both the mother and the newborn. In this way, they will be able to perfect and incorporate into their own work methodology all the most innovative systems of assistance and follow-up in relation to the postpartum period.

5. Expanding the Boundaries of Knowledge

TECH offers the possibility of carrying out this Internship Program in centers of international importance. In this way, participants have access to the best experts. A unique opportunity that only TECH, the largest online university in the world, could offer.

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You will have full practical immersion at the center of your choice”

03

Objectives

This program aims to expand to the maximum the professional horizons of each student. To this end, it proposes the analysis of the latest tools for the care of the postpartum period in a face-to-face and intensive manner and will apply them directly, with the supervision of a great team of experts, in the context of a clinical institution of maximum prestige.



General Objectives

- Update and expand midwives' knowledge in the field of postpartum care in the hospital, health center and at home
- Obtain an integrated vision of the care required by women and their children during the postpartum
- Understand the postpartum phase from a global and biopsychosocial point of view
- Facilitate the performance of midwives dedicated to women's and newborn care in the postpartum phase





Specific Objectives

- ♦ Offer quality postpartum care based on scientific evidence
- ♦ Contribute to midwives' decision-making process in difficult situations
- ♦ Have the tools to achieve a multidisciplinary management in postpartum nursing
- ♦ Acquire the professional competencies necessary to offer a quality and up-to-date healthcare practice.
- ♦ Apply the knowledge obtained when solving problems that may arise in practical situations in healthcare
- ♦ Broaden knowledge about the changes in the postpartum period within its different stages in the context of physiology
- ♦ Recognize abnormalities during the postpartum period in order to be able to identify pathological situations
- ♦ Have a comprehensive knowledge of newborn screening procedures
- ♦ Train nursing professionals in women and newborn care in the monitoring of home births
- ♦ Demonstrate the ability to apply nursing professional care in perineal trauma
- ♦ Identify situations that require referral to other professionals
- ♦ Update knowledge regarding short and long term complications of perineal trauma
- ♦ Resource optimization when planning the activities that will be part of the health program
- ♦ Design sessions directed at parents regarding the care they should provide to the newborn
- ♦ Learn the techniques to offer correct breastfeeding support to premature infants
- ♦ Improve the management of the main reasons for parental consultation in nursing professionals' consultations on newborn problems



Through this Internship Program you will complete the updating of your skills in the fastest, most dynamic and practical way possible"

04

Educational Plan

This Internship Program consists of a practical stay in a prestigious center, lasting 3 weeks, from Monday to Friday with 8 consecutive hours of work with an assistant tutor. You will also discuss and analyze cutting-edge criteria with great professionals of the sector, who will be willing to transmit their experiences in a close way during the intervention of real patients. This will allow the students to apply the latest precepts in the area, monitoring and carrying out an exhaustive follow-up of their patients that will depend on the latest technological advances.

In this completely practical Internship Program, the activities are aimed at developing and perfecting the skills necessary to provide healthcare care in areas and conditions that require highly qualified professionals, and are oriented towards specific expertise for practicing the activity, in a safe environment for the patient and with highly professional performance.

The practical teaching will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other training partners that facilitate teamwork and multidisciplinary integration as transversal competencies for the Midwifery practice (learning to be and learning to relate).

The procedures described below will form the basis of the practical part of the training, and their implementation is subject to both the suitability of the patients and the availability of the center and its workload, with the proposed activities being as follows:





Module	Practical Activity
New Technologies in the postpartum period for Nursing	Monitor fetal heart rate during delivery using monitoring equipment and providing real-time information.
	Access information about the mother and baby in real time through new communication technology resources and telemedicine tools.
	Manage electric pumps and special bottles designed to mimic the baby's natural sucking, making breastfeeding more comfortable for patients.
	Evaluate women's postpartum recovery using state-of-the-art mobile applications.
Latest Nursing techniques for the assistance of childbirth	Master pain relief techniques including administration of analgesics, application of hot or cold compresses, acupuncture, hypnosis and relaxation.
	Evaluate the need for the use of assisted delivery technologies such as forceps and vacuum extraction.
	Identify any complications that may arise during labor, including postpartum internal bleeding in the mother or shoulder dystocia in the baby.
	Assess the baby's health status by observation and metric methods.
Tests of Nursing after delivery the newborn	Perform a complete physical examination to determine the newborn's weight, length, head circumference, skin, eyes, ears, respiratory, cardiovascular, and nervous systems.
	Measure the infant's bilirubin levels to detect jaundice
	Test the infant's blood sugar values to detect hypoglycemia
	Apply the otoacoustic emission test to test the hearing of newborns.
	Use the pupillary reflection test to determine the newborn's ocular response to light.
	Performing the heel prick test to rule out cystic fibrosis among other genetic diseases
	Check the newborn for infectious diseases such as hepatitis B and C by means of specific tests indicated by the physician.
Attention of Nursing Care for the Mother during and after childbirth	Ensure that the mother receives the correct fluids and medications through intravenous therapy.
	Assist in the administration of analgesia and epidural anesthesia and manage their side effects
	Provide emotional support to the mother through relaxation techniques, preparation for newborn care and breastfeeding advice
	Monitoring that the mother and baby are in good health, including home visits and phone calls

05

Where Can I Do the Internship Program?

This qualification guarantees the highest quality of care to all participants in each of the centers available for this Internship Program. These facilities have been chosen based on the highest clinical and care standards. All the health teams involved are made up of highly qualified and prestigious specialists, with extensive experience over the years that enriches the practical stay itself.



Choose the reference center that best fits your geographic location without major concerns, since TECH will ensure your access to the best resources from there"





The student will be able to do this program at the following centers:



Nurses

Hospital Maternidad HM Belén

Country	City
Spain	La Coruña

Address: R. Filantropía, 3, 15011, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Update in Assisted Reproduction
- Hospitals and Health Services Management



Nurses

Hospital HM Rosaleda

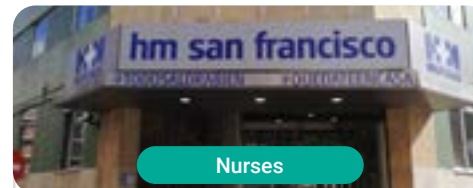
Country	City
Spain	La Coruña

Address: Rúa de Santiago León de Caracas, 1, 15701, Santiago de Compostela, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Hair Transplantation
- Orthodontics and Dentofacial Orthopedics



Nurses

Hospital HM San Francisco

Country	City
Spain	León

Address: C. Marqueses de San Isidro, 11, 24004, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Update in Anesthesiology and Resuscitation
- Nursing in the Traumatology Service



Nurses

Hospital HM Regla

Country	City
Spain	León

Address: Calle Cardenal Landázuri, 2, 24003, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Update on Psychiatric Treatment in Minor Patients



Nurses

Hospital HM Nou Delfos

Country City
Spain Barcelona

Address: Avinguda de Vallcarca, 151,
08023 Barcelona

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Aesthetic Medicine
- Clinical Nutrition in Medicine



Nurses

Hospital HM Madrid

Country City
Spain Madrid

Address: Pl. del Conde del Valle de Súchil, 16,
28015, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Palliative Care
- Anaesthesiology and Resuscitation



Nurses

Hospital HM Montepríncipe

Country City
Spain Madrid

Address: Av. de Montepríncipe, 25, 28660,
Boadilla del Monte, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Palliative Care
- Aesthetic Medicine



Nurses

Hospital HM Torrelodones

Country City
Spain Madrid

Address: Av. Castillo Olivares, s/n, 28250,
Torrelodones, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Anaesthesiology and Resuscitation
- Palliative Care



Nurses

Hospital HM Sanchinarro

Country City
Spain Madrid

Address: Calle de Oña, 10, 28050, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Anaesthesiology and Resuscitation
- Palliative Care



Nurses

Hospital HM Nuevo Belén

Country City
Spain Madrid

Address: Calle José Silva, 7, 28043, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- General and Digestive System Surgery
- Clinical Nutrition in Medicine



Nurses

Hospital HM Puerta del Sur

Country City
Spain Madrid

Address: Av. Carlos V, 70, 28938,
Móstoles, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Palliative Care
- Clinical Ophthalmology



Nurses

Policlínico HM Cruz Verde

Country City
Spain Madrid

Address: Plaza de la Cruz Verde, 1-3, 28807,
Alcalá de Henares, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Advanced Clinical Podiatry
- Optical Technologies and Clinical Optometry

**Nurses****Policlínico HM Distrito Telefónica**

Country	City
Spain	Madrid

Address: Ronda de la Comunicación,
28050, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Optical Technologies and Clinical Optometry
- General and Digestive System Surgery

**Nurses****Policlínico HM Gabinete Velázquez**

Country	City
Spain	Madrid

Address: C. de Jorge Juan, 19, 1º 28001,
28001, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Clinical Nutrition in Medicine
- Aesthetic Plastic Surgery

**Nurses****Policlínico HM La Paloma**

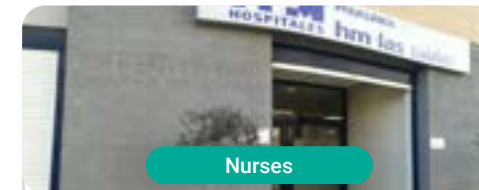
Country	City
Spain	Madrid

Address: Calle Hilados, 9, 28850,
Torrejón de Ardoz, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Advanced Operating Room Nursing
- Orthodontics and Dentofacial Orthopedics

**Nurses****Policlínico HM Las Tablas**

Country	City
Spain	Madrid

Address: C. de la Sierra de Atapuerca, 5,
28050, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Nursing in the Traumatology Service
- Diagnosis in Physiotherapy

**Nurses****Policlínico HM Moraleja**

Country	City
Spain	Madrid

Address: P.º de Alcobendas, 10, 28109,
Alcobendas, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Rehabilitation Medicine in Acquired Brain Injury Management

**Nurses****Policlínico HM Sanchinarro**

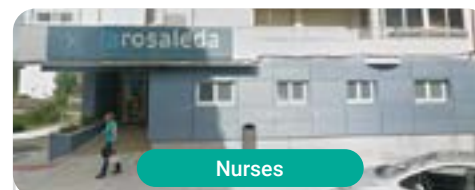
Country	City
Spain	Madrid

Address: Av. de Manoteras, 10,
28050, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Postpartum for Midwives

**Nurses****Policlínico HM Rosaleda Lalín**

Country	City
Spain	Pontevedra

Address: Av. Buenos Aires, 102, 36500,
Lalín, Pontevedra

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Advances in Hematology and Hemotherapy
- Neurological Physiotherapy

**Nurses****Policlínico HM Imi Toledo**

Country	City
Spain	Toledo

Address: Av. de Irlanda, 21, 45005, Toledo

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Electrotherapy in Rehabilitation Medicine
- Hair Transplantation

06

General Conditions

Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this educational entity undertakes to take out civil liability insurance to cover any eventuality that may arise during the internship during the stay at the internship center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



General Conditions of the Internship Program

The general terms and conditions of the internship program agreement shall be as follows:

1. TUTORIAL: During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic..

2. DURATION: The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

3. NON-ATTENDANCE: If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

4. CERTIFICATION: Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

5. EMPLOYMENT RELATIONSHIP: The Internship Program shall not constitute an employment relationship of any kind.

6. PRIOR EDUCATION: Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

7. NOT INCLUDED: The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

07 Certificate

This Internship Program in **Postpartum for Midwives** contains the most complete and up-to-date program on the professional and academic scene.

After the students have passed the evaluations, they will receive their corresponding TECH Internship Program issued by TECH Technological University via tracked delivery.

The diploma issued by TECH will reflect the grade obtained in the test.

Title: **Internship Program in Postpartum for Midwives**

Duration: **3 weeks**

Course Modality: **Monday to Friday, 8-hour consecutive shifts**

Total Hours: **120 h. of professional practice**





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