

Internship Program

Obstetric Nursing





Internship Program
Obstetric Nursing

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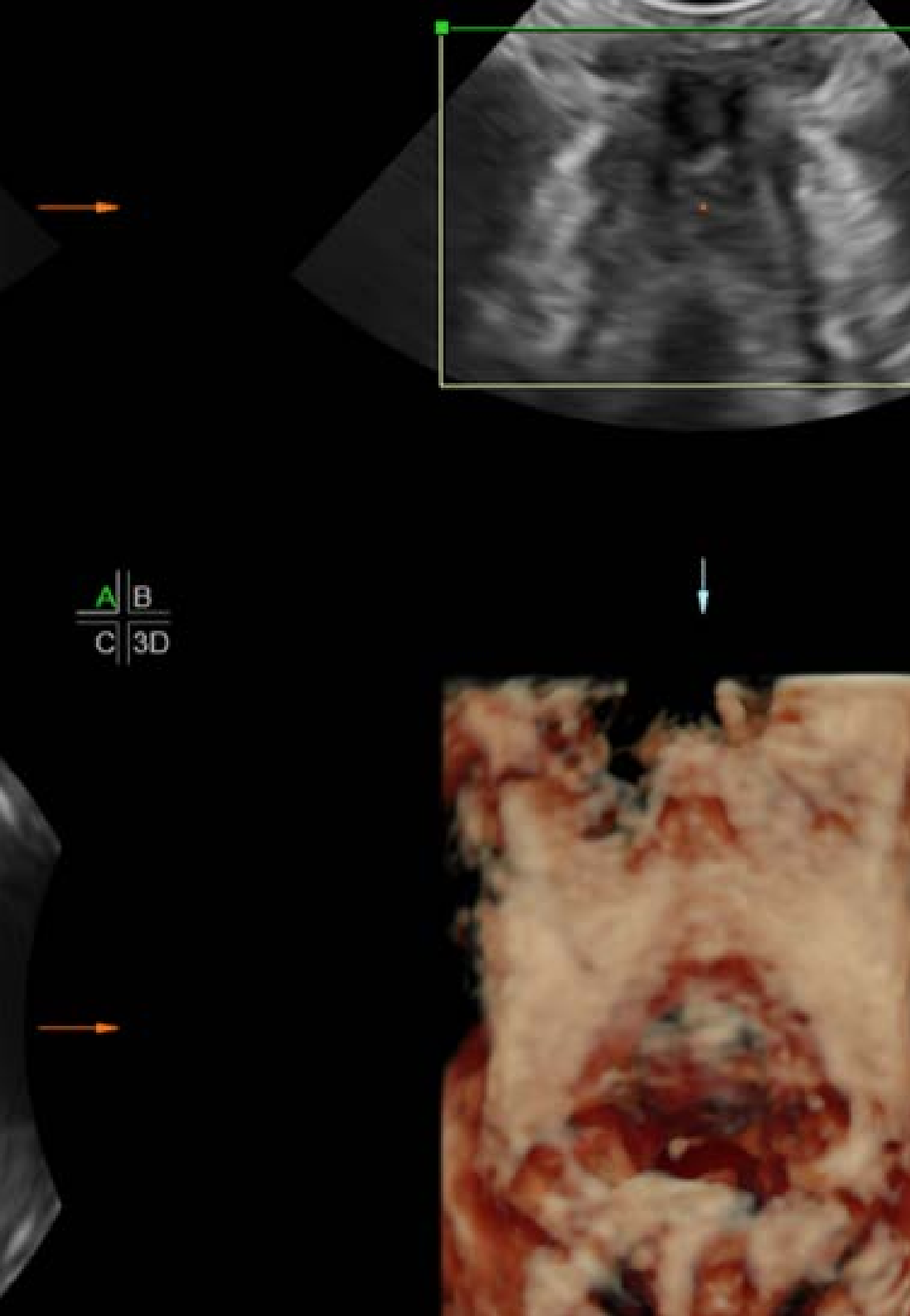
01 Introduction

The role of Nursing in the evolution of the pregnant woman and the newborn is essential to offer personalized care that ensures the correct development of both. Therefore, the continuous theoretical update of the professional in this field must go along with the practice, to achieve a care in favor of the recommendations on normal childbirth, as well as on the latest standards developed in relation to the progress of Obstetrics and the proper care of each patient. For this reason, TECH has decided to create this cutting-edge program, through which the nurse will be able to spend 3 weeks in a clinical center of reference to improve their skills in the care during pregnancy, childbirth and puerperium.



Enjoy an intensive 3-week internship and update yourself on the latest clinical procedures to grow professionally in the field of Obstetric Nursing"





The birth of a healthy child is not, although it may seem so, a casual event. It is the result of a great deal of care and attention given with generosity and professionalism by different professional categories. It also considers that childbirth care should be based on the principles of humanization, fetal control and pain relief. In these cases, the involvement of nurses is of vital importance to provide the necessary care.

This line of thought and actions coincides with a strong change that must take place in the relationship between health teams and women users, in order to move from a technical relationship to one in which the bioethical principle of autonomy and attention to the integrity of the person involved is prioritized. The aim is to comprehensively address the process that women face during childbirth and therefore improve health outcomes for them and their babies.

The aim is to respond to the growing need posed by the new challenges imposed by a changing and increasingly demanding society, as it makes us aware of the importance of incorporating new values, new working systems and new areas of action in our profession. A social evolution in which pregnant women are demanding new needs: a greater role in childbirth and more physiological care to make childbirth more natural and free, and the promotion of breastfeeding.

In order to improve your skills in this field, TECH presents this Internship Program that will allow the graduate to develop, with real patients and in a hospital environment with the most up-to-date resources, their maximum potential and growth in the area of Obstetric Nursing. Therefore, they will be able to approach patients with the help of the best specialists, using the latest techniques based on scientific evidence, and achieving results that would have been difficult to achieve before.

A unique opportunity to take the latest advances and innovations in Obstetric Nursing to the workplace after the 120-hour Internship at the internationally renowned center. It will be a before and after in their professional career.

02

Why Study an Internship Program?

TECH is a pioneer in the entire academic panorama, among other things, for offering exclusively internship programs. This is, therefore, another example of the commitment of this center to the advancement of science and the good practice of its students. For each of the Internship Programs, the center subjects the clinics to an important and exhaustive analysis, in order to determine that they meet all the standards required to offer a practical stay in which the graduate feels fulfilled and can update, in an effective and dynamic way, all their knowledge.



An experience that will enable you to master your skills in breastfeeding and newborn feeding, in order to provide up-to-date nursing care at the highest level"

1. Updating from the latest technology available

Access to this Internship Program will also allow the graduate to enter an environment at the forefront of obstetric care. Thanks to this, they will be able to intervene in the management of the most avant-garde and sophisticated clinical technology for delivery care, as well as for the nursing activity during pregnancy and puerperium, enhancing their skills in a guaranteed way.

2. Gaining In-Depth Knowledge from the Experience of Top Specialists

TECH selects a tutor for each graduate to accompany them during their internship, allowing them to get the most out of the experience. In addition, they can use their extensive and long-standing experience to implement clinical strategies, both diagnostic and therapeutic, to offer a service of the highest quality based on the most innovative and effective techniques.

3. Entering First-Class Clinical Environments

From the first day, the graduate will be able to participate in the clinical management of various cases with common and complex casuistry, thanks to which they will be able to put into practice all their skills. All this, in a clinical environment where they will have at their disposal the necessary resources to attend to each patient in a specialized way and according to their needs, perfecting, in addition, their accompaniment and counseling skills.



4. Putting the acquired knowledge into daily practice from the very first moment

The design of the syllabus of this program has been made in such a way that the graduate will contemplate in its totality the areas of action in which they will practice, implementing to their competences all the skills that will be needed to offer a clinical attention of the highest level once the Internship is concluded.

5. Expanding the Boundaries of Knowledge

TECH, in its commitment to a top-level updating, agrees with the clinical centers a fundamental guideline for this: the commitment to offer an unparalleled experience for all graduates based on the inclusion of the most avant-garde techniques and strategies. In this way, the graduate will update their knowledge in relation to the guidelines that are marking the day to day, also in other international centers, expanding their capacity for action to an internationalized intervention.



*You will have full practical immersion
at the center of your choice"*

03

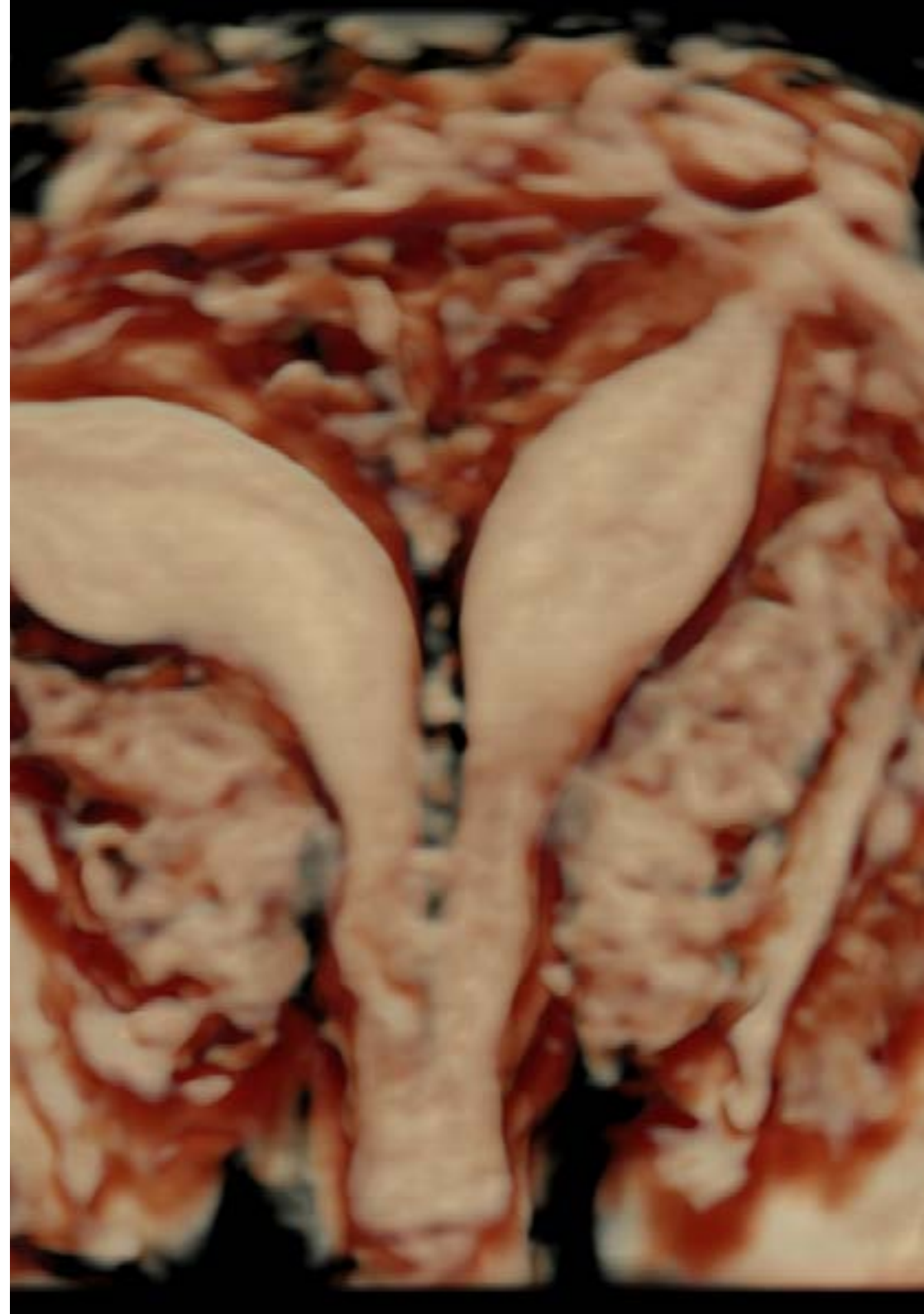
Objectives

The general objective of the Internship Program in Obstetric Nursing is to ensure that the professional gets up-to-date on the diagnostic and therapeutic procedures of the specialty in an exclusively practical way, through a hospital stay designed with clinical and academic rigor, under the guidance of renowned professionals, in a hospital center of the highest scientific quality and technological innovation. In this Internship Program, the professional will address the main interventions of the specialist, which will allow them to improve and enhance their skills in the nursing care of their patients.



General Objectives

- Update specific knowledge in obstetric care
- Promote work strategies based on a comprehensive approach to the patient as a standard model for achieving excellent care
- Encourage the acquisition of technical skills and abilities, through a powerful audiovisual system, and the possibility of development through specific activity
- Encourage professional stimulation through continuing education and research





Specific Objectives

- ♦ Train health personnel so that they are able to put new knowledge into practice
 - ♦ Identify the professionals involved throughout the pregnancy process
 - ♦ Gain knowledge about the different anatomic-physiological modifications that occur during pregnancy
 - ♦ Master the essential skills in prenatal care
 - ♦ Be able to answer any questions or doubts the pregnant woman may have
 - ♦ Review health education and promotion programs for pregnant women
 - ♦ Favouring a climate of trust, security, and intimacy, respecting the privacy, dignity and confidentiality of women
 - ♦ Involve the woman in decision-making throughout the process
 - ♦ Promote close, respectful, empathetic and professional treatment
 - ♦ Facilitate the access of the accompanying person at all times
 - ♦ Updated scientific-technical and unified care criteria that ensure continuity of care
 - ♦ Coordination between the professionals attending the process
- ♦ Promote breastfeeding
 - ♦ Helping mothers to initiate breastfeeding
 - ♦ Provide a place where the woman can breastfeed her baby in comfort
 - ♦ Facilitate the first contact with the newborn
 - ♦ Ensure identification of the newborn
 - ♦ Facilitate the accessibility and participation of the accompanying person throughout the process



During this intensive program in a hospital at the forefront of technology, you will be brought up to date by leading professionals"

04

Educational Plan

The development of this Internship Program consists of a practical stay in a prestigious center, a 3-week period, from Monday to Friday with 8 consecutive hours of work with an attending specialist. This stay will allow them to deal with real patients with a team of reference professionals in the pregnancy, childbirth and puerperium care area, applying the most innovative diagnostic procedures and planning the latest generation of therapy in each case.

In this training proposal, each activity is designed to strengthen and refine the key competencies required for specialized practice in this field. In this way, the professional profile will be enhanced, driving a strong, efficient, and highly competitive performance.

It is undoubtedly a unique opportunity to learn by working in a clinic of the future where real-time health monitoring of patients is at the center of the digital culture of its professionals. This is a new way of understanding and integrating the latest healthcare processes, and turning a reference center into the ideal teaching scenario for this innovative experience in the improvement of professional competencies.

The internship will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other training partners that facilitate teamwork and multidisciplinary integration as transversal competencies for the practice of Obstetric Nursing (learning to be and learning to relate).

The procedures described below will form the basis of the practical part of the training, and their implementation is subject to both the suitability of the patients and the availability of the center and its workload, with the proposed activities being as follows:



Receive specialized education in an institution that can offer you all these possibilities, with an innovative academic program and a human team that will help you develop your full potential"



Module	Practical Activity
Preconception and Pregnancy Period	Know preconception consultation
	Apply pharmacological supplementation
	Perform pregnancy diagnostic techniques
	Perform health counseling with the pregnant woman
	Provide nutritional counseling to the pregnant patient
Maternity Education	Use the pilates method for pregnant women
	Perform the aquatic maternal education
	Work with the procedures for the use of the birthing ball or spherodynamics
	Perform relaxation exercises with the pregnant mother
	Counseling in physical exercises, pelvic floor exercises and body statics
Labor	Perform nursing assessment of fetal well-being
	Perform nursing procedures and care in the onset of labor and labor periods
	Use pharmacology in labor in a specialized manner for each case
	Practice pain relief in labor
	Use specific nursing practices based on the physiology of pain in labor and pain perception
	Provide assistance to the woman in directed childbirth
	Apply different alternatives in obstetric care
Postpartum and Breastfeeding	Perform the assistance of the midwife and care of the woman during postpartum period
	Work on psychosocial aspects in the postpartum period with patients of different ages
	Perform the home care by the midwife during the postpartum period
	Use of pharmaceuticals in the postpartum period with different patients
	Use of pharmaceuticals in the breastfeeding period with different patients
	Know the advantages and benefits of breastfeeding
	Know the importance of breastfeeding

05

Where Can I Do the Internship Program?

This Internship Program includes a 3-week stay in a reference clinical center, where students will be able to advance and improve in the daily work they must perform in the area of Obstetric Nursing. For this purpose, TECH has chosen a relevant center with a team specialized in assisting pregnant women, with whom they employ the most currently used treatments and techniques.



Update yourself thanks to the on-site stay offered by this Internship Program"





The student will be able to do this program at the following centers:



Nursing

Clínica Montesinos

Country City
Spain Valence

Address: Calle del Duque de Calabria, 8, bajo izquierdo, 46005, Valencia

Health center specialized in women's health

Related internship programs:

- Nursing in Gynecology Service
- Obstetric Nursing



Nursing

Hospital HM Modelo

Country City
Spain La Coruña

Address: Rúa Virrey Osorio, 30, 15011, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Anaesthesiology and Resuscitation
- Palliative Care



Nursing

Hospital Maternidad HM Belén

Country City
Spain La Coruña

Address: R. Filantropía, 3, 15011, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Update in Assisted Reproduction
- Hospitals and Health Services Management



Nursing

Hospital HM Rosaleda

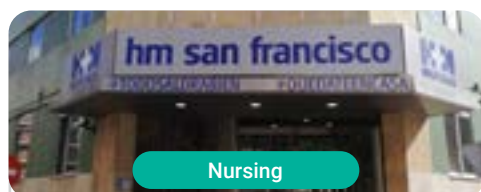
Country City
Spain La Coruña

Address: Rúa de Santiago León de Caracas, 1, 15701, Santiago de Compostela, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Hair Transplantation
- Orthodontics and Dentofacial Orthopedics



Nursing

Hospital HM San Francisco

Country City
Spain León

Address: C. Marqueses de San Isidro, 11, 24004, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Update in Anesthesiology and Resuscitation
- Trauma Nursing



Nursing

Hospital HM Regla

Country City
Spain León

Address: Calle Cardenal Landázuri, 2, 24003, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Update on Psychiatric Treatment in Minor Patients



Nursing

Hospital HM Nou Delfos

Country City
Spain Barcelona

Address: Avinguda de Vallcarca, 151, 08023 Barcelona

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Aesthetic Medicine
- Clinical Nutrition in Medicine



Nursing

Hospital HM Madrid

Country City
Spain Madrid

Address: Pl. del Conde del Valle de Súchil, 16,
28015, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Palliative Care
- Anaesthesiology and Resuscitation



Nursing

Hospital HM Montepríncipe

Country City
Spain Madrid

Address: Av. de Montepríncipe, 25, 28660,
Boadilla del Monte, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Palliative Care
- Aesthetic Medicine



Nursing

Hospital HM Torrelodones

Country City
Spain Madrid

Address: Av. Castillo Olivares, s/n, 28250,
Torrelodones, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Anaesthesiology and Resuscitation
- Palliative Care



Nursing

Hospital HM Sanchinarro

Country City
Spain Madrid

Address: Calle de Oña, 10, 28050, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Anaesthesiology and Resuscitation
- Palliative Care



Nursing

Hospital HM Nuevo Belén

Country City
Spain Madrid

Address: Calle José Silva, 7, 28043, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- General and Digestive System Surgery
- Clinical Nutrition in Medicine



Nursing

Hospital HM Puerta del Sur

Country City
Spain Madrid

Address: Av. Carlos V, 70, 28938,
Móstoles, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Palliative Care
- Clinical Ophthalmology



Nursing

Policlínico HM Cruz Verde

Country City
Spain Madrid

Address: Plaza de la Cruz Verde, 1-3, 28807,
Alcalá de Henares, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Advanced Clinical Podiatry
- Optical Technologies and Clinical Optometry



Nursing

Policlínico HM Distrito Telefónica

Country City
Spain Madrid

Address: Ronda de la Comunicación,
28050, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Optical Technologies and Clinical Optometry
- General and Digestive System Surgery

**Nursing****Policlínico HM Gabinete Velázquez**

Country City
Spain Madrid

Address: C. de Jorge Juan, 19, 1º 28001,
28001, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Clinical Nutrition in Medicine
- Aesthetic Plastic Surgery

**Nursing****Policlínico HM La Paloma**

Country City
Spain Madrid

Address: Calle Hilados, 9, 28850,
Torrejón de Ardoz, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Advanced Operating Room Nursing
- Orthodontics and Dentofacial Orthopedics

**Nursing****Policlínico HM Las Tablas**

Country City
Spain Madrid

Address: C. de la Sierra de Atapuerca, 5,
28050, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Trauma Nursing
- Diagnosis in Physiotherapy

**Nursing****Policlínico HM Moraleja**

Country City
Spain Madrid

Address: P.º de Alcobendas, 10, 28109,
Alcobendas, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Rehabilitation Medicine in Acquired Brain Injury Management

**Nursing****Policlínico HM Sanchinarro**

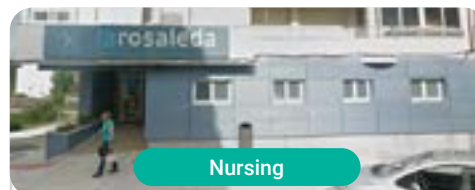
Country City
Spain Madrid

Address: Av. de Manoteras, 10,
28050, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Gynecological Care for Midwives
- Nursing in the Digestive Tract Department

**Nursing****Policlínico HM Rosaleda Lalín**

Country City
Spain Pontevedra

Address: Av. Buenos Aires, 102, 36500,
Lalín, Pontevedra

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Advances in Hematology
and Hemotherapy
- Neurological Physiotherapy

**Nursing****Policlínico HM Imi Toledo**

Country City
Spain Toledo

Address: Av. de Irlanda, 21, 45005, Toledo

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Electrotherapy in Rehabilitation Medicine
- Hair Transplantation

06

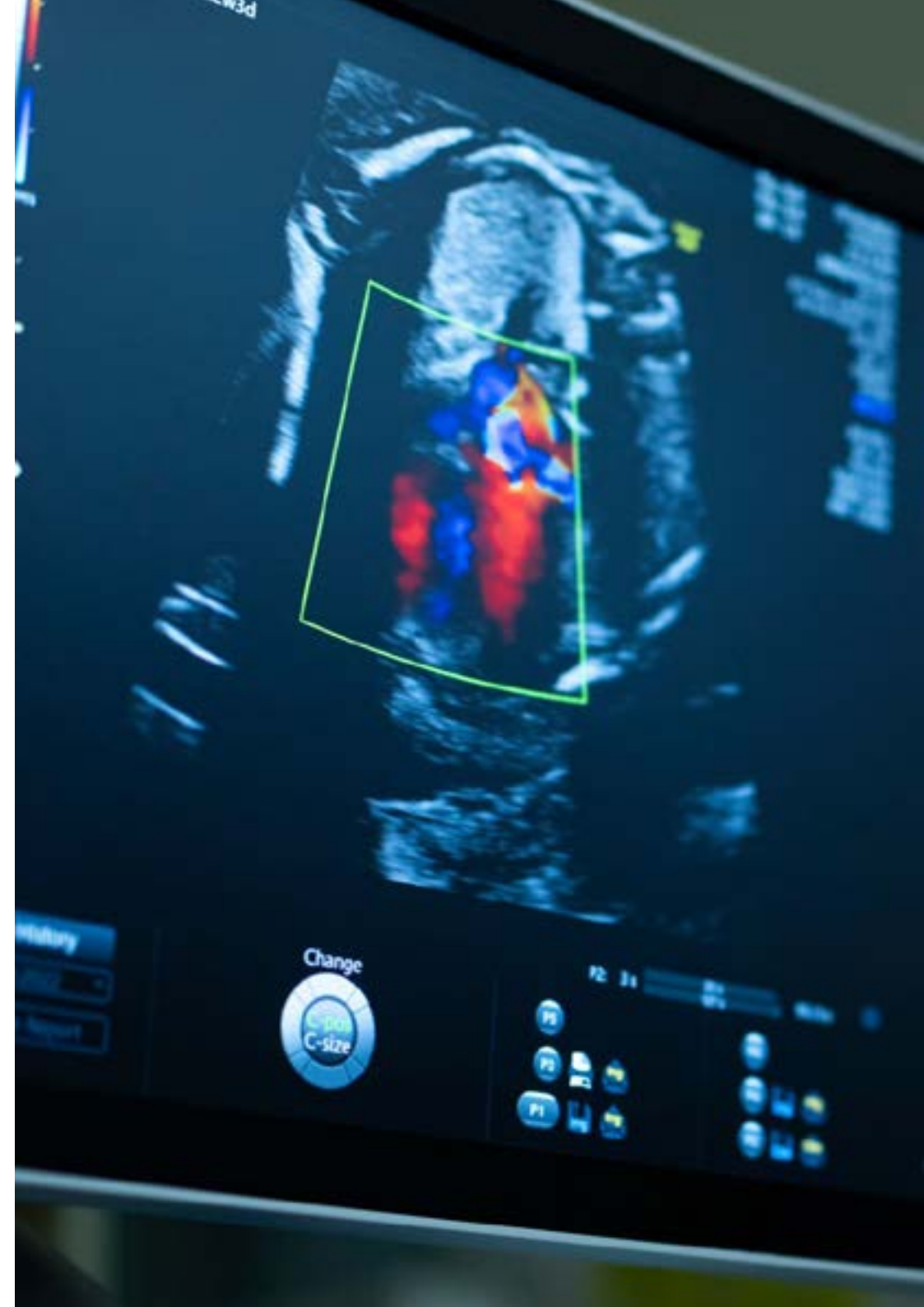
General Conditions

Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

1. TUTOR: During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

2. DURATION: The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

3. ABSENCE: If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

4. CERTIFICATION: Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

5. EMPLOYMENT RELATIONSHIP: The Internship Program shall not constitute an employment relationship of any kind.

6. PRIOR EDUCATION: Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

7. DOES NOT INCLUDE: The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

07 Certificate

This program will allow you to obtain your **Internship Program diploma in Obstetric Nursing** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Internship Program in Obstetric Nursing**

Duration: **3 weeks**

Attendance: **Monday to Friday, 8-hour consecutive shifts**

Accreditation: **5 ECTS**





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