

# Internship Program

## Nursing in Primary Care





Internship Program  
Nursing in Primary Care

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# 01 Introduction

Primary Care Nurses are taking on a more proactive role, not only in the management of Acute and Chronic Diseases, but also in health promotion and disease prevention. In addition, skills in areas, such as case management and care coordination, reflect a shift towards a more holistic and integrated approach, which seeks to treat disease and improve the overall well-being of patients. For this reason, TECH has created the present program, in which in 3 weeks specialists will be integrated into a team specialized in Primary Care, to get up to date on the latest developments and technologies available, being able to bring them into their daily practice in a comprehensive and efficient manner.



*Thanks to this Internship Program, you will acquire practical skills and direct experience in the Primary Care environment, facilitating the application of theoretical knowledge in real work situations"*





Primary Care nurses are playing a crucial role in health promotion and disease prevention, implementing evidence-based strategies to address emerging health challenges, such as non-communicable diseases and mental health issues. And as the best way to perfect these competencies is through practice, TECH has designed a program that consists of a 120-hour stay in a clinical center of reference in the field of Primary Care.

Therefore, during 3 weeks graduates will become part of a team of specialists of the highest level, with whom they will work actively in the management of patients who come to consultations during this period. In this way, they will be able to update not only on the most effective health strategies, but will also be able to implement the most assertive and close communication skills to give both good and bad news. In this way, they will not only participate in a program that will raise their clinical talent to the highest level, but also increase their human and empathic quality.

During the stay they will be supported by an assistant tutor, who will ensure that the requirements for which this Internship Program was designed are met. Therefore, specialists will work with total guarantee and security in the handling of the most innovative clinical technology, as well as in the use of the therapeutic and diagnostic techniques with the best results to date.



# 02

## Why Study an Internship Program?

This specialization will provide nurses with a daily immersion in community health centers, allowing them to develop practical skills and competencies essential for case management and interaction with patients and their families. In addition, they will be able to face varied clinical situations, adapt to new technologies and methodologies, and collaborate with other health professionals in a team context. Therefore, this practical approach will not only reinforce their theoretical specialization, but also improve their confidence and decision-making skills.



*Taking this Internship Program in Primary Care Nursing will be essential for those looking to consolidate and apply their theoretical knowledge in a real healthcare setting"*

### 1. Updating from the latest technology available

Among the most recent innovations, Telemedicine and Telenursing tools stand out, allowing remote consultations and follow-ups, facilitating access to health care, especially in rural areas or areas with geographical barriers. In addition, the use of portable devices, such as vital sign monitors connected to electronic recording systems, makes it possible to remotely assess the health status of patients in real time. In turn, Artificial Intelligence (AI) helps in the analysis of clinical data for early detection of diseases or to personalize care plans.

### 2. Gaining in-depth knowledge from the experience of top specialists

The large team of professionals that will accompany the specialist throughout the practical period is a first-class and an unprecedented guarantee of updating. With a specifically designated tutor, students will be able to see real patients in a state-of-the-art environment, which will allow them to incorporate in their daily practice the most effective procedures and approaches in Primary Care

### 3. Entering first-class clinical environments

TECH carefully selects all available centers for Internship Programs. Thanks to this, specialists will have guaranteed access to a prestigious clinical environment in the field of Primary Care. In this way, you will be able to see the day-to-day work of a demanding, rigorous and exhaustive sector, always applying the latest theses and scientific postulates in its work methodology.



#### 4. Putting the acquired knowledge into daily practice from the very first moment

The academic market is plagued by teaching programs that are poorly adapted to the daily work of the specialist and that require long teaching hours, often not very compatible with personal and professional life. TECH offers a new learning model, 100% practical, that allows to get in front of state-of-the-art procedures in the field of Primary Care and, best of all, to put it into professional practice in only 3 weeks.

#### 5. Expanding the boundaries of knowledge

The constant evolution of Primary Care, driven by technological advances and the growing demand for personalized health services, offering nurses the possibility to specialize in areas such as chronic case management, community health promotion or the use of digital tools. Likewise, increased autonomy and clinical decision-making skills allow them to take a more active role in disease prevention and care coordination, broadening their job prospects and personal development.



*You will have full practical immersion at the center of your choice"*

# 03

## Objectives

This Internship Program will seek to develop essential competencies in care management, patient evaluation and follow-up, and health services coordination. Therefore, nurses will be able to apply theoretical knowledge in real situations, face diverse clinical challenges and use current technological tools and methodologies. In addition, they will focus on improving effective communication with patients and families, optimizing clinical decision making and fostering teamwork.



### General Objectives

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- ◆ Apply theoretical knowledge in real clinical situations
- ◆ Develop practical skills in the assessment of patient health
- ◆ Implement and manage personalized care plans
- ◆ Coordinate and collaborate effectively with other health professionals
- ◆ Manage emergencies and urgent situations effectively
- ◆ Adapt techniques and procedures to specific patient needs
- ◆ Improve communication and patient-centered approach
- ◆ Evaluate and adjust care based on patient response
- ◆ Integrate new technologies and methodologies into daily practice
- ◆ Encourage critical reflection and continuous improvement in care delivery







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*You will strengthen your ability to provide comprehensive, efficient and patient-centered care, adapting to the changing needs of the healthcare environment. With all the TECH quality guarantees!”*



## Specific Objectives

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- ◆ Perform comprehensive assessments of patients' health status
- ◆ Apply care techniques in the management of chronic diseases
- ◆ Develop and implement intervention and follow-up plans
- ◆ Perform clinical procedures with accuracy and safety
- ◆ Operate specialized medical equipment and devices
- ◆ Perform and record the administration of medications and treatments
- ◆ Identify and respond to medical emergencies
- ◆ Collaborate in the coordination of care between different services and professionals
- ◆ Educate patients and families about self-care and disease prevention
- ◆ Apply hygiene and safety protocols in care
- ◆ Use digital and technological tools to track patients
- ◆ Interpret and analyze clinical data to adjust care plans
- ◆ Participate in the development and evaluation of clinical practice guidelines
- ◆ Evaluate the effectiveness of interventions and adjust strategies as needed
- ◆ Promote and apply evidence-based practices
- ◆ Integrate community health into individualized care
- ◆ Manage resources and organize activities within the clinical setting
- ◆ Facilitate access to health services for underserved populations
- ◆ Promote patient participation in their own care process
- ◆ Develop skills in cross-cultural communication and diversity management





“

*You will apply your theoretical knowledge to concrete clinical situations, therefore developing a deeper understanding of patient care and management processes”*

# 04

## Educational Plan

The Internship Program in Primary Care Nursing is made up of a clinical practical stay, lasting 3 weeks, from Monday to Friday and with 8 consecutive hours of practical specialization, always together with an associate specialist. This stay will allow graduates to see real patients alongside a team of reference professionals in the area of Primary Care, applying the most innovative procedures and planning the latest generation of therapy for each pathology.

In this internship proposal, completely practical in nature, the activities are aimed at developing and perfecting the skills necessary for the provision of healthcare in areas and conditions that require a high level of qualification, and which are oriented to the specific knowledge for the exercise of the activity, in a safe environment for the patient and a high professional performance. This is undoubtedly an opportunity to learn by working.

The practical part will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other fellow students that facilitate teamwork and multidisciplinary integration as transversal competencies for nursing praxis (learning to be and learning to relate).

The procedures described below will form the basis of the practical part of the internship, and its implementation is subject to both the suitability of the patients and the availability of the center and its workload, with the proposed activities being as follows:



*Receive specialized education in an institution that can offer you all these possibilities, with an innovative academic program and a human team that will help you develop your full potential"*





Module	Practical Activity
Assistance Area	Assess the health status of individuals, families and groups
	Elaborate personalized care plans in Primary Care
	Administer medical treatments under supervision and monitor the patient's evolution
	Perform Nursing interventions in emergency or urgent situations
Education and Health Promotion	Design and implement health education programs for the community
	Inform and advise patients and families about healthy habits and disease prevention
	Collaborate in health promotion campaigns at the community level
	Conduct self-care and chronic disease management workshops
Management and Coordination	Collaborate in the planning and management of resources in primary care centers
	Coordinate with other health professionals to ensure a comprehensive approach in patient care
	Monitor and evaluate compliance with care protocols in their area of work
	Participate in the management of public health programs at the community level
Research and Continuous Improvement	Apply the best available scientific evidence in clinical practice
	Participate in research projects focused on the improvement of care in Primary Care
	Identify areas of improvement in care protocols and propose evidence-based solutions
	Collaborate in the dissemination of new knowledge and technological advances in the field of nursing

# 05

## Where Can I Do the Internship Program?

In its maxim of offering quality education within the reach of most people, TECH has decided to broaden the academic horizons so that this program can be provided in various centers around the country. Therefore, this is a unique opportunity that will allow professionals to continue to grow their career alongside the best specialists in the sector in various referral clinics.



*You will work directly in community health centers and clinics, interacting with patients and performing clinical assessments, care planning and implementation”*







The student will be able to do this program at the following centers:

**Nursing****Residencia Alkama**

Country City  
Spain Seville

Address: c/ Poetisa Mariquita Fuentes, nº 2

Residential care and support for the elderly

**Related internship programs:**

-Nursing in Primary Care  
Psychogeriatrics

**Nursing****Residencia Aurora**

Country City  
Spain Seville

Address: C/ Marqués del Nervión, 98,  
A, 41005 Sevilla

The Aurora Residence in Seville is a cozy home adapted to the  
needs of the elderly

**Related internship programs:**

-Nursing in Primary Care  
Psychogeriatrics

**Nursing****Residencia De Mayores Ntro.  
Padre Jesús Del Gran Poder**

Country City  
Spain Seville

Address: C/ José Alvarez, 42 Sanlúcar la Mayor

Social and health care residence for the elderly

**Related internship programs:**

-Nursing in Primary Care  
-Geriatric Nursing

**Nursing****Residencia tercera edad Acorán**

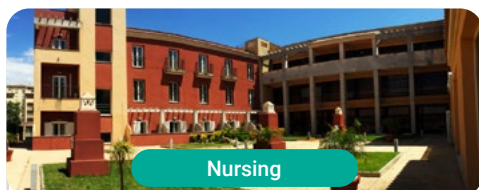
Country City  
Spain Santa Cruz de Tenerife

Address: Calle Mayantigo, nº 4,  
Urb. Acorán

Support and assistance residence for the elderly

**Related internship programs:**

-Geriatric Nursing  
-Nursing in Primary Care

**Nursing****Centro Residencial Puerto  
Luz resort**

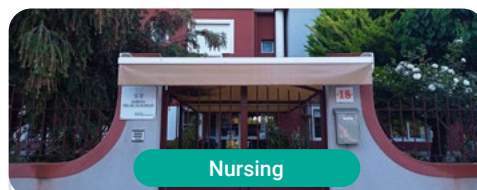
Country City  
Spain Cadiz

Address: Av. Río San Pedro, 14,  
El Puerto de Sta María

Residential care and support for the elderly

**Related internship programs:**

-Geriatric Nursing  
-Nursing in Primary Care

**Nursing****Residencia Nuestra Señora  
de Los Ángeles**

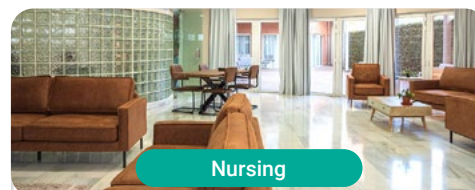
Country City  
Spain Murcia

Address: Calle Isla Sa Torreta, 18 - bajo

It is a residence that provides  
care services to dependent persons on a private basis by  
appointment

**Related internship programs:**

-Nursing in Primary Care  
- Hospital Pharmacy

**Nursing****Residencia Virgen  
de la Salud Alcantarilla**

Country City  
Spain Murcia

Address: C/ San Fernando, 10  
30820 Alcantarilla

Nursing home management

**Related internship programs:**

-Geriatric Nursing  
- Diagnosis in Physiotherapy

**Nursing****Clínica CENTRO**

Country City  
Spain Madrid

Address: Avda. Ventisquero de la Condesa  
42, 28035 Madrid

General Hospital founded by the prestigious surgeon  
and researcher Pedro Guillén

**Related internship programs:**

-Nursing in Primary Care  
Esthetic Nursing



Nursing

### Clínica CENTRO II

Country City  
Spain Madrid

Address: Avenida del Ventisquero de la Condesa 48, 28035, Madrid

Clinic that aims to provide advanced and specialized medical care

#### Related internship programs:

-Nursing in Primary Care  
-Esthetic Nursing



Nursing

### Clínica CENTRO III

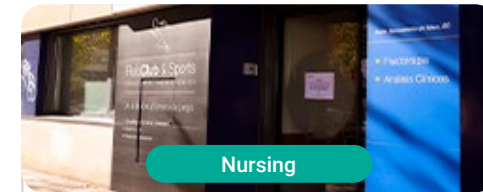
Country City  
Spain Madrid

Address: C. de la Costa Brava, 36, Fuencarral-El Pardo, 28034, Madrid

Clinic that aims to provide advanced and specialized medical care

#### Related internship programs:

-Nursing in Primary Care  
-Esthetic Nursing



Nursing

### Fisioclub & Sports

Country City  
Spain Madrid

Address: Av. del Monasterio de Silos, 85, 28049, Madrid

Clinic that aims to provide advanced and specialized medical care

#### Related internship programs:

-Nursing in Primary Care



Nursing

### Fisioterapia Centro

Country City  
Spain Madrid

Address: Av. Ventisquero de la Condesa, 42, 28035, Madrid

Clinic that aims to provide advanced and specialized medical care

#### Related internship programs:

-Nursing in Primary Care



Nursing

### Fisioterapia Centro Pozuelo

Country City  
Spain Madrid

Address: C. de París, 428224, Pozuelo de Alarcón, Madrid

Clinic that aims to provide advanced and specialized medical care

#### Related internship programs:

-Nursing in Primary Care



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*Make the most of this opportunity to surround yourself with expert professionals and learn from their work methodology”*

# 06

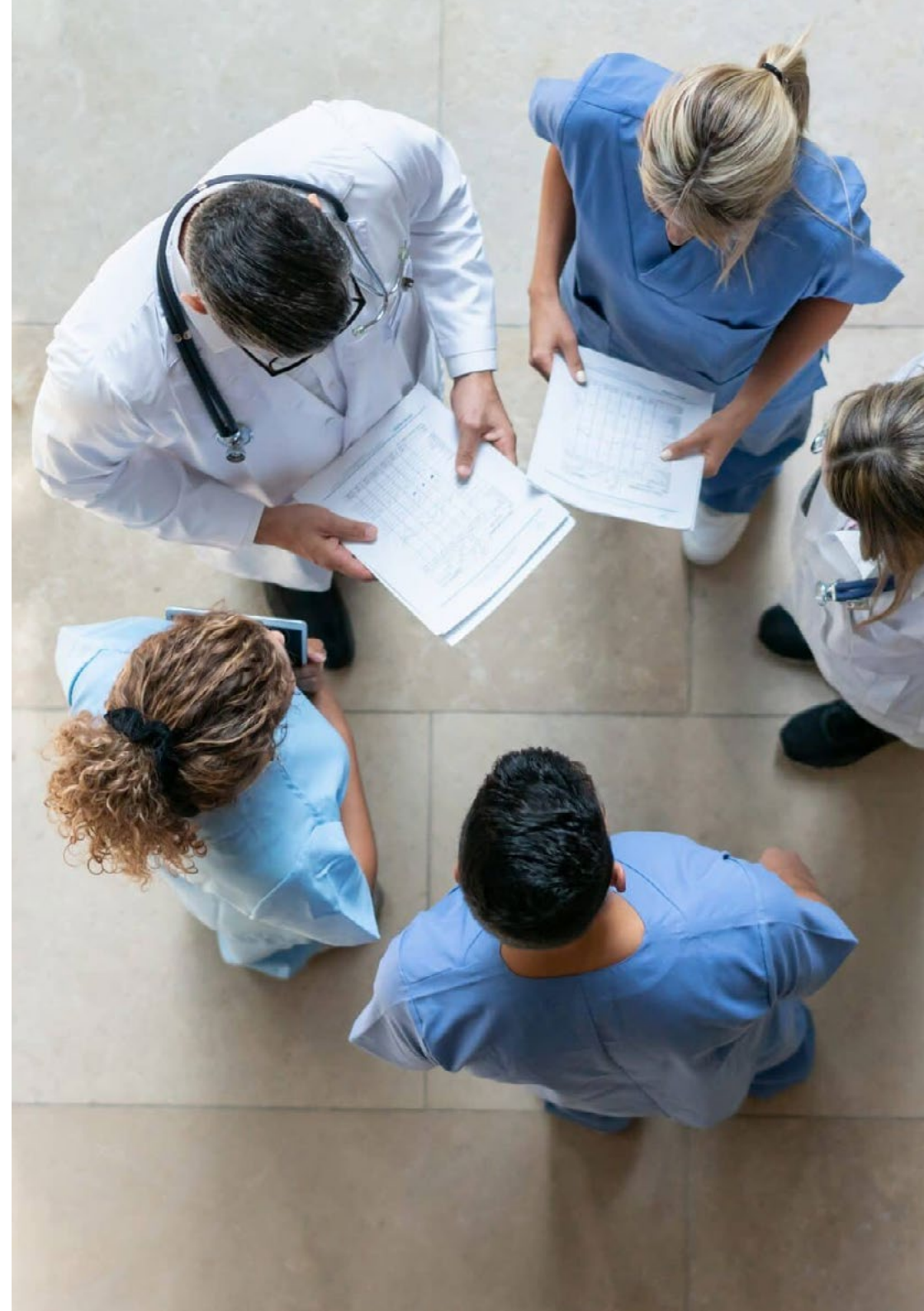
## General Conditions

### Civil Liability Insurance

This institution's main concern is to guarantee the safety of the students and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the Internship Program period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



## General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

**1. TUTOR:** During the Internship Program, students will be assigned two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

**2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

**3. ABSENCE:** If the student does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

**4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

**5. EMPLOYMENT RELATIONSHIP:** The Internship Program shall not constitute an employment relationship of any kind.

**6. PRIOR EDUCATION:** Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

**7. DOES NOT INCLUDE:** The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

# 07 Certificate

This **Internship Program in Nursing in Primary Care** contains the most complete and up-to-date program in the professional and academic landscape.

After the student has passed the assessments, they will receive their corresponding **Internship Program diploma** issued by **TECH Technological University** via tracked delivery\*.

The diploma issued by TECH will reflect the grade obtained in the test.

Title: **Internship Program in Nursing in Primary Care**

Duration: **3 weeks**

Attendance: **Monday to Friday, 8-hour shifts, consecutive shifts**





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health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present quality  
online training  
development languages  
virtual classroom

**tech** technological  
university

Internship Program  
Nursing in Primary Care

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