

# Internship Program

## Nursing in Internal Medicine



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Internship Program  
Nursing in Internal Medicine

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# 01 Introduction

The evolution in nursing procedures, together with advances in medical technology, make it essential for professionals in this sector working in internal medicine services to keep their knowledge constantly updated, in order to provide care based on the latest scientific evidence. Internal medicine services to keep their knowledge constantly updated in order to provide care based on the latest scientific evidence. To make this possible, TECH proposes this Practical Training that will allow the professional to develop their maximum potential and growth in the area of Internal Medicine Nursing. You will be able to approach patients with various pathologies from the the hand of the best Nurse, using the latest techniques based on scientific evidence, and achieving results that would have been difficult to achieve before. All this, after 3 weeks of 100% practical study by prestigious professionals.



*These are not just another internship.  
They are the opportunity you were  
waiting for to acquire the necessary  
knowledge and position yourself as a  
professional of reference in the sector.  
Don't let it go"*





In the area of internal medicine, the nursing professional must not only have theoretical knowledge. It is also important that you know how to put them into daily practice. Therefore, with this academic proposal TECH breaks the foundations of traditional education by providing the expert in this discipline with the possibility of taking the latest approaches, care and treatments in this complex area of knowledge to his or her workplace. Through an innovative method of study, consisting of a 3-week intensive on-site stay, students will be involved in the dynamics of care in a rigorous and exhaustive way.

In particular, this Practical Training has been designed for students to learn new care protocols for the management of patients with cardiovascular diseases, neuropathologies, renal insufficiencies, among other chronic disorders. Therefore, they will delve into nursing care before and after diagnostic procedures in hospitalized units. They will also examine the necessary and most up-to-date material resources for dealing with different complications. At the same time, they will analyze the technique of arterial blood gas analysis in the bedridden patient, the use of inhalers and their differences according to each case, and will incorporate procedures for dealing with the different diseases associated with metabolic syndrome in daily practice.

All these skills will be developed through the integration of the student in internal medicine services, within hospitals of international prestige. At these facilities you will rub shoulders with top professionals in your field of interest. At the same time, you will have an assistant tutor who will guide your learning in a personalized way and will check the pace of your progress from Monday to Friday, for 8 hours. This is a great opportunity that will not only broaden the nurse's skills, but will also open the door to a promising professional future. And all this, with the endorsement and academic prestige of TECH.

# 02

## Why Study an Internship Program?

The current evolution of technologies and work techniques in the health sector, and in particular within Internal Medicine Nursing, make possible a faster and better quality recovery for the patient. Achieving such assistive care in an optimal manner depends on a wide range of practical skills. For this reason, TECH offers a practical qualification of excellence, comprising a face-to-face stay in a prestigious medical facility and extensive results within the discipline in question. In addition, the student will exchange directly with patients and discuss with leading experts in highly specialized professional environments.



*With the help of this Practical Training, you will be able to access leading hospital institutions and where you will acquire high professional experiences that will be reflected in your resume and job opportunities"*

### 1. Updating from the Latest Technology Available

Nursing in Internal Medicine is increasingly committed to holistic technologies that facilitate the comprehensive care of patients admitted to hospital institutions. The handling of all these implements depends on up-to-date knowledge that will be available to the student, in a practical way, throughout the 3 weeks of this training.

### 2. Gaining In-depth Knowledge from the Experience of Top Specialists

Through this in-person program, TECH students will acquire practical skills alongside leading experts in Internal Medicine Nursing. They will share their experiences, discuss cases and procedures with the student and provide access to real patients. In addition, this modality of studies designates an assistant tutor who will accompany the entire educational process in a professional manner.

### 3. Delve in prestigious environments in the field of nursing.

The centers chosen for this Practical Training have a high recognition in the field of Nursing. TECH has selected these hospital institutions for their multiple results in terms of assistance and application of new technologies. From them, the student will be able to see the competitiveness and completeness of the labor sector in only 3 weeks.



#### **4. Putting the acquired knowledge into daily practice from the very first moment**

This program has been designed, first and foremost, so that students do not have to worry about assimilating large amounts of theoretical content. On the contrary, its mission is that each graduate can access a 100% practical learning model, compatible with the development of their interests and needs for updating in the area of nursing.

#### **5. Expanding the Boundaries of Knowledge**

TECH has a broad portfolio of agreements and collaborators. Through them, it will provide its students with access to centers of international relevance. In this way, each student will have the opportunity to expand their professional boundaries and rub shoulders with experts who have made Internal Medicine Nursing a high quality specialty.



*You will have full practical immersion at the center of your choice”*

# 03 Objectives

This TECH Internship Program aims to provide the nursing professional with the most effective and up-to-date knowledge in internal medicine care. All this, through a practical stay designed with the highest clinical and scientific rigor and using a world-class hospital as the venue.



## General Objectives

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- ♦ To up-to-date the professionals' knowledge of nursing procedures in the integral assessment of the patient and to understand the functioning of the internal medicine service and its organization
- ♦ Master the most relevant diseases, attended by nursing professionals in Internal Medicine units, as well as the most relevant and updated care that can be provided to them
- ♦ Identify emergency situations in patients with VTE and update procedures to deal with them







## Specific Objectives

- ◆ Identify the clinical changes in different situations
- ◆ Gain up-to-date knowledge on expert nursing care related to the safety of the patient
- ◆ Delve in nursing care before and after the diagnostic procedures and techniques in the internal medicine hospital unit
- ◆ Recognize the material resources necessary to perform the different diagnostic or therapeutic tests
- ◆ Identify measures that contribute to the prevention of nosocomial infections and the most frequent health problems in patients with chronic diseases. and the most frequent health problems in patients with chronic diseases
- ◆ knowledge the complications that can appear in diabetes , to be able to anticipate them and prevent them from occurring, or to know how to act if they have already appeared
- ◆ Master the Assess and the importance of the proper use of the nursing record in the internal medicine service, and describe the implementation procedures
- ◆ Management the lifestyle changes that a person with diabetes should make to gain control of the disease
- ◆ Differentiate between modifiable risk factors and how to make them various
- ◆ Incorporate action procedures for dealing with certain illnesses associated with metabolic syndrome into daily practice
- ◆ Address the technique of arterial blood gas analysis in the bedridden patient
- ◆ Patient use inhalers and their effectiveness in each case

# 04 Educational Plan

This Internship Program consists of a 3-week period, from Monday to Friday, with 8 consecutive hours of practical up-to- education with an attending Tutor. Through this 100% hands-on classroom practice, the nurse will be able to deal with real patients, always accompanied by a team made up of the best experts in the sector. They will be in charge of instructing you to be able to apply the latest and most effective procedures in the daily practice of your profession.

In this training proposal, completely practical in nature, the activities are aimed at developing and perfecting the skills necessary for the provision of healthcare in areas and conditions that require a high level of qualification, and which are oriented to the specific training for the exercise of the activity, in a safe environment for the patient and a high professional performance.

It is undoubtedly an opportunity to learn by working in the innovative hospital of the future where real-time health monitoring of patients is at the center of the digital culture of its professionals. This is a new way of understanding and integrating health processes, being the ideal teaching scenario for this innovative experience in the improvement of professional medical competencies of the 21st century.

The practical education will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other fellow trainees that facilitate teamwork and multidisciplinary integration as transversal competencies for clinical nursing practice (learning to be and learning to relate).





The procedures described below will be the basis of the practical part of the training, and their implementation will be subject to the center's own availability and workload, the proposed activities being the following:

Module	Practical Activity
<b>General information on the organization of the Internal Medicine Department and the basic management of patients with unknown diseases</b>	Apply the norms of procedures, activities and protocols established in the Internal Medicine ward. in the Internal Medicine ward
	Define, classify, evaluate the clinical manifestations and apply specific treatment to patients with different ailments of unknown cause
	To understand the modalities of care and portfolio of services that fall under the responsibility of the nurse in internal medicine: conventional hospitalization, outpatient and home visits, day hospital and others
<b>Tools and techniques for the management of patients with sepsis and septic shock</b>	Participate in the clinical and epidemiological diagnosis of the patient
	Develop supportive, pathophysiological and etiological treatments for patients with sepsis and septic shock
	To practice the measures of prevention, control and treatment of nursing in septic shock situation
	Use the nursing care plan according to the predominant pathology. to the predominant pathology
<b>Up-to-date tools and protocols for the management of patients with heart failure and COPD</b>	Apply standard nursing procedures and techniques in patients with acute and/or chronic heart failure
	Implementing pharmacological and non-pharmacological treatments of stable COPD
	Putting palliative care into practice end-of-life care
<b>Advanced strategies for the management of patients with acute or chronic phase stroke and the care of patients with HIV</b>	Participate in the rehabilitation process of people with ICTUS
	Develop nursing care to patients with ICTUS
	To collaborate in the epidemiological, clinical and laboratory diagnosis of patients with HIV
	Implement HIV infection prevention measures

# 05

## Where Can I Do the Internship Program?

Choosing clinical centers where professionals develop their practical experience requires a special dedication in which TECH focuses on those entities that, in addition to having a recognized prestige in the specialized area for the degree, guarantee a highly beneficial experience in the development of the graduate professional. It is for this reason that the professional who accesses this training will obtain with total guarantee, techniques and skills that will allow them to improve his competencies, achieving an enriching experience that will mark their professional future.

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*The internship will take place in a prestigious clinical center specialized in Internal Medicine Nursing and in the hands of professionals specialized in the sector”*





The student will be able to do this program at the following centers:



**Nursing**

**Biosalud Day Hospital**

Country City  
Spain Zaragoza

Address: Residencial Paraíso, 9 (50008)  
Zaragoza, España

Center for Integrative and Biological Medicine with a holistic approach

- Related internship programs:**
- English for Nursing
  - Nursing in Integrative Medicine



**Nursing**

**Centro Médico HLA San Carlos - Jávea**

Country City  
Spain Alicante

Address: Carrer Nancy, 3, 03730  
Playa del Arenal, Jávea, Alicante

Multidisciplinary healthcare clinic

- Related internship programs:**
- Hospital Nursing
  - Intensive Care Nursing



**Nursing**

**Hospital HLA San Carlos Denia**

Country City  
Spain Alicante

Address: Partida Madrigueres Sud, 8, 03700  
Dénia, Alicante

Hospital complex promoting of all clinical specialties

- Related internship programs:**
- Intensive Care Nursing
  - Nursing in Internal Medicine



**Nursing**

**Hospital Mesa del Castillo**

Country City  
Spain Murcia

Address: Calle Ronda Sur, 20, 30010 Murcia

Privately managed healthcare center

- Related internship programs:**
- Advanced Operating Room Nursing
  - Hospital Nursing



Nursing

### Clinisalud

Country	City
Spain	Madrid

Address: Calle Pingüino, 23, 28047 Madrid

Multidisciplinary health care center

**Related internship programs:**

- Diagnosis in Physiotherapy
- Advanced Clinical Podiatry



Nursing

### Hospital HM Modelo

Country	City
Spain	La Coruña

Address: Rúa Virrey Osorio, 30, 15011, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Nursing

### Hospital Maternidad HM Belén

Country	City
Spain	La Coruña

Address: R. Filantropía, 3, 15011, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain

**Related internship programs:**

- Update in Assisted Reproduction
- Hospitals and Health Services Management



Nursing

### Hospital HM Rosaleda

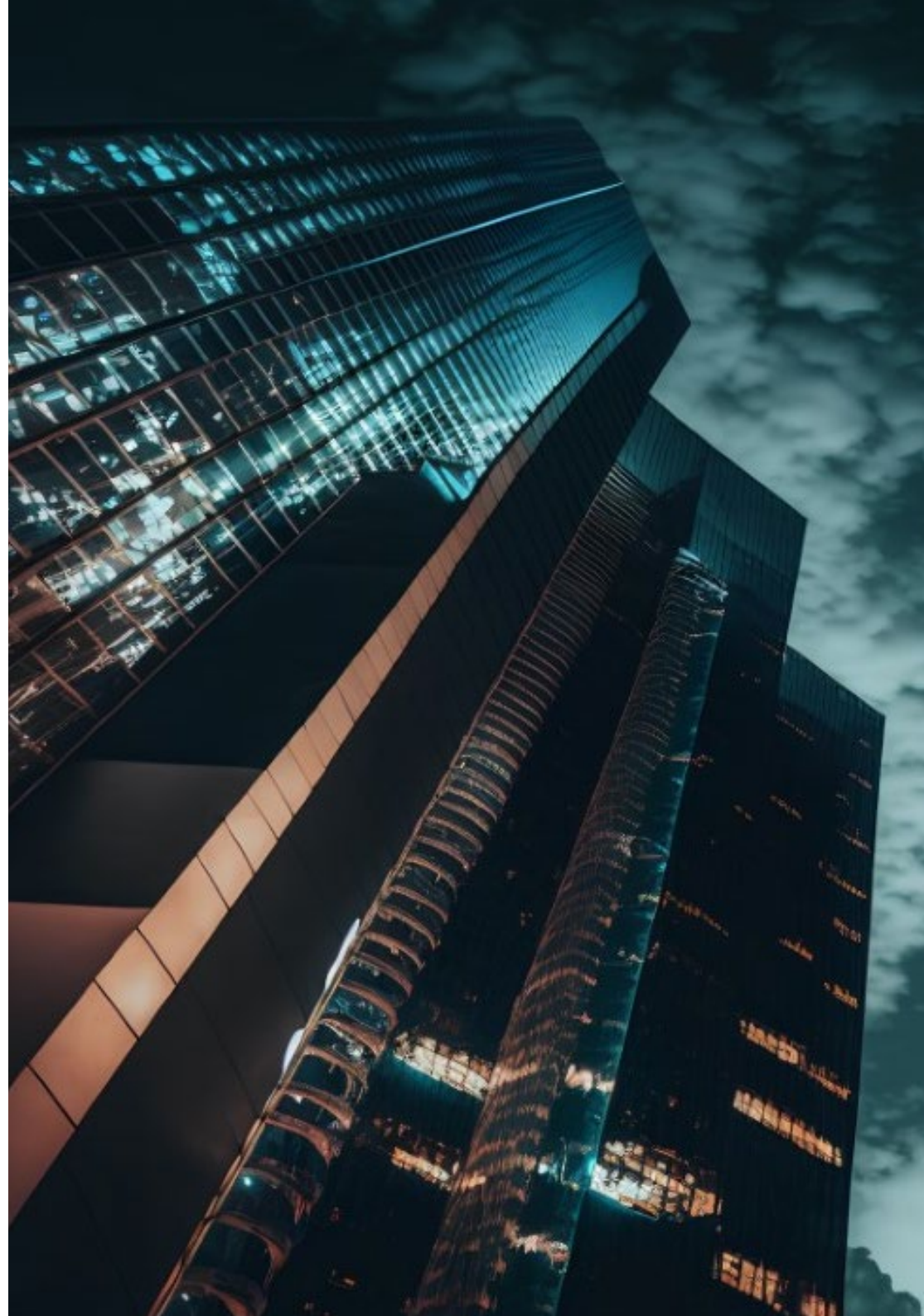
Country	City
Spain	La Coruña

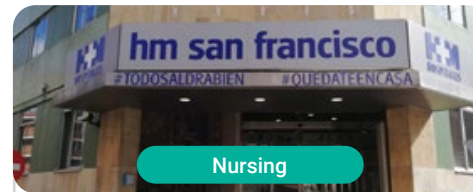
Address: Rúa de Santiago León de Caracas, 1, 15701, Santiago de Compostela, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain

**Related internship programs:**

- Hair Transplantation
- Orthodontics and Dentofacial Orthopedics





Nursing

### Hospital HM San Francisco

Country	City
Spain	León

Address: C. Marqueses de San Isidro, 11, 24004, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Update in Anesthesiology and Resuscitation
- Nursing in the Traumatology Department



Nursing

### Hospital HM Regla

Country	City
Spain	León

Address: Calle Cardenal Landázuri, 2, 24003, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Update on Psychiatric Treatment in Minor Patients



Nursing

### Hospital HM Nou Delfos

Country	City
Spain	Barcelona

Address: Avinguda de Vallcarca, 151, 08023 Barcelona

Network of private clinics, hospitals and specialized centers distributed throughout Spain

**Related internship programs:**

- Aesthetic Medicine
- Clinical Nutrition in Medicine



Nursing

### Hospital HM Madrid

Country	City
Spain	Madrid

Address: Pl. del Conde del Valle de Súchil, 16, 28015, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain

**Related internship programs:**

- Palliative Care
- Anaesthesiology and Resuscitation



Nursing

### Hospital HM Montepíncipe

Country	City
Spain	Madrid

Address: Av. de Montepíncipe, 25, 28660, Boadilla del Monte, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain

**Related internship programs:**

- Palliative Care
- Aesthetic Medicine



Nursing

### Hospital HM Torrelodones

Country	City
Spain	Madrid

Address: Av. Castillo Olivares, s/n, 28250, Torrelodones, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Nursing

### Hospital HM Sanchinarro

Country	City
Spain	Madrid

Address: Calle de Oña, 10, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Nursing

### Hospital HM Nuevo Belén

Country	City
Spain	Madrid

Address: Calle José Silva, 7, 28043, Madrid

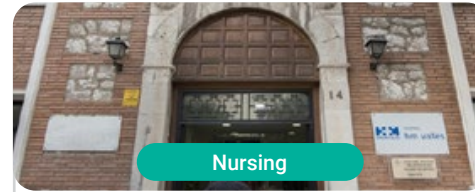
Network of private clinics, hospitals and specialized centers distributed throughout Spain

**Related internship programs:**

- General and Digestive System Surgery
- Clinical Nutrition in Medicine







Nursing

### Hospital HM Vallés

Country	City
Spain	Madrid

Address: Calle Santiago, 14, 28801, Alcalá de Henares, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain

**Related internship programs:**

- Gynecologic Oncology
- Clinical Ophthalmology



Nursing

### Policlínico HM Cruz Verde

Country	City
Spain	Madrid

Address: Plaza de la Cruz Verde, 1-3, 28807, Alcalá de Henares, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain

**Related internship programs:**

- Advanced Clinical Podiatry
- Optical Technologies and Clinical Optometry



Nursing

### Policlínico HM Las Tablas

Country	City
Spain	Madrid

Address: C. de la Sierra de Atapuerca, 5, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain

**Related internship programs:**

- Nursing in the Traumatology Department
- Diagnosis in Physiotherapy

# 06 General Conditions

## Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

For this purpose, this educational entity undertakes to take out a liability insurance policy to cover any eventuality that may arise during the stay at the during the stay at the internship center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the Internship Program period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



## General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

**1. TUTOR:** During the Internship Program, students will be assigned two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

**2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

**3. ABSENCE:** If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

**4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

**5. EMPLOYMENT RELATIONSHIP:** The Internship Program shall not constitute an employment relationship of any kind.

**6. PRIOR EDUCATION:** Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

**7. NOT INCLUDED:** The Internship Program shall not include any element not described in these conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

# 07 Certificate

This **Internship Program in Nursing in Internal Medicine** contains the most complete and up-to-date program in the professional and academic landscape.

After the student has passed the assessments, they will receive their corresponding Internship Program diploma issued by TECH Technological University via tracked delivery\*.

The diploma issued by TECH will reflect the grade obtained in the test.

Title: **Internship Program in Nursing in Internal Medicine**

Duration: **3 weeks**

Attendance: **Monday to Friday, shifts of 8 consecutive hours**

Total Hours: **120 h. of professional practice**



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Internship Program  
Nursing in Internal Medicine

# Internship Program

## Nursing in Internal Medicine



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