

Internship Program

Postpartum Care for Nursing



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01 Introduction

Scientific advances in recent years have significantly improved postpartum care, reduced maternal mortality and improved newborn care. Although nurses play a key role in their implementation, these professionals rarely manage to keep abreast of innovations and their practical applications. This is because most of the educational programs available to them do not meet their needs for practical, fast and flexible learning. For this reason, TECH has put together an intensive and immersive 3-week, 100% face-to-face program. During this degree program, graduates will acquire new skills during Monday through Friday until completing 120 hours of learning. Therefore, they will obtain the best competencies to perform with excellence in the field of childbirth.



Up-to-date your professional nursing practice with TECH and incorporate the latest trends in the management of hypertension and gestational diabetes"





Scientific advances in recent years, significantly improved postpartum care, reduced maternal mortality and improved newborn care. Nurses play a key role in the implementation of these innovations, and it is therefore important that they are up-to-date on the latest techniques and care protocols. However, the educational market is dominated by programs with an excessive theoretical load that neglect the practical applications required by these new resources.

With the objective of updating these professionals, TECH has developed the Practical Training Program in Puerperium for Nurses. The course lasts 3 weeks and is distributed in intensive 8-hour days, from Monday to Friday. Throughout this period, the nurse will be updated on the latest breastfeeding protocols, neonatal monitoring and early identification of postpartum complications. It will also develop competencies to face situations where the emotional health of the mother is affected after the birth of her child.

On the other hand, the degree, which is 100% face-to-face and immersive, provides each graduate with an assistant tutor. This academic figure will be in charge of supervising all their progress and inserting dynamic, complex tasks within the professional practice. They will also be able to exchange with other experts from the chosen institution. Moreover, all these centers have international prestige due to their first-class technological resources and their excellent staff of specialists.

02

Why Study an Internship Program?

This Practical Training is the best educational option for nurses who wish to keep up to date with advances in the field of Puerperium and develop practical skills for their professional practice. The program focuses on the most innovative topics in this health sector, highlighting early attention to postpartum complications. All this by means of a 100% face-to-face and intensive stay where the graduates will participate in the healthcare dynamics of a first-line hospital for 3 weeks. For this academic process, they will have the personalized guidance of a prestigious adjunct tutor.



This Practical Training in Childbirth for Nurses offers a 100% face-to-face stay, focused on innovative topics in this sector"

1. Updating from the Latest Technology Available

In recent years, fetal monitoring technologies have advanced considerably and make it possible to detect and prevent damage to the fetus earlier and earlier. Likewise, telemedicine has also burst into the Puerperium field, allowing nurses to continuously monitor the mother and the baby's condition. All these resources will be at your fingertips through this excellent Practical Training.

2. Gaining In-depth Knowledge from the Experience of Top Specialists

This degree allows nurses to up-to-date their skills alongside experts with distinguished professional careers in the field of childbirth. In addition, they will have the opportunity to work with an adjunct tutor who will designate complex tasks and activities to enhance the learning process. All this in a practical and face-to-face manner.

3. Entering First-Class Clinical Environments

For this degree, TECH has gathered reference institutions where great experts and the best technologies that support the Puerperium process and its practice from the Nursing sector are grouped. Therefore, the professional will be able to check the feasibility of the most current work protocols in this demanding, rigorous and exhaustive area.



4. Putting the acquired knowledge into daily practice from the very first moment

In an academic market where pedagogical programs focused on theoretical learning abound, TECH brings a new learning model. Based on a face-to-face, intensive and 100% practical stay, the nurse will acquire new skills through direct care of real cases, during 3 weeks and under the supervision of the best experts. under the supervision of the best experts.

5. Expanding the Boundaries of Knowledge

TECH offers the possibility of carrying out this Practical Training in different geographical latitudes thanks to its wide network of contacts and professional agreements. In this way, the professional will be able to choose the institution that best suits his or her location and learning needs. This unique option is an undisputed advantage of the world's largest online university.



*You will have full practical immersion
at the center of your choice”*

03 Objectives

The objective of this hands-on training is to provide nurses with the skills and knowledge necessary to provide quality postpartum care. and knowledge necessary to provide quality postpartum care. Through a 100% practical methodology, participants will learn to apply the latest protocols and clinical guidelines in real situations, thus improving their ability to provide personalized and effective care.



General Objectives

- Update and expand midwives' knowledge in the field of postpartum care in the hospital, health center and at home
- Obtain an integrated vision of the care required by women and their children during the postpartum period
- Understand the postpartum phase from a global and biopsychosocial point of view
- Facilitate the performance of midwives dedicated to women's and newborn care in the postpartum phase



Make the most of this opportunity to surround yourself with expert professionals and learn from their work methodology"





Specific Objectives

- ♦ Help provide quality postpartum care based on scientific evidence
- ♦ Contribute to midwives' decision-making process in difficult situations
- ♦ Have the tools to achieve a multidisciplinary management in postpartum nursing
- ♦ Acquire the professional competencies necessary to offer a quality and up-to-date healthcare practice
- ♦ Apply the knowledge obtained when solving problems that may arise in practical situations in healthcare
- ♦ Broaden knowledge about the changes in the postpartum period within its different stages in the context of physiology
- ♦ Recognize abnormalities during the postpartum period in order to be able to identify pathological situations
- ♦ Have a comprehensive knowledge of newborn screening procedures
- ♦ Train nursing professionals in women and newborn care in the monitoring of home births
- ♦ Demonstrate the ability to apply nursing professional care in perineal trauma
- ♦ Identify situations that require referral to other professionals
- ♦ Update knowledge regarding short and long term complications of perineal trauma
- ♦ Resource optimization when planning the activities that will be part of the health program
- ♦ Design sessions directed at parents regarding the care they should provide to the newborn
- ♦ Learn the techniques to offer correct breastfeeding support to premature infants
- ♦ Improve the management of the main reasons for parental consultation in nursing professionals' consultations on newborn problems

04

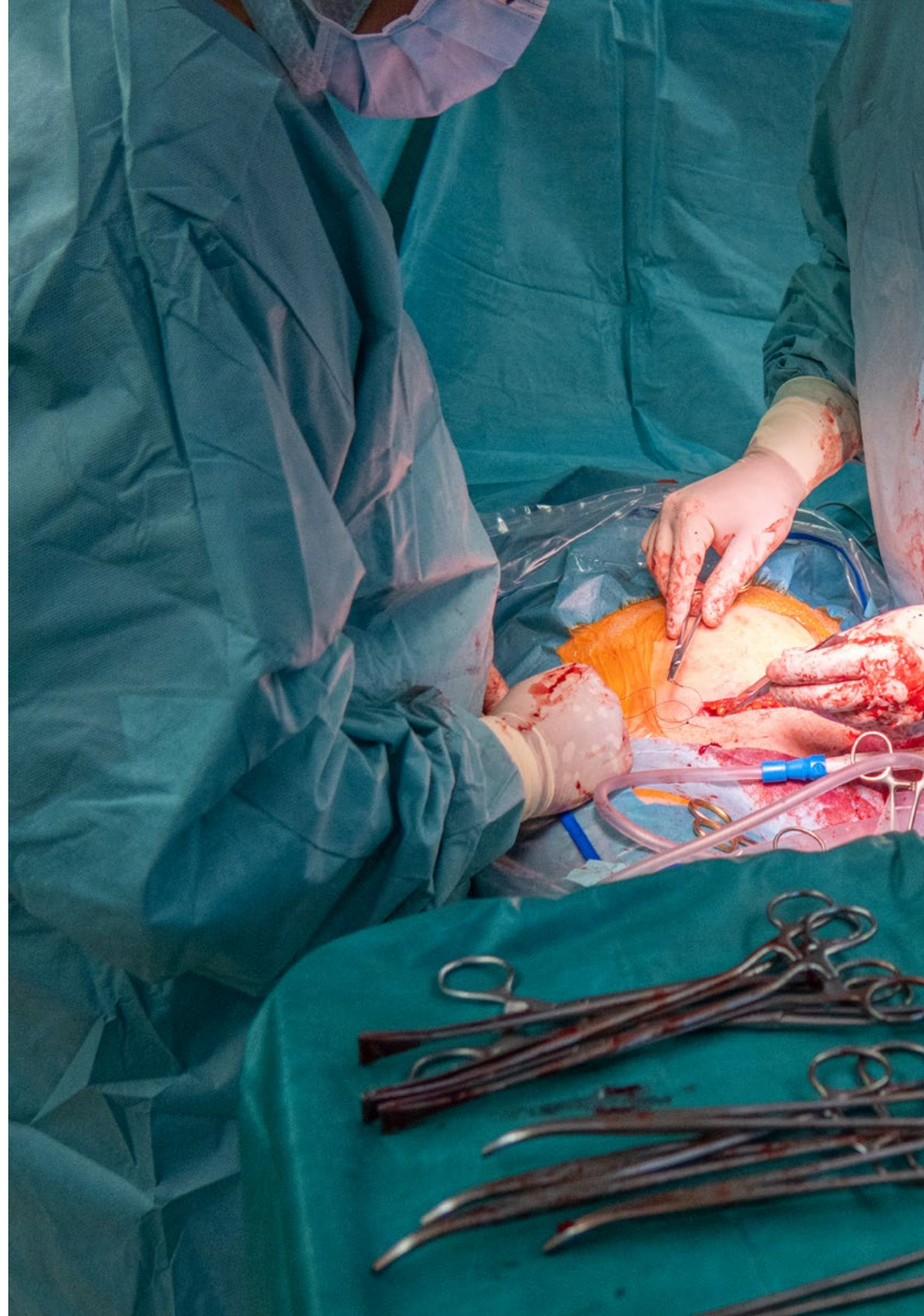
Educational Plan

This Practical Training develops an intensive stay in prestigious hospitals. The nurse will attend them from Monday to Friday, in 8-hour shifts, for 3 weeks and, in these institutions, they will have the specialized guidance of an assistant tutor. This academic figure will insert complex professional dynamics into practical activity, thus facilitating the development of the necessary skills to apply innovative procedures.

In this completely practical Internship Program, the activities are aimed at developing and perfecting the skills necessary to provide healthcare in areas and conditions that require highly qualified professionals, and are oriented towards specific expertise for practicing the activity, in a safe environment for the patient and with highly professional performance.

The practical education will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other fellow trainees that facilitate teamwork and multidisciplinary integration as transversal competencies for nursing practice (learning to be and learning to relate).

The procedures described below will form the basis of the practical part of the internship, and their implementation is subject to both the suitability of the patients and the availability of the center and its workload, with the proposed activities being as follows:





Module	Practical Activity
Postpartum New Technologies for Nursing	Monitoring the fetal heart rate during delivery using monitoring equipment and providing real-time information
	Accessing information about the mother and baby in real time through new communication technology resources and telemedicine tools
	Operate electric breast pumps and special bottles designed to mimic the baby's natural sucking, making breastfeeding more comfortable for patients
	Assessing women's postpartum recovery using state-of-the-art mobile applications
Latest Nursing Nursing techniques for the assistance labor and delivery	Master pain relief techniques including the administration of analgesics, the application of hot or cold compresses, acupuncture, hypnosis and relaxation
	Evaluate the need for the use of assisted delivery technologies such as forceps and vacuum cups
	Identify any complications that may arise during delivery, including postpartum internal bleeding in the mother or shoulder dystocia in the baby
	Assess infant health status by observation and metric methods
Assessing Nursing tests after delivery of the newborn	Perform a complete physical examination to determine the weight, length, head circumference, skin, eyes, ears, respiratory, cardiovascular and nervous system of the newborn
	Measuring infant bilirubin levels to detect jaundice
	Testing blood sugar values in the infant for hypoglycemia
	Apply the otoacoustic emissions test to check the hearing of newborns
	Use the pupillary reflection test to determine the newborn's ocular response to light
	Perform heel prick test to rule out cystic fibrosis among other genetic diseases
	Verify the absence of infectious diseases in the newborn such as hepatitis B and C by means of specific tests indicated by the physician
Nursing Care for Nursing Care for the Mother and after delivery	Ensure that the mother receives the correct fluids and medications through intravenous therapy
	Assisting in the administration of analgesia and epidural anesthesia and control its side effects
	Provide emotional support to the mother through relaxation techniques, preparation for newborn care and breastfeeding advice
	Monitoring that the mother and baby are in good health, which includes home visits and phone calls

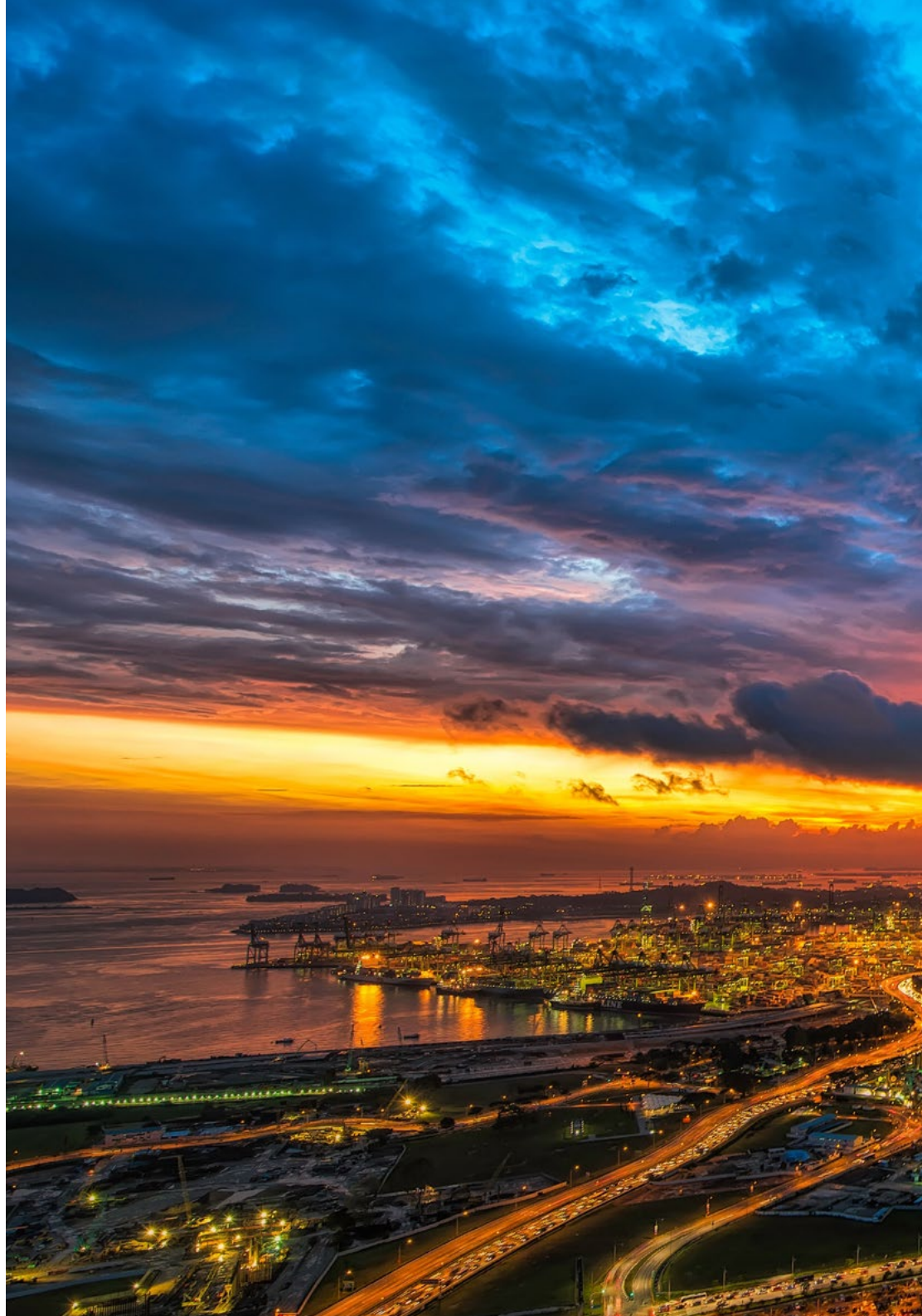
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Where Can I Do the Internship Program?

The clinical internship centers chosen by TECH for this program have the most innovative clinical and care resources in the field of Obstetric and Neonatal Emergency Nursing. These first class hospital facilities also have prestigious professional teams that will help participants, at all times to get up to date on the main innovations in this field.



Enroll in this TECH program and you will be able to dynamically insert yourself in the nursing work of an internationally renowned hospital"





The student will be able to do this program at the following centers:



Nursing

Hospital Maternidad HM Belén

Country: Spain
City: La Coruña

Address: R. Filantropía, 3, 15011, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Update in Assisted Reproduction
- Hospitals and Health Services Management



Nursing

Hospital HM Rosaleda

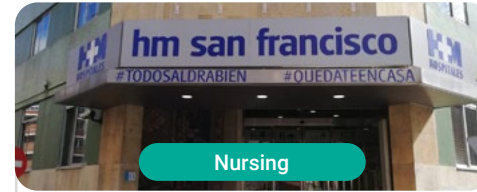
Country: Spain
City: La Coruña

Address: Rúa de Santiago León de Caracas, 1, 15701, Santiago de Compostela, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Hair Transplantation
- Orthodontics and Dentofacial Orthopedics



Nursing

Hospital HM San Francisco

Country: Spain
City: León

Address: C. Marqueses de San Isidro, 11, 24004, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Update in Anesthesiology and Resuscitation
- Nursing in the Traumatology Department



Nursing

Hospital HM Regla

Country: Spain
City: León

Address: Calle Cardenal Landázuri, 2, 24003, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Update on Psychiatric Treatment in Minor Patients



Nursing

Hospital HM Nou Delfos

Country: Spain
City: Barcelona

Address: Avinguda de Vallcarca, 151, 08023 Barcelona

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Aesthetic Medicine
- Clinical Nutrition in Medicine



Nursing

Hospital HM Madrid

Country: Spain
City: Madrid

Address: Pl. del Conde del Valle de Súchil, 16, 28015, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Palliative Care
- Anaesthesiology and Resuscitation



Nursing

Hospital HM Montepíncipe

Country: Spain
City: Madrid

Address: Av. de Montepíncipe, 25, 28660, Boadilla del Monte, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Palliative Care
- Aesthetic Medicine



Nursing

Hospital HM Torrelodones

Country: Spain
City: Madrid

Address: Av. Castillo Olivares, s/n, 28250, Torrelodones, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Anaesthesiology and Resuscitation
- Palliative Care



Nursing

Hospital HM Sanchinarro

Country	City
Spain	Madrid

Address: Calle de Oña, 10, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Anaesthesiology and Resuscitation
- Palliative Care



Nursing

Hospital HM Nuevo Belén

Country	City
Spain	Madrid

Address: Calle José Silva, 7, 28043, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- General and Digestive System Surgery
- Clinical Nutrition in Medicine



Nursing

Hospital HM Puerta del Sur

Country	City
Spain	Madrid

Address: Av. Carlos V, 70, 28938, Móstoles, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Palliative Care
- Clinical Ophthalmology



Nursing

Policlínico HM Cruz Verde

Country	City
Spain	Madrid

Address: Plaza de la Cruz Verde, 1-3, 28807, Alcalá de Henares, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Advanced Clinical Podiatry
- Optical Technologies and Clinical Optometry



Nursing

Policlínico HM Distrito Telefónica

Country	City
Spain	Madrid

Address: Ronda de la Comunicación, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Optical Technologies and Clinical Optometry
- General and Digestive System Surgery



Nursing

Policlínico HM Gabinete Velázquez

Country	City
Spain	Madrid

Address: C. de Jorge Juan, 19, 1° 28001, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Clinical Nutrition in Medicine
- Aesthetic Plastic Surgery



Nursing

Policlínico HM La Paloma

Country	City
Spain	Madrid

Address: Calle Hilados, 9, 28850, Torrejón de Ardoz, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Advanced Operating Room Nursing
- Orthodontics and Dentofacial Orthopedics



Nursing

Policlínico HM Las Tablas

Country	City
Spain	Madrid

Address: C. de la Sierra de Atapuerca, 5, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Nursing in the Traumatology Department
- Diagnosis in Physiotherapy



Policlínico HM Moraleja

Country: Spain City: Madrid

Address: P.º de Alcobendas, 10, 28109, Alcobendas, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Rehabilitation Medicine in Acquired Brain Injury Management



Policlínico HM Sanchinarro

Country: Spain City: Madrid

Address: Av. de Manoteras, 10, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Postpartum Care for Nursing



Policlínico HM Rosaleda Lalín

Country: Spain City: Pontevedra

Address: Av. Buenos Aires, 102, 36500, Lalín, Pontevedra

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Advances in Hematology and Hemotherapy
- Neurological Physiotherapy



Policlínico HM Imi Toledo

Country: Spain City: Toledo

Address: Av. de Irlanda, 21, 45005, Toledo

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Electrotherapy in Rehabilitation Medicine
- Hair Transplantation

06 General Conditions

Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



General Conditions of the Internship Program

The general terms and conditions of the internship program agreement shall be as follows:

1. TUTOR: During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

2. DURATION: The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

3. ABSENCE: If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

4. CERTIFICATION: Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

5. EMPLOYMENT RELATIONSHIP: The Internship Program shall not constitute an employment relationship of any kind.

6. PRIOR EDUCATION: Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

7. DOES NOT INCLUDE: The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

07 Certificate

This **Internship Program's Degree in Postpartum Care for Nursing** contains the most complete and up-to-date program on the professional and academic field.

After the student has passed the assessments, they will receive their corresponding **Internship Program** certificate issued by TECH Technological University via tracked delivery*.

The diploma issued by TECH will reflect the grade obtained in the test.

Title: **Internship Program in Postpartum Care for Nursing**

Duration: **3 weeks**

Attendance: **Monday to Friday, 8-hour consecutive shifts**

Total Hours: **120 h. of professional practice**



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