

# Internship Program Palliative Care Nursing



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Internship Program  
Palliative Care Nursing

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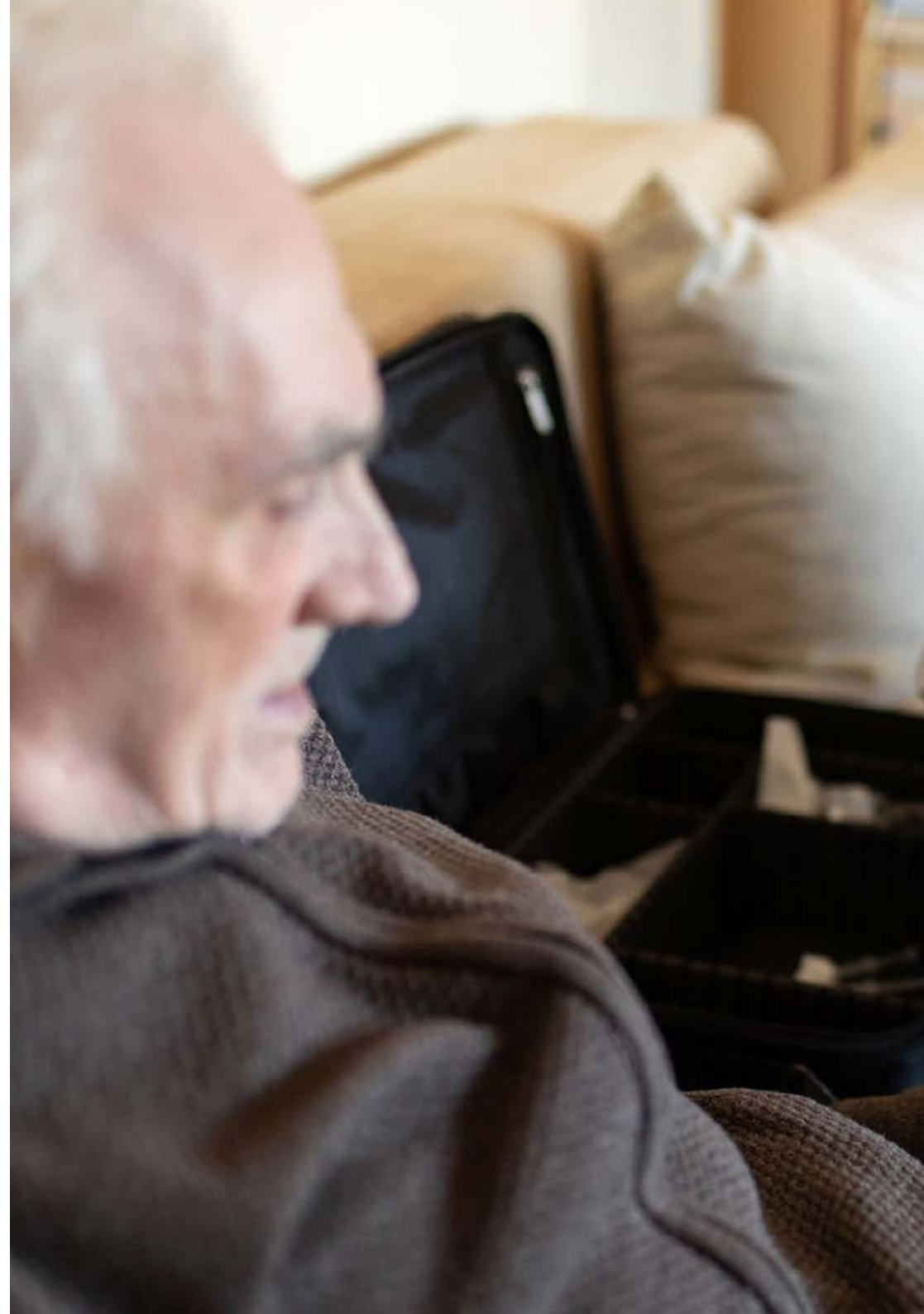
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# 01 Introduction

Palliative care is an area of enormous growth in recent years, due to the prevalence of chronic diseases. Update in this regard has become a necessity for all those nursing professionals who treat patients with degenerative processes. This is the only way to offer optimal treatment that also addresses the emotional, social, practical and spiritual problems that the disease poses. For all these reasons, TECH has designed this program that will take the healthcare professional to a hospital setting with the latest generation resources: a 120-hour internship, where they will treat patients with degenerative pathologies under the guidance of the best specialists, using the latest techniques and achieving results that would have been difficult to achieve in the past.



*Access with this 100% practical program to the most advanced techniques and procedures in Palliative Care"*





The goals of palliative care are to relieve suffering and improve the quality of life of patients. This includes the care of people suffering from various pathologies such as cancer, heart problems, lung disease, dementia or amyotrophic lateral sclerosis.

Faced with this reality, the nursing professional must be aware of progress in the correct treatment of pain through medication, including opioids, which are used especially in chronic diseases. It is also necessary to improve skills and abilities in the communication of bad news or in making decisions together with the patient about their end of life. A broad scenario that is addressed in a practical way in this program designed by TECH.

This is an Internship Program, which lasts 3 weeks, where the healthcare professional will be integrated in a first level hospital environment. In this way, they will be able to be part of an excellent team of professionals specialized in palliative care. In this way, tutored by a specialist in this field, you will be able to see, first hand, the methods, techniques and procedures used in this field of health.

A fantastic opportunity to update knowledge in a direct and close to reality way, which will have to face in their day to day, and always from the hand of real experts in this field. An excellent opportunity that only TECH offers.

# 02

## Why Study an Internship Program?

Advances in the healthcare field force healthcare professionals to constantly update their knowledge. Palliative care units are no strangers to this progress, and TECH offers healthcare professionals a unique practical experience in a prestigious hospital center. Therefore, during 3 intensive weeks you will be able to learn about the latest techniques and methods used in the care of patients with chronic diseases and their end of life. A period where, in addition, you will not be alone, since you will be accompanied by an expert in palliative care, who will guide you at all times, so that you can make an efficient and successful update in this field. An excellent opportunity to learn first-hand about the latest developments in this health field.



*TECH is the only university that offers you the opportunity to enter real clinical environments and learn first-hand about the multidisciplinary approach to palliative care patients"*

### 1. Updating from the Latest Technology Available

In recent years, the latest available technology has been incorporated into the healthcare field to achieve comprehensive care for palliative care patients. For this reason, and with the aim of bringing these advances closer to nursing professionals, TECH has created this program, which brings them closer to the advances that have been introduced in a first level hospital center, where they will carry out a 3-week internship.

### 2. Gaining In-depth Knowledge from the Experience of Top Specialists

Thanks to the large team of professionals who will guide the nurse during this practical period, the nurse will obtain an unprecedented update in palliative care. In this way, with a specifically designated tutor, they will be able to treat real patients in an advanced environment, which will lead them to incorporate the most efficient methods and approaches in this field into their daily practice.

### 3. Entering top-notch professional environments

TECH carries out a rigorous selection process of all the centers available for the Internship Program. In this way, the nursing professional will have guaranteed access to a clinical space of the highest category. Therefore, in an excellent environment, the nurse will be able to check in situ, how is the day to day in a demanding area of work that requires an exquisite sensitivity to the patient and their families.



#### 4. Putting the acquired knowledge into daily practice from the very first moment

The academic market is plagued by programs focused on offering a theoretical framework, but which are far from the real and practical needs of professionals. That is why TECH has created this program that takes the nurse from the first day to access a hospital center where they must develop in practical actions in the area of palliative care. An intensive internship lasting 3 weeks, which will serve to integrate into their daily lives the advances in this field.

#### 5. Expanding the Boundaries of Knowledge

The nursing professional who enters this Internship Program will have access to a hospital center of national and international importance. In this way, they will be able to update their knowledge in palliative care with the best professionals in a high-level and multidisciplinary environment. A unique opportunity to update your knowledge in a unique healthcare setting.



*You will have full practical immersion at the center of your choice"*

# 03

## Objectives

The main objective of the program is for the nursing professional to update their knowledge of palliative care as a means of providing quality care to their patients. This will be possible thanks to an eminently practical internship, designed with clinical and academic rigor. All this, under the guidance of renowned professionals in the sector and in a hospital center of the highest scientific quality and technological innovation. Likewise, in this Internship Program the professional will address the main interventions in Palliative Care, which will allow them to improve and enhance their skills in the medical care of their patients with terminal pathologies.



### General Objectives

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- Learn about the multidisciplinary work performed in palliative care units of leading hospitals
- Integrate into daily work the methods, approaches and techniques used in patients with chronic diseases
- Improve clinical skills for the communication of bad news in palliative care patients







## Specific Objectives

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- ◆ Manage supportive, palliative and end-of-life care
- ◆ Identify the main symptoms that deteriorate the quality of life in chronic degenerative diseases that require palliative management
- ◆ Apply the main evaluation scales for the palliative patient's health status and
- ◆ Work in an interdisciplinary manner with palliative care teams both in the hospital and at home
- ◆ Update the nurse's knowledge in the area of roles of the nursing professional in the palliative care delivery process
- ◆ Understand the main psychosocial aspects of the palliative care patient
- ◆ Support quality of life and reduction of suffering in the palliative care patient



*You are just one step away from starting a practical experience that will allow you to be up-to-date with the latest advances in drugs used in Palliative Care Units"*

# 04

## Educational Plan

The Internship Program in Palliative Care Nursing consists of a 3-week internship, from Monday to Friday with 8 consecutive hours with a professional with extensive experience in this field. This 100% face-to-face action will lead the nurse to work with nursing professionals in palliative care and to learn the most innovative and functional methods of approach to cope with the degenerative pathologies of patients, offering them high standards of quality of life.

In this training proposal, completely practical in nature, the activities are aimed at developing and perfecting the skills necessary for the provision of healthcare in areas and conditions that require a high level of qualification, and which are oriented to the specific training for the exercise of the activity, in a safe environment for the patient and a high professional performance.

In this way, TECH offers an opportunity to learn by working in a first class healthcare space, where the patient and the care in the final stages of life are the key to quality care. A new way of understanding and integrating health processes, in a prestigious center, which becomes an ideal setting for nursing professionals who wish to enhance their skills.

The practical education will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other fellow trainees who facilitate teamwork and multidisciplinary integration as transversal competencies for the practice of home nursing (learning to be and learning to relate).

The procedures described below will be the basis of the practical part of the training, and their implementation will be subject to the center's own availability and workload, the proposed activities being the following:



*Receive specialized education in an institution that can offer you all these possibilities, with an innovative academic program and a human team that will help you develop your full potential"*



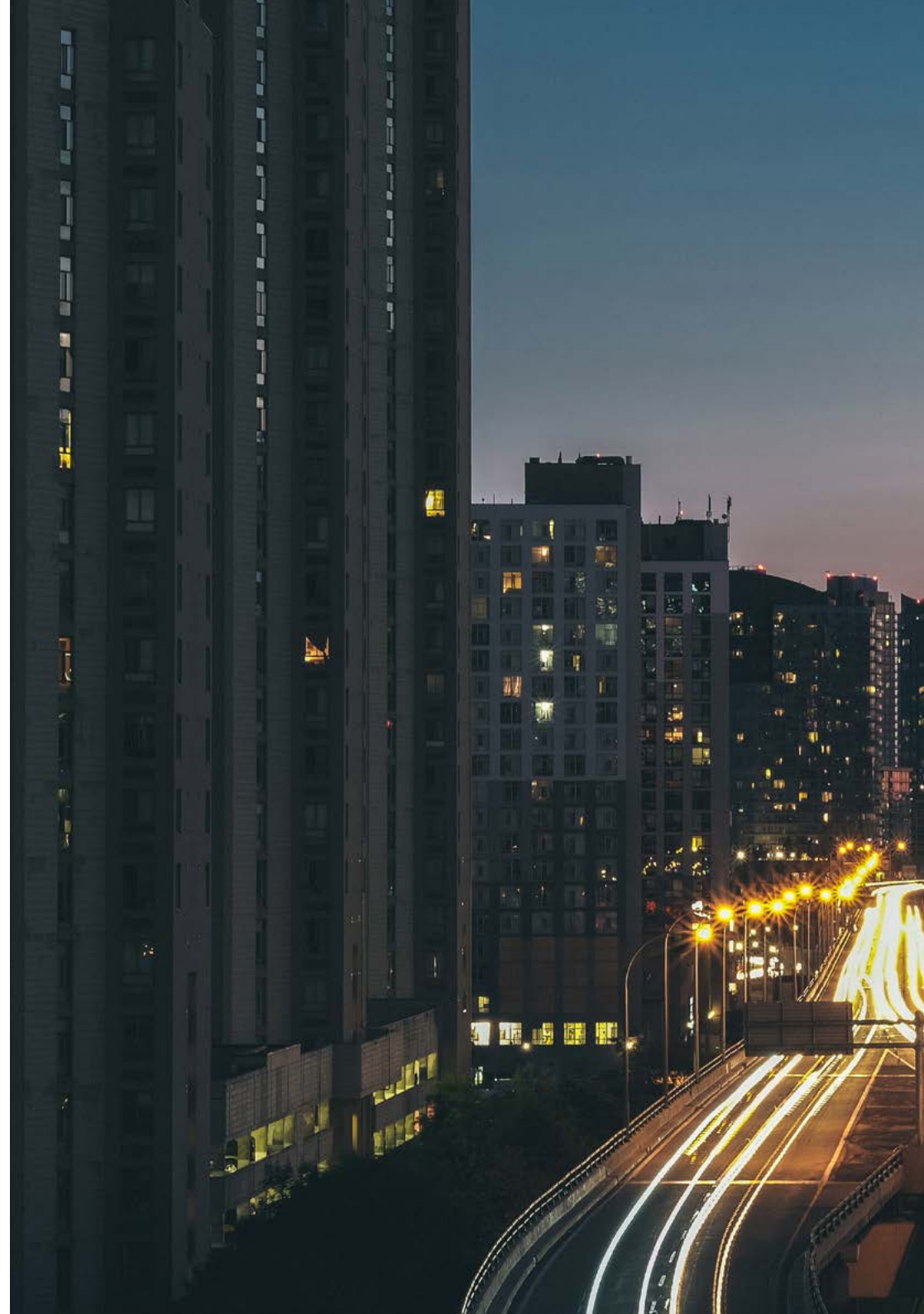
Module	Practical Activity
Treatment in palliative care	Manage support used in palliative care and end-of-life care
	Address the main symptoms that impair the quality of life in chronic degenerative illnesses that require palliative management
	Collaborate in the development of a palliative care plan in nursing
	Perform nursing care and nursing process of body management at death
Patient management in palliative care	Perform mobilization of the patient
	Use techniques of grooming, feeding and hydration of the patient in palliative care
	Inform the family of the procedures and techniques used to care for the patient at the end of life
	Explain to family members and patients the specific care to be taken into account at home
Apply pharmacological treatments while minimizing risks	Apply pharmacological treatments while minimizing risks
	Manage side effects caused by pharmacological treatments
	Use analgesics and opioids according to the legal requirements for their use
	Carry out pain relief techniques without the use of pharmacological products
Psychological approach to the palliative care patient and family members	Use effective measures for the treatment of psychological aspects in palliative care patients in order to avoid suffering
	Provide thanatological nursing support to the patient/family
	Collaborate in the psychosocial support in the period of dying and death
	Develop communication skills to convey bad news to family members and the patient

# 05 Where Can I Do the Internship Program?

In its maxim of providing the professional with the best updating experience, TECH has selected the best clinical centers where to develop a first class internship. Therefore, during 3 weeks, the nurse will carry out activities aimed at improving the attention and care of palliative care patients and their families. In this way, at the end of this Internship Program, the nurse will be able to apply the competencies in their daily practice.



*Update your knowledge in  
Palliative Care in the best  
hospitals specialized in this field"*





The student will be able to do this program at the following centers:



Nursing

### Hospital HM Modelo

Country City  
Spain La Coruña

Address: Rúa Virrey Osorio, 30, 15011,  
A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Nursing

### Hospital HM Nou Delfos

Country City  
Spain Barcelona

Address: Avinguda de Vallcarca, 151,  
08023 Barcelona

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Aesthetic Medicine
- Clinical Nutrition in Medicine



Nursing

### Hospital HM Torrelodones

Country City  
Spain Madrid

Address: Av. Castillo Olivares, s/n, 28250,  
Torrelodones, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Nursing

### Hospital HM Sanchinarro

Country City  
Spain Madrid

Address: Calle de Oña, 10, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Nursing

### Hospital HM Madrid

Country	City
Spain	Madrid

Address: Pl. del Conde del Valle de Súchil, 16, 28015, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Palliative Care
- Anaesthesiology and Resuscitation



Nursing

### Hospital HM Montepíncipe

Country	City
Spain	Madrid

Address: Av. de Montepíncipe, 25, 28660, Boadilla del Monte, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Palliative Care
- Aesthetic Medicine



Nursing

### Hospital HM Nuevo Belén

Country	City
Spain	Madrid

Address: Calle José Silva, 7, 28043, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- General and Digestive System Surgery
- Clinical Nutrition in Medicine





Nursing

### Hospital HM Puerta del Sur

Country City  
Spain Madrid

Address: Av. Carlos V, 70, 28938,  
Móstoles, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Palliative Care
- Clinical Ophthalmology



Nursing

### Policlínico HM Arapiles

Country City  
Spain Madrid

Address: C. de Arapiles, 8, 28015, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Pediatric Dentistry

# 06 General Conditions

## Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.





## General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

- 1. TUTOR:** During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.
- 2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.
- 3. ABSENCE:** If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.
- 4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.
- 5. EMPLOYMENT RELATIONSHIP:** The Internship Program shall not constitute an employment relationship of any kind.
- 6. PRIOR EDUCATION:** Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.
- 7. DOES NOT INCLUDE:** The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

# 07 Certificate

This **Internship Program in Palliative Care Nursing** contains the most complete and up-to-date program on the professional and academic scene.

After the student has passed the evaluations, they will receive their corresponding TECH Internship Program issued by TECH Technological University via tracked delivery\*.

The diploma issued by TECH will reflect the grade obtained in the test.

Title: **Internship Program in Palliative Care Nursing**

Duration: **3 weeks**

Course Modality: **Monday to Friday, 8-hour consecutive shifts**

Total Hours: **120 h. of professional practice**



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Internship Program  
Palliative Care Nursing

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