

# Internship Program

## Nursing in Integrative Medicine



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Internship Program  
Nursing in Integrative Medicine

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# 01 Introduction

Integrative Medicine has become a highly effective and beneficial alternative for millions of patients suffering from chronic diseases or undergoing palliative care. In this context, the role of the nursing professional as a promoter of the health and well-being of the person is fundamental, actively intervening in their care and helping them to improve their quality of life. However, the continuous advances in this science, as well as the implementation of new strategies for action, sometimes cause these professionals to be unable to keep up to date. For this reason, TECH has decided to offer them a practical stay in a reference clinical center, so that they can learn in detail the novelties in the management of patients through the use of these treatments.



*TECH presents a unique opportunity to perfect your professional skills in Integrative Medicine by becoming actively involved in a specialized clinic and a reference in the Nursing sector"*







The application of Integrative Medicine in combination with conventional treatments in people suffering from neurological, digestive, oncological or dermatological diseases, among others, has shown a considerable positive effect. Although it does not stop the progression of the pathology, it has an exponential influence on the subject's psychological well-being and mood. The bet, especially in recent decades, for this specialty, has led TECH to design this Practical Training, which offers a direct and real vision through a stay in a prestigious clinical center.

This is a unique experience that will be developed over 120 hours distributed in 3 weeks, in which the nurse will be able to actively participate in the management of common and complex clinical cases. In addition, you will have the support of a tutor specialized in the area who will accompany you at all times, ensuring that you can improve your intervention skills in a guaranteed way and that you acquire the most up-to-date knowledge on Integrative Medicine Nursing.

In this way, this academic institution responds to the real needs and demands of professionals who wish to update and enhance their skills in this area, through a unique experience, which not only provides new techniques and methods, but can be integrated into any real case they face in their daily professional performance.

# 02

## Why Study an Internship Program?

In the healthcare field, it is essential to have highly qualified and up-to-date professionals. This is why TECH has decided to go a step further in postgraduate education and offer innovative and eminently practical knowledge. Therefore, this program moves away from the traditional theoretical framework and takes the nurse directly to a clinical center of reference, in this case, in Integrative Medicine. With this in mind, this institution has designed a unique academic product that directly addresses the up-to-date needs of professionals in this field. For this reason, during 3 intensive weeks, the professional will become part of a team of experts in Integrative Medicine, where he/she will be able to test the evaluation and diagnostic techniques used, as well as the treatments used in patients suffering from different types of pathologies. A unique opportunity that revolutionizes the pedagogical system and puts the professional at the center of its claim to be up to date through a real scenario and very useful for their daily performance.



*Take advantage of the exclusive opportunity to enter real clinical environments and maximum demand to deepen, hand in hand with the best expert, in the latest advances in Integrative Medicine”*

### 1. Updating from the Latest Technology Available

The area of Integrative Medicine has been revolutionized in recent years thanks to advances such as genetic tests, microbiota studies or electromagnetism. For this reason, and with the aim of bringing the specialized nurse closer to these study and intervention techniques, TECH presents this Practical Training, where the nursing professional will be immersed in a cutting-edge clinical environment, accessing the most innovative techniques and most effective procedures in the field of Integrative Medicine.

### 2. Gaining In-depth Knowledge from the Experience of Top Nurse

In this practical stay, the nursing professional will be tutored by an expert in Integrative Medicine, whose experience will be vital in the process to up-to-date knowledge. Therefore, integrated in a team of professionals and in an avant-garde environment, the graduate will be able to check the working procedures used today, as well as the different complementary tests developed for a more accurate diagnosis. All this will lead you to include these techniques in your daily practice.

### 3. Entering First-Class Clinical Environments

TECH seeks above all excellence and quality in its programs. For this reason, it carries out a rigorous selection of all the centers available for practical training. This will allow the professional to obtain guarantees of access to a first level clinical environment in the area of Integrative Medicine. In this way, you will be able to see the day-to-day work of a demanding sector, always applying the latest theses and scientific postulates in its work methodology.



#### 4. Putting the acquired knowledge into daily practice from the very first moment

This program is a firm commitment by this academic institution to provide a real and direct vision of Integrative Medicine, through a practical stay. A period that will lead the nursing professional to be up to date, from the beginning of this process, in the approach to the patient with cardiovascular, digestive or respiratory pathologies. All this from a novel approach, where alternative medicine is integrated with traditional medicine. This will allow you to be up to date in Integrative Medicine Nursing in just 3 weeks.

#### 5. Expanding the Boundaries of Knowledge

This Practical Training takes place in a leading clinical center, which allows the professional to be surrounded by real experts in Integrative Medicine. This will lead you not only to know the latest advances in this field, but also to be able to apply these techniques and procedures in their daily performance, and in any prestigious center, where you want to provide health services. An excellent opportunity that only TECH can offer you.



*You will have full practical immersion at the center of your choice"*

# 03

## Objectives

This Practical Training has been designed with the objective that the professional is able, through real intervention, to acquire the most up-to-date knowledge to improve his skills in the assessment of the suitability of each discipline in the clinical setting, which will allow him to provide an even higher quality service based on the latest scientific evidence. In addition, you will be able to update yourself on everything related to nursing practice in Integrative Medicine, promoting work strategies based on a comprehensive approach and multimodal rehabilitation as a reference model in the achievement of excellence in care.



### General Objectives

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- ♦ Master the latest modern scientific postulates and application of innovative treatment techniques based on Integrative Medicine
- ♦ Incorporate the most effective methods, approaches and clinical analyses into daily work, backed by a team of prestigious experts in the field of Integrative Medicine
- ♦ Recognize patterns and evaluation of metabolic networks







## Specific Objectives

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- ♦ Identify cultural, socioeconomic, and historical factors that shape population health disparities
- ♦ Examine ways in which integrative practitioners can participate in community-based health programs, identify barriers to access, and develop health resources for underserved populations
- ♦ Demonstrate social and cultural competence in the context of a comprehensive care plan
- ♦ Recognize the pathophysiological processes that are common to all chronic diseases
- ♦ Know the diagnostic tools useful in these processes
- ♦ Explain basic aspects related to the module
- ♦ Safe disposal of toxic waste and preventing re-accumulation
- ♦ Analyze the efficacy of Genomic Medicine in clinical practice, pattern recognition, and evaluation of metabolic networks
- ♦ Interpret literature related to the field of study
- ♦ Describe the importance of isolating patterns of meaning within complex signals and the complexity of analyzing large datasets
- ♦ Develop customized, clinically meaningful omics-based solutions, with a focus on lifestyle and wellness-centered solutions
- ♦ Review the legal context of the application of Integrative Medicine, how to assess risk and mitigate cases of malpractice
- ♦ Understand common ethical issues that arise in current clinical practice.
- ♦ Understand what can be disclosed, to whom, for what reason and what is needed to disclose it
- ♦ Reflect on the need for academic and professional organization according to the regulatory framework of some European countries.
- ♦ Discuss the right of the individual as a patient to free access to Integrative Medicine
- ♦ Review access to complementary medicine therapies in hospital settings
- ♦ Address the need to include Integrative Medicine into the Public Health System
- ♦ Reflect the reduction in economic expenditure and improvement in quality of life related to the introduction of IM
- ♦ Identify community resources and referral network for patients requiring specialized care
- ♦ Analyze the relationship between the peripheral and central nervous system with the digestive tract and the immune system



*Thanks to the commitment of this center and that of the clinic, you will get the most out of the 120 hours of practical training"*

# 04

## Educational Plan

The Internship Program consists of a practical stay in a prestigious center, a 3-week period, from Monday to Friday with 8 consecutive hours of work with an attending specialist. This stay will allow you to deal with real patients with a team of reference professionals in the of Integrative Medicine area, applying the most innovative diagnostic procedures and planning the latest generation Therapeutics in each pathology.

In this completely practical Internship Program, the activities are aimed at developing and perfecting the skills necessary to provide healthcare in areas and conditions that require highly qualified professionals, and are oriented towards specific expertise for practicing the activity, in a safe environment for the patient and with highly professional performance.

TECH offers, in this way, an excellent opportunity to learn by working in the clinic of the future where the procedures and techniques used are based on innovation and the most recent scientific postulates. This academic institution thus provides a new way of understanding health processes, turning a clinical center into an ideal environment for improving the competencies of professionals.

The practical education will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to

learn and learning to do), with the accompaniment and guidance of teachers and other fellow trainees that facilitate teamwork and multidisciplinary integration as transversal competencies for Current La nursing practice(learning to be and learning to relate).

The procedures described below will be the basis of the practical part of the training, and their implementation will be subject to the center's own availability and workload, the proposed activities being the following:



*Receive specialized education in an institution that can offer you all these possibilities, with an innovative academic program and a human team that will help you develop your full potential"*



Module	Practical Activity
<b>Integrative Medicine and Health Prevention</b>	Interview the patient interested in modifying their eating habits
	To formulate a health plan for the patient according to the postulates of Integrative Medicine of Integrative Medicine
	Perform immunoassays in patients with chronic diseases
	Collaborate in the performance of tests in the area of neuropsychiatry and biological decoding
<b>Diagnosis, Clinical and Complementary Analyses</b>	Approach clinical examination and contact with patients with frequent pathologies
	Perform erythrocyte fatty acid tests
	Perform bone metabolism analysis
	Support in the performance of heavy metal and genetic testing
	Collaborate in the Study of the Microbiota and Intestinal Permeability
	Offer support in the analysis of food intolerance
	Evaluate GSE and celiac disease allergies
<b>Environmental Medicine</b>	Consider possible environmental exposures in the differential diagnosis of the patient.
	Contribute to the analysis of diseases derived from environmental factors
	To assess in the study of chemical and food sensitivities
	Collaborate in the analysis of endocrine disruptors
<b>Approach to Frequent Chronic Diseases in Integrative Medicine I</b>	Examining the digestive system and respiratory system of patients with chronic diseases
	Use approach techniques in oncologic patients
	Collaborate in the neurological analysis of patients who come for consultation
	Perform infectious disease testing
	Perform analysis of cardiovascular patients who come for consultation



# 05

## Where Can I Do the Internship Program?

For the realization of this and all the Practical Training that TECH offers, a group of clinics specialized in the field of Integrative Medicine has been selected, so that the graduate who accesses them can improve their professional skills in the hands of the best experts. That is why you will be able to share this experience with nurses versed in the management of patients who have been intervened with alternative therapies to the conventional ones, being able to implement the best and most modern strategies in favor of health in their praxis.



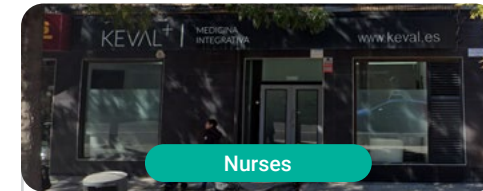
*You will be able to work side by side with nurses versed in the pathophysiological recognition of chronic diseases and intervene in the decision of the best treatments according to their specifications"*







The student will be able to do this program at the following centers:



### Clínica Keval

Country: Spain  
City: Valencia

Address: Carrer d'Eduard Boscà, nº 24, bajo,  
46023 Valencia

Clinical center for integrative and nutritional assistance

- Related internship programs:**
- Nursing in Integrative Medicine
  - Integrative Medicine and Health



### Biosalud Day Hospital

Country: Spain  
City: Zaragoza

Address: Residencial Paraíso, 9 (50008)  
Zaragoza, España

Center for Integrative and Biological Medicine with a holistic approach

- Related internship programs:**
- English for Nursing
  - Nursing in Integrative Medicine

# 06

## General Conditions

### Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.





## General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

**1. TUTORING:** During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

**2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

**3. ABSENCES:** If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

**4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

**5. EMPLOYMENT RELATIONSHIP:** The Internship Program shall not constitute an employment relationship of any kind.

**6. PRIOR EDUCATION:** Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

**7. DOES NOT INCLUDE:** The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

# 07 Certificate

This **Internship Program's Degree in Nursing in Integrative Medicine** contains the most complete and up-to-date program in the professional and academic landscape.

After the student has passed the assessments, they will receive their corresponding Internship Program certificate issued by TECH Technological University via tracked delivery\*.

The certificate issued by TECH will reflect the grade obtained in the test.

Title: **Internship Program in Nursing in Integrative Medicine**

Duration: **3 weeks**

Attendance: **Monday to Friday, 8-hour consecutive shifts**

Total Hours: **120 h. of professional practice**





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