

# Internship Program Hospital Nursing



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Internship Program  
Hospital Nursing

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# 01 Introduction

Due to the emergence of new diseases or advances in the treatment of existing pathologies, the hospital environment is constantly evolving. Therefore, this area requires nurses capable of continually updating their skills to apply the required care to patients according to their clinical circumstances. Faced with this situation, TECH has created this academic program, which will allow the professional to learn in a 100% practical way the latest techniques in nursing care for multi-pathological or surgical care processes. During 3 weeks, the student will access a high level hospital center where, surrounded by the best nursing experts, they will assimilate useful skills in their daily practice to adapt to the requirements of the sector.

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*Thanks to this degree, you will learn to apply in a real work environment the latest nursing care techniques for multi-pathological or surgical care processes"*





Continuous changes in hospital care are mainly aimed at the application of technology in medicine. In this program also focuses the humanization of healthcare centered on the patient, family and professionals during the hospitalization process. A reflection of this is the health care provided to COVID patients in the pandemic. In this time of crisis, nurses had to develop skills that go beyond the technical and optimize their personal dealings with patients. Therefore, the healthcare labor market requires not only professionals who have mastered the advanced methods incorporated in the clinic, but also know how to adapt in the face of convulsive scenarios.

This justifies that the nursing professional is immersed in a process of constant up-to-date, so TECH has developed this program, which offers the opportunity to catch up in Hospital Nursing in a prestigious clinical center, accompanied by highly qualified professionals throughout the process. During 3 weeks, integrated in a multidisciplinary work team, the student will manage the new tools that allow to increase the effectiveness of treatments in patients or advances in care to promote their recovery and relieve their pain. Likewise, they will master up-to-date communication strategies aimed at providing a quality, respectful and intelligible service to both patients and their families.

During this Practical Training, the student will be at all times next to a tutor specifically designated for them, who will give them the best practical advice and will solve all the doubts a tutor designated specifically for them, who will be in charge of giving them, the best practical advice and solving all the doubts that may arise during their stay in the hospital. Thanks to this degree, therefore, the professional will increase their skills in Hospital Nursing to develop in this sector according to current needs.

# 02

## Why Study an Internship Program?

In the field of nursing, professionals are obliged to efficiently implement the latest advances in care for patients with different pathologies. For this reason, TECH has opted to design a pioneering academic product that will allow nurses to spend 3 weeks in a real hospital environment to apply the most advanced procedures and techniques in Hospital Nursing. Thanks to 120 hours of integration in a multidisciplinary work team, the student will incorporate in his daily practice all the innovations present in this field.



*TECH offers you an opportunity that you should not miss, as you will spend 120 hours in a state-of-the-art hospital to manage the latest advances in Hospital Nursing and enhance your work methodology"*

### 1. Updating from the Latest Technology Available

The field of hospital nursing has evolved significantly in recent years due to the appearance of new postoperative drugs or the application of updated care and techniques to ensure patient comfort. For this reason, and with the intention that the nurse knows all these advances and their use in a real environment, TECH has created this program with a completely practical character.

### 2. Delving from the experience of the best experts

The extensive team of experts that will accompany the specialist throughout the practical period is an excellent qualitative bulwark for this program. With a specifically designated tutor, students will be able to see real patients in a state-of-the-art environment, which will allow them to incorporate the most effective procedures and the techniques in Time-Limited Psychotherapy into their daily practice.

### 3. Entering First-Class Clinical Environments

TECH carefully selects all available centers for Internship Programs. Thanks to this, the specialist will have guaranteed access to a prestigious clinical environment in the field of Hospital Nursing. In this way, you will be able to see the day-to-day work of a demanding, rigorous and exhaustive sector, always applying the latest theses and scientific postulates in its work methodology.



#### 4. Putting the acquired knowledge into daily practice from the very first moment

The academic market has a wide variety of programs that offer an excessive theoretical load with little applicability in the work environment. For this reason, TECH has created a 100% practical teaching model, which will allow the professional to enter an excellent clinical environment for 3 weeks in order to acquire skills useful in professional life.

#### 5. Expanding the Boundaries of Knowledge

TECH offers the possibility of carrying out this Internship Program in centers of international importance. This way, the specialist will be able to expand their frontiers and catch up with the best professionals, who practice in first class centers and in different continents. A unique opportunity that only TECH could offer.



*You will have full practical immersion at the center of your choice"*

# 03 Objectives

The main objective of this practical program is the correct experimental instruction of the nurse in order to project his or her professional career and optimize health care. In this way, the experts will investigate information systems applied to hospital care, the management of health and safety principles, patient management related to their health determinants and infection control, as well as the administration of drugs and multiple procedures, among other issues focused on the optimization of healthcare services.



## General Objectives

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- In-depth knowledge of the hospital environment and culture together with the rules, rights and duties in hospital care
- Identify the functioning of the different hospital areas and units
- Master nursing care as a basis for decision making in patient care



*Through this 100% practical program, you will increase your skills in nursing care for patients with particular characteristics"*







## Specific Objectives

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- ♦ Master the organization and operation of health systems and hospital care
  - ♦ Professionalize health care service delivery models
  - ♦ Understand the concept of care management
  - ♦ Professionalize problem solving, the development of critical thinking and decision making in day-to-day health care activities
  - ♦ Apply technology and informatics to health care
  - ♦ Internalize health humanization focused on the patient, the family and the professionals during the hospitalization process
  - ♦ Master the principles of health and safety, including patient management related to health determinants, infection control and other procedures.
  - ♦ Promote the responsible and safe use of medication and/or supportive care and therapeutic support devices
  - ♦ Safely administer drugs and other therapies used in hospitalization units
  - ♦ Professionalization of therapeutic and diagnostic support equipment, characterized by complex technology
  - ♦ Professionalize the patient's emotional, physical and personal care, comfort, nutrition and personal hygiene needs, and maintenance of activities of daily living
  - ♦ Recognize the most frequent surgical, urgent and critical care processes
  - ♦ Internalize the most up-to-date diagnostic and therapeutic knowledge of the most prevalent chronic diseases in a context of complexity
- ♦ Understand the different modes of invasive and non-invasive monitoring of the critically ill patient and update the assessment scales for the critically ill or urgent patient
  - ♦ Detect deterioration in the clinical situation to initiate early warning procedure and vital care maneuvers
  - ♦ Describe the process of childbirth and puerperium
  - ♦ Establish the main health problems of newborns
  - ♦ Apply comprehensive nursing care based on nursing interventions (ICN, ICN)



*This Practical Training gives you the opportunity to work in a real scenario with real patients and with the guarantee of acting correctly thanks to the support of a team of experts in the field"*

# 04 Educational Plan

This Practical Training will be developed during 3 weeks of exhaustive practices that will introduce the experts in their field of action. The 8-hour consecutive days are floor from Monday to Friday with the support of an associate nurse from the hospital center in question. In this way, the of the Internship Program will be able to perform field work in situ, with real patients and with the endorsement of the tutors to ensure good practice.

In this completely practical Internship Program, the activities are aimed at developing and perfecting the skills necessary to provide healthcare in areas and conditions that require highly qualified professionals, and are oriented towards specific expertise for practicing the activity, in a safe environment for the patient and with highly professional performance.

It is, therefore, an excellent opportunity for the student to deal in a real environment with the risks and problems of clinical safety or the administration of drugs and other therapies, as well as the most advanced therapeutic means in hospital nursing practice, among other issues.

The practical education will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other fellow trainees that facilitate teamwork and multidisciplinary integration as transversal competencies for Current La nursing practice transfer(learning to be and learning to relate).

The procedures described below will form the basis of the practical part of the internship, and their implementation is subject to both the suitability of the patients and the availability of the center and its workload, with the proposed activities being as follows:



*Receive specialized education in an institution that can offer you all these possibilities, with an innovative academic program and a human team that will help you develop your full potential"*



Module	Practical Activity
Intangibles in Hospital Care	Accompanying the patient during the hospital admission and discharge phases
	Using ICTs as a method of patient follow-up
	Communicate in a formal, clarifying and pleasant tone with both patients and their families, and their families
Nursing Care in Pluripathological Assistance Processes	Assist the specialist in the performance of diagnostic tests in oncological processes
	Help the specialist in the Production diagnostic tests in Hematologic processes
	Apply palliative care for patients in the terminal phase of an illness
Nursing Care in Surgical, Emergency and Critical Care Processes	Organize and manage the surgical departments in the preoperative phases
	Receive the surgical patient and take note of aspects related to their diet or allergies, food or allergy related issues
	Urgent care of patients with diverse processes: surgical, traumatic and critical
Nursing Care in a Variety of Care Processes	Outline a plan of care for patients with nephrological problems
	Elaboration of therapeutic and care plans for patients undergoing general surgery
	Undertake the most appropriate care for patients who have recently undergone surgery of thoracic pathologies
Nursing Process	Perform a physical examination of a patient to ensure that the patient's physical condition is optimal
	Care planning according to each patient's specific pathology

# 05 Where Can I Do the Internship Program?

TECH has used prestigious hospitals for the practical training of its students. In this case, the practical period takes place in a 3-week hospital stay, where nurses will be assisted by expert tutors to carry out their healthcare duties.



*Project your career with an enriching internship in a renowned hospital center, where you will apply the latest technological advances in medicine"*





The student will be able to do this program at the following centers:



Nurses

### Centro Médico HLA San Carlos - Jávea

Country	City
Spain	Alicante

Address: Carrer Nancy, 3, 03730 Playa del Arenal, Jávea, Alicante

Multidisciplinary healthcare clinic

**Related internship programs:**

- Hospital Nursing
- Intensive Care Nursing



Nurses

### Hospital HLA San Carlos Denia

Country	City
Spain	Alicante

Address: Partida Madrigueres Sud, 8, 03700 Dénia, Alicante

Hospital complex promoting of all clinical specialities

**Related internship programs:**

- Intensive Care Nursing
- Nursing in Internal Medicine



Nurses

### Hospital Mesa del Castillo

Country	City
Spain	Murcia

Address: Calle Ronda Sur, 20, 30010 Murcia

Privately managed healthcare center

**Related internship programs:**

- Advanced Operating Room Nursing
- Hospital Nursing



Nurses

### Hospital HM Modelo

Country	City
Spain	La Coruña

Address: Rúa Virrey Osorio, 30, 15011, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Nurses

### Hospital Maternidad HM Belén

Country	City
Spain	La Coruña

Address: R. Filantropía, 3, 15011, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Update in Assisted Reproduction
- Hospitals and Health Services Management



Nurses

### Hospital HM Rosaleda

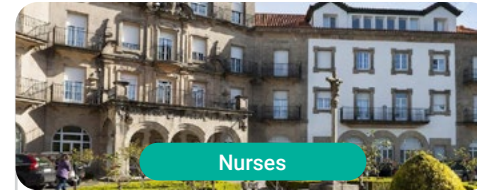
Country	City
Spain	La Coruña

Address: Rúa de Santiago León de Caracas, 1, 15701, Santiago de Compostela, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Hair Transplantation
- Orthodontics and Dentofacial Orthopedics



Nurses

### Hospital HM La Esperanza

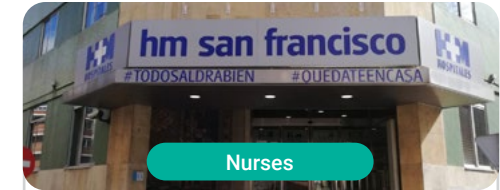
Country	City
Spain	La Coruña

Address: Av. das Burgas, 2, 15705, Santiago de Compostela, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Oncology Nursing
- Clinical Ophthalmology



Nurses

### Hospital HM San Francisco

Country	City
Spain	León

Address: C. Marqueses de San Isidro, 11, 24004, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Update in Anesthesiology and Resuscitation
- Nursing in the Traumatology Department



Nurses

### Hospital HM Regla

Country	City
Spain	León

Address: Calle Cardenal Landázuri, 2, 24003, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Update on Psychiatric Treatment in Minor Patients



Nurses

### Hospital HM Nou Delfos

Country	City
Spain	Barcelona

Address: Avinguda de Vallcarca, 151, 08023 Barcelona

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Aesthetic Medicine
- Clinical Nutrition in Medicine



Nurses

### Hospital HM Sant Jordi

Country	City
Spain	Barcelona

Address: Plaza de la estación, 12, 08030, Barcelona

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Hospitals and Health Services Management
- Hospital Nursing



Nurses

### Hospital HM Nens

Country	City
Spain	Barcelona

Address: C. del Consell de Cent, 437, 08009, Barcelona

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Hospital Nursing
- Hospitals and Health Services Management



### Hospital HM Madrid

Country: Spain      City: Madrid

Address: Pl. del Conde del Valle de Súchil, 16, 28015, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

- Related internship programs:**
- Palliative Care
  - Anaesthesiology and Resuscitation



### Hospital HM Montepíncipe

Country: Spain      City: Madrid

Address: Av. de Montepíncipe, 25, 28660, Boadilla del Monte, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

- Related internship programs:**
- Palliative Care
  - Aesthetic Medicine



### Hospital HM Torrelodones

Country: Spain      City: Madrid

Address: Av. Castillo Olivares, s/n, 28250, Torrelodones, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

- Related internship programs:**
- Anaesthesiology and Resuscitation
  - Palliative Care



### Hospital HM Sanchinarro

Country: Spain      City: Madrid

Address: Calle de Oña, 10, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

- Related internship programs:**
- Anaesthesiology and Resuscitation
  - Palliative Care



Nurses

### Hospital HM Nuevo Belén

Country	City
Spain	Madrid

Address: Calle José Silva, 7, 28043, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- General and Digestive System Surgery
- Clinical Nutrition in Medicine



Nurses

### Hospital HM Puerta del Sur

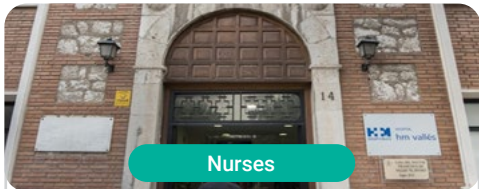
Country	City
Spain	Madrid

Address: Av. Carlos V, 70, 28938, Móstoles, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Palliative Care
- Clinical Ophthalmology



Nurses

### Hospital HM Vallés

Country	City
Spain	Madrid

Address: Calle Santiago, 14, 28801, Alcalá de Henares, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Gynecologic Oncology
- Clinical Ophthalmology



Nurses

### Hospital HM Málaga

Country	City
Spain	Malaga

Address: Av. de Carlos Haya, 121, 29010, Málaga

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Hospital Nursing
- Hospitals and Health Services Management







Nurses

### Hospital HM El Pilar

Country City  
Spain Malaga

Address: Paseo de Sancha, 15,  
29016, Málaga

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Clinical, Medical and Welfare Management
- Hospitals and Health Services Management



Nurses

### Hospital HM Gálvez

Country City  
Spain Malaga

Address: Calle San Agustín, 1,  
29015, Málaga

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Hospitals and Health Services Management
- Hospital Nursing



Nurses

### Hospital HM Santa Elena

Country City  
Spain Malaga

Address: Urbanización Los Alamos, C.  
Sardinero, s/n, 29620, Torremolinos, Málaga

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Clinical, Medical and Welfare Management
- Hospitals and Health Services Management

# 06

## General Conditions

### Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



## General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

**1. TUTORING:** During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

**2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

**3. ABSENCES:** If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

**4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

**5. EMPLOYMENT RELATIONSHIP:** The Internship Program shall not constitute an employment relationship of any kind.

**6. PRIOR EDUCATION:** Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

**7. DOES NOT INCLUDE:** The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

# 07 Certificate

This **Internship Program's Degree in Hospital Nursing** contains the most complete and up-to-date program in the professional and academic landscape.

After the student has passed the assessments, they will receive their corresponding Internship Program certificate issued by TECH Technological University via tracked delivery\*.

The diploma issued by TECH will reflect the grade obtained in the test.

Title: **Practical Training in Hospital Nursing**

Duration: **3 weeks**

Attendance: **Monday to Friday, 8-hour consecutive shifts**

Total Hours: **120 h. of professional practice**



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