

Internship Program

Advanced Integrative Medicine and Health For Nursing



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and Health For Nursing

Index

01

Introduction

p. 4

02

Why Study an Internship Program?

p. 6

03

Objectives

p. 8

04

Educational Plan

p. 10

05

Where Can I Do the Internship Program?

p. 12

06

General Conditions

p. 14

07

Certificate

p. 16

01 Introduction

For many patients, the use of different integrative medicine therapies has meant a radical change in their situation, due to the positive influence of this type of strategies in their physical and psychological improvement. Helping them feel better through a combination of conventional and alternative treatments is, therefore, the task of health professionals who dedicate their careers to this specialty. Among them, the role of the nurse in ensuring the well-being of the person in the process of recovery and autonomy stands out, a responsibility that obliges him or her to always be up to date with the most innovative and effective strategies. Precisely for this reason TECH has considered it necessary to launch this eminently practical program, so that the graduate can, throughout the 3 weeks in which it is developed, perfect their professional skills in the management of chronic patients.



This Practical Training offers you the most direct and real vision of the patient's approach through the most innovative techniques applied in Integrative Medicine"





In recent decades there has been an increasing trend in the use of acupuncture, homeopathy or osteopathy in combination with conventional treatments in the management of chronic clinical cases. Therefore, the highly beneficial results in improving the patient's health have led to a boom in integrative medicine. In this way, the latest techniques employed under the most recent scientific postulates, oblige nursing professionals to be aware of the transformation that is taking place in this area.

In view of this reality, TECH has designed this Practical Training, which provides the most advanced and direct knowledge of this specialty. All this, in addition to a stay in a reference center, integrated by an excellent team of professionals.

This is a 120-hour experience in a clinical center in the use of alternative therapies in which the patient will be able to work side by side with experts in the sector. In this way you will not only be able to develop and contextualize your knowledge by applying it to the reality of the practice, but you will also be able to keep up to date with the latest developments in Advanced Integrative Nursing. In addition, you will be supported by a mentoring team committed to your professional growth and improvement.

02

Why Study an Internship Program?

Undoubtedly, nursing professionals must be constantly updating their knowledge, but it is in the healthcare field where greater practical specialization is required. In response to this need, TECH has designed a unique and disruptive academic product in the current educational landscape. This Practical Training leads the professional, from the very first moment, to be together with an excellent team of experts from a prestigious clinical center. A real scenario, with patients where you will be able to test the most advanced techniques and procedures used in Advanced Integrative Medicine. A unique opportunity to be in a magnificent environment, where the graduate becomes the center and the main objective is to achieve, in just 3 weeks, an intensive update of their knowledge in this area.



Access the most innovative techniques of Advanced Integrative Medicine from the best specialized nurses"

1. Up-to-date from the Latest TECHNIQUES Available

The area of advanced integrative medicine has been able to perfectly unify traditional and alternative medicine. A combination that has had great advances in recent years thanks to genomic medicine, the development of personalized, clinically meaningful omics-based solutions or progress in chronological age studies. For this reason, and in order to bring the nurse closer to these techniques, TECH presents this Practical Training, where the professional will enter a state-of-the-art healthcare environment. A space that will give you access to the latest technology and methodology applied today in this field.

2. Gaining In-depth Knowledge from the Experience of Top Nurse

The prestigious center where the professional will develop the stay is integrated by an excellent team of professionals who will accompany them throughout the 3 weeks of duration of this Practical Training. With a specifically designated tutor, the graduate will be able to see what daily care is like, the methods and procedures used, as well as the most innovative techniques used in a top-level healthcare environment.

3. Entering First-Class Clinical Environments

TECH under criteria selects all available centers for Internship Programs. In this way, this institution seeks to fulfill its maxim of offering quality programs that respond to the real needs of professionals. For this reason, during this eminently practical period, you will be able to obtain the updated knowledge you are looking for in Advanced Integrative Medicine.



4. Putting the acquired knowledge into daily practice from the very first moment

In this program, TECH moves away from the theoretical concept and the long hours of study and memorization and focuses this instruction on an exclusively practical phase, where the professional will be able to apply his knowledge and expand, with the help of real experts, his competencies and capabilities in the approach to the patient through integrative medicine. All of this in an intensive course, in a clinical center of reference clinical center.

5. Expanding the Boundaries of Knowledge

TECH offers the professional the possibility to catch up with the best professionals, who practice in first level clinics. This will allow them not only to up-to-date techniques and procedures in integrative medicine, but also to apply them in any other prestigious center where the professional wishes to apply the knowledge received during this Practical Training. this Practical Training. An excellent opportunity that only this academic institution offers.



You will have full practical immersion at the center of your choice"

03 Objectives

With the course of this practical program, the nurse will acquire the latest and necessary knowledge in the assessment of the suitability of each discipline in the clinical setting, which will allow them to provide quality care based on the latest scientific evidence. It is, therefore, a unique opportunity that will encourage the graduate's professional stimulus through continuous training and research, positively influencing the promotion of work strategies based on the integrative approach and multimodal rehabilitation. Therefore, the specialized nurse will be able to update his or her knowledge in a comprehensive manner in the various fields of specific nursing based on integrative medicine.



General Objectives

- Employ the latest techniques, modern scientific postulates and application of cutting-edge technologies in patient care under advanced integrative medicine.
- Incorporate the most effective methods, Procedure and clinical analyses into daily work, backed by a team of prestigious experts in the field of Integrative Medicine.
- Address the Advances in Chronological La Age La Research





Specific Objectives

- ♦ Analyze the relationship between the peripheral and central nervous system with the digestive tract and the immune system
- ♦ Review access to complementary medicine therapies in hospital settings
- ♦ Analyze Neural therapy and Ozone Therapy
- ♦ Expand Learn the clinical advances in integrative nutrition such as the Anti-Inflammatory and Ketogenic Diets
- ♦ Analyze the importance of nutrition in pregnancy and supplementation, as well as breastfeeding during the first months of the baby's life
- ♦ Establish and develop a methodology for a school for parents
- ♦ Understand the new challenges that women go through during maternity
- ♦ Review recurrent pathologies in gynecology such as candidiasis, polycystic ovarian syndrome and endometriosis
- ♦ Address advances in chronological ageing research and measures for healthy aging
- ♦ Analyze changes in the neurological diseases that have the greatest impact on this population, such as Alzheimer's or Parkinson's disease
- ♦ Review the epidemiology, pathophysiology, and mechanisms underlying mood disorders and mental illnesses
- ♦ Update knowledge on the the effectiveness of Body-Mind techniques such as yoga and Psychoanalysis in the therapeutic approach
- ♦ Understand common ethical issues that arise in current clinical practice

04 Educational Plan

The Internship Program consists of a practical stay in a prestigious center, a 3-week period, from Monday to Friday with 8 consecutive hours of work with an specialized nurse. This stay will take the professional to see real patients alongside a specialized team with extensive experience in integrative medicine. All this will allow you to update your technical and methodological knowledge with the best in this area.

In this completely practical Internship Program, the activities are aimed at developing and perfecting the skills necessary to provide Healthcare in areas and conditions that require highly qualified professionals, and are oriented towards specific expertise for practicing the activity, in a safe environment for the patient and with highly professional performance.

TECH provides, without a doubt, an excellent opportunity to be up to date while the professional is integrated into a clinic, which shows a vision of the future on individualized care and through the most recent advances in Integrative Medicine. a new way of understanding and integrating healthcare processes and convert the a reference center into the ideal Academic scenario for this innovative experience in the improvement of professional skills.

The practical education will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other fellow trainees that facilitate teamwork and multidisciplinary integration as transversal competencies for Current nursing practice Clinical Analysis(learning to be and learning to relate).

The procedures described below will form the basis of the practical part of the internship, and their implementation is subject to both the suitability of the patients and the availability of the center and its workload, with the proposed activities being as follows:



Receive specialized education in an institution that can offer you all these possibilities, with an innovative academic program and a human team that will help you develop your full potential"



Module	Practical Activity
Advanced techniques in Integrative Medicine	Perform assessment using nutritional genomics tools
	Perform microimmunotherapy evaluation
	To apply ozone therapy in oral and dental diseases, wounds and healing processes and osteoarthritis
	Perform analysis of orthomolecular supplementation, phytotherapy and interactions
Integrative approach methods in women's health	Conduct analyses of dysbiosis and pediatric uses of probiotics
	Address, from integrative medicine, fertility and pregnancy problems through specific diets, acupuncture and through the indication of specific diets, acupuncture and Wellness Therapy
	Indicate complementary techniques to In Vitro Fertilization
	Perform analysis of recurrent pathologies in gynecology
Diagnostic and preventive techniques in mental health and helping relationship	Collaborate in the performance of examinations in women in menopause stage
	To perform an integrative approach to the patient based on the latest advances in Neuropsychiatry as a diagnostic tool
	Employing the most advanced coaching techniques to improve the patient's mental health
	Practice of Mind-Body Techniques in the Therapeutic Approach
Information and Communication Technologies Applied to Integrative La Medicine	Assessing Childhood Mental Disorders
	Using biometric tools to improve diagnostic accuracy
	Application Digital Clinical Self-Questionnaires
	Platforms and Databases for Health Professionals
	Contribute to the creation and management of the digital structure of a center specialized in Integrative Medicine

05 Where Can I Do the Internship Program?

For the choice of the clinical centers in which the practical experiences will be developed, TECH places special value on those entities that, on the one hand, have a recognized prestige in the specialized area related to the degree, and on the other hand, that are willing to guarantee a highly beneficial experience for the professional development of the graduate. That is why the nurse who accesses this training will achieve, with total guarantee, to improve their skills in less than 3 weeks and obtaining an enriching experience that will mark a before and after in their career. 3 weeks and obtaining an enriching experience that will mark a before and after in their career.



The practical training will take place in a clinical center of reference in the use of Integrative Medicine therapies and with a team of professionals specialized in this area"





The student will be able to do this program at the following centers:



Nurses

Clínica Keval

Country	City
Spain	Valencia

Address: Carrer d'Eduard Boscà, nº 24, bajo,
46023 Valencia

Clinical center for integrative and nutritional assistance

Related internship programs:

- Nursing in Integrative Medicine
- Integrative Medicine and Health



Nurses

Biosalud Day Hospital

Country	City
Spain	Zaragoza

Address: Residencial Paraíso, 9 (50008)
Zaragoza, España

Center for Integrative and Biological Medicine with a holistic approach

Related internship programs:

- English for Nursing
- Nursing in Integrative Medicine



Nurses

Centro Médico HLA San Carlos - Jávea

Country	City
Spain	Alicante

Address: Carrer Nancy, 3, 03730
Playa del Arenal, Jávea, Alicante

Multidisciplinary healthcare clinic

Related internship programs:

- Hospital Nursing
- Intensive Care Nursing



Nurses

Hospital HLA San Carlos Denia

Country	City
Spain	Alicante

Address: Partida Madrigueres Sud, 8, 03700
Dénia, Alicante

Hospital complex promoting of all clinical specialties

Related internship programs:

- Intensive Care Nursing
- Nursing in Internal Medicine

06

General Conditions

Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

1. TUTORING: During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

2. DURATION: The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

3. ABSENCES: If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

4. CERTIFICATION: Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

5. EMPLOYMENT RELATIONSHIP: The Internship Program shall not constitute an employment relationship of any kind.

6. PRIOR EDUCATION: Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

7. DOES NOT INCLUDE: The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

07 Certificate

This **Internship Program's Degree in Advanced Integrative Medicine and Health in Nursing** contains the most complete and up-to-date program on the professional and academic field.

After the student has passed the assessments, they will receive their corresponding Internship Program certificate issued by TECH Technological University via tracked delivery*.

The certificate issued by TECH will reflect the grade obtained in the test.

Title: **Practical Training in Advanced Integrative Health Medicine in Nursing**

Duration: **3 weeks**

Attendance: **Monday to Friday, 8-hour consecutive shifts**

Total Hours: **120 h. of professional practice**



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