

# Hybrid Professional Master's Degree

Advanced Integrative Medicine  
and Health for Nursing





## Hybrid Professional Master's Degree

### Advanced Integrative Medicine and Health for Nursing

Modality: Hybrid (Online + Clinical Internship)

Duration: 12 months

Certificate: TECH Technological University

Teaching Hours: 1,620 h.

Website: [www.techtute.com/us/nursing/hybrid-professional-master-degree/hybrid-professional-master-degree-advanced-integrative-medicine-health-nursing](http://www.techtute.com/us/nursing/hybrid-professional-master-degree/hybrid-professional-master-degree-advanced-integrative-medicine-health-nursing)

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# 01

# Introduction

The synergies between conventional and natural treatments have resulted in Integrative Medicine, a specialty that has been very successful in the last decades in the intervention of patients with chronic diseases. Within this, nursing plays a fundamental role in the enhancement of the health and well-being of the person, positively influencing the increase of their quality of life. Given that this is a constantly changing and evolving science, TECH has deemed necessary the development of this very complete and advanced theoretical and practical degree, focused on updating the nurse's knowledge in an exhaustive manner and perfecting his or her professional competencies in less than 12 months.





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*If you are looking for a program that brings together in a dynamic and empowering way the theory and practice of Nursing applied to Advanced Integrative Medicine, look no further. You have before the best option in the teaching market"*

The use of acupuncture, homeopathy or osteopathy in combination with conventional treatments in the management of chronic clinical cases and the highly beneficial results they have shown in improving the patient's health place Integrative Medicine in one of the highest ranks among the most demanded alternative therapies. In this way, the side effects of techniques such as chemotherapy or radiotherapy can be dealt with or alleviated, positively and naturally influencing the physical and psychological state of the person.

The importance of the nurse in the management and application of these therapies, as well as in the accompaniment of the patient, is fundamental, which is why these specialists must always have the latest information on intervention strategies. TECH is aware that, for many of these professionals, pursuing a degree that allows them to meet this objective is a complex task, which is why it has developed this Blended Master's Degree in Advanced Integrative Medicine and Health for Nursing.

This is a very complete program, distributed over 12 months, which combines the best theoretical and purely online content with the possibility of a practical internship of 120 hours in a clinical center of reference in the use of alternative and complementary treatments. In this way, the nursing professional will not only be able to keep up to date with the latest developments in the sector, but will also be able to perfect his or her intervention skills in a real way through the management of various clinical cases.

In addition, during this experience you will be accompanied by a team of experts in the field who will act as tutors and guide you so that you can get the most out of each day. Therefore, you will acquire a comprehensive and advanced knowledge that will positively influence your professional development and performance.

This **Hybrid Professional Master's Degree in Advanced Integrative Medicine and Health for Nursing** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ More than 100 clinical cases presented specialist in Integrative Medicine Nursing
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Study of the best techniques for the management of palliative patients
- ♦ Comprehensive systematized action plans for common and special situations faced by the specialist in a clinical service
- ♦ Presentation of hands-on workshops on patient management and treatment strategies
- ♦ An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course
- ♦ Practical guides on approaching different Clinical Situations
- ♦ With a special emphasis on evidence-based For Nursing and Integrative Techniques research methodologies
- ♦ All this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection
- ♦ Furthermore, you will be able to carry out a clinical internship in one of the best hospital centers

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*It is a unique experience that will provide you, in just 12 months, with the most updated information so that you can manage your patients based on the latest scientific evidence of Integrative Medicine"*

In this Hybrid Professional Master's Degree, of a professional nature and blended learning modality, the program is aimed at updating medical professionals who perform their functions in integrative health units, and who require a high level of qualification. The contents are based on the latest scientific evidence, and oriented in a didactic way to integrate theoretical knowledge in medical practice, and the theoretical-practical elements will facilitate the updating of knowledge and allow decision-making in patient management.

Thanks to the multimedia content, developed with the latest educational technology, nursing professionals will benefit from situated and contextual learning, i.e., a simulated environment that will provide immersive learning programmed to train in real situations. This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise throughout the program. For this purpose, the students will be assisted by an innovative interactive video system created by renowned and experienced experts.

*You will be able to get up to date on the advances in nursing techniques applied to Integrative Medicine with this complete program.*

*You will have at your disposal a Virtual Classroom 100% online and accessible from any device, so you can consult the content whenever you want and from anywhere.*



02

# Why Study this Hybrid Professional Master's Degree?

In the field of Integrative Medicine and Health it is relevant to be up to date on the latest advances in the techniques used such as ozone therapy, microimmunotherapy or progress in diet therapy for the rebalancing of the microbiota. This is why TECH has created a university program that perfectly combines a theoretical framework 100% online, with a practical on-site internship in a prestigious center. In this way, a broad and exhaustive knowledge is provided to the professional, who seeks to update his or her knowledge with the help of the best specialists in this area.





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*Immerse yourself in a world-class clinical environment and access the latest advances in Integrative Medicine and Health”*

### 1. Updating from the Latest Technology Available

The area of Integrative Medicine and Health has gained significant momentum, especially in recent decades, due to technological and scientific advances, which allow professionals to make much more accurate and individualized diagnoses and treatments. For this reason, and with the main objective of bringing the specialist closer to such progress, TECH presents this university degree. A program where the professional professional will be immersed, over 12 months, in an advanced and intensive syllabus, complemented with a practical stay in a prestigious center, formed by an excellent team of professionals in this area.

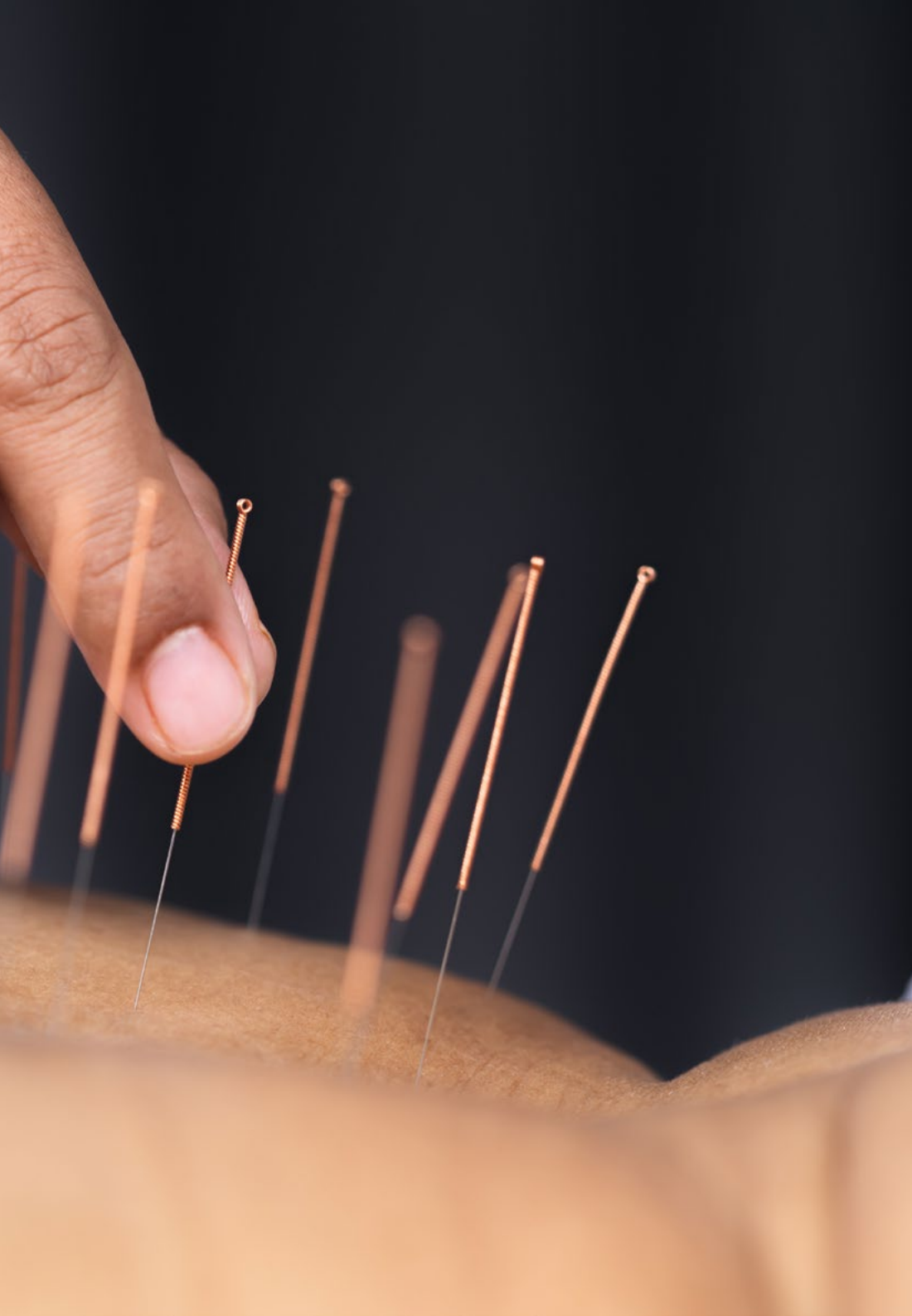
### 2. Gaining In-depth Knowledge from the Experience of Top Specialists

During this process, the graduate has at his or her disposal a management and teaching staff with an excellent professional background. This will be reflected in the advanced content of this program. At the same time, in the Practical Training you will be integrated in a team of experts, who are part of the staff of a prestigious clinical center. In both scenarios the professional will be surrounded by the best and in a unique pedagogical environment.

### 3. Entering First-Class Clinical Environments

One of TECH's premises is to offer Communication Management a quality university Certificate. For this reason, it has carried out a rigorous procedure for the selection of the center where the stay will take place, as well as the teachers who will teach the theoretical program. All this is a support for the specialist who seeks through this blended learning Master to obtain a broad vision of Advanced Integrative Medicine and Health applied to Nursing.





#### 4. Combining the Best Theory with State-of-the-Art Practice

Undoubtedly, this academic institution has created a program that completely breaks with the traditional concept of teaching. This Hybrid Professional Master's Degree combines the latest theory with the most up-to-date practice in integrative medicine and health. This will allow the professional to be at the forefront of the latest techniques and procedures in the field of Advanced Integrative Medicine and Health.

#### 5. Expanding the Boundaries of Knowledge

Upon completion of this university degree, the specialist will have managed to enhance their skills and abilities for the professional performance of Nursing by applying the latest methods of Advanced Integrative Medicine and Health. For this reason, you will be able to integrate these techniques in your daily work, both in the center where you are currently working and in any other first level health care facility where you wish to put them into practice.



*You will have full practical immersion at the center of your choice"*

# 03

## Objectives

The importance of the nurse's role in Advanced Integrative Medicine and his or her intervention in accompanying the person during the treatment period is what motivated TECH to develop this program. That is why the objective of this course is to provide you with all the academic tools that will allow you to update your knowledge based on the most accurate and effective developments in the sector, so that when facing the stay in the clinical center you will have the best information to treat your patients with even more professionalism and rigor.



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*You will learn about Integrative Medicine applied to pediatric nursing, getting up to date on the latest concepts related to the management of clinical cases of children and adolescents”*



## General Objective

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- With the course of this practical program, the nurse will acquire the latest and necessary knowledge in the assessment of the suitability of each discipline in the clinical setting, which will allow them to provide quality care based on the latest scientific evidence. It is, therefore, a unique opportunity that will encourage the graduate's professional stimulus through continuous training and research, positively influencing the promotion of work strategies based on the integrative approach and multimodal rehabilitation. Therefore, the specialist able to update his or her knowledge in a comprehensive manner in the various fields of specific nursing based on integrative medicine



*Achieving your professional goals is TECH's main objective"*



## Specific Objectives

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### Module 1. Genomic Medicine

- Analyze the efficacy of Genomic Medicine in clinical practice, pattern recognition, and evaluation of metabolic networks
- Interpret literature related to the module
- Describe the importance of isolating patterns of meaning within complex signals and the complexity of analyzing large datasets
- Develop customized, clinically meaningful omics-based solutions, with a focus on lifestyle and wellness-centered solutions

### Module 2. Advances in Integrative Medicine Techniques

- Analyze the relationship between the peripheral and central nervous system with the digestive tract and the immune system
- Review access to complementary medicine therapies in hospital settings
- Analyze Neural therapy and Ozone Therapy
- Learn the clinical advances in integrative nutrition such as the Anti-Inflammatory and Ketogenic Diets

### Module 3. Integrative Medicine and Pediatrics

- Analyze the importance of nutrition in pregnancy and supplementation, as well as breastfeeding during the first months of the baby's life
- Learn about mucosal inflammatory syndrome and the most prevalent pediatric diseases
- Establish and develop a methodology for a school for parents

**Module 4. Women's Health in Integrative Medicine**

- ♦ Study the changes that women go through during puberty, their stage of fertility and pregnancy
- ♦ Understand the new challenges that women go through during maternity
- ♦ Review recurrent pathologies in gynecology such as candidiasis, polycystic ovarian syndrome and endometriosis

**Module 5. Gerontology and Pathologies related to Oxidative Stress**

- ♦ Address advances in chronological ageing research and measures for healthy aging
- ♦ Analyze changes in the neurological diseases that have the greatest impact on this population, such as Alzheimer's or Parkinson's disease

**Module 6. Mental Health and the Helping Relationship**

- ♦ Study the evidence for integrative medicine treatment of neurological and psychiatric diseases
- ♦ Review the epidemiology, pathophysiology, and mechanisms underlying mood disorders and mental illnesses
- ♦ Understand the effectiveness of Body-Mind techniques such as yoga and Psychoanalysis in the therapeutic approach

**Module 7. Research**

- ♦ Understand what can be disclosed, to whom, for what reason and what is needed to disclose cases
- ♦ Address the need to bring Integrative Medicine into the Public Health System
- ♦ Reflect on the need for academic and professional organization according to the regulatory framework of some European countries
- ♦ Discuss the right of the individual as a patient to free access to Integrative Medicine
- ♦ Reflect the reduction in economic expenditure and improvement in quality of life related to the introduction of IM
- ♦ Identify community resources and referral network for patients requiring specialized care

**Module 8. Information and Communication Technologies Applied to Integrative Medicine**

- ♦ Review the legal context of the application of Integrative Medicine, how to assess risk and mitigate cases of malpractice
- ♦ Understand common ethical issues that arise in current clinical practice
- ♦ Identify the available platforms to handle patient databases
- ♦ Analyze SEO and SEM positioning techniques as well as algorithms

# 04 Skills

Any medical professional who accesses this Hybrid Professional Master's Degree will have, with total confidence, the basic skills in the correct management of patients. However, that doesn't mean you can't perfect them. Therefore, with the course of this program you will be able to polish your professional skills exponentially, as well as improve your communication skills in the intervention of clinical cases, positively affecting the increase in the quality of your service and the increase in the degree of satisfaction of the people who come to your office.





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*Recognizing environmental alerts that affect patient health is also a nurse's job, so this degree will give you the keys to know in detail the latest specifications to carry it out"*

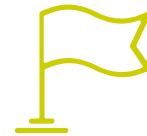


## General Skills

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- ♦ Possess and understand knowledge that allows originality in the development and/or application of ideas, often in a research context
- ♦ Apply acquired knowledge and problem-solving skills in new or unfamiliar environments within broader (or multidisciplinary) contexts related to the area of study
- ♦ Be able to integrate knowledge and face the complexity of making judgments based on incomplete or limited information, including reflections on the social and ethical responsibilities linked to the application of their knowledge and judgment
- ♦ Know how to communicate conclusions knowledge, and supporting arguments to specialized and non-specialized audiences in a clear and unambiguous way
- ♦ Acquire the learning skills that will enable further studying in a largely self-directed or autonomous manner





## Specific Skills

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- ◆ Formulate strategies and individualized health plans
- ◆ Define the different interdisciplinary referral models and teams within and outside the public health system
- ◆ Gather a complete medical history in a holistic way
- ◆ Indicate efficient strategies for health prevention, promotion, and research
- ◆ Organize a network coordination system to facilitate therapeutic management of the patient
- ◆ Define the treatment approach required by the patient according to the different techniques used
- ◆ Describe the multiple disciplines that make up Integrative Medicine and know how to prescribe each of these disciplines
- ◆ Apply diagnostic techniques based on clinical semiology
- ◆ Determine through genetic testing the different polymorphisms involved in chronic pathologies
- ◆ Diagnose microbiota dysfunction and be able to indicate the appropriate supplementation for the different pathological variants
- ◆ Explain the patient's degree of injury through complementary tests
- ◆ Indicate the different channels for managing the various types of tests
- ◆ Explain the effect of biomechanical problems through cadence analysis
- ◆ Understand health dysfunction through chronobiological signs
- ◆ Diagnose food intolerances

- ◆ Establish and manage an environmental warning system and report to the competent management bodies
- ◆ Conduct a diagnosis of the patient's home environment
- ◆ Indicate The foods appropriate to the genetic specificity of the individual
- ◆ Determine which drugs and other therapeutic products may interact with an individuals genetic health
- ◆ Indicate specific treatments and products for the treatment of oxidative stress
- ◆ Create *anti-aging* health strategies
- ◆ Prescribe specific dietary La therapy for chronic pathology
- ◆ Indicate a vademecum of products suitable for different health situations
- ◆ Develop strategies to indicate Neural therapy techniques to patients
- ◆ Incorporate new Integrative Medicine techniques in clinical practice
- ◆ Describe the properties of ozone in La medicine and identify situations susceptible to ozone therapy
- ◆ Implement strategies to improve the quality of life of patients through new ways of working
- ◆ Describe human health from a global and dynamic concept
- ◆ Reduce side effects arising from routine clinical practice
- ◆ Develop strategies to improve iatrogenic rates
- ◆ Measure the improvement and evolution of patients and their clinical processes in margins of efficacy and efficiency
- ◆ Decrease the amount of pharmacological treatment of patients in consultation
- ◆ Reducing patient chronicity





- ◆ Determine the techniques and devices necessary for the specific approach in each pathology
- ◆ Address subclinical pathologies by applying new taxonomy
- ◆ Define the characteristics of *adjuvant* treatment in the management of chronic disease
- ◆ Introduce pioneering techniques in Integrative Medicine in the approach to cancer
- ◆ Implement strategies to try to ensure the patient is proactive with regard to their health history
- ◆ Develop strategies to try to improve the child's and family's quality of life throughout the life cycle
- ◆ Define new strategies for an integrative approach in pediatrics
- ◆ Define a vademecum of products for use in children appropriate for each health problem
- ◆ Implement strategies to decrease the cases of medial iatrogenia in children
- ◆ Implement strategies to enhance improvement rates in the margins of effectiveness and efficiency of improvement in chronicity
- ◆ Promote the improvement of children's mental health through childcare and the environment
- ◆ Acquire the tools to design and build parenting schools
- ◆ Promote women's autonomy in health care
- ◆ Address the most recurrent pathologies in gynecology from the field of Integrative Medicine

05

# Course Management

For the gathering of the teaching staff of this program TECH has taken into consideration 3 main factors. First, that its members are professionals in the field of Advanced Integrative Medicine. Secondly, that they are practicing specialists and, finally, that they are willing to demonstrate a real commitment to the growth of the nurse, a quality that will be reflected in the quality of the syllabus and the academic experience.





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*You will have a large teaching team specialized in different areas of Integrative Medicine, so you can get a broad and diverse view on the effectiveness of its combination with conventional therapies"*

## Management



### Dr. Menassa, Alejandra

- Responsible for the Internal Medicine Area and the Mental Health Unit at the Integrative Medicine Clinic
- Head of the Nutritional and Dietary Fields, Clínica Medicina Health
- Attending Physician in the Internal Medicine service Emergencies in the Service at the 12 de Octubre University Hospital
- Member of the Psychoanalytical Medical Team of Grupo Cero Film Production Company
- Master's Degree in Evaluation of Bodily and Psychosocial Damage, European Institute Ministry of Health and Social Welfare
- Expert in Judicial Psychological Evaluation by the Instituto Superior de Psicología Alborán
- Expert in Ozone Therapy in Internal Medicine, University of Havana
- Vice of the Spanish Society of Integrative Health and Medicine (SESMI)
- Member of Spanish Society of Internal Medicine (SEMI)





### **Dr. Rodríguez Picazo, Pedro**

- Attachments Director, UME clinic
- Director Founder of Medintegra
- Health Coordinator at Colisée
- Doctorate in Health Sciences, University of Alicante
- Degree in in Nursing in Community Health from the University of Alicante
- University Specialist in Osteopathy, Kinesiology and Acupuncture by the University of Murcia
- Master's Degree in Advanced Integrative Health and Medicine by TECH Universidad Tecnológica
- Master's Degree in Health Management from the European University Miguel de Cervantes
- Member of the Editorial Board of the Journal Integrative Medicine RS&MI. Board of Directors of the Spanish Society of Integrative Health and Medicine Member of the European Society of Integrative Medicine and Member of the Society of Integrative Oncology

## Professors

### Dr. García Gutiérrez, Rosario

- ♦ Specialist in Family and Community Medicine; and in Esthetic Antiaging and Medicine.
- ♦ Director of the Vitaelia Clinic
- ♦ Medical Responsible of the Ozone and Biological Serotherapy Unit at SHA Wellness Clinic
- ♦ Doctor in private practice
- ♦ Master's Degree in Biological and Anti Medicine from the CEU Cardenal Herrera University.
- ♦ Master's Degree in in Aesthetic Medicine Techniques from CEU Cardenal Herrera University.

### Dr. Vinyes, David

- ♦ Medical Specialist in Neurology
- ♦ Medical director of the Institute of Neural Therapy and Regulatory Medicine. Barcelona
- ♦ Training teacher of Neural Therapy courses in Europe and America.
- ♦ Speaker at several national and international congresses on Neural Therapy, Craniofacial and Oral Pain, and Gynecology.
- ♦ Degree in Medicine and Surgery from the Autonomous University of Barcelona
- ♦ Master's Degree in Neurosciences from the Autonomous University of Barcelona.
- ♦ Master's Degree in Anthropology of Medicine at the University of Tarragona
- ♦ Training in Neural Therapy at CIMA. Colombia
- ♦ Member of Honorary Member of the Medical Societies of Neural Therapy of Austria, Italy, Portugal, Colombia and Ecuador and Ethical and Scientific Commission of the International Federation of Medical Associations of Neural Therapy.

### Dr. Rigau, Josepa

- ♦ Immunologist and Specialist in Virtual Clinic MASalud
- ♦ Microimmunotherapist at Virtual Clinic MASalud
- ♦ Medical Specialist in Biological and Genetic Medicine in different institutions.
- ♦ Doctor of Medicine and Surgery, Rovira i Virgili University
- ♦ Master's Degree in Biological Medicine and Aging from the University of Alcalá, Spain.
- ♦ Master's Degree in Pharmacogenetics, Pharmacogenomics and Personalized Medicine from the University of Barcelona
- ♦ Master's degree in Environmental Medicine from the American Academy of Environmental Medicine.
- ♦ President and Founder at the Spanish Association of Microimmunotherapy(AEMI)
- ♦ Member of the European Laser Association, Spanish Society of Surgical Medical Laser (SELMQ), Spanish Society of Anti-Aging and Longevity Medicine (SEMAL) and Spanish Society of Integrative Health and Medicine (SESMI).

### Dr. Pellicer, Cristina

- ♦ Specialist in Health Medicine
- ♦ Teacher in different Integrative Medicine trainings.
- ♦ Medical trainer in thoracic surgery
- ♦ Degree in Medicine and Surgery, Autonomous University of Barcelona
- ♦ Master's Degree in Clinical Oncology from the University of the Basque Country/ Euskal Herriko Unibertsitatea (UPV/EHU).
- ♦ Master's Degree in Clinical Psychoneuroimmunology from the University of Salamanca
- ♦ Trained in multiple health and complementary disciplines

**Dr. Crespo de la Rosa, Juan Carlos**

- ◆ and Research Physician in Integrative Medicine and Health
- ◆ Doctor General: in private practice
- ◆ Author of 4 books and 150 scientific articles published in national and international journals.
- ◆ Professor in postgraduate university studies.
- ◆ President of the Spanish Society English Integrative Medicine
- ◆ Director of the Institute of Integrative Medical Revitalization
- ◆ Regular speaker at Integrative Medicine and Health Congresses.
- ◆ Doctor in Medicine and Surgery from the University of Seville

**Dr. Salgado, Carmen**

- ◆ Naturopath, Director and Founder of the Herbarum Natura therapeutic center.
- ◆ Member of the Department of Naturopathy of the Philippus Thuban Center for Higher Studies.
- ◆ Graduate in Pharmacy from the Complutense University of Madrid.
- ◆ Degree in Biochemistry and Molecular Biology
- ◆ Postgraduate Diploma in Naturopathy by the Escorial- María Cristina Royal University Center
- ◆ EXPERT's Degree in and Orthomolecular Medicine Nutrition by the French Association of Orthomolecular Medicine

**Mr. Serrano Gandía, Juan**

- ◆ Executive Technical Project Manager in the company Dietéticos Intersa
- ◆ Biologist Analyst at the Valencian Institute of Oncology Foundation.
- ◆ Degree in Biological Sciences, specialized in Biochemistry and Molecular Biology from the University of Valencia.
- ◆ Member Vice of the Spanish Society of Integrative Health and Medicine and Spanish Society of

**Ms. Blázquez, Elisa**

- ◆ Clinical nutritionist and educator
- ◆ Head of the Nutritional and Dietary Department, Clínica Medicina Advanced
- ◆ Regular contributor to newspapers and magazines
- ◆ Nutritional communicator via YouTube
- ◆ Author of the book Integrative Diet, the diet your health needs.
- ◆ Graduate in Human Nutrition and Dietetics from the Complutense University of Madrid.
- ◆ Specialized in Immunonutrition

**Dr. Lajo Morales, Teresa**

- ◆ Endocrinologist in Synergia MedicalCare
- ◆ Endocrinologist at Clinica Nuosalud
- ◆ Responsible for the Hospitalization Service at HLA University
- ◆ Physician specializing in Endocrinology and Nutrition at La Paz University Hospital
- ◆ Postgraduate Diploma in bioregulatory medicine from the University of Alcalá

**Dr. Díaz Díez, Camino**

- ◆ Director of Private Practice Dra. Camino Diaz
- ◆ Medical coordinator for Blue Healthcare
- ◆ Reebok Sports Club Health Department Physician
- ◆ Head of the Department of Homeopathy in Integrative Medicine La Clinic
- ◆ Head of the Oncology Unit at La Moraleja University Hospital
- ◆ Specialist Physician at the Homeopathic Institute and Hospital Universitario de San José
- ◆ Member of the Spanish Society of General Medicine and Spanish Society of Integrative Health and Medicine
- ◆ Master's Degree in Biological and Nutrition Medicine from CEU Cardenal Herrera University.

**Dr. Begara, Mar**

- ◆ Pediatrician Attachments at Alzira Health Center
- ◆ Doctor in the Intensive Care Unit of La Paz Hospital. Madrid, Spain
- ◆ Medical service in private hospitals. Montepíncipe Hospital Torrelodones Hospital and New Bethlehem
- ◆ Degree in Medicine and Surgery Autonomous University of Madrid
- ◆ Pediatrician. La Paz Hospital
- ◆ Specialist in Intensive Pediatric and Neonatal Care. La Paz Hospital
- ◆ Master's Degree in Homeopathic Therapeutics. Center for Homeopathic Studies at the Madrid College of Physicians
- ◆ Specialist in Orthomolecular Nutrition. Nutergia
- ◆ Course in aesthetic mesotherapy and pain treatment. SIMET, Barcelona





**Dr. Álvaro Morales, María del Pilar**

- ◆ Pediatrician in own practice and in the Emergency Department of Hospital Perpetuo Socorro.
- ◆ Primary Care Pediatric Physician. Canary Islands Health Service
- ◆ Degree in Medicine and Surgery. University of Las Palmas in Gran Canaria.
- ◆ Specialist in Pediatrics and specific areas. Maternal and Child Hospital Las Palmas
- ◆ Expert in Homeopathy. University of Las Palmas in Gran Canaria.
- ◆ Expert in Holistic Kinesiology. ESSCAN

**Dr. García Gómez, Olga**

- ◆ Integrative Medicine Service at MD Anderson Cancer Center. Madrid, Spain
- ◆ Medical Pediatrician in at Sanchinarro Health Center
- ◆ Homeopathic Physician in the Fisioreynst Private Clinic
- ◆ Degree in Medicine from the Complutense University of Madrid.
- ◆ Specialist in Family and Community Medicine. Alcalá de Henares, Madrid.
- ◆ Master's Degree in Preventive Pediatrics and Child Care by the Spanish Society of Child Care and the Official College of Physicians of Madrid.
- ◆ Accredited Expert for the Illustrious Official College of Physicians of Madrid CEDH
- ◆ Member of Sociedad Española de Medicina Homeopática, Sociedad Española de Salud y Medicina Integrativa, Sociedad Española de Médicos de Atención Primaria and Asociación Madrileña de Pediatría de Atención Primaria.

**Dr. Rodríguez Gómez, Mónica**

- ♦ Doctor Specialist in Pediatrics and Integrative Medicine
- ♦ Integrative Physician at Clínica Elas
- ♦ pediatrician at the Quironsalud Hospital in Marbella
- ♦ Medical Director of the Mediterranean Center for Integrative Medicine
- ♦ Pediatrician at Hospital Quirónsalud Infanta Luisa
- ♦ Degree in Medicine from the University Military Granada
- ♦ Specialist in Pediatrics from the University Military Granada
- ♦ Master's Degree in Psychoneuroimmunology from the University of Salamanca
- ♦ Master's Degree in Traditional Chinese Medicine from the Pablo Olavide University
- ♦ Extended Courses in Traditional Chinese Medicine by the Five Branches University
- ♦ Hypnotherapist by the Palo Alto School of Hypnotherapy
- ♦ Neurolinguistic Programming Therapist certified by the Spanish Association of Neurolinguistic Programming (AEPNL).
- ♦ Expert in Active Cellular Nutrition (ACN®) from INCA
- ♦ Member of the Spanish Society of General Medicine and Spanish Society of Integrative Health and Medicine

**Ms. Faulin, Ayla**

- ♦ Head of the Department of Nursing in Integrative Medicine Clinic
- ♦ Master's Degree in Evidence-Based Integrative Nutritional Supplementation by the School of Integrative Health
- ♦ Bachelor's Degree in Natural Therapies Cone specializing in in Naturopathy at Royal University Center Escorial - María Cristina
- ♦ Expert in Nutrition Applied to the Clinic by the School of Integrative Health.

**Dr. Cuevas, Manuela**

- ♦ Homeopathic Gynecologist from Barcelona. Manuela Cuevas Independent Clinic
- ♦ Homeopathic Gynecologist at the Independent Clinic Manuela Cuevas
- ♦ Degree in Medicine and Surgery, Autonomous University of Barcelona
- ♦ Master's Degree in Biopathology and Preventive Gynecology by the Autonomous University of Barcelona
- ♦ Postgraduate degree in Homeopathy from the School of Homeopathy of Mexico.
- ♦ Postgraduate in Homeopathic Medicine by Fundació Bosch i Gimpera
- ♦ Postgraduate in Jungian Therapy by the Spanish Society of Analytical Psychology.
- ♦ Basic Kinesiology by IGEM
- ♦ Homeopathic Physician at the Barcelona College of Physicians
- ♦ Specialist in anthroposophic medicine at the Goetheanum

**Dr. Lafaja Mazuecos, Juana**

- ♦ Gynecologist at the private entity NG Clínicas. Elche Alicante
- ♦ Gynecologist at Clínica Perpetuo Socorro. Alicante, Spain
- ♦ Gynecologist at Vistahermosa Hospital. Alicante, Spain
- ♦ Gynecology in the Hospital Elche General University Hospital
- ♦ Degree in Medicine and Surgery from the University of Zaragoza
- ♦ Specialist in Gynecology and Obstetrics at Miguel Servet University Hospital. Zaragoza, Spain
- ♦ Master's Degree in Clinical Medicine from the Camilo José Cela University. Madrid, Spain

**Dr. Enríquez, Alexandra**

- ♦ Attending Physician at the Gynecology and Obstetrics Department of the Quirónsalud Hospital in Madrid
- ♦ Referring gynecologist at the Alborada Foundation. Madrid
- ♦ Services Commissions in the Lung Transplant At Hospital at 12 de Octubre University Hospital
- ♦ Diploma's Degree in Medicine from the University of the Basque Country/Euskal Herriko Unibertsitatea (UPV/EHU).
- ♦ Specialist in Obstetrics and Gynecology at of Salamanca University Hospital
- ♦ Diploma of Higher Studies in the Department of Human Anatomy and Histology from the University of Salamanca.
- ♦ University Postgraduate Certificate in breast pathologies. from the University of Barcelona
- ♦ European Diploma in Operative Endoscopy in Gynecology by the University of Alcalá, Spain. of Alcalá

**Dr. Maroto, María Jose**

- ♦ Head of the Department of degree in Aesthetic Medicine Integrative from Medicine Clinic( CMI)
- ♦ Degree in Medicine and Surgery from the University of Oviedo.
- ♦ Specialist's Degree in Dietetics and Diet Therapy from the University of Navarra.
- ♦ Associate Member of the SEME
- ♦ Member of the Professional Union of Aesthetic Physicians and Surgeons
- ♦ Diploma in Homeopathy from the Spanish Center of Homeopathy Boiron
- ♦ Diploma in Dermocosmetics from the Complutense University of Madrid.
- ♦ Advanced Specialization Course in Aesthetic Medicine by the Spanish School of Aesthetic Medicine

**Dr. Cruz, Héctor**

- ♦ Medical Specialised in Neurology
- ♦ Neurologist in the Terrassa Health Consortium
- ♦ neurological at the Hospital Clínico Universitario de Zaragoza.
- ♦ Neurologist in the Vic transfer Consortium
- ♦ Homeopathic at Family Health Center
- ♦ Author of several scientific articles
- ♦ Speaker at congresses related to Homeopathy.
- ♦ Master's Degree by the Medical and Homeopathic Academy of Barcelona(AMHB)

**Dr. García Pérez Juan, Daniel**

- ♦ Physical Therapist and Nurse
- ♦ Physiotherapist in private practice Daniel García Pérez-Juana
- ♦ Assistance Director at Clínica IMEDE
- ♦ Head of the Physiotherapy and Dietary Department, Clínica Medicina Health
- ♦ Doctorate in Health Sciences Oral Pain, University Rey Juan Carlos
- ♦ Master's Degree in motores and Physiotherapy from Rey Juan Carlos University
- ♦ President and Founder at the Spanish Association of Yin

**Ms. Sánchez Pérez, Sonia**

- ♦ Educational psychologist at Torrent City Council
- ♦ Psychologist at the Health and Community Foundation. Alicante, Valencian Community
- ♦ Social Educator at the Health and Community Foundation. Alicante, Valencian Community

- ◆ Diploma in Social Education, Social and Philosophical Bases of Education, Universidad Nacional de Educación a Distancia.
- ◆ Degree in Psychology from the National Distance Education University
- ◆ Gestalt Therapist, Psychology by the Institute of Psychotherapy and Group Techniques.
- ◆ Expert in Applied Clinical Psychology by Esneca Business School

#### **Dr. Rojas Martínez, Pilar**

- ◆ Psychoanalyst Physician Specialist in Rheumatology and Family Medicine
- ◆ Psychoanalyst and Medical Specialist in Rheumatology and Family Medicine at the Centro de Consultas de Psicoanálisis Dra. Pilar Rojas
- ◆ Director of the Department of Psychosomatic Medicine at the School of Psychoanalysis and Poetry Grupo Cero.
- ◆ Assistant Physician in Clinical Neurophysiology, Albacete General University Hospital
- ◆ Degree in Medicine and Surgery from the Autonomous University of Madrid.
- ◆ Specialised in Endocrinology at the University Hospital 12 de Octubre
- ◆ Specialized in Family and Community Medicine at the Toledo Teaching Unit.

#### **Dr. Serra Vila, Mireia**

- ◆ Attending Physician at the San José Institute Foundation Madrid
- ◆ Psychologist at La Paz University Hospital. Madrid
- ◆ Degree in Philosophy and over to the legal, Autonomous University of Barcelona
- ◆ Doctor in Psychology Clinical Symptoms from the University Ramon Llull
- ◆ Nurse at Ramon Llull University





**Dr. Vásquez, Carlos Alberto**

- ♦ Medical Surgeon, Specialist in Pharmaceutical Sciences and Alternative Medicine
- ♦ Researcher and professor in MTCL in ethnomedicine, phytotherapy and diet
- ♦ Doctorate in Pharmaceutical Sciences Line of Phytochemistry and Pharmacognosy
- ♦ Degree in Medicine and Surgery
- ♦ Master's Degree in Alternative Medicine at the Department of Alternative Medicine of the Faculty of Medicine of the National University. Colombia

**Dr. Vargas Sánchez, María José**

- ♦ Specialist in Anesthesiology and Resuscitation in Synergia MedicalCare
- ♦ Specialist in Anesthesiology at Blue Healthcare
- ♦ Health Coach Specialized in Emotional Management and Wellness at the Willow Foundation.
- ♦ Heart Coherence Coach at the Heartmath Institute
- ♦ Master's Degree in Research and Specialized Treatment of Pain, University of Valencia
- ♦ Master's Degree in Cosmetic Medicine in Emergency at the San Carlos Clinical Hospital
- ♦ Vice-president of the Spanish Federation of Reiki
- ♦ Member of Spanish Society Integrative Health and Medicine (SESMI)

**Dr. Romero, Carolina**

- ♦ Director of the Mind-Body Therapy Center of the Canary Islands
- ♦ In charge of the Mind-Body Department in the Integrative Health program at university San Roque Hospitals
- ♦ Joint author of a book on integrative oncology
- ♦ Art therapist, teacher of Samatha and Vipassana, and therapeutic Yoga

- ♦ Trained in Tibetan Yoga, Dream Yoga and the Bardo
- ♦ PhD in Clinical Psychology
- ♦ Postgraduate degree in Neuropsychology and Education
- ♦ Postgraduate degree in Family Intervention and Mediation
- ♦ Member of Spanish Society Integrative from Health and Medicine (SESMI)

**Dr. Díaz Sáez, Gualberto**

- ♦ Specialist in Family and Community Medicine
- ♦ Homeopathic Physician and Integrative Oncologist at Conde Orgaz y Pinar Medical Center
- ♦ Researcher at Servier Laboratories and at the Medical Department of Boiron Laboratories.
- ♦ Lecturer in courses and seminars related to Homeopathy.
- ♦ Regular speaker at Integrative Homeopathy and Medicine Congresses.
- ♦ Editorial advisor and technical advisor at Amazing Books, a scientific publishing house.
- ♦ Member of the Board of Directors of Spanish Society of Homeopathic Medical
- ♦ D. in Biotechnology, Medicine and Biosanitary Sciences from the Francisco de Vitoria University.

**Dr. Fernandez barrier, Valle**

- ♦ Doctor Expert in Integrative Medicine
- ♦ Integrative Physician at Consulta Valle Fernandez
- ♦ Family Physician (Emergencies and Health Center).

- ♦ Director of the Esthetic Medical Center Dra.
- ♦ Master's Degree in Integrative and Humanistic Medicine by the Lineo Institute ASEPROIM
- ♦ Expert in Immunonutrition, Catholic University of Valencia

#### **Dr. Sabater Tobella, Juan**

- ♦ Research Specialist in Genomic Medicine and Metabolopathies
- ♦ President of honor of the Royal Academy of Pharmacies of Catalonia
- ♦ President of Eugenomic
- ♦ Director of the first center in Spain that focuses on researching and diagnosing metabolic diseases: Institute of Clinical Biochemistry
- ♦ Implementation of the first provincial program for the early detection of Phenylketonuria and other metabolopathies
- ♦ Biochemistry Professor at the Faculty of Medicine of the Autonomous University of Barcelona
- ♦ Doctor in Pharmacy from the University of Barcelona
- ♦ Degree in Pharmacy from the University of Barcelona
- ♦ Member of the Royal Academy of Medicine of Catalonia, Royal National Academy of Spanish of Medicine and Royal Academy of Pharmacy of Catalonia.

#### **Dr. Matute, Ruth**

- ♦ Biochemist and Molecular Biologist Expert in Nutrigenomics
- ♦ Biochemistry at ADNLife

- ♦ Speaker at various Nutritional Genomics-related Course.
- ♦ Doctor in Biochemistry and Molecular Biology
- ♦ Specialist in Biochemistry and Molecular Biology
- ♦ Expert in Genomics and Precision Medicine from the University of California.
- ♦ Expert in Epigenetics and Control of Gene Expression from the University of Melbourne.
- ♦ EXPERT's Degree in Clinical Nutrition from the University of California.

#### **Ms. De la Flor, Irina**

- ♦ Professional Coach
- ♦ Director of Lo Mejor de Mí, Vivo Sano Foundation
- ♦ Director of Health Defense Organisation, Fundación Vivo Sano
- ♦ Bachelor's Graduate in Law from Carlos III University of Madrid.
- ♦ Degree in Arts from the Carlos III University of Madrid.
- ♦ Doctorate in Philosophy, University of Alcalá
- ♦ Máster en Coaching Consciente por la University of East London
- ♦ Collaborator at the United Nations, European Parliament and European Commission

#### **Dr. Aldana Martínez, Natalia Sofia**

- ♦ Medical Specialist in Alternative Medicine and Integrative Medicine
- ♦ Consultant at the Ministry of Health and Social Protection of Colombia.
- ♦ Coordinator of the Academy of Integrative Health & Medicine
- ♦ Medical Specialist in Alternative, Complementary and Integrative Medicine in Kailash Medicine

- ♦ Medical Specialist in Alternative Medicine at Medicine De Oriente Hospital
- ♦ Medical Specialist in Alternative Medicine at Tunjuelito Hospital
- ♦ Medical Specialist at the Hospital ESE Hospital Nazareth
- ♦ General Editor of the Virtual Health Library on Traditional, Complementary and Integrative Medicine of the Americas.
- ♦ Degree in Medicine and Surgery from the Industrial University of Santander.
- ♦ Specialist in Alternative Therapies (Acupuncture and Oriental Medicine) from Manuela Beltrán University.
- ♦ Professional Master's Degree in Alternative s Degree Medicine from the National University of Colombia.
- ♦ Member of the MTCI Américas from network

#### **Dr. González Iñiguez, Mónica**

- ♦ Nurse Expert in Natural Therapies
- ♦ Nurse in the Hospital Elche General University Hospital
- ♦ Acupuncturist at Vita Nova Clinic
- ♦ President of the Association of Natural and Energetic Therapies.
- ♦ University Diploma in Nursing from the University of Alicante

#### **Dr. González, Belén**

- ♦ Specialist in Family and Community Medicine; and Psychoneuroimmunology.
- ♦ Medical Expert in Nutrition and Integrative Medicine at the San Fernando Medical Center.
- ♦ Medical Expert in Nutrition and Integrative Medicine at the San Fernando Medical Center.

- ♦ Clinical Manager in Psychoneuroimmunology Private Practice
- ♦ Professor in Integrative Medicine university studies.
- ♦ Master's Degree in Clinical Psychoneuroimmunology from the University Pontificia of Salamanca



*In this process you will not be alone, since you will have an excellent team of specialized teachers to solve any doubts you may have about the syllabus of this program"*

# 06

## Educational Plan

This program has been designed with the academic needs of the nurse in mind. TECH is aware that graduates who are interested in accessing this degree are not looking for a purely theoretical, long and decontextualized syllabus, but a dynamic, current, entertaining and highly beneficial content for the development of their knowledge. That is why this program has been developed following the most avant-garde pedagogical methodology in the academic sector, as well as making use of hundreds of hours of additional material in different formats, so that you can go deeper into the most relevant concepts only if you wish to do so.





“

*A study plan that you can access comfortably,  
from any electronic device with an Internet  
connection, 24 hours a day”*

### Module 1. Genomic Medicine

- 1.1. Introduction to Genomic Medicine
  - 1.1.1. Genomic Medicine
- 1.2. Polymorphisms. Epigenetics
- 1.3. Pharmacogenomics
- 1.4. Nutritional Genomics
  - 1.4.1. Nutrigenomics
  - 1.4.2. Nutrigenetics. Gluten, Lactose and Fructose Intolerance
  - 1.4.3. Functional food
  - 1.4.4. Personalized Diet Therapy
- 1.5. Biomedicine. Biochemistry Overview

### Module 2. Advances in Integrative Medicine Techniques

- 2.1. Platelet Factors
- 2.2. Neural Therapy
- 2.3. Microimmunotherapy
- 2.4. Mycology and Immunomodulation
- 2.5. Ozone Therapy. Clinical Evidence
  - 2.5.1. Biochemical Principles and Ozone Mechanism of Action
- 2.6. Orthomolecular Supplementation, Phytotherapy, and Interactions
  - 2.6.1. Phytotherapy
- 2.7. Advances in Integrative Nutrition
  - 2.7.1. Anti-Inflammatory Diet
  - 2.7.2. Ketogenic Diet
  - 2.7.3. Fasting
  - 2.7.4. Diet Therapy to Rebalance Microbiota

### Module 3. Integrative Medicine and Pediatrics

- 3.1. Introduction to Integrative Pediatrics
- 3.2. The First 1000 Days of Life
  - 3.2.1. The Importance of Nutrition During Pregnancy. Supplementation
  - 3.2.2. The Importance of Breastfeeding
  - 3.2.3. Most Important Childhood Nutritional Deficits
- 3.3. Nutrition
  - 3.3.1. From 2 Years Onwards: The Harvard Plate
- 3.4. Nutritional Disorders
- 3.5. Mucosal Inflammation Syndrome. Pathophysiology of the Most Prevalent Pediatric Diseases
- 3.6. Dysbiosis and Pediatric Uses of Probiotics
- 3.7. Child Integrative Oncology
- 3.8. School for Parents
- 3.9. Childhood Mental Disorders

### Module 4. Women's Health in Integrative Medicine

- 4.1. Puberty
- 4.2. Fertility and Pregnancy
  - 4.2.1. Motherhood and its Challenges. Feeding
  - 4.2.2. Complementary Techniques to Support IVF
    - 4.2.2.1. Acupuncture
    - 4.2.2.2. *Wellness Therapy* (Supplementation, Body-Mind, Balneotherapy...)
- 4.3. Recurring Diseases in Gynecology
  - 4.3.1. Candidiasis
  - 4.3.2. Recurrent Cystitis
  - 4.3.3. Myomas
  - 4.3.4. Polycystic Ovary Syndrome
  - 4.3.5. Endometriosis
  - 4.3.6. HPV infection
  - 4.3.7. Dysmenorrhea, Premenstrual Syndrome and Premenstrual Dysphoric Disorder
  - 4.3.8. Fibrocystic Mastopathy
- 4.4. Menopause

**Module 5. Gerontology and Pathologies related to Oxidative Stress**

- 5.1. Advances in Chronological Age Research
- 5.2. Measures for Active and Healthy Aging
- 5.3. Neurology
  - 5.3.1. Alzheimer's Disease and Cognitive Deterioration
    - 5.3.1.1. Parkinson's Disease
    - 5.3.1.2. Sensory Dysfunction
  - 5.3.2. Biomechanics
    - 5.3.2.1. Muscles as a Metabolic Organ

**Module 6. Mental Health and the Helping Relationship**

- 6.1. Life History
  - 6.1.1. Pathochrony
- 6.2. Epidemiology and Prevalence of Mental Illness in the Population
- 6.3. Advances in Neuropsychiatry
- 6.4. Illness as a Pathway
  - 6.4.1. Coping with Illness
  - 6.4.2. Psychological Impact of Illness
- 6.5. Introduction to *Coaching*
  - 6.5.1. Powerful Questions
  - 6.5.2. Coaching Tools
- 6.6. Effectiveness of Mind-Body Techniques in the Therapeutic Approach
  - 6.6.1. Yoga and *Mindfulness*
  - 6.6.2. Breathing Techniques
  - 6.6.3. Sound Therapy. Music Therapy
  - 6.6.4. Cardiac Coherence
  - 6.6.5. Bioenergetic Techniques
  - 6.6.6. Art Therapy and Creative Processes
  - 6.6.7. Psychoanalysis

**Module 7. Research**

- 7.1. Evidence-Based Medicine in Integrative Medicine
- 7.2. Fundamentals of Applied Research in TCAM
- 7.3. Collaborative Work, Networks, and Resources in TQM Research

**Module 8. Information and Communication Technologies Applied to Integrative Medicine**

- 8.1. Legal Aspects Related to the Application of ICTs in Integrative Medicine
- 8.2. Use of Biometric Tools
- 8.3. Application of Digital Clinical Self-Questionnaires
- 8.4. Use of Digital Medical History
- 8.5. Platforms and Databases for Health Professionals
- 8.6. Create and Manage Your Own Digital Structure
- 8.7. Positioning: SEO. SEM. Algorithms
- 8.8. Video Consultation
- 8.9. Software Models of Interactions Based on Genomic Medicine



*Enter with the maximum scientific rigor in the most effective body-mind techniques in the therapeutic approach"*

07

# Clinical Internship

As the culmination of an unparalleled academic experience, the nurse will have at their disposal the possibility of completing 120 hours of internship in a clinical center of reference in the use of Integrative Medicine therapies. Thanks to this, you will be able to implement your own intervention strategies based on what has been developed throughout the theoretical period, in addition to learning first-hand the most effective techniques that are currently being applied in the sector.







“

*You will have a team of tutors who will guide you at all times during your practical stay”*

the development of This Internship Program in Home Hospitalization for Nursing consists of a practical stay in a prestigious center, lasting 3 weeks, from Monday to Friday with 8 consecutive hours of work with an assistant Specialist. This stay will allow you to deal with real patients with a team of reference professionals in the of Integrative Medicine area, applying the most innovative diagnostic procedures and planning the latest generation Therapeutics in each pathology.

In this completely practical Internship Program, the activities are aimed at developing and perfecting the skills necessary to provide Healthcare in areas and conditions that require highly qualified professionals, and are oriented towards specific expertise for practicing the activity, in a safe environment for the patient and Cone highly professional performance.

It is undoubtedly an opportunity Solitary to learn by working in the clinic the future where real-time health monitoring of patients is at the center of the digital culture of its professionals. This is a new way of understanding and integrating healthcare processes most innovative, and convert the a reference center into the ideal teaching scenario for this innovative experience in the improvement of professional skills.

The practical education will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other fellow trainees that facilitate teamwork and multidisciplinary integration as transversal competencies for Current The nursing practice clinical and Integrative Health(learning to be and learning to relate).





The procedures described below will form the basis of the practical part of the internship, and their implementation is subject to both the suitability of the patients and the availability of the center and its workload, with the proposed activities being as follows:

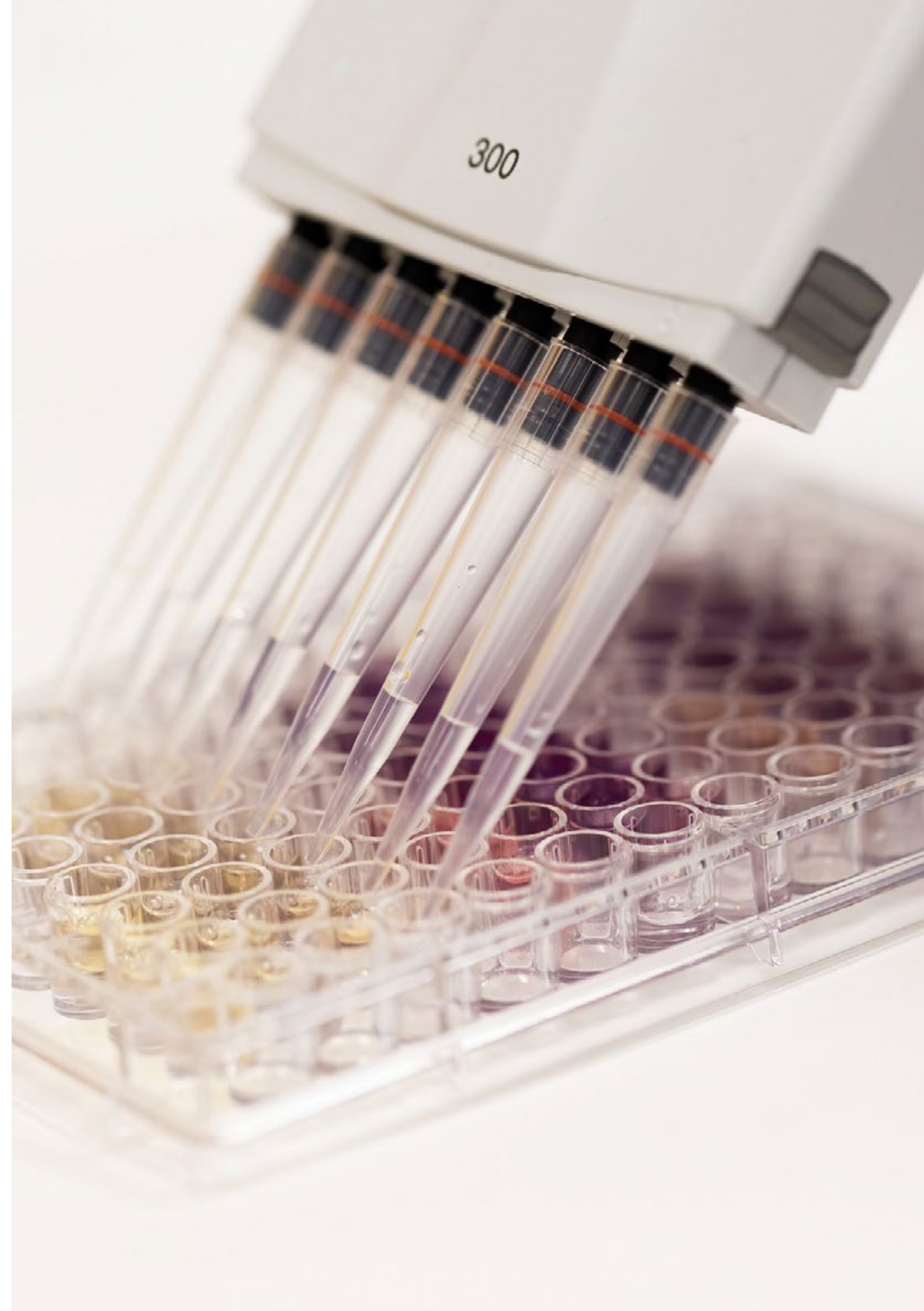
Module	Practical Activity
<b>Advanced techniques in Integrative Medicine</b>	Perform assessment using nutritional genomics tools
	Perform microimmunotherapy evaluation
	To apply ozone therapy in oral and dental diseases, wounds and healing processes and osteoarthritis
	Perform analysis of orthomolecular supplementation, phytotherapy and interactions
<b>Integrative approach methods in women's health</b>	Conduct analyses of dysbiosis and pediatric uses of probiotics
	Address, from integrative medicine, fertility and pregnancy problems through specific diets, acupuncture and <i>through the indication of specific diets, acupuncture and Wellness Therapy</i>
	Indicate complementary techniques to <i>In Vitro Fertilization</i>
	Perform analysis of recurrent pathologies in gynecology
<b>Diagnostic and preventive techniques in mental health and helping relationship</b>	Collaborate in the performance of examinations in women in menopause stage
	To perform an integrative approach to the patient based on the latest advances in Neuropsychiatry as a diagnostic tool
	Employing the most advanced coaching techniques to improve the patient's mental health
	Practice of Mind-Body Techniques in the Therapeutic Approach
<b>Information and Communication Technologies Applied to Integrative La Medicine</b>	Assessing Childhood Mental Disorders
	Using biometric tools to improve diagnostic accuracy
	Application Digital Clinical Self-Questionnaires
	Platforms and Databases for Health Professionals
	Contribute to the creation and management of the digital structure of a center specialized in Integrative Medicine

## Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



## General Conditions of the Internship Program

The general terms and conditions of the internship program agreement shall be as follows:

**1. TUTOR:** During the Hybrid Professional Master's Degree, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

**2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

**3. ABSENCE:** If the student does not show up on the start date of the Hybrid Professional Master's Degree, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

**4. CERTIFICATION:** Professionals who pass the Hybrid Professional Master's Degree will receive a certificate accrediting their stay at the center.

**5. EMPLOYMENT RELATIONSHIP:** the Hybrid Professional Master's Degree shall not constitute an employment relationship of any kind.

**6. PRIOR EDUCATION:** Some centers may require a certificate of prior education for the Hybrid Professional Master's Degree. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

**7. DOES NOT INCLUDE:** The Hybrid Professional Master's Degree will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

# 08

## Where Can I Do the Clinical Internship?

In order to guarantee a quality practical internship, TECH only selects as collaborating companies clinical centers of reference in the national panorama, so that the graduate can always have access to the best training. In addition, the agreement with this entity obliges them to offer the nurse all the tools within their reach so that they can make the most of this experience and perfect their skills immediately and comprehensively.



“

*A practical stay with which you will bring to your professional career a distinctive plus that will represent a huge commitment to the health of your patients"*



The student will be able to complete the practical part of this Hybrid Professional Master's Degree at the following centers:



### Clínica Keval

Country	City
Spain	Valencia

Address: Carrer d'Eduard Boscà, nº 24, bajo,  
46023 Valencia

Clinical center for integrative and nutritional assistance

- Related internship programs:**
- Nursing in Integrative Medicine
  - Integrative Medicine and Health



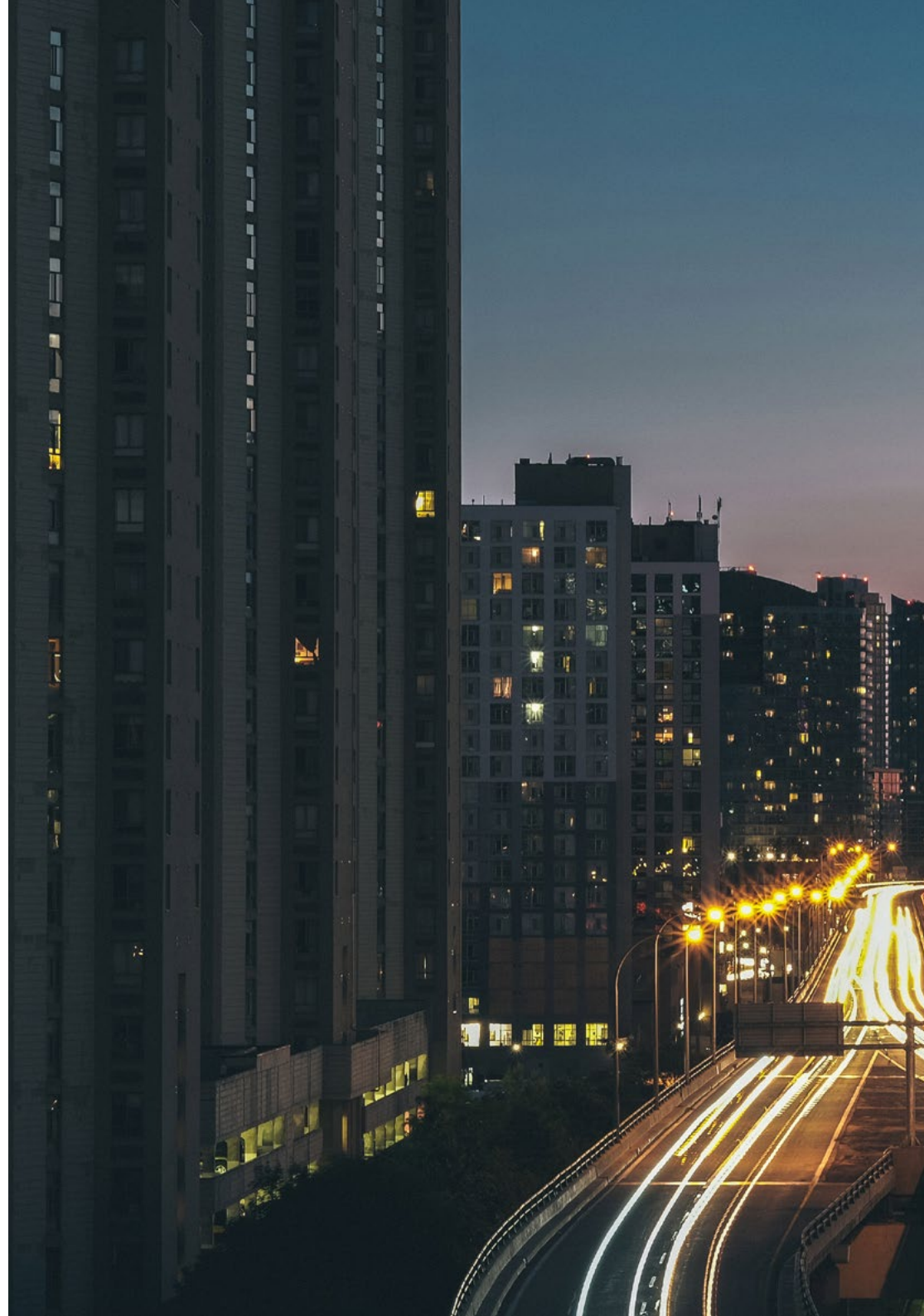
### Biosalud Day Hospital

Country	City
Spain	Zaragoza

Address: Residencial Paraíso, 9 (50008)  
Zaragoza, España

Center for Integrative and Biological Medicine with a holistic approach

- Related internship programs:**
- English for Nursing
  - Nursing in Integrative Medicine







Nursing

### Centro Médico HLA San Carlos - Jávea

Country: Spain City: Alicante

Address: Carrer Nancy, 3, 03730 Playa del Arenal, Jávea, Alicante

Multidisciplinary healthcare clinic

**Related internship programs:**

- Hospital Nursing
- Intensive Care Nursing



Nursing

### Hospital HLA San Carlos Denia

Country: Spain City: Alicante

Address: Partida Madrigueres Sud, 8, 03700 Dénia, Alicante

Hospital complex promoting of all clinical specialties

**Related internship programs:**

- Intensive Care Nursing
- Nursing in Internal Medicine

09

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



“

*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

*With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

“

*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

*The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.







#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



# 10 Certificate

The Hybrid Advanced Integrative Medicine and Health for Nursing guarantees students, in addition to the most rigorous and up-to-date education, access to a Hybrid Professional Master's Degree diploma issued by TECH Technological University.



“

*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"*

This **Hybrid Professional Master's Degree in Advanced Integrative Medicine and Health for Nursing** contains the most complete and up-to-date program on the professional and educational field.

After the student has passed the assessments, they will receive their corresponding Hybrid Professional Master's Degree diploma issued by TECH Technological University via tracked delivery\*.

In addition to the diploma, students will be able to obtain an academic transcript, as well as a certificate outlining the contents of the program. In order to do so, students should contact their academic advisor, who will provide them with all the necessary information.

Title: **Hybrid Professional Master's Degree in Advanced Integrative Medicine and Health in Nursing**

Modality: **Hybrid (Online + Clinical Internship)**

Duration: **12 months**

Certificate: **TECH Technological University**

Teaching Hours: **1,620 h.**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.



## Hybrid Professional Master's Degree

Advanced Integrative Medicine and Health for Nursing

Modality: Hybrid (Online + Clinical Internship)

Duration: 12 months

Certificate: TECH Technological University

Teaching Hours: 1,620 h.

# Hybrid Professional Master's Degree

Advanced Integrative Medicine  
and Health for Nursing