



Hair Removal Techniques in Dermo-Aesthetic Nursing

» Modality: online

» Duration: 6 weeks

» Certificate: TECH Global University

» Credits: 6 ECTS

» Schedule: at your own pace

» Exams: online

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# tech 06 | Introduction

There are numerous cosmetic procedures and techniques that are widespread throughout the world: One of them is hair removal. Hair removal crosses borders, social groups and ages. And people undergo it for different reasons: for aesthetics, wishing to see parts of their body without hair; for hygiene, considering that depilated skin is cleaner, or for social issues that dictate that it is better or worse to have or not to have hair.

However, many of these people want to enjoy professional hair removal that takes into account the characteristics of their skin and certain health and hygiene precautions. For that reason, nursing professionals have become highly valued when it comes to performing hair removal techniques.

As such, this area can provide great career opportunities for nurses seeking a growing field of specialization. And, for that reason, this Postgraduate Certificate in Hair Removal Applied to Dermo-Aesthetic Nursing is a great option, because it enables to practice this technique in different circumstances and according to the particularities of each user.

This **Postgraduate Certificate in Hair Removal Techniques in Dermo-Aesthetic Nursing** contains the most complete and up-to-date scientific program on the market. The most important features include:

- The development of case studies presented by experts in dermo-aesthetic nursing and depilation
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection





The program includes, in its teaching staff, professionals from the sector who bring to this program their work experience, in addition to recognized specialists from prestigious reference societies and universities.

Its multimedia content, developed with the latest educational technology, will allow professionals to learn in professionals a situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to prepare in real situations.

The design of this program focuses on Problem-Based Learning, by means of which professionals must try to solve the different professional practice situations that are presented to them throughout the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

The best hair removal techniques are in this degree.

People will always turn to you. This program will improve all your skills.







# tech 10 | Objectives



# **General Objectives**

- Perform a comprehensive management of the aesthetic patient, being able to make an accurate diagnosis and apply the most appropriate treatment
- Get up to date and reinforce the knowledge in dermatology necessary for the correct care of aesthetic nursing patients
- Reinforce the role of the nurse in the treatment of these pathologies
- Learn about the general characteristics of the skin and its anatomy
- Understand the fundamental characteristics of body dermo-aesthetic treatments
- In-depth study of the most effective hair care treatments currently available

This qualification will take you far. Don't wait any longer."



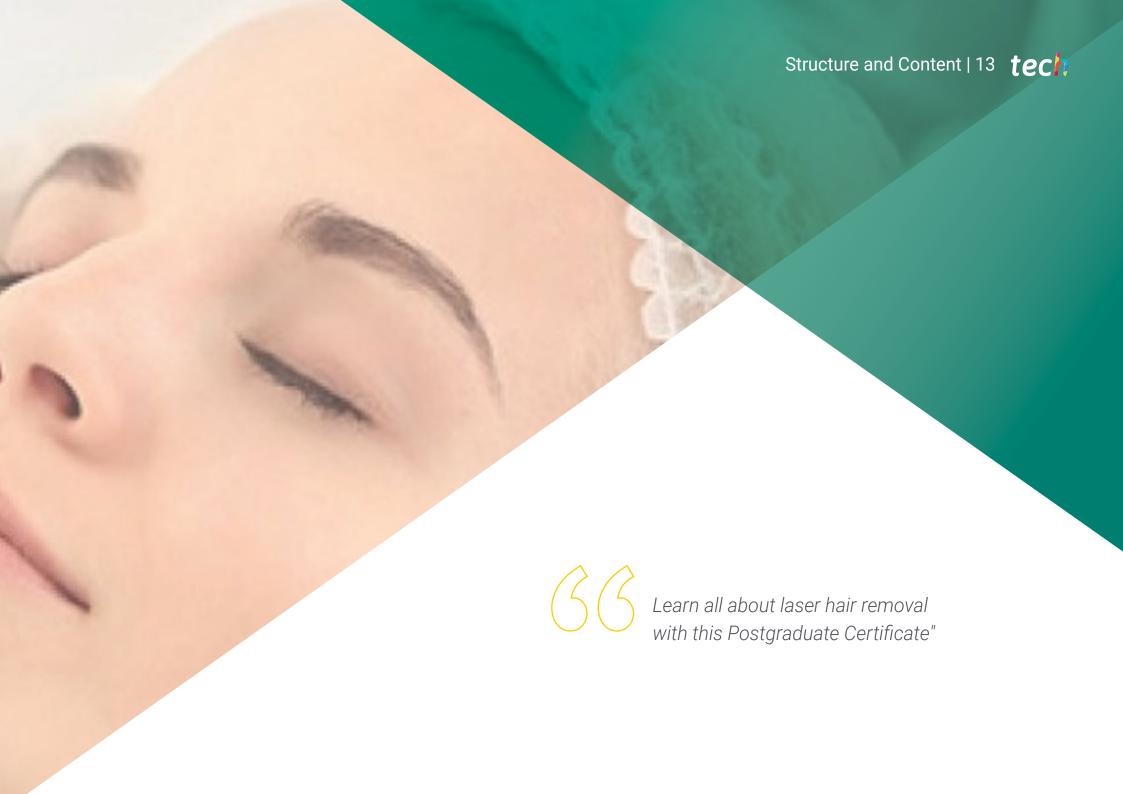




# **Specific Objectives**

- Delve into the aspects, classification and influence of laser hair removal
- Know the aspects, classification and influence of photoepilation with pulsed light
- Understand the objectives of laser hair removal
- Know how to program and work with laser hair removal equipment
- Manage the correct procedures and informed consent for performing laser hair removal
- Learn about the protection measures for both professionals and clients in laser hair removal procedures





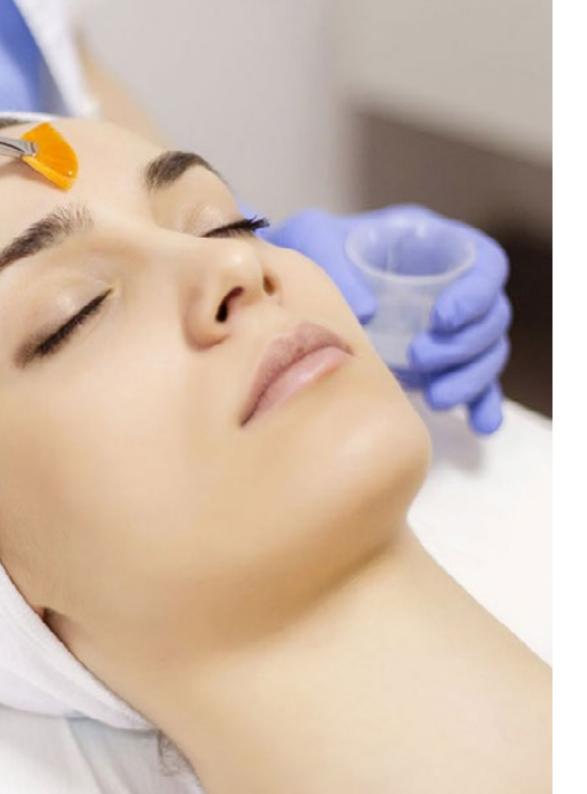
# tech 14 | Structure and Content

#### Module 1. Nursing in Hair Removal

- 1.1. Laser in Hair Removal and Influencing Factors
  - 1.1.1. Factors That Influence Laser Hair Removal
- 1.2. Intense Pulsed Light Hair Removal and Influence Factors
  - 1.2.1. Factors That Influence Pulsed Light Hair Removal
- 1.3. Objectives of Laser Hair Removal and IPL (Intense Pulsed Light)
- 1.4. Procedure for Performing Laser and IPL Hair Removal
- 1.5. First Visit
  - 1.5.1. Client Information
  - 1.5.2. Technical Data and Follow-up Records
  - 1.5.3. Informed Consent
- 1.6. Technique Procedure
  - 1.6.1. Cleansing, Shaving and Disinfection
  - 1.6.2. Delimitation of the Area
  - 1.6.3. Protection
  - 1.6.4. Application of Cooling Gel
  - 1.6.5. Use of Equipment
  - 1.6.6. Removal of Gel and Application of Decongestant Product
- 1.7. Risks and Side Effects
- 1.8. Precautions, Post-Laser Hair Removal Care and After-Sessions
- 1.9. Protection Measures for Professionals and Clients
  - 1.9.1. Protective Clothing
  - 1.9.2. Recommended Postural Hygiene at Work



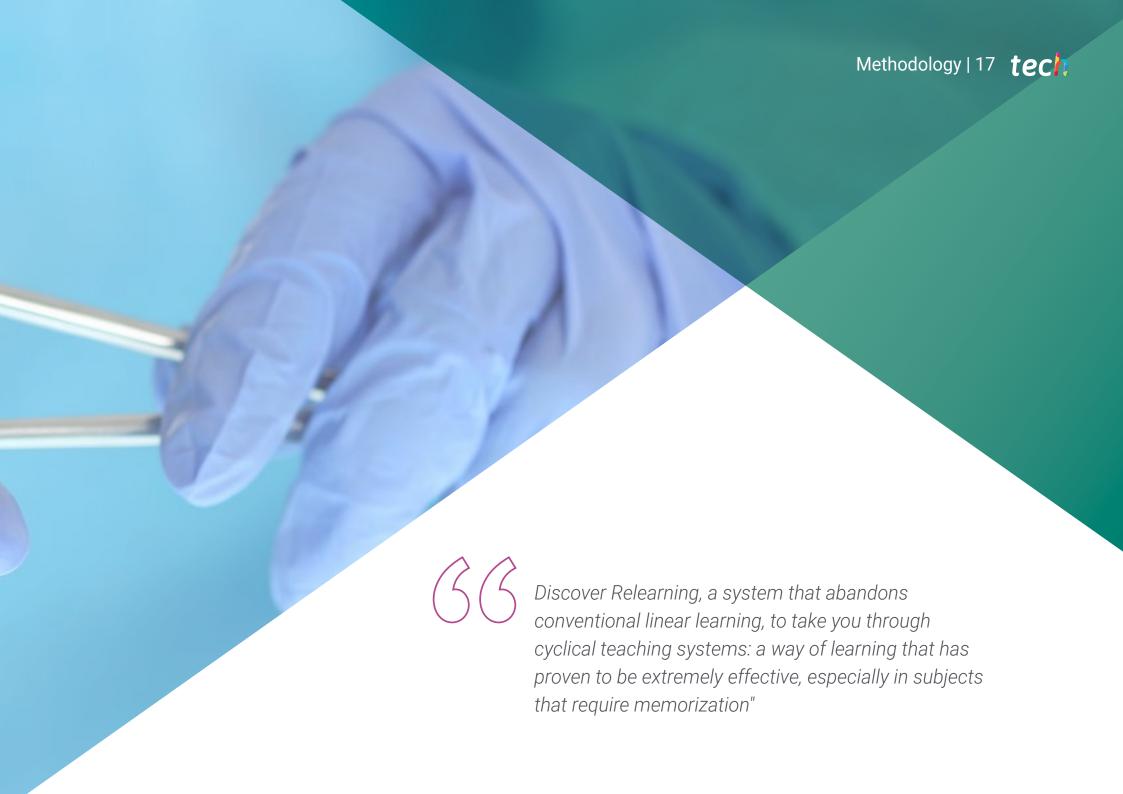






Don't wait any longer: this is the program you need to achieve all your goals"





# tech 18 | Methodology

#### At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

#### The effectiveness of the method is justified by four fundamental achievements:

- Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
- 2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.





#### Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The nurse will learn through real cases and by solving complex situations in simulated learning environments.

These simulations are developed using state-of-the-art software to facilitate immersive learning.





### Methodology | 21 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### **Nursing Techniques and Procedures on Video**

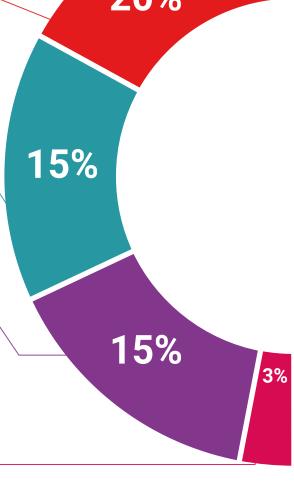
We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



#### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.



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We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

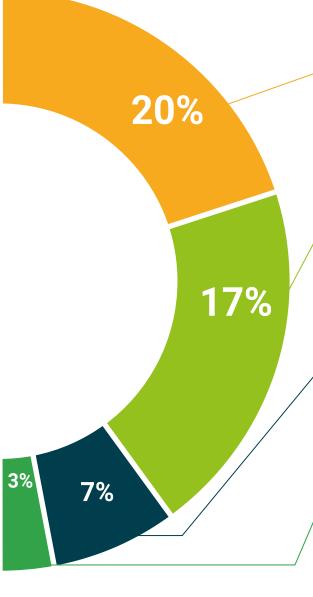
There is scientific evidence suggesting that observing third-party experts can be



#### **Quick Action Guides**

Classes

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.







# tech 26 | Certificate

This program will allow you to obtain your **Postgraduate Certificate in Hair Removal Techniques in Dermo-Aesthetic Nursing** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Certificate in Hair Removal Techniques in Dermo-Aesthetic Nursing

Modality: online

Duration: 6 weeks

Accreditation: 6 ECTS



Mr./Ms. \_\_\_\_\_, with identification document \_\_\_\_\_ has successfully passed and obtained the title of:

# Postgraduate Certificate in Hair Removal Techniques in Dermo-Aesthetic Nursing

This is a private qualification of 180 hours of duration equivalent to 6 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024



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# Postgraduate Certificate Hair Removal Techniques in Dermo-Aesthetic Nursing

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- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

