Professional Master's Degree Psychopharmacology





## Professional Master's Degree Psychopharmacology

Course Modality: Online Duration: 12 months Certificate: TECH Technological University Official N° of hours: 1,500 h. Website: www.techtitute.com/us/medicine/professional-master-degree-/master-psychopharmacology

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## 01 Introduction

Due to the high overlap between psychiatric and medical pathologies, specialists must be up to date on the specifics of psychopharmacology in all fields. Students taking this 100% online program will learn about the latest advances in the management of psychotropic medication, available diagnostic methods, therapies and preventive measures that act precisely from the place where the conflict is generated: the mind. Throughout the program, the specialist will learn about the latest advances in Psychopharmacology from professionals with years of experience. This way, the student will update their knowledge and continue to perfect their diagnostic and treatment techniques.



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A unique opportunity to learn from the best in a program that stands out for the quality of its content and its innovative teaching methodology"

## tech 06 | Introduction

Over the course of the last few decades, the statistics of people in need of Psychotropic medication has increased. These figures are a concern for specialists not only because of the severity they present, but also because of their responsibility in the correct diagnosis and treatment of the diseases that each individual develops. This program analyzes disorders such as psychosis, dementia, eating disorders and even insomnia.

This Professional Master's Degree also covers the main current topics in Psychopharmacology in the medical field, such as pharmacological intervention in anxiety disorders and stress, or painkillers. It is not, therefore, just another diploma on your professional profile, but a real learning tool to approach the topics of the specialty in a modern, objective way with the ability to criticize.

Additionally, as it is an online program, students are not conditioned by fixed schedules or the need to move to another physical location. Using a device with Internet access, you can access the content at any time of day. This way, you will be able to combine your work and personal life with your academic one.

This **Professional Master's Degree in Psychopharmacology** contains the most complete and up-to-date scientific program on the market. Its most notable features are:

- The development of case studies presented by experts in Psychopharmacology
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where the self-assessment process can be carried out to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection

TECH offers you a 100% online study opportunity, with a complete program that is always linked to current events"

### Introduction | 07 tech

This program is the best investment you can make in selecting a refresher program to update your knowledge of Psychopharmaceuticals"

The program's teaching staff includes professionals from the sector who contribute their work experience to this training program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

You will delve into the different manifestations of anxiety, stress and depression, and the most appropriate psychotropic medication for each case.

Broaden your knowledge thanks to the best teaching material with real clinical cases.

## 02 **Objectives**

The main objective of the programme is the development of theoretical and practical learning, so that the doctor is up to date and works thoroughly in the most important concepts of Psychopharmacology. This way, the student achieves a comprehensive management of the patient through a full program based on the latest information. TECH provides the specialist with all the necessary tools that will guide them to achieve their own goals.

This Professional Master's Degree will allow you to update your knowledge in Psychopharmacology with the use of the latest educational technology to contribute with quality and confidence in decision making"

## tech 10 | Objectives



### **General Objectives**

- Know the current knowledge of medication used in psychiatry and neurology
- Acquire the Therapist-Patient-Medication process
- Identify the absorption properties of medication
- Develop proficiency in pharmacodynamics
- Describe in protocols the intervention programs, taking into account the characteristics and specific aspects of from taking medication
- Identify the evolution of the different disorders listed in the DSM-5 or ICD-10
- Master the fields of physician-psychologist interaction in family intervention
- Train the professional on all the updated references on the diagnosis, intervention and therapeutic process in order to interact with the medication
- Describe with decision protocols the individualized study of family members to perform a rigorous psychopathological study
- Use decision trees to permanently perform differential diagnosis
- Organize all the information within a multidisciplinary framing model in the study of the biopsychosocial framework of the psychotherapy-pharmacology relationship



## Objectives | 11 tech

## Specific Objectives

## Module 1. Pharmacology and its Objectives in the Psychological Therapeutic Process

- Describe the patient's medical history
- Discover and promote the family psychic framework
- Differentiate between the different etiologies of mental disorders
- Manage and master the role of sympathy and empathy in vicarious learning
- Manifest the importance of admiration in the overall balance of the family
- Develop effective analysis plans for differential diagnosis
- Identify psychopharmacological needs in mood disorders
- Manage the patient's medical history, as well as provide the necessary skills to work in a multidisciplinary manner

#### Module 2. Anamnesis and the Decision to Choose the Appropriate Medication

- Discover and find the emotional memories of the components of the disorder
- Master and manage the relationship until you become an example
- Identify the components of the patient's pathology to decide on intervention
- Indicate the impact of diagnoses on patient decision making
- Design and implement chronic disease adjustment programs
- Develop protocols that do not allow for medication dependence
- Manage and stabilize the emotional and affective deficiencies of the patient within the intervention
- Use the intervention to determine when it is necessary for other professionals to join the analysis process

#### Module 3. Classification of Psychotropic Medication

- Identify study methods to demonstrate that the medication can be used
- Discover the legal procedures for the use of the medication
- Describe harmful links between different medications
- Apply knowledge about the side effects of medication so that they do not hinder psychotherapy intervention
- Describe the beneficial effects of the medication
- Master the adverse effects and toxicity of the medication

#### Module 4. Pharmacological Intervention in Anxiety and Stress Disorders

- Differentiate the pharmacological casuistry for depression and anxiety disorders
- Identify and describe the possible management of anxiety disorders
- Assess the impact of parental anxiety, depressive and psychotic disorders
- Express and identify the importance of stress
- Identify and differentiate anxiety disorders in their different categories
- Recognize and differentiate disorders secondary to stress

## tech 12 | Objectives

## Module 5. Intervention with Psychopharmaceuticals in Depression, Eating Disorders and Sleep Disorders

- Describe depressive axes
- Master the interaction between antidepressants and other drugs
- Evaluate and list components of eating disorders
- Control pharmacotherapy for anorexia nervosa and master the pharmacological treatment of bulimia
- Handle sleep management with pharmacotherapy
- Differentiating sleep and wakefulness disorders
- Understand the dynamics of sleepwalking
- Differentiate night terror from nightmares

#### Module 6. Pharmacotherapy of Psychosis and Dementias

- Learn the side effects of medication for Alzheimer's disease
- Differentiate and frame the disorders of a psychotic systemic condition
- Describe and master the clinic of schizophrenia according to the theory of communication and double bind
- Carry out and adapt pharmacological intervention protocols within an interdisciplinary framework of psychosis
- Address the clinical use of medication in patients with dementia
- Develop the intervention with the drug according to the mental logic of the different age groups
- Master and deal with the differential characteristics with which psychological pathologies are presented





## Objectives | 13 tech

#### Module 7. Medication Used in the Pain Unit

- Design and conduct controlled clinical studies on pain
- Master pain within the framework of therapy
- Manage acute pain with psychopharmaceuticals
- Master the assessment and intervention tools using all the pain intervention indicators
- Develop follow-up models that express the changes of pathologies specific to mental states and pain
- Identify and master the clinical and prognostic features of the different disorders of childhood and adolescence with pharmacological intervention on pain



Take the leap as a doctor to get up to speed on the latest developments in Psychopharmacology"

## 03 **Skills**

After passing the assessments of the program, the professional will have acquired the necessary skills for a quality and up-to-date practice based on the most innovative didactic methodology. This is due to the fact that throughout this Professional Master's Degree, you will face multiple simulated clinical cases based on real patients in which you will have to investigate, establish hypotheses and, finally, resolve the situation. In addition, there is abundant scientific evidence on the efficacy of the method. This way, specialists learn better, faster and more sustainably over time.

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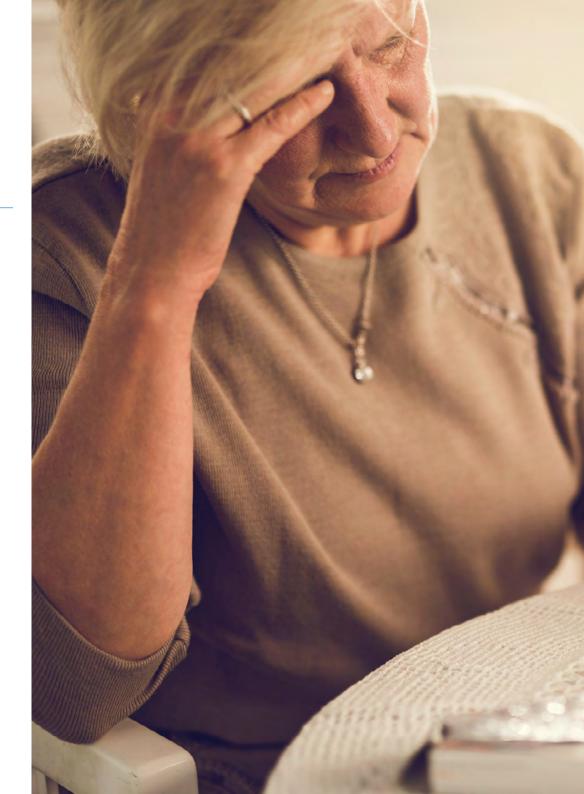
Delve into the most recommended psychotropic medication to treat anxiety or panic disorders, agoraphobia and social phobia"

## tech 16|Skills



**General Skills** 

- Understand psychopathology in order to create a framework of security in the diagnosis and subsequent treatment of psychotropic drugs
- Master the relationship in order to achieve an adequate link to obtain the necessary information to carry out the diagnosis
- Connect with the family to locate the most relevant agents of their case and from there, delve into their medical history
- Appreciate all the elements of communication in order to know not only what the family members say, but also what they feel and perceive
- Describe the different models that explain the state of the family in order to be able to make decisions regarding the psychopathological situation
- Identify the different criteria that currently establish the expression of psychological illness in order to establish an adequate intervention with psychotropic medication
- Describe and propose clinical expressions that, although not collated in diagnostic manuals, are becoming common in everyday clinical practice
- Master the multidisciplinary relationship to help and assist with the knowledge of other professionals and perform a psychopathological analysis according to the reality of the system



## Specific Skills

- Create an adequate bond to enable the psychopathological study
- Prepare and master the relationship in the first meeting with the child or teenager and the adults that make up the family nucleus
- Describe the emotions felt by the subject in response to treatment with psychotropic medication
- Understand and master the techniques of staging, rescue and outcome of the evaluation process
- Develop ways to detect personality disorders: histrionic, dependent and avoidant Recognize the unique signs of passive aggressive personality disorder
- Differentiate between DNA and RNA knowledge for differential diagnosis in the family setting
- Describe the importance of epigenetics in the study of child and adolescent behavior
- Describe little known syndromes, such as self-injury, in order to master them and understand self-injury under emotional anxiety
- Break down and operate the DSM-5 and ICD-10 classification of mental illnesses
- Communicate and educate so that the proposed diagnoses lead to an effective therapeutic relationship

- Advocate and develop protocols that differentiate health from illness in the family
- Discover the array of signs and signals to identify the psychopathology of family members
- Know and be able to develop the role of technical consultant for cases, programs, organization, support to Units and external professionals
- Work in a multidisciplinary UTD and communicating adequately with the professionals who are part of it
- Prepare clinical reports and support other professionals in the reporting of patients in pain
- Coordinate with healthcare and non-healthcare professionals in the comprehensive approach to pain with continuity of care

A unique specialization program that will enable you to acquire superior training for development in this field"

## 04 Course Management

The program includes reference specialists in Psychopharmacology in its teaching staff who bring the experience of their work to this course. Additionally, other recognized specialists participate in its design and preparation, which means that the program is developed in an interdisciplinary manner. In this way, students have the guarantees they require to specialize at a global level in a booming sector that will catapult them to professional success.

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Learn from leading professionals about the latest advances of the procedures in the field of Psychopharmacology"

## tech 20 | Course Management

#### Management



#### Aguado Romo, Roberto

- Psychologist specializing in Clinical Psychology
- European specialist in Psychotherapy from the EFPA
- President of the European Institute of Time-Limited Psychotherapy
- Director of the Evaluation and Psychotherapy Center of Talavera, Bilbao and Madrid
- Director of the scientific journal Psinapsis
- Master's Degree in Clinical and Health Psychology by the Spanish Society of Psychosomatic Medicine
  and Health Psychology
- Tutor of the Basic Psychology course at the UNED

#### Professors

#### Dr. De Dios González, Antonio

- Director of the Psychology Department at the Hospital Quirón in Marbella, Spain
- Director of Avatar Psychologists
- Master in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapies
- Transpersonal Therapist by the Spanish School of Transpersonal Development
- Master's Degree in Neuro-Linguistic Programming (N.L.P.) by Richard Bandler's Society of Neuro-Linguistic Programming
- Specialist in Clinical Hypnosis and Relaxation

#### Dr. Martínez-Lorca, Manuela

- Doctorate in Psychology from the University of Castilla-La Mancha
- Health Psychologist
- Professor in the Department of Psychology from the University of Castilla-La Mancha
- Master's Degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapies
- Specialist in Clinical Hypnosis and Relaxation

### Course Management | 21 tech



- Psychologist in charge of the Department of Child and Adolescent Psychology at Hospital Quirón Salud Marbella and Avatar Psicólogos
- Master's Degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapy
- University Specialist in Clinical Hypnosis with Selective Dissociation Focusing by the University of Almeria
- Collaborator in different Red Cross programs
- Professor in the Master's Degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapy
- Educator of Avatar Psicólogos in different programs of Emotional Management for educational centers and companies. Trainer at Human Resources Consulting Services (HRCS)

#### Dr. Roldán, Lucía

- Health Psychologist
- Cognitive-behavioral intervention specialist
- Master in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapies
- Expert in energy therapy intervention

## 05 Structure and Content

The structure of this program's content has been designed by a team of professionals from the best educational centers and universities in the field, aware of the current relevance of innovative teaching, and committed to quality learning through new educational technologies.

A comprehensive teaching program, structured in well-developed teaching units, oriented towards efficient and swift learning that is compatible with your personal and professional life"

### tech 24 | Structure and Content

## **Module 1.** Pharmacology and its Objectives in the Psychological Therapeutic Process

- 1.1. Anthropological, Historical, Sociological and Psychological Perspective on the Use of Medication
- 1.2. Objectives of Pharmacology
- 1.3. Concept of Pharmacology
- 1.4. Therapeutic Pharmacology
- 1.5. Pharmacodynamics
- 1.6. Pharmacokinetics
- 1.7. Plasma Level Curve
- 1.8. Toxicology
- 1.9. Social Aspects of Medication
- 1.10. Medication Intervention Process
- 1.11. Information Form for the Patient to Receive Psychopharmacological Treatment
- 1.12. Signs and Symptoms. Illnesses and Syndromes

## **Module 2.** Anamnesis and the Decision to Choose the Appropriate Medication

- 2.1. Active Interview (CHSV)
- 2.2. Information Theory
- 2.3. Communication Channels
- 2.4. Communication System
- 2.5. Axioms of the Interview
- 2.6. It is Impossible Not To Communicate
- 2.7. Content and Relationship
- 2.8. Affective Value
- 2.9. Digital and Analog Communication
- 2.10. Symmetric and Asymmetric
- 2.11. Exploring Communication
- 2.12. Verbal Communication
- 2.13. Non-Verbal Communication
- 2.14. Double Bond

- 2.15. Psychopathology of Communication
- 2.16. A Gesture is Worth a Thousand Words
- 2.17. Medical History
- 2.18. General Structure of the Mental Examination
- 2.19. Semiology
- 2.20. Epistemology of Diagnosis
- 2.21. Some Special Types of Clinical Interviews

#### Module 3. Classification of Psychotropic Medication

- 3.1. Neurophysiological Foundations of Mental Illness and its Treatment
- 3.2. Antipsychotics and Neuroleptics
- 3.3. Anxiolytics and Sedatives
- 3.4. Antidepressants
- 3.5. Antimanic or Euthymic Medication
- 3.6. Antiseizure Medications
- 3.7. Medication for Agitation
- 3.8. Pharmacotherapy for Confusion
- 3.9. Drugs for Dementia
- 3.10. Medication Against Deficiencies

Module 4. Pharmacological Intervention for Anxiety and Stress Disorders

#### and Stress

- 4.1. Anxiety or Panic Disorder
- 4.2. Agoraphobia
- 4.3. Social Phobia
- 4.4. Specific Phobias
- 4.5. Generalized Anxiety Disorder
- 4.6. Obsessive Compulsive Disorder and Related Disorders
- 4.7. Separation Anxiety Disorder
- 4.8. Adaptive Disorder
- 4.9. Dissociative Disorders
- 4.10. Somatic Symptom Disorders and Associated Conditions

### Structure and Content | 25 tech

- 4.11. Trauma and Stress-Related Disorders
- 4.12. Post-Traumatic Stress
- 4.13. Disinhibited Social Relationship Disorder

## **Module 5.** Intervention with Psychotropic Drugs in Depression, Eating Disorders, and Sleep Disorders

- 5.1. Disruptive Mood Dysregulation Disorder
- 5.2. Major Depressive Disorder
- 5.3. Persistent Depressive Disorder (Dysthymia)
- 5.4. Premenstrual Dysphoric Disorder
- 5.5. Substance-Induced Depressive Disorder
- 5.6. Pica
- 5.7. Rumination Disorder
- 5.8. Food Avoidance Disorder
- 5.9. Anorexia Nervosa
- 5.10. Bulimia Nervosa
- 5.11. Binge Eating Disorder
- 5.12. Insomnia
- 5.13. Hypersomnia
- 5.14. Narcolepsy
- 5.15. Obstructive Sleep Apnea
- 5.16. Sleep-Related Hypoventilation
- 5.17. Non-REM Sleep Awakening Disorders
- 5.18. Nightmare Disorder
- 5.19. Restless Leg Syndrome

#### Module 6. Pharmacotherapy of Psychosis and Dementias

- 6.1. Schizophrenia and Schizophreniform Psychoses
- 6.2. Delusional Disorder
- 6.3. Brief Psychotic Disorder
- 6.4. Substance-Induced Psychotic Disorder
- 6.5. Catatonia

- 6.6. Bipolar Disorder
- 6.7. Cyclothymic Disorder
- 6.8. Delirium
- 6.9. Alzheimer's Disease
- 6.10. Frontotemporal Lobe Degeneration
- 6.11. Dementia due to Brain Trauma
- 6.12. Vascular Dementia
- 6.13. Dementia Due to Parkinson's Disease
- 6.14. Dementia due to Huntington's Disease
- 6.15. Personality Disorders
- 6.16. Latrogenia

#### Module 7. Medication Used in the Pain Unit

- 7.1. Medical History the Patient in Pain
- 7.2. Psychosocial Approach Chronic Pain
- 7.3. Patient-Controlled Analgesia (PCA)
- 7.4. Pain in Polytrauma Patients
- 7.5. Pain in Severe Burns
- 7.6. Headaches and Facial Pain
- 7.7. Treatment of Neuralgia
- 7.8. Treatment of Oncological Pain
- 7.9. Pain and Terminal Sedation
- 7.10. Fibromyalgia



A unique, key and decisive study experience to boost your professional development"

## 06 Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.** 

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



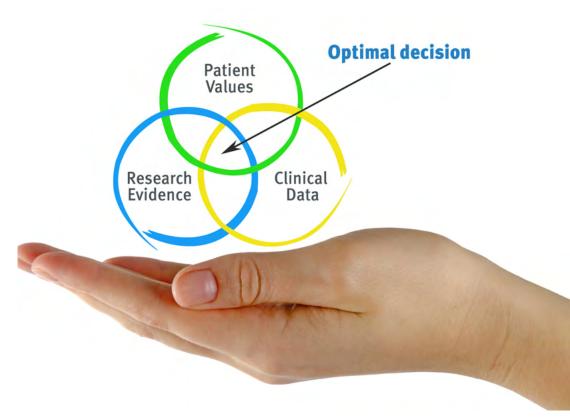
Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

### tech 28 | Methodology

#### At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

#### The effectiveness of the method is justified by four fundamental achievements:

 Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.

2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.

- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



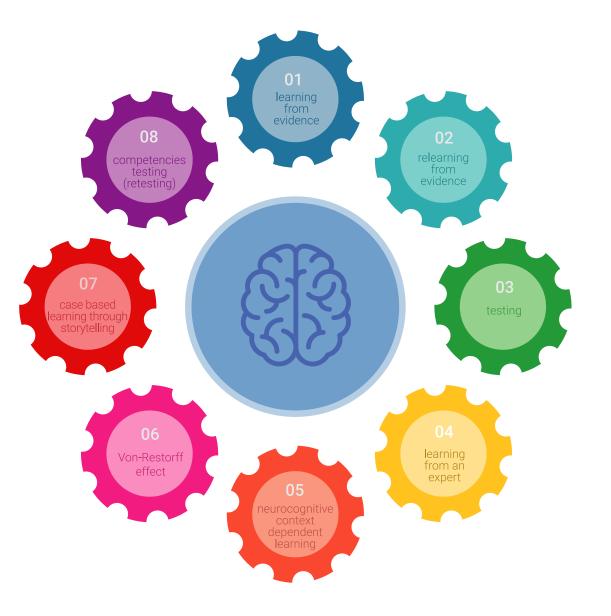
## tech 30 | Methodology

#### **Relearning Methodology**

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



### Methodology | 31 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



## tech 32 | Methodology

This program offers the best educational material, prepared with professionals in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

20%

15%

3%

15%

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

### Methodology | 33 tech



#### **Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

20%

7%

3%

17%



#### **Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.

## 07 **Certificate**

The Professional Master's Degree in Psychopharmacology guarantees students, in addition to the most rigorous and up-to-date education, access to a Professional Master's Degree issued by TECH Technological University.



Successfully complete this program and receive your university degree without travel or laborious paperwork"

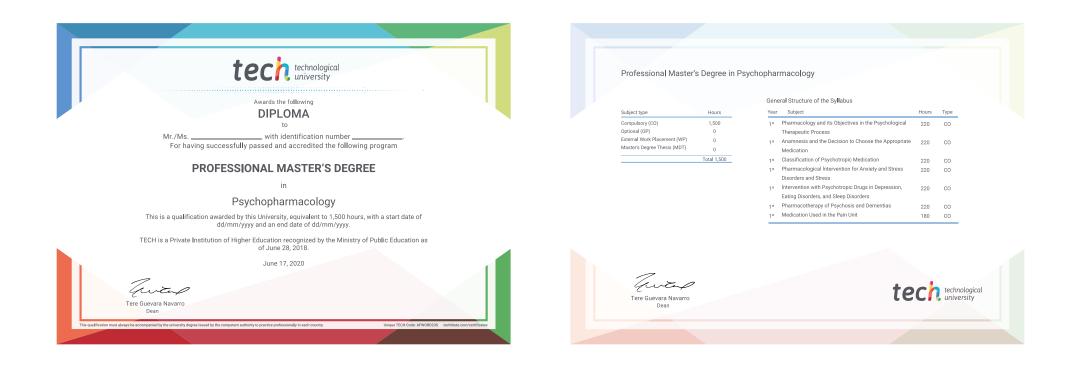
## tech 36 | Certificate

This **Professional Master's Degree in Psychopharmacology** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Professional Master's Degree** issued by **TECH Technological University** via tracked delivery\*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Professional Master's Degree, and meets the requirements commonly required by labor exchanges, competitive examinations and career evaluation committees.

Title: **Professional Master's Degree in Psychopharmacology** Official N° of hours: **1.500 h.** 



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

# technological university **Professional Master's** Degree Psychopharmacology Course Modality: Online Duration: 12 months Certificate: TECH Technological University Official N° of hours: 1,500 h.

Professional Master's Degree Psychopharmacology

