

# Postgraduate Diploma

## Schizotypal Personality Disorder



## Postgraduate Diploma Schizotypal Personality Disorder

- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Global University
- » Credits: 18 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtitute.com/us/medicine/postgraduate-diploma/postgraduate-diploma-schizotypal-personality-disorder](http://www.techtitute.com/us/medicine/postgraduate-diploma/postgraduate-diploma-schizotypal-personality-disorder)

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# 01

# Introduction

Schizoid, schizotypal and paranoid personality disorders affect millions of people worldwide, generating a deterioration of their mental health and severely affecting personal relationships, as well as their cognitive and perceptual distortion. The quickness in its correct diagnosis and the fast intervention of the specialist in its treatment is fundamental to try to stop or decrease its consequences. For this reason, the medical professional must be up to date with the latest scientific evidence related to this field of Psychiatry, aspects that will be able to work with the course of this program. This is a 100% online program that will delve into the Schizotypal Personality Disorder in an extensive way and through the psychotherapeutic approach of its variations.





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*You will approach the Schizoid, Schizotypal and Paranoid Disorder from its characteristic features, to the most effective pharmacological and psychotherapeutic treatments”*

The importance that mental health has taken on in the last year and the recognition of its diseases has brought more attention to this problem that affects, although in different ways, millions of people around the world. Among the most common disorders are Schizoid, Schizotypal or Paranoid ones, commonly characterized by difficulties in relating to other people or in maintaining fluid contact or communication with them, causing cognitive and perceptual distortion of reality.

The role of the specialist in the diagnosis and establishment of the correct treatment of these diseases is fundamental, since the quickness in this type of cases can lead to a considerable improvement in the patient's quality of life. For this reason, and in order to provide the physician with the most up-to-date knowledge in the area, TECH has developed this Postgraduate Diploma in Schizotypal Personality Disorder, a program that comprehensively addresses this mental pathology and its variants, from the characteristic features and the sociodemographic and biographical factors that may influence its manifestation, to the latest developments related to pharmacological and psychotherapeutic treatments associated with each of the three disorders.

Moreover, through a 100% online program, with a fully customizable schedule and accessible 24 hours a day, so that the specialists can combine it with their practice, as well as with their private life. In addition, you will have all the content, including additional material, from the beginning of the course, so that you can download it and refer back to it whenever you need it, even after the end of the program.

This **Postgraduate Diploma in Schizotypal Personality Disorder** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ◆ The development of practical cases presented by experts in Psychiatry
- ◆ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ◆ Practical exercises where self-assessment can be used to improve learning
- ◆ Its special emphasis on innovative methodologies
- ◆ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ◆ Content that is accessible from any fixed or portable device with an Internet connection



*You will be able to delve into nosological-diagnostic classifications based on the latest developments related to the DSM-5 and ICD-11 criteria, as well as making use of the PAS framework”*

“

*You will be able to get up to date on the social, cultural and etiological factors that trigger Schizotypal Personality Disorder after only 6 months and in a comprehensive manner”*

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

*You will be able to have an up-to-date knowledge of the differential diagnosis between medical and psychiatric pathologies, which will help you to refer your patients more quickly.*

*You will learn in detail about the latest pharmacological developments of antipsychotics of antipsychotics and antidepressants, their recommendations, side effects, etc.*



# 02 Objectives

Despite the fact that mental health is a subject that is very present in society lately, there is very few academic and specific information on the matter, therefore TECH has decided to release this Postgraduate Diploma. The objective is that the medical specialist will find in it all the information needed, not only to get up-to-date on everything related to Eccentric Rare Personality Disorder, but also to broaden the knowledge regarding treatments, differential diagnoses and psychotherapeutic therapies.



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*You will be able to apply to your medical practice the most innovative psychotherapeutic approach in the psychiatric field, based on the most effective supportive, dynamic and 3rd generation therapies”*



## General Objectives

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- ◆ Provide an up-to-date specialist's knowledge of all aspects of Schizotypal Personality Disorder
- ◆ Implement the professionals with the most up-to-date academic tools that will allow them to enhance their skills in the management of this type of patients



*The more ambitious your objectives are, the more you will be able to get out of this Postgraduate Diploma"*





## Specific Objectives

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### Module 1. Schizoid Personality Disorder

- ◆ Broaden the etiological factors of Schizoid Disorder
- ◆ Distinguish psychiatric and medical pathologies with regard to differential diagnosis
- ◆ Delve into 3rd generation therapies, dynamic and supportive therapies as a psychotherapeutic approach
- ◆ Study the variants of Schizoid Personality Disorder

### Module 2. Paranoid Personality Disorder

- ◆ Delve into the underlying genetic, environmental and biographical causes
- ◆ Differentiate pharmacological treatments with antipsychotics and anticonvulsants
- ◆ Analyze the different types of psychotherapeutic treatments
- ◆ Delve into the nosological classification according to PAS, DSM-5 and ICD-11 framework

### Module 3. Schizotypal Personality Disorder

- ◆ Analyze antipsychotics, anticonvulsants, antidepressants and other pharmacological treatments in schizotypal disorders
- ◆ Distinguish cognitive-behavioral therapies and dynamically oriented therapies as relevant psychotherapeutic approaches
- ◆ Follow international classification and diagnostic criteria according to DSM-5, PAS Framework and ICD-11
- ◆ Delve into the underlying biological, environmental and evolutionary causes

# 03

# Course Management

In order for the graduate to access a complete program that guarantees an extensive update of their knowledge, TECH has selected for this Postgraduate Diploma a faculty composed of specialists in Psychiatry and Psychology with a long career in the management of clinical cases of patients with different Schizotypal Personality Disorders. Active professionals who will bring to the program a realistic, innovative and dynamic character, based on the immediate relevance of their practices.



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*In the Virtual Classroom, you will find a forum in which the teaching team will raise different topics to discuss and learn about the different opinions of professionals like you, from all over the world”*

## Management



### Dr. Benito Ruiz, Adolfo

- ♦ Medical specialist in Psychiatry in the Toledo Hospital Complex
- ♦ FEA of Psychiatry, Toledo Hospital Complex
- ♦ FEA of Psychiatry at the Francisco Díaz Mental Health Center
- ♦ Chief researcher in several studies related to Psychiatry
- ♦ Author and co-author of dozens of scientific articles related to his specialty
- ♦ Author and coauthor of numerous book chapters
- ♦ Professor in Mental Health courses and in undergraduate studies
- ♦ Doctorate in Medicine, University of Alcalá
- ♦ Master's Degree in Psychotherapy, Integrated Perspective from the University of Alcalá Henares
- ♦ Awards of the Foundation for Biomedical Research of the Príncipe Asturias University Hospital

## Professors

### Dr. Benito Ruiz, Guillermo

- ♦ Research and Knowledge Transfer Technician at the Autism Confederation of Spain
- ♦ Professor at the University Isabel I International
- ♦ Medical psychologist and psychosocial therapist with experience in evaluation and rehabilitation of social cognition in different populations
- ♦ Doctorate in Health Sciences, University of Alcalá
- ♦ Degree in Psychology from the University Pontificia of Comillas



# 04

## Structure and Content

The success of TECH is based not only on the completeness and quality of its programs, but also on the use of the most effective pedagogical methodology: Relearning. This strategy consists in the reiteration of concepts with the objective of a gradual and natural learning based on repetition, without having to stop and memorize. Moreover, the dynamism provided by the variety of additional material selected for each program allows this university to offer educational programs in which the teaching load has been reduced without losing the highest academic level.





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*In the Virtual Classroom, you will find real clinical cases with which you will be able to develop your own approach and treatment strategies, putting your skills into practice and enhancing your professional competences”*

## Module 1. Schizoid Personality Disorder

- 1.1. General Features
- 1.2. Diagnostic-Nosological Classifications
  - 1.2.1. DSM-5 and ICD-11 Criteria
  - 1.2.2. PAS Framework
- 1.3. Social and Cultural Factors
  - 1.3.1. Social Factors
  - 1.3.2. Influence of Culture
- 1.4. Etiological Factors
  - 1.4.1. Genetic Biomarkers
  - 1.4.2. Biographical and Environmental
- 1.5. Main Symptoms
- 1.6. Differential Diagnosis
  - 1.6.1. Psychiatric Pathologies
  - 1.6.2. Medical Pathologies
- 1.7. Evolution and Development
- 1.8. Variants of Schizoid Personality Disorder
- 1.9. Pharmacological Approach
  - 1.9.1. Antipsychotics
  - 1.9.2. Antidepressants
  - 1.9.3. Other Treatments
- 1.10. Psychotherapeutic Approach
  - 1.10.1. Support Therapies
  - 1.10.2. Dynamic Therapies
  - 1.10.3. 3rd Generation Therapies
    - 1.10.3.1. Mindfulness Therapy
    - 1.10.3.2. Acceptance and Commitment Therapy



**Module 2. Paranoid Personality Disorder**

- 2.1. Characteristic Features
- 2.2. Nosological Classification
  - 2.2.1. DSM-5 and CIE-11
  - 2.2.2. PAS Framework
- 2.3. Sociodemographic and Cultural Factors
- 2.4. Underlying Causes
  - 2.4.1. Genetics
  - 2.4.2. Environmental and Biographical
- 2.5. Defining Symptoms
- 2.6. Differential Diagnosis
- 2.7. Evolution and Development
- 2.8. Subtypes of Paranoid Personality Disorder
- 2.9. Medical Treatment
  - 2.9.1. Antipsychotics
  - 2.9.2. Antiseizure Medications
- 2.10. Psychotherapeutic Treatment
  - 2.10.1. Support Therapies
  - 2.10.2. Dynamic Therapies
  - 2.10.3. 3rd Generation Therapies
    - 2.10.3.1. Mindfulness Therapy
    - 2.10.3.2. Acceptance and Commitment Therapy

**Module 3. Schizotypal Personality Disorder**

- 3.1. Specific defining features
- 3.2. Classification and International Diagnostic Criteria
  - 3.2.1. DSM-5 and CIE-11
  - 3.2.2. PAS Framework
- 3.3. Sociodemographic and Cultural Determinant
- 3.4. Underlying Causes
  - 3.4.1. Biological
  - 3.4.2. Environmental and Evolutionary

- 3.5. Central Symptoms
- 3.6. Differential Diagnosis
  - 3.6.1. Schizophrenia
  - 3.6.2. Schizoaffective Disorder
  - 3.6.3. Other Psychoses
- 3.7. Course
  - 3.7.1. General Prognostic
  - 3.7.2. Risk Factors
- 3.8. Variants of Schizotypal Personality Disorder
- 3.9. Pharmacological Approach
  - 3.9.1. Antipsychotics
  - 3.9.2. Antiseizure Medications
  - 3.9.3. Antidepressants
  - 3.9.4. Other Pharmacological Treatments
- 3.10. Psychotherapeutic treatment
  - 3.10.1. Cognitive-Behavioral Therapy
  - 3.10.2. Dynamic Orientation Therapy



*A program designed by and for medical professionals who want to offer their patients the latest developments related to mental health and Schizotypal Personality Disorder”*

05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

*Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



# 06 Certificate

The Postgraduate Diploma in Schizotypal Personality Disorder guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Diploma issued by TECH Global University.



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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This program will allow you to obtain your **Postgraduate Diploma in Schizotypal Personality Disorder** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra (**official bulletin**). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Diploma in Schizotypal Personality Disorder**

Modality: **online**

Duration: **6 months**

Accreditation: **18 ECTS**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

future

health confidence people

education information tutors

guarantee accreditation teaching

institutions technology learning

community commitment

personalized service innovation

knowledge present

online training

development language

virtual classroom

**tech** global  
university

**Postgraduate Diploma**  
Schizotypal Personality  
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