



# Postgraduate Diploma

Gender Violence and Sexuality

» Modality: online

» Duration: 6 months

» Certificate: TECH Technological University

» Dedication: 16h/week

» Schedule: at your own pace

» Exams: online

Website: www.techtitute.com/us/medicine/postgraduate-diploma/postgraduate-diploma-gender-violence-sexuality

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A 100% online Postgraduate Diploma that will help you keep up-to-date with the latest developments in the field of gender perspective in the health sector"

# tech 06 | Introduction

The concepts of equality, feminism and gender perspective are at the center of the new look at sexuality in the 21st century. Apart from the debate that this change of mentality may raise, it is true that new masculine alternatives and educational models are emerging that tend towards respect for others and seek to reduce gender violence.

In the healthcare field, this transformation is plausible, since the public sector is promoting policies aimed at working from this perspective and the continuous updating of professionals in this regard. For this reason, TECH has designed this Postgraduate Diploma that provides, in just 6 months, the latest information on equality, male erotica and the characteristics of intervention in child sexual abuse.

An advanced syllabus, taught by an excellent team of specialized teachers with extensive experience in the field of Psychology and Sexology. In addition, thanks to the multimedia didactic resources, the professional will be able to access high quality content that will lead them to obtain resources and tools applicable to their daily practice.

In this way, the medical professional will learn about the gender perspective in the health field, the most efficient resources in this area to work on it, as well as the main guidelines to address and intervene in cases of Gender Violence.

A unique opportunity offered by TECH to all physicians who wish to get an update of their knowledge through a 100% online and flexible university qualification. Students only need a computer, tablet or cell phone with an Internet connection to access the content hosted on the Virtual Campus. In addition, the graduate will be able to distribute the course load according to their needs, which will allow them to more easily self-manage their study time. An ideal academic option for those who wish to combine their professional responsibilities with a high-level program.

This **Postgraduate Diploma in Gender Violence and Sexuality** contains the most complete and up-to-date scientific program on the market. The most important features include:

- \* The development of case studies presented by experts in Psychology and Sexology
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection





The program's teaching staff includes professionals from the sector who contribute their work experience to this program, in addition to renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.

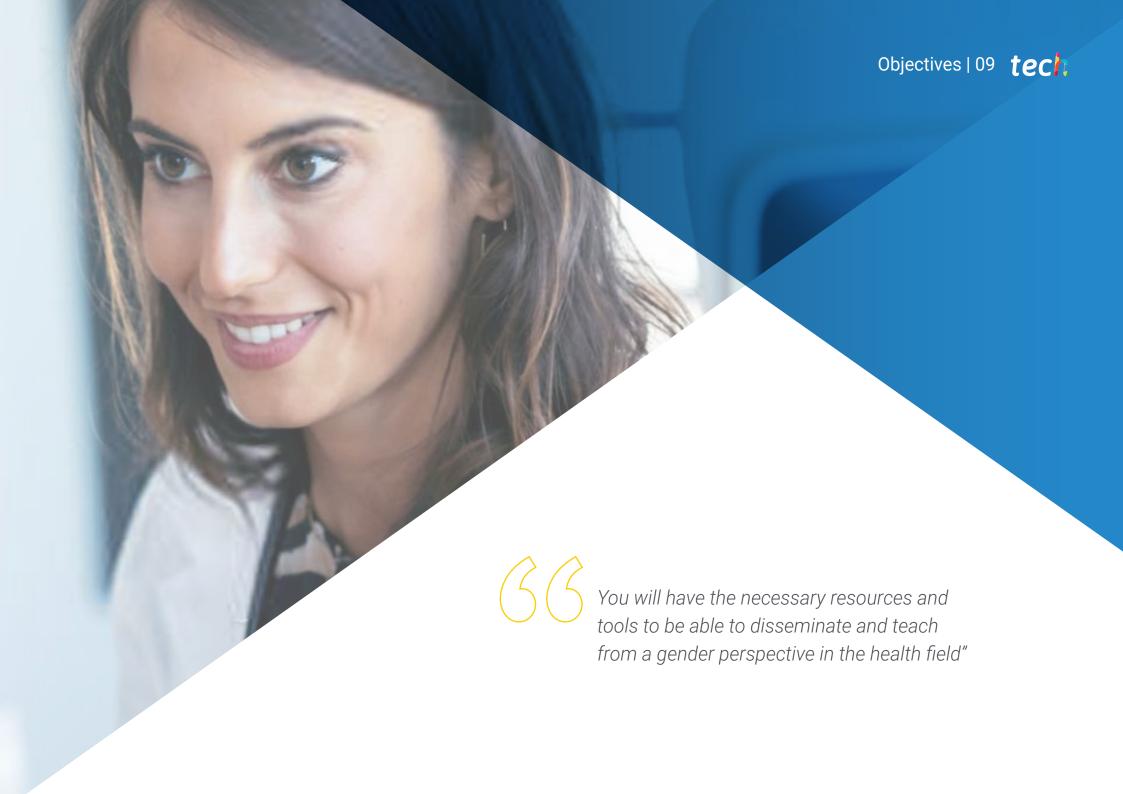
With no classroom attendance or fixed class schedules, this program is ideal for you to combine with your daily responsibilities.

This academic option will lead you to investigate the overmedicalization of women through the best didactic material.



# 02 Objectives

TECH has created this Postgraduate Diploma in order to provide the medical professional with the most relevant information on Gender Violence and Sexuality in the health field, the existing problem of violence and the health resources currently available to address it. For this purpose, the specialist will have first level pedagogical tools and a specialized teaching team that will guide them at all times to obtain an effective update of their knowledge in this field.



# tech 10 | Objectives



## **General Objectives**

- Acquire knowledge about sexuality, expanding the vision of sexuality from a biopsychosocial perspective
- Obtain tools to be able to accompany cases related to difficulties related to sexuality
- Identify the variables involved in the origin and maintenance of different sexual dysfunctions (organic, psychological, relational and cultural components)
- \* Acquire skills to be able to share information about sexuality in a clear way
- Understand the aspects involved in the beginning and development of couple relationships (life cycle of the couple: establishment and evolution)
- Describe the dynamics of couple relationships and the factors that generate alterations in them
- Investigate complex issues such as gender violence and child sexual abuse
- Achieve skills to face the multiple incidences and decisions that may arise in the exercise of their profession
- Gain in-depth knowledge of deontology in sexuality and couple matters, as well
  as learn to carry out an exercise of introspection on those personal and professional
  aspects that could collide with the profession and that would undermine
  the therapeutic work
- Carry out research programs in sexuality







# **Specific Objectives**

#### Module 1. Equality and Gender Perspective

- Differentiate concepts and know the relationship between them
- Learn about resources to disseminate and educate from a gender perspective
- Delve into the different types of gender violence and how to intervene

#### Module 2. Sexuality-Related Violence

- Contextualize and conceptualize how and why child sexual abuse occurs
- Manage resources to prevent child sexual abuse
- Understand how to intervene in the event that a case of child sexual abuse is received at the clinic
- Know the different realities within the LGBTIQAP+ group

#### Module 3. Masculinity and Sexuality

- Contextualize masculinity Its mandates, beliefs and the influence this ha on the individual, society and the relational sphere
- Distinguish masculinity as an innate value and reflect on the importance of inhabiting less rigid and more diverse identities
- Create imaginaries of male eroticism away from normativity, with the intention of building new paradigms that aim to explore the peculiarities of each sexed subject, minimizing the impact of the identity experience from the socio/cultural expectations

# 03 **Course Management**

TECH has brought together in this university qualification a management and teaching staff that is a reference in the field of Sexology and masculinities. Thanks to their extensive knowledge in this field, the medical professional will have access to an advanced syllabus, which will provide the most current and relevant information on Gender Violence and Sexuality. In addition, the quality and human proximity of the teaching staff will allow students to resolve any doubts they may have about the content of this program.



# tech 14 | Course Management

## Management



## Ms. Ramos Escamilla, María

- Psychologist, Sexologist, Couples Therapist and Director of Destino Kink
- Sexologist and Couple Therapist
- Director of Destino Kink
- Degree in Psychology from the Complutense University Madric
- Master's Degree in Sexology, Sex Education and Sexological Counseling by Camilo José Cela University



# Course Management | 15 tech

#### **Professors**

#### Mr. Coronilla Delgado, Eduardo

- Professional in Health, Youth, Education and Training programs at the LGTBIQAP+ Association JereLesGay of Jerez de la Frontera and at FELGTBI+
- Degree in Psychology from the University of Sevilla
- Specialist in Sexology from the Camilo José Cela University
- Member of: Fast Track Committee of Jerez (committee that fights against the HIV + pandemic and stigma)

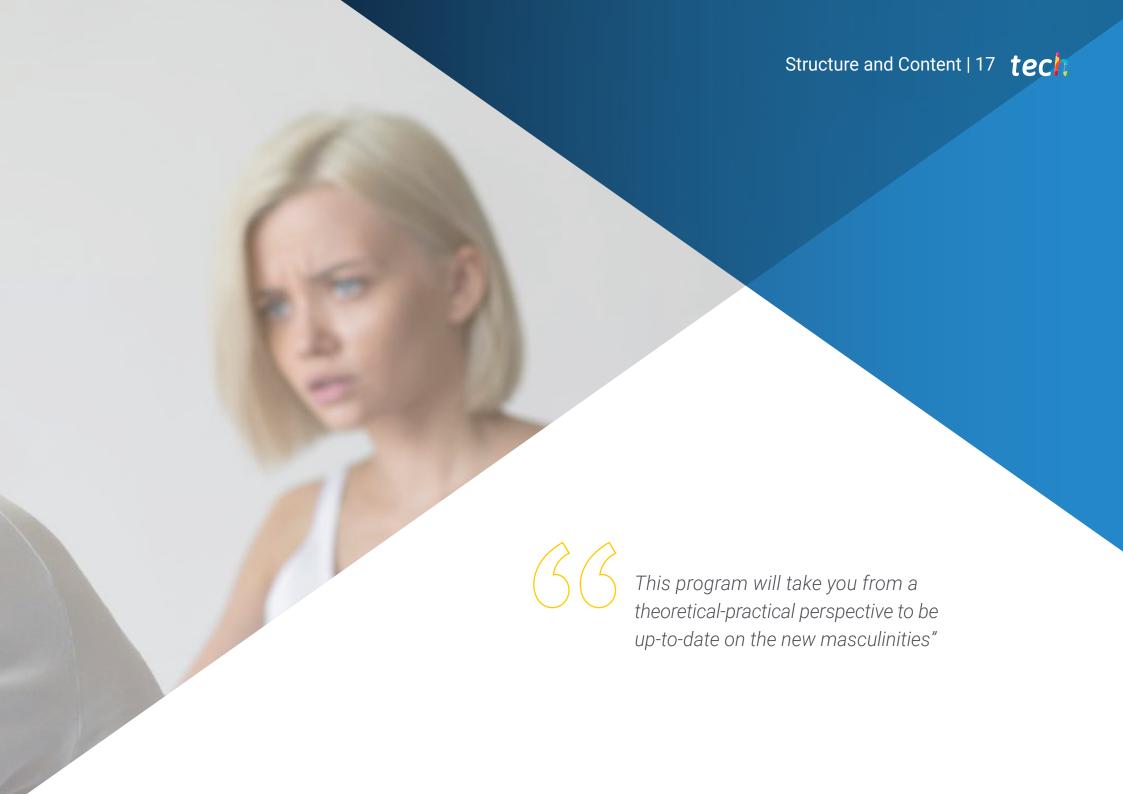
#### Mr. Lajud Alastrué, Iñaki

- Psychologist and Sexologist
- Co-founder of the Masculinidades Beta Association
- Psychologist at the Me Digo Sí Center
- Teacher of the Master's Degree in Gender Violence at the Official College of Psychology of Madrid

#### Ms. López Trenado, Esther

- Health Psychologist at DANA Centro de Psicología
- Mental Health Specialist in the Third Sector
- Equality Promoter
- \* Master's Degree in General Health Psychology from the Autonomous University of Madrid
- Degree in Psychology from the Autonomous University of Madrid





# tech 18 | Structure and Content

#### Module 1. Equality and Gender Perspective

- 1.1. Gender Perspectives
  - 1.1.1. Brief Review: Differences Sex vs. Gender
  - 1.1.2. Patriarchy
- 1.2. Why it is Necessary?
  - 1.2.1. Social Differences Boys/Girls
  - 1.2.2. Social Sustainability
  - 1.2.3. Wage Gap
  - 1.2.4. Orgasmic Gap
- 1.3. When it Arises
  - 1.3.1. Historical Context
  - 1.3.2. Background
  - 1.3.3. UN Declaration
- 1.4. Differences in Concepts and Relationship Between Them
  - 1.4.1. Equality
  - 1.4.2. Gender Perspectives
  - 1.4.3. Feminism
- 1.5. The Sex-Gender System as a Socio-Cultural Construction
  - 1.5.1 Traditional Male/Female Roles
  - 1.5.2. Different Views from Feminism
  - 1.5.3. Analysis of the Sex-Gender System in Different Social Models
- 1.6. Current Educational Models: Coeducation
  - 1.6.1. Conceptualization
  - 1.6.2. Mental Workload and its Consequences
  - 1.6.3. Resources to Promote Coeducation
- 1.7. Dissemination and Gender Perspective
  - 1.7.1. Resources for Use in the Media
  - 1.7.2. Resources for Use in the Classroom
- 1.8. How to Work with the Gender Perspective
  - 1.8.1. Childhood
  - 1.8.2. Adolescence
  - 1.8.3. Adulthood
  - 1.8.4. Old Age

- .9. Gender-Based Violence
  - 1.9.1. Types of Violence
  - 1.9.2. Intervention and Approach to the Different Types of Violence
  - 1.9.3. Background Cultural Context
- 1.10. Gender Perspective in the Healthcare Field
  - 1.10.1. Overmedicalization of Women
  - 1.10.2. More Efficient Health Resources
  - 1.10.3. Health Personnel Training

#### Module 2. Sexuality-Related Violence

- 2.1. Approach to Child Sexual Abuse
  - 2.1.1. Relationship Between Love, Power and Violence
  - 2.1.2. Maltreatment and Well Treatment in Childhood
  - 2.1.3. Child Protection System
- 2.2. Conceptualization of Child Sexual Abuse
  - 2.2.1. Criteria
  - 2.2.2. Types of Child Sexual Abuse
- 2.3. Prevention of Child Sexual Abuse
  - 2.3.1. Key Messages
  - 2.3.2. Types of Prevention
  - 2.3.3. Risk and Protective Factors
  - 2.3.4. Proposed Programs
- 2.4. Intervention in Child Sexual Abuse
  - 2.4.1. Phases of the Intervention Process
  - 2.4.2. Basic Principles
  - 2.4.3. Professional Competencies
  - 2.4.4. Consequences of Child Sexual Abuse
- 2.5. Characteristics of Child Sexual Abuse Intervention
  - 2.5.1. Procedure and Criteria
  - 2.5.2. Agents Involved in the Intervention
  - 2.5.3. General Aspects to be Addressed

- 2.6. LGBTIQAP+ in the World
  - 2.6.1. Homosexual Marriage and Homoparental Adoption
  - 2.6.2. Types of LGBTIQAP+ Human Rights Abuses
  - 2.6.3. LGBTIQAP+ Friendly Places and Safe Spaces
  - 2.6.4. Forms of LGBTIQAP+Phobia
    - 2.6.4.1. Forms of LGBTIQAP+Phobia
    - 2.6.4.2. Help Resources
- 2.7. Gender-Based Violence
  - 2.7.1. Background Cultural Context
  - 2.7.2. Legislation
  - 2.7.3. Intervention and Approach
- 2.8. Bullying for Sexual Diversity Reasons
  - 2.8.1. What is It?
  - 2.8.2. Profile of the Aggressor and the Victim
  - 2.8.3. Frequency and Type of School Bullying
  - 2.8.4. Consequences
- 2.9. LGBTIQAP+ Affirmative Psychology
  - 2.9.1. Intervention with Families
  - 2.9.2. Integral Intervention from the Socio-sanitary and Psychosocial Sphere
  - 2.9.3. Intervention with LGBTIQAP+ Elderly People
- 2.10. Education in Sexual Diversity in the Classroom
  - 2.10.1. Referents and Absences
  - 2.10.2. Educational Activities and Resources

#### Module 3. Masculinity and Sexuality

- 3.1. Contextualization of Male Socialization
  - 3.1.1. Hegemonic Masculinity and Complicit Masculinities
  - 3.1.2. Masculinity and Patriarchy
- 3.2. Masculinity Box
  - 3.2.1. What is It? Associated Values. Mandates and Beliefs
- 3.3. Risk of Masculinity
  - 3.3.1. Risks to Men Themselves
  - 3.3.2. Risks to Society. Violence

- 3.4. Non-normative Dissident Masculinities
  - 3.4.1. De-essentializing Masculinity
  - 3.4.2. Importance of Plural Identities
- 3.5. Masculinity in Affective and Sexual Attachments
  - 3.5.1. Homosociability
  - 3.5.2. Affective Relationship Skills
  - 3.5.3. Roles of Men in the Couple
- 3.6. Male Erotica (I)
  - 3.6.1. Influence of Pornography in the Male Ideology
  - 3.6.2. Fantasies and Autoerotica
- 3.7. Male Erotica (II)
  - 3.7.1. Desire, Pleasure and Genitality in Normative Relational Erotics
  - 3.7.2. Non-normative Erotic and Relational Imaginaries
- 3.8. Male Erotica (III)
  - 3.8.1. Intimacy, Vulnerability and Care
- 3.9. New Masculinities
  - 3.9.1. What are they?
  - 3.9.2. Collectivizing the Identity Review Process
- 3.10. Reflecting on Masculinity
  - 3.10.1. Strategies for Self-knowledge
  - 3.10.2 Who am I?



A university qualification that will introduce you to the effects of pornography and its influence on the male ideology"





# tech 22 | Methodology

#### At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

#### The effectiveness of the method is justified by four fundamental achievements:

- Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
- 2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.





#### Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.





# Methodology | 25 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

# tech 26 | Methodology

This program offers the best educational material, prepared with professionals in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### **Surgical Techniques and Procedures on Video**

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

## **Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### **Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence on the usefulness of learning by observing experts.

The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### **Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.









# tech 30 | Certificate

This Postgraduate Diploma in Gender Violence and Sexuality contains the most complete and up-to-date Scientific program on the market.

After the student has passed the assessments, they will receive their corresponding Postgraduate Diploma issued by TECH Technological University via tracked delivery\*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Diploma, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: Postgraduate Diploma in Gender Violence and Sexuality Official No of Hours: 450 h.



#### **POSTGRADUATE DIPLOMA**

in

#### Gender Violence and Sexuality

This is a qualification awarded by this University, equivalent to 450 hours, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH is a Private Institution of Higher Education recognized by the Ministry of Public Education as of June 28, 2018.

<sup>\*</sup>Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

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