



Postgraduate Diploma

Electrotherapy and Analgesia in Rehabilitation Medicine

» Modality: online

» Duration: 6 months

» Certificate: TECH Global University

» Accreditation: 16 ECTS

» Schedule: at your own pace

» Exams: online

Website: www.techtitute.com/us/medicine/postgraduate-diploma/postgraduate-diploma-electrotherapy-analgesia-rehabilitation-medicine

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The use of electromagnetic fields as a therapeutic tool has been in practice since ancient times, but it was in the late 20th century that it experienced significant advancements. These advancements paralleled an increasing understanding of human physiology, which facilitated the design and development of various treatment types based on the application of electromagnetic fields.

The field of electrotherapy is vast, requiring extensive knowledge of both the physiological functioning of the individual and the most appropriate therapeutic agent for each case. This knowledge spans from muscle contraction mechanisms to somatosensory transmission processes, making it essential for the rehabilitation physician to understand both the pathophysiological mechanisms of the individual and the physicochemical foundations of electrotherapy.

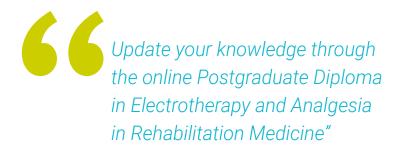
In recent years, the number of research studies related to electrotherapy has increased, mainly those focused on invasive techniques. Among these, percutaneous analgesic techniques stand out, where needles are used as electrodes, as well as transcranial stimulation, either electrical or through the use of magnetic fields. Building on these recent applications, the scope of electrotherapy expands, allowing it to be applied to various patient populations, from individuals with chronic pain to neurological patients.

The objective of the Postgraduate Diploma in Electrotherapy and Analgesia in Rehabilitation Medicine is to provide an updated overview of the applications of electrotherapy in neuromusculoskeletal pathologies, always based on scientific evidence when selecting the most appropriate type of current for each case. To this end, the neurophysiological bases are always presented at the beginning of each module, so that learning is complete. Each module is supported by practical applications of each type of current, so that the integration of the knowledge of the pathology and its treatment is complete.

Given the updated content of the Postgraduate Diploma in Electrotherapy and Analgesia in Rehabilitation Medicine, it is open to various health professionals, thereby expanding the application of electrotherapy beyond the field of rehabilitation medicine.

This **Postgraduate Diploma in Electrotherapy and Analgesia in Rehabilitation Medicine** contains the most complete and up-to-date scientific program on the market. The most important features include:

- The development of practical cases presented by experts in Electrotherapy and Analgesia in Rehabilitation Medicine The graphic, schematic, and practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice
- The latest updated on Electrotherapy and Analgesia
- Practical exercises where the self-assessment process can be carried out to improve learning
- * Special emphasis on innovative methodologies in Electrotherapy and Analgesia
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



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This training could be the best investment you make when selecting a professional development program for two main reasons: not only will you update your knowledge in Electrotherapy and Analgesia in Rehabilitation Medicine, but you will also earn a specialist qualification from TECH Global University"

The program includes faculty members who are professionals in the field of Electrotherapy and Analgesia in Rehabilitation Medicine, bringing their professional experience into this training, along with renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive learning experience designed to prepare for real-life situations.

The design of this program focuses on Problem-Based Learning, where students will tackle various professional practice scenarios presented throughout the course. To support this, students will benefit from an innovative interactive video system created by renowned experts in Electrotherapy and Analgesia in Rehabilitation Medicine, with extensive teaching experience.

Increase your decision-making confidence by updating your knowledge through this Postgraduate Diploma.

Take advantage of the opportunity to learn about the latest advancements in Electrotherapy and Analgesia in Rehabilitation Medicine and improve patient care.







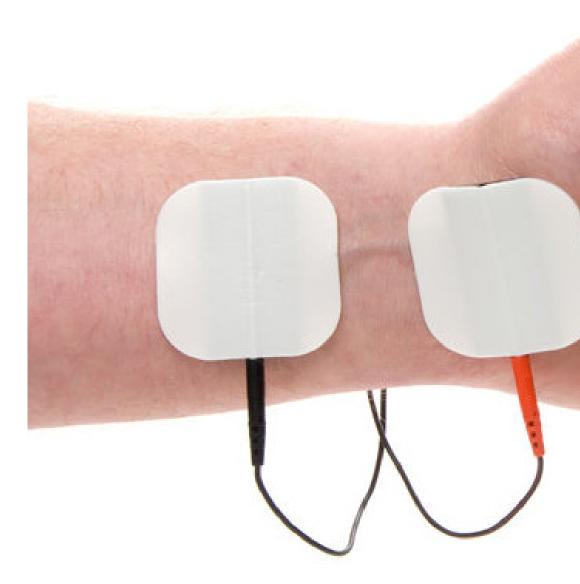
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General Objectives

- Update the knowledge of rehabilitation professionals in the field of electrotherapy
- Promote work strategies based on a comprehensive approach to patient care as a reference model for achieving excellence in healthcare
- Encourage the acquisition of technical skills and abilities, through a powerful audiovisual system, and the La possibility of development through online simulation workshops and/or specific training
- Encourage professional stimulation through continuous education and research.

 Update the knowledge of rehabilitation professionals in the field of electrotherapy









Specific Objectives

- Update knowledge on electrotherapy in the rehabilitation of patients with neuromusculoskeletal pathology
- Update knowledge on electrotherapy in the rehabilitation of patients with neurological pathology
- Update knowledge on neurological injury and its rehabilitation using electrotherapeutic agents



Take advantage of the opportunity and take the step to update yourself on the latest developments in electrotherapy and analgesia"





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Guest Director



Ms. Sanz Sánchez, Marta

- Physiotherapy supervisor at the 12 de Octubre Hospital
- Graduate in Physiotherapy from the School of Nursing and Physiotherapy of the University of Comillas (Madrid)
- Degree in Physiotherapy from the School of Nursing and Physiotherapy of the University of Alcalá de Henares (Madrid).

 Octubre 94– June 97
- * Course on Urinary Incontinence in Women (Alcalá de Henares). 20 Hours
- Sohier Method Specialist Technician Course (Toledo). 150 Hours
- Course on Palpatory Anatomy and Orthopedic Tests (Alcalá de Henares). 30 Hours
- Course of Physiotherapy in Myofascial Pain Syndrome (Toledo). 60 Hours
- * Associate Professor at UCM from 2018 to present

Guest Director



Mr. Hernández, Elías

- Physiotherapy supervisor at the 12 de Octubre Hospita
- Diploma in Physiotherapy from the European University of Madrid, 2002
- Degree in Physiotherapy from the Ponficia de Comillas University, 2012
- Master's Degree in Osteopathy from Gimbernat University School 2008
- Physiotherapist at Guadalajara University Hospita
- Physiotherapist at 12 de Octubre University Hospital
- Collaborating Professor at the Complutense University of Madrid, 2010
- First Conference on Electrotherapy Technology Update, Practical Application High Power Laser, High Intensity Electromagnetic Stimulation and Diathermy 2018

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Co-management



Dr. León Hernández, Jose Vicente

- Doctorate in Physiotherapy from the Rey Juan Carlos University
- Degree in Chemical Sciences from the Complutense University of Madrid, specializing in Biochemistry
- Diploma in Physiotherapy from the Alfonso X el Sabio University
- Master's Degree in the Study and Treatment of Pain from the Rey Juan Carlos University

Coordinators

Mr. Cuenca Martínez, Ferrán

- Degree in Physiotherapy
- Master's Degree in "Advanced Physiotherapy in Pain Management"
- Doctoral Degree

Mr. Gurdiel Álvarez, Francisco

- Degree in Physiotherapy
- * Expert in Orthopedic Manual Therapy and Myofascial Pain Syndrome
- Master's Degree in Advanced Physiotherapy in Musculoskeletal Pain Management

Mr. Suso Martí, Luis

- Degree in Physiotherapy
- * Master's Degree in Advanced Physiotherapy in Pain Management

Mr. Losana Ferrer, Alejandro

- Physiotherapist
- Master's Degree in Advanced Physiotherapy in Musculoskeletal Pain Management
- Expert in Neuro-Orthopedic Manual Therapy
- University Advanced Training in Therapeutic Exercise and Invasive Physiotherapy for Musculoskeletal Pain

Ms. Merayo Fernández, Lucía

- Degree in Physiotherapy
- * Master's Degree in Advanced Physiotherapy in Musculoskeletal Pain Management

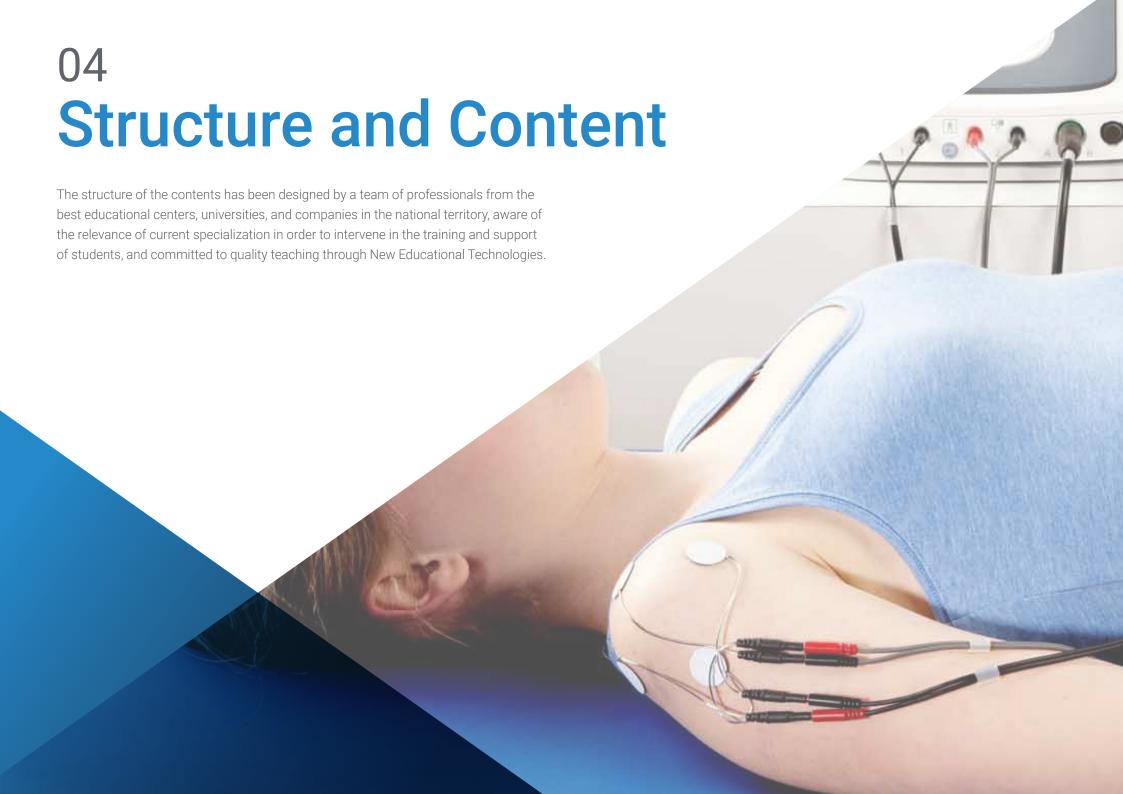
Teachers

Mr. Izquierdo García, Juan

- Postgraduate Certificate in Physiotherapy Universidad Rey Juan Carlos. 2004
- Expert in Manual Therapy in Muscular and Neuromeningeal Tissue. 60 ECTS Rey Juan Carlos University. Alcorcón- Madrid. 2005
- University Specialist in Heart Failure, 30 ECTS. Murcia University. 2018
- Master's Degree in Healthcare Management. Mid-Atlantic University. 2019
- 12 de Octubre University Hospital of Madrid, Physiotherapist of the Cardiac Rehabilitation Unit

Mr. Román Moraleda, Carlos

- 12 de Octubre University Hospital, permanent statutory staff since May 2015 Paseo Imperial health center, primary care (SERMAS). From October 2009 to May 2015
- La Paz University Hospital, lymphatic drainage unit, from January 2008 to September 2009
- José Villarreal Day Care Center, Madrid City Council, from October 2007 to January 2008
- Postgraduate Certificate in Physiotherapy from the University Alfonso X El Sabio.
 1999 / 2002
- Postgraduate Diploma in Manual Lymphatic Drainage from the European University of Madrid. Course of 08/09. 200 hrs
- Master's Degree in Osteopathy (Eur. Ost DO). Francisco de Vitoria University-School of Osteopathy FBEO. 1500 hrs (2010–2015)
- Associate Professor in the Faculty of Nursing, Physiotherapy and Podiatry.
 Complutense University of Madrid. Since December from 2020





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Module 1. High-Frequency Electrotherapy

- 1.1. Physical Fundamentals of High Frequency
- 1.2. Physiological Effects of High Frequency
 - 1.2.1. Athermal Effects
 - 1.2.2. Thermal Effects
- 1.3. Therapeutic Effects of High Frequency
 - 1.3.1. Athermal Effects
 - 1.3.2. Thermal Effects
- 1.4. Shortwave Fundamentals
 - 1.4.1. Short Wave: Capacitive Application Mode
 - 1.4.2. Short Wave: Inductive Application Mode
 - 1.4.3. Short Wave: Pulsed Emission Mode
- 1.5. Practical Applications of Shortwave
 - 1.5.1. Practical Applications of Continuous Shortwave
 - 1.5.2. Practical Applications of Pulsed Shortwave
 - .5.3. Practical Applications of Shortwave: Pathology Phase and Protocols
- 1.6. Contraindications of Shortwave
 - 1.6.1 Absolute Contraindications
 - 1.6.2. Relative Contraindications
 - 1.6.3. Precautions and Safety Measures
- 1.7. Practical Applications of the Microwave
 - 1.7.1. Microwave Basics
 - 1.7.2 Practical Microwave Considerations
 - 1.7.3. Practical Applications of Continuous Microwave
 - 1.7.4. Practical Applications of Pulsed Microwave
 - 1.7.5. Microwave Treatment Protocols
- 1.8. Contraindications of the Microwave
 - 1.8.1. Absolute Contraindications
 - 1.8.2. Relative Contraindications
- 1.9. Fundamentals of Techartherapy
 - 1.9.1. Physiological Effects of Techarterapy
 - 1.9.2. Dosage of Tecartherapy Treatment

- 1.10. Practical Applications of Techartherapy
 - 1.10.1. Arthrosis
 - 1.10.2. Myalgia
 - 1.10.3. Muscle Fibrillar Rupture
 - 1.10.4 Post-puncture Pain of Myofascial Trigger Points
 - 1.10.5 Tendinopathies
 - 1.10.6. Tendon Rupture (Post-Surgical Period)
 - 1.10.7. Wound Healing
 - 1.10.8. Keloid Scars
 - 1.10.9. Edema Drainage
 - 1.10.10. Post-Exercise Recovery
- 1.11. Contraindications of Techartherapy
 - 1.11.1. Absolute Contraindications
 - 1.11.2. Relative Contraindications

Module 2. Ultrasound Therapy in Physiotherapy

- 2.1. Physical Principles of Ultrasound Therapy
 - 2.1.1. Definition of Ultrasound Therapy
 - 2.1.1. Main Physical Principles of Ultrasound Therapy
- 2.2. Physiological Effects of Ultrasound Therapy
 - 2.2.1. Mechanisms of Action of Therapeutic Ultrasound
 - 2.2.2. Therapeutic Effects of Ultrasound Therapy
- 2.3. Main Parameters of Ultrasound Therapy
- 2.4. Practical Applications
 - 2.4.1. Ultrasound Treatment Methodology
 - 2.4.2. Practical Applications and Indications of Ultrasound Therapy
 - 2.4.3. Ultrasound Therapy Research Studies
- 2.5. Ultrasonophoresis
 - 2.5.1. Definition of Ultrasonophoresis
 - 2.5.2. Mechanisms of Ultrasonophoresis
 - 2.5.3. Factors on Which the Effectiveness of Ultrasonophoresis Depends
 - 2.5.4. Ultrasonophoresis Considerations to Take into Account
 - 2.5.5. Research Studies on Ultrasonophoresis



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- 2.6. Contraindications to Ultrasound Therapy
 - 2.6.1. Absolute Contraindications
 - 2.6.2. Relative Contraindications
 - 2.6.3. Precautions
 - 2.6.4. Recommendations
 - 2.6.5. Contraindications to Ultrasonophoresis
- 2.7. High-Frequency Ultrasound Therapy. High Frequency Pressure Waves (HFPW)
 - 2.7.1. Definition of HFPW Therapy
 - 2.7.2. Parameters of HFPW Therapy and HIFU Therapy
- 2.8. Practical Applications of High-Frequency Ultrasound Therapy
 - 2.8.1. Indications for HFPW and HIFU Therapy
 - 2.8.2. HFPW and HIFU Therapy Research Studies
- 2.9. Contraindications to High-Frequency Ultrasound Therapy
 - 2.9.1. Introduction
 - 2.9.2. Different Contraindications

Module 3. Electrotherapy and Analgesia

- 3.1. Definition of Pain Concept of Nociception
 - 3.1.1. Definition of Pain
 - 3.1.1.1. Characteristics of Pain
 - 3.1.1.2. Other Concepts and Definitions Related to Pain
 - 3.1.1.3. Types of Pain
 - 3.1.2. Concept of Nociception
 - 3.1.2.1. Peripheral Part of the Nociceptive System
 - 3.1.2.2. Central Part of the Nociceptive System
 - 3.2. Main Nociceptive Receptors
 - 3.2.1. Nociceptor Classification
 - 3.2.1.1. According to Conduction Speed
 - 3.2.1.2. According to Location
 - 3.2.1.3. According to Stimulation Modality
 - 3.2.2. Functioning of Nociceptors

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5.5. IVIAITI NOCICEDLIVE FALTIWAY	3.3.	ciceptive Pathways
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- 3.3.1. Basic Structure of the Nervous System
- 3.3.2. Ascending Spinal Pathways
 - 3.3.2.1. Spinothalamic Tract (TET)
 - 3.3.2.2. Spinoreticular Tract (TER)
 - 3.3.2.3. Spinoencephalic Tract (TER)
- 3.3.3. Ascending Trigeminal Pathways
 - 3.3.3.1. Trigeminothalamic Tract or Trigeminal Lemniscus
- 3.3.4. Sensitivity and Nerve Pathways
 - 3.3.4.1. Exteroceptive Sensitivity
 - 3.3.4.2. Proprioceptive Sensitivity
 - 3.3.4.3. Interoceptive Sensitivity
 - 3.3.4.4. Other Fascicles Related to Sensory Pathways
- 3.4. Transmitting Mechanisms of Nociceptive Regulation
 - 3.4.1. Transmission at the Spinal Cord Level (APME)
 - 3.4.2. Characteristics of APME Neurons
 - 3.4.3. Redex Lamination
 - 3.4.4. Biochemistry of Transmission at the APME Level
 - 3.4.4.1. Presynaptic and Postsynaptic Channels and Receptors
 - 3.4.4.2. Transmission at the Ascending Spinal Pathways Level
 - 3.4.4.3. Spinothalamic Tract (STT)
 - 3.4.4.4. Transmission at the Thalamic Level
 - 3.4.4.5. Ventral Posterior Nucleus (VPN)
 - 3.4.4.6. Medial Dorsal Nucleus (MDN)
 - 3.4.4.7. Intralaminar Nuclei
 - 3.4.4.8. Posterior Region
 - 3.4.4.9. Transmission at the Cerebral Cortex Level
 - 3.4.4.10. Primary Somatosensory Area (S1)
 - 3.4.4.11. Secondary or Association Somatosensory Area (S2)





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- 3.4.5.1. Segmental Modulation
- 3.4.5.2. Suprasegmental Modulation
- 3.4.5.3.Consideraciones
- 3.4.5.4. Review of Gate Control Theory

3.4.6. Descending Pathways

- 3.4.6.1. Modulatory Centers in the Brainstem
- 3.4.6.2. Diffuse Noxious Inhibitory Control (DNIC)

3.5. Modulatory Effects of Electrotherapy

- 3.5.1. Pain Modulation Levels
- 3.5.2. Neuronal Plasticity
- 3.5.3. Pain Theory through Sensory Pathways
- 3.5.4. Electrotherapy Models

3.6. High-Frequency and Analgesia

- 3.6.1. Heat and Temperature
- 3.6.2. Effects
- 3.6.3. Application Techniques
- 3.6.4. Dosage

3.7. Low-Frequency and Analgesia

- 3.7.1. Selective Stimulation
- 3.7.2. TENS and Gate Control
- 3.7.3. Post-Excitatory Depression of the Sympathetic Nervous System
- 3.7.4. Endorphin Release Theory
- 3.7.5. TENS Dosage

3.8. Other Parameters Related to Analgesia

- 3.8.1. Electrotherapy Effects
- 3.8.2. Dosage in Electrotherapy





The student: the priority of all TECH programs

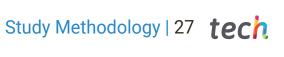
In TECH's study methodology, the student is the main protagonist.

The teaching tools of each program have been selected taking into account the demands of time, availability and academic rigor that, today, not only students demand but also the most competitive positions in the market.

With TECH's asynchronous educational model, it is students who choose the time they dedicate to study, how they decide to establish their routines, and all this from the comfort of the electronic device of their choice. The student will not have to participate in live classes, which in many cases they will not be able to attend. The learning activities will be done when it is convenient for them. They can always decide when and from where they want to study.









TECH is distinguished by offering the most complete academic itineraries on the university scene. This comprehensiveness is achieved through the creation of syllabi that not only cover the essential knowledge, but also the most recent innovations in each area.

By being constantly up to date, these programs allow students to keep up with market changes and acquire the skills most valued by employers. In this way, those who complete their studies at TECH receive a comprehensive education that provides them with a notable competitive advantage to further their careers.

And what's more, they will be able to do so from any device, pc, tablet or smartphone.



TECH's model is asynchronous, so it allows you to study with your pc, tablet or your smartphone wherever you want, whenever you want and for as long as you want"



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Case Studies and Case Method

The case method has been the learning system most used by the world's best business schools. Developed in 1912 so that law students would not only learn the law based on theoretical content, its function was also to present them with real complex situations. In this way, they could make informed decisions and value judgments about how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

With this teaching model, it is students themselves who build their professional competence through strategies such as Learning by Doing or Design Thinking, used by other renowned institutions such as Yale or Stanford.

This action-oriented method will be applied throughout the entire academic itinerary that the student undertakes with TECH. Students will be confronted with multiple real-life situations and will have to integrate knowledge, research, discuss and defend their ideas and decisions. All this with the premise of answering the question of how they would act when facing specific events of complexity in their daily work.



Relearning Methodology

At TECH, case studies are enhanced with the best 100% online teaching method: Relearning.

This method breaks with traditional teaching techniques to put the student at the center of the equation, providing the best content in different formats. In this way, it manages to review and reiterate the key concepts of each subject and learn to apply them in a real context.

In the same line, and according to multiple scientific researches, reiteration is the best way to learn. For this reason, TECH offers between 8 and 16 repetitions of each key concept within the same lesson, presented in a different way, with the objective of ensuring that the knowledge is completely consolidated during the study process.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.





A 100% online Virtual Campus with the best teaching resources

In order to apply its methodology effectively, TECH focuses on providing graduates with teaching materials in different formats: texts, interactive videos, illustrations and knowledge maps, among others. All of them are designed by qualified teachers who focus their work on combining real cases with the resolution of complex situations through simulation, the study of contexts applied to each professional career and learning based on repetition, through audios, presentations, animations, images, etc.

The latest scientific evidence in the field of Neuroscience points to the importance of taking into account the place and context where the content is accessed before starting a new learning process. Being able to adjust these variables in a personalized way helps people to remember and store knowledge in the hippocampus to retain it in the long term. This is a model called Neurocognitive context-dependent e-learning that is consciously applied in this university qualification.

In order to facilitate tutor-student contact as much as possible, you will have a wide range of communication possibilities, both in real time and delayed (internal messaging, telephone answering service, email contact with the technical secretary, chat and videoconferences).

Likewise, this very complete Virtual Campus will allow TECH students to organize their study schedules according to their personal availability or work obligations. In this way, they will have global control of the academic content and teaching tools, based on their fast-paced professional update.



The online study mode of this program will allow you to organize your time and learning pace, adapting it to your schedule"

The effectiveness of the method is justified by four fundamental achievements:

- 1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that assess real situations and the application of knowledge.
- 2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

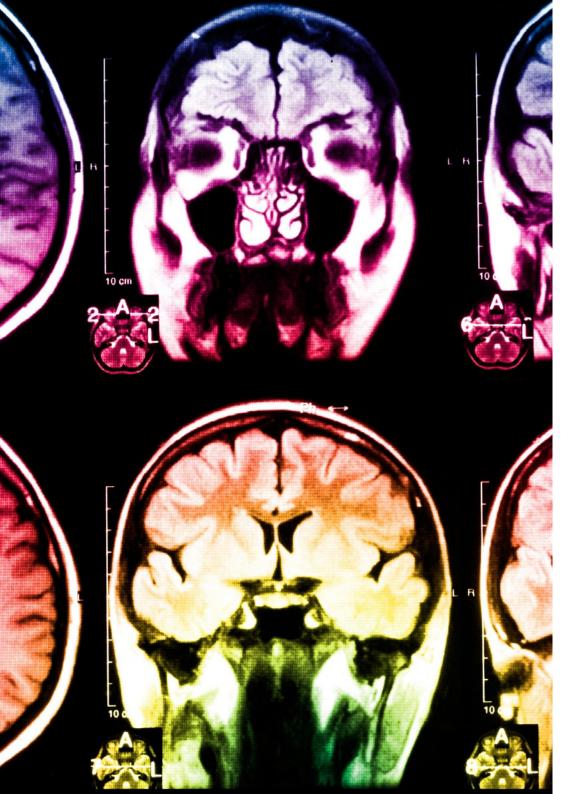


The results of this innovative teaching model can be seen in the overall satisfaction levels of TECH graduates.

The students' assessment of the teaching quality, the quality of the materials, the structure of the program and its objectives is excellent. Not surprisingly, the institution became the top-rated university by its students according to the global score index, obtaining a 4.9 out of 5.

Access the study contents from any device with an Internet connection (computer, tablet, smartphone) thanks to the fact that TECH is at the forefront of technology and teaching.

You will be able to learn with the advantages that come with having access to simulated learning environments and the learning by observation approach, that is, Learning from an expert.



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As such, the best educational materials, thoroughly prepared, will be available in this program:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



Practicing Skills and Abilities

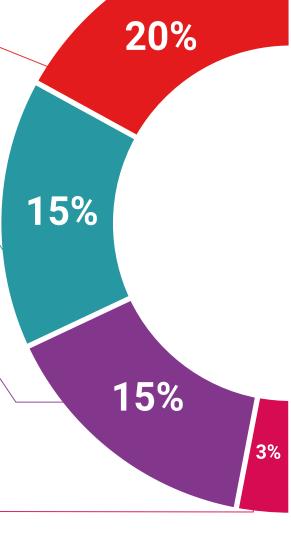
You will carry out activities to develop specific competencies and skills in each thematic field. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop within the framework of the globalization we live in.



Interactive Summaries

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





Additional Reading

Recent articles, consensus documents, international guides... In our virtual library you will have access to everything you need to complete your education.

Case Studies

Students will complete a selection of the best case studies in the field. Cases that are presented, analyzed, and supervised by the best specialists in the world.

Testing & Retesting



We periodically assess and re-assess your knowledge throughout the program. We do this on 3 of the 4 levels of Miller's Pyramid.

Classes



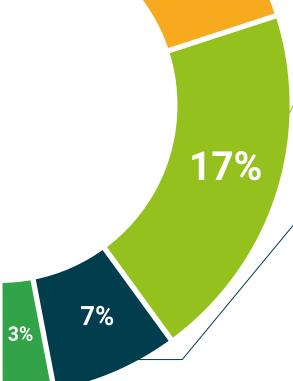
There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an expert strengthens knowledge and memory, and generates confidence for future difficult decisions.

Quick Action Guides



TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical and effective way to help students progress in their learning.







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This private qualification will allow you to obtain a diploma for the **Postgraduate Diploma in Electrotherapy and Analgesia in Rehabilitation Medicine** endorsed by TECH Global University, the world's largest online university.

TECH Global University, is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification, is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Diploma in Electrotherapy and Analgesia in Rehabilitation Medicine

Modality: online

Duration: 6 months

Accreditation: 16 ECTS



Postgraduate Diploma in Electrotherapy and Analgesia in Rehabilitation Medicine

This is a private qualification of 480 hours of duration equivalent to 16 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024



health confidence people information tutors guarantee accreditation teaching institutions technology learning



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