



# Postgraduate Diploma

# **Arterial Diseases**

» Modality: online

» Duration: 6 months

» Certificate: TECH Technological University

» Dedication: 16h/week

» Schedule: at your own pace

» Exams: online

Website: www.techtitute.com/pk/medicine/postgraduate-diploma/postgraduate-diploma-arterial-diseases

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# tech 06 | Introduction

Inadequate health habits continue to be the main cause of arterial disease, however, advances in recent years in diagnostic and interventional techniques have allowed important achievements for patients. Among them is the improvement of techniques such as balloon angioplasty, stent placement or surgical procedures such as atherectomy, endarterectomy or bypass surgery.

An evolution that leads specialists to continuously update their knowledge and competence in this field. For this reason, TECH has designed this 6-month Postgraduate Diploma in Arterial Diseases, prepared by an excellent team of specialists in Vascular Surgery and Angiology of a distinguished hospital in this area.

It is a program of 450 teaching hours that will allow the graduate to delve into the causes and risk factors that can trigger peripheral arterial disease, its diagnosis, medical and surgical treatment. Likewise, it will delve into open surgery techniques in vascular pathologies, endovascular treatment of vascular diseases, detailing the details of the techniques and clinical situations in which they are used.

In addition, in this educational pathway, the graduate will be provided with innovative teaching resources based on video summaries of each topic, videos in detail, complementary readings and clinical case studies. Likewise, thanks to the Relearning method, based on the reiteration of the contents, students will be able to reduce the long hours of study and memorization.

An ideal option for a complete update through a flexible program. The specialist only needs a digital device with an internet connection to visualize, at any time of the day, the content hosted on the virtual platform. Therefore, without the need for attendance or classes with restricted schedules, graduates will be able to reconcile their daily activities with a quality program.

This **Postgraduate Diploma in Arterial Diseases** contains the most complete and up-to-date scientific program on the market. The most important features include:

- Practical cases presented by experts in vascular surgery
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



You are in the presence of a qualification that allows you to reconcile your daily professional activities with a process of updating in Arterial Diseases of the highest level"



Delve into Endovascular Surgery through multimedia resources and from any digital device with internet connection"

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year This will be done with the help of an innovative system of interactive videos made by renowned experts.

With TECH you will be up to date with the most rigorous and effective procedures in Vascular Surgery Reinterventions.







# tech 10 | Objectives

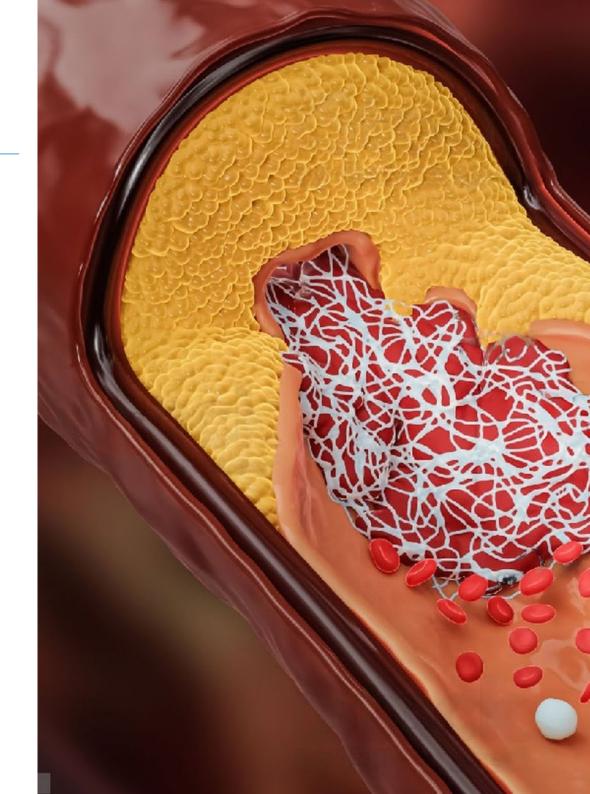


# **General Objectives**

- Learn about the structure and function of blood vessels, both arterial and venous, and the regulation of blood flow in the microcirculation
- Delve into the epidemiology and Risk Factors
- Update knowledge on the main risk factors for the development of vascular diseases and the strategies for primary and secondary prevention
- Gain in-depth understanding of the pathophysiology of vascular diseases
- Inquire into the different diagnostic methods
- Delve into the diagnostic techniques used in vascular pathology, including clinical examination and vascular semiology, imaging methods, laboratory diagnosis and study of vascular function and hemodynamics
- Explain the different Arterial Diseases pathology, especially those focused on vascular pathology, including the development of new drug therapies, genetics and genomics in vascular diseases, and the development of new imaging techniques for the diagnosis and follow-up of vascular diseases



Delve with total comfort from your home in the improvement of imaging techniques such as angiography and tomography in the diagnosis of vascular diseases"





### **Specific Objectives**

### Module 1. Vascular Anatomy and Physiology

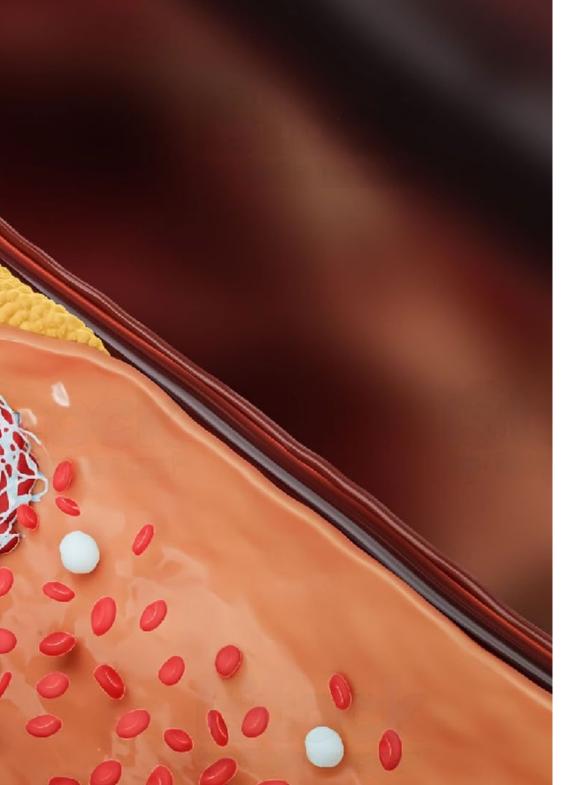
- Inquire into the anatomy and histology of arteries and veins
- Delve into the physiology of arterial and venous circulation
- Delve into the regulation of blood flow in the microcirculation

#### Module 2. Arterial Diseases

- Delve into the etiology of arterial diseases, including risk factors and underlying causes, such as chronic inflammation, oxidative damage, hypertension and diabetes
- Delve into the pathogenesis and molecular mechanisms involved in the formation of atherosclerotic plaques
- Delve into the clinical evaluation and interpretation of diagnostic tests, such as Doppler ultrasound, angiography and computed tomography

### Module 3. Surgical and Endovascular Treatment of Vascular Diseases

- Delve into the concepts of vascular surgery, including surgical techniques and procedures used for the treatment of vascular diseases
- Delve into endovascular treatment, including the use of catheters, guidewires, and devices for the treatment of vascular diseases
- Select appropriate patients for different surgical and endovascular procedures
- Delve into the complications associated with surgical and endovascular procedures, as well as techniques for their management
- Interpret and use different imaging techniques, such as angiography, ultrasound and tomography, for the diagnosis and follow-up of vascular diseases







# tech 14 | Course Management

### Management



### Dr. Del Río Sola, María Lourdes

- Head of the Angiology and vascular surgery at Valladolids Clinical University Hospita
- Specialist in Angiology and Vascular Surgery
- European Board in Vascular Surge
- Permanent Correspondents of the Royal Academy of Medicine and Surgery
- Professor at Miguel de Cervantes European University
- Associate Teacher in Health Sciences, University of Valladolic



# Course Management | 15 tech

#### **Professors**

### Dr. Martín Pedrosa, José Miguel

- Head of the Angiology and vascular surgery at Valladolids Clinical University Hospital
- Specialist in Angiology and Vascular Surgery
- PhD Cum Laude in Surgery from the University of Valladolid
- Member of: Scientific Committee of the Endovascular Surgery Chapter of the Spanish Society of Angiology and Vascular Surgery (SEACV)

#### Dr. Revilla Calavia, Álvaro

- Assistant Physician at the the Angiology and vascular surgery at Valladolid Clinical University Hospital
- Specialist in Angiology and Vascular Surgery
- \* Associate Professor at Miguel de Cervantes European University
- Doctor Cum Laude from the University of Valladolid
- Certification of the second level training course in Radiation Protection oriented to interventional practice
- Academic Correspondent of the Royal Academy of Medicine and Surgery of Valladolid





# tech 18 | Structure and Content

#### Module 1. Vascular Anatomy and Physiology

- 1.1. Anatomical structure of blood vessels
  - 1.1.1. Composition of arterial and venous walls
  - 1.1.2. The Structure of the Vascular Endothelium
  - 1.1.3. Types of cells present in the vascular wall
- 1.2. Blood Vessels Functions
  - 1.2.1. Transport of nutrients and oxygen
  - 1.2.2. Blood Pressure Regulation
  - 1.2.3. Control of blood flow and blood distribution in the organism
- 1.3. Human Circulatory System
  - 1.3.1. Anatomy and function of the heart
  - 1.3.2. Cardiac cycle and its relation to blood circulation
  - 1.3.3. Electrical conduction pathways in the heart
- 1.4. Arterial and Venous Circulation
  - 1.4.1. Structural differences between arteries and veins
  - 1.4.2. Backflow and venous return mechanisms
  - 1.4.3. Tissue Perfusion phenomena
- 1.5. Control of blood flow
  - 1.5.1. Mechanisms of local regulation of blood flow
  - 1.5.2. Regulation of blood flow by the autonomic nervous system
  - 1.5.3. Hormonal Control of blood flow
- 1.6. Adaptive mechanisms of the blood vessels
  - 1.6.1. Arterial remodeling in hypertension
  - 1.6.2. Venous adaptation in chronic venous insufficiency
  - 1.6.3. Mechanisms of vascular response to hypoxia
- 1.7. Vascularization of organs and tissues
  - 1.7.1. Characteristics of microcirculation
  - 1.7.2. Mechanisms of angiogenesis
  - 1.7.3. Vascular repercussions of systemic diseases

- 1.8. Influence of age on the vascular system
  - 1.8.1. Anatomical and functional changes of the vascular system with age
  - 1.8.2. Vascular aging and atherosclerosis
  - 1.8.3. Clinical repercussions of vascular fragility in the elderly
- .9. Anatomical and physiological Variations of blood vessels
  - .9.1. Congenital Abnormalities of blood vessels
  - 1.9.2. Variations in the anatomical arrangement of the blood vessels
  - 1.9.3. Role of anatomical variants in vascular pathology
- 1.10. Hormonal regulation in the vascular system
  - 1.10.1. Action of the catecholamines in the cardiovascular system
  - 1.10.2. Influence of natriuretic peptides on vascular tone
  - 1.10.3. Effects of sex steroids on the vascular system

#### Module 2. Arterial Diseases

- 2.1. Arterial Diseases
  - 2.1.1. Coronary Arterial Disease
  - 2.1.2. Peripheral Arterial Disease
  - 2.1.3. Cerebral arterial Disease
- 2.2. Etiology of Arterials Diseases
  - Cardiovascular risk factors: hypertension, diabetes, hyperlipidemia, smoking, sedentary lifestyle
  - 2.2.2. Autoimmune diseases: giant cell arteritis, Takayasu's disease
  - 2.2.3. Genetic diseases: Marfan syndrome, Ehlers-Danlos disease
- 2.3. Symptoms and Signs of Arterial Diseases
  - 2.3.1. Chest pain and other symptoms of coronary artery disease
  - 2.3.2. Intermittent claudication and other symptoms of peripheral arterial disease
  - 2.3.3. Stroke and other symptoms of cerebral arterial disease
- 2.4. Diagnosis of Arterial Diseases: methods and techniques
  - 2.4.1. Imaging tests: angiography, Doppler ultrasonography, computed tomography, magnetic resonance imaging
  - 2.4.2. Vascular function tests: ankle-brachial indices, plethysmography, Doppler study
  - 2.4.3. Clinical evaluation: medical history, physical examination, stress tests

# Structure and Content | 19 tech

- 2.5. Medical treatment of arterial diseases: antiplatelet and anticoagulant drugs
  - 2.5.1. Antiplatelet agents: aspirin, clopidogrel, ticagrelor
  - 2.5.2. Analgesia: Warfarin, heparin, rivaroxaban
  - 2.5.3. Treatment of hypertension, diabetes and hyperlipidemia to reduce the risk of arterial disease
- 2.6. Endovascular treatment of arterial disease: angioplasty, stenting, atherectomy
  - 2.6.1. Balloon angioplasty: technique to open a narrowed artery
  - 2.6.2. Stent placement: metal tube that keeps an artery open
  - 2.6.3. Atherectomy: technique to remove plaque from an artery
- 2.7. Surgical Treatment of Arterial Diseases: bypass, endarterectomy
  - 2.7.1. Coronary artery bypass: technique for bypassing blood around a blocked coronary artery
  - 2.7.2. Carotid Endarterectomy: technique to remove plaque from the carotid artery
  - 2.7.3. Peripheral bypass surgery: technique to bypass blood around a blocked peripheral artery
- 2.8. Management of Diabetic Foot
  - 2.8.1. Prevention: regular foot care and diabetes control
  - 2.8.2. Wound and ulcer treatment: wound healing and foot care
  - 2.8.3. Revascularization surgery: technique to improve blood flow to the foot
- 2.9. Vascular rehabilitation
  - 2.9.1. Supervised exercise programs
  - 2.9.2. Education on vascular disease management
  - 2.9.3. Occupational therapy and physical therapy
- 2.10. Prognosis and Follow-up of Arterial Diseases
  - 2.10.1. Periodic assessment of disease status
  - 2.10.2. Assessment of response to treatment
  - 2.10.3. Identification and Management of Complications

### Module 3. Surgical and Endovascular Treatment of Vascular Diseases

- 3.1. Vascular Surgery
  - 3.1.1. Vascular anatomy: structures and function of the circulatory system
  - 3.1.2. Vascular pathologies: diseases and disorders affecting the blood vessels
  - 3.1.3. Revascularization surgery: surgical procedures to restore blood flow
- 3.2. Principles of Endovascular Surgery
  - 3.2.1. Vascular access: techniques to reach the site of intervention inside the body
  - 3.2.2. Device selection: choice of appropriate materials and tools for each procedure
  - 3.2.3. Imaging techniques: use of technology to guide the procedure and monitor the outcome
- 3.3. Selection of the treatment method: criteria and decisions
  - 3.3.1. Severity of the disease: determination of the severity of the pathology and its impact on the patient's health
  - 3.3.2. Location of the lesion: consideration of the location of the vascular problem and surgical accessibility
  - 3.3.3. Patient's health status: assessment of the patient's general medical condition, including possible contraindications
- 3.4. Surgical techniques: description and application
  - 3.4.1. Bypass surgery
  - 3.4.2. Endarterectomy
  - 3.4.3. Aneurysmectomy
- 3.5. Endovascular techniques: description and application
  - 3.5.1. Angioplasty: dilation of a narrowed artery by means of an inflatable balloon
  - 3.5.2. Vascular stent: placement of a metallic device to keep an artery open
  - 3.5.3. Embolization: deliberate obstruction of a blood vessel to treat a lesion or malformation

# tech 20 | Structure and Content

- 3.6. Vascular Surgery Complications
  - 3.6.1. Thrombosis: formation of blood clots
  - 3.6.2. Hemorrhage: excessive bleeding during or after the procedure
  - 3.6.3. Infection: development of an infection at the site of the procedure
- 3.7. Management of Perioperative Complications
  - 3.7.1. Monitoring of vital signs: constant monitoring of the patient's health during surgery and recovery
  - 3.7.2. Pharmacological treatment: administration of drugs to prevent or treat complications
  - 3.7.3. Additional surgical intervention: performance of rescue surgery to solve a complication
- 3.8. Reinterventions in Vascular Surgery
  - 3.8.1. Revision of anastomosis: correction of a junction between two blood vessels previously surgically joined
  - 3.8.2. Vascular prosthesis replacement: substitution of a previous vascular implant that has failed or generated complications
  - 3.8.3. Treatment of late complications: resolution of complications that arise after an initial vascular surgery







The theoretical-practical approach of this program will allow you to be up to date on the most effective strategies to manage perioperative complications"





# tech 24 | Methodology

#### At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

#### The effectiveness of the method is justified by four fundamental achievements:

- Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
- 2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.





### Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



### Methodology | 27 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

# tech 28 | Methodology

This program offers the best educational material, prepared with professionals in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### **Surgical Techniques and Procedures on Video**

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

### **Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



### **Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence on the usefulness of learning by observing experts.

The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### **Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.









# tech 32 | Certificate

This **Postgraduate Diploma in Arterial Diseases** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Diploma, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Diploma in Arterial Diseases**Official N° of Hours: **450 h.** 



#### **POSTGRADUATE DIPLOMA**

in

#### Arterial Diseases

This is a qualification awarded by this University, equivalent to 450 hours, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH is a Private Institution of Higher Education recognized by the Ministry of Public Education as of June 28, 2018.

June 17, 2020

Tere Guevara Navarro

nis qualification must always be accompanied by the university degree issued by the competent authority to practice professionally in each country

nique TECH Code: AFWORD23S techtitute.com/cer

<sup>\*</sup>Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

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institutions technology learning
community commitment



# Postgraduate Diploma

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