



## Postgraduate Certificate

Vaginal Surgical Treatment

» Modality: online

» Duration: 6 weeks

» Certificate: TECH Global University

» Credits: 6 ECTS

» Schedule: at your own pace

» Exams: online

Website: www.techtitute.com/us/medicine/postgraduate-certificate/vaginal-surgical-treatment

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## tech 06 | Introduction

Gynecology and Aesthetic Medicine are areas of health that have expanded in recent years, encompassing a wide variety of treatments and procedures to improve the quality of life of women. Vaginal aesthetic surgeries, in particular, have become a necessity, as they offer solutions to problems such as urinary incontinence, vaginal laxity or decreased sexual sensitivity.

The Postgraduate Certificate in Vaginal Surgical Treatments is presented as an ideal option for those professionals who wish to specialize in this field. This program focuses on the study and application of surgical techniques to treat different gynecological conditions, with emphasis on regenerative gynecology and minimally invasive surgery.

The course consists of several modules, each focused on a specific area of gynecoesthetics. The contents of the program have been developed by experts in the field, guaranteeing their rigorous and up-to-date nature.

In addition, the items are presented as a flexible option for students, since it is taught 100% online, allowing access to the contents from anywhere and at any time. In addition, its innovative pedagogical methodology of Relearning allows a more natural and effective assimilation of the concepts and adapts to the pace and needs of each student. Finally, the flexibility in organizing academic resources allows the student to adapt the course to his or her schedule and personal needs.

This **Postgraduate Certificate in Vaginal Surgical Treatments** contains the most complete and up-to-date scientific program on the market. The most important features include:

- The development of case studies presented by experts in Vaginal Surgical Treatments
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection





The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.

Access now and master the most innovative vaginal lifting techniques with this Postgraduate Certificate.

Get ready to face the most complex challenges in vaginal surgery.







## tech 10 | Objectives



## **General Objectives**

- To be updated in the newest areas of current Gynecoesthetic Medicine, knowing the best and most effective treatments
- Memorize and never forget the most important tips regarding risk prevention, complications and emergency situations
- Learn not only theoretical concepts, but also the most urgent practice in Gynecological Aesthetics through audiovisual and practical material



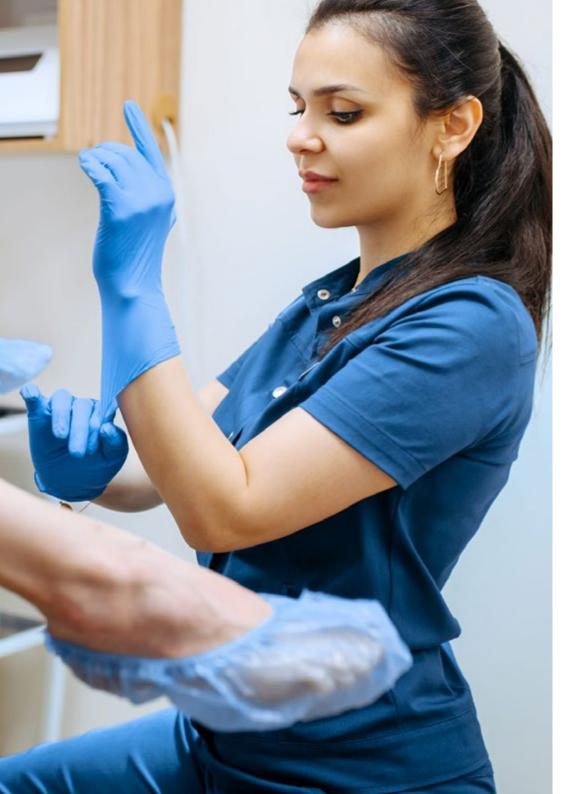
Save time and effort in the learning process thanks to our pedagogical approach to multichannel content"





## **Specific Objectives**

- Analyze the vaginal surgical treatments of greater impact, such as labiaplasty, clitoral surgery, vaginoplasty, lipotransfer or hymen reconstructions
- Delve into the treatment and approach to genital prolapse, obstetric perineal tear scars or sequelae of episiotomies
- Know the latest developments in urinary incontinence surgery, genital lifting and 360 surgery or female genital rejuvenation

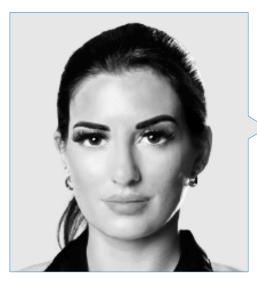






## tech 14 | Course Management

### Management



### Dr. Ruiz Allende, Alba María

- Medical Director of Aesthetic Medicine of the Clínica Londres Group
- Director of the Department of Aesthetic Medicine in the IMEMA Clinic
- Aesthetic medicine workshops trainer
- University professor at the CEU and UCAM
- Professor of MIR preparation at CTO
- Clinical researcher and editor of the magazine Emergency Live
- Residency in the specialty of Family, Community and Emergency Medicine at the Hospital Clínico San Carlos
- Master in Aesthetic Medicine and Nutrition at the Catholic University San Antonio of Murcia
- Master's Degree in Business Management from the Catholic University San Antonio of Murcia
- Master's Degree in Clinical Bioethics from UIMP

### **Professors**

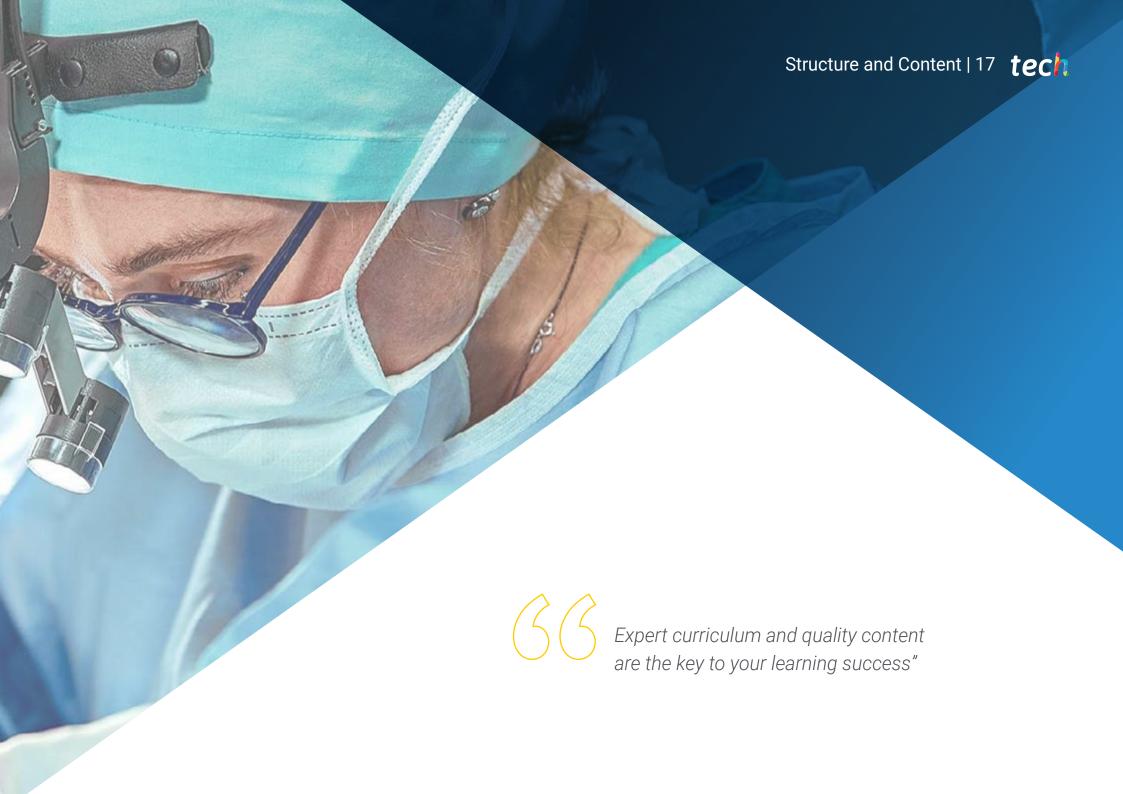
### Dr. Sanz, Jaime

- Obstetrics and Gynecology Assistant Specialist. GINE4 Equipment Pelvic Floor Unit. Hospitales Madrid
- Specialized health training. Specialized MIR in Obstetrics and Gynecology. 12 de Octubre University Hospital
- Collaborating physician in practical teaching: gynecological and obstetric simulation.
   Complutense University of Madrid, Hospital 12 de Octubre
- Master's Degree in Pelvic Floor Medical-Surgical Pathology. Thiel cadaver practice (60 ECTS). Miguel Hernández University

- Master in Gynecologic Oncology (60 ECTS). European School of Oncology. San Pablo University CEU
- External rotation in Urogynaecology (Dr. WG. Davila). Holy Cross Hospital. Florida USA
- Reviewer of the International Journal of Urogynecology (IUJ)
- Member of "Special Interest Groups (SIG). Obstetric injuries of the pelvic floor and anal region". Chairman: Abdul Sultan. International urogynecological association (IUGA)
- Member of: Spanish Society of Aesthetic, Regenerative and Functional Gynecology (SEGERF), International Urogynecological Association (IUGA), International Continence Society (ICS), European Society of Aesthetic Gynecology (ESAG)







## tech 18 | Structure and Content

### Module 1. Vaginal Surgical Treatment

- 1.1. Labiaplasty
  - 1.1.1. Technique
  - 1.1.2. Benefits
  - 1.1.3. Results and possible side effects
- 1.2. Clitoral surgery
  - 1.2.1. Technique
  - 1.2.2. Benefits
  - 1.2.3. Results and possible side effects
- 1.3. Vaginoplasties
  - 1.3.1. Technique
  - 1.3.2. Benefits
  - 1.3.3. Results and possible side effects
- 1.4. Lipotransfer
  - 1.4.1. Technique
  - 1.4.2. Benefits
  - 1.4.3. Results and possible side effects
- 1.5. Hymen reconstructions
  - 1.5.1. Technique
  - 1.5.2. Benefits
  - 1.5.3. Results and possible side effects
- 1.6. Genital prolapse
  - 1.6.1. Technique
  - 1.6.2. Benefits
  - 1.6.3. Results and possible side effects
- 1.7. Scarring of obstetric perineal tears or episiotomy sequelae
  - 1.7.1. Technique
  - 1.7.2. Benefits
  - 1.7.3. Results and possible side effects





## Structure and Content | 19 tech

- 1.8. Urinary incontinence surgery
  - 1.8.1. Technique
  - 1.8.2. Benefits
  - 1.8.3. Results and possible side effects
- 1.9. Genital lift
  - 1.9.1. Technique
  - 1.9.2. Benefits
  - 1.9.3. Results and possible side effects
- 1.10. 360 or female genital rejuvenation surgery
  - 1.10.1. Technique
  - 1.10.2. Benefits
  - 1.10.3. Results and possible side effects



With TECH you will be able to expand all your knowledge in an optimal way so that at the end of the program you can put into practice what you have learned immediately"





## tech 22 | Methodology

### At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

### The effectiveness of the method is justified by four fundamental achievements:

- Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
- 2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.





### Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



## Methodology | 25 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

## tech 26 | Methodology

This program offers the best educational material, prepared with professionals in mind:



### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### **Surgical Techniques and Procedures on Video**

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





### **Additional Reading**

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

### **Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



### **Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



### Classes

There is scientific evidence on the usefulness of learning by observing experts.

The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



### **Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.









## tech 30 | Certificate

This program will allow you to obtain your **Postgraduate Certificate in Vaginal Surgical Treatment** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Certificate in Vaginal Surgical Treatment

Modality: online

Duration: 6 weeks

Accreditation: 6 ECTS



Mr./Ms. \_\_\_\_\_, with identification document \_\_\_\_\_ has successfully passed and obtained the title of:

#### Postgraduate Certificate in Vaginal Surgical Treatment

This is a program of 180 hours of duration equivalent to 6 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024



<sup>\*</sup>Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment



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