





Postgraduate Certificate

Surgical Treatment for Obesity

Course Modality: Online

Duration: 6 weeks

Certificate: TECH Technological University

6 ECTS Credits

Teaching Hours: 150 hours.

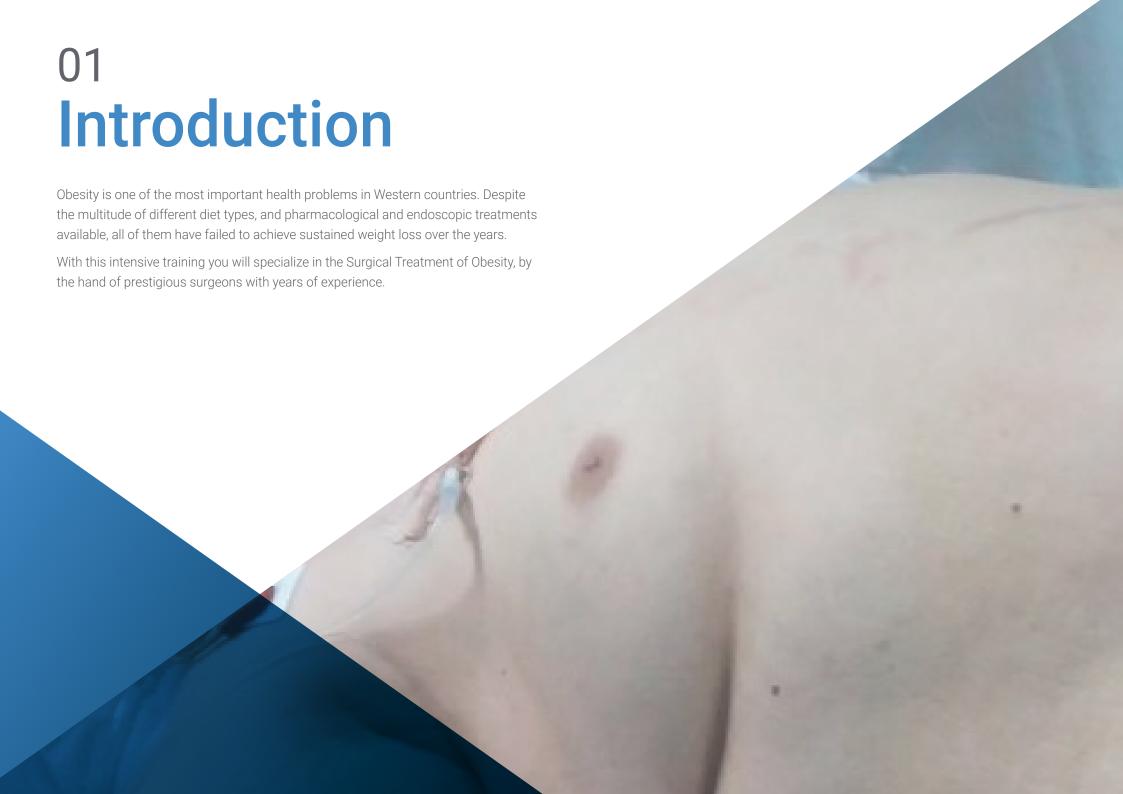
Website: www.techtitute.com/medicine/postgraduate-certificate/postgraduate-certificate-surgical-treatment-obesity

Index

 $\begin{array}{c|c} 01 & 02 \\ \hline & & Objectives \\ \hline 03 & 04 & 05 \\ \hline & & Course Management & Structure and Content \\ \hline & & p. 20 & Methodology \\ \hline & & & & & & & \\ \hline \end{array}$

p. 32

Certificate





tech 06 | Introduction

Nowadays, surgery is considered to be the only treatment capable of offering a substantial and sustained weight loss over time, reducing comorbidities and improving patient expectations and quality of life.

The term bariatric surgery comes from the Greek "baros" (weight) and "iatrein" (treatment). Since its appearance in the 1950s, many techniques have been developed with varying degrees of implementation throughout history.

In this Postgraduate Certificate we will describe one by one the most frequently performed and current bariatric surgical techniques, their indications, results and the complications derived from them.

This training is a unique opportunity as it contains the most complete and up-to-date scientific program on the market. Its topics allow specialists to access all the necessary knowledge based on scientific evidence and adapt their training process to their personal and professional needs.

Our teaching staff is integrated by different medical professionals of recognized prestige belonging to the field of Obesity (surgeons, endocrinologists, nutritionists, psychologists, gastroenterologists, etc.), who are also references in the field of bariatric surgery. A multidisciplinary team of experienced professionals who will faithfully develop theoretical knowledge and apply their practical experiences to the service of students, one of the differential qualities of this Postgraduate Certificate.

This **Postgraduate Certificate in Surgical Treatment for Obesity** offers you the characteristics of a high-quality scientific, educational and technological course. These are some of its most notable features:

- The latest technology in online teaching software.
- A highly visual teaching system, supported by graphic and schematic contents that are easy to assimilate and understand.
- Practical cases presented by practising experts
- * State-of-the-art interactive video systems.
- Teaching supported by telepractice.
- Continuous updating and recycling systems.
- Autonomous learning: full compatibility with other occupations.
- Practical exercises for self-evaluation and learning verification.
- Support groups and educational synergies: questions to the expert, debate and knowledge forums.
- Communication with the teacher and individual reflection work.
- Content that is accessible from any fixed or portable device with an Internet connection.
- Supplementary documentation databases are permanently available, even after the Postgraduate Certificate.





The professors for this Postgraduate
Certificate have been selected based on two
criteria: the excellence of their medical practice
in the field of the creation, promotion and
maintenance of bariatric units, and their proven
didactic capacity. All this to offer you the high
quality Postgraduate Certificate you need"

Our teaching staff is composed of medical professionals, practising specialists. In this way, we ensure that we provide you with the training update we are aiming for. A multidisciplinary team of professors with training and experience in different settings, who will develop theoretical knowledge effectively, but, above all, will bring their practical knowledge derived from their own experience to the course: one of the differential qualities of this program.

This mastery of the subject is complemented by the effectiveness of the methodology used in the design of this course. Developed by a multidisciplinary team of e-learning experts, it integrates the latest advances in educational technology. This way, you will be able to study with a range of comfortable and versatile multimedia tools that will give you the operability you need in your training.

The design of this program is based on Problem-Based Learning: an approach that conceives learning as a highly practical process. To achieve this remotely, we will use telepractice: with the help of an innovative interactive video system, and learning from an expert, you will be able to acquire the knowledge as if you were actually dealing with the scenario you are learning about. A concept that will allow you to integrate and fix learning in a more realistic and permanent way.

Do not hesitate to take this training with us. You will find the best teaching material with virtual lessons.

This 100% online Postgraduate Certificate will allow you to combine your studies with your professional work while expanding your knowledge in this field.







tech 10 | Objectives



General Objectives

- Know the historical background and beginnings of obesity surgery
- Study the different surgical techniques in the treatment of obesity
- Establish which is the most appropriate surgical technique for each patient







Specific Objectives

- Know the historical framework of the origin of each of the bariatric techniques.
- Describe step-by-step the development of surgical techniques
- Establish the physiological bases and mechanisms of action in these procedures
- Highlight the most accepted indications of each of the interventions
- * Analyze the short-term to medium-term results achieved with these procedures
- Explain the postoperative complications associated with each of the different surgical techniques



With this program we want to meet your objective of acquiring superior training in this highly demanded field"







tech 14 | Course Management

Management



Dr. Priego Jiménez, Pablo

- Specialist Physician, Department of General and Digestive System Surgery, Ramón y Cajal University Hospital (Madrid). Esophagogastric, Bariatric and Minimally Invasive Surgery Unit (January 2015-present).
- · PhD in Medicine from the University of Miguel Hernández de Elche (2013). (Oustanding Cum Laude).
- Fellowship in Gastric Oncology Surgery in the Gastric Cancer Department at Cancer Institute Hospital (Tokyo) with Professor Takeshi Sano (July 2018).
- Fellowship in Esophagogastric and Minimally Invasive Oncological Surgery in the Division of Esophageal and Upper Gastrointestinal Surgery at Queen Mary Hospital, Hong Kong with Professor Simon Law (January-March 2014).
- Degree in Medicine from the Complutense University Madrid (1996 2002).
- · Master's Dgree in Advanced Laparoscopic Surgery. University of Alcalá (2007).
- · Master's Degree in Clinical Management, Medical, and Welfare Management. University of CEU(2019)
- Medical Specialist in the Department of General and Digestive System Surgery at the General Hospital of Villalba (Madrid).
 Esophagogastric and Bariatric Surgery Unit (Oct 2014- Dec 2014).
- Medical Specialist in the Department of General and Digestive System Surgery at the General University Hospital of Castellón. Esophagogastric, Hepatobiliopancreatic and Thoracic Surgery Unit (Jun 2008-Sep 2014).



Dr. Ruiz-Tovar Polo, Jaime

- Bariatrci Surgeon in the Centre for Excellence for the Study and Treatment of Obesity. Valladolid. Bariatric Surgery Unit (2017-2020).
- Faculty Specialist in the Bariatric Surgery Unit. Rey Juan Carlos University Hospital, Madrid (2014-2020).
- · Coordinator of the Bariatric Surgery Unit. Elche University General Hospital(2010 -2014)
- Specialist in General and Digestive Surgery. Henares University Hospital Madrid (2019-2020)
- · Doctorate in Medicine from the Autonomous University Madrid
- Degree in Medicine from the Autonomous University of Madrid.
- · Master's Dgree in Advanced Laparoscopic Surgery. University of Alcalá
- * Specialist in General and Digestive System Surgery
- · Diploma of Expert Level Competence by the Spanish Society of Obesity Surgery (SECO).
- Diploma in Obesity and Metabolic Diseases Surgery. European Accreditation Council for Bariatric Surgery of IFSO. 2000 hours.

tech 16 | Course Management

Professors

Dr. Bruna Esteban, Marcos

- Facultative Area Specialist. Section of Esophagogastric Surgery and Peritoneal Carcinomatosis. General and Digestive System Surgery Department.
- Doctor of Medicine, Outstanding Cum Laude, from the University of Valencia (2015).
- Degree in Medicine from the Faculty of Medicine at the Autonomous University of Madrid 2003.
- RMI training in General and Digestive System Surgery, obtaining the qualification EXCELLENT in the Consorcio General University Hospital of Valencia in 2009.
- Advanced Studies Diploma (2007) from the University of Valencia in the department: Surgery and its Specialities.
- Full Training Level Diploma of Competence from the Spanish Society of Obesity Surgery (2016).
- Physician Specialist Physician (FEA), Section of Esophagogastric Surgery, Morbid Obesity and Abdominal Wall. General and Digestive System Surgery Department: Consorcio General University Hospital of Valencia from 3rd June 2009 until 1st March 2019.
- Coordinator of Transplant Unit. Center: Consorcio General University Hospital of Valencia from April 2013 until 1st March 2019.
- Chair of the Esophagogastric Surgery Section of the Spanish Association of Surgeons since January 2019 to November 2020.
- Secretary of the Esophagogastric Surgery Section of the Spanish Association of Surgeons from January 2015 to November 2019.
- Coordinator of Esophagogastric Surgery Working Group in the Spanish Multimodal Rehabilitation Group (GERM) from January 2016 to present.

Dr. Cuadrado Ayuso, Marta

- Faculty Area Specialist Ramón y Cajal Hospital (2016- present). Esophagogastric and Bariatric Surgery Unit.
- Degree in Medicine and Surgery from the Autonomous University of Madrid (2010)
- Master's Degree in Update on General and Digestive System Surgery, Cardenal Herrera University CEU (2020)
- * Specialist in General and Digestive System Surgery, Gregorio Marañón General University Hospital (2016).
- Facultative Area Specialist at El Escorial Hospital (2016).
- Faculty Specialist in the private field, Torrelodones (2016).
- Faculty Specialist in the private field, La Luz Hospital (2019).

Dr. Balagué Ponz, M Carmen

- Attending Physician for General and Digestive Surgery Services at Hospital de la Sta. Creu i Sant Pau in Barcelona.
- Coordinator of the Functional Unit of Bariatric and Metabolic Surgery of the Hospital de la Sta. Creu i Sant Pau in Barcelona.
- Degree in Medicine and Surgery from the University of Barcelona. 1,989
- Specialist in General and Digestive Surgery. MIR 1,991-95 Barcelona Clinical Hospital
- PhD in Medicine and Surgery from the University of Barcelona. 1,998
- Attending Physician for General Surgery Services at Clinical Hospital Barcelona. 1999-2002.
- Professor of Surgery at UD Sant Pau. Autonomous University of Barcelona (2007).

Dr. L. Picardo, Antonio

- Head of the Surgery at Infanta Sofía University Hospital. San Sebastián de los Reyes, Madrid.
- Professor of Surgery. European University of Madrid
- PhD in Medicine and Surgery Faculty of Medicine. Surgery Department. Complutense University. Madrid. Grade. Outstanding Award.
- Degree in Medicine and Surgery. Faculty of Medicine. Autonomous University.
 Madrid. Grade. Outstanding.
- Specialist in General and Digestive System Surgery. RMI program. San Carlos University Hospital. Madrid.
- Certificate from the Educational Commission for Foreign Medical Graduates (ECFMG).
- Research Fellowship in Surgical Oncology. Surgery Department. Memorial Sloan-Kettering Cancer Center. New York, USA.
- ANECA Accreditation
- * European Board Certificate in Endocrine Surgery.
- SECO Accreditation (Spanish Society of Obesity Surgery). Competency Level: EXPERT

Dr. Pagán Pomar, Alberto

- Clinical Chief of the Esophagogastric and Morbidly Obese Surgery Unit. General and Digestive System- Department. Son Espases University Hospital Palma, 2015-present.
- Founder of Integral Centre of Nutrition of the Balearic Islands (CINIB). Palma, 2015-present.
- DamiáCarbó 2020 Award from the Official College of Physicians of the Balearic Islands: Biliopancreatic diversion in the surgical treatment of morbid obesity. Long-

- term results and metabolic consequences. Authors: Bianchi A, Pagán A, Marina Jiménez, José Antonio Martínez, Francesc Xavier González.
- Degree in Medicine and Surgery from the Autonomous University of Barcelona in 1983.
- Specialization in Clinical Management. Balearic Islands Offical Medical College, 2003-2004.
- On Line Course of Fundamentals in Bariatric and Metabolic Surgery. SECO, 2009-2010
- University expert in Management and Use of Minimally Invasive Technologies in Surgery. Complutense University of Madrid, 2004-2005.
- Master's Degree in Obesity and its Comorbidities: Prevention, Diagnosis, and Integral Treatment. Rey Juan Carlos University, Alcorcón (2017-2018)

Dr. Baltar Boilève, Javier

- Specialist Physician in General and Digestive Surgery, CHU Santiago, (1994present).
- Doctor in General and Digestive Surgery from the University of Santiago de Compostela (1994).
- Degree in Medicine and Surgery from the University of Santiago de Compostela (1986).
- * Specialist in General and Digestive Surgery, MIR (1989-1993).
- Associate Professor since 2013, Surgery Department, University of Santiago de Compostela.
- Tutor and Professor of Bariatric Surgery Courses Obesity section of the Spanish Association of Surgery.

Dr. Sartal Cuñarro, Ma Isabel

- Degree in Medicine from the Faculty of Medicine at the University of Santiago de Compostela, A Coruña. 2000-2006
- 2007 2012: Specialist training in General and Digestive System Surgery via RMI in the Santiago de Compostela University Hospital Complex between May 2007 and May 2012.
- 2009 2011: Completion of doctoral courses: Advances in Surgery, Anesthesia and Ophthalmology. Diploma of Advanced Studies from the University of Santiago de Compostela with work on "Emergency Treatment of Colon Cancer". Surgery Department. University of Santiago de Compostela. RD 185/1985, 778/1998.
- 2017: Cum Laude in the Doctoral Thesis "Treatment of rectal cancer by laparoscopic surgery: applicability and results". Surgery Department. University of Santiago de Compostela.
- 2018 2019: Professional Master's Degree in General and Digestive System Surgery.
 Taught and accredited by Cardenal Herrera University with 60 credits and 1500 hours.
- 2019 2020: Master's Degree in Legal and Forensic Medicine. Taught and accredited by Cardenal Herrera University with 60 credits and 1500 hours.
- 2002: Internship in Microbiology and Biochemistry Laboratories at Pontevedra Hospital Complex.
- 2003 2004: Clinical Practice in Emergency Services at Pontevedra Hospital Complex.

Dr. Santos Benito, Francisco Fernando

- General and Digestive System Private Surgeon. Virgen de Fátima de Vigo Hospital, La Rosaleda de Santiago de Compostela and currently Quirón-Domínguez Hospital in Pontevedra.
- Degree in Medicine and Surgery, 1993, Faculty of Medicine. University of Salamanca
- PhD in Medicine and Surgery, 1998, Department of Surgery, Faculty of Medicine.
 University of Salamanca.
- Specialist in General and Digestive System Surgery through the RMI program at the Clinical University Hospital in Salamanca.
- Master's Degree in Laparoscopic Surgery. Institute of Digestive Diseases in the Foundation Clinic, University Clinical Hospital of Barcelona.
- Master's Degree in Pancreatic and Esophageal Surgery. Hammersmith University Hospital, London.
- Master's Degree in Laparoscopic Surgery. Montpellier University Hospital.
- Clinical Assistant at Amato Lusitano de Castelo Branco Hospital Coimbra. (Until 2002)
- Clinical Assistnat at Santiago de Compostela University Clinical Hospital La Coruña.
- Head of the Surgical Performance Unit. Virgen de Fátima de Vigo Hospital Pontevedra.
- Registered activity in Pontevedra and La Coruña, number 15/3705782.

Course Management | 19 tech

Dr. El Mehdi Skalli

- 1995 2003: Medicine Studies at the Faculty of Medicine and Rabat Pharmacy.
- 2nd June 2003: Medicine Studies at the Faculty of Medicine and Rabat Pharmacy.
- 30th April 2010 Diploma in Specialized Studies (DES) in General Surgery from the Faculty of Medicine in Montpellier.
- 28th October 2011: Diploma in Additional Specialized Studies (DESC) in Visceral and Digestive Surgery from the Faculty of Medicine in Montpellier.

Dr. Zúñiga Ruiz, Alejandro

- In charge of the Emergency Department at Doctors Hospital East, Guadalupe Nuevo Leon, Mexico.
- General Surgeon in General Surgery Department at the General Hospital in Zone 2 of the Mexican Institute of Social Security in Apizaco; Tlaxcala, Mexico.
- General Surgeon in the General Surgery Department in Institute of State Security and Social Services in Zona Tlaxcala General Hospital; Mexico.
- Specialist in Bariatric and Metabolic Surgery from the José Eleuterio Gonzalez University Hospital, Autonomous University of Nuevo León, Monterrey, Mexico.
- Specialist in General Surgery at the José Eleuterio Gonzalez University Hospital, Autonomous University of Nuevo León, Monterrey, Mexico.
- Bachelor's Degree in Surgery and Midwifery, Autonomous University of Nuevo Leon, Monterrey, Mexico.
- Certification in Bariatric and Metabolic Surgery from the Mexican Council of General Surgery A.C. (2020).
- High Speciality Course in Bariatric and Metabolic Surgery from the José Eleuterio Gonzalez University Hospital, Autonomous University of Nuevo León, Monterrey, Mexico. (2019-2020).





tech 22 | Structure and Content

Module 1 Surgical Treatment of Morbid Obesity

- 1.1. History of Surgical Treatment of Morbid Obesity
 - 1.1.1. Historical Background in Ancient Times
 - 1.1.2. Beginning of Obesity Surgery in the Modern Era
 - 1.1.3. Current Use of Bariatric and Metabolic Surgery
- 1.2. Adjustable Gastric Band
 - 1.2.1. Introduction
 - 1.2.2. Surgical Technique
 - 1.2.3. Results
 - 1.2.4. Postoperative Complications
- 1.3. Vertical Gastrectomy
 - 1.3.1. Introduction
 - 1.3.2. Surgical Technique
 - 1.3.3. Results
 - 1.3.4. Postoperative complications
- 1.4. Gastric Bypass Roux-en-Y
 - 1.4.1. Introduction
 - 1.4.2. Surgical Technique
 - 1.4.3. Results
 - 1.4.4. Immediate postoperative complications
- 1.5. Gastric Bypass of One Anastomosis
 - 1.5.1. Introduction
 - 1.5.2. Surgical Technique
 - 1.5.3. Results
 - 1.5.4. Immediate postoperative complications
- 1.6. Biliopancreatic Diversion
 - 1.6.1. Introduction
 - 1.6.2. Surgical Technique
 - 1.6.3. Results
 - 1.6.4. Postoperative complications





Structure and Content | 23 tech

- 1.7. Duodenal Crossover
 - 1.7.1. Introduction
 - 1.7.2. Surgical Technique
 - 1.7.3. Results
 - 1.7.4. Postoperative complications
- 1.8. SADIS
 - 1.8.1. Introduction
 - 1.8.2. Surgical Technique
 - 1.8.3. Results
 - 1.8.4. Postoperative complications
- 1.9. Nissen Sleeve
 - 1.9.1. Introduction
 - 1.9.2. Surgical Technique
 - 1.9.3. Results
 - 1.9.4. Postoperative Complications
- 1.10. Other techniques: SAGIS/SASI, Intestinal Bipartition, Gastric Plication, Banding Techniques
 - 1.10.1. Introduction
 - 1.10.2. Surgical Technique
 - 1.10.3. Results
 - 1.10.4. Immediate postoperative complications.



A unique, key, and decisive training experience to boost your professional development"







At TECH we use the Case Method

In a given situation, what would you do? Throughout the program, you will be presented with multiple simulated clinical cases based on real patients, where you will have to investigate, establish hypotheses and, finally, resolve the situation. There is abundant scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you can experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching potential or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in professional medical practice.



Did you know that this method was developed in 1912 at Harvard for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

- 1. Students who follow this method not only grasp concepts, but also develop their mental capacity by evaluating real situations and applying their knowledge.
- **2.** The learning process has a clear focus on practical skills that allow the student to better integrate into the real world.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile.

 This then translates into a greater interest in learning and more time dedicated to working on the course.

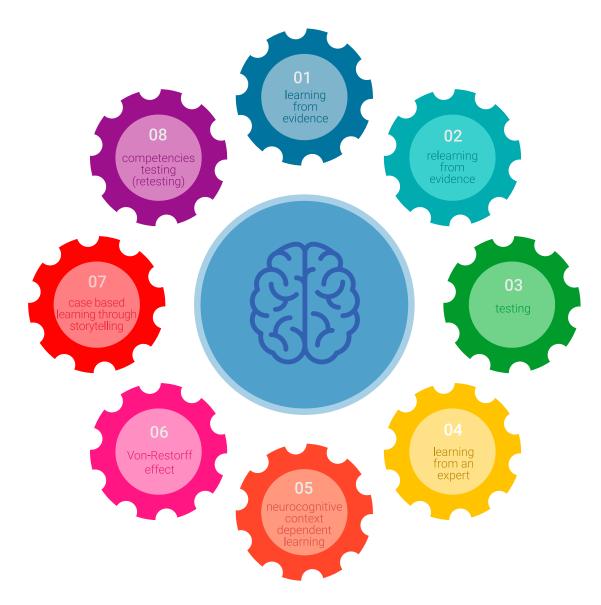


Re-learning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our University is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.

The physician will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



Methodology | 29 tech

At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

With this methodology we have trained more than 250,000 physicians with unprecedented success, in all clinical specialties regardless of the surgical load. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

Re-learning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (we learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

In this program you will have access to the best educational material, prepared with you in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



Latest Techniques and Procedures on Video

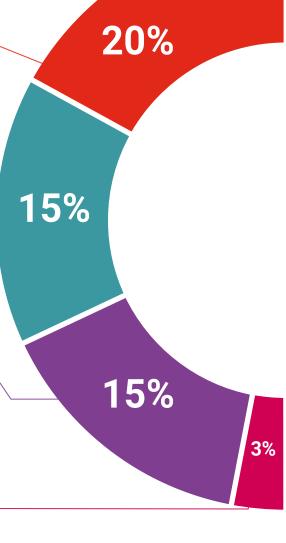
We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

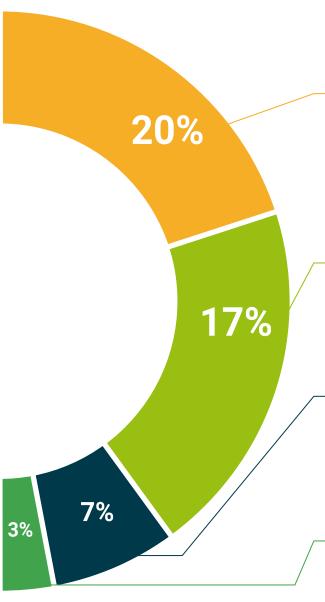
This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".





Additional Reading

Recent articles, consensus documents, international guides. in our virtual library you will have access to everything you need to complete your training.



Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate your knowledge throughout the program, through assessment and self-assessment activities and exercises: so that you can see how you are achieving your goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.





Quick Action Guides

We offer you the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help you progress in your learning.







tech 34 | Certificate

This **Postgradaute Certificate in Surgical Treatment of Obesity** contains the most complete and up-to-date scientific program on the market.

After the student has passed the evaluations, they will receive their corresponding **certificate** issued by **TECH Technological University via tracked delivery**.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the course, and it meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: Postgraduate Certificate in Surgical Treatment for Obesity

ECTS: 6

Official Number of Hours: 150



^{*}Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

technological university

Postgraduate Certificate

Surgical Treatment for Obesity

Course Modality: Online

Duration: 6 weeks

Certificate: TECH Technological University

6 ECTS Credits

Teaching Hours: 150 hours.

