

Postgraduate Certificate Sexual and Reproductive Health





Postgraduate Certificate Sexual and Reproductive Health

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/medicine/postgraduate-certificate/sexual-reproductive-health

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01

Introduction

Sexual health is a fundamental aspect of people's physical, emotional and social well-being, and has a major influence on their quality of life. Doctors have an important responsibility in the promotion of sexual health, in the prevention and treatment of sexual diseases and disorders, and in the comprehensive and respectful care of the sexual and reproductive health needs of their patients. In this sense, this university program becomes a great opportunity for the specialist to delve into the new postulates in sexual and reproductive health of men and women at different stages of life. The program addresses topics such as anatomy and physiology of the reproductive system, contraceptive methods, sexually transmitted infections, gender violence, sexual and gender diversity, assisted reproduction, among others. All this, 100% online and with the support of the best teaching team.





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The Postgraduate Certificate in Sexual and Reproductive Health is designed specifically for doctors seeking to expand their knowledge and skills in this area”

Sexual health is a very important aspect of people's lives, and doctors play a fundamental role in its care. For this reason, the Postgraduate Certificate in Sexual and Reproductive Health is aimed at doctors who want to obtain complete and up-to-date information on the most relevant topics in this field.

The program's syllabus includes theoretical and practical modules that allow doctors to acquire the skills and knowledge necessary to provide comprehensive patient care. The theoretical modules provide a detailed understanding of the different aspects of sexual and reproductive health, while the practical modules offer a learning experience in the management of clinical situations and the implementation of promotional and preventive interventions.

The course methodology is online, which means that doctors can access the contents at any time and place, and adapt to their schedules and needs. In addition, the virtual platform has communication and collaboration tools that encourage the active participation of students and the resolution of doubts by tutors and teachers.

This **Postgraduate Certificate in Sexual and Reproductive Health** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of case studies presented by experts in Psychology and Sexology
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



Upon completion of the program, doctors will be better prepared to address sexual and reproductive health issues in their clinical practice, thereby improving the overall well-being of their patients”

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The Postgraduate Certificate pays special attention to addressing the sexual and reproductive health needs of persons with disabilities and the most vulnerable populations”

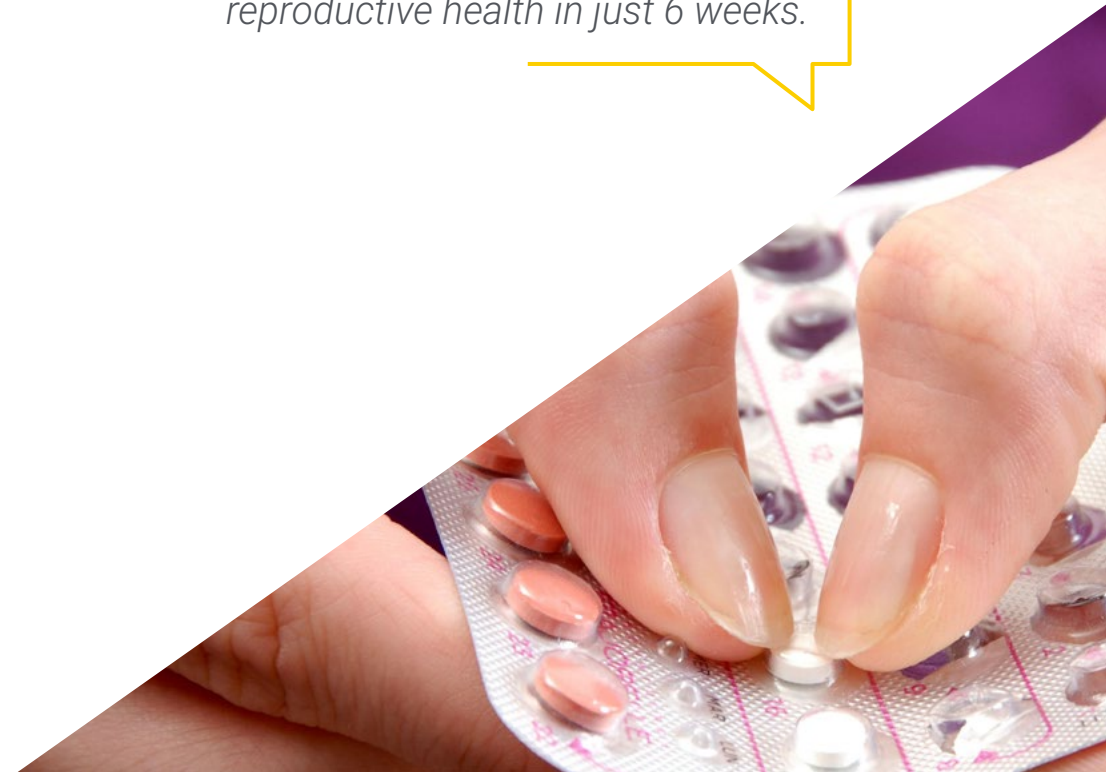
Thanks to the Relearning method you will be able to advance through the syllabus in a natural way and reduce the long hours of study and memorization.

You will be able to delve into the latest scientific findings and postulates in sexual and reproductive health in just 6 weeks.

The program's teaching team includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.



02 Objectives

The objective of this program is to provide the medical professional with the most up-to-date and recent information on Sexology. For this purpose, TECH provides the specialist with innovative multimedia resources that will allow them to obtain an up-to-date knowledge of this field from a biopsychosocial perspective. In this way, they will be able to delve into child sexual abuse, fertility problems and the most recent scientific research in this field.



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Achieving your academic updating goals has never been easier. Enroll today and elevate your professional career to the highest level, only with TECH”



General Objectives

- ♦ Acquire knowledge about sexuality, expanding the vision of sexuality from a biopsychosocial perspective
- ♦ Obtain tools to be able to accompany cases related to difficulties related to sexuality
- ♦ Identify the variables involved in the origin and maintenance of different sexual dysfunctions (organic, psychological, relational and cultural components)
- ♦ Acquire skills to be able to share information about sexuality in a clear way
- ♦ Understand the aspects involved in the beginning and development of couple relationships (life cycle of the couple: establishment and evolution)
- ♦ Describe the dynamics of couple relationships and factors that generate alterations in them
- ♦ Explore complex issues such as gender violence and child sexual abuse
- ♦ Achieve skills to face the multiple incidences and decisions-making that may arise in the exercise of their profession
- ♦ Gain an in-depth knowledge of the deontology of sexuality and couple matters, as well as learn to carry out an exercise of introspection on those personal and professional aspects that could collide with their profession and that would undermine the therapeutic work
- ♦ Perform research programs on sexuality





Specific Objectives

- ♦ Gain an in-depth knowledge of the important aspects of Sexual Health
- ♦ Delve into the legal and ethical framework of voluntary termination of pregnancy
- ♦ Delve into the different methods of assisted reproduction
- ♦ Understand the different treatment options and approaches to infertility

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Case studies will give you a more direct perspective on the fertile cycle according to gender”

03

Course Management

The Postgraduate Certificate in Sexual and Reproductive Health has a team of highly qualified and experienced teachers in the area of sexual and reproductive health. These professionals have extensive experience in clinical practice and research, which allows them to offer quality and up-to-date education. In addition, the program teaching staff is available to provide support and guidance to students at all times.





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Improve your clinical practice and offer care adapted to the needs of your patients to contribute to their sexual and reproductive health with this Postgraduate Certificate”

Management



Ms. Ramos Escamilla, María

- ◆ Sexologist and Couple Therapist
- ◆ Director of Destination Kink
- ◆ Degree in Psychology from the Complutense University of Madrid
- ◆ Master's Degree in Sexology, Sex Education and Sexological Counseling from Camilo José Cela University

Professors

Ms. Gutiérrez Ramos, Pamela

- ◆ Midwife and Sexologist
- ◆ Sexologist volunteer in NGO
- ◆ Sexologist in the youth center of sexuality attention
- ◆ Postgraduate Certificate in conscious and integral accompaniment of the maternal and perinatal period with a gender perspective and a biopsychosocial approach

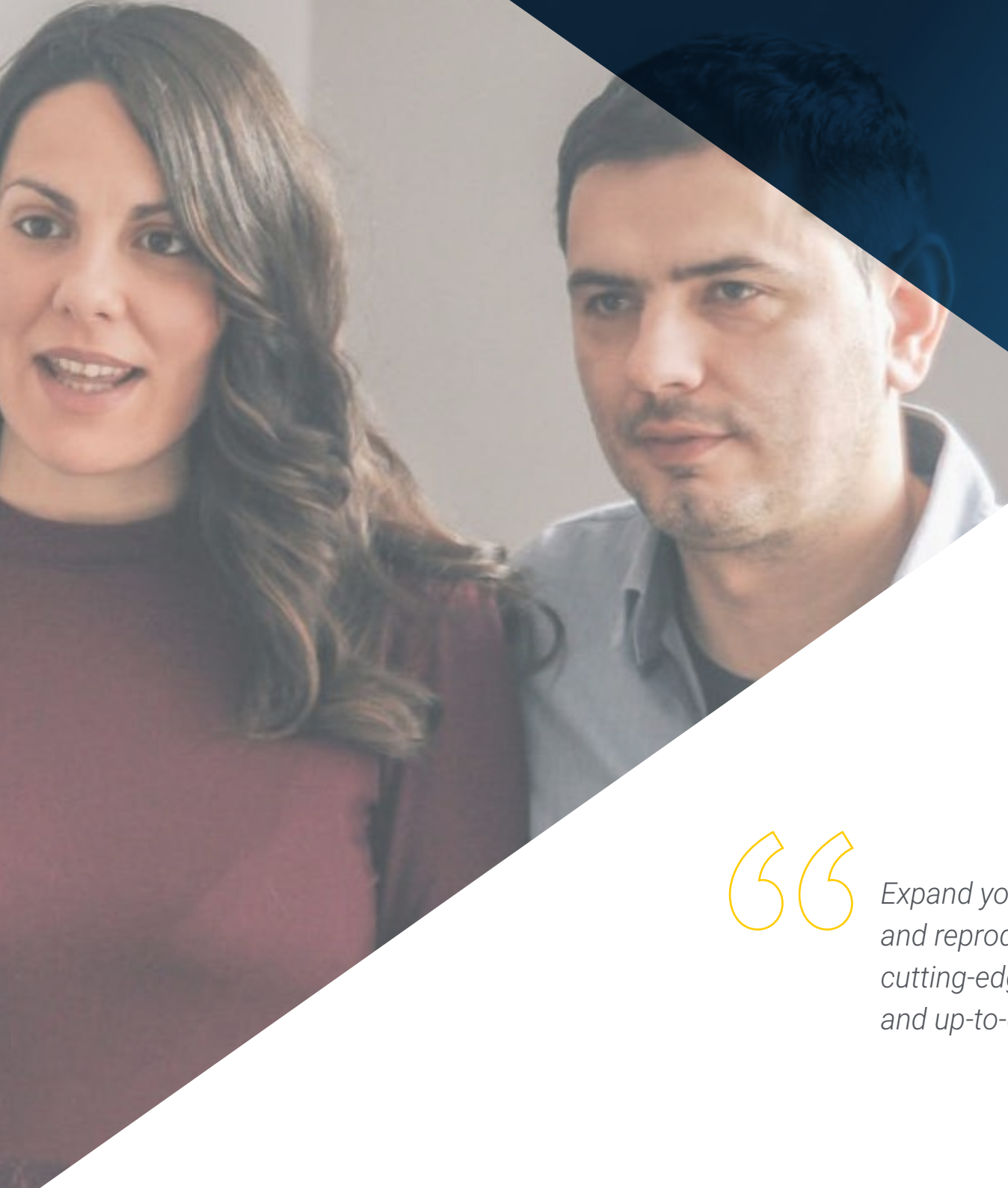


04

Structure and Content

The syllabus of the Postgraduate Certificate in Sexual and Reproductive Health includes a wide variety of relevant and current topics. Among them are the anatomy and physiology of the reproductive system, family planning and contraceptive methods, attention to sexually transmitted infections, sexual and reproductive health at different stages of life, attention to sexual and gender diversity, and the importance of comprehensive and inclusive care.





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Expand your knowledge and skills in sexual and reproductive health care with our cutting-edge syllabus and provide adapted and up-to-date care to your patients”

Module 1. Sexual and Reproductive Health

- 1.1. Contextualization
 - 1.1.1. Definition
 - 1.1.2. Technical and Sociological Developments
 - 1.1.3. Assisted Reproductive Treatment and its Legal Context in Different Countries
- 1.2. HIV
 - 1.2.1. Historical Context
 - 1.2.2. Associated Stigma
 - 1.2.3. Current Treatments
 - 1.2.4. Positive Resources
- 1.3. Voluntary Termination of Pregnancy
 - 1.3.1. Definition
 - 1.3.2. Procedure
 - 1.3.3. Media Coverage
 - 1.3.4. Physical, Emotional, Economic Consequences
- 1.4. Fertility: Ovaries and Uterus
 - 1.4.1. Gamete Formation
 - 1.4.2. Menstrual Cycle
 - 1.4.3. Classical Methods of Fertility Management
 - 1.4.3.1. Symptothermal Method
 - 1.4.3.2. Cervical Mucus Record
 - 1.4.3.3. Cervical Height Record
 - 1.4.4. Testing of People with Ovaries and/or Uterus
 - 1.4.5. Fertility in the Reaffirmation of Sexual Identity
- 1.5. Fertility: Testicles
 - 1.5.1. Gamete Formation
 - 1.5.2. Cycle of Sperm Formation/Regeneration
 - 1.5.3. Habits that Can Affect Fertile Potential
 - 1.5.4. Tests for People with Testicles
 - 1.5.5. Fertility in the Reaffirmation of Sexual Identity





- 1.6. Treatments in Assisted Reproduction I
 - 1.6.1. Directed Sexual Intercourse (DSR)
 - 1.6.2. Artificial Insemination with the Partner's Sperm
 - 1.6.3. Artificial Insemination with Donor Sperm
- 1.7. Treatments in Assisted Reproduction II
 - 1.7.2. In Vitro Fertilization (IVF)
 - 1.7.3. Intracytoplasmic Sperm Injection (ICSI)
 - 1.7.4. Blastocyst Culture
 - 1.7.5. Preimplantational Genetic Diagnosis (PGD)
- 1.8. Sexological Support during the Search for Pregnancy
 - 1.8.1. Impact of the Assisted Reproduction Process on the Erotic Desire
 - 1.8.2. Sexual Satisfaction with a Diagnosis of Infertility
- 1.9. Fertility Myths
 - 1.9.1. Probability of Pregnancy
 - 1.9.2. Positions that Favor Pregnancy
 - 1.9.3. Orgasm and Fertility
 - 1.9.4. Effectiveness of Fertility Techniques
 - 1.9.5. Ejaculatory Abstinence and Fertility
- 1.10. Sexual Health Promotion
 - 1.10.1. Difference between Prevention and Promotion
 - 1.10.2. Sexual Health Promotion Tools

“Discover the most complete and up-to-date syllabus in sexual and reproductive health for doctors with our 100% online Postgraduate Certificate”

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

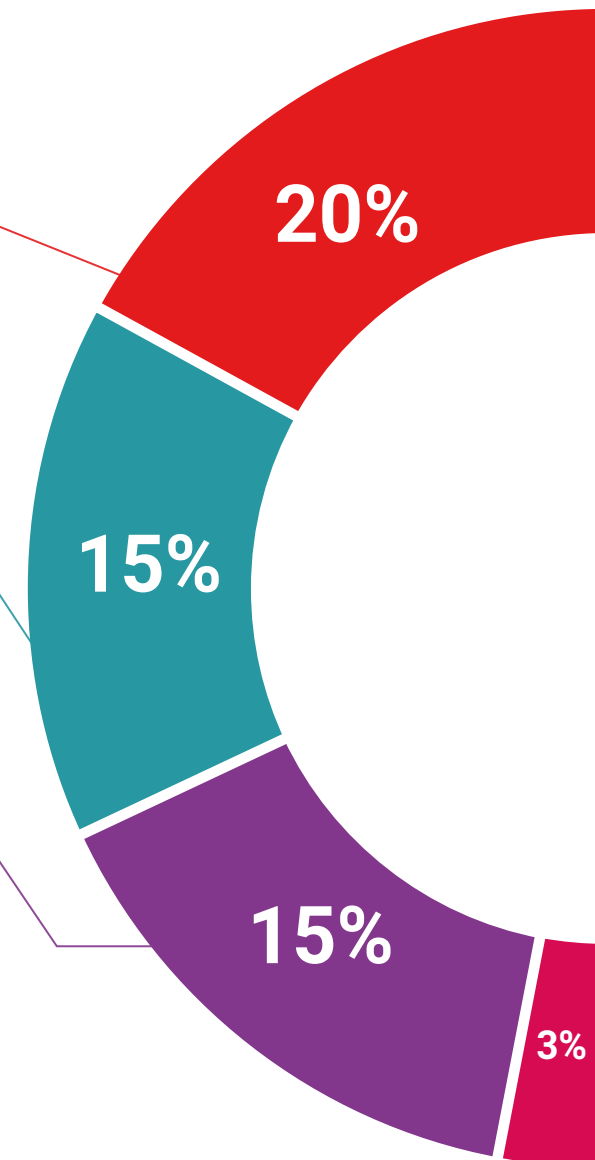
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

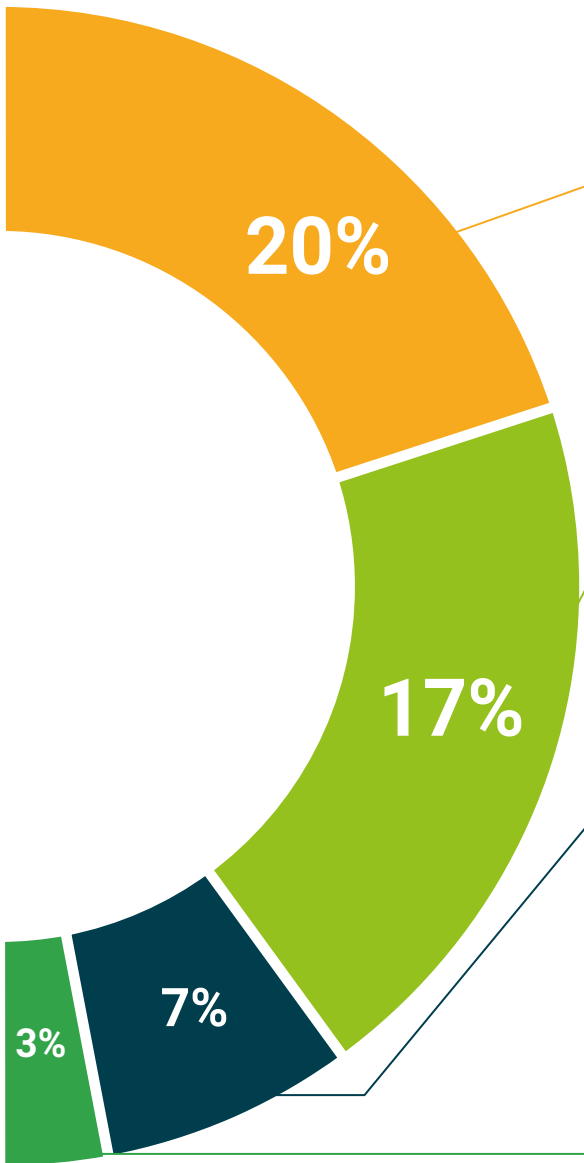
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06 Certificate

The Postgraduate Certificate in Sexual and Reproductive Health guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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*Successfully complete this program
and receive your university qualification
without having to travel or fill out
laborious paperwork”*

This **Postgraduate Certificate in Sexual and Reproductive Health** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Sexual and Reproductive Health**

Official N° of Hours: **150 h.**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
development language
virtual classroom



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