

Postgraduate Certificate Sex Education





Postgraduate Certificate Sex Education

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitute.com/pk/medicine/postgraduate-certificate/sex-education

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01

Introduction

Sex education is of great importance nowadays due to the increase in the incidence of sexually transmitted diseases and unintended pregnancies. Doctors play a fundamental role in sex education since they are the health professionals who have direct contact with patients and are in charge of providing relevant and up-to-date information on sexual health. That is why TECH has designed this program that is defined as a 6-week online training that aims to bring the doctor up-to-date on new techniques and trends in sex education. Thanks to this, the specialist will be up-to-date in areas such as sexual anatomy, sexual dysfunctions, contraceptive methods and sexually transmitted diseases, in addition to topics related to sexual diversity and the culture of sexuality.





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Thanks to this Postgraduate Certificate you will be able to bring your knowledge in Sexual Education up-to-date. You will be able to give a more adapted answer to your patients in areas such as contraceptive methods, unintended pregnancies or sexually transmitted diseases”

The Postgraduate Certificate in Sex Education is a 6-week online program designed specifically for doctors interested in improving their understanding and knowledge in the field of sex education. Through this course, specialists will gain an in-depth and up-to-date understanding of key concepts related to sex education and sexual health.

Doctors will be up-to-date on topics such as sexual anatomy and physiology, sexual dysfunctions, contraceptive methods, sexually transmitted infections and sexually transmitted diseases, among other relevant topics. The program will also cover topics related to sexual diversity, inclusion and the culture of sexuality.

The program is delivered entirely online, which means that participants can access the learning materials and activities at any time and place that is convenient for them. In addition, participants will have access to experts tutors in sex education who will guide them through the learning process and provide them with feedback and support.

Upon successful completion of this course, doctors will be better equipped to address issues related to sex education in their daily practice and provide better care to their patients. In summary, the Postgraduate Certificate in Sex Education is a unique opportunity for medical professionals to develop their knowledge and skills in an increasingly important area of medicine.

This **Postgraduate Certificate in Sex Education** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of case studies presented by experts in Psychology and Sexology
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*You will learn, in just 6 weeks,
the differences in sex education
according to the age of the patient"*

“

Doctors play a key role in the prevention of sexually transmitted diseases and unintended pregnancies, and sex education is an important tool to achieve this”

Thanks to the Relearning method, you will advance through the syllabus naturally and reduce the long hours of study and memorization.

A unique, key and decisive program to boost your career to success.

The program's teaching team includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.



02 Objectives

The Postgraduate Certificate in Sex Education aims to update and improve the training of doctors in the field of sex education. The program gives participants the opportunity to acquire new knowledge and skills, including an understanding of sexual anatomy, sexual dysfunctions, contraceptive methods, sexually transmitted diseases and sexual diversity. Medical professionals who complete the program will be better equipped to offer high quality and appropriate sexual counseling to their patients, and to provide comprehensive and up-to-date medical care in the field of sexual and reproductive health.





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With TECH, achieving your professional development goals has never been so easy: in just 6 weeks and with the best pedagogical material”



General Objectives

- Acquire knowledge about sexuality, broadening the vision of sexuality from a biopsychosocial perspective
- Obtain tools to be able to accompany cases related to difficulties related to sexuality
- Identify the variables involved in the origin and maintenance of different sexual dysfunctions (organic, psychological, relational and cultural components)
- Acquire skills to be able to share information about sexuality in a clear way
- Understand the aspects involved in the beginning and development of couple relationships (life cycle of the couple: establishment and evolution)
- Describe the dynamics of couple relationships and factors that generate alterations therein
- Investigate complex issues such as gender violence and child sexual abuse
- Achieve skills to face the multiple incidences and decision making that may arise in the exercise of their profession
- Gain in-depth knowledge of deontology in sexuality and couple matters, as well as learn to carry out an exercise of introspection on those personal and professional aspects that could collide with their profession and that would produce an impairment of the therapeutic work
- Carry out research programs in sexuality





Specific Objectives

- ♦ Understand the different stages of Sexual development
- ♦ Obtain the necessary skills to approach sex education at different stages
- ♦ Develop competencies to talk about sexuality in a natural way
- ♦ Acquire the knowledge to answer any doubts that may arise when providing sex education

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Sex education is key to social development. Be part of this paradigm and promote healthy sexuality among your patients with this Postgraduate Certificate”

03

Course Management

The teaching staff of the Postgraduate Certificate in Sex Education is made up of experts in this field. The professors have extensive experience in teaching sex education and are highly trained in the field of sexual and reproductive health. In addition, the teaching staff includes medical professionals who are actively involved in the care of patients in this field, providing participants with a practical and up-to-date perspective on the subject.





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*A staff composed of doctors,
psychologists and sexology specialists
will accompany you during your learning
process and make it a successful one”*

Management



Ms. Ramos Escamilla, María

- ♦ Sexologist, Couples Therapist and director of Destino Kink
- ♦ Degree in Psychology from the Complutense University of Madrid
- ♦ Master's Degree in Sexology, Sex Education and Sexological Counseling from Universidad Camilo José Cela

Professors

D. Coronilla Delgado, Eduardo

- ♦ Psychologist by the University of Seville
- ♦ Sexologist by the University Camilo José Cela in IUNIVES
- ♦ Member of the Fast Track Committee de Jerez (Committee that fights against the HIV+ pandemic and stigma)



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*A unique, key, and decisive
academic experience to boost
your professional development”*

04

Structure and Content

The syllabus of the Postgraduate Certificate in Sex Education covers a wide range of topics related to sex education and sexual health. Course participants will learn about sex education at different stages of life, including childhood, adolescence, adulthood and late adulthood. In addition, topics related to sexual and relational diversity will be discussed, including sexuality in the LGBTI+ community and non-normative forms of relationship and desire. Specialists will also acquire knowledge on prevention of sexually transmitted diseases and unintended pregnancies, as well as contraceptive methods and the management of sexual dysfunctions. In summary, the course syllabus will provide medical participants with a solid understanding of the most relevant topics in sex education and will enable them to provide comprehensive and up-to-date medical care in the field of sexual and reproductive health.



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The syllabus includes cutting-edge sex education methods depending on the age of the patient. Don't think twice and enroll now”

Module 1. Sex Education

- 1.1. Principles
 - 1.1.1. Understanding its Importance
 - 1.1.2. Role of the Sex Educator
 - 1.1.3. Sexual and Reproductive Rights
 - 1.1.4. General Objectives
- 1.2. Sex Education for Children
 - 1.2.1. Specific Objectives of this Stage
 - 1.2.2. Role of Parents and Other Educational Agents
 - 1.2.3. Sex Education in the Childhood Stage
 - 1.2.4. Sex Education in Primary School
 - 1.2.5. Proposed Activities and Resources
- 1.3. Sex Education for Adolescents
 - 1.3.1. Specific Objectives of this Stage
 - 1.3.2. Role of Peer
 - 1.3.3. Sex Education (11-17 years old)
 - 1.3.4. Sex Education (17-19 years old)
 - 1.3.5. Proposed Activities and Resources
- 1.4. Sex Education for Adults
 - 1.4.1. Objectives According to Most Particular Interests
 - 1.4.2. Sex Education in Early Adulthood (19-40 years old)
 - 1.4.3. Sex Education in Middle Adulthood (40-60 years old)
 - 1.4.4. Proposed Activities and Resources
- 1.5. Sex Education in Late Adulthood (over 60 years old)
 - 1.5.1. Specific Objectives of this Stage
 - 1.5.2. Main Difficulties
 - 1.5.3. Proposed Activities and Resources
- 1.6. Program Design and Implementation
 - 1.6.1. Diagnosis of Interests
 - 1.6.2. Program Development
 - 1.6.3. Program Implementation
 - 1.6.4. Program Assessment



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- 1.7. Prevention and Health
 - 1.7.1. Contraceptive and Conceptive Methods
 - 1.7.2. Emergency Contraception
 - 1.7.3. Sexually Transmitted Infections
 - 1.7.3. Risky Behaviors
 - 1.8. Relational Diversity
 - 1.8.1. Origin of Monogamy
 - 1.8.2. Important Concepts
 - 1.8.3. Types of Open Relationships
 - 1.9. Functional Diversity and Severe Mental Disorder
 - 1.9.1. Stigmas of This Population
 - 1.9.2. PLISSIT Model
 - 1.9.3. Sexual Assistance 2
 - 1.10. Formal and Non-Formal Education
 - 1.10.1. Types of Formation

“During the Postgraduate Certificate, topics related to sexual and relational diversity will be discussed, including sexuality in the LGBTI+ community and non-normative forms of relationship and desire”

05 Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



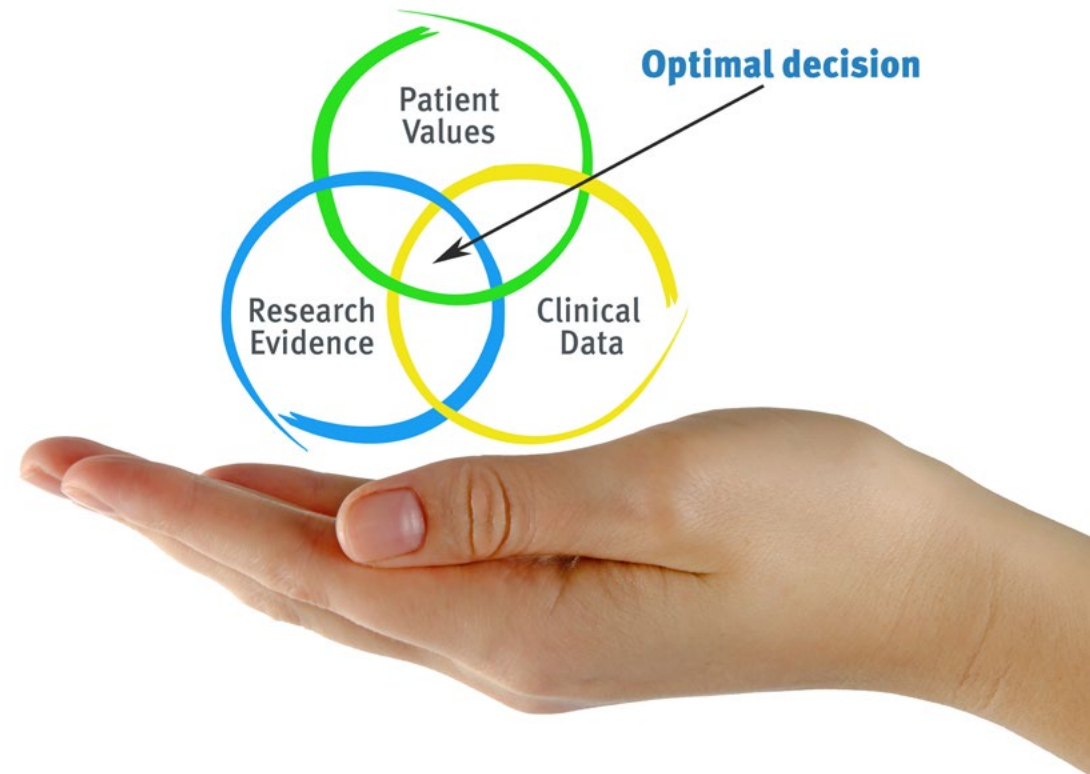
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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

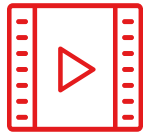
Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

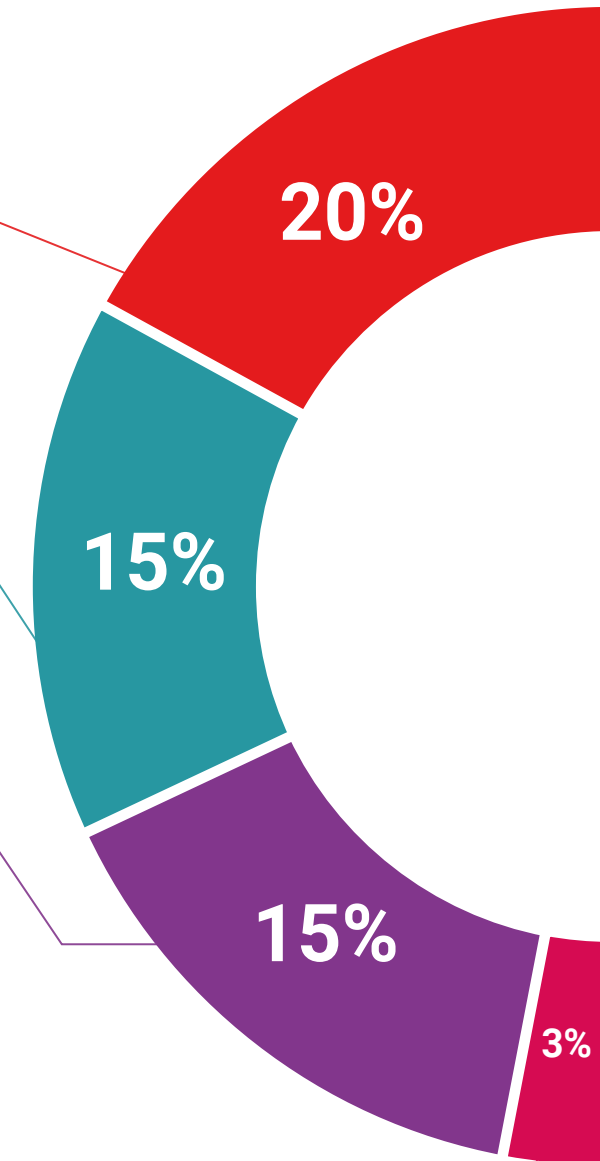
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

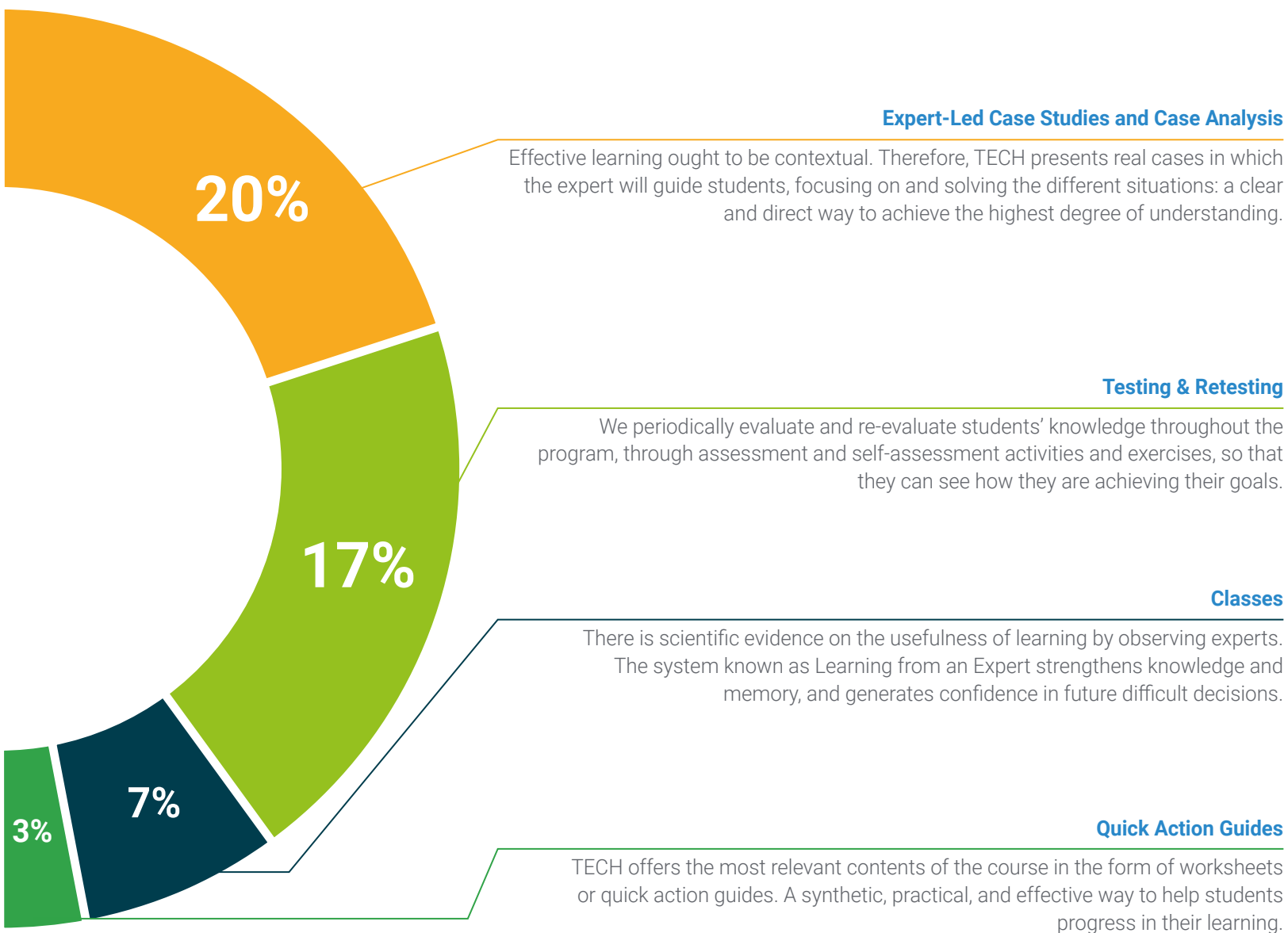
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





06 Certificate

The Postgraduate Certificate in Sex Education guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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*Successfully complete this program and
receive your university qualification without
having to travel or fill out laborious paperwork”*

This **Postgraduate Certificate in Sex Education** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Sex Education**

Official N° of Hours: **150 h.**



*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future

health confidence people

education information tutors

guarantee accreditation teaching

institutions technology learning

community commitment

personalized service innovation

knowledge present

development language

virtual classroom

tech technological
university

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- » Modality: Online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: Online

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