

Postgraduate Certificate

Personality Disorders and Related Features



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Course Modality: Online

Duration: 6 weeks

Certificate: TECH Technological University

Official N° of hours: 150 h.

Website: www.techtute.com/us/medicine/postgraduate-certificate/personality-disorders-related-features

Index

01

Introduction

p. 4

02

Objectives

p. 8

03

Course Management

p. 12

04

Structure and Content

p. 16

05

Methodology

p. 20

06

Certificate

p. 28

01

Introduction

When a patient has a Personality Disorder, their quality of life is significantly impaired by a prolonged negative pattern of behavior. These repetitive acts have a direct impact on the person's ability to cope in various social contexts. Aware of this reality, TECH professionals have designed this academic program where physicians will be able to update their knowledge in a realistic and practical way.



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During this program, you will discuss the various personality disorders a person can develop and the most effective ways to address them"

Personality Disorder is a type of mental pathology in which the individual develops a certain thinking and behavioral patterns that are far from reality and highly detrimental to their mental health. Specifically, a person with Personality Disorder has problems perceiving situations and relating to other people. These limitations cause social problems in everyday environments such as work or school.

In some cases, the individual may not realize that they have a Personality Disorder, and that is where the work of the physician specializing in this area becomes absolutely fundamental. But, for this, it is necessary to go beyond the education received at the university and opt for specialized programs such as the one TECH presents today.

In addition, there are many types of Personality Disorders and they usually begin to show in adolescence or early adulthood, so an early diagnosis becomes crucial in order to provide the patient with a better quality of life.

All this knowledge about the diagnosis and approach to personality disorders can be acquired by the physician in this 100% online TECH Postgraduate Certificate, which stands out for its highly innovative and effective teaching methodology.

This **Postgraduate Certificate in Personality Disorders and Related Features** contains the most complete and up-to-date scientific program on the market. Its most notable features are:

- ◆ Practical cases presented by experts in Medicine and Psychiatry
- ◆ The graphic, schematic, and eminently practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ◆ Practical exercises where self-assessment can be used to improve learning
- ◆ Special emphasis on innovative methodologies
- ◆ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ◆ Content that is accessible from any fixed or portable device with an Internet connection

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Disorders like antisocial personality can seriously and negatively impact people. With programs like this one, physicians learn not only to diagnose them better, but also to address them in an effective way”

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Here you will find the flexibility you need to study without sacrificing maximum scientific rigor”

The program’s teaching staff includes professionals from the sector who contribute their work experience to this program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive learning programmed to train in real situations.

The design of this program focuses on Problem-Based Learning, which means the student must try to solve the different real-life situations that arise throughout the academic program. For this purpose, the professional will be assisted by an innovative interactive video system created by recognized experts in

As this is an online diploma, you will be able to combine your work, personal and academic life.

Study from the comfort of your home and update your knowledge online with TECH Technological University, the biggest online university in the world.



02 Objectives

This TECH Postgraduate Certificate was created with the objective of providing the physician with in-depth, complete and up-to-date knowledge on the diagnosis and treatment of personality disorders. Therefore, upon completion of the program, students will be prepared to practice their profession with the confidence provided by a qualification issued by this university, which guarantees the most complete knowledge and the most up-to-date tools in the sector.





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TECH applies maximum scientific rigor in its programs so that you can achieve your professional objectives”



General objectives

- ◆ Improve clinical skills in interviewing, examination and diagnosis in psychiatry
- ◆ Provide skills and strategies for clinical management in psychiatry
- ◆ Keep physicians' knowledge of new advances in psychiatry up to date
- ◆ Master the skills for scientific research in psychiatry
- ◆ Improve professional communication skills
- ◆ Provide training for leadership in psychiatry
- ◆ Know the peculiarities of the development of different specific areas
- ◆ Know how to prevent and treat psychiatric epidemiology in the different stages of life
- ◆ Gain up-to-date knowledge of the therapeutic strategies in the latest advances in psychiatry
- ◆ Approach specific psychiatric problems
- ◆ Provide skills and strategies for clinical management in psychiatry





Specific objective

- ◆ Delve into the framework and classifications of these disorders, as well as the correct formulation of the diagnosis and therapeutic plan



*You are just one click away from
the change you deserve in life.
Don't miss this opportunity"*

03

Course Management

For this Postgraduate Certificate, TECH has assembled a teaching staff made up of active experts in the fields of medicine and psychiatry who bring their experience of many years working in this sector to this Postgraduate Certificate. Professionals from other related areas have also participated in the creation of the contents of this program, completing the program in an interdisciplinary and comprehensive way, giving the Postgraduate Certificate unique characteristics that the student will not be able to find anywhere else.



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Authentic experts in the field will guide you through the whole learning process”

Management



Dr. Baca García, Enrique

- ◆ Head of the Department of Psychiatry at the Jiménez Díaz Foundation
- ◆ Professor of Psychiatry. Department of Psychiatry. Faculty of Medicine. Autonomous University of Madrid
- ◆ Degree in Medicine and Surgery from the Autonomous University of Madrid
- ◆ PhD in Medicine and Surgery from the University of Alcalá
- ◆ Specialist in Psychiatry
- ◆ Postdoctoral Research Fellow. Columbia University College of Physicians & Surgeons

Professors

Dr. De Granda Beltrán, Ana María

- ◆ Faculty Specialist in the JDF Health Research Institute Foundation
- ◆ Suicidal Behavior Prevention and Treatment Consultation at Moncloa Mental Health Center
- ◆ Degree in Medicine from the Complutense University of Madrid
- ◆ Master's Degree in Legal Psychiatry from the Complutense University of Madrid

Dr. González Rodríguez, Teresa

- ◆ Psychiatric Consultant in the Plaza España Psychiatry and Psychology Center
- ◆ Psychiatry Consultant in the Averroes Medical Center
- ◆ Degree in Medicine from the University of Seville
- ◆ Master's Degree in Clinical Medicine from the Camilo José Cela University
- ◆ Master's Degree in Legal Psychiatry from the Complutense University of Madrid



04

Structure and Content

For this program, a group of high-level professionals have designed the most complete and up-to-date content on the market, all in a multimedia format. Therefore, the theoretical materials will become an authentic guide for students in their daily practice, and the practical cases will teach them how to react to real situations that they could face in their work. It is, therefore, the perfect formula for professional success.





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*Here you will find the best content
in a multimedia format”*

Module 1. Personality Disorders and Related Features

- 1.1. Theories of Personality
- 1.2. Personality: Traits Versus Disorder
- 1.3. Classifications of Personality Disorders
- 1.4. Epidemiology
- 1.5. Etiopathogenesis
- 1.6. Clinical Forms
- 1.7. Emotional Instability Disorder
- 1.8. Comorbidities in Personality Disorders
- 1.9. Evaluation, Diagnosis and Differential Diagnosis
 - 1.9.1. Diagnosis
 - 1.9.2. Differential Diagnosis
- 1.10. Treatment





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*In a competitive working world,
only the most specialized
physicians will be able to make
their profile stand out”*

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06 Certificate

The Postgraduate Certificate in Personality Disorders and Related Features guarantees you, in addition to the most rigorous and up-to-date training, access to a Postgraduate Certificate issued by TECH Technological University.





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*Successfully complete this program
and receive your university degree
without travel or laborious paperwork”*

This **Postgraduate Certificate in Personality Disorders and Related Features** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations and professional career evaluation committees.

Title: **Postgraduate Certificate in Personality Disorders and Related Features**

Official N° of hours: **150 h.**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

health future
confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present quality
development language
virtual classroom



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