

Postgraduate Certificate

Peelings and Dermocosmetics





Postgraduate Certificate Peelings and Dermocosmetics

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitute.com/us/medicine/postgraduate-certificate/peelings-dermocosmetics

Index

01

Introduction

p. 4

02

Objectives

p. 8

03

Course Management

p. 12

04

Structure and Content

p. 18

05

Methodology

p. 22

06

Certificate

p. 30

01

Introduction

Facial blemishes affect a high percentage of the population and, to combat them, Dermocosmetics has become the main ally of Aesthetic Medicine professionals.





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A comprehensive program that will help you to keep up to date with the latest in Peelings and Dermocosmetics”

The importance of beauty, both feminine and masculine, is booming in recent years. Therefore, it is not surprising that many people decide to undergo cosmetic treatments to improve their image.

The aging process represents a combination of intrinsic factors such as tissue atrophy and extrinsic factors such as solar radiation or gravity.

This course will provide students with the appropriate knowledge to use the different types of peeling in the treatment of rejuvenation and certain skin disorders in an effective way, highlighting the knowledge of the most used active ingredients and their mechanisms of action.

Special emphasis will be placed on proper patient selection, previous skin preparation, as well as proper follow-up and prescription of post-peel treatment, adapted to the usual evolution after the use of each chemical agent or combination of them selected, without forgetting the knowledge of the possible adverse effects and their treatment.

The **Postgraduate Certificate in Peelings and Dermocosmetics** is a training program designed to provide physicians with the necessary knowledge to implement the specialization in their professional life. It brings an added balance to working life and opens a door to a growing demand for healthcare.

This **Postgraduate Certificate in Peelings and Dermocosmetics** contains the most complete and up-to-date educational program on the market. The most important features of the program include:

- ♦ The development of case studies presented by experts in Peelings and Dermocosmetics.
- ♦ The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice.
- ♦ The latest developments in Peelings and Dermocosmetics.
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning.
- ♦ Special emphasis on innovative methodologies in Peelings and Dermocosmetics.
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments.
- ♦ Content that is accessible from any fixed or portable device with an Internet connection.



Expand your knowledge through this course in Peelings and Dermocosmetics that will allow you to specialize until you achieve excellence in this field"

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This Postgraduate Certificate may be the best investment you can make in the selection of a refresher program for two reasons: In addition to updating your knowledge in Peelings and Dermocosmetics, you will obtain a Postgraduate Certificate from TECH Technological University"

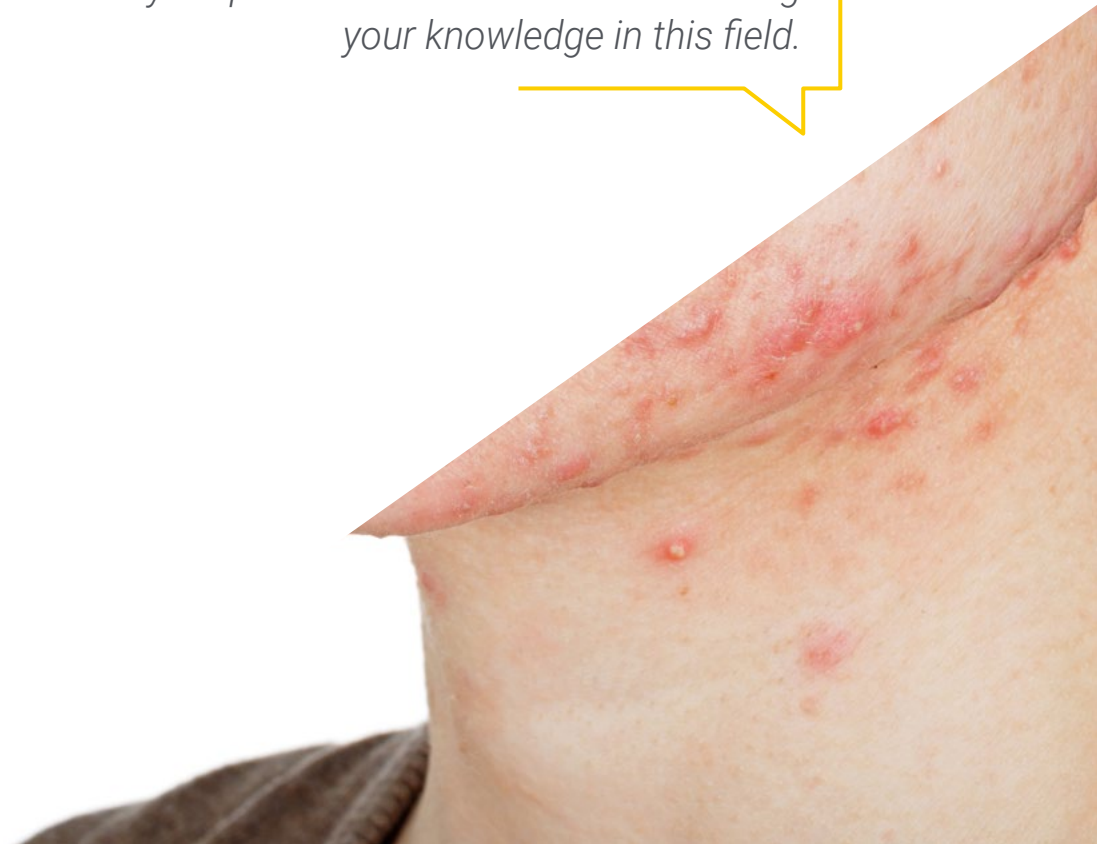
Its teaching staff includes professionals belonging to the field of Peelings and Dermocosmetics, who bring to this training the experience of their work, as well as recognized specialists from leading companies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive training programmed to train in real situations.

This program is designed around Problem Based Learning, whereby the physician must try to solve the different professional practice situations that arise during the academic year. For this purpose, the professor will be assisted by an innovative interactive video system created by renowned and experienced experts in the field of **Peelings and Dermocosmetics**.

Do not hesitate to take this training with us. You will find the best teaching material with virtual lessons.

This 100% online Postgraduate Certificate will allow you to combine your studies with your professional work while increasing your knowledge in this field.



02 Objectives

The Postgraduate Certificate in Peelings and Dermocosmetics is aimed at facilitating the performance of the professional dedicated to teaching with the latest advances and newest treatments in the sector.



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Thanks to this course you will be able to specialize in Peelings and Dermocosmetics and learn about the latest advances in the field"



General Objectives

- Teach the knowledge of all anti-aging modalities and esthetic treatments, incorporating the necessary tools to exercise this specialty in their daily practice.
- Learn how to control, delay and prevent the existing aging process today.

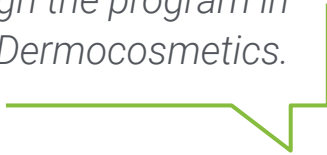




Specific Objectives

- Learn how to use the different types of peeling in rejuvenation treatment and certain skin disorders effectively, highlighting the knowledge of the most commonly used active ingredients and their mechanisms of action.
- Select the patient appropriately, preparing the skin beforehand, as well as carrying out proper follow-up and prescription of post-peeling treatment, adapted to the usual evolution after the use of each chemical agent or combination thereof selected.
- Learn about the possible adverse effects of peeling and how they can be treated.

*Update your knowledge through the program in
Peelings and Dermocosmetics.*



03

Course Management

The program includes in its teaching staff reference experts in Aesthetic Medicine, who pour into this training the experience of their work. Additionally, other recognized experts participate in its design and preparation, completing the program in an interdisciplinary manner.





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*The leading experts in Aesthetic Medicine
have joined forces to share with you all
their knowledge in this field"*

Management



Dr. Mosquera González, Margarita

- Medical Director of the Comprehensive Aesthetic Medicine area. C&M Clinic. Rivas. Madrid
- Specialist Physician in the Preventive Medicine Unit of the Alcorcón Foundation University Hospital
- Specialist in Aesthetic and Anti-Aging Medicine



Dr. Lacosta Esclapez, Pilar

- ♦ Head of the Department of Aesthetic Medicine of the Lipedema Unit - Virgen de la Paloma Viamed Hospita
- ♦ Head of the Department of Aesthetic Oncological Medicine at the Plastic Surgery Clinic of Dr. Granado Tiogonce
- ♦ Responsible for the Unit of Quality of Life of the Oncology Patient
- ♦ Aesthetic Physician at Nuestra Señora de La Paloma Hospital
- ♦ Aesthetic Physician at Pilar Lacosta Clinic
- ♦ Medical Director of the Sergesa Center for Dependency
- ♦ Director of Aesthetic Oncology Medicine Unit in the clinic of Dr. Granado in Pozuelo de Alarcón
- ♦ Medical Director of Dr. Pilar Lacosta Clinic in Boadilla del Monte
- ♦ Some societies to which she belongs, Member of the Board of Directors of the group of experts in aesthetic medicine in oncology patients (GEMEON), SEMNO (Spanish Society of Nutrition and Orthomolecular Medicine), SEME (Spanish Society of Aesthetic Oncological Medicine)

Professors

Dr. Ugarte López, Nuria

- ◆ Director of the Aesthetic Medical Center Dr. Nuria Ugarte
- ◆ Expert in quality of life and medical-aesthetic care of cancer patients
- ◆ Member of the Board of Directors of the group of experts in aesthetic medicine in cancer patients (GEMEON)
- ◆ Member of the Spanish Society of Aesthetic Medicine Spanish Society of Aesthetic Medicine (SEME) and Riojan Society of Aesthetic Medicine (SRME)





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Our teaching team will provide you with all their knowledge so that you are up to date with the most up-to-date information on the subject”

04

Structure and Content

The structure of the content has been designed by the best professionals in the Aesthetic Medicine sector, with extensive experience and recognized prestige in the profession, backed by the volume of cases reviewed, studied, and diagnosed, and with extensive knowledge of new technologies applied to teaching.





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This Postgraduate Certificate in Peelings and Dermocosmetics contains the most complete and up-to-date scientific program on the market”

Module 1. Peeling and Dermocosmetics

- 1.1. General aspects
 - 1.1.1. History Definition
 - 1.1.2. Skin Structure
 - 1.1.3. Types of Peeling and Common Indications and Other Indications
 - 1.1.4. Patient Selection: The Importance of the Medical History
 - 1.1.5. Correct Diagnosis: Wood's Light and Dermatoscope
 - 1.1.6. Informed Consent Form
- 1.2. Advance Preparation
 - 1.2.1. Skin Preparation: General Skin Care and Home Treatment
 - 1.2.2. Antiherpetic Prophylaxis
 - 1.2.3. Preanesthetic Assessment Indications
- 1.3. Superficial Peeling
 - 1.3.1. Types of Very Superficial and Superficial Peels
 - 1.3.2. Mechanism of Action
 - 1.3.3. Indications for Superficial Peeling
 - 1.3.4. Contraindications
 - 1.3.5. Procedure
- 1.4. Medium Peeling
 - 1.4.1. Types of Medium Peeling
 - 1.4.2. Mechanism of Action
 - 1.4.3. Indications for Medium Peeling
 - 1.4.4. Contraindications
 - 1.4.5. Procedure
- 1.5. Deep Peeling
 - 1.5.1. Introduction to Deep Peeling
 - 1.5.2. Deep Peeling Patient Selection
 - 1.5.3. Deep Phenol Peeling
 - 1.5.4. Outpatient Phenol Peeling
 - 1.5.5. Procedure
- 1.6. Post-Peel Care. Adverse Effects and their Treatment
 - 1.6.1. General Recommendations and Specific Post Peeling Care
 - 1.6.2. Adverse Effects and their Treatment
- 1.7. Introduction to Dermocosmetics
 - 1.7.1. Skin Types
 - 1.7.2. What are Cosmetics?
 - 1.7.3. Ingredients in a Cosmetic Product
 - 1.7.4. Cosmetic Forms
 - 1.7.5. Mechanisms of Absorption of Cosmetics
- 1.8. General Cosmetic Skin Care
 - 1.8.1. Hygiene
 - 1.8.2. Hydration
 - 1.8.3. Depigmenting agents
 - 1.8.4. Photoprotection
- 1.9. Specific Cosmetic Care
 - 1.9.1. Ageing
 - 1.9.2. Acne
 - 1.9.3. Other Alterations: Rosacea
- 1.10. Magistral Formulation in Cosmetics



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This will provide key training to advance your career”

05

Methodology

This training program provides you with a different way of learning. Our methodology uses a cyclical learning approach: *Re-learning*.

This teaching system is used in the most prestigious medical schools in the world, and major publications such as the *New England Journal of Medicine* have considered it to be one of the most effective.



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Discover Re-learning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

In a given situation, what would you do? Throughout the program, you will be presented with multiple simulated clinical cases based on real patients, where you will have to investigate, establish hypotheses and, finally, resolve the situation. There is abundant scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you can experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching potential or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in professional medical practice.

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Did you know that this method was developed in 1912 at Harvard for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only grasp concepts, but also develop their mental capacity by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Re-Learning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our University is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.



The physician will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

With this methodology we have trained more than 250,000 physicians with unprecedented success, in all clinical specialties regardless of the surgical load. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

Re-learning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (we learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



In this program you will have access to the best educational material, prepared with you in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



Latest Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

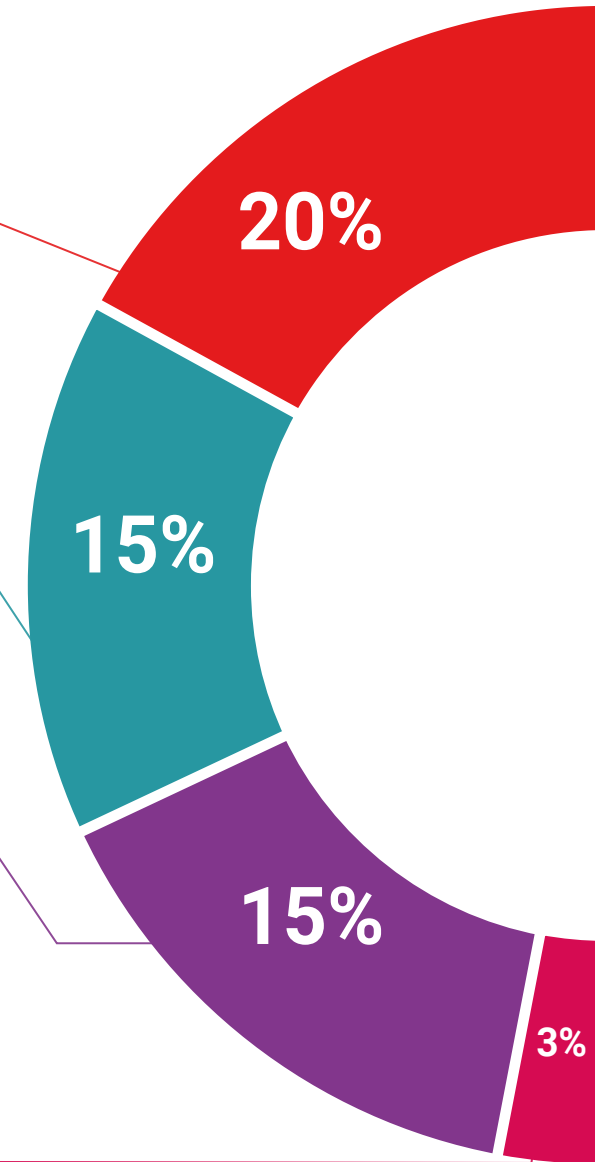
We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

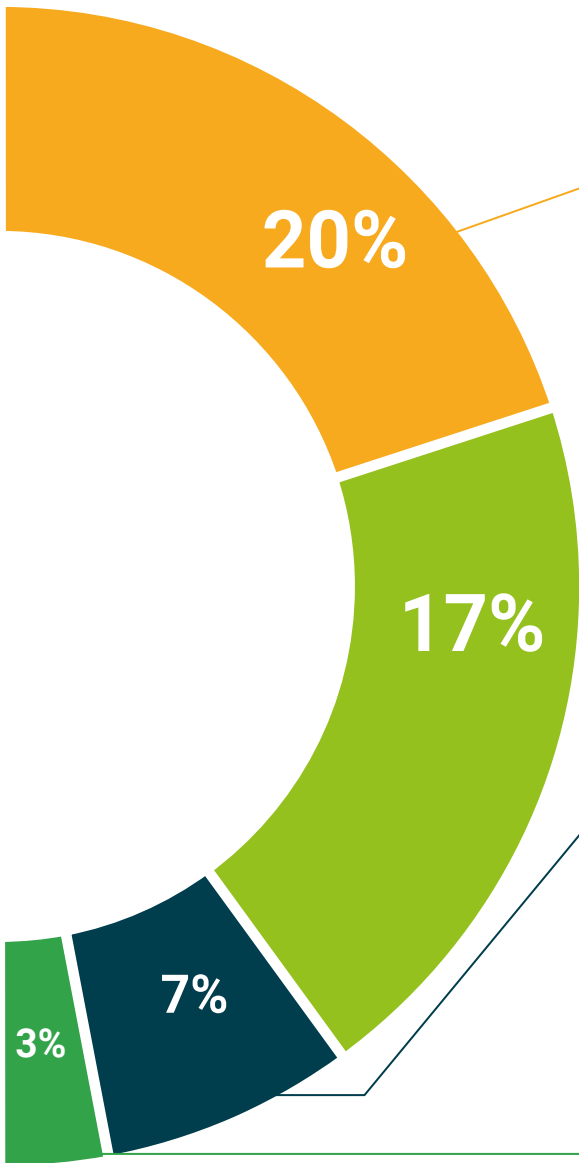
This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents, international guides. in our virtual library you will have access to everything you need to complete your training.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Re-testing

We periodically evaluate and re-evaluate your knowledge throughout the program, through assessment and self-assessment activities and exercises: so that you can see how you are achieving your goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.
Learning from an expert strengthens knowledge and memory, and generates confidence in our future difficult decisions.



Quick Action Guides

We offer you the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help you progress in your learning.



06 Certificate

The **Postgraduate Certificate in Peelings and Dermocosmetics** guarantees you, in addition to the most rigorous and up-to-date training, access to a **Postgraduate Certificate** qualification issued by **TECH Technological University**.



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Successfully complete this training and receive your Postgraduate Certificate without travel or laborious paperwork"

This **Postgraduate Certificate in Peelings and Dermocosmetics** contains the most complete and up-to-date scientific program on the market.

After students have passed the assessments, they will receive by certified mail their **Postgraduate Certificate** issued by **TECH Technological University**.

The certificate issued by **TECH Technological University** will express the qualification obtained in the **Postgraduate Certificate**, and will meet the requirements of the labor exchanges, competitive examinations and professional career evaluation committees.

Title: **Postgraduate Certificate in Peelings and Dermocosmetics**

Official Number of Hours: **150**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present quality
development languages
virtual classroom



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