

Postgraduate Certificate

Mood Disorders



Postgraduate Certificate

Mood Disorders

Course Modality: Online

Duration: 6 weeks

Certificate: TECH Technological University

Official N° of hours: 150 h.

Website: www.techtute.com/medicine/postgraduate-certificate/mood-disorders

Index

01

Introduction

p. 4

02

Objectives

p. 8

03

Course Management

p. 12

04

Structure and Content

p. 16

05

Methodology

p. 20

06

Certificate

p. 28

01

Introduction

In today's society, where stress has become an institutionalized part of people's lives, mood disorders such as depression have been increasingly affecting more and more people around the world. Therefore, it is crucial that physicians update their knowledge in order to offer patients an innovative approach to this type of pathology and, with academic programs such as this one, this is achieved in a convenient and highly effective way.



“

Respond to the staggering increase in depressive disorders and improve your practice as a physician with this Postgraduate Certificate that TECH offers"

This Postgraduate Certificate that TECH provides for physicians is designed for those health professionals who want to deepen their knowledge in the latest developments in psychiatry applied to mood disorders.

Mood disorders are the second biggest cause of disability on the planet. These pathologies involve alterations in mental health due to changes that occur at an emotional level and that are prolonged over time. Therefore, depression or mania could be examples of mood disorders.

That's why, during this Postgraduate Certificate, we will review the main changes in the evolution of the concept and the innovative treatments of these disorders. All of this will provide the student with the in-depth knowledge that will allow them to establish the most effective treatment plans in each case.

We will study these and other types of disorders in just 150 hours of studying which will mark a before and after in the career of the physicians. A 100% online Postgraduate Certificate that provides the student with the ease of being able to study it comfortably, wherever and whenever they want. All they need is a device with internet access to take their career one step further.

This **Postgraduate Certificate in Mood Disorders** contains the most complete and up-to-date educational program on the market. The most important features of the program include:

- ◆ Practical cases presented by experts in Medicine and Psychiatry
- ◆ The graphic, schematic, and eminently practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice.
- ◆ Practical exercises where self-assessment can be used to improve learning
- ◆ Special emphasis on innovative methodologies
- ◆ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ◆ Content that is accessible from any fixed or portable device with an Internet connection



The sector is demanding more and more medical professionals with expertise in this area. Become one of them by studying this Postgraduate Certificate”

“

Learn to take a better approach to depression and/or mania with this highly-academically-valuable Postgraduate Certificate”

The program's teaching staff includes professionals from the sector who contribute their work experience to this program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive learning programmed to train in real situations.

The design of this program focuses on Problem-Based Learning, which means the student must try to solve the different real-life situations of that arise throughout the academic program. To this end, the professional will be assisted by an innovative interactive video system developed by renowned and experienced experts in Mood Disorders.

The pandemic has also increased the number of people with depression. If you want to learn how to better treat these patients then this program is for you.

Study from the comfort of your home and update your knowledge online with TECH Technological University, the biggest online university in the world.



02 Objectives

With the aim of providing physicians with in-depth knowledge that will allow them to carry out their work in this field of expertise, TECH has created this Postgraduate Certificate which not only includes the best theoretical content, but also an excellent teaching team who will be responsible for imparting the theoretical lessons and teaching students through practical case studies.





“

Start to make your goals a reality but study in an internationally prestigious institution like TECH”



General Objectives

- ◆ Improve clinical skills in interviewing, examination and diagnosis in psychiatry
- ◆ Provide skills and strategies for clinical management in psychiatry
- ◆ Keep physicians' knowledge of new advances in psychiatry up to date
- ◆ Master the skills for scientific research in psychiatry
- ◆ Improve professional communication skills
- ◆ Provide training for leadership in psychiatry
- ◆ Know the peculiarities of the development of different specific areas
- ◆ Know how to prevent and treat psychiatric epidemiology in the different stages of life
- ◆ Gain up-to-date knowledge of the therapeutic strategies in the latest advances in psychiatry
- ◆ Approach specific psychiatric problems
- ◆ Provide skills and strategies for clinical management in psychiatry





Specific Objective

- ◆ Gain in-depth knowledge in order to create a treatment plan for mood disorders



If what you are looking for is to improve as a physician and have a direct impact on the quality of life of individuals, then this is the program for you"

03

Course Management

For this Postgraduate Certificate, TECH has assembled a teaching staff made up of active experts in the fields of medicine and psychiatry who bring their experience of many years working in this sector to this program. Professionals from other related areas have also participated in the creation of the contents of this program, completing the program in an interdisciplinary and comprehensive way, giving the Postgraduate Certificate unique characteristics that the student will not be able to find anywhere else.



“

An exceptional teaching team will be in charge of providing you with all the knowledge you need to grow in your profession. Don't miss this opportunity”

Management



Dr. Baca García, Enrique

- ♦ Head of the Department of Psychiatry at the Jiménez Díaz Foundation
- ♦ Professor of Psychiatry. Department of Psychiatry. Faculty of Medicine. Autonomous University of Madrid
- ♦ Degree in Medicine and Surgery from the Autonomous University of Madrid
- ♦ PhD in Medicine and Surgery from the University of Alcalá
- ♦ Specialist in Psychiatry
- ♦ Postdoctoral Research Fellow. Columbia University College of Physicians & Surgeons

Professors

Dr. Brañas González, Antía

- ◆ Medical specialist in Psychiatry in the Ourense Hospital Complex
- ◆ Experience in clinical work in different public and private centers
- ◆ PhD in Health Sciences from the University of Alcalá
- ◆ Degree in Medicine and Surgery from the University of Santiago de Compostela
- ◆ Diploma of Advanced Studies from the University of Granada

“

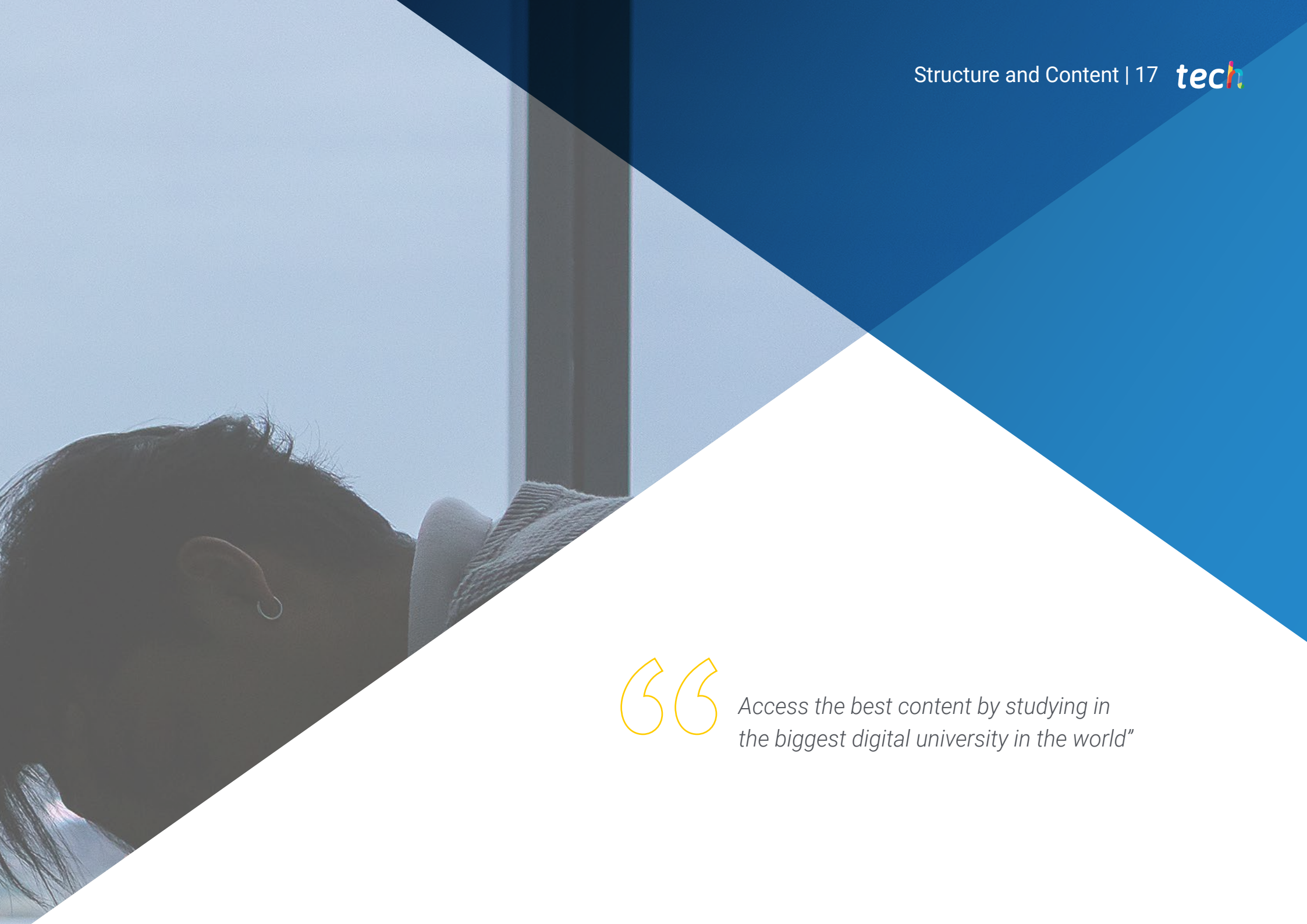
Learn the latest advances in the field of Mood Disorders from leading professionals”

04

Structure and Content

The structure and content of this program have been designed based on the requirements of the latest generation of medicine and psychiatry, always guaranteeing the highest scientific accuracy. In this way, the student will have access to both a theoretical and practical syllabus which will provide them with a global learning experience, allowing them to gain in-depth and up-to-date knowledge of mood disorders and their most effective treatments.





“

*Access the best content by studying in
the biggest digital university in the world”*

Module 1. Mood Disorders

- 1.1. Bipolar Disorders I
 - 1.1.1. Epidemiology
 - 1.1.2. Risk Factors
 - 1.1.3. Etiopathogenesis
- 1.2. Bipolar Disorders II
 - 1.2.1. Classification
 - 1.2.1.1. Clinical Characteristics
 - 1.2.1.2. Type I Bipolar Disorder
 - 1.2.1.3. Type II Bipolar Disorder
 - 1.2.2. Cyclothymia
- 1.3. Bipolar Disorders III
 - 1.3.1. Assessment
 - 1.3.1.1. Diagnosis
 - 1.3.2. Differential Diagnosis
- 1.4. Bipolar Disorders IV
 - 1.4.1. Evolution
 - 1.4.2. Prognosis
- 1.5. Bipolar Disorders V
 - 1.5.1. Treatment
- 1.6. Depressive Disorders I
 - 1.6.1. Epidemiology
 - 1.6.1.1. Risk Factors
 - 1.6.2. Etiopathogenesis



- 1.7. Depressive Disorders II
 - 1.7.1. Classification
 - 1.7.2. Clinical Characteristics
 - 1.7.2.1. Depressive Disorder, Single Episode
 - 1.7.2.2. Recurring Depressive Disorder
 - 1.7.2.3. Dysthymic Disorder
 - 1.7.2.4. Mixed Anxiety and Depression Disorder
 - 1.7.3. Premenstrual Dysphoric Disorder
- 1.8. Depressive Disorders III
 - 1.8.1. Assessment
 - 1.8.1.1. Diagnosis
 - 1.8.2. Differential Diagnosis
- 1.9. Depressive Disorders IV
 - 1.9.1. Evolution
 - 1.9.2. Prognosis
- 1.10. Depressive Disorders V
 - 1.10.1 Treatment



Become a better physician who specializes in mood disorders by studying this course"

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





“

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

“

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06 Certificate

The Postgraduate Certificate in Mood Disorders guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



“

Successfully complete this program and receive your university diploma without travel or laborious paperwork”

This **Postgraduate Certificate in Mood Disorders** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations and professional career evaluation committees.

Title: **Postgraduate Certificate in Mood Disorders**

Official N° of Hours: **150 h.**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

health future
confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present quality
development language
virtual classroom



**Postgraduate
Certificate**

Mood Disorders

Course Modality: Online

Duration: 6 weeks

Certificate: TECH Technological University

Official N° of hours: 150 h.

Postgraduate Certificate

Mood Disorders

