

Postgraduate Certificate Masculinity and Sexuality



Postgraduate Certificate Masculinity and Sexuality

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/medicine/postgraduate-certificate/masculinity-sexuality

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01

Introduction

Masculinity is a fundamental issue in the field of Medical Sexology, as it has a great influence on the way men perceive and live their sexuality. For this reason, it is crucial that medical professionals keep their tools and techniques of approach in this area up to date in order to offer comprehensive care to their patients. Therefore, this Postgraduate Certificate offers specialists not only the most up-to-date tools in Sexological Counseling, but also the keys to the new masculinities. In addition, it is designed in a 100% online format, which allows the academic resources to be organized according to the needs of each student. In this way, it is the best academic option in the field of Medical Sexology.



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This 100% online university program will allow you to acquire an up-to-date and renewed understanding of Masculinities and their impact on the medical field”

Masculinity is a topic that has been the subject of study and debate in recent years in different fields, including medicine and sexology. Certain risks associated with traditional masculinity and gender stereotypes have been identified, such as violence, substance abuse, depression and suicide. Therefore, it is crucial that health professionals are up-to-date in this field in order to provide comprehensive and effective care to their patients.

The Postgraduate Certificate in Masculinity and Sexuality offers a unique opportunity to gain a renewed and current view on this topic. In addition, it focuses on providing up-to-date tools and knowledge to address men's sexual and mental health and the relationship between masculinity and sexuality. Through a multidisciplinary approach, participants will have access to up-to-date content prepared by experts in the fields of Sexology and Medicine.

The program is taught in a 100% online format, which allows students flexibility in their schedule and access from anywhere. In addition, Relearning's pedagogical methodology adapts to the needs and learning pace of each student, which guarantees effective knowledge acquisition. Students will have the opportunity to interact with professionals from different areas and share experiences and knowledge through forums and other collaborative tools. Therefore, this is a unique opportunity to acquire the most up-to-date and relevant tools to address men's sexual and mental health.

This **Postgraduate Certificate in Masculinity and Sexuality** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ◆ The development of case studies presented by experts in Psychology and Sexuality
- ◆ The graphic, schematic and eminently practical content of the system provides specialized and practical information on those disciplines that are essential for professional practice
- ◆ Practical exercises where self-assessment can be used to improve learning
- ◆ Its special emphasis on innovative methodologies
- ◆ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ◆ Content that is accessible from any fixed or portable device with an Internet connection



Stand out in a growing sector with great projection and be part of the social change through excellence"

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Take advantage of the opportunity to gain in-depth knowledge about the medical support required for the deconstruction of masculinity”

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

Master the most effective methods to carry out a comprehensive intervention in the process of male self-knowledge.

The 100% online format of this program will allow you to combine your work responsibilities with learning.



02 Objectives

This Postgraduate Certificate in Masculinity and Sexuality is designed to provide doctors with the necessary tools to effectively address the various issues related to Masculinities. With the aim of improving the quality of life of patients and promoting their emotional and psychological well-being, this degree explores topics such as sexual orientation violence, Male Erotics and Self-Awareness Strategies. Definitely, this university program is an essential tool for any professional in the medical field who seeks to offer comprehensive and quality care in this field.



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With this 150-hour academic program, you will acquire a clinical perspective on Male Sexuality and its physical and psychological risks”



General Objectives

- ◆ Acquire knowledge about sexuality by expanding the vision of sexuality from a biopsychosocial perspective
- ◆ Obtain tools to be able to accompany cases related to difficulties related to sexuality
- ◆ Identify the variables involved in the origin and maintenance of the different sexual dysfunctions (organic, psychological, relational and cultural components)
- ◆ Acquire skills to be able to share information about sexuality in a clear way
- ◆ Understand the aspects involved in the beginning and development of couple relationships (couple's life cycle: establishment and evolution)
- ◆ Describe the dynamics of couple relationships and factors that generate alterations in them
- ◆ Explore complex issues such as gender-based violence and child sexual abuse
- ◆ Achieve skills to face the multiple incidences and decisions that may arise in the exercise of their profession
- ◆ Gain a deep knowledge of the deontology in sexuality and couple matters, as well as learn to carry out an exercise of introspection on those personal and professional aspects that could collide with their profession and that would produce an impairment of the therapeutic work
- ◆ Perform research programs in sexuality





Specific Objectives

- ◆ Contextualize masculinity Its mandates, beliefs and the influence this has on the individual, society and the relational sphere
- ◆ Distinguish masculinity as an innate value and reflect on the importance of inhabiting less rigid and more diverse identities
- ◆ Create imaginaries of male eroticism away from normativity, with the intention of building new paradigms that aim to explore the peculiarities of each sexed subject, minimizing the impact of the identity experience from the socio/cultural expectations



*Designs research programs in
Sexuality and contributes to demystify
masculinity from a clinical perspective"*

03

Course Management

TECH has carried out a rigorous selection process for the teaching staff of this Postgraduate Certificate with the aim of guaranteeing a first class university education. This ensures that professionals who take this program obtain a broad set of competencies taught by true experts in the field. Furthermore, the human quality and proximity of the teaching staff has been considered to facilitate the resolution of doubts and encourage interaction with students, which allows for a more effective and enriching learning process.



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An expert teaching team in the area to offer you the latest scientific postulates on Sexuality and Masculinity”

Management



Ms. Ramos Escamilla, María

- ♦ Sexologist and Couple Therapist
- ♦ Director of Destino Kink
- ♦ Degree in Psychology from the Complutense University of Madrid
- ♦ Master's Degree in Sexology, Sex Education and Sexological Counseling from Camilo José Cela University

Professors

Mr. Lajud Alastrué, Iñaki

- ♦ Psychologist and Sexologist
- ♦ Co-founder of the Association Masculinities Beta
- ♦ Psychologist at the Me Digo Sí Center
- ♦ Professor of the Master's Degree in Gender Violence of the Official College of Psychologists of Madrid



04

Structure and Content

The syllabus of this university qualification has been designed based on the most recent treatments for the clinical approach to the physical and psychological risks of Masculinity in Sexuality. Therefore, the professional will have access to pedagogical resources specialized in Homosociability, Male Erotics and Self-Awareness Strategies, which will allow them to develop a broader and up-to-date perspective in this field. In addition, the program has high quality multimedia resources, available online at any time and from any device with Internet connection. Thanks to this program offered by TECH, doctors will be able to direct their professional careers towards the field of Sexology and offer quality care to their patients.





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You will delve into the roles of men in the couple, which will allow you to obtain a global and integral vision of Masculinity to perfect your clinical assistance”

Module 1. Masculinity and Sexuality

- 1.1. Contextualization of Male Socialization
 - 1.1.1. Hegemonic Masculinity and Complicit Masculinities
 - 1.1.2. Masculinity and Patriarchy
- 1.2. Masculinity Box
 - 1.2.1. What Is It? Associated Values, Mandates, Beliefs
- 1.3. Risk of Masculinity
 - 1.3.1. Risks to Men Themselves
 - 1.3.2. Risks to Society. Violence
- 1.4. Non-normative Dissident Masculinities
 - 1.4.1. De-essentializing Masculinity
 - 1.4.2. Importance of Plural Identities
- 1.5. Masculinity in Affective and Sexual Attachments
 - 1.5.1. Homosociability
 - 1.5.2. Affective Relationship Skills
 - 1.5.3. Roles of Men in the Couple
- 1.6. Male Erotica (I)
 - 1.6.1. Influence of Pornography in the Male Ideology
 - 1.6.2. Fantasies and Autoerotica
- 1.7. Male Erotica (II)
 - 1.7.1. Desire, Pleasure and Genitality in Normative Relational Erotics
 - 1.7.2. Non-normative Erotic and Relational Imaginaries
- 1.8. Male Erotica (III)
 - 1.8.1. Intimacy, Vulnerability and Care
- 1.9. New Masculinities
 - 1.9.1. What are they?
 - 1.9.2. Collectivizing the Identity Review Process
- 1.10. Reflecting on Masculinity
 - 1.10.1. Strategies for Self-knowledge
 - 1.10.2. Who am I?





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Direct your medical profile towards Sexology with this Postgraduate Certificate, which delves into the keys to the clinical approach of Masculinities”

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

Certificate

The Postgraduate Certificate in Masculinity and Sexuality guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"

This **Postgraduate Certificate in Masculinity and Sexuality** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Masculinity and Sexuality**

Official N° of Hours: **150 h.**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.



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- » Dedication: **16h/week**
- » Schedule: **at your own pace**
- » Exams: **online**

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