



## Postgraduate Certificate Infantile Atopic Dermatitis

» Modality: online» Duration: 6 weeks

» Certificate: TECH Technological University

» Dedication: 16h/week

» Schedule: at your own pace

» Exams: online

 $We bsite: {\color{blue}www.techtitute.com/pk/medicine/postgraduate-certificate/infantile-atopic-dermatitis}$ 

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## tech 06 | Introduction

Cases of atopic dermatitis in infantile-juvenile patients, especially in infants, are very frequent in pediatric consultations. Every day, dozens of concerned parents who have detected itching, reddening of the skin or oozing bumps in their children come to the specialists and demand an accurate diagnosis, as well as a treatment that helps to alleviate the symptoms of this pathology.

In this type of situations, the professional must know in detail the latest medical specifications in relation to the protocols of identification and management of this disease, being able to act with the total guarantee of doing so based on the most current and effective scientific evidence. However, TECH is aware that, on many occasions, these specialists do not have enough time to keep up to date with all the advances in their fields, so it has considered it essential to design a qualification that facilitates this task, guaranteeing the best results.

Based on this, it has created this Postgraduate Certificate in Infantile Atopic Dermatitis, a qualification that covers the most important aspects of this pathology, from the predisposing factors in the etiopathogenesis of its origin, to the most accurate treatments to alleviate the symptoms.

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This **Postgraduate Certificate in Infantile Atopic Dermatitis** contains the most complete and up-to-date scientific program on the market. The most important features include:

- The development of practical cases presented by experts in Pediatrics and Allergology.
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where the self-assessment process can be carried out to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection work
- Content that is accessible from any fixed or portable device with an Internet connection



You will delve into the etiopathogenesis of infantile atopic dermatitis, its predisposing factors, the dysfunction of the cutaneous barrier and immunological alterations"



You will be able to get up to date, in less than 6 weeks, on the general rules for the care of atopic skin: hygiene, nutrition, environmental rules, etc"

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise throughout the program. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

Thanks to this program, you will learn about the latest developments with regard to topical drugs and systemic treatments in the approach of Infantile Atopic Dermatitis.

This Postgraduate Certificate provides an exhaustive analysis of when and how a food allergy should be assessed as a cause of Infantile Atopic Dermatitis.

## 02 Objectives

Since Infantile Atopic Dermatitis is such a common reason for consultation in Pediatrics, the objective of this Postgraduate Certificate is to allow the graduate to delve into the new developments of its specifications, so that they can obtain a broad and up-to-date knowledge on the most effective diagnostic and treatment protocols. In this way, they will be able to improve their skills in the management of children's patients suffering from this pathology, promoting an even more complete and professional medical service.





## tech 10 | Objectives



## **General Objectives**

- Know in detail the latest developments in the management of pediatric patients with atopic dermatitis
- In-depth study of the most effective treatments for eczema and provide the graduate with specific knowledge of the indications and contraindications of each one



This is a 100% online qualification that includes in its content hours of high-quality additional material, including detailed videos and photographs to see the different representations of eczema"









## **Specific Objectives**

- Be able to make a diagnosis of atopic dermatitis
- Delve into clinical forms throughout the lifespan
- Learn about the available scales for severity assessment
- Perform health education advice for the care of atopic skin
- Delve into the possible complications of atopic dermatitis and its treatment
- Become familiar with the different drugs and routes of administration used in atopic dermatitis

# 03 Course Management

TECH has selected for this Postgraduate Certificate a team of specialists in Pediatric Medicine and Allergology with a wide and extensive professional experience. This is a group of professionals, well-versed in the management of complex clinical cases, who will bring to this qualification their experience and medical criteria, with the aim of giving it a plus of quality and timeliness. In addition, they will be available to the graduate during the entire program in order to resolve any questions that may arise during the course of the program.



## tech 14 | Course Management

#### Management



#### Dr. Troyano Rivas, Carmen

- Assistant Physician of the Pediatrics Department in the Pulmonology and Pediatric Allergy Section of the 12 de Octubre University Hospital
- Collaborating Professor at the Complutense University of Madric
- Degree in Medicine from the Complutense University of Madrid
- MIR Specialist in Pediatrics and its specific areas at the La Fe University Hospital, Valencia

#### **Professors**

#### Dr. Valderrama Arnay, Sara

- Specialist in Pediatric Allergy and Pulmonology at the Móstoles University Hospital
- Honorary Tutor at Rey Juan Carlos University
- Degree in Medicine from the Complutense University of Madrid
- Specialty in Pediatric Allergy and Pulmonology at the 12 de Octubre University Hospital



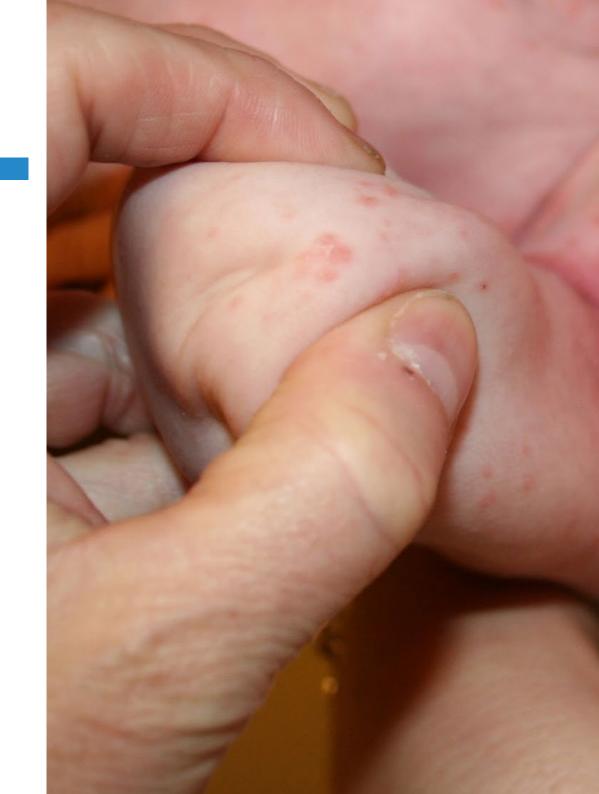




## tech 18 | Structure and Content

#### Module 1. Atopic Dermatitis

- 1.1. Etiopathogenesis
  - 1.1.1. Predisposing Factors
  - 1.1.2. Skin Barrier Dysfunction
  - 1.1.3. Immunological Alterations
- 1.2. Diagnosis
  - 1.2.1. Clinical Diagnosis
  - 1.2.2. Severity Assessment
  - 1.2.3. Differential Diagnosis
- 1.3. Complications of Atopic Dermatitis
  - 1.3.1. Infectious
  - 1.3.2. Non-Infectious
- 1.4. General Guidelines for Atopic Skin Care
  - 1.4.1. Hygiene
  - 1.4.2. Feeding
  - 1.4.3. Dresses and Clothing
  - 1.4.4. Environmental Guidelines
- 1.5. Treatment Objectives
  - 1.5.1. Treatment of the Inflammation
  - 1.5.2. Itching Control
  - 1.5.3. Restoration of the Skin Barrier
- 1.6. Topical Drugs
  - 1.6.1. Emolients
  - 1.6.2. Topical corticosteroids
  - 1.6.3. Use of Topical Immunomodulators





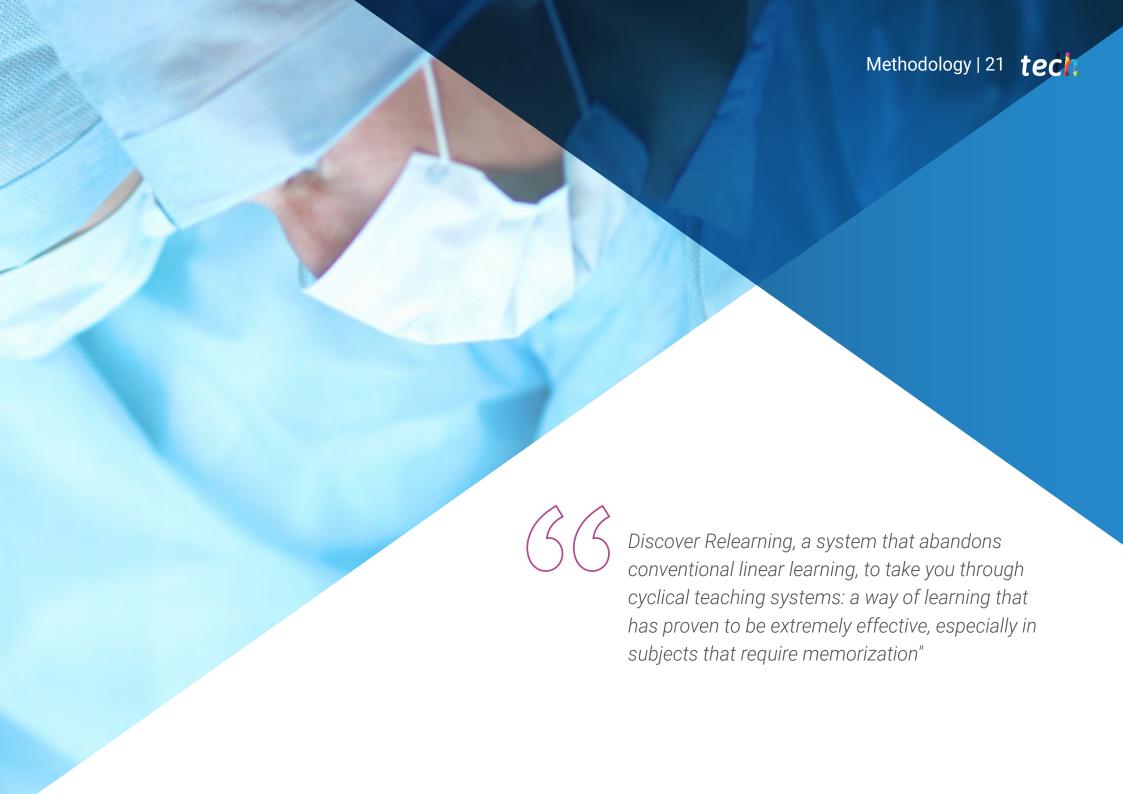
## Structure and Content | 19 tech

- 1.7. Systemic Treatment
  - 1.7.1. Antihistamines
  - 1.7.2. Systemic Corticoids
  - 1.7.3. Systemic Immunomodulators
  - 1.7.4. Biological Drugs
- 1.8. Treatment of Infectious Complications
  - 1.8.1. Infections of Viral Etiology
  - 1.8.2. Infections of Bacterial Etiology
- 1.9. When and How to Assess Food Allergy as a Cause of Atopic Dermatitis?
- 1.10. Contact Dermatitis



Forget about face-to-face classes and welcome the educational methodology of the present and the future with this 100% online Postgraduate Certificate"





## tech 22 | Methodology

#### At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

#### The effectiveness of the method is justified by four fundamental achievements:

- Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
- 2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- Students like to feel that the effort they put into their studies is worthwhile.
   This then translates into a greater interest in learning and more time dedicated to working on the course.



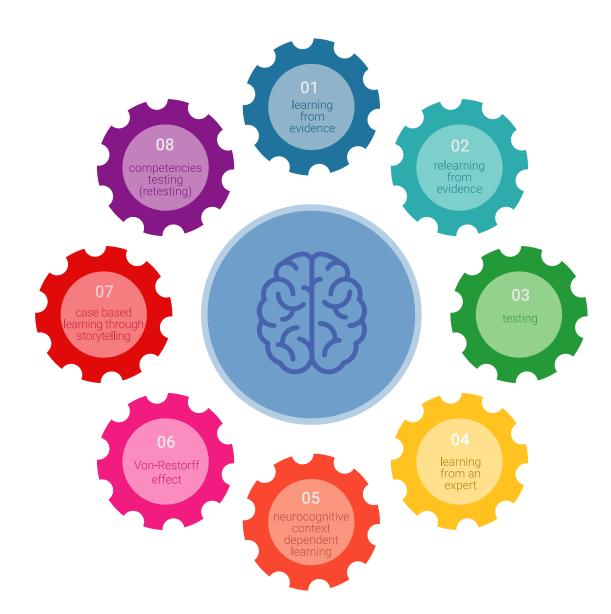


#### **Relearning Methodology**

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



### Methodology | 25 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

## tech 26 | Methodology

This program offers the best educational material, prepared with professionals in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then adapted in audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high-quality pieces in each and every one of the materials that are made available to the student.



#### **Surgical Techniques and Procedures on Video**

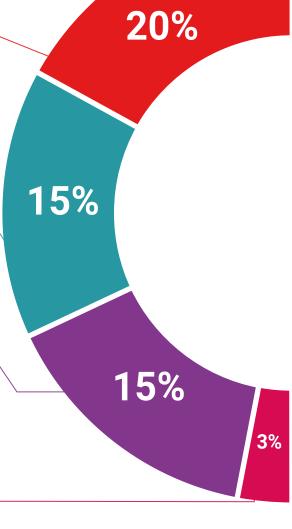
TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

## Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### **Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence on the usefulness of learning by observing experts.

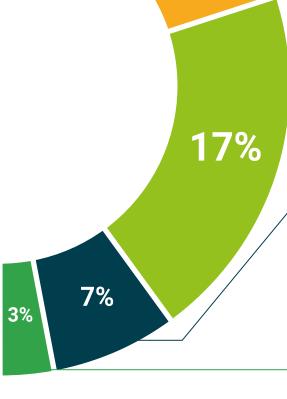
The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### **Ouick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.









## tech 30 | Certificate

This **Postgraduate Certificate in Infantile Atopic Dermatitis** contains the most complete and up-to-date program on the market.

After the students has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations and professional career evaluation committees.

Title: Postgraduate Certificate in Infantile Atopic Dermatitis
Official N° of Hours: 150 h.



#### Infantile Atopic Dermatitis

This is a qualification awarded by this University, equivalent to 150 hours, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH is a Private Institution of Higher Education recognized by the Ministry of Public Education as of June 28, 2018.

June 17, 2020

Tere Guevara Navarro

cation must always be accompanied by the university degree issued by the competent authority to practice professionally in each co

ue TECH Code: AFWORD23S techtitute.com/certi

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