



Postgraduate Certificate

Hindfoot Pathologies

» Modality: online

» Duration: 6 weeks

» Certificate: TECH Technological University

» Schedule: at your own pace

» Exams: online

We bsite: www.techtitute.com/us/medicine/postgraduate-certificate/hindfoot-pathologies

Index

> 06 Certificate

> > p. 28





tech 06 | Introduction

Alignment problems, ankle joint stability and osteotendinous pathologies frequently appear because the hindfoot is affected. Thanks to improved techniques, scientific studies and new technologies, specialists have managed to considerably improve diagnoses and make more effective treatment decisions.

It is therefore essential for professionals to have not only advanced knowledge of anatomy, but also of the latest innovations in the materials used for postoperative immobilization, the methods used in rehabilitation, as well as the most effective surgical techniques. That is why this 100% online qualification was created, which has the most up-to-date and recent content on Hindfoot Pathologies.

A Postgraduate Certificate, where TECH has gathered an excellent team of professional surgeons and traumatologists with extensive professional experience in this field. Their extensive knowledge is reflected in a syllabus that addresses, from a theoretical and practical approach, flatfoot injuries, pes cavus, primary or post-traumatic osteoarthritis. All this, based on scientific evidence and clinical experience of the current surgical approach.

The program also includes teaching material in which the latest technology used in university teaching has been employed. Therefore, health personnel will find in the resource library: video summaries, videos in detail, specialized readings and clinical case studies.

TECH provides an excellent opportunity to be up to date in Hindfoot Pathologies through a university qualification that you can access easily, whenever and wherever you want. You only need an electronic device with internet connection to consult the syllabus hosted in the virtual campus. With no classroom attendance or fixed class schedules, this educational institution offers the flexibility that professionals need to balance their daily activities with a quality university qualification.

This **Postgraduate Certificate in Hindfoot Pathologies** contains the most complete and up-to-date scientific program on the market. The most important features include:

- The development of practical cases presented by experts in medicine
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions for experts, discussion forums on controversial issues and individual reflection work
- Content that is accessible from any fixed or portable device with an Internet connection



You will learn about the latest scientific evidence on surgical treatment that supports the use of certain techniques in patients with pes cavus"



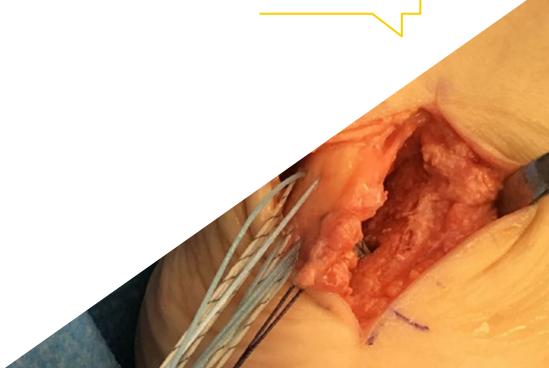
The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

You will be able to delve, when and where you want, into the approach to peroneal tendon or Achilles tendon injuries.

With the Relearning system you will easily reduce the long hours of study so frequent in other teaching methods.







tech 10 | Objectives



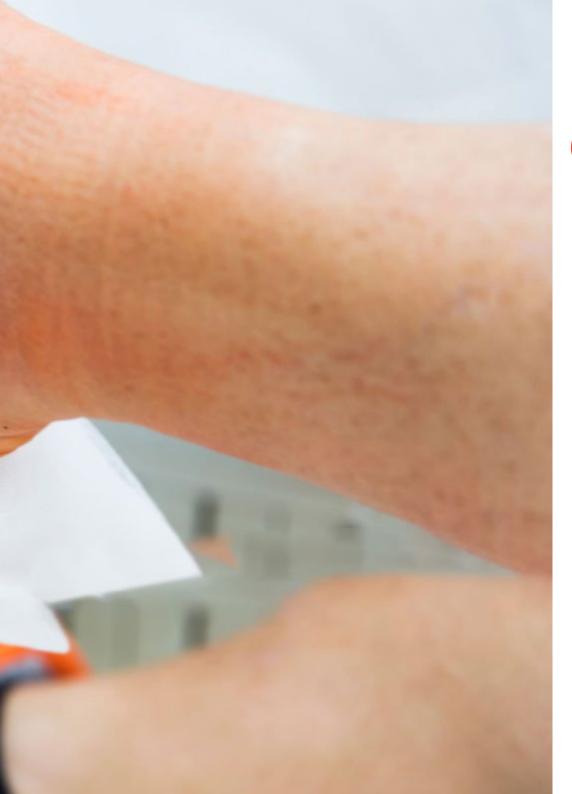
General Objectives

- Approach hindfoot pathology in a comprehensive manner
- Assess, in the clinical history and physical examination, the main causes detection of the pathology
- Compile the complementary tests and possible pre-treatment studies
- Develop treatment algorithms and description of current surgical techniques



This Postgraduate Certificate offers you powerful pedagogical tools with which you will be able to obtain a theoretical and practical vision on the approach to injuries such as plantar fasciitis"





Objectives | 11 tech



Specific Objectives

- Develop European and leading society guidelines and update literature and articles of interest
- Compile the topographic anatomy, as well as the osteoarticular anatomy for correct anamnesis
- Specify the surgical indications and their decision algorithm
- Establish contraindications as well as special situations
- Review the main approaches used in open surgery, as well as in minimally invasive surgery and hindfoot arthroscopy
- Develop the main surgical techniques, material used and "tips & tricks"
- Analyze the most frequent complications and how to avoid them





tech 14 | Course Management

Management



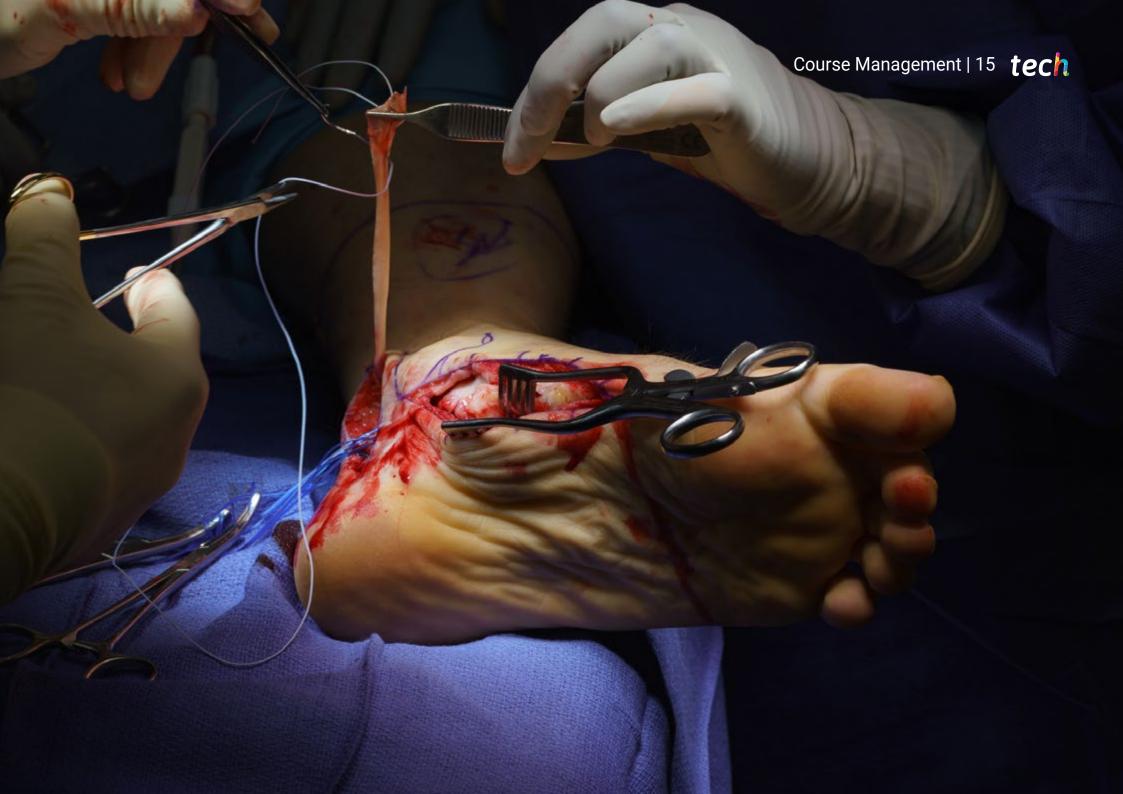
Dr. Pacheco Gutiérrez, Victor Alexander

- Specialist in Orthopedics and Sports Medicine, Dr. Sulaiman Al Habib Hospital
- Medical Advisor, Venezuelan Cycling Federation
- Specialist, Department of Shoulder and Elbow Orthopedics and Sports Medicine, La Isabelica Clinical Center
- Medical advisor to several baseball clubs and to the Carabobo Boxing Association
- Degree in Medicine, University of Carabobo
- Specialty in Orthopedics and Traumatology, Dr. Enrique Tejera Hospital City

Professors

Dr. Lucar López, Gustavo

- Specialist in the Foot and Ankle Unit and Sports Traumatology at Creu Blanca Clinic
- Head of the Foot and Ankle Unit at Mataró Hospital
- Graduated in Medicine and Surgery at the University of Carabobo
- Specialist in Orthopedic Surgery and Traumatology at the Mataró Hospital







tech 18 | Structure and Content

Module 1. Hindfoot Pathologies

- 1.1. Posterior Tibial Insufficiency
 - 1.1.1. Anatomy
 - 1.1.2. Indications/Contraindications
 - 1.1.3. Surgical Technique
 - 1.1.4. Postoperative
- 1.2. Peroneal Tendon Injuries
 - 1.2.1. Anatomy
 - 1.2.2. Approach Route
 - 1.2.3. Surgical Technique
 - 1.2.4. Rescue Techniques
- 1.3. Achilles Injuries
 - 1.3.1. Anatomy
 - 1.3.2. Surgical Technique
 - 1.3.3. Rescue Techniques
- 1.4. Plantar Fasciitis
 - 1.4.1. Anatomy
 - 1.4.2. Surgical Technique
 - 1.4.3. Rescue Techniques
- 1.5. Pes Cavus
 - 1.5.1. Anatomy
 - 1.5.2. Surgical Technique
 - 1.5.3. Postoperative
- 1.6. Subtalar Arthrodesis
 - 1.6.1. Indications/Contraindications
 - 1.6.2. Surgical Technique
 - 1.6.3. Postoperative
- 1.7. Triple Arthrodesis
 - 1.7.1. Anatomy
 - 1.7.2. Boarding Routes
 - 1.7.3. Surgical Technique
 - 1.7.4. Rescue Techniques





Structure and Content | 19 tech

- Posterior Tibial Nerve Compression
 - 1.8.1. Anatomy
 - Surgical Technique 1.8.2.
 - Postoperative 1.8.3.
 - 1.8.4. Treatment of Sequelae
- Osteochondral Injury of Talus
 - 1.9.1. Anatomy
 - **Boarding Routes** 1.9.2.
 - Surgical Technique
 - Postoperative 1.9.4.
 - 1.9.5. Complications
- 1.10. Treatment of Sequelae
 - 1.10.1. Acute Chronic Infection
 - 1.10.2. Role of Arthroscopy in Sequelae
 - 1.10.3. Pseudarthrosis
 - 1.10.4. Rescue with External Fixator



A program that will allow you to be up to date on the treatment of the most frequent sequelae such as acute infections or pseudo-atrosis"



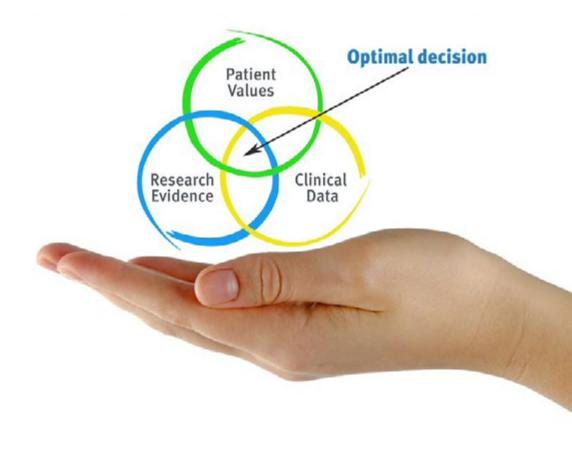


tech 22 | Methodology

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

- Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
- 2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.





Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



Methodology | 25 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

tech 26 | Methodology

This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence on the usefulness of learning by observing experts.

The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.









tech 30 | Certificate

This **Postgraduate Certificate in Hindfoot Pathologies** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: Postgraduate Certificate in Hindfoot Pathologies
Official N° of hours: 150 h.



POSTGRADUATE CERTIFICATE

in

Hindfoot Pathologies

This is a qualification awarded by this University, equivalent to 150 hours, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH is a Private Institution of Higher Education recognized by the Ministry of Public Education as of June 28, 2018.

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Tere Guevara Navarro

qualification must always be accompanied by the university degree issued by the competent authority to practice professionally in each country.

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