

# Postgraduate Certificate Erotic Difficulties





## Postgraduate Certificate Erotic Difficulties

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/medicine/postgraduate-certificate/erotic-difficulties](http://www.techtute.com/us/medicine/postgraduate-certificate/erotic-difficulties)

# Index

01

Introduction

---

*p. 4*

02

Objectives

---

*p. 8*

03

Course Management

---

*p. 12*

04

Structure and Content

---

*p. 16*

05

Methodology

---

*p. 20*

06

Certificate

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*p. 28*

# 01

# Introduction

This TECH university program delves into the human sexual response, analyzes the most common erotic difficulties and medical conditions that may affect it, and the importance of interdisciplinary work. By the end of the course, students will be able to apply the appropriate techniques in the diagnosis and treatment of erotic difficulties, work as a team with other sexual health professionals, and become experts in sexology. For all these reasons, this program is positioned as a unique opportunity for doctors interested in sexology to delve deeper and bring their knowledge in this field up to date.



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*This university program delves into the human sexual response and the most common Erotic Difficulties. In this way, it offers the doctor new methods of approach in sexual therapy”*

The Postgraduate Certificate in Erotic Difficulties is a program aimed at doctors interested in delving deeper into the human sexual response and the erotic difficulties that can affect it. The program is taught completely online, allowing students to access the content from anywhere and at any time.

During the Postgraduate Certificate, the human sexual response will be analyzed in depth, including its phases and characteristics. The most common Erotic Difficulties, their frequency of occurrence, etiology and the most appropriate interventions to address them will also be studied. In addition, medical conditions that may be affecting the proper functioning of the sexual response will be addressed, being the appearance of erotic difficulties a consequence of these and how it is necessary to refer to other professionals in certain cases will be explored.

Interdisciplinary work will be a key aspect in the approach to sexology. Therefore, the importance of teamwork will be explored and practical examples of how to work effectively in collaboration with other professionals such as psychologists, sex therapists and sexual health specialists will be presented.

For all these reasons, this Postgraduate Certificate will be a unique opportunity for doctors interested in sexology to delve deeper into this field and become experts in the diagnosis and treatment of Erotic Difficulties. At the end of the program, students will be able to apply the most appropriate techniques in the approach to these difficulties and to work effectively as a team with other sexual health professionals.

This **Postgraduate Certificate in Erotic Difficulties** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ◆ The development of case studies presented by experts in Psychology and Sexology
- ◆ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ◆ Practical exercises where the self-assessment process can be carried out to improve learning
- ◆ Its special emphasis on innovative methodologies
- ◆ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection work
- ◆ Content that is accessible from any fixed or portable device with an Internet connection



*During the program the frequency of occurrence, etiology and appropriate interventions for each of the Erotic Difficulties will be discussed”*

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*A 100% online university program that delves into the medical conditions that may be affecting the proper functioning of the sexual response”*

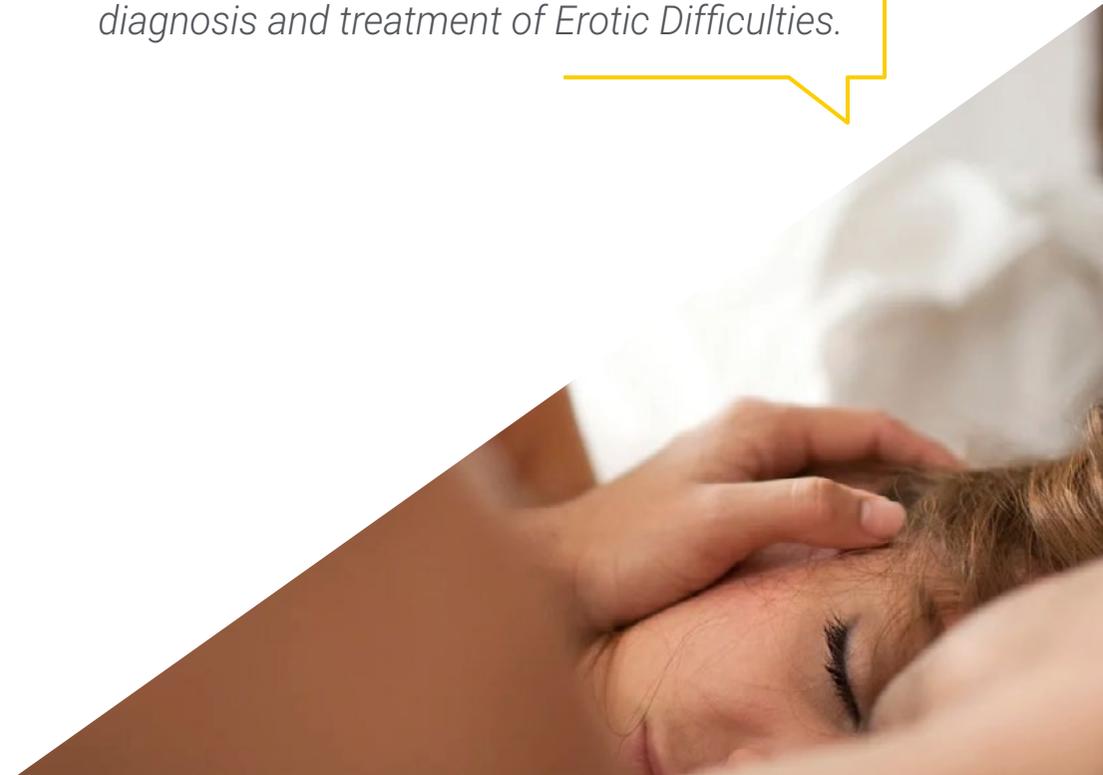
*A space for critical desertion where the importance of interdisciplinary work in the approach to sexology is raised and the specialist is given the tools to be the main actor in this process.*

*At the end of the course, specialists will have an up-to-date knowledge and will be highly qualified to apply the most appropriate techniques in the diagnosis and treatment of Erotic Difficulties.*

The program's teaching staff includes professionals from sector who contribute their work experience to this program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.



# 02 Objectives

The Postgraduate Certificate in Erotic Difficulties has as its main objective to delve into the human sexual response and the most common Erotic Difficulties, as well as the medical dysfunctions that may be affecting its proper functioning. Through the exploration of the frequency of occurrence, etiology and appropriate interventions for each of these difficulties, specialists will see their knowledge up-to-date when applying the most appropriate techniques in the diagnosis and treatment of these difficulties. In addition, the importance of interdisciplinary work and teamwork with other sexual health professionals is promoted to ensure a comprehensive and effective approach in the field of sexology.





*The main objective of the TECH Postgraduate Certificate in Erotic Difficulties is to expand the specialist's knowledge of the human sexual response and the most common Erotic Difficulties. This will give them a critical view and a differential approach in their clinical practice"*



## General Objectives

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- ◆ Acquire knowledge about sexuality by expanding the vision of sexuality from a biopsychosocial perspective
- ◆ Obtain tools to be able to accompany cases related to difficulties related to sexuality
- ◆ Identify the variables involved in the origin and maintenance of different sexual dysfunctions (organic, psychological, relational and cultural components)
- ◆ Acquire skills to be able to share information about sexuality in a clear way
- ◆ Understand the aspects involved in the beginning and development of couple relationships (couple's life cycle: establishment and evolution)
- ◆ Describe the dynamics of couple relationships and factors that generate alterations in them
- ◆ Explore complex issues such as gender-based violence and child sexual abuse
- ◆ Achieve skills to face the multiple incidences and decisions that may arise in the practice of their profession
- ◆ Gain an in-depth knowledge of the deontology of sexuality and couple matters, as well as learn to carry out an exercise of introspection on those personal and professional aspects that could collide with their profession and that would undermine the therapeutic work
- ◆ Carry out research programs in sexuality





## Specific Objectives

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- ◆ Understand the human sexual response through the different explanatory models
- ◆ Learn how to deal with the different erotic difficulties that may occur
- ◆ Know how to discriminate when there are other causes behind them
- ◆ Understand the importance of interdisciplinary work



*After completing the Postgraduate Certificate, you will be able to apply appropriate techniques in the diagnosis and treatment of Erotic Difficulties, as well as to promote interdisciplinary work in the field of sexology”*

03

# Course Management

TECH has brought together in this Postgraduate Certificate a multidisciplinary management and teaching staff with extensive experience in Sexology. Therefore, the medical professional will have access to a program taught by professionals active in the field of Psychology, Journalism, Physiotherapy or Biology. In this way, they will be able to obtain a much more extensive vision of current sexuality and all that surrounds it from a current perspective. In addition, thanks to its proximity, students will be able to solve any doubts they may have about the content of this program.





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*Get the most rigorous and comprehensive information on Sexology through an excellent multidisciplinary teaching team”*

## Management



### Ms. Ramos Escamilla, María

- ♦ Sexologist and Couple Therapist
- ♦ Director of Destino Kink
- ♦ Degree in Psychology from the Complutense University of Madrid
- ♦ Master in Sexology, Sex Education and Sexological Counseling from Camilo José Cela University

## Professors

### Ms. Figueredo García, Marien

- ♦ Sexologist and Individual and Couple Sex Coach
- ♦ CEO at SEXNATUR Parapharmacy
- ♦ Expert in Techniques and Resources applied to the reduction of emotional discomfort in the sexual response



# 04

## Structure and Content

The professors of the Postgraduate Certificate in Erotic Difficulties are experts in the field of sexology and sexual health, with extensive experience in the diagnosis and treatment of Erotic Difficulties. In addition, they have solid, up-to-date academic qualification in this area of medicine. Students will have the opportunity to learn from professionals with extensive experience in the field, who will be willing to share their knowledge and offer their support in the educational process. Thanks to this, the specialists will be able to obtain a high quality academic update and will be able to apply the most appropriate techniques and tools in their professional practice.





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*Experts in the field of sexology and sexual health, with extensive experience in the diagnosis and treatment of Erotic Difficulties, will guarantee you a high quality update”*

## Module 1. Erotic Difficulties

- 1.1. Human Sexual Response
  - 1.1.1. Explanatory Models
  - 1.1.2. Desire
  - 1.1.3. Arousal
  - 1.1.4. Orgasm
  - 1.1.5. Resolution
- 1.2. Desire Difficulties
  - 1.2.1. Definition
  - 1.2.2. Etiology
  - 1.2.3. Intervention Proposal
- 1.3. Arousal Difficulty
  - 1.3.1. Definition
  - 1.3.2. Etiology
  - 1.3.3. Intervention Proposal
- 1.4. Difficulty in Maintaining Erection
  - 1.4.1. Definition
  - 1.4.2. Etiology
  - 1.4.3. Intervention Proposal
- 1.5. Difficulty in Ejaculatory Control
  - 1.5.1. Definition
  - 1.5.2. Etiology
  - 1.5.3. Intervention Proposal
- 1.6. Difficulty Reaching Orgasm
  - 1.6.1. Definition
  - 1.6.2. Etiology
  - 1.6.3. Intervention Proposal
- 1.7. Difficulties Related to Pain
  - 1.7.1. Definition
  - 1.7.2. Etiology
  - 1.7.3. Intervention Proposal





- 1.8. Inability to Penetrate
  - 1.8.1. Definition
  - 1.8.2. Etiology
  - 1.8.3. Intervention Proposal
- 1.9. Difficulties Related to Some Medical Conditions
  - 1.9.1. Endometriosis and Adenomyosis
  - 1.9.2. Fibromyalgia
  - 1.9.3. Diabetes
  - 1.9.4. Cancer Treatments
  - 1.9.5. Hemorrhoids
  - 1.9.6. Skin Disorders
  - 1.9.7. Surgery
- 1.10. Interdisciplinary Intervention in Sexology
  - 1.10.1. Multidisciplinary Work vs. Interdisciplinary
  - 1.10.2. Importance of Interdisciplinary Work
  - 1.10.3. Related Professionals

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*An academic option that will allow you to get into the new methods of intervention of Erotic Difficulties in sexology”*

05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

*Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

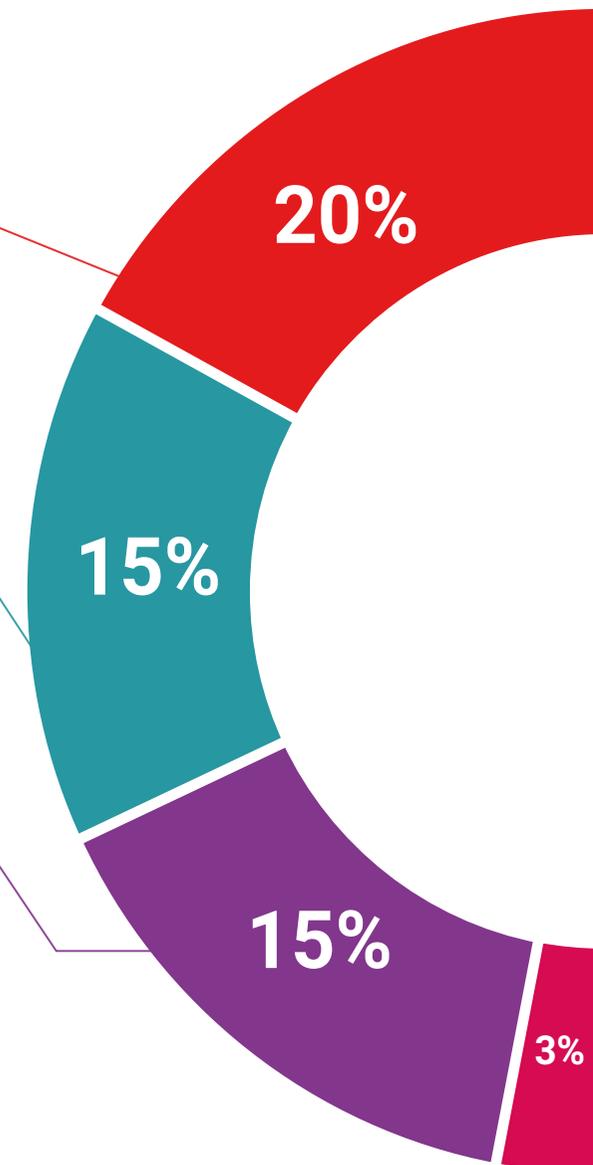
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

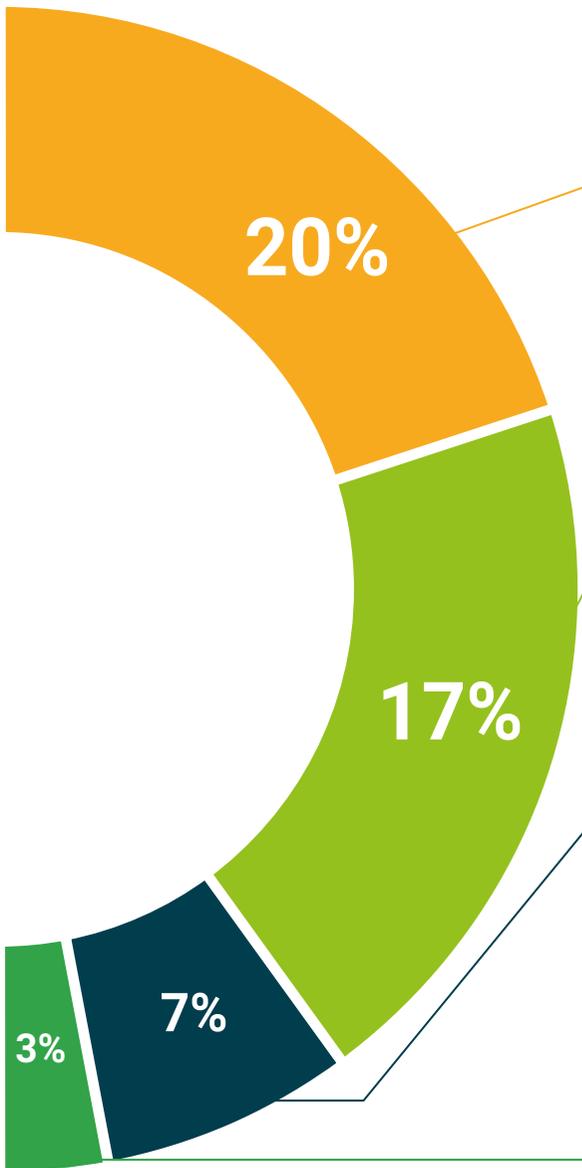
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

# Certificate

The Postgraduate Certificate in Erotic Difficulties guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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*Successfully complete this program  
and receive your university qualification  
without having to travel or fill out  
laborious paperwork”*

This **Postgraduate Certificate in Erotic Difficulties** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Erotic Difficulties**

Official N° of Hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development language  
virtual classroom



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### Erotic Difficulties

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