

Postgraduate Certificate

Epidemiology and Preventive Planning of Suicidal Behavior





Postgraduate Certificate Epidemiology and Preventive Planning of Suicidal Behavior

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Accreditation: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/medicine/postgraduate-certificate/epidemiology-preventive-planning-suicidal-behavior



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01

Introduction to the Program

The implementation of policies and strategies for suicide prevention requires a multidisciplinary approach that combines epidemiological analysis, mental health intervention and the planning of specific measures for vulnerable groups. For this reason, professionals must be updated in the most advanced methodologies to develop early detection and effective action programs. Only in this way can they contribute to lowering suicide rates globally. To support this work, TECH has designed an innovative university program focused on the Epidemiology and Preventive Planning of Suicidal Behavior, delivered in a 100% online format that allows physicians to specialize with complete flexibility.



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Through this fully online Postgraduate Certificate, you will design prevention strategies based on the latest scientific evidence to reduce the incidence of suicidal behavior”

According to a recent report by the World Health Organization, Suicide is positioned as one of the leading causes of death in people between 15 and 29 years old, with more than 700,000 deaths registered annually. Faced with this reality, health professionals must develop effective strategies for early identification, intervention and prevention to mitigate the impact of suicidal behavior in the most vulnerable groups. To achieve this, it is essential to promote mental health awareness programs, train specialists in the detection of risk factors and strengthen community support networks.

In this scenario, TECH has created an exclusive Postgraduate Certificate in Epidemiology and Preventive Planning of Suicidal Behavior. Designed by prestigious experts in this area, the academic itinerary will delve into the most innovative strategies to promote public awareness of suicidal ideation. At the same time, the syllabus will delve into various techniques for the early identification of risk factors in vulnerable populations and the therapeutic approach to crisis situations. In this way, physicians will acquire advanced skills to design and implement suicide prevention programs that will contribute to improving the overall well-being of individuals.

The syllabus will be based on the innovative Relearning system, and will be accompanied by a variety of multimedia resources, complementary readings and detailed videos. All this from a flexible methodology, which does not follow strict schedules, so that physicians can adjust the academic update to their other professional responsibilities. Therefore, the only thing that graduates will need is an electronic device capable of connecting to the Internet to access the Virtual Campus. Undoubtedly, this is a highly intensive experience that will allow graduates to increase the quality and accuracy of their daily clinical practice.

This **Postgraduate Certificate in Epidemiology and Preventive Planning of Suicidal Behavior** contains the most complete and up-to-date scientific program on the market.

Its most notable features are:

- ♦ The development of practical cases presented by experts in Epidemiology and Preventive Planning of Suicidal Behavior
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Its special emphasis on innovative methodologies in medical practice
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*You will integrate
prevention protocols in
health care networks and
Primary Care programs"*

“

TECH's characteristic Relearning system will allow you to increase your knowledge at your own pace without depending on external teaching conditions”

Its teaching staff includes professionals belonging to the field of Epidemiology and Preventive Planning of Suicidal Behavior, who bring to this program the experience of their work, in addition to recognized specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive learning experience designed to prepare for real-life situations.

This program is designed around Problem-Based Learning, whereby the student must try to solve the different professional practice situations that arise throughout the program. For this purpose, the professional will be assisted by an innovative interactive video system created by renowned and experienced experts.

Develop the most effective strategies to reduce the incidence of suicide in vulnerable populations.

Manage state-of-the-art statistical tools for the assessment of suicide risk in specific populations.



02

Why Study at TECH?

TECH is the world's largest online university. With an impressive catalog of more than 14,000 university programs, available in 11 languages, it is positioned as a leader in employability, with a 99% job placement rate. In addition, it has a huge faculty of more than 6,000 professors of the highest international prestige.



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Study at the largest online university in the world and ensure your professional success. The future begins at TECH”

The world's best online university, according to FORBES

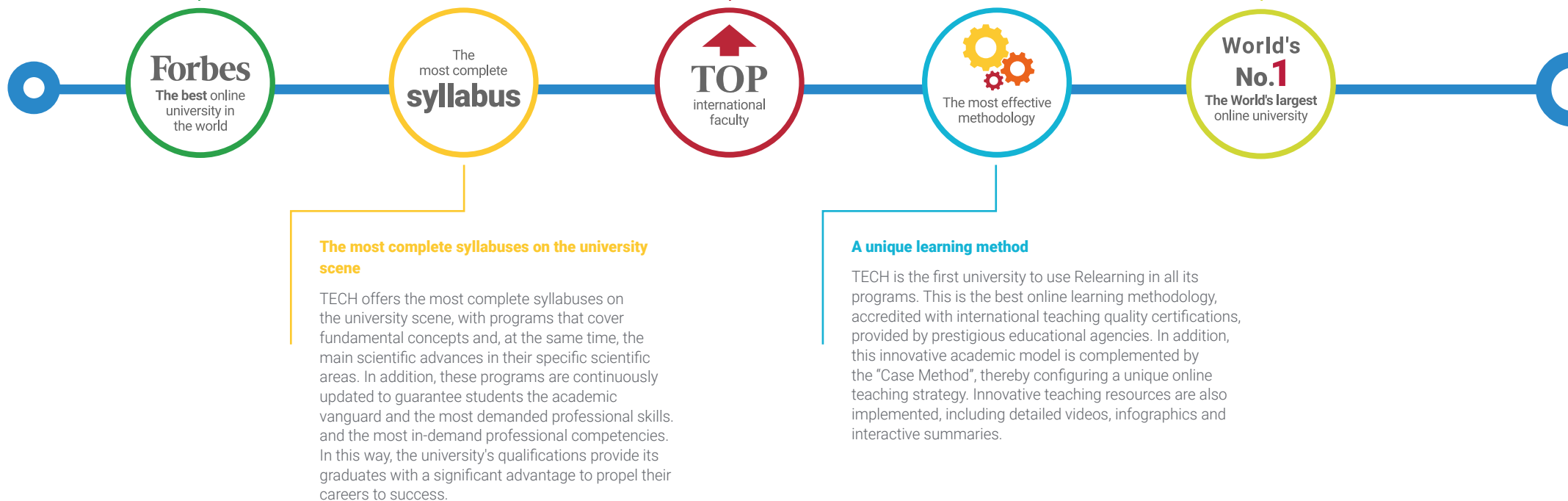
The prestigious Forbes magazine, specialized in business and finance, has highlighted TECH as "the best online university in the world" This is what they have recently stated in an article in their digital edition in which they echo the success story of this institution, "thanks to the academic offer it provides, the selection of its teaching staff, and an innovative learning method oriented to form the professionals of the future".

The best top international faculty

TECH's faculty is made up of more than 6,000 professors of the highest international prestige. Professors, researchers and top executives of multinational companies, including Isaiah Covington, performance coach of the Boston Celtics; Magda Romanska, principal investigator at Harvard MetaLAB; Ignacio Wistumba, chairman of the department of translational molecular pathology at MD Anderson Cancer Center; and D.W. Pine, creative director of TIME magazine, among others.

The world's largest online university

TECH is the world's largest online university. We are the largest educational institution, with the best and widest digital educational catalog, one hundred percent online and covering most areas of knowledge. We offer the largest selection of our own degrees and accredited online undergraduate and postgraduate degrees. In total, more than 14,000 university programs, in ten different languages, making us the largest educational institution in the world.



The official online university of the NBA

TECH is the official online university of the NBA. Thanks to our agreement with the biggest league in basketball, we offer our students exclusive university programs, as well as a wide variety of educational resources focused on the business of the league and other areas of the sports industry. Each program is made up of a uniquely designed syllabus and features exceptional guest hosts: professionals with a distinguished sports background who will offer their expertise on the most relevant topics.

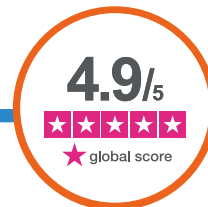
Leaders in employability

TECH has become the leading university in employability. Ninety-nine percent of its students obtain jobs in the academic field they have studied within one year of completing any of the university's programs. A similar number achieve immediate career enhancement. All this thanks to a study methodology that bases its effectiveness on the acquisition of practical skills, which are absolutely necessary for professional development.



Google Premier Partner

The American technology giant has awarded TECH the Google Premier Partner badge. This award, which is only available to 3% of the world's companies, highlights the efficient, flexible and tailored experience that this university provides to students. The recognition not only accredits the maximum rigor, performance and investment in TECH's digital infrastructures, but also places this university as one of the world's leading technology companies.



The top-rated university by its students

Students have positioned TECH as the world's top-rated university on the main review websites, with a highest rating of 4.9 out of 5, obtained from more than 1,000 reviews. These results consolidate TECH as the benchmark university institution at an international level, reflecting the excellence and positive impact of its educational model.



03 Syllabus

The teaching materials that make up this Postgraduate Certificate have been prepared by renowned specialists in the Epidemiology and Preventive Planning of Suicidal Behavior. The curriculum will address factors ranging from the analysis of suicide rates or the latest scientific evidence regarding the prevention of self-injurious behavior to the creation of psychosocial rehabilitation programs. As a result, graduates will gain advanced clinical skills in suicide risk assessment, the design of preventive strategies and crisis intervention.



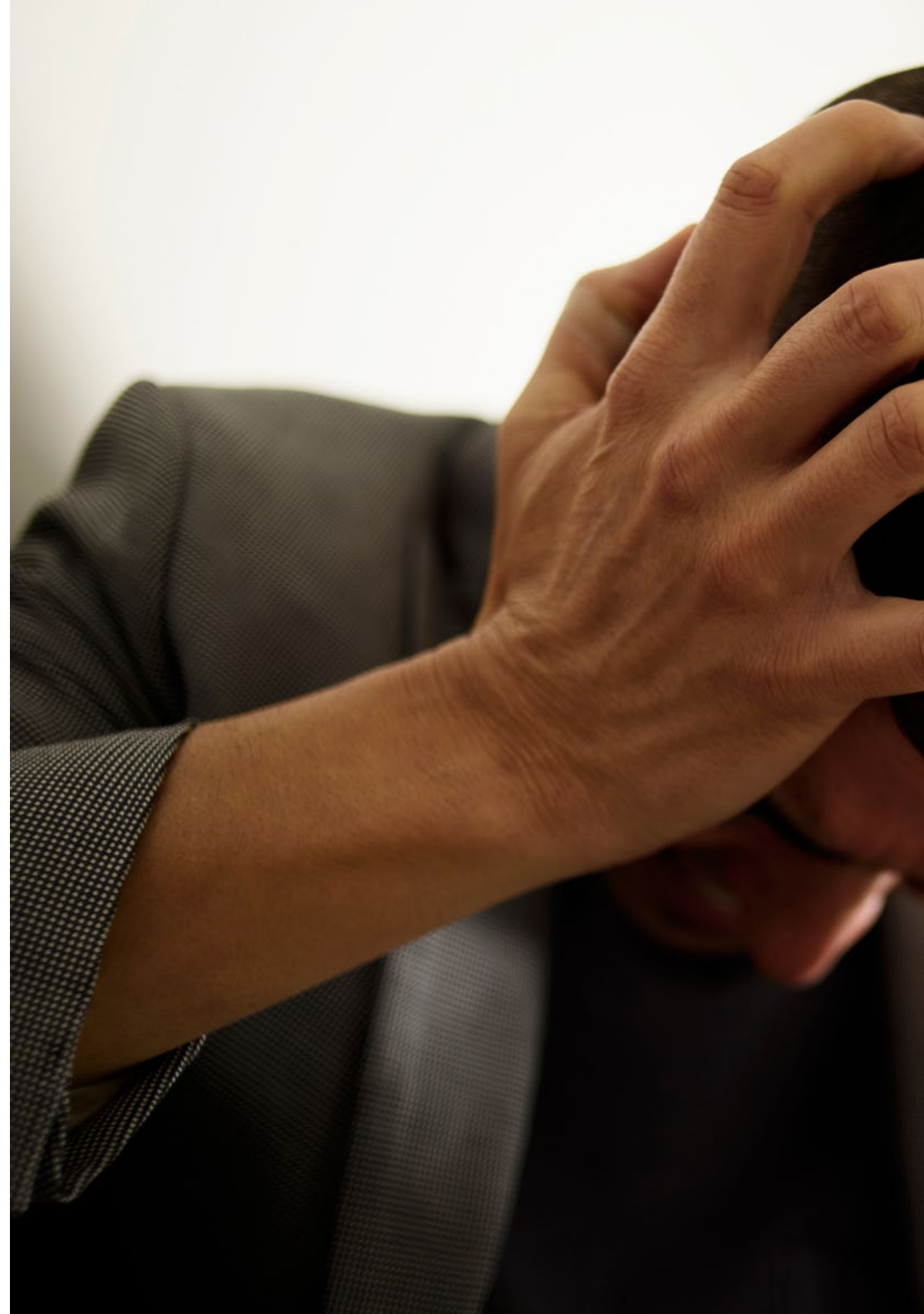


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You will delve into the creation of early detection protocols for the identification of patients at risk”

Module 1. Epidemiology and Preventive Planning of Suicidal Behavior

- 1.1. Epidemiology of Suicide
 - 1.1.1. Incidence and Prevalence of Suicide Globally and Regionally
 - 1.1.2. Demographic Factors Gender, Age, Ethnicity and Their Influence on Suicide Rates
 - 1.1.3. Historical Trends and Temporal Patterns: How Suicide Rates Have Changed over Time
- 1.2. Theoretical Framework
 - 1.2.1. Health Sciences Prevention
 - 1.2.2. State of the Question
 - 1.2.3. Primary, Secondary and Tertiary Prevention
- 1.3. Suicide Is Preventable
 - 1.3.1. Scientific Evidence on Prevention
 - 1.3.2. Community-Based Interventions
 - 1.3.3. Barriers to Prevention
- 1.4. Integration of Multi-Level Strategies in Suicide Prevention
 - 1.4.1. Universal, Selective and Indicated Prevention Approaches
 - 1.4.2. Coordination between Mental Health and Primary Care Services
 - 1.4.3. Community Initiatives and Public Policies
 - 1.4.4. Technological Innovations in Prevention
- 1.5. Primary Prevention
 - 1.5.1. Education and Public Awareness
 - 1.5.2. Promotion of Emotional and Mental Well-Being
 - 1.5.3. Protective Factors: Fostering Resilience, Coping Skills and Support Networks
 - 1.5.4. Restrictive Policies on Access to Lethal Methods
- 1.6. Secondary Prevention
 - 1.6.1. Early Identification of Persons at Risk
 - 1.6.2. Treatment of Associated Mental Disorders
 - 1.6.3. Crisis Intervention Programs
 - 1.6.4. Post-Crisis Follow-Up and Monitoring





- 1.7. Tertiary Prevention
 - 1.7.1. Intervention after Suicide Attempts
 - 1.7.2. Reduction of Suicidal Recurrence
 - 1.7.3. Support Programs for Survivors
 - 1.7.4. The Role of Psychosocial Rehabilitation
- 1.8. Multidisciplinarity and Synergies
 - 1.8.1. Collaboration between Psychiatrists, Psychologists and Other Health Professionals
 - 1.8.2. Involvement of Social Workers, Educators and Law Enforcement Agencies
 - 1.8.3. Integrated Intervention Models
 - 1.8.4. Synergies between Health and Academic Institutions and Non-Governmental Organizations

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You will design support and rehabilitation programs for survivors of suicide attempts”

04

Teaching Objectives

Through this Postgraduate Certificate, practitioners will handle the most specialized tools in the Epidemiology and Preventive Planning of Suicidal Behavior. In this regard, graduates will acquire advanced skills to analyze epidemiological data, identify risk factors and develop effective suicide prevention strategies. In addition, they will be trained to design and implement intervention plans at different levels of care, coordinating multidisciplinary teams and optimizing mental health care protocols.



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You will understand the impact of Mental Disorders on Suicidal Behavior, evaluating therapeutic strategies to reduce the risk”



General Objectives

- ♦ Delve into the risk factors, underlying causes, and warning signs of Suicide, both at the individual and societal level
- ♦ Identify early signs of risk and apply effective interventions that prevent suicide in a variety of settings, including clinical, educational and community
- ♦ Delve into postvention support management, providing tools to help people affected by the suicide of a loved one
- ♦ Provide psychological care to patients with suicidal thoughts, using therapeutic approaches such as cognitive-behavioral therapy and other validated interventions
- ♦ Manage educational and preventive strategies to promote awareness and reduce stigma related to Suicide and Mental Disorders
- ♦ Master techniques to help families and communities cope with bereavement following suicide, promoting resilience and emotional well-being in those affected





Specific Objectives

- ♦ Analyze global and local suicide rates and epidemiological patterns
- ♦ Identify demographic, social, and cultural risk and protective factors associated with suicidal behavior
- ♦ Evaluate the impact of public policies and preventive initiatives on suicide rates
- ♦ Develop skills to interpret epidemiological studies and apply their results in preventive planning



You will have a wide range of learning resources at your disposal, accessible 24 hours a day, 7 days a week”

05 Study Methodology

TECH is the world's first university to combine the **case study** methodology with **Relearning**, a 100% online learning system based on guided repetition.

This disruptive pedagogical strategy has been conceived to offer professionals the opportunity to update their knowledge and develop their skills in an intensive and rigorous way. A learning model that places students at the center of the educational process giving them the leading role, adapting to their needs and leaving aside more conventional methodologies.



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TECH will prepare you to face new challenges in uncertain environments and achieve success in your career”

The student: the priority of all TECH programs

In TECH's study methodology, the student is the main protagonist.

The teaching tools of each program have been selected taking into account the demands of time, availability and academic rigor that, today, not only students demand but also the most competitive positions in the market.

With TECH's asynchronous educational model, it is students who choose the time they dedicate to study, how they decide to establish their routines, and all this from the comfort of the electronic device of their choice. The student will not have to participate in live classes, which in many cases they will not be able to attend. The learning activities will be done when it is convenient for them. They can always decide when and from where they want to study.

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*At TECH you will NOT have live classes
(which you might not be able to attend)”*



The most comprehensive study plans at the international level

TECH is distinguished by offering the most complete academic itineraries on the university scene. This comprehensiveness is achieved through the creation of syllabi that not only cover the essential knowledge, but also the most recent innovations in each area.

By being constantly up to date, these programs allow students to keep up with market changes and acquire the skills most valued by employers. In this way, those who complete their studies at TECH receive a comprehensive education that provides them with a notable competitive advantage to further their careers.

And what's more, they will be able to do so from any device, pc, tablet or smartphone.

“*TECH's model is asynchronous, so it allows you to study with your pc, tablet or your smartphone wherever you want, whenever you want and for as long as you want*”

Case Studies and Case Method

The case method has been the learning system most used by the world's best business schools. Developed in 1912 so that law students would not only learn the law based on theoretical content, its function was also to present them with real complex situations. In this way, they could make informed decisions and value judgments about how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

With this teaching model, it is students themselves who build their professional competence through strategies such as Learning by Doing or Design Thinking, used by other renowned institutions such as Yale or Stanford.

This action-oriented method will be applied throughout the entire academic itinerary that the student undertakes with TECH. Students will be confronted with multiple real-life situations and will have to integrate knowledge, research, discuss and defend their ideas and decisions. All this with the premise of answering the question of how they would act when facing specific events of complexity in their daily work.



Relearning Methodology

At TECH, case studies are enhanced with the best 100% online teaching method: Relearning.

This method breaks with traditional teaching techniques to put the student at the center of the equation, providing the best content in different formats. In this way, it manages to review and reiterate the key concepts of each subject and learn to apply them in a real context.

In the same line, and according to multiple scientific researches, reiteration is the best way to learn. For this reason, TECH offers between 8 and 16 repetitions of each key concept within the same lesson, presented in a different way, with the objective of ensuring that the knowledge is completely consolidated during the study process.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.



A 100% online Virtual Campus with the best teaching resources

In order to apply its methodology effectively, TECH focuses on providing graduates with teaching materials in different formats: texts, interactive videos, illustrations and knowledge maps, among others. All of them are designed by qualified teachers who focus their work on combining real cases with the resolution of complex situations through simulation, the study of contexts applied to each professional career and learning based on repetition, through audios, presentations, animations, images, etc.

The latest scientific evidence in the field of Neuroscience points to the importance of taking into account the place and context where the content is accessed before starting a new learning process. Being able to adjust these variables in a personalized way helps people to remember and store knowledge in the hippocampus to retain it in the long term. This is a model called Neurocognitive context-dependent e-learning that is consciously applied in this university qualification.

In order to facilitate tutor-student contact as much as possible, you will have a wide range of communication possibilities, both in real time and delayed (internal messaging, telephone answering service, email contact with the technical secretary, chat and videoconferences).

Likewise, this very complete Virtual Campus will allow TECH students to organize their study schedules according to their personal availability or work obligations. In this way, they will have global control of the academic content and teaching tools, based on their fast-paced professional update.



The online study mode of this program will allow you to organize your time and learning pace, adapting it to your schedule”

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that assess real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

The university methodology top-rated by its students

The results of this innovative teaching model can be seen in the overall satisfaction levels of TECH graduates.

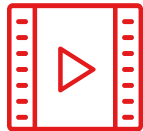
The students' assessment of the teaching quality, the quality of the materials, the structure of the program and its objectives is excellent. Not surprisingly, the institution became the top-rated university by its students according to the global score index, obtaining a 4.9 out of 5.

Access the study contents from any device with an Internet connection (computer, tablet, smartphone) thanks to the fact that TECH is at the forefront of technology and teaching.

You will be able to learn with the advantages that come with having access to simulated learning environments and the learning by observation approach, that is, Learning from an expert.



As such, the best educational materials, thoroughly prepared, will be available in this program:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



Practicing Skills and Abilities

You will carry out activities to develop specific competencies and skills in each thematic field. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop within the framework of the globalization we live in.



Interactive Summaries

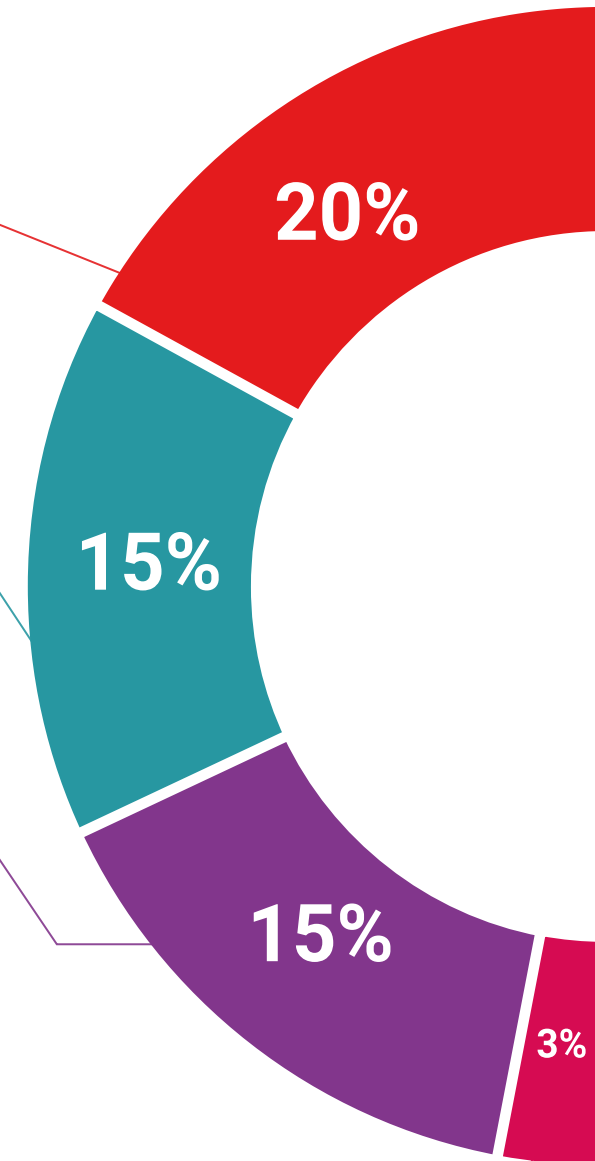
We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

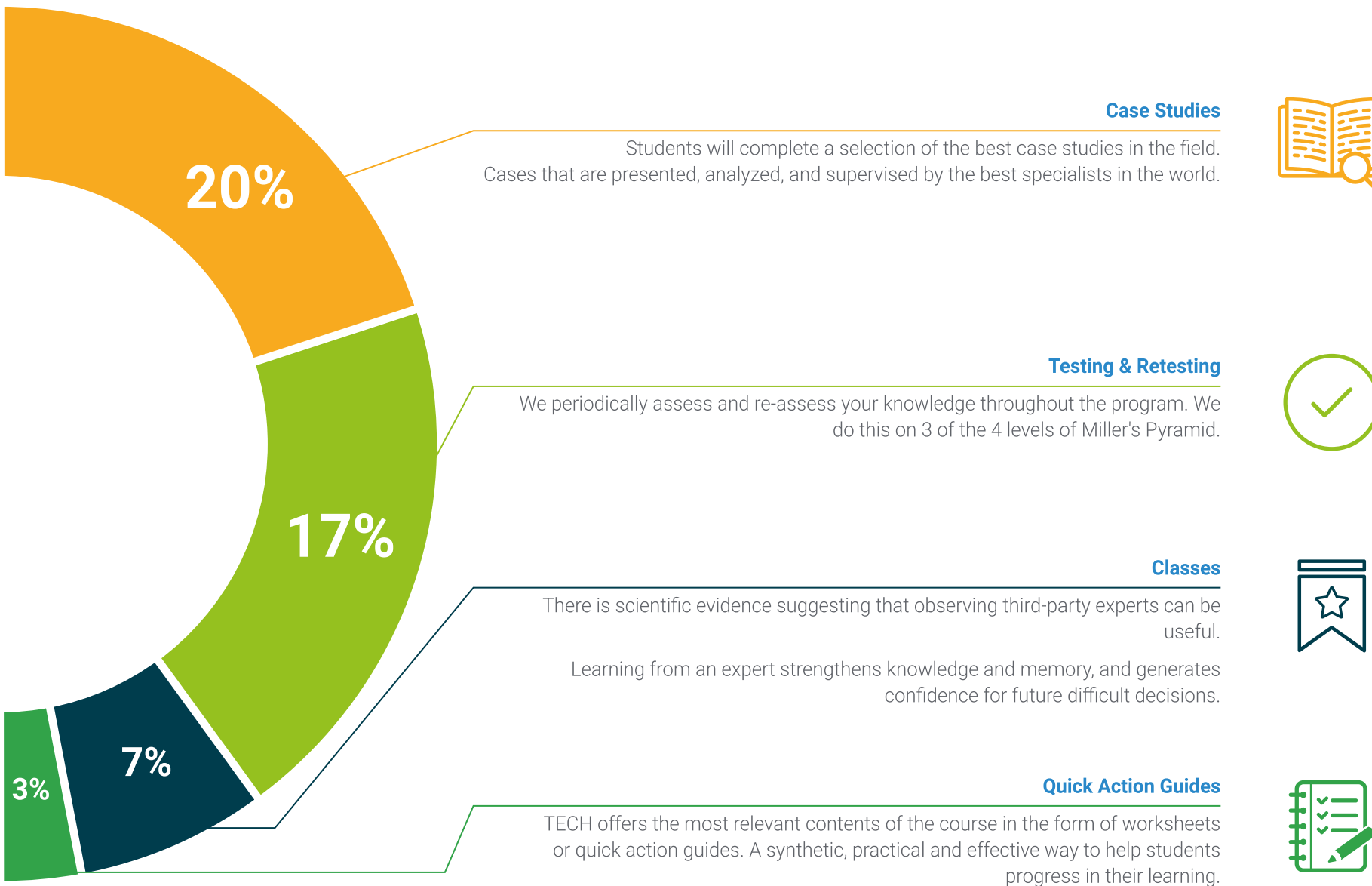
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents, international guides... In our virtual library you will have access to everything you need to complete your education.





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Teaching Staff

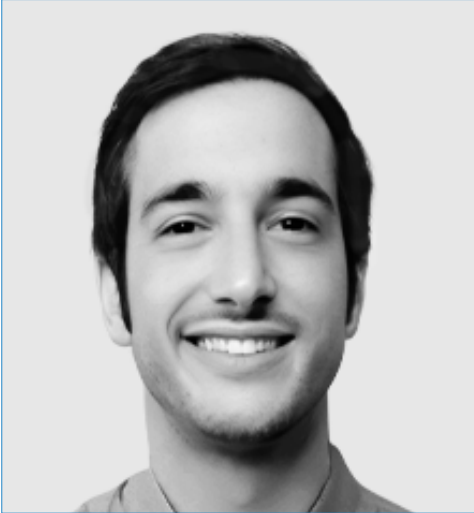
TECH's fundamental premise is to provide the most complete and updated university programs in the academic panorama, which is why it rigorously selects its teaching staff. As a result, this Postgraduate Certificate has the participation of renowned experts in the field of Epidemiology and Preventive Planning of Suicidal Behavior. These professionals have prepared multiple didactic contents characterized by their high quality and full adaptability to the demands of the labor market. Therefore, graduates will enjoy an intensive experience that will allow them to optimize their daily medical practice.



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You will have the support of a teaching staff made up of distinguished professionals in Epidemiology and Preventive Planning of Suicidal Behavior”

Management



Dr. Alberdi Páramo, Iñigo

- Area Specialist in Psychiatric Hospitalization Unit/Psychogeriatrics at the Institute of Psychiatry and Mental Health of the San Carlos Clinical Hospital
- Area Specialist in Outpatient Psychiatry Liaison Psychiatry and Specialized Service in Mental Health in Intellectually Handicapped at the University Hospital La Princesa
- Area Specialist of Psychiatry in CSM Chamberí - Carabanchel
- Author and co-author of numerous scientific articles and book chapters
- Professor in undergraduate and postgraduate university studies.
- Doctor in Medicine - Psychiatry by the Complutense University of Madrid
- University Specialist in Clinical and Psychoanalytic Psychotherapy by the Pontifical University of Comillas



Professors

Ms. Alonso Sánchez, Elena Begoña

- ♦ Psychiatrist at the University Hospital Torrejon de Ardoz
- ♦ Coordinator of the Attention to Suicidal Risk program at the University Hospital Torrejón de Ardoz
- ♦ Clinical Researcher
- ♦ Coordinator of the Integral Attention to the Sick Physician program
- ♦ Degree in Medicine from the University of Seville

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A unique, crucial and decisive learning experience to boost your professional development"

07 Certificate

This Postgraduate Certificate in Epidemiology and Preventive Planning of Suicidal Behavior guarantees, in addition to the most rigorous and up-to-date program, access to an Postgraduate Certificate diploma issued by TECH Global University.



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*Successfully complete this program and
receive your university qualification without
having to travel or fill out laborious paperwork”*

This private qualification will allow you to obtain a diploma for the **Postgraduate Certificate in Epidemiology and Preventive Planning of Suicidal Behavior** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University, is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification, is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Epidemiology and Preventive Planning of Suicidal Behavior**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**





Postgraduate Certificate
Epidemiology and Preventive
Planning of Suicidal Behavior

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Postgraduate Certificate

Epidemiology and Preventive Planning of Suicidal Behavior

