



# Postgraduate Certificate

Emergencies in the Newborn after Natural Childbirth

» Modality: online

» Duration: 6 weeks

» Certificate: TECH Technological University

» Dedication: 16h/week

» Schedule: at your own pace

» Exams: online

Website: www.techtitute.com/us/medicine/postgraduate-certificate/emergencies-newbornafter-natural-childbirth

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### tech 06 | Introduction

After childbirth, newborns may experience various pathologies or clinical situations that require swift and effective intervention by health professionals to stabilize their health. As a result, rapid advances have been made in recent years in the techniques and procedures for addressing respiratory or cardiac emergencies, thus contributing to the preservation of the infant's life. For this reason, specialists who wish to fully optimize their professional updating are obligated to identify these cutting-edge protocols.

For that, TECH has created this certificate, through which students will delve into the latest scientific evidence on the management of Emergencies in the Newborn after Natural Childbirth. Throughout this academic period, they will be able to learn about advanced strategies for basic neonatal resuscitation or methods to prevent neonatal jaundice. Similarly, they will discover state-of-the-art treatments for neonatal hypoglycemia.

All of this is achieved through a comprehensive 100% online methodology that allows students to enjoy excellent learning without the need to adhere to inconvenient preestablished schedules. Additionally, they will have access to educational resources in cutting-edge formats such as interactive summaries, explanatory videos, or evaluative tests. In this way, they will experience a completely engaging and individualized education.

This **Postgraduate Certificate in Emergencies in the Newborn after Natural Childbirth** contains the most complete and up-to-date scientific program on the market. The most important features include:

- The development of practical cases presented by experts in Natural Childbirth and Neonatology
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



The Postgraduate Diploma in Emergencies in the Newborn after Natural Childbirth will enable you to learn cutting-edge techniques for neonatal resuscitation"

### Introduction | 07 tech

Position yourself at the forefront of medicine in just 6 weeks, with the greatest study conveniences in the educational landscape.

Study from anywhere in the world and 24 hours a day thanks to the 100% online format of this program"

Update yourself with the guidance of the top experts in Natural Childbirth and through first-rate multimedia educational formats.

The program's teaching staff includes professionals from the field who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year For this purpose, the students will be assisted by an innovative interactive video system created by renowned and experienced experts.





This Postgraduate Certificate has been designed with the intention of providing the student with the most up-to-date knowledge about the management of Emergencies in the Newborn after Natural Childbirth. Thanks to this certificate, you will be able to delve into sophisticated methods of identifying neonatal risk factors and cuttingedge strategies for addressing respiratory difficulties. All of this in just 150 hours, while benefiting from the most advanced educational materials in the pedagogical landscape.



# tech 10 | Objectives



### **General Objectives**

- Acquire fundamental knowledge about the physiology of Natural Childbirth, ancient cultural practices, and the emotional needs of women during childbirth, as well as the implications of medical interventions
- Acquire essential skills and knowledge for the care of pregnant women and their fetuses, including promoting healthy pregnancies and identifying potential complications
- Acquire fundamental knowledge and skills in the diagnosis, management, and prevention
  of childbirth emergencies, with a focus on interprofessional collaboration and patient rights
  advocacy
- Acquire fundamental knowledge and skills in the assessment, diagnosis, and management
  of neonatal emergencies, with an emphasis on early problem recognition and the
  application of appropriate interventions
- Emphasize fundamental knowledge about the neuroscience of pregnancy, motherhood, and perinatal care, as well as the scientific evidence related to Natural Childbirth and evidence-based care practices
- Acquire fundamental knowledge about home births, including team management and organization, pregnancy, childbirth, and postpartum preparation and support, as well as the identification and management of special situations and home obstetric emergencies
- Acquire fundamental knowledge about Natural Childbirth units, such as birthing centers
  and hospital units, and develop skills to assess, plan, and manage these environments,
  ensuring a high level of care and satisfaction for women and their families
- Acquire fundamental knowledge and practical skills in newborn care, as well as the ability
  to provide comprehensive and safe care in this critical stage of life and collaborate with
  other health professionals and families to ensure the well-being of the newborn



- Acquire knowledge about the physical and emotional needs of the mother during the perinatal period
- Develop skills to provide emotional support and comprehensive care to the mother during the postpartum period, including difficult and emotionally intense situations
- Promote the prevention and care of maternal mental health during the perinatal period, including the detection and treatment of mood disorders and addressing obstetric trauma and obstetric violence
- Analyze the stages of labor and pain management and relaxation techniques
- Develop skills in creating and monitoring personalized birth plans
- Examine the importance of interdisciplinary collaboration in childbirth care
- Promote emotional preparation and support for women and their families during the childbirth process
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- Promote emotional preparation and support for women and their families during the childbirth process
- Acquire skills to identify and manage high-risk situations in pregnancy and childbirth

# tech 12 | Objectives



### **Specific Objectives**

- Perform an initial assessment of the newborn, including the Apgar score assessment and the identification of risk factors
- Analyze basic and advanced Neonatal Resuscitation techniques, such as bag-mask ventilation, chest compressions, endotracheal intubation, and medication administration
- Deepen knowledge about common respiratory conditions in newborns, such as Transient Tachypnea, Respiratory Distress Syndrome, and Meconium Aspiration
- Identify Neonatal Hypoglycemia, including capillary blood glucose measurement and long-term follow-up
- Evaluate neonatal jaundice, applying treatments like phototherapy and exchange transfusion
- Recognize neonatal infections, including sepsis and meningitis, and apply prophylactic and preventive measures
- Examine cardiovascular emergencies in the newborn, such as neonatal shock, congestive heart failure, and patent ductus arteriosus
- Manage the care of premature newborns, focusing on initial stabilization, nutrition, and prevention of long-term complications
- Develop knowledge in preparation and teamwork, effective communication among professionals, and follow-up and referral to specialized services in neonatal emergenciesExamine cardiovascular emergencies in the newborn, such as neonatal shock, congestive heart failure, and patent ductus arteriosus
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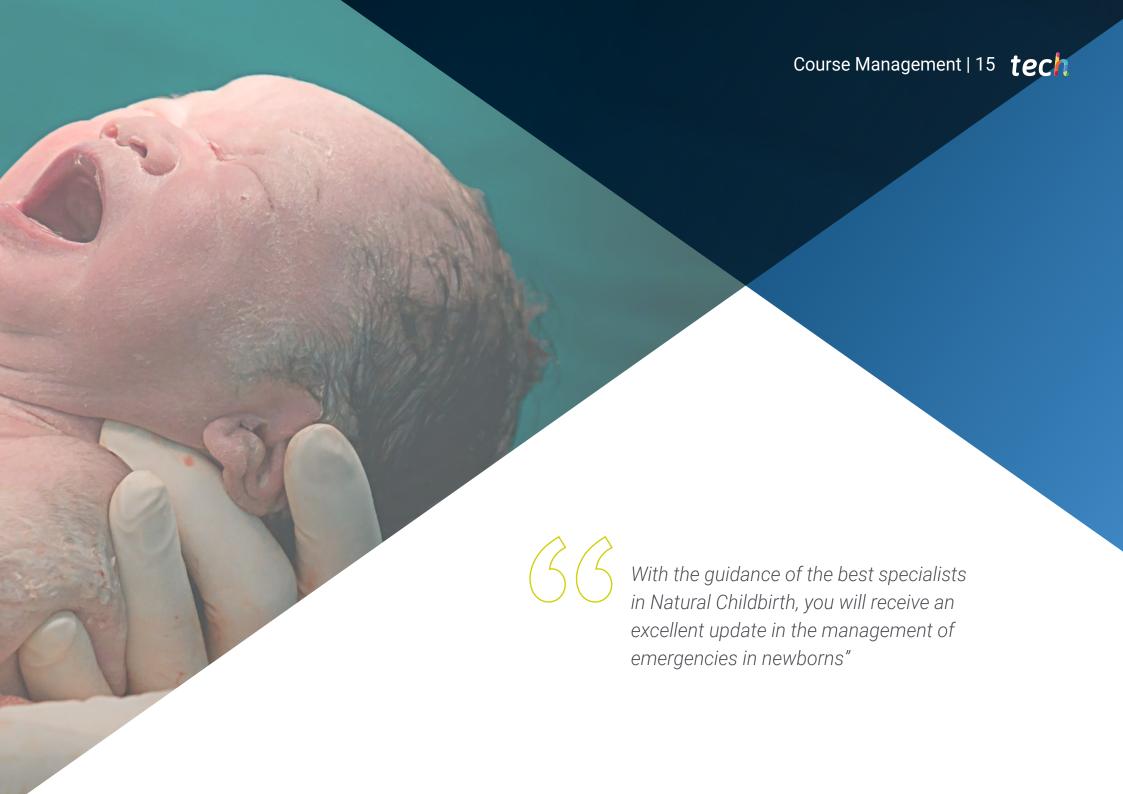






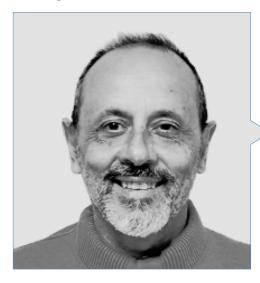
Achieve the objectives that TECH has set for this certificate and position yourself at the forefront of the field of Natural Childbirth"





# tech 16 | Course Management

### Management



### Dr. Santos Leal, Emilio

- Specialist Doctor at Fundación Alcorcón University Hospita
- Doctor Specialist at the General University Hospital Consortium of Valencia
- Specialist at Pius Hospital in Valls
- Medical Specialist at Perpetuo Socorro Clinic
- Specialization in Gynecology and Obstetrics from San Carlos Clinical Hospital
- Graduate in Medicine and Surgery from the University of Cantabria





#### **Professors**

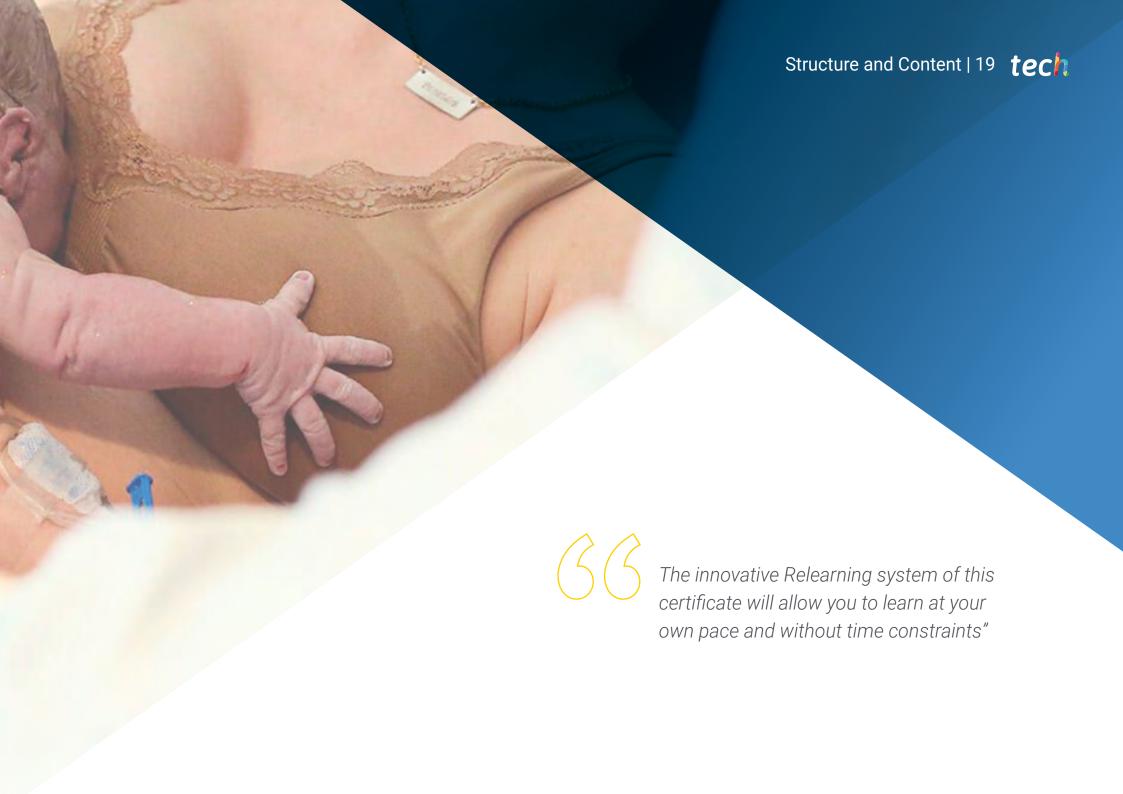
#### Ms. García Báez, Miguel

- Medical Specialist in Pediatrics and Neonatology
- Pediatrician at Virgen de La Salud Hospital in Toledo
- Pediatrician at University Hospital of the Canaries
- Pediatrician at University Hospital of La Candelaria
- Degree in Medicine and Surgery from the University of Zaragoza
- Postgraduate Certificate in Medical Biostatistics from the Autonomous University of Barcelona
- Master's Degree in Homeopathy from the University of Seville



The 100% online delivery of this certificate will enable you to study without having to give up your professional obligations"





# tech 20 | Structure and Content

#### Module 1. Newborn Emergencies

- 1.1. Initial Assessment of the Newborn
  - 1.1.1. Apgar Score Assessment
  - 1.1.2. Vital Signs and Physical Examination
  - 1.1.3. Identification of Risk Factors
  - 114 Immediate Stabilization
- 1.2. Basic Neonatal Resuscitation
  - 1.2.1. Positioning and Airway Patency
  - 1.2.2. Bag-Mask Ventilation
  - 1.2.3. Cardiac Massage
  - 1.2.4. Monitoring and Adjustment of Resuscitation
- 1.3. Advanced Neonatal Resuscitation
  - 1.3.1. Endotracheal Intubation
  - 1.3.2. Medication administration
  - 1.3.3. Umbilical Vascular Access
  - 1.3.4. Defibrillation and Advanced Techniques
- 1.4. Respiratory Difficulties in the Newborn
  - 1.4.1. Transient Tachypnea of the Newborn
  - 1.4.2. Respiratory Distress Syndrome
  - 1.4.3. Meconium Aspiration
  - 1.4.4. Persistent Pulmonary Hypertension
- 1.5. Neonatal Hypoglycemia
  - 1.5.1. Risk Factors and Symptoms
  - 1.5.2. Capillary Glucose Measurement
  - 1.5.3. Treatment and Prevention
  - 1.5.4. Long-Term Monitoring and Control
- 1.6. Neonatal Jaundice
  - 1.6.1. Etiology and Physiopathology Etiology and Physiopathology
  - 1.6.2. Clinical Evaluation and Diagnosis
  - 1.6.3. Treatment: Phototherapy and Exchange Transfusion
  - 1.6.4. Prevention and Follow-up





## Structure and Content | 21 tech

- 1.7. Neonatal Infections
  - 1.7.1. Early and Late-Onset Sepsis
  - 1.7.2. Neonatal Meningitis
  - 1.7.3. Antibiotic Prophylaxis and Treatment
  - 1.7.4. Immunization and Infection Prevention
- 1.8. Cardiovascular Emergencies in the Newborn
  - 1.8.1. Neonatal Shock
  - 1.8.2. Congestive Heart Failure
  - 1.8.3. Persistent Ductus Arteriosus
- 1.9. Management of Premature Newborns
  - 1.9.1. Initial Stabilization and Respiratory Care
  - 1.9.2. Nutrition and Growth
  - 1.9.3. Prevention of Long-Term Complications
- 1.10. Protocols and Organization in Neonatal Emergency Care
  - 1.10.1. Preparation and Teamwork
  - 1.10.2. Effective Communication Among Professionals
  - 1.10.3. Follow-Up and Referral to Specialized Services



Enjoy the most up-to-date educational content in the pedagogical landscape on the management of Emergencies in the Newborn after Natural Childbirth"





### tech 24 | Methodology

#### At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

#### The effectiveness of the method is justified by four fundamental achievements:

- Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
- 2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.





### Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



### Methodology | 27 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### **Surgical Techniques and Procedures on Video**

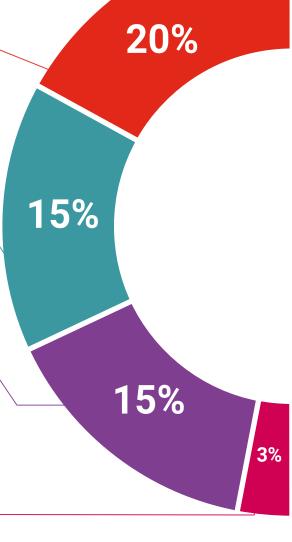
TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

### **Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### **Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence on the usefulness of learning by observing experts.

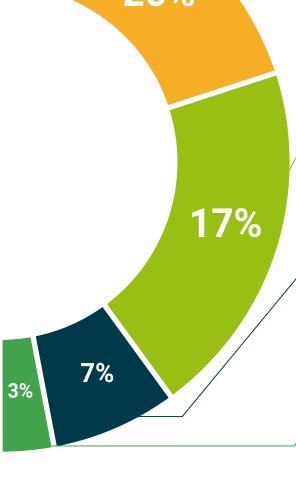
The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### **Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.









## tech 32 | Certificate

This **Postgraduate Certificate in Emergencies in the Newborn after Natural Childbirth** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: Postgraduate Certificate in Emergencies in the Newborn after Natural Childbirth Official N° of Hours: **150h**.



<sup>\*</sup>Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

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