

# Postgraduate Certificate

Communication with  
the Oncology Patient



## Postgraduate Certificate Communication with the Oncology Patient

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/pk/medicine/postgraduate-certificate/communication-oncology-patient](http://www.techtute.com/pk/medicine/postgraduate-certificate/communication-oncology-patient)

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# 01

# Introduction

The communication that exists between the physician and the patient is a complex phenomenon in which different variables are involved, such as expectations or psychiatric morbidity. This process requires respect and trust, requiring professionals in the area to develop certain skills to master these qualities. Thus, the following program will develop these aspects and some useful therapeutic techniques that promote the patient's motivation to converse in a controlled and safe environment.



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*The communication style you use will set the guidelines that will encourage trust and confidence in the patient”*

With the Postgraduate Certificate in Communication with the Oncology Patient, the student will achieve the necessary skills to establish empathy and compassion as communicative elements to form a harmonious relationship. In this sense, you will learn to identify the patient's verbal and non-verbal components to determine when they are lying or trying to hide something.

On the other hand, we will discuss *Counseling* in depth, a technique that has proven to be a powerful therapeutic tool to develop the psychologist's relationship in the clinical setting. This tool is used to make a person reflect in such a way that they can make the decisions they consider appropriate, taking into account their emotional state.

At the end of the program, the student will be able to apply the appropriate techniques to treat their patients, making this program an excellent opportunity to guide the physician through the approaches developed in psycho-oncology, reinforcing the communication and relationship with the patient.

This **Postgraduate Certificate in Communication with the Oncology Patient** contains the most complete and up-to-date scientific program on the market. The most important features are:

- ♦ Practical cases presented by experts in Psycho-Oncology
- ♦ The graphic, schematic, and eminently practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Special emphasis on innovative methodologies for psychological intervention with cancer patients
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Talking to patients, beyond the disease, helps to build a bond of trust"*

“

*You will be able to respond to the emotional reactions of your patients using persuasive and empathetic language”*

*Communicate in a clear and understandable way to answer all patients' questions and concerns.*

*If you are afraid of burnout, this program will help you manage your emotions to get involved with your patients.*

The program's teaching staff includes professionals from the sector who contribute their work experience to this training program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive training programmed to train in real situations.

This program is designed around Problem Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

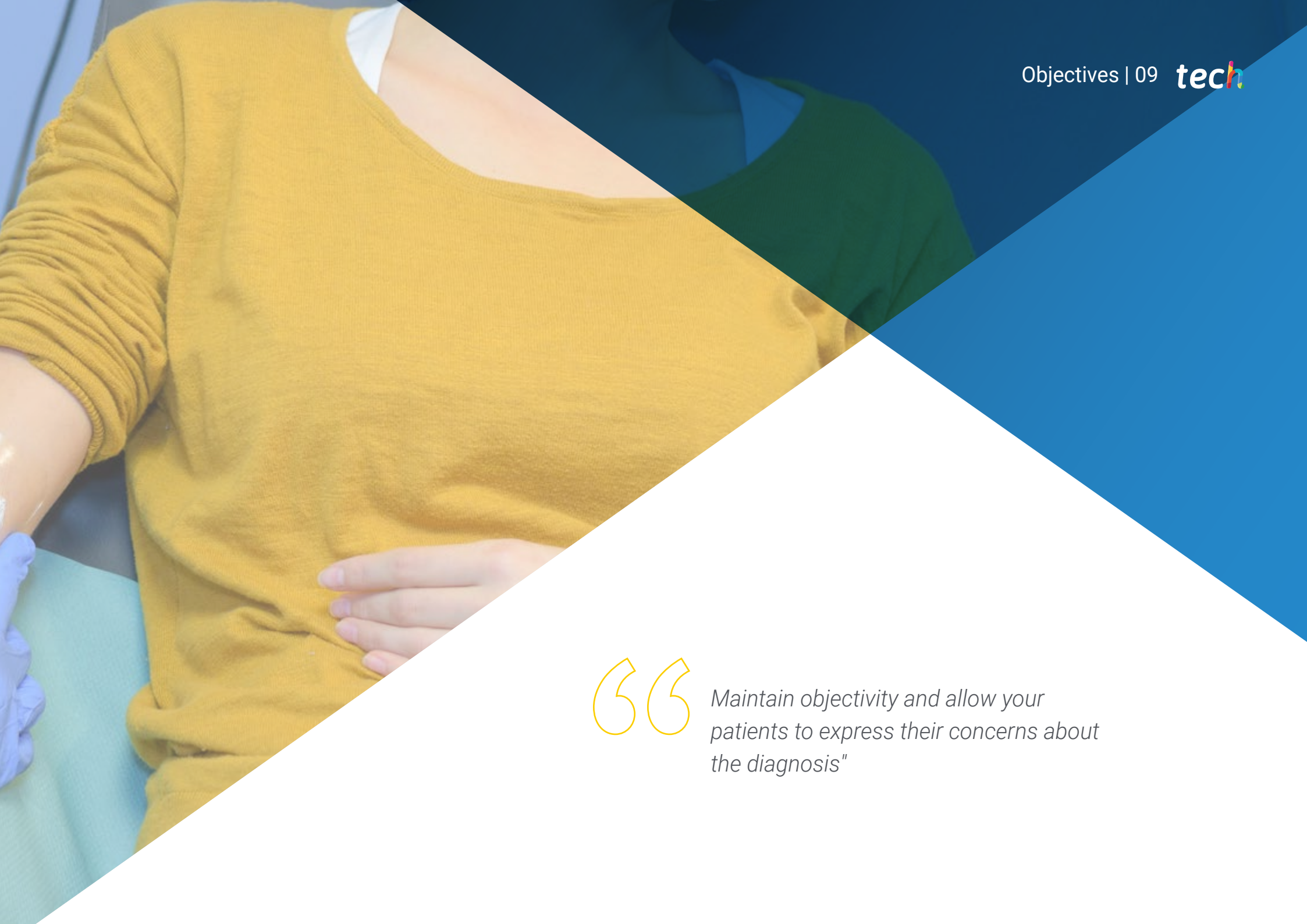


# 02 Objectives

Oncology patients are looking for professionals who are involved with their treatment. This makes honest and respectful communication essential. Therefore, in this program, students will be able to enhance their skills to express, from empathy and understanding, a complete explanation of the diagnosis and all the therapeutic options available. This will avoid misunderstandings and conspiracies between the patient and family members.







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*Maintain objectivity and allow your patients to express their concerns about the diagnosis”*



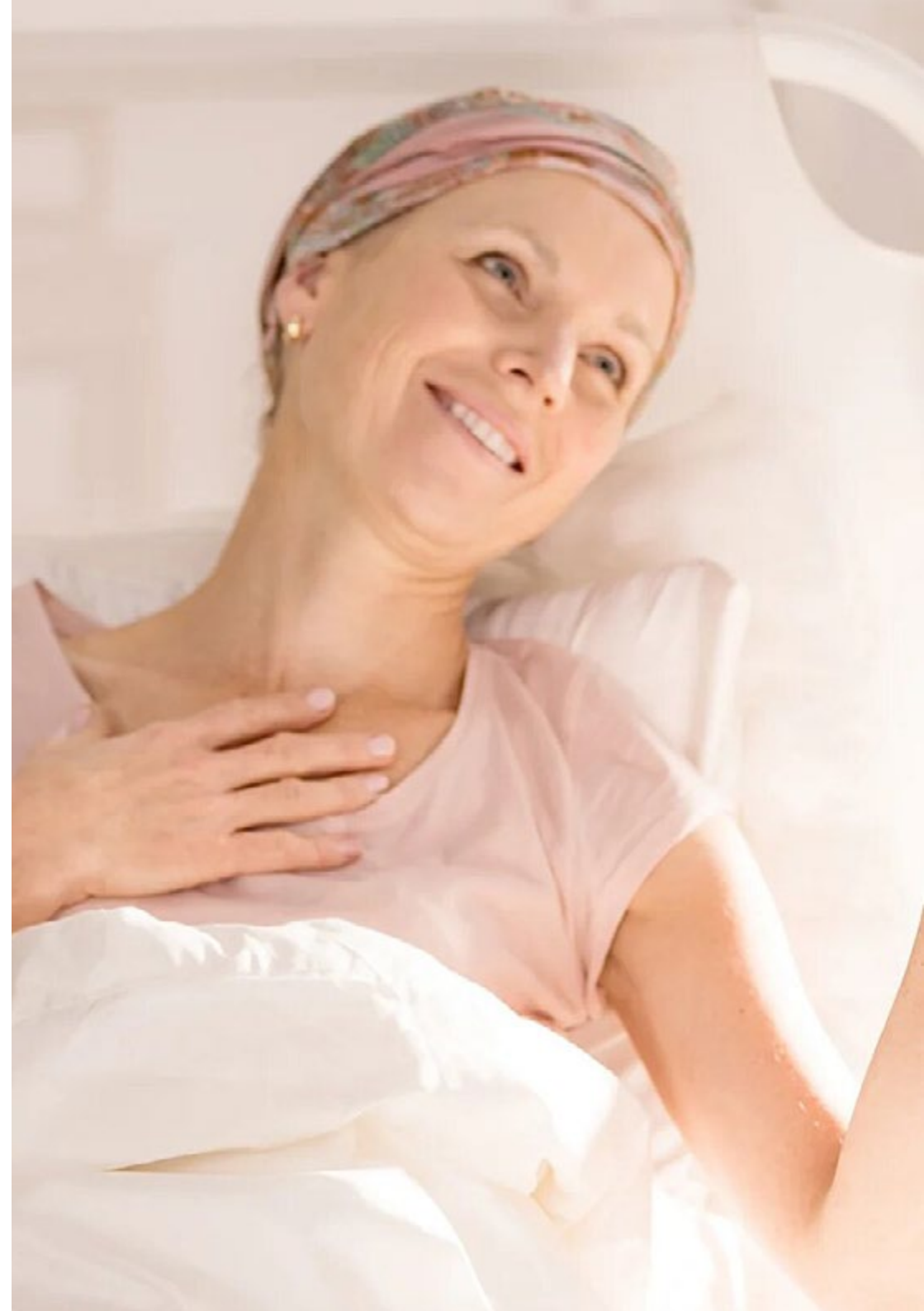
## General Objectives

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- ◆ Gain in-depth knowledge of the different therapeutic options in the psychological treatment of cancer
- ◆ Contribute to the control of mood alterations through appropriate psychological strategies
- ◆ Know how to assess and intervene in adaptive and maladaptive emotions and behaviors



*Your patients will appreciate that you are attentive and willing to listen to them"*





## Specific Objectives

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- ◆ Work with a Patient-Centered Psychology
- ◆ Appropriately handle difficult situations and dealing with bad news
- ◆ Prevent and detect communication problems (e.g., pact of silence) and enhance family members' resources and strategies
- ◆ Manage the most complex communication difficulties
- ◆ Reflect critically on one's own attitudes and communication skills, identifying elements for continuous improvement during the care process

# 03

## Course Management

To develop the students' communication skills, we have a teaching staff with many years of experience in psychology and psycho-oncology. Thus, they are more than qualified to present the tools and techniques that have been developed in the area to strengthen the "doctor-patient" bond. This will make it possible to consider all therapeutic options for overcoming cancer. Thanks to this, the student will gain access to better work teams within a hospital.



“

*This group of experts will teach you the basic rule for communicating with patients: respond with affection and respect”*

## Management



### Mr. Garrido Jiménez, Sergio

- Provincial Coordinator of the Section of Psycho-Oncology and Palliative Care of (Ilustre Colegio Oficial de Psicólogos de Andalucía Oriental - COPAO) in Jaén.
- General Health Psychologist for the Junta de Andalucía. NICA Business School 43384
- Expert Psychologist in Psycho-oncology and Psychology in Palliative Care (General Council of Psychology of Spain - CGCOP).
- Member of the Management Headquarters of the Association of Psychological Health Centers (ACESAP) of the UJA.
- Member of the Ethics Committee for Research with Medicines of the Province of Jaén (CEIM) and of the Research Ethics Committee of Jaén (CEI).
- Member of the Spanish Society of Psycho-Oncology (SEPO)
- Degree in Psychology. University of Jaen (UJA)
- Master's Degree in Psycho-Oncology Complutense University of Madrid (UCM)



## Professors

### Dr. Montes Berges, Beatriz

- ◆ Psychologist and Criminologist
- ◆ PhD in Psychology
- ◆ Professor of Social Psychology
- ◆ Gestalt Therapist
- ◆ Member of the Section of Psycho-Oncology and Palliative Care of the Western Andalusia Official College of Psychology
- ◆ Professor of Psychology in the Nursing Degree

### Dr. Aranda López, María

- ◆ Assistant PhD Professor in the area of Social Psychology at the University of Jaén.
- ◆ Member of the Psychology Cabinet of the University of Jaen.
- ◆ Member of the group PAIDI "HUM651: Psychosocial Analysis of Behavior in the Face of a New Reality" and "HUM836: Psychological Assessment and Intervention"
- ◆ PhD in Psychology
- ◆ Expert psychologist in Emergencies and Disasters
- ◆ Collaborator in various volunteer programs, health programs, programs for people at risk of social exclusion or vulnerable and employment orientation programs

# 04

## Structure and Content

Maintaining a good relationship with the oncology patient begins with developing a bond based on communication. Therefore, this Postgraduate Certificate in Communication with the Oncology Patient will provide the physician with the tools to help the patient express themselves in a safe environment. As a result of the above, the *Counseling* technique will be addressed in further detail in clinical practice. Thanks to this, the student will be able to create a solid connection that will allow them to work with the objective of improving their patient's quality of life.







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*Improve your interaction and communication with your oncology patients from the first consultation”*

## Module 1. Communication with the Oncology Patient

- 1.1. Illness, Communication and the Helping Relationship
  - 1.1.1. Doctor-Patient Communication as a Possible Factor of Improvement and Iatrogenesis. Pain and Suffering Prevention
  - 1.1.2. Communication Barriers
- 1.2. How to Give Bad News About Cancer
  - 1.2.1. Answers to Difficult Questions
  - 1.2.2. Communication in Complicated Situations
- 1.3. *Counselling* Techniques in Clinical Practice
  - 1.3.1. *Counselling* Attitudes
  - 1.3.2. Assertive Communication
  - 1.3.3. Emotional Control
  - 1.3.4. Problem-Solving and Responsible Decision-Making
- 1.4. Relationship Models and Therapeutic Influence
  - 1.4.1. Paternal Model
  - 1.4.2. Informative Model
  - 1.4.3. Interpretive Model
  - 1.4.4. Deliberative Model
- 1.5. Tools for Emotional Support in Cancer
  - 1.5.1. How to Speak With a Cancer Patient. Guide for Friends and Family
  - 1.5.2. Levels of Emotional Interaction
- 1.6. Non-Verbal Communication in the Support Relationship
- 1.7. Communication in Palliative and End-of-Life Care
  - 1.7.1. Learning to Talk About Death
- 1.8. Talking About Cancer With Children
- 1.9. Communication in People With Communication Deficits
- 1.10. Treatment of Cancer in the Media
  - 1.10.1. Cancer on Social Networks





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*Learn to control your emotions in order to communicate bad news”*

05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

*Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*





At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

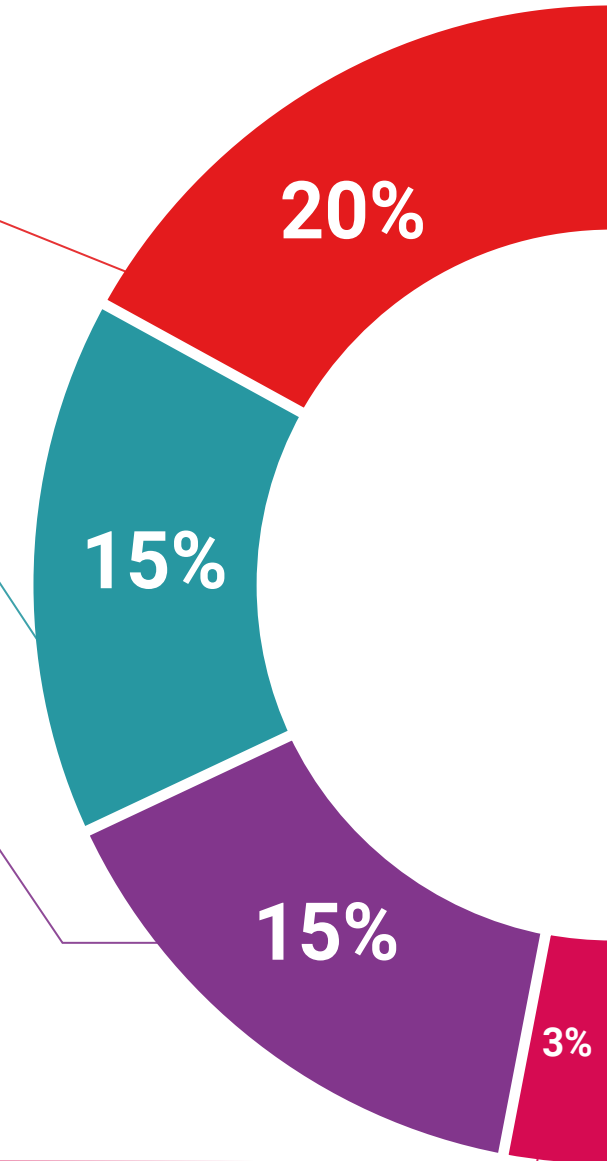
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

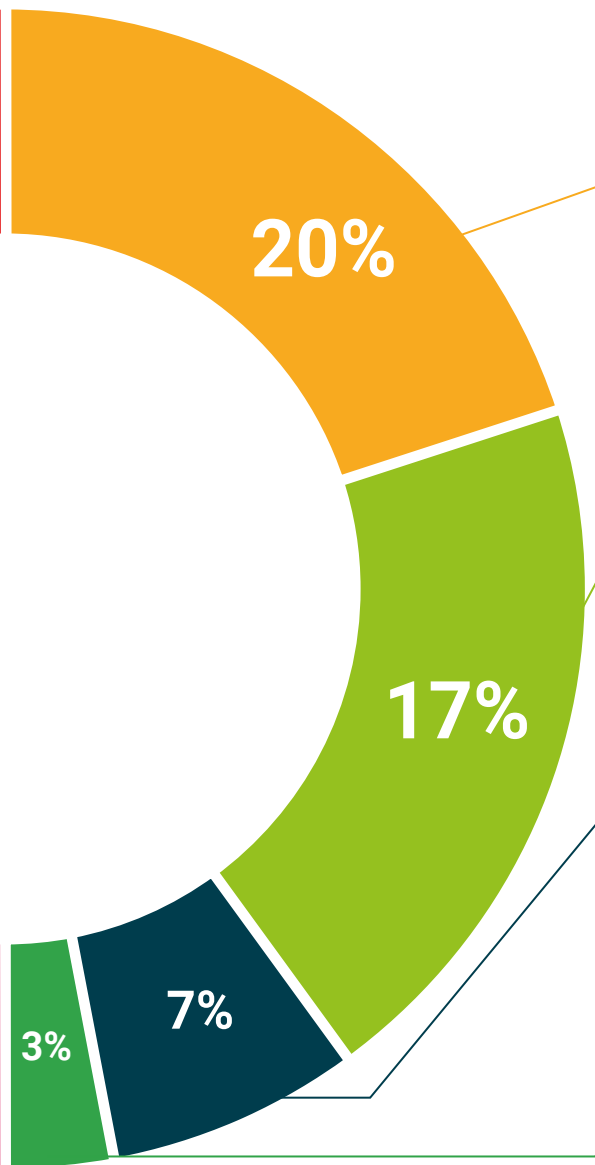
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





**Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



**Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



**Classes**

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



**Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



# 06 Certificate

The Postgraduate Certificate in Communication with the Oncology Patient guarantees, in addition to the most rigorous and up-to-date training, access to a Postgraduate Certificate issued by TECH Technological University.



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*Successfully complete this training program  
and receive your university certificate  
without travel or laborious paperwork”*

This **Postgraduate Certificate in Communication with the Oncology Patient** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations and professional career evaluation committees.

Title: **Postgraduate Certificate in Communication with the Oncology Patient**

Official N° of Hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

health future  
confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development languages  
virtual classroom



**Postgraduate Certificate**  
Communication with  
the Oncology Patient

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- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

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