



## Postgraduate Certificate

# Chronic Inflammatory Joint Pathologies

» Modality: online

» Duration: 6 weeks

» Certificate: TECH Technological University

» Dedication: 16h/week

» Schedule: at your own pace

» Exams: online

Website: www.techtitute.com/us/medicine/postgraduate-certificate/chronic-inflammatory-joint-pathologies

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## tech 06 | Introduction

Chronic Inflammatory Joint Pathologies are a group of rheumatologic diseases that affect a large number of people, especially geriatric patients. These diseases can have a huge impact on patients' quality life and, in some cases, can even become disabling.

In this context, the Postgraduate Certificate in Chronic Inflammatory Joint Pathologiesproposed by TECH is presented as an essential tool for those health professionals who want to specialize in the diagnosis, treatment and monitoring of these diseases. The program addresses fundamental aspects such as molecular biology and pathophysiology of these pathologies, epidemiological characteristics, diagnostic techniques, extra-articular manifestations and the different therapies and drugs used in their treatment.

The objective of the degree is to provide students with a solid and updated theoretical and practical training in the field of chronic inflammatory joint pathologies. In addition, it is designed to be 100% online and has an innovative pedagogical methodology such as Relearning, which focuses on the personalization of learning for each student, adapting to their level of knowledge and learning pace.

Among the main features of the course are the flexibility to organize academic resources according to the student's needs. Thus, the Postgraduate Certificate in Chronic Inflammatory Joint Pathologies is presented as a unique opportunity for those health professionals who wish to expand their knowledge in the field of rheumatologic diseases, with quality training, updated and with an innovative and flexible methodology that adapts to the needs of each student.

This **Postgraduate Certificate in Chronic Inflammatory Joint Pathologies** contains the most complete and up-to-date scientific program on the market. The most important features include:

- The development of case studies presented by health experts focused on Chronic Inflammatory Joint Pathologies
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- The availability of access to content from any fixed or portable device with an Internet connection



Discover how an interdisciplinary approach and collaboration between specialists can make a difference in the management of Chronic Inflammatory Joint Pathologies"



Improve your knowledge in the Chronic
Inflammatory Joint Pathologies
management and contribute to increase
the quality life of your patients through a
multidisciplinary and integrated approach"

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.

Learn first-hand about the latest techniques and advances in the diagnosis and treatment of chronic inflammatory joint pathologies, and become an expert in joint health care.

Learn to recognize the early signs and symptoms of pathologies, and acquire the necessary tools to provide an adequate and timely diagnosis and treatment to your patients.







## tech 10 | Objectives



## **General Objectives**

- Deepen in the processes of aging, its clinical, diagnostic and prognostic implications
- Investigate the specific biological and physiological determinants of geriatric patients
- Learn more about the reasons why pathologies manifest themselves differently in geriatric patients, as well as the pharmacological characteristics that condition their treatments
- Update knowledge of the biopsychosocial determinants related to the aging process
- Promote comprehensive and holistic care in geriatric patients with rheumatic pathologies, whether measured by the immune system, bone metabolism, paraneoplastic or degenerative manifestations





## **Specific objectives**

- Deepen in the concepts of inflammation and chronicity, as well as epidemiological and biological differential characteristics in the geriatric population
- Update procedures related to the comprehensive management of chronic joint diseases in the geriatric population
- Identify the problems and limitations of the different current classification criteria for chronic inflammatory joint diseases in geriatric patients
- Be aware of the proper management of pharmacological and non-pharmacological therapeutic measures in each of the situations that may occur in chronic inflammatory joint diseases



Did you know that Chronic Inflammatory Joint Pathologies affect millions of people worldwide? Learn more about its epidemiology, diagnosis and treatment thanks to this Postgraduate Certificate"







## tech 14 | Course Management

#### Management



#### Dr. García Martos, Álvaro

- Rheumatology Specialist at the Tajo University Hospital
- Physician specializing in Rheumatology at the 12 de Octubre University ospital
- Associate Professor of Rheumatology at the University Alfonso X, El Sabio
- Research Sufficiency by the Complutense University of Madrid
- Degree in Medicine from the Cantabria University
- Master's Degree in Rheumatic Diseases mediated by the Immune System, Rey Juan Carlos University and the Spanish Society of Rheumatology
- EFSUMB Certification: Musculoskeletal Ultrasound level 1
- Levels A and B of musculoskeletal ultrasound of the Spanish Society of Sports Medicine

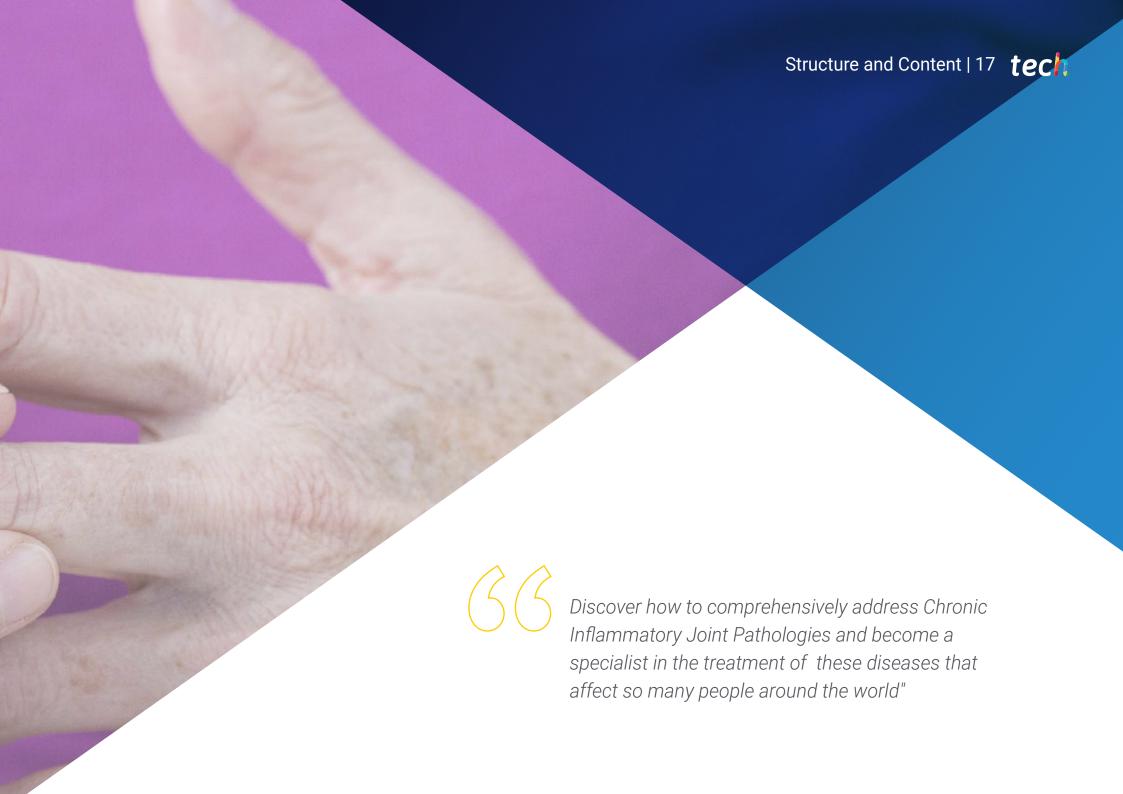
#### **Professors**

#### Dr. Retuerto Guerrero, Miriam

- Specialist in Rheumatology at the Complex University Health Care Center of Leon
- Physician at the Defense Central Hospital Gomez Ulla
- Physician at the Doce de Octubre Hospital of Madrid
- Physician at Mostoles Hospital
- Degree in Medicine and Surgery from the Faculty of Medicine of Valladolid
- Master's Degree in Rheumatologic and Traumatologic Musculoskeletal Ultrasound of the Alcala University
- Master SER in Rheumatic Diseases mediated by the Immune System of the Rey Juan Carlos University
- Master's Degree in Applied Biostatistics in Health Sciences from the Seville University







## tech 18 | Structure and Content

#### Module 1. Chronic Inflammatory Joint Diseases (arthritis/spondyloarthritis)

- 1.1. Molecular Biology and Pathophysiology of Chronic Inflammatory Joint Diseases
  - 1.1.1. Genomic Studies in Chronic Inflammatory Joint Diseases
- 1.2. Inflammation and Chronicity in the Geriatric Patient
  - 1.2.1. The Inflammatory Process: Mechanisms of Production
  - 1.2.2. Chronic Inflammation in the Geriatric Patient
  - 1.2.3. Immunosenescence
- 1.3. Epidemiologic Characteristics of Chronic Joint Diseases
  - 1.3.1. Epidemiology of Rheumatoid Arthritis
  - 1.3.2. Epidemiology of Spondylarthritis
- 1.4. Diagnostic Techniques in Inflammatory Joint Diseases
  - 1.4.1. Utility of Blood Analysis: General Analysis, Serum Markers, Autoantibodies
  - 1.4.2. Synovial Fluid Analysis
  - 1.4.3. Imaging Techniques: Simple Radiology, Musculoskeletal Ultrasound, Other Imaging Studies
- 1.5. Extra-articular Manifestations (Uveitis, Diffuse Interstitial Pulmonary Interstitial Disease: EPID, Inflammatory Bowel Disease...)
  - 1.5.1. Ocular Manifestations
  - 1.5.2. Pulmonary Manifestations: EPID
  - 1.5.3. Gastrointestinal manifestations associated with chronic inflammatory joint diseases (IBD)
  - 1.5.4. Cutaneous manifestations
  - 1.5.5. Other Extra-Articular Manifestations
- 1.6. Rheumatoid Arthritis in the Geriatric Population
  - 1.6.1 Epidemiology and Etiopathogenesis
  - 1.6.2. Clinical Diagnosis
  - 1.6.3. Treatment





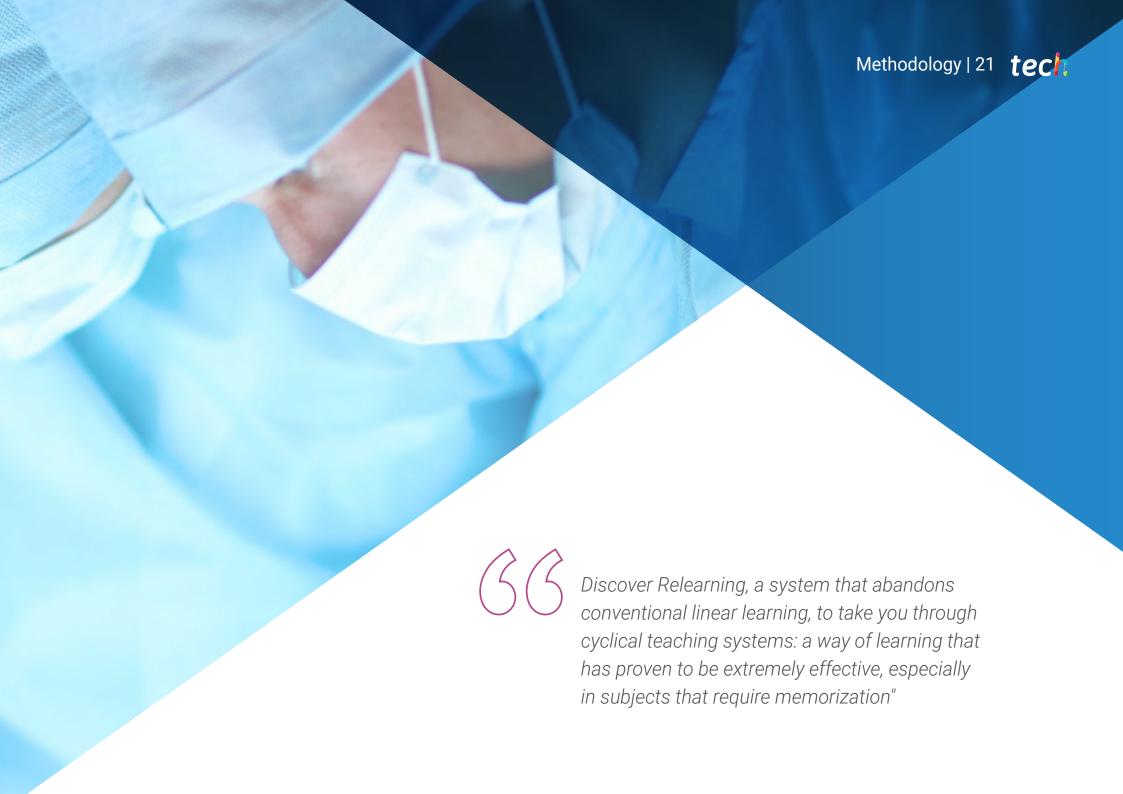
## Structure and Content | 19 tech

- 1.7. Spondyloarthritis in Geriatric Patients
  - 1.7.1. Epidemiology, Etiopathogenesis, and Classification
  - 1.7.2. Clinical Diagnosis
  - 1.7.3. Treatment
- 1.8. Seronegative Arthritis
  - 1.8.1. Classification
  - 1.8.2. Treatment
- 1.9. Synthetic Disease Modifying Drugs
  - 1.9.1. Classification
  - 1.9.2. Indications and Posology
  - 1.9.3. Adverse Effects and Interactions in the Pluripathological and Polymedicated Elderly
- 1.10. Disease-Modifying Drugs: Biologic Therapy and Small Molecules
  - 1.10.1. Classification
  - 1.10.2. Indications and Posology
  - 1.10.3. Adverse Effects and Interactions in the Pluripathological and Polymedicated Elderly



With the development of this
Postgraduate Certificate you have
at your disposal a virtual platform
with numerous innovative and
pedagogical material, which you
will have access to 24 hours a day"





## tech 22 | Methodology

#### At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

#### The effectiveness of the method is justified by four fundamental achievements:

- Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
- 2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.





### Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



## Methodology | 25 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

## tech 26 | Methodology

This program offers the best educational material, prepared with professionals in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### **Surgical Techniques and Procedures on Video**

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

### **Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### **Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence on the usefulness of learning by observing experts.

The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### **Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.









## tech 30 | Certificate

This **Postgraduate Certificate in Chronic Inflammatory Joint Pathologies** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: Postgraduate Certificate in Chronic Inflammatory Joint Pathologies
Official N° of Hours: 150 h.



<sup>\*</sup>Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.



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